

PSAC Indoor Track & Field Championships
Mike Zafirovski Dome, Edinboro University - 2/28/2015 to 3/1/2015
Meet Program

Event 3 Women 60 Meter Dash

Conference:	7.48 2002	Amber Plowden
Meet:	7.62 2012	Simone Carter
Facility:	7.62 2012	Simone Carter
D2 Auto:	7.42	
D2 Prov:	7.73	

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Emily Moroco	JR	Slippery Rock	7.89
2	Valerie Mizansky	SO	Kutztown	7.87
3	Jasmine Bailey	JR	Slippery Rock	7.78
4	Kiara Allen	JR	Millersville	7.60
5	Danielle Smith	SR	East Stroudsburg	7.68
6	Danae Burgwin	SR	California (Pa.)	7.79
7	Jade Woodridge	JR	Seton Hill	7.89
8	Gabrielle Irving	FR	California (Pa.)	7.91

Event 5 Women 60 Meter Hurdles

Conference:	8.60 2007	Andi Rose, Tabitha Bemis
Meet:	8.60 2/24/2013	Tabitha Bemis
Facility:	8.68 2013	Tabitha Bemis
D2 Auto:	8.33	
D2 Prov:	8.84	

Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	Sarah Garner	SO	West Chester	9.13
2	Danielle Sciremammano	FR	Shippensburg	9.08
3	Khabira Crawford	SO	Cheyney	9.03
4	Jenna Bracken	SO	Seton Hill	8.97
5	Kennedy Evans	SO	Slippery Rock	9.00
6	Hilari Norris	FR	Edinboro	9.13
7	Kelsci Warschel	FR	Pitt.-Johnstown	9.09
8	Asaana Brunner	FR	California (Pa.)	9.14

Event 7 Women 200 Meter Dash

Conference:	24.88 2002	Amber Plowden
Meet:	24.88 2002	Amber Plowden
Facility:	24.90 2012	Simeon Carter
D2 Auto:	24.00	
D2 Prov:	25.06	

Lane	Name	Yr	School	Prelims
Section 1 of 2 Finals				
3	Danae Burgwin	SR	California (Pa.)	25.91
4	Lexie Nowakowski	JR	Slippery Rock	25.90
5	Briana Fells	SR	Shippensburg	25.78
6	Lindsay Sheehan	FR	Shippensburg	25.82
Section 2 of 2 Finals				
3	Kiara Allen	JR	Millersville	25.66
4	Gabrielle Irving	FR	California (Pa.)	25.62
5	Danielle Smith	SR	East Stroudsburg	25.02
6	Jasmine Bailey	JR	Slippery Rock	25.18

Event 9 Women 400 Meter Dash

Conference:	56.27 2003	Jennifer Farrow
Meet:	56.33 2011	Erica Hess
Facility:	56.33 2011	Erica Hess
D2 Auto:	54.81	
D2 Prov:	57.11	

Lane	Name	Yr	School	Prelims
Section 1 of 2 Finals				
3	Alyssa Barthelmes	SO	Bloomsburg	59.10
4	Jena Toner	FR	Bloomsburg	59.02
5	Janna Wilson	JR	West Chester	58.99
6	Amira Warrick	SR	West Chester	59.01
Section 2 of 2 Finals				
3	Lexie Nowakowski	JR	Slippery Rock	58.62
4	Aniya Gibbs	SO	Millersville	58.47
5	Briana Fells	SR	Shippensburg	57.26
6	Megan Lundy	JR	Shippensburg	58.07

Event 11 Women 800 Meter Run

Conference:	2:09.39 2012	Amanda Raudabaugh
Meet:	2:12.33 2012	Amanda Raudabaugh
Facility:	2:12.80 2011	Amanda Raudabaugh
D2 Auto:	2:09.81	
D2 Prov:	2:15.44	

Lane	Name	Yr	School	Seed Time
Section 1 of 3 Finals				
1	Allison Macon	JR	Mansfield	2:22.94
2	Angelica Bagwell	SR	Slippery Rock	2:22.44
3	Allison Lewis	FR	West Chester	2:23.90
4	Katie Chambers	JR	Clarion	2:23.23
5	Laura Kibathi	SO	Shippensburg	2:22.75
6	Lauren Toth	SO	East Stroudsburg	2:23.82
Section 2 of 3 Finals				
1	Rebecca Schorr	SO	Pitt.-Johnstown	2:20.16
2	Erika Huffman	SO	Shippensburg	2:20.67
3	April Schlusser	SR	Shippensburg	2:21.82
4	Alexis Rankin	SR	Bloomsburg	2:21.29
5	Lauren Lehman	SR	Bloomsburg	2:20.36
6	Kiana Tucker	FR	Shippensburg	2:19.76
7	Katie Kravitz	SR	Lock Haven	2:20.70
Section 3 of 3 Finals				
1	Allison Hall	JR	California (Pa.)	2:17.79
2	Alexandra Zanella	JR	California (Pa.)	2:15.07
3	Meagen Carter	JR	Seton Hill	2:18.80
4	Janine Powis	SR	Slippery Rock	2:14.94
5	Allison Gibbens	SR	Edinboro	2:14.42
6	Teresa Ortiz	SO	Bloomsburg	2:17.74
7	Emily Dusellier	SO	West Chester	2:18.11
8	Rebekkah Bond	FR	Edinboro	2:18.90

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Event 13 Women 1 Mile Run

Conference: 4:43.10 1980 Eileen Hornberger
Meet: 4:54.71 2009 Neely Spence
Facility: 4:56.77 2012 Katrina Spratford
D2 Auto: 4:49.69
D2 Prov: 5:00.30

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Lauren Lehman	SR	Bloomsburg	5:03.05
2	Destiny Parks	SO	Mansfield	5:19.83
3	April Schlusser	SR	Shippensburg	5:19.16
4	Hannah Fulton	FR	Shippensburg	5:19.50
5	Alexandra Zanella	JR	California (Pa.)	4:57.47
6	Corinne Manela	JR	Kutztown	5:14.80
7	Kate Dodds	SR	Bloomsburg	5:05.28
8	Julie Friend	SO	California (Pa.)	5:12.07
9	Samantha Young	FR	East Stroudsburg	5:19.56
10	Frances McNally	JR	Kutztown	5:06.23
11	Hannah Boudreau	FR	Bloomsburg	5:05.74
12	Amanda Eisman	JR	West Chester	5:04.91

Event 15 Women 3000 Meter Run**3000m May Be Two Sections Depending On Scratches**

Conference: 9:27.50 1983 Julie Bowers
Meet: 9:27.79 2011 Neely Spence
Facility: 9:27.79 2011 Neely Spence
D2 Auto: 9:33.29
D2 Prov: 10:01.47

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Kate Dodds	SR	Bloomsburg	9:47.07
2	Kasey Jones	JR	Edinboro	9:53.26
3	Hannah Boudreau	FR	Bloomsburg	9:58.76
4	Amanda Eisman	JR	West Chester	10:08.71
5	Julie Friend	SO	California (Pa.)	10:19.18
6	Destiny Foster	SO	Mansfield	10:20.02
7	Frances McNally	JR	Kutztown	10:20.46
8	Jenny Picot	JR	Slippery Rock	10:23.05
9	Allison Decker	FR	East Stroudsburg	10:28.74
10	Emma Sullivan	SO	Edinboro	10:28.91
11	Leigh Manning-Smith	SR	West Chester	10:29.02
12	Patricia Reis	SR	Shippensburg	10:32.70
13	Casey Norton	SO	Shippensburg	10:33.90
14	Chelsia Poole	SO	Seton Hill	10:36.97
15	Megan Maffett	SR	Edinboro	10:37.25
16	Abbey Daley	SO	Millersville	10:38.38
17	Allison McCurry	SO	Mansfield	10:40.56
18	Hannah Fulton	FR	Shippensburg	10:40.74
19	Caitlyn Reese	FR	Shippensburg	10:40.83
20	Anna Hosl	FR	Edinboro	10:41.22
21	Sarah Krolick	SR	Edinboro	10:41.87
22	Keelan McDonald	SO	Bloomsburg	10:42.03
23	Emily Ahrens	JR	Edinboro	10:42.44
24	Corinne Manela	JR	Kutztown	10:42.66
25	Jessica Quesenberry	SO	Bloomsburg	10:42.78

Event 19 Women 4x400 Meter Relay

Conference: 3:50.75 2015 Shippensburg
Fells, Tucker, Sheehan, Lundy
Meet: 3:53.59 2012 Shippensburg
Ellsworth, Bingaman, Fells, Radabaugh
Facility: 3:53.59 2012 Shippensburg
L. Ellsworth, L. Bingaman, B. Fells, A. Radabaugh
D2 Auto: 3:44.33
D2 Prov: 3:52.71

Lane	Team	Relay	Seed Time
Section 1 of 3 Finals			
3	Clarion		4:10.17
	1) Courtney Corban SO	2) Katie Chambers JR	
	3) Tatiana Cloud SO	4) Anna Pfingstler SR	
	5) Kelsey Johnson FR	6) Danielle Konopski JR	
4	Bloomsburg		4:06.46
	1) Alyssa Barthelmes SO	2) Sarah Gottschalk FR	
	3) Alexis Rankin SR	4) Jena Toner FR	
	5) Joselyn Estrada-Pascual SO	6) Carli Dedics FR	
5	Cheyney		4:31.28
	1) Daivona Williams SO	2) Jaya Granger FR	
	3) Khabira Crawford SO	4) Dominic Barr JR	
6	Seton Hill		4:09.52
	1) Meagen Carter JR	2) Emily Dempsey JR	
	3) Nichelle McMillian SO	4) Nicole Malara SR	
	5) Angela McCowin SO	6) Jenna Bracken SO	
Section 2 of 3 Finals			
2	Edinboro		4:02.48
	1) Rebekkah Bond FR	2) Brianne Dietrich JR	
	3) Eve Gardner FR	4) Allison Gibbens SR	
	5) Erin O'Brien FR		
3	East Stroudsburg		4:02.60
	1) Erin Brady SO	2) Hope Decker FR	
	3) Jaid Harsch FR	4) Danielle Smith SR	
	5) Danielle Swingle FR		
4	Lock Haven		4:01.85
	1) Samantha Szweczek SO	2) Megan Borigo SR	
	3) Elizabeth Brennan SR	4) Erika Shawver SO	
	5) Katie Klercker FR	6) Katie Kravitz SR	
5	Indiana (Pa.)		4:06.11
	1) Lizzy Cunningham JR	2) Christina Roberson JR	
	3) Jada Wilson FR	4) Heather Sternby FR	
	5) Stephanie Heming FR		
6	Kutztown		4:01.99
	1) Nicole Boldosser SO	2) Evan Dangerfield SR	
	3) Brandy Nice SR	4) Bria Evans SR	
	5) Danielle Chaney SR		

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Section 3 of 3 Finals...(Event 19 Women 4x400 Meter Relay)

2	Millersville	4:00.80
	1) Kiara Allen JR	2) Aniya Gibbs SO
	3) Amanda Long JR	4) Erin Madison JR
	5) Courtney Ingold FR	
3	California (Pa.)	4:01.84
	1) Danae Burgwin SR	2) Jasmine Stevenson JR
	3) Emilia Ricciuti SO	4) Allison Hall JR
	5) Sullena Staton FR	
4	Shippensburg	3:50.75
	1) Briana Fells SR	2) Kiana Tucker FR
	3) Lindsay Sheehan FR	4) Megan Lundy JR
5	Slippery Rock	3:55.48
	1) Lexie Nowakowski JR	2) Katie Teed FR
	3) Lauren Harvey SO	4) Jasmine Bailey JR
	5) Cassaundra Swartzbaugh JR	
6	West Chester	3:56.72
	1) Dara Lindsey SO	2) Emily Dusellier SO
	3) Janna Wilson JR	4) Moira Fox SO
	5) Emily Magnant FR	6) Allison Lewis FR

Event 25 Women High Jump**Progression: 1.48 + 5 cm Until 1.68, Then +3 cm**

Conference:	5-10 1977	Maureen Fitzpatrick
Meet:	1.76m 2008	Chelsea Morse
Meet:	1.76m 2009	Whitney Hendershot
Facility:	1.72m 2010	Rebekah Newhart
Facility:	1.72m 2011	Lynn Mayer
D2 Auto:	1.79m	
D2 Prov:	1.65m	

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Christina O'Connor	SR	East Stroudsburg	1.73m	
2	Rebecca Tooker	SO	Kutztown	1.55m	
3	Kelley Stuetz	SO	East Stroudsburg	1.55m	
4	Alexis Hanes	FR	Edinboro	1.54m	
5	LaBrae Lavelle	SO	West Chester	1.55m	
6	Breanna Barber	JR	West Chester	1.60m	
7	Kailah Holmes	FR	California (Pa.)	1.57m	
8	Joselyn Estrada-Pascual	SO	Bloomsburg	1.65m	
9	Tatiana Cloud	SO	Clarion	1.54m	
10	Elizabeth Gourley	FR	Clarion	1.54m	
11	Angela McCowin	SO	Seton Hill	1.55m	
12	Kristen Belko	JR	Clarion	1.66m	
13	Arianna Camel	SO	Millersville	1.57m	
14	Paige Kassab	JR	Slippery Rock	1.65m	
15	Lauryn Solt	SO	Shippensburg	1.65m	
16	Sabrina Anderson	SO	Slippery Rock	1.72m	
17	Lauryn Greggs	SO	Clarion	1.55m	
18	Ashley West	JR	Slippery Rock	1.68m	
19	Amanda Simone	FR	Bloomsburg	1.55m	
20	Samantha Beckerleg	SR	Shippensburg	1.61m	
21	Nicole Malara	SR	Seton Hill	1.54m	
22	McKenzie Fagan	FR	Kutztown	1.54m	

Event 31 Women Shot Put**Top 9 Advance To Final**

Conference:	48-11 1985	Jayne Beatty
Meet:	14.66m 2005	Nicole James
Facility:	14.15m 2/24/2013	April Doyle
D2 Auto:	15.35m	
D2 Prov:	13.27m	

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Victoria Schaffer	JR	Kutztown	11.72m	
2	Jessica Beal	FR	Seton Hill	11.43m	
3	Courtney Parisi	SR	Edinboro	11.52m	
4	Morgan Nicholson	FR	Bloomsburg	11.19m	
5	Christine Johnson	SO	West Chester	11.32m	
6	Alysha Menzies	SO	East Stroudsburg	11.12m	
7	Meghan Hallick	JR	Bloomsburg	11.74m	
8	Victoria Miller	SR	Seton Hill	11.62m	
9	Martina Milcic	SO	Seton Hill	11.77m	
10	Anna Frengel	FR	Slippery Rock	12.15m	
11	Breana Northcott	JR	Slippery Rock	11.62m	
Flight 2 of 2 Finals					
1	Kayla Owens	SR	West Chester	13.45m	
2	Lindsay Hepburn	SR	Lock Haven	12.60m	
3	Caitlin Whalen	SO	Slippery Rock	12.18m	
4	Erin Doherty	FR	Shippensburg	12.40m	
5	Ava Bonetti	SO	Shippensburg	12.37m	
6	Sabrina Johnson	FR	Shippensburg	12.71m	
7	Tamara Ovejera	SO	Shippensburg	13.39m	
8	Elizabeth Ross	SR	Shippensburg	14.07m	
9	Jada Phillips	SO	Cheyney	12.86m	
10	Brittany Christiansen	SR	Slippery Rock	13.13m	
11	Taylor Harkins	SR	Bloomsburg	12.18m	
12	Macey Tanseco	FR	Kutztown	12.32m	

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Event 35 Women Triple Jump**Top 9 Advance To Final**

Conference: 42-02.50 2000 **Nikita Lewis**
Meet: 12.13m 2010 **Brianna Liebold**
Facility: 12.13m 2010 **Brianna Liebold**
D2 Auto: 12.42m
D2 Prov: 11.54m

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Ashley West	JR	Slippery Rock		10.71m
2	Amanda Simone	FR	Bloomsburg		10.54m
3	Sydney Black	FR	Edinboro		10.46m
4	Kristen Knass	FR	Indiana (Pa.)		10.35m
5	Erin Harman	FR	Millersville		10.63m
6	Alisha Fox	FR	Kutztown		10.45m
7	Carli Dedics	FR	Bloomsburg		10.73m
8	Elizabeth Rauenzahn	SO	West Chester		10.52m
9	Rebecca Tooker	SO	Kutztown		10.75m
10	Emily Magnant	FR	West Chester		10.74m
11	Jessica Fritsche	SR	Millersville		10.45m
12	Shannon Powell	SR	Seton Hill		10.27m
13	Alyssa Sitch	FR	Shippensburg		10.22m
14	Tonni Melendez	FR	Pitt.-Johnstown		10.75m

Flight 2 of 2 Finals

1	Tirzah Johnson	JR	East Stroudsburg		10.88m
2	Kelsci Warschel	FR	Pitt.-Johnstown		10.88m
3	Sarah Hunt	SO	Shippensburg		11.64m
4	Kristen Belko	JR	Clarion		11.05m
5	Kailah Holmes	FR	California (Pa.)		10.98m
6	Ebony Grasty	SO	West Chester		11.08m
7	Brooke Smay	SO	Indiana (Pa.)		11.26m
8	Kaylee Caruso	SO	Bloomsburg		11.54m
9	Nichelle McMillian	SO	Seton Hill		11.55m
10	Sarah Kosenske	FR	West Chester		11.39m
11	Ieisha Jackson	JR	California (Pa.)		10.82m
12	Samantha Taylor	JR	Slippery Rock		11.20m
13	Caroline Opferman	SO	California (Pa.)		10.79m
14	Kiah Walton	FR	Indiana (Pa.)		10.89m