

CNYCL Boys Championships

CNS High School

5/21/2009

Results

Event 9 Boys 1600 Meter Run National

Round 1

	<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
Heat 1			
1	Colin Savage	Liverpool	4:21.94
	1:05.02(1:05.02)	2:11.51(1:06.50) 3:19.16(1:07.66)	4:21.94(1:02.79)
2	Chris Buchanan	CNS	4:25.69
	1:05.67(1:05.67)	2:12.78(1:07.12) 3:19.40(1:06.63)	4:25.69(1:06.29)
3	Steve Houghmaster	West Genesee	4:32.06
	1:03.93(1:03.93)	2:10.50(1:06.57) 3:20.08(1:09.59)	4:32.06(1:11.98)
4	Nathan McCabe	Baldwinsville	4:32.60
	1:04.98(1:04.98)	2:14.37(1:09.39) 3:26.22(1:11.86)	4:32.60(1:06.38)
5	Adam Pacheck	Baldwinsville	4:36.74
	1:05.33(1:05.33)	2:13.43(1:08.11) 3:25.85(1:12.42)	4:36.74(1:10.90)
6	Alex Wilke	Liverpool	4:41.41
	1:10.35(1:10.35)	2:24.35(1:14.00) 3:34.90(1:10.56)	4:41.41(1:06.51)
7	Tim Phelps	Proctor	4:44.72
	1:07.82(1:07.82)	2:19.51(1:11.69) 3:33.19(1:13.69)	4:44.72(1:11.53)
8	Billy Gabriel	West Genesee	4:48.18
	1:09.20(1:09.20)	2:23.17(1:13.98) 3:37.46(1:14.29)	4:48.18(1:10.72)
9	John DeLallo	West Genesee	4:50.84
	1:07.51(1:07.51)	2:21.92(1:14.41) 3:40.55(1:18.64)	4:50.84(1:10.29)
10	Chris Shannon	CNS	4:53.26
	1:11.02(1:11.02)	2:25.39(1:14.38) 3:40.73(1:15.34)	4:53.26(1:12.53)
11	Glen Mear	Proctor	5:01.22
	1:09.51(1:09.51)	2:23.76(1:14.26) 3:44.20(1:20.45)	5:01.22(1:17.02)
12	Rob Ash	Proctor	5:05.71
	1:10.95(1:10.95)	2:26.80(1:15.86) 3:47.56(1:20.76)	5:05.71(1:18.15)