

Cortaca Dual Meet
SUNY Cortland - 3/27/2021
Performance List

Event 11 Women 100 Meter Dash

Name	Yr	School	Seed Time
1 Tia Jones	FR	Ithaca	12.12
2 Kat Gomez	FR	Ithaca	12.50
3 Katelyn Hutchison	SO	Ithaca	12.68
4 Sara Brown	FR	Ithaca	12.80
5 Sarah Lachenmayr	JR	Ithaca	13.33
6 Alyssa LaBelle	FR	Cortland	13.40
7 Morgan Jipson	FR	Cortland	13.80
8 Ayenaliz Velasquez	FR	Ithaca	14.00

Event 17 Women 200 Meter Dash

Name	Yr	School	Seed Time
1 Tia Jones	FR	Ithaca	25.19
2 Katelyn Hutchison	SO	Ithaca	25.85
3 Sarah Lachenmayr	JR	Ithaca	26.78
4 Alyssa LaBelle	FR	Cortland	26.80
5 Kat Gomez	FR	Ithaca	26.96
6 Pearl Hettich	FR	Ithaca	28.00
7 Molly Sear	JR	Ithaca	28.52
8 Kitty Tang	SO	Cortland	28.93
9 Lauren Anderson	FR	Cortland	29.23
10 Bridget Welch	FR	Cortland	29.80
11 Katherine Downey	FR	Ithaca	29.92

Event 7 Women 400 Meter Dash

Name	Yr	School	Seed Time
1 Sarah Lachenmayr	JR	Ithaca	59.80
2 Taylor Hunter	SO	Cortland	1:01.50
3 Elizabeth Liriano	FR	Cortland	1:02.62
4 Samantha Becker	FR	Cortland	1:03.00
5 Maris Seabury	FR	Cortland	1:03.50
6 Katherine Downey	FR	Ithaca	1:04.90
7 Bridget Welch	FR	Cortland	1:05.00
7 Pearl Hettich	FR	Ithaca	1:05.00

Event 13 Women 800 Meter Run

Name	Yr	School	Seed Time
1 Lauren Lobdell	SO	Ithaca	2:15.00
2 Margaret Nickerson	SR	Ithaca	2:16.56
3 Paloma DeMonte	SO	Ithaca	2:17.06
4 Rachel Rose	FR	Ithaca	2:18.00
4 Julia Tomanovich	FR	Ithaca	2:18.00
6 Emily Johnson	FR	Ithaca	2:20.00
7 Sydney Smith	FR	Cortland	2:31.00
8 Marlee Angus	FR	Cortland	2:37.73
9 Sophie Steger	FR	Cortland	2:38.00
9 Adrienne Martin	FR	Cortland	2:38.00
11 Kyra Weybrecht	FR	Cortland	2:47.00

Event 3 Women 1500 Meter Run

Name	Yr	School	Seed Time
1 Lindsay Scott	JR	Ithaca	4:55.00
2 Marlee Angus	FR	Cortland	5:09.00
3 Sophia Roy	SO	Ithaca	5:10.00
4 Shannon Imbornoni	JR	Cortland	5:12.00

4 Sydney Smith	FR	Cortland	5:12.00
6 Giana Haubrich	FR	Ithaca	5:15.00
7 Aliasha Howard	FR	Cortland	5:16.00
8 Sophie Steger	FR	Cortland	5:20.00
8 Adrienne Martin	FR	Cortland	5:20.00
10 Courtney Schoepflin	SO	Cortland	5:25.00
11 Kyra Weybrecht	FR	Cortland	5:50.00

Event 9 Women 5000 Meter Run

Name	Yr	School	Seed Time
1 Parley Hannan	FR	Ithaca	16:05.36
2 Kelly Farrell	SO	Ithaca	19:06.21
3 Meredith Garrity	FR	Ithaca	19:11.13
4 Isabel Johnston	SO	Ithaca	19:30.00
4 Ava Fowler	FR	Ithaca	19:30.00
6 Vanessa Burkard	FR	Cortland	19:35.00
6 Khalifah Tracey	FR	Cortland	19:35.00
6 Rachel Castello	FR	Cortland	19:35.00
9 Catherine Zamroz	JR	Cortland	19:52.53
10 Avery Tompkins	SR	Cortland	22:30.00
10 Melissa O'Leary	FR	Cortland	22:30.00

Event 5 Women 100 Meter Hurdles

Name	Yr	School	Seed Time
1 Logan Bruce	SO	Ithaca	14.68
2 Abbey Stowell	SO	Ithaca	15.88
3 Bri Lantrip	SR	Cortland	16.20
4 Sydney Strelec	JR	Ithaca	16.40
5 Grace Clark	FR	Ithaca	16.50
6 Lauren Anderson	FR	Cortland	17.20

Event 15 Women 400 Meter Hurdles

Name	Yr	School	Seed Time
1 Samantha Becker	FR	Cortland	1:07.00
2 Madison Martinez	FR	Ithaca	1:08.00
3 Avery Hebert	FR	Cortland	1:09.00
4 Sydney Strelec	JR	Ithaca	1:09.68
5 Aliasha Howard	FR	Cortland	1:12.00

Event 1 Women 4x100 Meter Relay

Team	Relay	Seed Time
1 Ithaca	A	47.81
1) Sara Brown FR	2) Kat Gomez FR	
3) Katelyn Hutchison SO	4) Tia Jones FR	
5) Ayenaliz Velasquez FR		

Event 35 Women 4x400 Meter Relay

Team	Relay	Seed Time
1 Ithaca	A	4:05.00
1) Logan Bruce SO	2) Katherine Downey FR	
3) Emily Johnson FR	4) Madison Martinez FR	
5) Lauren Lobdell SO		
2 Ithaca	B	4:06.00
1) Julia Tomanovich FR	2) Rachel Rose FR	
3) Margaret Nickerson SR	4) Lindsay Scott JR	

Cortaca Dual Meet
SUNY Cortland - 3/27/2021
Performance List

Event 35 ... (Women 4x400 Meter Relay)

Team	Relay	Seed Time
3 Cortland	A	4:18.00
1) Avery Hebert FR	2) Taylor Hunter SO	
3) Maris Seabury FR	4) Shannon Imbornoni JR	

Event 25 Women High Jump

Name	Yr	School	Seed Mark
1 Nicole Van Pelt	JR	Cortland	1.61m
2 Abbey Stowell	SO	Ithaca	1.50m
3 Moriah Byrd	FR	Ithaca	1.42m
4 Danielle Fisk	FR	Cortland	NH
4 Bri Lantrip	SR	Cortland	NH

Event 23 Women Pole Vault

Name	Yr	School	Seed Mark
1 Meghan Matheny	SO	Ithaca	3.92m
2 Juliann Terry	JR	Ithaca	3.72m
3 Julia Nomberg	JR	Ithaca	3.61m
4 Gwen Gisler	FR	Ithaca	3.35m
5 Kimmy Arena	FR	Cortland	3.05m
6 Becca Gresens	SO	Cortland	2.75m
7 Sara Altonen	FR	Ithaca	NH

Event 19 Women Long Jump

Name	Yr	School	Seed Mark
1 Ayenaliz Velasquez	FR	Ithaca	5.34m
2 Sara Brown	FR	Ithaca	5.19m
3 Molly Sear	JR	Ithaca	5.15m
4 Kitty Tang	SO	Cortland	5.03m
5 Abigail McDowell	FR	Cortland	4.96m
6 Juliann Terry	JR	Ithaca	4.83m
7 Lauren Anderson	FR	Cortland	4.82m
8 Katherine McDowell	FR	Cortland	4.70m
9 Julia Nomberg	JR	Ithaca	4.66m
10 Gwen Gisler	FR	Ithaca	ND
10 Bri Lantrip	SR	Cortland	ND
10 Morgan Jipson	FR	Cortland	ND
10 Isabella Lambert	FR	Ithaca	ND

Event 21 Women Triple Jump

Name	Yr	School	Seed Mark
1 Molly Sear	JR	Ithaca	11.07m
2 Grace Clark	FR	Ithaca	10.79m
3 Abigail McDowell	FR	Cortland	10.66m
4 Katherine McDowell	FR	Cortland	10.12m
5 Ashanti Stanley	FR	Ithaca	ND
5 Isabella Lambert	FR	Ithaca	ND

Event 27 Women Shot Put

Name	Yr	School	Seed Mark
1 Ariyahna Bernard	JR	Ithaca	13.47m
2 Samantha Healy	JR	Ithaca	12.89m
3 Moriah Byrd	FR	Ithaca	11.00m
4 Kalena Yearwood	FR	Ithaca	10.89m
5 Liana Shames	JR	Ithaca	10.65m
6 Liz Spencer	SO	Cortland	10.37m

7 Catie Lally SO Cortland 9.44m

Event 33 Women Discus Throw

Name	Yr	School	Seed Mark
1 Ariyahna Bernard	JR	Ithaca	38.56m
2 Samantha Healy	JR	Ithaca	30.94m
3 Liana Shames	JR	Ithaca	29.48m
4 Liz Spencer	SO	Cortland	26.86m
5 Madeline Adzigian	FR	Ithaca	ND
5 Kalena Yearwood	FR	Ithaca	ND
5 Catie Lally	SO	Cortland	ND

Event 31 Women Hammer Throw

Name	Yr	School	Seed Mark
1 Samantha Healy	JR	Ithaca	48.68m
2 Ariyahna Bernard	JR	Ithaca	46.54m
3 Liana Shames	JR	Ithaca	41.35m
4 Liz Spencer	SO	Cortland	34.91m
5 Morgan Sharer	SO	Cortland	19.78m
6 Kalena Yearwood	FR	Ithaca	ND
6 Madeline Adzigian	FR	Ithaca	ND
6 Catie Lally	SO	Cortland	ND
6 Kendall Kennedy	JR	Cortland	ND

Event 29 Women Javelin Throw

Name	Yr	School	Seed Mark
1 Abbey Stowell	SO	Ithaca	32.89m
2 Logan Bruce	SO	Ithaca	29.67m
3 Liz Spencer	SO	Cortland	26.70m
4 Morgan Sharer	SO	Cortland	25.40m
5 Moriah Byrd	FR	Ithaca	ND
5 Madeline Adzigian	FR	Ithaca	ND
5 Kendall Kennedy	JR	Cortland	ND
5 Bri Lantrip	SR	Cortland	ND
5 Ariyahna Bernard	JR	Ithaca	ND

Event 12 Men 100 Meter Dash

Name	Yr	School	Seed Time
1 Isaiah Brooks	JR	Cortland	11.18
2 Alhagie-Sorie Sesay	FR	Cortland	11.42
3 Nick Laufenberg	FR	Ithaca	11.44
4 Sam Panzer	FR	Ithaca	11.46
5 Jordyn Harrigan	FR	Ithaca	11.49
6 Matthew Tai	JR	Ithaca	11.55
7 Craig Denton	FR	Cortland	11.57
8 Spenc Whitmore	FR	Ithaca	11.59
9 Akap Takor	JR	Ithaca	11.60
10 Justin Maiman	FR	Cortland	11.90

Event 18 Men 200 Meter Dash

Name	Yr	School	Seed Time
1 Andy Frank	JR	Ithaca	22.34
2 Alhagie-Sorie Sesay	FR	Cortland	22.99
3 Brett Morse	FR	Cortland	23.17
4 Aaron Jones	FR	Cortland	23.19
5 Craig Denton	FR	Cortland	23.21
6 Justin Schrom	FR	Cortland	23.60

Cortaca Dual Meet
SUNY Cortland - 3/27/2021
Performance List

Event 18 ... (Men 200 Meter Dash)

Name	Yr	School	Seed Time
7 Jordyn Harrigan	FR	Ithaca	23.67
8 Steven Floros	JR	Ithaca	23.79
9 Justin Maiman	FR	Cortland	24.30
10 Christopher Blake	FR	Cortland	26.36
11 Jack Culhane	SR	Ithaca	NT

Event 8 Men 400 Meter Dash

Name	Yr	School	Seed Time
1 Richard Samuels	SO	Cortland	49.83
2 Andy Frank	JR	Ithaca	50.12
3 Coltrane Goring	FR	Cortland	50.15
4 Isaiah Brooks	JR	Cortland	51.74
5 Douglas Knapp	FR	Cortland	51.78
6 Steven Floros	JR	Ithaca	53.35
7 Justin Schrom	FR	Cortland	53.40
8 Ian Ertel	SO	Ithaca	53.85
9 Jack Culhane	SR	Ithaca	54.39
10 Caleb Rojas	SO	Ithaca	56.95

Event 14 Men 800 Meter Run

Name	Yr	School	Seed Time
1 Cameron Szabo	FR	Cortland	1:57.10
2 Stephen Malenowski	SR	Ithaca	1:58.29
3 Alec Hofer	SR	Ithaca	1:58.99
4 Conor Ryan	FR	Ithaca	2:00.63
5 Alex Whatley	SO	Ithaca	2:01.40
6 Ben Coates	FR	Ithaca	2:02.85
7 Ryan Bieber	JR	Ithaca	2:04.62
8 David Soto	JR	Cortland	2:06.00
9 Harry Tomasi	FR	Cortland	2:07.72
10 Thomas Adamescu	FR	Cortland	2:17.15

Event 4 Men 1500 Meter Run

Name	Yr	School	Seed Time
1 Chris Singer	SR	Ithaca	3:57.47
2 Josh Endy	JR	Ithaca	4:01.29
3 Tim Cook	JR	Ithaca	4:04.25
4 David Soto	JR	Cortland	4:07.00
5 Jacob Lange	SR	Ithaca	4:08.45
6 Alex Whatley	SO	Ithaca	4:08.75
7 Harry Tomasi	FR	Cortland	4:12.00
8 Thomas Adamescu	FR	Cortland	4:13.00
9 Joshua Nogaret	FR	Cortland	4:22.00
10 Felix Sprock	FR	Cortland	4:28.00

Event 10 Men 5000 Meter Run

Name	Yr	School	Seed Time
1 Ben Tiber	JR	Ithaca	15:45.45
2 Sam Ives	SR	Ithaca	15:52.52
3 Michael Verde	SO	Cortland	15:52.82
4 Cabel McCandless	SR	Cortland	15:55.00
5 Ryan Medeiros	SO	Ithaca	16:07.75
6 Dan Gross	JR	Cortland	16:40.00
6 Josh Koeppe	FR	Cortland	16:40.00
8 Benjamin Zinger	SO	Cortland	17:05.00

8 Alex Brodmerkel	FR	Cortland	17:05.00
8 Gavin Watkins	FR	Cortland	17:05.00
11 Ryan Behre	JR	Cortland	17:38.50
12 Patrick Bierach	FR	Ithaca	NT

Event 6 Men 110 Meter Hurdles

Name	Yr	School	Seed Time
1 Daniel Monchek	JR	Ithaca	15.26
2 Isaiah Brooks	JR	Cortland	15.56
3 Nate Oczkowski	SO	Ithaca	16.01
4 Aaron Jones	FR	Cortland	16.40
5 Brett Morse	FR	Cortland	16.50
6 Ryan Serp	FR	Cortland	17.40

Event 16 Men 400 Meter Hurdles

Name	Yr	School	Seed Time
1 Nate Oczkowski	SO	Ithaca	58.85
2 Zach Woodruff	SR	Ithaca	1:00.99
3 Christopher Blake	FR	Cortland	1:01.00
4 Matt Morgan	FR	Ithaca	1:01.14
5 Mark Puskey	SO	Ithaca	1:05.55

Event 2 Men 4x100 Meter Relay

Team	Relay	Seed Time
1 Ithaca	A	43.75
	1) Nick Laufenberg FR	2) Sam Panzer FR
	3) Akap Takor JR	4) Jordyn Harrigan FR
	5) Matthew Tai JR	

Event 36 Men 4x400 Meter Relay

Team	Relay	Seed Time
1 Ithaca	A	3:27.75
	1) Conor Ryan FR	2) Stephen Malenowski SR
	3) Alec Hofer SR	4) Zach Woodruff SR
2 Ithaca	B	3:35.00
	1) Ryan Bieber JR	2) Ben Coates FR
	3) Ian Ertel SO	4) Matt Morgan FR
	5) Mark Puskey SO	
3 Cortland	A	3:38.00
	1) Douglas Knapp FR	2) Richard Samuels SO
	3) Cameron Szabo FR	4) Coltrane Goring FR

Event 26 Men High Jump

Name	Yr	School	Seed Mark
1 Rob Greenwald	SR	Ithaca	2.01m
2 Gabe Khalife	FR	Ithaca	1.79m

Event 24 Men Pole Vault

Name	Yr	School	Seed Mark
1 Dominic Mikula	JR	Ithaca	5.00m
2 Dane Sorensen	SO	Cortland	4.90m
3 Callum Howald	SO	Ithaca	4.40m
3 Brendan Sheehan	FR	Ithaca	4.40m
5 Thomas Fine	SO	Ithaca	3.92m
6 Ryan Serp	FR	Cortland	2.60m
7 Matt Weil	FR	Ithaca	NH
7 Amarian Hughes	FR	Cortland	NH

Cortaca Dual Meet
SUNY Cortland - 3/27/2021
Performance List

Event 20 Men Long Jump

	Name	Yr	School	Seed Mark
1	Wendell Brand	SR	Cortland	7.26m
2	Daniel Monchek	JR	Ithaca	6.86m
3	Brett Morse	FR	Cortland	6.83m
4	Akap Takor	JR	Ithaca	6.60m
5	Spenc Whitmore	FR	Ithaca	6.46m
6	Ryan Serp	FR	Cortland	6.05m
7	Alhagie-Sorie Sesay	FR	Cortland	ND

Event 22 Men Triple Jump

	Name	Yr	School	Seed Mark
1	Wendell Brand	SR	Cortland	14.42m
2	Amarian Hughes	FR	Cortland	ND
2	Spenc Whitmore	FR	Ithaca	ND
2	Alhagie-Sorie Sesay	FR	Cortland	ND

Event 28 Men Shot Put

	Name	Yr	School	Seed Mark
1	Luke Tobia	JR	Ithaca	14.50m
2	Justin Showstead	JR	Ithaca	13.58m
3	Mitchell Makowski	SO	Cortland	12.23m
4	Isaiah Brooks	JR	Cortland	11.25m
5	Ryan Serp	FR	Cortland	7.30m

Event 34 Men Discus Throw

	Name	Yr	School	Seed Mark
1	Luke Tobia	JR	Ithaca	35.92m
2	Mitchell Makowski	SO	Cortland	35.82m
3	Justin Showstead	JR	Ithaca	32.22m
4	Isaiah Brooks	JR	Cortland	28.73m
5	Brendan Sheehan	FR	Ithaca	ND
5	Ryan Serp	FR	Cortland	ND
5	Tyler Scerbo	SO	Ithaca	ND

Event 32 Men Hammer Throw

	Name	Yr	School	Seed Mark
1	Luke Tobia	JR	Ithaca	52.22m
2	Mitchell Makowski	SO	Cortland	45.06m
3	Justin Showstead	JR	Ithaca	ND
3	Tyler Scerbo	SO	Ithaca	ND

Event 30 Men Javelin Throw

	Name	Yr	School	Seed Mark
1	Isaiah Brooks	JR	Cortland	38.95m
2	Tyler Scerbo	SO	Ithaca	ND
2	Justin Showstead	JR	Ithaca	ND
2	Ryan Serp	FR	Cortland	ND