

10th Annual CNS Invitational

CNS High School

5/23/2009

Results

Event 4 Boys 1600 Meter Run

Round 1

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Evan Tsembelis	Grand Island	4:25.30
	1:07.30(1:07.30)	2:13.78(1:06.48) 3:22.21(1:08.43)	4:25.30(1:03.10)
2	Michael Champagne	Seton Catholic	4:25.58
	1:06.29(1:06.29)	2:13.32(1:07.03) 3:21.69(1:08.38)	4:25.58(1:03.89)
3	Chris Buchanan	CNS	4:28.42
	1:07.69(1:07.69)	2:14.61(1:06.92) 3:21.03(1:06.42)	4:28.42(1:07.39)
4	Nathan Traynor	South Jefferson	4:31.57
	1:08.15(1:08.15)	2:15.52(1:07.37) 3:24.33(1:08.81)	4:31.57(1:07.25)
5	Kevin Zych	Westhill	4:32.66
	1:06.91(1:06.91)	2:15.07(1:08.17) 3:24.76(1:09.70)	4:32.66(1:07.91)
6	Nick Lynch	Watertown	4:40.82
	1:08.45(1:08.45)	2:17.59(1:09.14) 3:29.59(1:12.01)	4:40.82(1:11.23)
7	Nick Masiello	Grand Island	4:44.20
	1:11.07(1:11.07)	2:22.07(1:11.00) 3:34.29(1:12.23)	4:44.20(1:09.91)
8	Sam Kurey	Baldwinsville	4:52.49
	1:12.19(1:12.19)	2:27.70(1:15.52) 3:44.08(1:16.38)	4:52.49(1:08.42)
9	Chris Shannon	CNS	4:56.32
	1:11.87(1:11.87)	2:27.23(1:15.36) 3:44.54(1:17.32)	4:56.32(1:11.79)
10	John Lenish	JD	4:56.96
	1:11.16(1:11.16)	2:28.28(1:17.13) 3:47.45(1:19.18)	4:56.96(1:09.51)
11	Nick McCormick	South Jefferson	4:58.77
	1:10.59(1:10.59)	2:23.96(1:13.38) 3:42.30(1:18.34)	4:58.77(1:16.47)
12	Charles Parker	Baldwinsville	5:00.40
	1:12.40(1:12.40)	2:29.26(1:16.87) 3:49.85(1:20.59)	5:00.40(1:10.55)
13	Jake Pusey	JD	5:03.71
	1:11.27(1:11.27)	2:28.21(1:16.94) 3:46.86(1:18.66)	5:03.71(1:16.85)
14	Dan Vadnais	Westhill	5:04.46
	1:12.22(1:12.22)	2:29.63(1:17.41) 3:50.28(1:20.66)	5:04.46(1:14.18)
15	Brandon Edwards	Corcoran	5:18.80
	1:14.95(1:14.95)	2:39.62(1:24.67) 4:04.09(1:24.47)	5:18.80(1:14.71)