

MVCC Meet #4
MVCC Track - 4/17/2021
Results

Women 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lexi Phillips	FR	Mohawk Valley C	13.86 -1.3
2 Chyra Patterson	FR	Finger Lakes CC	14.40 -1.3

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lexi Phillips	FR	Mohawk Valley C	28.86 1.6
2 Chyra Patterson	FR	Finger Lakes CC	30.85 1.6
3 Olivia Markwood	FR	Mohawk Valley C	32.05 1.6
4 Allaysha Grady	FR	Finger Lakes CC	32.68 1.6

Women 10000 Meter Run

Name	Yr	School	Finals
Finals			
1 Jennifer Walike	FR	Mohawk Valley C	56:06.30

Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Ja'Nia Ray	FR	Herkimer CCC	19.70 0.1
2 Allaysha Grady	FR	Finger Lakes CC	19.93 0.1

Women High Jump

Name	Yr	School	Finals
Finals			
1 Allaysha Grady	FR	Finger Lakes CC	1.34m
1 Lexi Phillips	FR	Mohawk Valley C	1.34m
3 Olivia Markwood	FR	Mohawk Valley C	1.34m

Women Long Jump

Name	Yr	School	Finals
Finals			
1 Olivia Markwood	FR	Mohawk Valley C	4.17m +0.0
2 Lexi Phillips	FR	Mohawk Valley C	4.12m +0.0
3 Chyra Patterson	FR	Finger Lakes CC	3.92m +0.0
4 Allaysha Grady	FR	Finger Lakes CC	3.85m +0.0
--- Ja'Nia Ray	FR	Herkimer CCC	DNS NWI

Women Triple Jump

Name	Yr	School	Finals
Finals			
1 Lexi Phillips	FR	Mohawk Valley C	9.48m +0.0
2 Allaysha Grady	FR	Finger Lakes CC	8.67m +0.0

Men 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Andy Hadasz	FR	Mohawk Valley C	11.44 -0.7
2 Brenden Sofu	SO	Finger Lakes CC	11.59 -0.7
3 Manny Carbone	FR	Mohawk Valley C	12.16 -0.7
4 Sora Kaneko	FR	Herkimer CCC	12.99 -1.8
5 Nick Shenquette	FR	Finger Lakes CC	13.12 -1.8
6 Asa Diamond	FR	Herkimer CCC	14.95 -1.8

--- Matthew Frost FR Herkimer CCC DNF -0.7

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Andy Hadasz	FR	Mohawk Valley C	23.06 1.3
2 Brenden Sofu	SO	Finger Lakes CC	23.82 1.3
3 Quallan Brown	FR	Herkimer CCC	25.17 1.3
4 Nick Shenquette	FR	Finger Lakes CC	27.72 1.3
--- Sora Kaneko	FR	Herkimer CCC	DNF 1.3

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Quallan Brown	FR	Herkimer CCC	56.46

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Giovanni Ventura	SO	Finger Lakes CC	2:08.62
2 Mike Roberts	FR	Mohawk Valley C	2:16.04
3 Mike Bennett	FR	Mohawk Valley C	2:24.03
4 Christopher Hardin	FR	Herkimer CCC	2:32.95

Men 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Mike Roberts	FR	Mohawk Valley C	4:37.94
2 Giovanni Ventura	SO	Finger Lakes CC	4:47.40

Men 5000 Meter Run

Name	Yr	School	Finals
Finals			
1 Mike Roberts	FR	Mohawk Valley C	17:47.60
2 Mike Bennett	FR	Mohawk Valley C	17:48.33
3 John Person	FR	Finger Lakes CC	19:27.67
4 Christopher Hardin	FR	Herkimer CCC	20:44.54
5 Sean Valentine	FR	Mohawk Valley C	23:59.43

Men 10000 Meter Run

Name	Yr	School	Finals
Finals			
1 Mike Bennett	FR	Mohawk Valley C	32:55.86
2 Mike Roberts	FR	Mohawk Valley C	35:46.86
3 Sean Valentine	FR	Mohawk Valley C	43:13.02
4 Kevin Hufziger	FR	Mohawk Valley C	43:40.29
5 Chase Bowman	FR	Herkimer CCC	45:12.45

Men High Jump

Name	Yr	School	Finals
Finals			
1 Manny Carbone	FR	Mohawk Valley C	1.60m
2 Zach Moore	FR	Mohawk Valley C	1.29m

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Men Long Jump

	Name	Yr	School	Finals
Finals				
1	Manny Carbone	FR	Mohawk Valley C	5.82m +0.0
2	Nick Shenqulette	FR	Finger Lakes CC	4.82m +0.0
3	Zach Moore	FR	Mohawk Valley C	4.70m +0.0
---	Andy Hadasz	FR	Mohawk Valley C	DNS NWI

Men Triple Jump

	Name	Yr	School	Finals
Finals				
1	Zach Moore	FR	Mohawk Valley C	10.55m NWI
2	Nick Shenqulette	FR	Finger Lakes CC	9.91m +0.0
---	Christopher Hardin	FR	Herkimer CCC	FOUL
---	Giovanni Ventura	SO	Finger Lakes CC	DNS NWI

Men Shot Put

	Name	Yr	School	Finals
Finals				
1	Hunter Logan	FR	Herkimer CCC	14.42m
2	Jason Januario	SO	Mohawk Valley C	12.11m
3	Luke Wagner	FR	Finger Lakes CC	9.83m

Men Discus Throw

	Name	Yr	School	Finals
Finals				
1	Hunter Logan	FR	Herkimer CCC	39.24m
2	Jason Januario	SO	Mohawk Valley C	35.72m
3	Luke Wagner	FR	Finger Lakes CC	25.90m

Men Hammer Throw

	Name	Yr	School	Finals
Finals				
1	Jason Januario	SO	Mohawk Valley C	36.32m
2	Hunter Logan	FR	Herkimer CCC	28.84m
3	Luke Wagner	FR	Finger Lakes CC	27.79m

Men Javelin Throw

	Name	Yr	School	Finals
Finals				
1	Jason Januario	SO	Mohawk Valley C	26.94m
2	Matthew Frost	FR	Herkimer CCC	26.81m
3	Asa Diamond	FR	Herkimer CCC	21.96m
4	Luke Wagner	FR	Finger Lakes CC	19.47m
---	Spencer Walker	FR	Mohawk Valley C	DNS
---	Brendan Curtis	FR	Finger Lakes CC	DNS