

**NYSCTC Indoor Track & Field Championships**  
**Ithaca College Athletics & Events Center - 2/22/2013 to 2/23/2013**  
**Performance List**

**Event 3 Women 60 Meter Dash Prelims**

Name	Yr	School	Seed Time
1 180 Harmony Graves	SO	Ithaca	7.89
2 219 Sarah Werner	FR	Ithaca	7.99
3 895 Nikiya Harris	FR	Utica	8.05
4 885 Lauren DeLude	SO	Utica	8.06
5 478 Yvette Igbokwe	SO	Rochester	8.09
6 763 Hannah Kinsey	JR	St. Lawrence	8.13
7 14 Miasia Hilliman	SO	Alfred	8.17
8 189 Christine Kelly	FR	Ithaca	8.18
9 195 Angela Mammino	SO	Ithaca	8.20
10 169 Megan Davis	FR	Ithaca	8.21
11 742 Chinelo Asanya	FR	St. Lawrence	8.22
12 682 Morgan Mastin	SO	St. John Fisher	8.23
13 173 Elizabeth Dowling	FR	Ithaca	8.24
14 368 Hope Ridenour	SO	RIT	8.25
15 176 Rachel Friedman	SO	Ithaca	8.28
16 680 Nicoletta Lattuca	SO	St. John Fisher	8.30
17 903 Anea Isom	JR	Utica	8.32
18 220 Emily Williams	FR	Ithaca	8.33
19 166 Cassie Clark	SR	Ithaca	8.34
19 776 Jaleigh Pier	FR	St. Lawrence	8.34

**Event 7 Women 200 Meter Dash Prelims**

Name	Yr	School	Seed Time
1 170 Eliza Dewart	FR	Ithaca	26.55
2 885 Lauren DeLude	SO	Utica	26.58
3 180 Harmony Graves	SO	Ithaca	26.69
4 878 Anastasia Bowden	JR	Utica	26.78
5 895 Nikiya Harris	FR	Utica	26.82
6 763 Hannah Kinsey	JR	St. Lawrence	26.97
7 478 Yvette Igbokwe	SO	Rochester	27.01
8 14 Miasia Hilliman	SO	Alfred	27.12
9 313 Taylor Pierson	FR	Nazareth	27.24
10 189 Christine Kelly	FR	Ithaca	27.29
11 346 Kelly Fredette	SO	RIT	27.35
12 191 Alexandra Lewis	SO	Ithaca	27.50
13 169 Megan Davis	FR	Ithaca	27.61
14 494 Emily VanDenburgh	FR	Rochester	27.88
15 16 Jordyn Larkins	SR	Alfred	27.99
16 220 Emily Williams	FR	Ithaca	28.10
17 742 Chinelo Asanya	FR	St. Lawrence	28.38
17 840 Madeline Frieze	SO	Union	28.38

**Event 9 Women 400 Meter Dash Prelims**

Name	Yr	School	Seed Time
1 170 Eliza Dewart	FR	Ithaca	1:00.22
2 164 Martyann Chromik	JR	Ithaca	1:00.57
3 293 Hannah Brackley	SO	Nazareth	1:00.75
4 682 Morgan Mastin	SO	St. John Fisher	1:01.60
5 470 Cameron Edwards	FR	Rochester	1:01.61
6 488 Brittany Porter	SO	Rochester	1:02.76
7 785 Marisa Turner	FR	St. Lawrence	1:02.98
8 777 Anna Pond	SO	St. Lawrence	1:03.66
9 837 Shea Barickman	FR	Union	1:03.86

10 10 Tracie Forrester	SO	Alfred	1:04.30
11 760 Cassia Hameline	SO	St. Lawrence	1:04.41
12 583 Olivia vonNieda	SR	RPI	1:05.13

**Event 11 Women 500 Meter Dash**

Name	Yr	School	Seed Time
1 206 Jennifer Randall	SR	Ithaca	1:17.14
2 474 Becky Galasso	JR	Rochester	1:19.15
3 784 Carly Stine	SO	St. Lawrence	1:20.10
4 469 Claire Crowther	SR	Rochester	1:20.14
5 914 Samantha	JR	Utica	1:21.94
6 185 Ebonie Howard	JR	Ithaca	1:22.53
7 163 Annmarie Charno	SR	Ithaca	1:23.16
8 310 Keaghlán Morrissey	SR	Nazareth	1:23.55
9 181 Brittany Greene	SO	Ithaca	1:24.42
10 568 Cassie Murray	SO	RPI	1:24.60
11 559 Lauren Fellers	JR	RPI	1:25.02
12 199 Jessica Moore	SO	Ithaca	1:25.19
13 565 Kelsie Larson	SO	RPI	1:25.42
14 18 Amy Morrissey	SR	Alfred	1:26.71
15 570 Geanette Orton	SO	RPI	1:30.70

**Event 13 Women 800 Meter Run**

Name	Yr	School	Seed Time
1 378 Amanda White	SO	RIT	2:19.63
2 214 Rachel Spirito	SR	Ithaca	2:19.96
3 575 Alexa Sakaforas	FR	RPI	2:23.58
4 165 Michaela Cioffredi	FR	Ithaca	2:24.23
5 872 Jaimee Balloni	JR	Utica	2:24.61
6 157 Ruby Benn	SO	Ithaca	2:24.64
7 301 Michaela Gildemeyer	SO	Nazareth	2:26.81
8 558 Erin Evke	FR	RPI	2:27.27
8 483 Bridget Kruszka	SR	Rochester	2:27.27
10 303 Lauren Heitzhaus	JR	Nazareth	2:27.83
11 563 Isabel Johnson	FR	RPI	2:37.69
12 769 Jessica Marini	SR	St. Lawrence	NT

**Event 15 Women 1000 Meter Run**

Name	Yr	School	Seed Time
1 213 Emily Smith	SO	Ithaca	3:03.31
2 475 Caitlyn Garbarino	SO	Rochester	3:06.13
3 744 Ariel Beccia	JR	St. Lawrence	3:07.08
4 490 Zarah Quinn	SR	Rochester	3:07.15
5 100 Krystina Choinski	SO	Hamilton	3:07.79
6 211 Rachele Sartori	FR	Ithaca	3:08.00
7 305 Lauren Jamieson	SR	Nazareth	3:10.21
8 339 Kaylin Beiter	JR	RIT	3:10.30
9 566 Meredith Mayes	SR	RPI	3:10.57
10 367 Kristine Reed	FR	RIT	3:10.65
11 338 Amy Becker	FR	RIT	3:12.20
12 222 Hannah Wright	SO	Ithaca	3:12.52
13 311 Kayla Murphy	SR	Nazareth	3:14.32
14 353 Megan Karpie	FR	RIT	3:18.40
15 172 Rachel Doane	FR	Ithaca	3:19.84
16 363 Katrijn Moulin	SR	RIT	3:20.11

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**Event 17 Women 1 Mile Run**

Name	Yr	School	Seed Time
1 770 Ella Martin	FR	St. Lawrence	5:04.78
2 206 Jennifer Randall	SR	Ithaca	5:07.63
3 754 Elizabeth Edwards	SR	St. Lawrence	5:11.44
4 490 Zarah Quinn	SR	Rochester	5:12.21
5 179 Carly Graham	JR	Ithaca	5:20.50
6 482 Catherine Knox	FR	Rochester	5:21.57
7 211 Rachele Sartori	FR	Ithaca	5:25.30
8 575 Alexa Sakaforas	FR	RPI	5:25.82
9 375 Alicia Sutphin	FR	RIT	5:31.99
10 210 Carleigh Rosenberg	FR	Ithaca	5:32.55
11 571 Stephanie Polak	SR	RPI	5:36.78
12 123 Adrian Walsh	FR	Hamilton	5:38.02

**Event 19 Women 3000 Meter Run**

Name	Yr	School	Seed Time
1 770 Ella Martin	FR	St. Lawrence	9:50.89
2 754 Elizabeth Edwards	SR	St. Lawrence	10:10.58
3 780 Caroline Raue	SR	St. Lawrence	10:15.57
4 208 Alexa Rick	SO	Ithaca	10:36.51
5 179 Carly Graham	JR	Ithaca	10:36.82
6 765 Kelsey Leder	JR	St. Lawrence	10:53.03
7 99 Rachel Cackett	SR	Hamilton	10:54.16
8 175 Anna Fay	FR	Ithaca	10:54.27
9 552 Katherine Clemente	FR	RPI	10:56.03
10 492 Victoria Stepanova	SO	Rochester	10:57.54
11 922 Ashton Villeneuve	FR	Utica	11:02.36
12 349 Rebecca Greiner	FR	RIT	11:03.17
12 162 Meghan Cass	SO	Ithaca	11:03.17
14 549 Christine Artim	SO	RPI	11:04.40
15 580 Shannon Trant	FR	RPI	11:06.68
16 111 Hannah Lyons	JR	Hamilton	11:12.34
17 344 Amanda Dole	SR	RIT	11:15.44
18 316 Kelsey Ryan	SR	Nazareth	11:15.83
19 183 Mary Hartford	SO	Ithaca	11:16.83
20 107 Hannah Kloeckner	JR	Hamilton	11:17.40
21 379 Rachel Zoyhofski	SR	RIT	11:19.55
22 479 Anya Joynt	FR	Rochester	11:20.44

**Event 21 Women 5000 Meter Run**

Name	Yr	School	Seed Time
1 780 Caroline Raue	SR	St. Lawrence	17:54.82
2 208 Alexa Rick	SO	Ithaca	18:17.27
3 744 Ariel Beccia	JR	St. Lawrence	18:17.62
4 492 Victoria Stepanova	SO	Rochester	18:51.16
5 99 Rachel Cackett	SR	Hamilton	18:54.69
6 549 Christine Artim	SO	RPI	18:55.04
7 550 Hailey Beyer	SO	RPI	19:10.03
8 560 Marie Ferro	SR	RPI	19:11.49
9 765 Kelsey Leder	JR	St. Lawrence	19:14.21
10 922 Ashton Villeneuve	FR	Utica	19:19.95
11 487 Meghan Ogle	SR	Rochester	19:23.57
12 479 Anya Joynt	FR	Rochester	19:24.95
13 495 Kathryn Woodworth	SO	Rochester	19:26.30

14 162 Meghan Cass	SO	Ithaca	19:32.02
15 107 Hannah Kloeckner	JR	Hamilton	19:32.34
16 111 Hannah Lyons	JR	Hamilton	19:33.67
17 183 Mary Hartford	SO	Ithaca	19:33.97
18 666 Renee Deruchia	FR	St. John Fisher	19:40.33
19 159 Opal Jessica Bogdan	FR	Ithaca	19:55.64
20 171 Anastasia Diamond	SO	Ithaca	19:55.74

**Event 5 Women 60 Meter Hurdles Prelims**

Name	Yr	School	Seed Time
1 158 Christine Benway	SO	Ithaca	9.23
2 882 Jess Ciraulo	JR	Utica	9.24
3 186 Tammia Hubbard	SR	Ithaca	9.31
4 748 Divya Biswal	SO	St. Lawrence	9.38
5 471 Breanna Eng	SR	Rochester	9.48
6 209 Amanda Rissmeyer	SR	Ithaca	9.52
7 838 Bethany Crowe	SR	Union	9.74
8 376 Valerie VanHoesen	FR	RIT	9.77
9 470 Cameron Edwards	FR	Rochester	9.78
10 202 Allie Nugent	FR	Ithaca	9.83
11 223 Alyssa Wu	JR	Ithaca	9.90
12 678 Lindsay Jones	FR	St. John Fisher	10.00
13 753 Kylee Disotelle	FR	St. Lawrence	10.15
14 556 Lindsey Dubas	SR	RPI	10.16
15 486 Connie	SO	Rochester	10.24
16 472 Lauren Gabriel	JR	Rochester	10.44
17 466 Sim Cheema	SR	Rochester	10.65

**Event 23 Women 4x200 Meter Relay**

Team	Relay	Seed Time
1 Ithaca		1:47.27
1) 183 Mary Hartford SO	2) 211 Rachele Sartori FR	
3) 181 Brittany Greene SO	4) 177 Colleen Garman SR	
2 RIT		1:48.69
1) 368 Hope Ridenour SO	2) 343 Hailey Burkhart SO	
3) 357 Emily Marris FR	4) 346 Kelly Fredette SO	
5) 377 Gabrielle Villar SO	6) 376 Valerie VanHoesen FR	
3 Utica		1:48.86
1) 895 Nikiya Harris FR	2) 903 Anea Isom JR	
3) 878 Anastasia Bowden JR	4) 925 Sarah Wiatr FR	
5) 885 Lauren DeLude SO		
4 St. Lawrence		1:48.89
1) 748 Divya Biswal SO	2) 776 Jaleigh Pier FR	
3) 777 Anna Pond SO	4) 763 Hannah Kinsey JR	
5 Nazareth		1:48.90
1) 313 Taylor Pierson FR	2) 294 Sibongile Chisi SO	
3) 299 Amanda Entress FR	4) 293 Hannah Brackley SO	
6 Rochester		1:49.47
1) 470 Cameron Edwards FR	2) 474 Becky Galasso JR	
3) 494 Emily VanDenburgh	4) 478 Yvette Igbokwe SO	
5) 488 Brittany Porter SO	6) 484 Carina Luck SR	
7 Alfred		1:52.15
1) 1 Patricia Banahene SO	2) 14 Miasia Hilliman SO	
3) 16 Jordyn Larkins SR	4) 19 Corine Pettit JR	
5) 8 Elizabeth De Monte JR		

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**Event 23 ... (Women 4x200 Meter Relay)**

Team	Relay	Seed Time
8 St. John Fisher		1:53.28
1) 682 Morgan Mastin SO	2) 699 Rachel Wolcott SO	
3) 679 Lisa Knab SO	4) 680 Nicoletta Lattuca SO	
5) 670 Olivia Emerling FR	6) 678 Lindsay Jones FR	
9 Union		1:55.55
1) 837 Shea Barickman FR	2) 840 Madeline Frieze SO	
3) 838 Bethany Crowe SR	4) 839 Bonnie Deyo FR	
10 Hamilton		1:56.91
1) 122 Kathryn Wall FR	2) 114 Clare O'Grady JR	
3) 96 Amelia Appel SR	4) 95 Savannah Alvarado SO	
5) 97 Sky Aulita SO		
11 Cobleskill		NT
1) 56 Jackie Boyce FR	2) 60 Stephanie Henzler SO	
3) 62 Megan Jenney FR	4) 59 Jennifer Havens JR	

**Event 25 Women 4x400 Meter Relay**

Team	Relay	Seed Time
1 St. Lawrence		4:00.50
1) 760 Cassia Hameline SO	2) 763 Hannah Kinsey JR	
3) 776 Jaleigh Pier FR	4) 777 Anna Pond SO	
2 Ithaca		4:00.61
1) 177 Colleen Garman SR	2) 174 Dominique Falcone FR	
3) 198 Shealyn Misewicz FR	4) 171 Anastasia Diamond SO	
3 Rochester		4:03.83
1) 470 Cameron Edwards FR	2) 474 Becky Galasso JR	
3) 469 Claire Crowther SR	4) 488 Brittany Porter SO	
5) 467 Amanda Connell JR	6) 494 Emily VanDenburgh	
4 Utica		4:07.55
1) 895 Nikiya Harris FR	2) 885 Lauren DeLude SO	
3) 878 Anastasia Bowden JR	4) 925 Sarah Wiatr FR	
5 Nazareth		4:10.85
1) 313 Taylor Pierson FR	2) 294 Sibongile Chisi SO	
3) 310 Keaghlan Morrissey SR	4) 293 Hannah Brackley SO	
6 RIT		4:14.26
1) 377 Gabrielle Villar SO	2) 368 Hope Ridenour SO	
3) 348 Amanda Gordon SR	4) 378 Amanda White SO	
5) 367 Kristine Reed FR	6) 346 Kelly Fredette SO	
7) 358 Natalie May SR		
7 St. John Fisher		4:17.14
1) 670 Olivia Emerling FR	2) 682 Morgan Mastin SO	
3) 679 Lisa Knab SO	4) 678 Lindsay Jones FR	
5) 677 Julianna Holland SO	6) 699 Rachel Wolcott SO	
8 RPI		4:20.29
1) 558 Erin Evke FR	2) 568 Cassie Murray SO	
3) 559 Lauren Fellers JR	4) 565 Kelsie Larson SO	
9 Cobleskill		4:25.20
1) 63 Princess Joefield FR	2) 65 Anel Maceron FR	
3) 62 Megan Jenney FR	4) 55 Quashanda Barnes SO	
10 Alfred		4:26.02
1) 10 Tracie Forrester SO	2) 18 Amy Morrissey SR	
3) 1 Patricia Banahene SO	4) 8 Elizabeth De Monte JR	
5) 16 Jordyn Larkins SR		

11 Union		4:26.50
1) 837 Shea Barickman FR	2) 840 Madeline Frieze SO	
3) 838 Bethany Crowe SR	4) 839 Bonnie Deyo FR	
12 Hamilton		4:29.09
1) 95 Savannah Alvarado SO	2) 96 Amelia Appel SR	
3) 103 Anna Heywood SR	4) 114 Clare O'Grady JR	
5) 122 Kathryn Wall FR		

**Event 27 Women 4x800 Meter Relay**

Team	Relay	Seed Time
1 Rochester		9:59.88
1) 482 Catherine Knox FR	2) 475 Caitlyn Garbarino SO	
3) 483 Bridget Kruszka SR	4) 487 Meghan Ogle SR	
5) 495 Kathryn Woodworth	6) 490 Zarah Quinn SR	
2 St. Lawrence		10:01.66
1) 744 Ariel Beccia JR	2) 769 Jessica Marini SR	
3) 784 Carly Stine SO	4) 785 Marisa Turner FR	
3 Ithaca		10:09.94
1) 193 Emily Lowe SR	2) 194 Carolyn Malone SO	
3) 205 Kayla Prior FR	4) 203 Danielle Piazza JR	
4 Hamilton		10:13.97
1) 98 Emily Banzer SO	2) 100 Krystina Choinski SO	
3) 113 Jessye McGarry FR	4) 115 Catherine Oglevee SO	
5) 102 Emily Heckman SR	6) 110 Halina Loft SO	
5 RPI		10:22.75
1) 566 Meredith Mayes SR	2) 578 Emily Stickles FR	
3) 571 Stephanie Polak SR	4) 573 Loki Rasmussen FR	
6 Utica		10:27.09
1) 914 Samantha Prendergast	2) 874 Samantha Bennett SO	
3) 872 Jaimee Balloni JR	4) 879 Julie Bowler SO	
7 St. John Fisher		10:37.48
1) 690 Katlin Shippy FR	2) 691 Makenzi Swartwood FR	
3) 666 Renee Deruchia FR	4) 664 Sarah Coon FR	
5) 665 Shannon Davis JR	6) 677 Julianna Holland SO	
7) 667 Devon Donatello FR		
8 RIT		10:45.49
1) 339 Kaylin Beiter JR	2) 367 Kristine Reed FR	
3) 338 Amy Becker FR	4) 378 Amanda White SO	
5) 349 Rebecca Greiner FR	6) 363 Katrijn Moulin SR	
7) 375 Alicia Sutphin FR		
9 Nazareth		10:50.84
1) 305 Lauren Jamieson SR	2) 308 Kelsey Mash SR	
3) 303 Lauren Heitzhaus JR	4) 301 Michaela Gildemeyer	
10 Alfred		11:37.27
1) 11 Alyssa Goot SO	2) 9 Morgan Flick FR	
3) 6 Shannon Dalton FR	4) 17 Jennifer Miranda SR	
5) 13 Chelsea Hall JR		
11 Cobleskill		NT
1) 53 Alyssa Alex FR	2) 62 Megan Jenney FR	
3) 58 Chantal Fauteux FR	4) 55 Quashanda Barnes SO	
5) 63 Princess Joefield FR	6) 59 Jennifer Havens JR	

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**Event 29 Women Distance Medley**

Team	Relay	Seed Time
1 Ithaca		12:14.50
1) 203 Danielle Piazza JR	2) 208 Alexa Rick SO	
3) 207 Alex Rechen FR	4) 217 Corinne Taylor SO	
2 St. Lawrence		12:17.12
1) 754 Elizabeth Edwards SR	2) 784 Carly Stine SO	
3) 769 Jessica Marini SR	4) 770 Ella Martin FR	
3 RIT		13:01.36
1) 339 Kaylin Beiter JR	2) 348 Amanda Gordon SR	
3) 378 Amanda White SO	4) 375 Alicia Sutphin FR	
4 Utica		13:08.88
1) 914 Samantha Prendergast	2) 882 Jess Ciraulo JR	
3) 874 Samantha Bennett SO	4) 872 Jaimee Balloni JR	
5 Nazareth		13:30.17
1) 311 Kayla Murphy SR	2) 308 Kelsey Mash SR	
3) 310 Keaghan Morrissey SR	4) 309 Blair Meeson FR	
6 RPI		13:30.94
1) 575 Alexa Sakaforas FR	2) 568 Cassie Murray SO	
3) 558 Erin Evke FR	4) 566 Meredith Mayes SR	
7 St. John Fisher		13:53.93
1) 690 Katlin Shippy FR	2) 678 Lindsay Jones FR	
3) 665 Shannon Davis JR	4) 664 Sarah Coon FR	
5) 677 Julianna Holland SO	6) 667 Devon Donatello FR	
8 Hamilton		14:08.98
1) 110 Halina Loft SO	2) 98 Emily Banzer SO	
3) 113 Jessye McGarry FR	4) 95 Savannah Alvarado SO	
5) 103 Anna Heywood SR	6) 123 Adrian Walsh FR	
7) 100 Krystina Choiniski SO		
9 Alfred		14:46.57
1) 6 Shannon Dalton FR	2) 18 Amy Morrissey SR	
3) 10 Tracie Forrester SO	4) 17 Jennifer Miranda SR	
10 Rochester		NT
1) 482 Catherine Knox FR	2) 469 Claire Crowther SR	
3) 490 Zarah Quinn SR	4) 483 Bridget Kruszka SR	
5) 475 Caitlyn Garbarino SO		
10 Cobleskill		NT
1) 62 Megan Jenney FR	2) 59 Jennifer Havens JR	
3) 58 Chantal Fauteux FR	4) 56 Jackie Boyce FR	

**Event 31 Women High Jump**

**Progression: 1.38 + 5cm to 1.63, then + 3cm**

Name	Yr	School	Seed Mark
1 785 Marisa Turner	FR	St. Lawrence	1.68m
1 209 Amanda Rissmeyer	SR	Ithaca	1.68m
3 679 Lisa Knab	SO	St. John Fisher	1.63m
3 745 Eliza Bell	SO	St. Lawrence	1.63m
5 773 Kylie Morris	SR	St. Lawrence	1.60m
6 8 Elizabeth De Monte	JR	Alfred	1.59m
7 579 Cheryl Tran	JR	RPI	1.58m
8 887 Catalena Diamente	FR	Utica	1.56m
8 224 Emily Ziegler	FR	Ithaca	1.56m
10 55 Quashanda Barnes	SO	Cobleskill	1.55m
11 556 Lindsey Dubas	SR	RPI	1.53m
11 106 Agne Jakubauskaite	SR	Hamilton	1.53m

11 12 Rebecca Graudons	JR	Alfred	1.53m
14 358 Natalie May	SR	RIT	1.52m
15 912 Kate Pearce	SO	Utica	1.48m
16 202 Allie Nugent	FR	Ithaca	1.45m
17 755 Sarah Francesconi	FR	St. Lawrence	1.43m

**Event 33 Women Pole Vault**

**Progression: 3.50 + 15cm**

Name	Yr	School	Seed Mark
1 12 Rebecca Graudons	JR	Alfred	3.35m
2 207 Alex Rechen	FR	Ithaca	3.20m
3 197 Shannon Meehan	JR	Ithaca	3.10m
4 788 Taylor Washington	JR	St. Lawrence	3.05m
4 577 Amanda Stark	SO	RPI	3.05m
6 749 Caitlin Boreyko	JR	St. Lawrence	3.00m
6 465 Lindsay Carbone	FR	Rochester	3.00m
8 485 Laura Lyons	JR	Rochester	2.90m
8 686 Danyelle Redmond	FR	St. John Fisher	2.90m
10 294 Sibongile Chisi	SO	Nazareth	2.88m
11 198 Shealyn Misewicz	FR	Ithaca	2.85m
12 109 Sara Lewis	FR	Hamilton	2.75m
13 464 Melanie Busch	FR	Rochester	2.70m

**Event 39 Women Long Jump**

**Top 9 Will Advance To Final**

Name	Yr	School	Seed Mark
1 358 Natalie May	SR	RIT	5.56m
2 313 Taylor Pierson	FR	Nazareth	5.46m
3 885 Lauren DeLude	SO	Utica	5.42m
4 494 Emily VanDenburgh	FR	Rochester	5.32m
5 205 Kayla Prior	FR	Ithaca	5.31m
6 209 Amanda Rissmeyer	SR	Ithaca	5.30m
7 748 Divya Biswal	SO	St. Lawrence	5.29m
8 212 Emilia Scheemaker	SO	Ithaca	5.27m
9 680 Nicoletta Lattuca	SO	St. John Fisher	5.22m
10 925 Sarah Wiatr	FR	Utica	5.13m
11 299 Amanda Entress	FR	Nazareth	5.11m
12 484 Carina Luck	SR	Rochester	5.10m
12 173 Elizabeth Dowling	FR	Ithaca	5.10m
14 463 Sandra Au	FR	Rochester	5.08m
15 377 Gabrielle Villar	SO	RIT	5.04m
15 357 Emily Marris	FR	RIT	5.04m
17 493 Paige Vandemark	SR	Rochester	4.96m
18 694 Meg Vona	JR	St. John Fisher	4.86m
19 106 Agne Jakubauskaite	SR	Hamilton	4.73m

**Event 41 Women Triple Jump**

**Top 9 Will Advance To Final**

Name	Yr	School	Seed Mark
1 748 Divya Biswal	SO	St. Lawrence	11.84m
2 212 Emilia Scheemaker	SO	Ithaca	11.65m
3 887 Catalena Diamente	FR	Utica	11.44m
4 925 Sarah Wiatr	FR	Utica	11.40m
5 484 Carina Luck	SR	Rochester	11.02m
6 205 Kayla Prior	FR	Ithaca	10.98m
7 158 Christine Benway	SO	Ithaca	10.85m

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**Event 41 ... (Women Triple Jump)**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
8	216 Kristen Swanson	SO	Ithaca	10.60m
9	467 Amanda Connell	JR	Rochester	10.56m
9	493 Paige Vandemark	SR	Rochester	10.56m
11	567 Ivy Muchuma	JR	RPI	10.44m
12	579 Cheryl Tran	JR	RPI	10.41m
13	463 Sandra Au	FR	Rochester	10.38m
14	19 Corine Pettit	JR	Alfred	10.25m
15	299 Amanda Entress	FR	Nazareth	10.21m
16	877 Chelsea Bogino	JR	Utica	10.20m
17	839 Bonnie Deyo	FR	Union	10.01m
18	97 Sky Aulita	SO	Hamilton	9.95m

**Event 37 Women Shot Put****Top 9 Will Advance To Final**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
1	567 Ivy Muchuma	JR	RPI	12.92m
2	217 Corinne Taylor	SO	Ithaca	11.72m
3	698 Paige Willson	SO	St. John Fisher	11.71m
4	766 Kristen Linder	JR	St. Lawrence	11.67m
5	209 Amanda Rissmeyer	SR	Ithaca	11.36m
6	582 Andrea Ukleja	FR	RPI	10.81m
7	786 Jessica Tyree	SO	St. Lawrence	10.64m
7	63 Princess Joefield	FR	Cobleskill	10.64m
9	215 Kristina Stockburger	SO	Ithaca	10.61m
10	370 Elizabeth Sofia	JR	RIT	10.22m
11	15 Jennifer Kirsch	JR	Alfred	10.19m
12	4 Kari Blatz	SR	Alfred	10.18m
13	477 Amanda Hall	FR	Rochester	9.98m
14	177 Colleen Garman	SR	Ithaca	9.90m
15	5 Kirstin Cook	SR	Alfred	9.81m
16	341 Danielle Breslin	SR	RIT	9.76m
17	2 Kelly-Jo Beck	SR	Alfred	9.72m
18	57 Rebecca Brower	SO	Cobleskill	9.68m
19	491 Vivica Smith	FR	Rochester	9.58m

**Event 35 Women Weight Throw 20 lb.****Top 9 Will Advance To Final**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Seed Mark</b>
1	567 Ivy Muchuma	JR	RPI	16.37m
2	561 Lydia Frangos	JR	RPI	15.64m
3	786 Jessica Tyree	SO	St. Lawrence	14.66m
4	215 Kristina Stockburger	SO	Ithaca	14.51m
5	693 Joanna Vassiliou	JR	St. John Fisher	14.30m
6	370 Elizabeth Sofia	JR	RIT	14.15m
7	155 Elaine Abdulky	JR	Ithaca	13.76m
8	766 Kristen Linder	JR	St. Lawrence	13.70m
9	177 Colleen Garman	SR	Ithaca	13.47m
10	217 Corinne Taylor	SO	Ithaca	13.41m
11	700 Taylor Youngkrans	JR	St. John Fisher	13.37m
12	489 Emersyn Pullan	JR	Rochester	12.72m
13	697 Emily Williams	SO	St. John Fisher	11.93m
14	491 Vivica Smith	FR	Rochester	11.59m
15	60 Stephanie Henzler	SO	Cobleskill	11.51m
16	582 Andrea Ukleja	FR	RPI	11.41m

17	698 Paige Willson	SO	St. John Fisher	11.23m
18	57 Rebecca Brower	SO	Cobleskill	11.11m
19	480 Mallory Kahn	SR	Rochester	10.91m

**Event 1 Women Indoor Pentathlon**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Points</b>
1	358 Natalie May	SR	RIT	3074
2	224 Emily Ziegler	FR	Ithaca	3023
3	343 Hailey Burkhart	SO	RIT	3001
4	196 Leigh Martino	SO	Ithaca	3000
5	55 Quashanda Barnes	SO	Cobleskill	2709
6	63 Princess Joefield	FR	Cobleskill	2555
7	13 Chelsea Hall	JR	Alfred	2490
8	204 Kristen Pompey	FR	Ithaca	2288
9	161 Rachel Brown	JR	Ithaca	2141
10	923 Jaimee Walters	FR	Utica	1993
11	783 Allison Scarf	FR	St. Lawrence	NP
11	8 Elizabeth De Monte	JR	Alfred	NP
11	759 Teresa Grigg	FR	St. Lawrence	NP