



New York State Championships

Cicero-North Syracuse High School

6/08/2012



Event 559 Boys 3000 Meter Steeplechase Championship

Round 1

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>		
Heat 1				
1 Hunter Proscia	Eldred-2	9:41.65		
18.61(18.61)	1:36.59(1:17.99)	2:55.29(1:18.70)	4:17.38(1:22.10)	5:39.40(1:22.02)
7:01.80(1:22.41)	8:23.20(1:21.40)	9:41.65(1:18.45)		
2 Gene Baritot	East Aurora-2	9:43.20		
18.21(18.21)	1:36.04(1:17.83)	2:54.92(1:18.88)	4:17.90(1:22.98)	5:41.96(1:24.06)
7:06.13(1:24.17)	8:28.52(1:22.40)	9:43.20(1:14.68)		
3 Justin Middleton	Auburn-1	9:44.10		
18.94(18.94)	1:36.30(1:17.37)	2:51.71(1:15.41)	4:09.61(1:17.91)	5:29.66(1:20.06)
6:53.64(1:23.98)	8:21.27(1:27.63)	9:44.10(1:22.84)		
4 Brendan Wortner	Dobbs Ferry-2	9:45.24		
19.65(19.65)	1:36.53(1:16.88)	2:55.34(1:18.82)	4:17.04(1:21.70)	5:40.54(1:23.51)
7:03.22(1:22.69)	8:26.11(1:22.89)	9:45.24(1:19.14)		
5 Corey Lamere	Franklin Acad.-1	9:53.32		
19.14(19.14)	1:36.58(1:17.44)	2:56.75(1:20.18)	4:19.44(1:22.70)	5:44.30(1:24.87)
7:11.97(1:27.67)	8:38.19(1:26.23)	9:53.32(1:15.13)		
6 Jordan Johnson	Colonie-1	9:55.00		
18.66(18.66)	1:36.01(1:17.36)	2:55.86(1:19.86)	4:19.02(1:23.17)	5:43.68(1:24.66)
7:10.59(1:26.92)	8:36.16(1:25.57)	9:55.00(1:18.85)		
7 Fredric Lang	Mineola-2	9:55.55		
18.96(18.96)	1:37.69(1:18.74)	2:59.10(1:21.41)	4:22.33(1:23.24)	5:47.14(1:24.81)
7:13.27(1:26.13)	8:38.43(1:25.16)	9:55.55(1:17.13)		
8 Mitchell Ryan	Seton Catholic-2	9:56.13		
18.99(18.99)	1:37.04(1:18.05)	2:57.35(1:20.31)	4:21.23(1:23.88)	5:46.67(1:25.45)
7:13.63(1:26.97)	8:36.61(1:22.98)	9:56.13(1:19.53)		
9 Jeffrey Antolos	ND-Batavia-2	9:56.81		
19.33(19.33)	1:37.76(1:18.43)	2:59.47(1:21.71)	4:22.05(1:22.59)	5:45.30(1:23.26)
7:10.32(1:25.02)	8:36.41(1:26.10)	9:56.81(1:20.40)		
10 William King	Friend's Sem.-2	10:05.36		
18.41(18.41)	1:36.08(1:17.67)	2:56.51(1:20.43)	4:19.85(1:23.35)	5:44.70(1:24.86)
7:12.15(1:27.45)	8:37.52(1:25.38)	10:05.36(1:27.84)		
11 Nick Konotopskyj	Wmsvl. North-1	10:10.29		
18.68(18.68)	1:36.80(1:18.12)	2:56.37(1:19.58)	4:20.24(1:23.88)	5:46.12(1:25.88)



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7:14.73(1:28.61) 8:43.57(1:28.85) 10:10.29(1:26.73)

12 Robert Vetri	Bayport-Bluept-2	10:32.39
19.40(19.40)	1:40.25(1:20.86)	3:06.36(1:26.11)
7:34.55(1:28.49)	9:02.00(1:27.45)	10:32.39(1:30.40)
		4:34.90(1:28.55)
		6:06.07(1:31.17)

13 Josh Eng	Norwood-Norfolk2	10:35.31
19.84(19.84)	1:41.42(1:21.58)	3:06.58(1:25.17)
7:36.51(1:29.85)	9:07.59(1:31.09)	10:35.31(1:27.72)
		4:35.27(1:28.69)
		6:06.66(1:31.40)

<u>Name</u>	<u>Affiliation</u>	<u>Time</u>
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Heat 2

1 Brendan Smith	CBA-Syr.-2	9:14.31
17.50(17.50)	1:28.67(1:11.18)	2:42.54(1:13.87)
6:33.91(1:19.92)	7:55.70(1:21.80)	9:14.31(1:18.61)
		3:56.82(1:14.28)
		5:13.99(1:17.18)

2 James Sommer	Plainedge-1	9:21.16
17.90(17.90)	1:29.84(1:11.94)	2:46.05(1:16.21)
6:45.21(1:20.62)	8:06.24(1:21.04)	9:21.16(1:14.93)
		4:04.31(1:18.27)
		5:24.59(1:20.29)

3 Patrizio Grandinali	Warwick Valley-1	9:23.57
17.67(17.67)	1:30.17(1:12.50)	2:46.87(1:16.71)
6:45.60(1:20.74)	8:07.06(1:21.47)	9:23.57(1:16.51)
		4:05.41(1:18.55)
		5:24.86(1:19.45)

4 Connor Fuller	BGA-2	9:24.62
18.52(18.52)	1:33.81(1:15.29)	2:54.15(1:20.34)
6:55.42(1:20.11)	8:12.60(1:17.18)	9:24.62(1:12.03)
		4:14.82(1:20.68)
		5:35.32(1:20.50)

5 Steve Rossettie	Corning-1	9:26.59
17.73(17.73)	1:29.78(1:12.06)	2:46.51(1:16.74)
6:50.59(1:22.32)	8:12.65(1:22.07)	9:26.59(1:13.95)
		4:05.56(1:19.05)
		5:28.27(1:22.72)

6 M.J. Erb	Victor-1	9:32.10
18.94(18.94)	1:33.71(1:14.77)	2:51.80(1:18.10)
6:50.28(1:20.79)	8:13.09(1:22.81)	9:32.10(1:19.02)
		4:10.21(1:18.41)
		5:29.49(1:19.28)

7 Sam Anderson	South Lewis-2	9:32.74
18.19(18.19)	1:32.54(1:14.36)	2:51.29(1:18.76)
6:54.33(1:21.62)	8:16.34(1:22.01)	9:32.74(1:16.41)
		4:11.06(1:19.77)
		5:32.72(1:21.66)

8 Tyler Ranke	Hilton-1	9:33.83
18.33(18.33)	1:31.22(1:12.90)	2:50.39(1:19.18)
6:54.71(1:22.69)	8:17.17(1:22.46)	9:33.83(1:16.67)
		4:09.16(1:18.77)
		5:32.03(1:22.88)

9 Brian Cook	Pearl River-1	9:41.87
18.41(18.41)	1:33.09(1:14.68)	2:51.36(1:18.28)
		4:10.43(1:19.07)
		5:33.20(1:22.78)



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6:56.77(1:23.58) 8:21.65(1:24.89) 9:41.87(1:20.22)

10 Thomas Diliberto

St. Anthony's-1

9:44.13

17.53(17.53) 1:32.48(1:14.95) 2:51.79(1:19.32) 4:13.78(1:21.99) 5:37.97(1:24.20)
7:02.77(1:24.81) 8:27.08(1:24.31) 9:44.13(1:17.05)

11 Ross Wightman

Chatham-2

9:46.95

17.97(17.97) 1:31.76(1:13.80) 2:51.17(1:19.42) 4:11.58(1:20.41) 5:35.52(1:23.95)
7:00.08(1:24.56) 8:26.69(1:26.62) 9:46.95(1:20.27)

12 Rob Calamia

Smithtown East-1

9:51.27

17.96(17.96) 1:31.32(1:13.37) 2:49.92(1:18.60) 4:10.58(1:20.66) 5:34.35(1:23.78)
7:00.19(1:25.84) 8:27.13(1:26.95) 9:51.27(1:24.15)

13 Jordan Pantalone

Notre Dame-BG-2

9:52.79

17.96(17.96) 1:30.43(1:12.48) 2:49.16(1:18.74) 4:10.34(1:21.18) 5:36.34(1:26.00)
7:02.25(1:25.91) 8:28.70(1:26.46) 9:52.79(1:24.09)

14 Josh Greenberg

Ithaca-1

9:54.55

17.75(17.75) 1:33.07(1:15.33) 2:53.28(1:20.22) 4:16.01(1:22.73) 5:39.72(1:23.72)
7:05.39(1:25.67) 8:32.68(1:27.29) 9:54.55(1:21.88)

15 Dayton Flannery

Bronxville-2

9:58.17

18.47(18.47) 1:32.56(1:14.10) 2:52.10(1:19.54) 4:12.74(1:20.65) 5:37.25(1:24.51)
7:03.82(1:26.58) 8:33.47(1:29.65) 9:58.17(1:24.71)

16 Sidgie Greene

T. Jefferson-1

10:19.78

17.71(17.71) 1:31.81(1:14.10) 2:51.06(1:19.26) 4:13.30(1:22.25) 5:41.48(1:28.18)
7:10.21(1:28.74) 8:42.89(1:32.68) 10:19.78(1:36.90)