

Ithaca College Bomber Invitational
Ithaca College Athletics and Events Center - 2/4/2017 to 2/5/2017
Results - Saturday

Women 60 Meter Dash

Facility: 7.45 * 12/3/2016 Keishorea Armstrong

	Name	Yr	School	Prelims
Preliminaries				
1	Tania Bambi	SO	Ottawa	7.89q
2	Devyani Biswal	SR	Ottawa	7.94q
3	Keira Christie-Galloway	SR	Ottawa Lions	7.96q
4	Paige Allen	SR	PSU-Behrend	7.98q
5	Nahisha Alabre	FR	Cornell	8.03q
6	Lusmer Quintana	SO	Ithaca	8.05q
7	Nia Lawrence	SR	Rowan	8.08q
8	Madeeah Oranchak	FR	Delhi	8.10q
9	Mariah Johnson	JR	Oneonta	8.14
10	Anastashia Alfred	FR	Cornell	8.15
11	Elisabeth Plympton	FR	Plattsburgh	8.16
12	Mariah Blanton	SR	Ramapo	8.16
13	Shamyra Wilkerson	SO	Shenandoah	8.16
14	Ashli Prussia	FR	Oswego	8.20
15	Lauren White	SR	Moravian	8.22
16	Sajeda Win	JR	Ottawa	8.25
17	Amanda Wetmore	FR	Ithaca	8.25
18	Julia Reeves	FR	Cornell	8.26
19	Lexus matos	SR	Rowan	8.27
20	Amari Schooler	SO	Moravian	8.35
21	Meghan Burd	FR	Ithaca	8.36
22	Raheemah Madany	SO	Cortland	8.37
23	Anaelle Amy	JR	Utica	8.40
24	Abby Strouse	SO	Moravian	8.42
25	Jordan Beckley	SO	Ithaca	8.42
26	Abigail Boyce	SR	Oswego	8.45
27	Courtney Wilson	JR	Plattsburgh	8.45
28	Darielle Cross	FR	Rowan	8.46
29	Laura Gardner	FR	St. Lawrence	8.47
30	Melanie Fry	JR	Misericordia	8.48
31	Ketura Mason	SR	St. Lawrence	8.51
32	Tymaiah Harper	FR	Onondaga CC	8.52
33	Julia De Pieri	SO	Ottawa	8.53
34	Ashalee Joseph	SR	Oswego	8.54
35	Sarah Garvey	SR	Ithaca	8.54
36	Tatiana Ambursley	SO	Carleton U.	8.55
37	Cecilia Fullowan	FR	Moravian	8.59
38	Jade Jenkins	SR	Utica	8.64
39	Nafthalia Lucien		Ottawa Lions	8.64
40	Michelle McCauley	SO	Rowan	8.65
41	Madison Neurohr	FR	Cortland	8.66
42	Gianna Folz	SO	Ithaca	8.67
43	Erica Cornmire	FR	Delhi	8.67
44	Alexis Acevedo	SO	Oswego	8.71
45	Jacqueline Elfie	SO	Cortland	8.71
46	Karly Keil	JR	Nazareth	8.73
47	Mariah Graves	FR	Shenandoah	8.73
48	Lindsey Ansbros	SO	Marywood	8.74
49	Claire Decker	FR	Oneonta	8.74
50	Amelia Waibel	SR	Marywood	8.75
51	Smantha Arrigale	FR	Delhi	8.78

52	Lindsay Lord	FR	Misericordia	8.79
53	Abby Bolton	FR	Ottawa	8.82
54	Vanessa Wiltsie	SO	Oswego	8.83
55	Jessica Young	SO	St. Lawrence	8.83
56	Tracy Savage	SO	Delhi	8.86
57	Dekonti Sayeh	FR	Marywood	8.87
58	Kaitlyn McDonnell	JR	Marywood	8.89
59	Adama Donzo	FR	Utica	8.92
60	Marianna Sartzetakis	FR	Ottawa	8.93
61	Nikita Hall	FR	Delhi	8.93
62	Lauren Suelke	SR	Moravian	9.00
63	Kortney McEwen	FR	Misericordia	9.01
64	Myriam Beaupre-Jacques	FR	Ottawa	9.01
65	Iris Bond-Moore	FR	Plattsburgh	9.05
66	Brittany Bowers	SR	Shenandoah	9.09
67	Sydney Durawa	SO	Nazareth	9.13
68	Holly Keown	FR	Nazareth	9.35
69	Mojisola Sokunbi	FR	Delhi	9.60
70	Shanova Hammond	FR	Delhi	9.61
71	Alexis Stevenson	FR	Delhi	10.00
72	Emmanuella Toussaint	FR	Alfred State	10.37
---	Carrie Parker	FR	Alfred State	FS
---	Jenna Martinez	SO	Cornell	FS

Women 60 Meter Dash

Facility: 7.45 * 12/3/2016 Keishorea Armstrong

	Name	Yr	School	Finals
Finals				
1	Tania Bambi	SO	Ottawa	7.76
2	Devyani Biswal	SR	Ottawa	7.89
3	Paige Allen	SR	PSU-Behrend	7.93
4	Nia Lawrence	SR	Rowan	8.00
5	Nahisha Alabre	FR	Cornell	8.12
6	Keira Christie-Galloway	SR	Ottawa Lions	8.13
7	Lusmer Quintana	SO	Ithaca	8.15
8	Madeeah Oranchak	FR	Delhi	8.21

Women 200 Meter Dash

Facility: 24.92 * 2/15/2014 Keishorea Armstrong

	Name	Yr	School	Finals
Finals				
1	Rebecca Ekeanyanwu	FR	Cornell	25.91
2	Dana Kupiec	SR	Cortland	26.15
3	Sharelle Samuel		Ottawa Lions	26.27
4	Sophia Skorenky	SO	Ottawa	26.28
5	kelly vogt	SR	Rowan	26.61
6	Paige Allen	SR	PSU-Behrend	26.73
7	Anastashia Alfred	FR	Cornell	26.87
8	Amanda Moore	SR	Cortland	26.89
9	Shamyra Wilkerson	SO	Shenandoah	26.94
10	Stephanie Gould	FR	Ottawa	26.95
11	Lexus matos	SR	Rowan	27.18
12	Alexandra Jacques	JR	Oneonta	27.19
13	Nia Lawrence	SR	Rowan	27.20
14	Mariah Blanton	SR	Ramapo	27.22
15	Molly Lennon	SR	St. Lawrence	27.25

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Finals ... (Women 200 Meter Dash)

Name	Yr	School	Finals
16 Carly Vreugde	FR	Oswego	27.29
17 Cynthia John-Ogam	SO	Brockport	27.29
18 Tasha Bethea	FR	Rowan	27.32
19 Reid Simoncini	SO	Ithaca	27.41
20 Kate Hochbrueckner	SR	Brockport	27.44
21 Shauna Cheatham	SO	Cornell	27.49
22 Dana Messina	JR	Cortland	27.49
23 Gabriella Loeffler	FR	PSU-Behrend	27.53
24 Jennifer Jelic	SR	Cortland	27.57
25 Ashli Prussia	FR	Oswego	27.59
26 Darielle Cross	FR	Rowan	27.69
27 Melanie Fry	JR	Misericordia	27.70
28 Bethia Nivens	SO	Le Moyne	27.70
29 Julia Maine		Ottawa Lions	27.76
30 Sajeda Win	JR	Ottawa	27.81
31 Shaniece Gregory	FR	Oswego	27.84
32 Lauren White	SR	Moravian	27.85
33 Mary Fairchild	SR	Misericordia	27.93
34 Kaylee Uhl	SO	Cortland	28.00
35 Abby Strouse	SO	Moravian	28.01
36 Lily Cooper	FR	Moravian	28.05
37 Courtney Wilson	JR	Plattsburgh	28.08
38 Aspen McMillan	SO	Rowan	28.12
39 Sophia Mengad	SO	Ottawa	28.14
40 Laura Gardner	FR	St. Lawrence	28.16
41 Rose Paskoff	SR	Ithaca	28.18
42 Joanna Bernatowicz	FR	Cornell	28.21
43 Kelsey O'Donnell	SR	Misericordia	28.22
44 Dajai McClellan	FR	Rowan	28.22
45 Meghan Evans	FR	Utica	28.32
46 Ashlyn Carlsson	SO	PSU-Behrend	28.33
47 Ashley Magnifico	FR	Delhi	28.34
48 Tatiana Ambursley	SO	Carleton U.	28.39
49 Nikita Hall	FR	Delhi	28.41
50 Cecilia Fullowan	FR	Moravian	28.42
51 Taryn Prutsman	JR	Brockport	28.48
52 Fiona Shea	FR	Utica	28.49
53 Ketura Mason	SR	St. Lawrence	28.49
54 Ieasha Parris		Ottawa Lions	28.59
55 Sarah Williams	JR	Nazareth	28.61
56 Alexis Acevedo	SO	Oswego	28.63
57 Tiffany Evans	FR	Utica	28.63
58 Ashlee Estes	JR	Plattsburgh	28.65
59 Julia De Pieri	SO	Ottawa	28.69
60 Tymaiah Harper	FR	Onondaga CC	28.71
61 Emily Sprague	FR	Ottawa	28.71
62 Jesse Correale	FR	Cortland	28.78
63 Arianah Denoon	FR	Cortland	28.84
64 Smantha Arrigale	FR	Delhi	28.93
65 beatrice robinson	FR	Rowan	28.94
66 Christa Decker	FR	Oneonta	28.94
67 Delia Mack	FR	Shenandoah	29.01
68 Nafthalia Lucien		Ottawa Lions	29.01
69 Cassie Ellis	FR	Nazareth	29.02

70 Yasmeen Griffin	SO	Cortland	29.02
71 Amani Tristan	SO	Cornell	29.08
72 Iris Bond-Moore	FR	Plattsburgh	29.09
73 Claire Decker	FR	Oneonta	29.13
74 Madison Parker	FR	Oswego	29.21
75 Carly Oddi	FR	Brockport	29.26
76 Tracy Savage	SO	Delhi	29.29
77 Emily McBain	SR	Oneonta	29.40
78 Lexi Albano	FR	Utica	29.42
79 Kara Van Valen	FR	Ithaca	29.43
80 Amelia Waibel	SR	Marywood	29.49
81 Kailey Merrill	FR	Cortland	29.50
82 Stephanie Reyes	FR	Oneonta	29.52
83 Abby Bolton	FR	Ottawa	29.55
84 Caitlin McHugh	FR	Hamilton	29.63
85 Rim Benazzouz		Ottawa Lions	29.70
86 Jessica Young	SO	St. Lawrence	29.74
87 Batres Maku	FR	Shenandoah	29.76
88 Kaitlyn McDonnell	JR	Marywood	29.76
89 Emily Steates	SO	Hamilton	30.06
90 Marianna Sartzetakis	FR	Ottawa	30.10
91 Madison Herbert	SO	Cortland	30.16
92 Dekonti Sayeh	FR	Marywood	30.23
93 Jenna Martinez	SO	Cornell	30.42
94 Myriam Beaupre-Jacques	FR	Ottawa	30.50
95 Lindsey Ansbro	SO	Marywood	30.53
96 Natalie Horton	SO	Oswego	30.59
97 Lindsey Gladden	FR	Marywood	30.87
98 Jacqueline Elfie	SO	Cortland	31.13
99 Chloe Di Tomasso	FR	Ottawa	31.30
100 Capucine Fiot	FR	Ottawa	31.40
101 Lorna Herbert	FR	Cortland	31.41
102 Ayanna Dixon	SO	Shenandoah	31.47
103 Carrie Parker	FR	Alfred State	31.71
104 Susan Hoskins	FR	Delhi	31.92
105 Shanova Hammond	FR	Delhi	31.98
106 Tamara Sutherland	SO	Ottawa	32.30
107 Jillian Leggiero	FR	Cortland	32.62
108 Sydney Martin	FR	Ottawa	32.63
109 Alexis Stevenson	FR	Delhi	33.34
110 Nicole Polara	JR	Marywood	33.43
111 Mojisola Sokunbi	FR	Delhi	33.50
112 Alexandra Sheehan	JR	Le Moyne	33.50
113 Lexi Reiter	FR	PSU-Behrend	34.25
114 Emily Ahrens	FR	Onondaga CC	35.48
115 Emmanuella Toussaint	FR	Alfred State	35.81

Women 400 Meter Dash

Facility: 58.23 * 2/27/2016 Marisa Turner

Name	Yr	School	Finals
Finals			
1 Sharelle Samuel		Ottawa Lions	57.64*
2 Dana Kupiec	SR	Cortland	58.99
3 Svetlana Martynova		Ottawa Lions	59.26
4 Mary Fairchild	SR	Misericordia	1:00.30
5 Brianna Angellella	JR	Rowan	1:00.86

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Finals ... (Women 400 Meter Dash)

Name	Yr	School	Finals
6 Julia Maine		Ottawa Lions	1:01.74
7 Kate Hochbrueckner	SR	Brockport	1:02.05
8 Bethia Nivens	SO	Le Moyne	1:02.09
9 Kristyn Kumpfbeck	JR	Oneonta	1:02.17
10 Samantha Triani	SR	Oneonta	1:02.42
11 Danielle Nicklas	FR	Rowan	1:02.73
12 Holly Heil	FR	Brockport	1:02.92
13 Kerianne Engesser	JR	Oneonta	1:02.93
14 Jordan Sloan	FR	Le Moyne	1:02.95
15 Maria Matkoski	FR	Ithaca	1:03.15
16 Claire Deshaies	FR	Plattsburgh	1:03.32
17 Sheila Ramos	SR	Oneonta	1:03.36
18 Maria Staehr	FR	Nazareth	1:03.49
19 Lauren Bower	SO	Oneonta	1:03.51
20 Lily Cooper	FR	Moravian	1:03.53
21 Shauna Cheatham	SO	Cornell	1:03.68
22 Makenna Cooley	JR	Utica	1:04.13
23 Honour Butler	JR	Oneonta	1:04.13
24 Katie Edwards	JR	Marywood	1:04.17
25 Sophia Mengad	SO	Ottawa	1:04.28
26 Ieasha Parris		Ottawa Lions	1:04.32
27 Shelbi Jones	FR	Misericordia	1:04.42
28 Katelyn Renna	SR	Oneonta	1:04.51
29 Breanna Featherson	FR	Utica	1:04.56
30 Carly Oddi	FR	Brockport	1:05.06
31 Ashlee Estes	JR	Plattsburgh	1:05.48
32 Taylor Canet	FR	Plattsburgh	1:05.77
33 Delia Mack	FR	Shenandoah	1:06.31
34 Taryn Prutsman	JR	Brockport	1:06.37
35 Andrea Larnard	JR	Nazareth	1:06.53
36 Rim Benazzouz		Ottawa Lions	1:06.62
37 Madison Herbert	SO	Cortland	1:06.63
38 Brittany Charlonne	SO	Utica	1:06.70
39 Julia Rand	SO	Ithaca	1:06.75
40 Caitlin McHugh	FR	Hamilton	1:06.96
41 Val Pirro	SO	Le Moyne	1:06.98
42 Breanna Latourette	JR	Marywood	1:07.06
43 Danielle Tomko	FR	Moravian	1:07.07
44 Lesley Nicosia	FR	Utica	1:07.25
45 Rose Paskoff	SR	Ithaca	1:07.36
46 Julia Wagner	FR	St. Lawrence	1:07.43
47 Batres Maku	FR	Shenandoah	1:07.63
48 Monica Richardson	SO	Moravian	1:07.79
49 Allison Iles	JR	Le Moyne	1:08.45
50 Kelsey Esselman	JR	Delhi	1:08.92
51 Katie Bennett	FR	Marywood	1:08.93
52 Holly Wagner	SR	Moravian	1:09.33
53 Capucine Fiot	FR	Ottawa	1:09.65
54 Mikaela Martell	SO	St. Lawrence	1:09.83
55 Kathleen Saville	JR	Le Moyne	1:10.17
56 Natalie Horton	SO	Oswego	1:10.25
57 Amelia Waibel	SR	Marywood	1:10.37
58 Lian Grow	SO	Moravian	1:11.87
59 Jillian Leggiero	FR	Cortland	1:12.00

60 Lorna Herbert	FR	Cortland	1:12.39
61 Sydney Martin	FR	Ottawa	1:13.07
62 Erin Fayle	SO	Le Moyne	1:13.74
63 Alivia Arliss	FR	Le Moyne	1:15.79
64 Tamara Sutherland	SO	Ottawa	1:17.13
65 Alexandra Sheehan	JR	Le Moyne	1:19.95
66 Brandy Torres	FR	MVCC	1:28.18

Women 500 Meter Dash

Facility: 1:16.07 * 12/3/2016 Charlotte Gardner

Name	Yr	School	Finals
Finals			
1 Molly Lennon	SR	St. Lawrence	1:18.68
2 Rachel Pell	JR	PSU-Behrend	1:20.35
3 beatrice robinson	FR	Rowan	1:21.11
4 Britney Swarthout	SO	Ithaca	1:21.24
5 Molly Novak	JR	Cornell	1:21.54
6 Joanna Bernatowicz	FR	Cornell	1:21.94
7 Mary Lundin	SO	Hamilton	1:22.17
8 Caroline Markowitz	JR	Cornell	1:22.22
9 Catherine Berry	SO	Hamilton	1:22.32
10 Brooke Catalano	SO	Utica	1:23.74
11 Ashlyn Carlsson	SO	PSU-Behrend	1:23.79
12 Lindsey Castle	FR	Ithaca	1:24.04
13 kelly vogt	SR	Rowan	1:24.16
14 Jenessa McCabe	SO	Utica	1:24.31
15 Catherine Keane	FR	Plattsburgh	1:24.60
16 Sarah Williams	JR	Nazareth	1:25.17
17 Holly Riccitelli	SO	St. Lawrence	1:25.22
18 Jacqueline Ebeling	SR	St. Lawrence	1:25.43
19 Isamarie Ramos	FR	Delhi	1:26.79
20 Abigail Schaible	SR	Utica	1:27.50
21 Kelby Cole	JR	Marywood	1:27.64
22 Alex Kyros	FR	Ramapo	1:27.88
23 Christina Treyz	SO	Oneonta	1:28.93
24 Carolyn Peck	SO	MVCC	1:29.37
25 Erin Brosnan	FR	Oneonta	1:31.84
26 Hannah Kelsey	FR	Hamilton	1:34.41
27 Brianna Byrnes	SR	Alfred State	1:40.97

Women 800 Meter Run

Facility: 2:14.43 * 2/27/2016 Samantha Kitchen

Name	Yr	School	Finals
Finals			
1 Madison Clarke	FR	Ottawa	2:13.67*
2 Stephanie Boucher	SR	Plattsburgh	2:15.16
3 Kelty Fairchild	SR	Misericordia	2:17.32
4 Devinne Cullinane	JR	Cornell	2:18.35
5 Jessalynn Wright	SR	Rowan	2:20.85
6 Hanna Jerome	JR	Hamilton	2:23.02
7 Marissa Holl	SO	Cornell	2:23.18
8 Samantha Goble	JR	Nazareth	2:23.98
9 Carly Danoski	FR	Moravian	2:24.15
10 Priya Narine	SR	Ottawa	2:24.38
11 Audrey Miller	JR	Brockport	2:25.35
12 Kyle Oefelein	JR	Cornell	2:25.73

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Finals ... (Women 800 Meter Run)

Name	Yr	School	Finals
13 Eleanor Smith	FR	Cornell	2:25.91
14 Mattie Seamans	JR	Hamilton	2:25.97
15 Sarah Rudge	FR	Ithaca	2:25.97
16 Jecica Joseph	SO	Ottawa	2:26.27
17 Jessica Competiello	FR	Ithaca	2:26.38
18 Rachael Miller	SO	Le Moyne	2:26.48
19 Margaret Nickerson	FR	Ithaca	2:26.90
20 Emily Croonquist	SO	Ramapo	2:27.09
21 Jacquelyn Bamberski	SR	Misericordia	2:27.52
22 Melissa Emilio	JR	Cortland	2:27.66
23 Sylvia Pericles	SR	Oswego	2:28.34
24 Marissa Jones	FR	MVCC	2:28.60
25 Lindsey Davenport	JR	Plattsburgh	2:30.89
26 Ashley Leta	JR	St. Lawrence	2:31.83
27 Erica Seff	FR	Hamilton	2:31.98
28 Charlotte Freed	FR	Hamilton	2:32.09
29 Eileen Shea	SO	Nazareth	2:32.44
30 Bryanna Mazzella	FR	Utica	2:32.63
31 Kelly Koss	SR	Ramapo	2:32.67
32 Katie Edwards	JR	Marywood	2:32.72
33 Alexandria Caljean	SO	Shenandoah	2:32.79
34 Stephanie Peck	FR	Brockport	2:33.32
35 Madelyn McConnon	FR	Ithaca	2:36.01
36 Sarah Mann	JR	Shenandoah	2:36.11
37 Jamie Kasza	FR	Oswego	2:36.13
38 Katie Bennett	FR	Marywood	2:37.71
39 Rachael Waldrop	JR	St. Lawrence	2:37.99
40 Shania Hayward	JR	Le Moyne	2:38.87
41 Breanna Latourette	JR	Marywood	2:40.01
42 Jo Carter	FR	Rowan	2:40.59
43 Courtney Maurin	FR	Cortland	2:41.22
44 Danielle Royal	FR	Utica	2:42.26
45 Sally Sgarlata	FR	St. Lawrence	2:43.08
46 Hannah Fake	JR	St. Lawrence	2:43.40
47 Jessica Fritsch	FR	Ithaca	2:44.50
48 Kelsey Hadsall	FR	Misericordia	2:44.82
49 Shelby Shrader	SR	Shenandoah	2:45.36
50 Erin Fayle	SO	Le Moyne	2:47.03
51 Ella Gurney	JR	St. Lawrence	2:47.75
52 Elise McIntyre	SO	Delhi	2:48.37
53 Mackenzie Fennell	JR	Shenandoah	2:49.47
54 Leah Persing	SO	Misericordia	2:50.16
55 Emily Brigman	FR	Alfred State	2:51.01
56 Cassandra Ryan	JR	Alfred State	2:51.40
57 Kayla McGhee	SO	Shenandoah	2:51.46
58 Corinne Mulhearn	FR	Misericordia	2:52.38
59 Alexandra Paulin	JR	Le Moyne	2:52.39
60 Stephanie Giardina	FR	Misericordia	2:57.19
61 Alivia Arliss	FR	Le Moyne	2:57.57
62 Mckenzie Tripp	SO	Le Moyne	2:59.26
63 Holly Fiore	SO	Alfred State	2:59.54
64 Morgan Hulburt	FR	Delhi	3:02.84
65 Elizabeth Butlak	FR	Alfred State	3:10.81
66 Xochilt Cortez	SO	Delhi	3:11.56

67 Ashley Silva SO Alfred State 3:12.34

Women 1000 Meter Run

Facility: 2:54.24 * 2/6/2016 Chelsea Gilles

Name	Yr	School	Finals
Finals			
1 Lizzy Jewiss	SR	Oneonta	3:04.95
2 Cassidy Scott	SO	St. Lawrence	3:06.05
3 Rebecca Brennan	SO	Ottawa	3:07.89
4 Brittney Mack	SO	Le Moyne	3:07.92
5 Kristin Lynn	SR	Ithaca	3:10.46
6 Olivia Popovitch	SR	Oneonta	3:10.65
7 Menely Genao	FR	Oneonta	3:11.16
8 Zeena Rashid	JR	Carleton U.	3:11.90
9 Katelyn Hancock	SO	PSU-Behrend	3:12.19
10 Jenna Shelton	FR	PSU-Behrend	3:13.15
11 Kylie McFall	SO	Oneonta	3:13.20
12 Caitlin Anthony	JR	Hamilton	3:13.45
13 Jada Atchison	SR	Oneonta	3:14.07
14 Kristin Hughes	FR	Hamilton	3:14.34
15 Jennifer Dumoulin	FR	Ottawa	3:18.98
16 Kelby Cole	JR	Marywood	3:20.39
17 Jessica Hernandez	SO	Nazareth	3:22.93
18 Holly Hicks	FR	Ottawa	3:24.42
19 Courtney Sargent	SO	PSU-Behrend	3:26.95
20 Polina Lepniakova	SR	Ottawa	3:28.35
21 Jillian Stagnita	FR	Le Moyne	3:29.64
22 Konstantina Salales	SO	Oneonta	3:29.98
23 Kaitlyn Phillips	SO	Utica	3:30.52
24 Kelly Healy	SR	Alfred State	3:34.01
25 Deborah Senyange	SO	Carleton U.	3:35.21
26 Sarah Dimakis	SR	Hamilton	3:37.20
27 Rachael Ostroff	JR	Carleton U.	3:38.12
28 Lindsey Sicker	FR	Utica	3:38.58
29 Josee Gallant	SR	Marywood	3:39.53
30 Natalie-Josee Carson		Ottawa	3:48.76
31 Emily Duhart	FR	Ottawa	3:54.90
32 Brandy Torres	FR	MVCC	4:38.84

Women 1 Mile Run

Facility: 4:58.53 * 2/27/2016 Lisa Grohn

Name	Yr	School	Finals
Finals			
1 Christin Bettis	SR	Rowan	5:01.57
2 Emilie Mertz	SO	Ithaca	5:13.16
3 Michelle Fish	SR	Hamilton	5:15.50
4 Caroline Driscoll	SO	St. Lawrence	5:16.90
5 Chance Masloff	SO	Cornell	5:18.87
6 Brittney Mack	SO	Le Moyne	5:19.25
7 Brooke Laskowsky	FR	Cornell	5:21.26
8 Lindsey Davenport	JR	Plattsburgh	5:22.23
9 Clare Schoen	SO	Misericordia	5:24.47
10 Annika Morrison	FR	Ithaca	5:24.70
11 Carly Danoski	FR	Moravian	5:27.28
12 Geneva Lee	FR	Cornell	5:28.95
13 Zeena Rashid	JR	Carleton U.	5:28.96

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	Name	Yr	School	Finals
14	Alexis Kindig	JR	Ithaca	5:33.83
15	Rachael Miller	SO	Le Moyne	5:33.95
16	Ashley Rohrer	FR	Moravian	5:34.07
17	Rose Ippolito	FR	Cornell	5:34.69
18	Holly Hicks	FR	Ottawa	5:35.04
19	Nana Sato	FR	Oneonta	5:37.23
20	Jamie Kasza	FR	Oswego	5:39.15
21	Aislynn Smith	SO	Shenandoah	5:39.50
22	Jillian Manfredi	FR	Oneonta	5:40.52
23	Emily Miller	FR	Shenandoah	5:40.96
24	Jennifer Dumoulin	FR	Ottawa	5:43.18
25	Samantha Plunkett	FR	Oneonta	5:44.16
26	Miabelle Salzano	JR	St. Lawrence	5:46.29
27	Jill Eberly	SR	Misericordia	5:46.94
28	Meghan O'Dwyer	SO	Oneonta	5:48.87
29	Emma Federinko	JR	Misericordia	5:49.73
30	Jordyn Donnelly	SO	Misericordia	5:49.82
31	Kaitlyn Phillips	SO	Utica	5:50.21
32	Marissa Welsh	FR	Oswego	5:50.97
33	Meghann Tanner	SO	Oneonta	5:52.17
34	Alyssa Schwarz	JR	Misericordia	5:52.58
35	Megan Menz	FR	Nazareth	5:56.13
36	Sage Miller	SO	Nazareth	5:56.55
37	Jillian Stagnita	FR	Le Moyne	5:58.08
38	Jo Carter	FR	Rowan	5:58.67
39	Polina Lepniakova	SR	Ottawa	5:58.80
40	Katherine Schmitter	SO	Misericordia	6:01.64
41	Alyssa Ullmann	FR	Moravian	6:02.07
42	Erin Schwartz	FR	Hamilton	6:02.27
43	Lindsey Sicker	FR	Utica	6:07.79
44	Natalie-Josee Carson		Ottawa	6:07.82
45	Rachael Ostroff	JR	Carleton U.	6:08.37
46	Josee Gallant	SR	Marywood	6:08.72
47	Jenny Gessner	SO	Ramapo	6:12.61
48	Rainey Cerqua	SO	Delhi	6:13.68
49	Elise McIntyre	SO	Delhi	6:19.10
50	Emily Duhart	FR	Ottawa	6:25.21
51	Mckenzie Tripp	SO	Le Moyne	6:33.43
52	Morgan Hulburt	FR	Delhi	6:33.48
53	Alexis Namyak	SR	Marywood	6:50.73
54	Xochilt Cortez	SO	Delhi	6:57.59
---	Jessica Needham	SO	Carleton U.	DNF

Women 3000 Meter Run

Facility: 9:49.61 * 2/7/2014 Rachel Sorna

	Name	Yr	School	Finals
Finals				
1	Meg Brockett	SR	Moravian	10:12.34
2	Christin Bettis	SR	Rowan	10:20.31
3	Lauren Perschetz	SR	Plattsburgh	10:25.55
4	April Ackermann	SR	Oneonta	10:31.13
5	Megan Holzwarth	JR	Oneonta	10:45.29
6	Megan Wagner	JR	Cortland	10:46.59
7	Allison Schumann	SR	Cortland	10:47.02

8	Mary Baughman	SR	Cortland	10:47.55
9	Jasmine Meerdink	JR	Cortland	10:49.70
10	Sara Billings	JR	Cortland	10:51.29
11	Kaitlyn Stinson	SO	Utica	10:58.34
12	Kristina Watrobski	FR	Plattsburgh	10:59.32
13	Riley Crissman	FR	PSU-Behrend	11:03.18
14	Haley Mooney	JR	Plattsburgh	11:05.32
15	Bethany Killmon	SR	Misericordia	11:08.10
16	Hannah Despres	SO	Plattsburgh	11:09.09
17	Jennifer Polo	FR	Ramapo	11:09.67
18	Renee Lewis	SO	Utica	11:09.98
19	Lindsay Heyer	SR	Hamilton	11:15.07
20	Katie Mayer	FR	Moravian	11:18.83
21	Emily Miller	FR	Shenandoah	11:22.76
22	Emily Madigan	FR	Misericordia	11:30.40
23	Eliza Nichols	FR	Cortland	11:31.18
24	Valerie Pagano	JR	Misericordia	11:34.53
25	Megan McIntyre	FR	Brockport	11:35.37
26	Rachel Ramsey	JR	PSU-Behrend	11:37.96
27	Meredith Hartz	SO	Misericordia	11:41.54
28	Ashley Dunteman	FR	Misericordia	11:42.62
29	Aislynn Smith	SO	Shenandoah	11:43.82
30	Alyssa Soethout	SO	Brockport	11:43.99
31	Larissa Strycharz	SR	Moravian	11:45.47
32	Xaire Davis	FR	Brockport	12:02.39
33	Kailean Hubbard	JR	Brockport	12:08.32
34	Sydney Steger	FR	Brockport	12:11.66
35	Sarina Cannavo	FR	Utica	12:14.83
36	Rebecca Worley	FR	PSU-Behrend	12:15.44
37	Ellie Pauly	FR	Brockport	12:18.10
38	Elise Reardon	SR	Misericordia	12:18.53
39	Rachel Mikols	FR	Moravian	12:19.43
40	Katie Markstein	JR	Le Moyne	12:19.85
41	Mya Walters	FR	Le Moyne	12:22.51
42	Erica Koenig	FR	PSU-Behrend	12:29.39
43	Marlee Hornbaker	FR	Moravian	12:29.85
44	Molly O'Hara	JR	Misericordia	12:36.41
45	Meredith Colton	JR	Moravian	12:38.97
46	Laura Heinzlmeir	FR	Misericordia	12:40.85
47	Kirsten Lebo	JR	Moravian	12:56.42
48	Jamie Winsper	JR	Cortland	13:43.79
---	Lauren Bates	JR	Brockport	DNF

Women 5000 Meter Run

Facility: 17:59.64 * 2/22/2013 Caroline Raue

	Name	Yr	School	Finals
Finals				
1	Lauren McNamara	SR	Oswego	19:18.79
2	Siara Clos	FR	Le Moyne	19:23.60
3	Morgan Bronner	JR	Oswego	19:24.54
4	Lindsey Thiel	JR	Alfred State	19:28.12
5	Shelby Shrader	SR	Shenandoah	19:50.48
6	Mackenzie Fennell	JR	Shenandoah	19:59.51
7	Jeanette Cudney	JR	Le Moyne	20:00.65
8	Hanna Cavanagh	SR	Oneonta	20:01.85
9	Natasha Kawam	FR	Ottawa	20:14.36

Ithaca College Bomber Invitational
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Finals ... (Women 5000 Meter Run)

Name	Yr	School	Finals
10 Elena Doctor	SR	Le Moyne	20:21.31
11 Meghan Trimer	JR	Brockport	20:37.54
12 Claire McMahon	SO	Oneonta	20:44.53
13 Kayla McGhee	SO	Shenandoah	20:50.64
14 Ellie Quinlan	SR	Oneonta	20:50.90
15 Allison Segal	JR	Cortland	21:45.77

Women 60 Meter Hurdles

Facility: 8.65 * 2/6/2016 Devyani Biswal

Name	Yr	School	Prelims
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Preliminaries

1	Devyani Biswal	SR	Ottawa	* 8.61Q
2	Keira Christie-Galloway	SR	Ottawa Lions	8.73Q
3	Tania Bambi	SO	Ottawa	8.79Q
4	Aspen McMillan	SO	Rowan	9.27Q
5	Amanda Brown	SR	Rowan	9.43Q
6	Alexie Zeigler	FR	Oswego	9.73Q
7	Amber Edwards	JR	Ithaca	9.48q
8	Mariah Johnson	JR	Oneonta	9.55q
9	Gianna Folz	SO	Ithaca	9.63
10	Amber Edwards	JR	Ramapo	9.69
11	Marisa Gosdeck	SR	Brockport	9.77
12	Emily Sprague	FR	Ottawa	9.77
13	Darielle Cross	FR	Rowan	9.89
14	Rachel Pell	JR	PSU-Behrend	9.93
15	Naftalia Lucien		Ottawa Lions	9.96
16	Rebecca Flitcroft	SR	Moravian	10.02
17	Abby Bolton	FR	Ottawa	10.04
18	Kirstin Kaessinger	SO	Cortland	10.17
19	Madison Parker	FR	Oswego	10.24
20	Stephanie Reyes	FR	Oneonta	10.24
21	Paige Agnew	SR	Ithaca	10.30
22	Hannah Fake	JR	St. Lawrence	10.37
23	Kate Hochbrueckner	SR	Brockport	10.40
24	Lindsay Lord	FR	Misericordia	10.42
25	Devon Matz	SO	Misericordia	10.43
26	Brittany Bowers	SR	Shenandoah	10.55
27	Valeria Kudinov	SR	Oswego	10.66
28	Holly Wagner	SR	Moravian	10.74
29	Amanda Iasparo	FR	Oneonta	10.74
30	Brianna Bussiere	FR	Ithaca	10.80
31	Haley Ashton	FR	Ithaca	10.80
32	Jacqueline Ebeling	SR	St. Lawrence	10.85
33	Annie Greene	FR	St. Lawrence	10.92
34	Rachel Callahan	JR	Misericordia	10.93
35	Hayley Johnston	JR	Brockport	11.02
36	Holly Fiore	SO	Alfred State	11.10
37	Elizabeth Wisely	JR	Nazareth	11.11
38	Lexi Reiter	FR	PSU-Behrend	11.17
39	Georgia Cleary	SR	Misericordia	11.20
40	Marianna Sartzetakis	FR	Ottawa	11.22
41	Katie Hubbard	FR	Nazareth	11.30
42	Susan Hoskins	FR	Delhi	11.72
43	Yasmeen Griffin	SO	Cortland	12.02

44 Nicole Polara JR Marywood 12.70

Women 60 Meter Hurdles

Facility: 8.65 * 2/6/2016 Devyani Biswal

	Name	Yr	School	Finals
Finals				
1	Devyani Biswal	SR	Ottawa	8.55*
2	Tania Bambi	SO	Ottawa	8.72
3	Keira Christie-Galloway	SR	Ottawa Lions	8.73
4	Aspen McMillan	SO	Rowan	9.23
5	Amanda Brown	SR	Rowan	9.35
6	Amber Edwards	JR	Ithaca	9.41
7	Alexie Zeigler	FR	Oswego	9.74
8	Mariah Johnson	JR	Oneonta	9.76

Women 4x200 Meter Relay

Facility: 1:43.32 * 2/6/2016 Ottawa

Team	Relay	Finals
Finals		
1	Ottawa	1:43.92
	1) Marie Innocent FR	2) Devyani Biswal SR
	3) Sophia Skorenky SO	4) Tania Bambi SO
2	Rowan	1:44.65
	1) Jessalynn Wright SR	2) Kelly Vogt SR
	3) Amanda Brown SR	4) Lexxus Matos SR
3	Cornell	1:46.29
	1) Rebecca Ekeanyanwu FR	2) Anastashia Alfred FR
	3) Nahisha Alabre FR	4) Shauna Cheatham SO
4	PSU-Behrend	1:46.92
	1) Haley Yenchik SO	2) Paige Allen SR
	3) Ashlyn Carlsson SO	4) Gabriella Loeffler FR
5	Ithaca	1:48.21
	1) Reid Simoncini SO	2) Lusmer Quintana SO
	3) Amber Edwards JR	4) Amanda Wetmore FR
6	Misericordia	1:48.22
	1) Mary Fairchild SR	2) Melanie Fry JR
	3) Kelsey O'Donnell SR	4) Oniesha Clarke SO
7	Rowan	1:48.33
	1) Tasha Bethea FR	2) Darielle Cross FR
	3) Dajai McClellan FR	4) Shannon Storm FR
	5) Beatrice Robinson FR	
8	Cortland	1:49.03
	1) Amanda Moore SR	2) Dana Messina JR
	3) Kaylee Uhl SO	4) Kelly Gardner FR
9	Cortland	1:51.70
	1) Jennifer Jelic SR	2) Arianah Denoon FR
	3) Jesse Correale FR	4) Kailey Merrill FR
10	Ithaca	1:52.63
	1) Haley Ashton FR	2) Jordan Beckley SO
	3) Meghan Burd FR	4) Hailey Nase SO
11	Delhi	1:53.14
	1) Erica Cornmire FR	2) Nikita Hall FR
	3) Ashley Magnifico FR	4) Madeeah Oranchak FR
12	Oswego	1:53.29
	1) Ashli Prussia FR	2) Madison Parker FR
	3) Daniella Gallego FR	4) Ashalee Joseph SR

Ithaca College Bomber Invitational
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Finals ... (Women 4x200 Meter Relay)

Team	Relay	Finals
13 Ottawa	B	1:53.35
1) Stephanie Gould FR	2) Jecica Joseph SO	
3) Sajeda Win JR	4) Abby Bolton FR	
14 St. Lawrence		1:54.70
1) Laura Gardner FR	2) Ketura Mason SR	
3) Jessica Young SO	4) Annie Greene FR	
15 Ottawa	C	1:57.84
1) Julia De Pieri SO	2) Marianna Sartzetakis FR	
3) Chloe Di Tomasso FR	4) Myriam Beaupre-Jacques FR	
16 Nazareth		1:59.97
1) Katie Hubbard FR	2) Karly Keil JR	
3) Elizabeth Wisely JR	4) Moriah Holmes FR	
17 Mohawk Valley CC		2:03.69
1) Carolyn Peck SO	2) Marissa Jones FR	
3) Kristen Slate SO	4) Michelle Rodriguez FR	

Women 4x400 Meter Relay

Facility: 3:57.38 * 12/3/2016 Cornell

Team	Relay	Finals
Finals		
1 Ottawa		3:52.80*
1) Jecica Joseph SO	2) Charlotte Gardner SR	
3) Sophia Skorenky SO	4) Madison Clarke FR	
2 Ottawa Lions		3:58.29
1) Julia Maine	2) Sharelle Samuel	
3) Svetlana Martynova	4) Ieasha Parris	
3 Rowan		4:04.73
1) beatrice robinson FR	2) Amanda Brown SR	
3) Brianna Angellella JR	4) Jessalynn Wright SR	
4 Cortland		4:06.89
1) Kaylee Uhl SO	2) Dana Messina JR	
3) Jennifer Jelic SR	4) Dana Kupiec SR	
5 Ottawa	B	4:08.40
1) Marie Innocent FR	2) Rebecca Brennan SO	
3) Stephanie Gould FR	4) Priya Narine SR	
6 Oswego		4:08.43
1) Abigail Boyce SR	2) Sylvia Pericles SR	
3) Shaniece Gregory FR	4) Carly Vreugde FR	
7 Plattsburgh		4:09.33
1) Claire Deshaies FR	2) Ashlee Estes JR	
3) Taylor Canet FR	4) Lindsey Davenport JR	
5) Stephanie Boucher SR	6) Catherine Keane FR	
8 Oneonta		4:10.84
1) Kristyn Kumpfbeck JR	2) Katelyn Renna SR	
3) Lauren Bower SO	4) Samantha Triani SR	
5) Kerianne Engesser JR		
9 Ithaca		4:11.11
1) Alexandria Rheau FR	2) Maria Matkoski FR	
3) Emilie Mertz SO	4) Jessica Competiello FR	
10 Hamilton		4:14.58
1) Mary Lundin SO	2) Hanna Jerome JR	
3) Catherine Berry SO	4) Mattie Seamans JR	

11 Brockport		4:15.53
1) Marisa Gosdeck SR	2) Hayley Johnston JR	
3) Audrey Miller JR	4) Cynthia John-Ogam SO	
12 Ithaca	B	4:15.68
1) Britney Swarthout SO	2) Kristin Lynn SR	
3) Julia Rand SO	4) Reid Simoncini SO	
13 Oneonta	B	4:15.94
1) Christina Treyz SO	2) Emily McBain SR	
3) Menely Genao FR	4) Lizzy Jewiss SR	
14 Cortland	B	4:16.95
1) Arianah Denoon FR	2) Melissa Emilio JR	
3) Jesse Correale FR	4) Kailey Merrill FR	
15 Utica		4:17.37
1) Tiffany Evans FR	2) Lexi Albano FR	
3) Brooke Catalano SO	4) Fiona Shea FR	
16 Le Moyne		4:18.51
1) Rachael Miller SO	2) Bethia Nivens SO	
3) Meg Hubregsen JR	4) Jordan Sloan FR	
17 Ithaca	C	4:25.47
1) Lindsey Castle FR	2) Alexis Kindig JR	
3) Madelyn McConnon FR	4) Margaret Nickerson FR	
18 Shenandoah		4:28.03
1) Alexandria Caljean SO	2) Sarah Mann JR	
3) Delia Mack FR	4) Batres Maku FR	
19 Ottawa	C	4:28.26
1) Rim Benazzouz	2) Julia De Pieri SO	
3) Sophia Mengad SO	4) Sydney Martin FR	
20 Hamilton	B	4:30.80
1) Charlotte Freed FR	2) Erica Seff FR	
3) Michelle Fish SR	4) Caitlin McHugh FR	
21 PSU-Behrend		4:31.43
1) Haley Yenchik SO	2) Katelyn Hancock SO	
3) Jenna Shelton FR	4) Courtney Sargent SO	
22 Marywood		4:33.01
1) Katie Edwards JR	2) Breanna Latourette JR	
3) Katie Bennett FR	4) Kelby Cole JR	
5) Lindsey Gladden FR		
23 Delhi		4:33.89
1) Isamarie Ramos FR	2) Ashley Magnifico FR	
3) Kelsey Esselman JR	4) Rainey Cerqua SO	
24 Brockport	C	4:39.34
1) Meghan Trimer JR	2) Megan McIntyre FR	
3) Xaire Davis FR	4) Alyssa Soethout SO	
25 Moravian		4:42.93
1) Monica Richardson SO	2) Holly Wagner SR	
3) Casie Cronk JR	4) Lian Grow SO	
26 Alfred State		4:53.29
1) Cassandra Ryan JR	2) Kelly Healy SR	
3) Ashley Silva SO	4) Emily Brigman FR	
5) Brianna Byrnes SR		
--- Cortland	C	DNF
1) Madison Herbert SO	2) Lorna Herbert FR	
3) Courtney Maurin FR	4) Jillian Leggiero FR	

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Women Distance Medley

Facility: 11:56.27 * 2/6/2016 Oneonta

D Dwyer, L Bower, L Jewiss, R Shine

Team	Relay	Finals
Finals		
1 Ithaca		12:20.43
1) Sierra Grazia JR	2) Alexandria Rheume FR	
3) Sarah Rudge FR	4) Taryn Cordani JR	
2 Oneonta		12:49.27
1) Jada Atchison SR	2) Kylie McFall SO	
3) Jillian Manfredi FR	4) Olivia Popovitch SR	
3 Nazareth		12:52.50
1) Claire Ludington JR	2) Cassie Ellis FR	
3) Maria Staehr FR	4) Emily Thompson SR	
4 Utica		13:02.54
1) Makenna Cooley JR	2) Bryanna Mazzella FR	
3) Abigail Schaible SR	4) Renee Lewis SO	
5 PSU-Behrend		13:34.19
1) Rachel Ramsey JR	2) Rachel Pell JR	
3) Katelyn Hancock SO	4) Jenna Shelton FR	
6 PSU-Behrend	B	14:13.33
1) Riley Crissman FR	2) Courtney Sargent SO	
3) Rebecca Worley FR	4) Erica Koenig FR	

Women High Jump**Progression:**

Facility: 1.70m * 12/3/2016 Kate Gulbrandson

Name	Yr	School	Finals
Finals			
1 Grace Smith	SO	Cornell	1.67m
2 Kailey Gallagher	FR	Rowan	1.63m
3 Traci Bethea	JR	Rowan	1.59m
4 Jessica Cusick	JR	Ramapo	1.55m
5 Jessica Martin	FR	Brockport	1.55m
5 Annie Greene	FR	St. Lawrence	1.55m
7 Emily Sprague	FR	Ottawa	1.55m
8 Estelle Yedynak	FR	Ithaca	1.55m
8 Casie Cronk	JR	Moravian	1.55m
8 Emily Soeder	JR	Nazareth	1.55m
11 Elizabeth Swasey	SO	Utica	1.55m
12 Gabby Czerw	JR	Cortland	1.50m
13 Alexie Zeigler	FR	Oswego	1.50m
14 Tiaria Gaines	SO	Oneonta	1.50m
15 Adelia Alexander	FR	Ithaca	1.50m
16 Serena Hunt	SO	Ottawa	1.50m
17 Sarah Yensan	FR	Oswego	1.45m
17 Marisa Gosdeck	SR	Brockport	1.45m
17 Izzy Smardz-Snyder	FR	Brockport	1.45m
17 Laura Tynan	FR	Oneonta	1.45m
21 Kourtnee Allen	FR	Utica	1.45m
21 Catarina Burke	FR	Oswego	1.45m
21 Sara Thomas	SO	Nazareth	1.45m
24 Courtney Sherry	SO	MVCC	1.45m
25 Hannah Klossner	SR	St. Lawrence	1.45m
25 Kylie Morrison	SO	Misericordia	1.45m

27	Fiona O'Connor	SR	Oneonta	1.45m
27	Brielle Wood	SO	Alfred State	1.45m
29	Katelyn Renna	SR	Oneonta	1.45m
30	Holly Kalil	FR	Utica	1.40m
31	Susan Hoskins	FR	Delhi	1.40m
32	Nicole Herringshaw	SO	Utica	1.40m
33	Georgia Cleary	SR	Misericordia	1.35m
33	Daniella Gallego	FR	Oswego	1.35m
33	Amanda Iasparo	FR	Oneonta	1.35m
36	Haley Ashton	FR	Ithaca	1.35m
---	Carmen Sapp	SO	Nazareth	NH
---	Devon Matz	SO	Misericordia	NH
---	Holly Fiore	SO	Alfred State	NH

Women Pole Vault**Progression:****1st Flight: 2.86, 3.06, 3.26, 3.46, 3.61, 3.71, 3.76, 3.81****2nd Flight: 2.26, 2.46, 2.66, 2.86, 3.06**

Facility: 4.07m * 2/26/2016 Katherine Pitman

Facility: 3.72m * 2/6/2016 Katherine Pitman

Name	Yr	School	Finals
Finals			
1 Katherine Pitman	JR	Ithaca	4.22m*
2 Claire Kao	FR	Cornell	3.91m*
3 Bethany Cripps	FR	Ithaca	3.76m*
4 Maya Golliday	SR	Cornell	3.46m
5 Haley Yenchik	SO	PSU-Behrend	3.46m
5 Claire Fisher	SO	Brockport	3.46m
7 Gabriella Loeffler	FR	PSU-Behrend	3.26m
8 Zoe Camillaci	SO	Cornell	3.26m
9 Katherine Doherty	FR	Cortland	3.06m
9 Amanda Zaput	SR	Ithaca	3.06m
10 Elizabeth Swasey	SO	Utica	3.06m
10 Maura Costa	SR	PSU-Behrend	3.06m
13 Gabby Mercurio	SO	Brockport	2.86m
13 Maya Reina	FR	Brockport	2.86m
13 Allison Gardella	SR	Brockport	2.86m
15 Nicole Specht	FR	Brockport	2.86m
16 Ali Moraveck	FR	Cornell	2.86m
17 Hannah Fake	JR	St. Lawrence	2.86m
17 Shannon Storm	FR	Rowan	2.86m
20 Brianna Keith	FR	PSU-Behrend	2.66m
20 Megan Elia	SO	Utica	2.66m
20 Nicole Razzano	SO	Ithaca	2.66m
20 Abigail Evans	FR	St. Lawrence	2.66m
23 Laura Gardner	FR	St. Lawrence	2.66m
24 Emily Pawlowski	JR	Nazareth	2.66m
26 Madison Nash	SO	Utica	2.46m
26 Danielle Williams	SO	PSU-Behrend	2.46m
27 Savannah Schools	SR	Misericordia	2.46m
28 Jessica Young	SO	St. Lawrence	2.46m
30 Abigail Esty	FR	St. Lawrence	2.26m
30 Moriah Holmes	FR	Nazareth	2.26m
30 Rebecca Flitcroft	SR	Moravian	2.26m
30 Mariel Rutkowski	SO	Ithaca	2.26m
33 Emma Means	FR	Ithaca	2.26m

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Results - Saturday

Finals ... (Women Pole Vault)

Name	Yr	School	Finals
--- Jackie Guzman	JR	Cortland	NH
--- Danielle Cruickshank	SR	Ramapo	NH
--- Alisha Tamarchenko	FR	Ithaca	NH

Women Long Jump

Facility: 6.16m * 12/3/2016 Keishorea Armstrong

Name	Yr	School	Finals
Finals			
1 Alexa Wandy	SR	Geneseo	5.64m
2 Camille Wutz	JR	Geneseo	5.55m
3 Kayla Clohessy	JR	Oneonta	5.52m
4 Gaynelle Boham	SR	Cornell	5.46m
5 Michelle McCauley	SO	Rowan	5.41m
6 Sarah Ostroski	SR	Misericordia	5.33m
7 Jordan Beckley	SO	Ithaca	5.08m
8 Courtney Wilson	JR	Plattsburgh	5.05m
9 Erin MacDougall	SO	Geneseo	5.04m
10 Tse-Sarah Senior	FR	Cortland	5.02m
11 Lisa Huynh	SO	Brockport	4.97m
12 Hannah Madden	SO	Geneseo	4.97m
13 Caitlin Schmitz	FR	Ithaca	4.95m
14 Valeria Kudinov	SR	Oswego	4.95m
15 Ololade Afolayan	SR	Cornell	4.94m
16 Tylea McCarthy-Walker	FR	Oswego	4.93m
17 Zenab Ojibe	FR	Cornell	4.91m
18 Alycia Atwell-Chwazik	SO	Nazareth	4.89m
19 Abigail Boyce	SR	Oswego	4.87m
20 Kortney McEwen	FR	Misericordia	4.85m
21 Sarah Yensan	FR	Oswego	4.84m
22 Alexandria Kober	SR	Brockport	4.83m
23 Madeeah Oranchak	FR	Delhi	4.76m
24 Amanda Wetmore	FR	Ithaca	4.76m
25 Sarah Garvey	SR	Ithaca	4.75m
26 Jennifer Wankmuller	SR	Ramapo	4.72m
27 Lindsey Gladden	FR	Marywood	4.70m
28 Emily Steates	SO	Hamilton	4.70m
29 Angel Rowe	FR	Rowan	4.69m
30 Hayley Johnston	JR	Brockport	4.69m
31 Dajai McClellan	FR	Rowan	4.66m
32 Kirstin Kaessinger	SO	Cortland	4.63m
33 Jeimi Chamalian	SO	Rowan	4.59m
34 Kathleen Irwin	SO	Brockport	4.58m
35 Alyssa Jasuale	FR	Ramapo	4.56m
36 Lindsey Ansbros	SO	Marywood	4.53m
37 Delia Mack	FR	Shenandoah	4.52m
38 Lauren Shaw	FR	Ottawa	4.52m
39 Lusmer Quintana	SO	Ithaca	4.48m
40 Julia Valkos	FR	Cornell	4.46m
41 Alexis Baddick	FR	Misericordia	4.41m
42 Paige Agnew	SR	Ithaca	4.40m
43 Morgan Rosser	SO	St. Lawrence	4.39m
44 Vanessa Wiltsie	SO	Oswego	4.37m
45 Lauren Suelke	SR	Moravian	4.36m
46 Kiara Bright	SR	Moravian	4.32m

47 Meghan Evans	FR	Utica	4.30m
48 Holly Riccitelli	SO	St. Lawrence	4.29m
49 Holly Fiore	SO	Alfred State	4.27m
50 Georgia Cleary	SR	Misericordia	4.25m
51 Sydney Durawa	SO	Nazareth	4.25m
52 Megan Godsey	FR	Shenandoah	4.23m
53 Abigail Esty	FR	St. Lawrence	4.22m
54 Devon Matz	SO	Misericordia	4.20m
55 Holly Kalil	FR	Utica	4.20m
56 Julia Reeves	FR	Cornell	4.19m
56 Holly Keown	FR	Nazareth	4.19m
58 Ayanna Dixon	SO	Shenandoah	4.15m
59 Kaitlyn McDonnell	JR	Marywood	4.04m
60 Katie Hubbard	FR	Nazareth	3.86m
61 Adama Donzo	FR	Utica	3.33m
62 Carmen Sapp	SO	Nazareth	3.32m
--- Jade Jenkins	SR	Utica	FOUL
--- Catarina Burke	FR	Oswego	FOUL
--- Hannah Klossner	SR	St. Lawrence	FOUL

Women Triple Jump

Facility: 12.72m * 12/3/2016 Ebhani Blackwood

Name	Yr	School	Finals
Finals			
1 Amber Edwards	JR	Ramapo	11.52m
2 Angel Rowe	FR	Rowan	11.01m
3 Zenab Ojibe	FR	Cornell	10.96m
4 Tse-Sarah Senior	FR	Cortland	10.92m
5 Sarah Ostroski	SR	Misericordia	10.83m
6 Julia Valkos	FR	Cornell	10.73m
7 Caitlin Schmitz	FR	Ithaca	10.70m
8 Tiaria Gaines	SO	Oneonta	10.67m
9 Alexandria Kober	SR	Brockport	10.60m
10 Madeeah Oranchak	FR	Delhi	10.53m
11 Kiara Bright	SR	Moravian	10.45m
12 Lisa Huynh	SO	Brockport	10.22m
13 Jeimi Chamalian	SO	Rowan	10.18m
14 Tylea McCarthy-Walker	FR	Oswego	10.17m
15 Alycia Atwell-Chwazik	SO	Nazareth	10.09m
16 Emily Steates	SO	Hamilton	10.08m
17 Morgan Rosser	SO	St. Lawrence	10.05m
18 Kylie Morrison	SO	Misericordia	9.66m
19 Lindsey Gladden	FR	Marywood	9.64m
20 Julia Wagner	FR	St. Lawrence	9.63m
21 Gabby Czerw	JR	Cortland	9.61m
22 Holly Riccitelli	SO	St. Lawrence	9.58m
23 Sara Thomas	SO	Nazareth	9.55m
24 Kathleen Irwin	SO	Brockport	9.47m
25 Yasmeen Griffin	SO	Cortland	9.45m
26 Savannah Schools	SR	Misericordia	9.38m
27 Adelia Alexander	FR	Ithaca	9.26m
28 Alexis Baddick	FR	Misericordia	9.25m
28 Val Pirro	SO	Le Moyne	9.25m
30 Ayanna Dixon	SO	Shenandoah	9.01m
31 Holly Keown	FR	Nazareth	8.97m
--- Sydney Durawa	SO	Nazareth	FOUL

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Finals ... (Women Triple Jump)

Name	Yr	School	Finals
--- Emily Soeder	JR	Nazareth	FOUL
--- Carly Thorpe	JR	Moravian	FOUL

Women Shot Put

Facility: 13.72m * 12/3/2016 Brandy Smith

Name	Yr	School	Finals
Finals			
1 Brandy Smith	SR	Ithaca	13.77m*
2 Victoire Kothor	JR	Brockport	12.90m
3 Jessica Craven	SO	Brockport	12.62m
4 Meghann Wood	JR	St. Lawrence	12.01m
5 Mariah Mays	FR	Brockport	11.84m
6 Francesca Boylan	SR	Ithaca	11.69m
7 Heather Chapman	JR	Plattsburgh	11.46m
8 Kendall Wellauer	FR	Ithaca	11.42m
9 Brianna Coon	FR	Plattsburgh	11.33m
10 Cheyenne Weaver	FR	Delhi	11.31m
11 Meghan Serdock	SR	Oneonta	11.28m
12 Harley Buczowski	JR	Cortland	11.18m
13 Juliana Piemonte	SO	Oneonta	11.07m
14 Alise Murray	SO	Brockport	10.97m
15 Charis Lu	JR	Ithaca	10.87m
16 Jenifer Stimpson	SO	Utica	10.84m
17 Molly Ferguson	SO	Utica	10.82m
18 Caitlin Noonan	JR	Ithaca	10.60m
19 Nikki Zizzo	SO	Utica	10.57m
20 Lindsay Therrien	JR	Cortland	10.56m
21 Danyelle McGrady	SR	Shenandoah	10.42m
22 Taylor DeClerck	SR	Oneonta	10.41m
23 Dani Ferguson-Jamer	SO	Carleton U.	10.39m
24 Kiersten Bonesteel	JR	Brockport	10.35m
25 Sarah Coney	SR	Oneonta	10.33m
26 Emily Fales	SO	Utica	10.30m
27 Christina Hertner	FR	Ottawa	10.28m
28 Autumn Swavely	JR	Brockport	10.18m
29 Madeline Smith	FR	Utica	10.10m
30 Mikaela Smith	SO	Marywood	10.10m
31 Hannah Cunningham	FR	Plattsburgh	10.05m
32 Emily Okon	SO	Oneonta	10.03m
33 Antori Abraham	SR	Delhi	9.99m
34 Neilab Habibzai	FR	St. Lawrence	9.96m
35 Isabelle Sterly	JR	Le Moyne	9.90m
36 Iana Davis	FR	Misericordia	9.73m
37 Sara Norberg	SO	St. Lawrence	9.67m
38 Brealle Brown	FR	Utica	9.64m
38 Gabrielle Santos	FR	Marywood	9.64m
40 Brittany Travis	FR	Nazareth	9.61m
40 Mariah Casey	FR	Marywood	9.61m
42 Yvonne Palacios	SR	Ithaca	9.53m
43 Diana Echols	FR	Delhi	9.50m
44 Eileen Liang	FR	Oneonta	9.44m
45 Olivia Schreiber	FR	Utica	9.34m
46 Jessica Potter	SO	St. Lawrence	9.22m
47 Princess Ngwu	SO	St. Lawrence	9.21m

48 Liz Berry	SO	Plattsburgh	9.16m
49 Rebecca Perry	FR	Ramapo	8.95m
50 Maya Cooper	SO	Oneonta	8.81m
51 Samantha Wise	SR	Misericordia	8.75m
52 Tanya Coulter	FR	Ottawa	8.67m
53 Jennycy Jean-Denis		Ottawa Lions	8.53m
54 Jessica Pace	FR	Brockport	8.48m
55 Smantha Arrigale	FR	Delhi	8.41m
56 Judae Norwood	SO	Oneonta	8.36m
57 Rosie O'Donovan	FR	Ithaca	8.33m
58 Catherine Lutjen	FR	Cortland	8.27m
59 Myeisha Sanders	FR	PSU-Behrend	8.25m
60 Brittany Charlonne	SO	Utica	8.06m
61 Ashley Strausser	FR	Misericordia	7.77m
62 Gabby Bell	SO	Nazareth	7.59m
63 Georgia Cleary	SR	Misericordia	7.08m
64 Holly Buccheri	FR	Brockport	6.89m
65 Skyler Layton	SO	Shenandoah	5.77m
66 Devon Matz	SO	Misericordia	4.73m
--- Laura Ryder	FR	Delhi	FOUL

Women Weight Throw 20 lb.

Facility: 18.32m * 2/26/2016 Brandy Smith

Name	Yr	School	Finals
Finals			
1 Brandy Smith	SR	Ithaca	17.66m
2 Meghan Serdock	SR	Oneonta	17.08m
3 Victoire Kothor	JR	Brockport	15.47m
4 Jessica Craven	SO	Brockport	15.47m
5 Harley Buczowski	JR	Cortland	15.15m
6 Taylor DeClerck	SR	Oneonta	15.07m
7 Yvonne Palacios	SR	Ithaca	14.95m
8 Francesca Boylan	SR	Ithaca	14.04m
9 Sochima Bishop	SO	Cornell	13.69m
10 Brianna Coon	FR	Plattsburgh	13.48m
11 Alise Murray	SO	Brockport	13.44m
12 Leah Conners	SR	St. Lawrence	13.33m
13 Maggie Heft	JR	Moravian	13.26m
14 Juliana Piemonte	SO	Oneonta	13.24m
15 Sarah Coney	SR	Oneonta	13.20m
16 Charis Lu	JR	Ithaca	13.17m
17 Heather Chapman	JR	Plattsburgh	13.06m
18 Kendall Wellauer	FR	Ithaca	12.99m
19 Jessica Cusick	JR	Ramapo	12.84m
20 Diana Echols	FR	Delhi	12.75m
21 Mariah Mays	FR	Brockport	12.55m
22 Maya Cooper	SO	Oneonta	12.45m
23 Antori Abraham	SR	Delhi	12.30m
24 Dani Ferguson-Jamer	SO	Carleton U.	12.29m
25 Autumn Swavely	JR	Brockport	12.16m
26 Molly Ferguson	SO	Utica	12.11m
27 Hannah Cunningham	FR	Plattsburgh	11.90m
28 Jessica Potter	SO	St. Lawrence	11.83m
29 Princess Ngwu	SO	St. Lawrence	11.58m
30 Judae Norwood	SO	Oneonta	11.46m
31 Gabby Bell	SO	Nazareth	11.14m

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Finals ... (Women Weight Throw 20 lb.)

	Name	Yr	School	Finals
32	Emily Hull	JR	Hamilton	11.10m
33	Julia Peters	FR	Utica	10.88m
34	Sara Norberg	SO	St. Lawrence	10.66m
35	Madeline Smith	FR	Utica	10.63m
36	Nikki Zizzo	SO	Utica	10.56m
37	Samantha Wise	SR	Misericordia	10.40m
38	Jessica Pace	FR	Brockport	10.36m
39	Christina Hertner	FR	Ottawa	10.31m
40	Brittany Travis	FR	Nazareth	10.19m
41	Kiersten Bonesteel	JR	Brockport	10.15m
42	Emily Okon	SO	Oneonta	9.91m
43	Brealle Brown	FR	Utica	9.89m
44	Isabelle Sterly	JR	Le Moyne	9.56m
45	Lindsay Therrien	JR	Cortland	9.55m
46	Rebecca Perry	FR	Ramapo	9.39m
47	Rosie O'Donovan	FR	Ithaca	8.20m
48	Eleanor Shelly	FR	Ithaca	7.40m
49	Holly Buccheri	FR	Brockport	6.97m
50	Jennyca Jean-Denis		Ottawa Lions	6.56m
---	Caroline Wunder	FR	Rowan	FOUL
---	Ashley Strausser	FR	Misericordia	FOUL
---	Skyler Layton	SO	Shenandoah	FOUL
---	Tanya Coulter	FR	Ottawa	FOUL
---	Caitlin Noonan	JR	Ithaca	FOUL
---	Danyelle McGrady	SR	Shenandoah	FOUL