

**PSAC Outdoor Track & Field Championships**  
**Shippensburg University - 5/6/2021 to 5/8/2021**

**Results**

**Women 100 Meter Dash**

**Conference:** 11.56 C 2002      **Amber Plowden**  
**Meet Record:** 11.74 M 1984      **Savena Pyett**  
**Auto:** 11.50 A  
**Prov:** 11.93 P

| Name                 | Yr               | School              | Prelims     |
|----------------------|------------------|---------------------|-------------|
| <b>Preliminaries</b> |                  |                     |             |
| 1                    | Divonne Franklin | SO California (Pa.) | P 11.82Q0.1 |
| 2                    | Leah Graybill    | FR Shippensburg     | 12.00Q0.3   |
| 3                    | Alicia Collier   | SR California (Pa.) | 12.07q 0.3  |
| 4                    | Tiana Webster    | SR East Stroudsburg | 12.19q 0.1  |
| 5                    | Aurora Conrad    | FR Millersville     | 12.25q 0.3  |
| 6                    | Riyana Owens     | SO Lock Haven       | 12.32q 0.1  |
| 7                    | Cahsia Page      | FR Indiana (Pa.)    | 12.35q 0.3  |
| 8                    | Sara Mckean      | FR Shippensburg     | 12.51q 0.3  |
| 9                    | Emma Elwell      | FR Millersville     | 12.58 0.1   |
| 10                   | Samantha Gilbert | FR Slippery Rock    | 12.58 0.3   |
| 11                   | Katlynn Traister | SR Clarion          | 12.74 0.1   |
| 12                   | Adriana Baxter   | SO Shippensburg     | 12.76 0.1   |
| 13                   | Jamilah Copeland | FR Seton Hill       | 12.85 0.3   |
| 14                   | Tegann Anderson  | FR Mansfield        | 12.92 0.1   |
| 15                   | Gabriela Karch   | SO Millersville     | 12.95 0.3   |
| 16                   | Cianni Harris    | FR California (Pa.) | 13.05 0.1   |

**Women 100 Meter Dash**

**Conference:** 11.56 C 2002      **Amber Plowden**  
**Meet Record:** 11.74 M 1984      **Savena Pyett**  
**Auto:** 11.50 A  
**Prov:** 11.93 P

| Name          | Yr               | School              | Finals   |
|---------------|------------------|---------------------|----------|
| <b>Finals</b> |                  |                     |          |
| 1             | Divonne Franklin | SO California (Pa.) | 11.85 10 |
| 2             | Leah Graybill    | FR Shippensburg     | 11.95 8  |
| 3             | Riyana Owens     | SO Lock Haven       | 12.07 6  |
| 4             | Alicia Collier   | SR California (Pa.) | 12.19 5  |
| 5             | Tiana Webster    | SR East Stroudsburg | 12.25 4  |
| 6             | Aurora Conrad    | FR Millersville     | 12.30 3  |
| 7             | Cahsia Page      | FR Indiana (Pa.)    | 12.34 2  |
| 8             | Sara Mckean      | FR Shippensburg     | 12.71 1  |

**Women 200 Meter Dash**

**Conference:** 23.83 C 2002      **Amber Plowden**  
**Meet Record:** 24.02 M 1984      **Savena Pyett**  
**Auto:** 23.59 A  
**Prov:** 24.33 P

| Name          | Yr               | School              | Finals   |
|---------------|------------------|---------------------|----------|
| <b>Finals</b> |                  |                     |          |
| 1             | Divonne Franklin | SO California (Pa.) | 24.78 10 |
| 2             | Leah Graybill    | FR Shippensburg     | 24.83 8  |
| 3             | Riyana Owens     | SO Lock Haven       | 25.29 6  |
| 4             | Aurora Conrad    | FR Millersville     | 25.41 5  |
| 5             | Rachel Bruno     | JR Shippensburg     | 25.63 4  |
| 6             | Tiana Webster    | SR East Stroudsburg | 25.95 3  |
| 7             | Sarah Castronova | FR Bloomsburg       | 25.98 2  |

|    |                  |                     |           |
|----|------------------|---------------------|-----------|
| 8  | Tatyana Young    | FR California (Pa.) | 26.00 1   |
| 9  | Raechel Bonner   | FR Kutztown         | 26.03 0.6 |
| 10 | Morgan Donatelli | SO Slippery Rock    | 26.07 0.4 |
| 11 | TerryLee Talasky | JR Seton Hill       | 26.23 0.4 |
| 12 | Cahsia Page      | FR Indiana (Pa.)    | 26.23 0.6 |
| 13 | Katlynn Traister | SR Clarion          | 26.30 0.4 |
| 14 | Samantha Gilbert | FR Slippery Rock    | 26.36 0.4 |
| 15 | Emma Elwell      | FR Millersville     | 26.38 0.4 |
| 16 | Alicia Collier   | SR California (Pa.) | 26.59 0.6 |

**Women 400 Meter Dash**

**Conference:** 54.19 C 2002      **Jennifer Farrow**  
**Meet Record:** 54.79 M 2010      **Maddy Outman**  
**Auto:** 53.46 A  
**Prov:** 55.96 P

| Name                 | Yr                | School              | Prelims |
|----------------------|-------------------|---------------------|---------|
| <b>Preliminaries</b> |                   |                     |         |
| 1                    | Sarah Castronova  | FR Bloomsburg       | 57.15Q  |
| 2                    | Raechel Bonner    | FR Kutztown         | 57.59Q  |
| 3                    | Caroline Mastria  | FR Shippensburg     | 57.36q  |
| 4                    | Rachel Bruno      | JR Shippensburg     | 57.85q  |
| 5                    | Lydia Robling     | FR Pitt.-Johnstown  | 58.14q  |
| 6                    | Morgan Donatelli  | SO Slippery Rock    | 58.35q  |
| 7                    | Ariel Kyle        | FR East Stroudsburg | 58.88q  |
| 8                    | Lorna Speigle     | FR Slippery Rock    | 58.90q  |
| 9                    | TerryLee Talasky  | JR Seton Hill       | 58.96   |
| 10                   | Courtney Nunley   | SR Slippery Rock    | 59.46   |
| 11                   | Lyric Williams    | SO Millersville     | 1:00.05 |
| 12                   | Mia Carson        | FR Millersville     | 1:00.14 |
| 13                   | Amanda Bruno      | FR Millersville     | 1:00.54 |
| 14                   | Ainsley Plumadore | SO Seton Hill       | 1:00.83 |
| 15                   | Tia Judy          | JR Lock Haven       | 1:01.47 |
| 16                   | Tatyana Young     | FR California (Pa.) | 1:02.75 |

**Women 400 Meter Dash**

**Conference:** 54.19 C 2002      **Jennifer Farrow**  
**Meet Record:** 54.79 M 2010      **Maddy Outman**  
**Auto:** 53.46 A  
**Prov:** 55.96 P

| Name          | Yr               | School              | Finals    |
|---------------|------------------|---------------------|-----------|
| <b>Finals</b> |                  |                     |           |
| 1             | Raechel Bonner   | FR Kutztown         | 57.78 10  |
| 2             | Sarah Castronova | FR Bloomsburg       | 57.88 8   |
| 3             | Caroline Mastria | FR Shippensburg     | 58.14 6   |
| 4             | Rachel Bruno     | JR Shippensburg     | 58.19 5   |
| 5             | Lydia Robling    | FR Pitt.-Johnstown  | 58.63 4   |
| 6             | Morgan Donatelli | SO Slippery Rock    | 59.12 3   |
| 7             | Lorna Speigle    | FR Slippery Rock    | 59.58 2   |
| 8             | Ariel Kyle       | FR East Stroudsburg | 1:00.29 1 |

**PSAC Outdoor Track & Field Championships**  
**Shippensburg University - 5/6/2021 to 5/8/2021**

**Results**

**Women 800 Meter Run**

**Conference: 2:05.67 C 1992**      **Marty Marczak**  
**Meet Record: 2:08.75 M 2010**      **Claire McSweeney**  
**Auto: 2:07.15 A**  
**Prov: 2:12.18 P**

| Name                 | Yr                 | School              | Prelims  |
|----------------------|--------------------|---------------------|----------|
| <b>Preliminaries</b> |                    |                     |          |
| 1                    | Jessica Jones      | SR Indiana (Pa.)    | 2:14.62Q |
| 2                    | Sydney Wolf        | JR Seton Hill       | 2:15.07Q |
| 3                    | Kathryn Blair      | SO Bloomsburg       | 2:15.00Q |
| 4                    | Darby Roth         | SO Seton Hill       | 2:15.45Q |
| 5                    | Carly Danoski      | FR East Stroudsburg | 2:15.72q |
| 6                    | Devon Montanari    | JR Kutztown         | 2:17.21q |
| 7                    | Tatiana Beaufiles  | JR California (Pa.) | 2:17.70q |
| 8                    | Brittany Carratura | JR East Stroudsburg | 2:18.03q |
| 9                    | Kyra Gerber        | SO Shippensburg     | 2:18.47  |
| 10                   | Julia Wiemken      | SR Kutztown         | 2:18.60  |
| 11                   | Morgan Janiuk      | FR Millersville     | 2:20.99  |
| 12                   | Jessica Brenfleck  | JR Bloomsburg       | 2:21.02  |
| 13                   | Letizia Collini    | SR Clarion          | 2:21.86  |
| 14                   | Mackenzie Carver   | FR Clarion          | 2:23.20  |
| 15                   | Autumn Avery       | JR Bloomsburg       | 2:28.43  |
| 16                   | Lydia Robling      | FR Pitt.-Johnstown  | 2:31.32  |

**Women 800 Meter Run**

**Conference: 2:05.67 C 1992**      **Marty Marczak**  
**Meet Record: 2:08.75 M 2010**      **Claire McSweeney**  
**Auto: 2:07.15 A**  
**Prov: 2:12.18 P**

| Name          | Yr                 | School              | Finals     |
|---------------|--------------------|---------------------|------------|
| <b>Finals</b> |                    |                     |            |
| 1             | Sydney Wolf        | JR Seton Hill       | 2:16.20 10 |
| 2             | Jessica Jones      | SR Indiana (Pa.)    | 2:16.93 8  |
| 3             | Carly Danoski      | FR East Stroudsburg | 2:17.21 6  |
| 4             | Kathryn Blair      | SO Bloomsburg       | 2:17.87 5  |
| 5             | Darby Roth         | SO Seton Hill       | 2:19.97 4  |
| 6             | Brittany Carratura | JR East Stroudsburg | 2:21.27 3  |
| 7             | Devon Montanari    | JR Kutztown         | 2:22.55 2  |
| 8             | Tatiana Beaufiles  | JR California (Pa.) | 2:24.04 1  |

**Women 1500 Meter Run**

**Conference: 4:23.70 C 1989**      **Eileen Hornberger**  
**Meet Record: 4:24.57 M 2009**      **Priscilla Jennings**  
**Auto: 4:22.06 A**  
**Prov: 4:33.24 P**

| Name          | Yr               | School              | Finals      |
|---------------|------------------|---------------------|-------------|
| <b>Finals</b> |                  |                     |             |
| 1             | Stefanie Parsons | SO Edinboro         | 4:23.97M 10 |
| 2             | Kathryn Blair    | SO Bloomsburg       | 4:48.29 8   |
| 3             | Kyra Gerber      | SO Shippensburg     | 4:49.32 6   |
| 4             | Darby Roth       | SO Seton Hill       | 4:51.56 5   |
| 5             | Sarah Supplee    | FR West Chester     | 4:52.32 4   |
| 6             | Tori James       | FR Indiana (Pa.)    | 4:54.82 3   |
| 7             | Rachael Davalos  | SR East Stroudsburg | 4:55.12 2   |

|    |                   |                  |           |
|----|-------------------|------------------|-----------|
| 8  | Alexis Cunningham | JR Seton Hill    | 4:56.26 1 |
| 9  | Lauren Jacobs     | FR Edinboro      | 4:57.80   |
| 10 | Anna Igims        | FR Slippery Rock | 4:58.28   |
| 11 | Brianna Dumond    | FR Bloomsburg    | 4:58.74   |
| 12 | Aneisa Dodson     | FR Mansfield     | 5:03.42   |
| 13 | Allison Myers     | FR West Chester  | 5:04.18   |
| 14 | Paige Wess        | FR Indiana (Pa.) | 5:05.18   |
| 15 | Riley Snyder      | SO Bloomsburg    | 5:11.90   |
| 16 | Megan Cook        | FR West Chester  | 5:14.86   |

**Women 5000 Meter Run**

**Conference: 15:33.83 C 2011**      **Neely Spence**  
**Meet Record: 16:19.50 M 1984**      **Julie Bowers**  
**Auto: 16:10.21 A**  
**Prov: 17:10.86 P**

| Name          | Yr                | School              | Finals      |
|---------------|-------------------|---------------------|-------------|
| <b>Finals</b> |                   |                     |             |
| 1             | Stefanie Parsons  | SO Edinboro         | 17:38.37 10 |
| 2             | Laurel Moyer      | JR Lock Haven       | 17:54.77 8  |
| 3             | Anna Alberti      | FR Edinboro         | 18:08.98 6  |
| 4             | Nicole Keeley     | FR Bloomsburg       | 18:12.29 5  |
| 5             | Tori Klimowicz    | JR Edinboro         | 18:14.97 4  |
| 6             | Isabelle Gulbert  | FR Shippensburg     | 18:17.12 3  |
| 7             | Haley Schaller    | SR Clarion          | 18:34.09 2  |
| 8             | Rachael Davalos   | SR East Stroudsburg | 18:41.41 1  |
| 9             | Sarah Supplee     | FR West Chester     | 18:44.81    |
| 10            | Olivia Roberts    | FR Edinboro         | 18:44.93    |
| 11            | Bridget Palm      | SO West Chester     | 18:48.51    |
| 12            | Isabella Marchini | JR Shippensburg     | 19:05.70    |
| 13            | Keely Arndt       | FR East Stroudsburg | 19:08.59    |
| 14            | Leah Moffitt      | FR Shippensburg     | 19:34.66    |
| 15            | Jaelyn D'Amelio   | FR Kutztown         | 19:43.08    |
| ---           | Amanda Fine       | JR East Stroudsburg | DNS         |

**Women 10000 Meter Run**

**Conference: 33:34.45 C 1985**      **Julie Bowers**  
**Meet Record: 34:16.89 M 2010**      **Jen Harpp**  
**Auto: 34:13.34 A**  
**Prov: 36:35.97 P**

| Name          | Yr                | School              | Finals      |
|---------------|-------------------|---------------------|-------------|
| <b>Finals</b> |                   |                     |             |
| 1             | Laurel Moyer      | JR Lock Haven       | 39:11.51 10 |
| 2             | Bridget Palm      | SO West Chester     | 39:24.08 8  |
| 3             | Tori Klimowicz    | JR Edinboro         | 39:26.68 6  |
| 4             | Isabella Myles    | FR Seton Hill       | 40:37.60 5  |
| 5             | Ala Small         | SR Indiana (Pa.)    | 40:39.37 4  |
| 6             | Madison Palmer    | FR East Stroudsburg | 40:50.97 3  |
| 7             | Julia Lersch      | SR Seton Hill       | 41:13.16 2  |
| 8             | Amanda Fine       | JR East Stroudsburg | 41:43.08 1  |
| 9             | Stephanie Keelon  | FR Slippery Rock    | 41:57.71    |
| 10            | Gabrielle Wetzel  | FR Bloomsburg       | 42:00.15    |
| 11            | Molly Snyder      | FR Lock Haven       | 42:14.16    |
| 12            | Caroline Stickley | JR Lock Haven       | 42:17.95    |
| 13            | Marie Scarpa      | FR Slippery Rock    | 42:29.56    |
| 14            | Shaye Beckett     | JR California (Pa.) | 42:46.44    |
| 15            | Brianna Herr      | JR Indiana (Pa.)    | 43:08.71    |

**PSAC Outdoor Track & Field Championships**  
**Shippensburg University - 5/6/2021 to 5/8/2021**

**Results**

**Finals ... (Women 10000 Meter Run)**

| Name                | Yr | School     | Finals   |
|---------------------|----|------------|----------|
| 16 Katherine Duguid | SR | Kutztown   | 43:14.36 |
| 17 Emma Fortune     | FR | Bloomsburg | 44:01.46 |

**Women 100 Meter Hurdles**

**Conference:** 13.62 C 2010 **Maddy Outman**  
**Meet Record:** 13.70 M 2010 **Maddy Outman**  
**Auto:** 13.51 A  
**Prov:** 14.22 P

| Name | Yr | School | Prelims |
|------|----|--------|---------|
|------|----|--------|---------|

**Preliminaries**

|                       |    |                  |            |
|-----------------------|----|------------------|------------|
| 1 Jaleesa Mackey      | SO | California (Pa.) | 14.80Q+0.0 |
| 2 Jeanette Jones      | SO | East Stroudsburg | 15.38Q+0.0 |
| 3 Megan Kendall       | FR | Shippensburg     | 15.18q+0.0 |
| 4 Billie Jo Bollinger | SO | Lock Haven       | 15.40q+0.0 |
| 5 Kailee Bunyard      | FR | California (Pa.) | 15.41q+0.0 |
| 6 Brooke Emery        | FR | Shippensburg     | 15.68q+0.0 |
| 7 Kira Solt           | JR | Kutztown         | 15.74q+0.0 |
| 8 Madison James       | JR | West Chester     | 15.79q+0.0 |
| 9 Ashanti Richardson  | FR | Slippery Rock    | 15.80 +0.0 |
| 10 Megan Miller       | SO | Slippery Rock    | 15.92 +0.0 |
| 11 Kendra Benton      | SO | Slippery Rock    | 15.92 +0.0 |
| 12 Cassidy Kline      | FR | Indiana (Pa.)    | 15.95 +0.0 |
| 13 Alyson Taylor      | SO | Seton Hill       | 16.19 +0.0 |
| 14 Andrea Jackson     | FR | East Stroudsburg | 16.34 +0.0 |
| 15 Carson Pennings    | SO | Shippensburg     | 16.57 +0.0 |
| 16 Alison Lamoreaux   | FR | Slippery Rock    | 16.64 +0.0 |

**Women 100 Meter Hurdles**

**Conference:** 13.62 C 2010 **Maddy Outman**  
**Meet Record:** 13.70 M 2010 **Maddy Outman**  
**Auto:** 13.51 A  
**Prov:** 14.22 P

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                       |    |                  |       |    |
|-----------------------|----|------------------|-------|----|
| 1 Jaleesa Mackey      | SO | California (Pa.) | 14.81 | 10 |
| 2 Megan Kendall       | FR | Shippensburg     | 14.89 | 8  |
| 3 Kailee Bunyard      | FR | California (Pa.) | 15.15 | 6  |
| 4 Billie Jo Bollinger | SO | Lock Haven       | 15.28 | 5  |
| 5 Brooke Emery        | FR | Shippensburg     | 15.35 | 4  |
| 6 Madison James       | JR | West Chester     | 15.43 | 3  |
| 7 Kira Solt           | JR | Kutztown         | 15.43 | 2  |
| 8 Jeanette Jones      | SO | East Stroudsburg | 19.52 | 1  |

**Women 400 Meter Hurdles**

**Conference:** 58.98 C 2010 **Maddy Outman**  
**Meet Record:** 59.59 M 2007 **Andi Rose**  
**Auto:** 59.05 A  
**Prov:** 1:01.92 P

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                 |    |               |         |    |
|-----------------|----|---------------|---------|----|
| 1 Lieke Black   | FR | Shippensburg  | 1:04.10 | 10 |
| 2 Cassidy Kline | FR | Indiana (Pa.) | 1:05.03 | 8  |
| 3 Malayna Rowe  | JR | Shippensburg  | 1:05.28 | 6  |

|                       |    |                  |         |   |
|-----------------------|----|------------------|---------|---|
| 4 Billie Jo Bollinger | SO | Lock Haven       | 1:06.22 | 5 |
| 5 Kara McKenzie       | FR | Seton Hill       | 1:06.32 | 4 |
| 6 Alicia Underkoffler | FR | Kutztown         | 1:06.55 | 3 |
| 7 Jeanette Jones      | SO | East Stroudsburg | 1:07.19 | 2 |
| 8 Kiamorey Clark      | FR | Shippensburg     | 1:07.59 | 1 |
| 9 Jensen Scamardi     | FR | Seton Hill       | 1:07.72 |   |
| 10 Kira Solt          | JR | Kutztown         | 1:08.53 |   |
| 11 Allyson Stitzer    | SR | Slippery Rock    | 1:08.81 |   |
| 12 Anna Roberts       | FR | Seton Hill       | 1:09.03 |   |
| 13 Cassandra Smith    | JR | Pitt.-Johnstown  | 1:09.03 |   |
| 14 Misha Duverger     | SO | East Stroudsburg | 1:10.18 |   |
| 15 McKenzie Rhone     | FR | Lock Haven       | 1:10.38 |   |
| 16 Sarah Johnson      | SR | Seton Hill       | 1:12.56 |   |

**Women 3000 Meter Steeplechase**

**Conference:** 10:19.12 C 4/26/2018 **Julie Friend**  
**Meet Record:** 10:24.77 M 2002 **Sara Raschiatore**  
**Auto:** 10:12.97 A  
**Prov:** 11:01.67 P

| Name | Yr | School | Finals |
|------|----|--------|--------|
|------|----|--------|--------|

**Finals**

|                       |    |                  |           |    |
|-----------------------|----|------------------|-----------|----|
| 1 Laurel Moyer        | JR | Lock Haven       | 10:40.35P | 10 |
| 2 Kimberly Goerss     | FR | Edinboro         | 11:16.20  | 8  |
| 3 Sarah Supplee       | FR | West Chester     | 11:25.91  | 6  |
| 4 Haley Schaller      | SR | Clarion          | 11:39.51  | 5  |
| 5 Abigail Sullivan    | SO | Clarion          | 11:46.76  | 4  |
| 6 Leah Moffitt        | FR | Shippensburg     | 11:59.78  | 3  |
| 7 Lynne O'Connor      | JR | Kutztown         | 12:00.95  | 2  |
| 8 Morgan Perry        | JR | Lock Haven       | 12:01.76  | 1  |
| 9 Karlee Noel         | SO | Lock Haven       | 12:09.54  |    |
| 10 Dootleen Joseph    | SR | Kutztown         | 12:13.89  |    |
| 11 Cassie Folmar      | JR | California (Pa.) | 12:16.86  |    |
| 12 Letizia Collini    | SR | Clarion          | 12:19.93  |    |
| 13 Elizabeth Edwards  | JR | West Chester     | 12:33.35  |    |
| 14 Courtney Kosanovic | SO | Clarion          | 12:36.48  |    |
| 15 Jade Fry           | SO | Shippensburg     | 12:44.63  |    |
| 16 Makenzie Kurtz     | FR | Shippensburg     | 12:48.97  |    |

**Women 4x100 Meter Relay**

**Conference:** 46.40 C 2006  
**Rekich, McDaniel, Rose, Rash**  
**Meet Record:** 46.40 M 2006  
**Rekich, McDaniel, Rose, Rash**  
**Auto:** 45.52 A  
**Prov:** 46.86 P

| Team | Relay | Prelims |
|------|-------|---------|
|------|-------|---------|

**Preliminaries**

|                      |                        |        |
|----------------------|------------------------|--------|
| 1 California (Pa.)   |                        | 47.56Q |
| 1) Alicia Collier SR | 2) Divonne Franklin SO |        |
| 3) Tatyana Young FR  | 4) Jaleesa Mackey SO   |        |
| 2 Shippensburg       |                        | 48.45Q |
| 1) Sara Mckean FR    | 2) Adriana Baxter SO   |        |
| 3) Kayla Dalhouse FR | 4) Zarrria Williams SR |        |

**PSAC Outdoor Track & Field Championships**  
**Shippensburg University - 5/6/2021 to 5/8/2021**

**Results**

| <b>Preliminaries ... (Women 4x100 Meter Relay)</b> |                        |                |
|--|------------------------|----------------|
| <b>Team</b>  | <b>Relay</b>           | <b>Prelims</b> |
| 3 Indiana (Pa.)                                    |                        | 48.14q         |
| 1) Cahsia Page FR                                  | 2) Nickeela Austin SR  |                |
| 3) Cassidy Kline FR                                | 4) Taylor Nissly FR    |                |
| 4 Millersville                                     |                        | 48.27q         |
| 1) Aurora Conrad FR                                | 2) Lyric Williams SO   |                |
| 3) Emma Elwell FR                                  | 4) Gabriela Karch SO   |                |
| 5 Slippery Rock                                    |                        | 48.53q         |
| 1) Samantha Gilbert FR                             | 2) Lorna Speigle FR    |                |
| 3) Thai-Lin Pierce FR                              | 4) Reagan Hess JR      |                |
| 6 East Stroudsburg                                 |                        | 49.09q         |
| 1) Ariel Kyle FR                                   | 2) Tiana Webster SR    |                |
| 3) Jeanette Jones SO                               | 4) Misha Duverger SO   |                |
| 7 Bloomsburg                                       |                        | 49.52q         |
| 1) Melissa Sicinski FR                             | 2) Sarah Castronova FR |                |
| 3) Kathleen Stevenson JR                           | 4) Sydney Beaverson FR |                |
| 8 Kutztown   |                        | 50.29q         |
| 1) Kira Solt JR                                    | 2) Jerenita Sokan JR   |                |
| 3) Alexandra Tama SR                               | 4) Sage Rowley FR      |                |
| 9 Clarion  |                        | 50.43          |
| 1) Hunter Barger SO                                | 2) Katlynn Traister SR |                |
| 3) Kia Braithwaite SR                              | 4) Kaylen Sharrow SO   |                |
| 10 Edinboro  |                        | 50.45          |
| 1) Abby Piert FR                                   | 2) Amanda Williams FR  |                |
| 3) Bailee Miara FR                                 | 4) Leah Czechowski FR  |                |
| --- West Chester                                   |                        | DNF            |
| 1) Imani Hollie FR                                 | 2) Brianna Ribic FR    |                |
| 3) Lindsay Martin FR                               | 4) Corah Krantz SO     |                |

**Women 4x100 Meter Relay**  
**Conference: 46.40 C 2006**  
**Rekich, McDaniel, Rose, Rash**  
**Meet Record: 46.40 M 2006**  
**Rekich, McDaniel, Rose, Rash**  
**Auto: 45.52 A**  
**Prov: 46.86 P**

| <b>Team</b>            | <b>Relay</b>           | <b>Finals</b> |
|------------------------|------------------------|---------------|
| <b>Finals</b>          |                        |               |
| 1 California (Pa.)     |                        | 47.83 10      |
| 1) Alicia Collier SR   | 2) Divonne Franklin SO |               |
| 3) Tatyana Young FR    | 4) Jaleesa Mackey SO   |               |
| 2 Millersville         |                        | 48.22 8       |
| 1) Aurora Conrad FR    | 2) Lyric Williams SO   |               |
| 3) Emma Elwell FR      | 4) Gabriela Karch SO   |               |
| 3 Indiana (Pa.)        |                        | 48.27 6       |
| 1) Cahsia Page FR      | 2) Nickeela Austin SR  |               |
| 3) Cassidy Kline FR    | 4) Taylor Nissly FR    |               |
| 4 Slippery Rock        |                        | 48.35 5       |
| 1) Samantha Gilbert FR | 2) Lorna Speigle FR    |               |
| 3) Thai-Lin Pierce FR  | 4) Reagan Hess JR      |               |
| 5 Shippensburg         |                        | 48.35 4       |
| 1) Sara Mckean FR      | 2) Adriana Baxter SO   |               |
| 3) Kayla Dalhouse FR   | 4) Zarria Williams SR  |               |

|                          |                           |         |
|--------------------------|---------------------------|---------|
| 6 East Stroudsburg       |                           | 49.17 3 |
| 1) Ariel Kyle FR         | 2) Tiana Webster SR       |         |
| 3) Jeanette Jones SO     | 4) Misha Duverger SO      |         |
| 7 Bloomsburg             |                           | 49.93 2 |
| 1) Melissa Sicinski FR   | 2) Sarah Castronova FR    |         |
| 3) Kathleen Stevenson JR | 4) Sydney Beaverson FR    |         |
| 8 Kutztown               |                           | 51.10 1 |
| 1) Kira Solt JR          | 2) Alicia Underkoffler FR |         |
| 3) Angela Iaccarino JR   | 4) Sage Rowley FR         |         |

**Women 4x400 Meter Relay**  
**Conference: 3:44.94 C 2007**  
**Sackin, Cochran, Rose, Sopher**  
**Meet Record: 3:47.18 M 5/3/2014**  
**M Lundy, B Fells, L Ellsworth, M Clemons**  
**Auto: 3:40.10 A**  
**Prov: 3:48.20 P**

| <b>Team</b>              | <b>Relay</b>              | <b>Finals</b> |
|--------------------------|---------------------------|---------------|
| <b>Finals</b>            |                           |               |
| 1 Shippensburg           |                           | 3:55.12 10    |
| 1) Lieke Black FR        | 2) Rachel Bruno JR        |               |
| 3) Caroline Mastria FR   | 4) Leah Graybill FR       |               |
| 2 Slippery Rock          |                           | 3:59.83 8     |
| 1) Courtney Nunley SR    | 2) Lorna Speigle FR       |               |
| 3) Allyson Stitzer SR    | 4) Morgan Donatelli SO    |               |
| 3 Kutztown               |                           | 4:01.08 6     |
| 1) Devon Montanari JR    | 2) Julia Wiemken SR       |               |
| 3) Jaidah Mitchell FR    | 4) Raechel Bonner FR      |               |
| 4 Millersville           |                           | 4:01.26 5     |
| 1) Amanda Bruno FR       | 2) Mia Carson FR          |               |
| 3) Lyric Williams SO     | 4) Aurora Conrad FR       |               |
| 5 East Stroudsburg       |                           | 4:01.52 4     |
| 1) Brittany Carratura JR | 2) Carly Danoski FR       |               |
| 3) Jeanette Jones SO     | 4) Ariel Kyle FR          |               |
| 6 California (Pa.)       |                           | 4:02.09 3     |
| 1) Tatyana Young FR      | 2) Beyonc'e Kelly FR      |               |
| 3) Divonne Franklin SO   | 4) Jaleesa Mackey SO      |               |
| 7 Bloomsburg             |                           | 4:03.79 2     |
| 1) Kathryn Blair SO      | 2) Jessica Brenfleck JR   |               |
| 3) Sarah Castronova FR   | 4) Melissa Sicinski FR    |               |
| 8 Indiana (Pa.)          |                           | 4:04.40 1     |
| 1) Cassidy Kline FR      | 2) Nickeela Austin SR     |               |
| 3) Cahsia Page FR        | 4) Jessica Jones SR       |               |
| 9 Seton Hill             |                           | 4:05.62       |
| 1) Sydney Wolf JR        | 2) Sarah Johnson SR       |               |
| 3) Kara McKenzie FR      | 4) Ainsley Plumadore SO   |               |
| 10 Lock Haven            |                           | 4:07.39       |
| 1) Tia Judy JR           | 2) Billie Jo Bollinger SO |               |
| 3) McKenzie Rhone FR     | 4) Anna Manley SO         |               |
| 11 Edinboro              |                           | 4:07.80       |
| 1) Abby Piert FR         | 2) Lauren Jacobs FR       |               |
| 3) Jayna Galley FR       | 4) Kimberly Goerss FR     |               |
| 12 Clarion               |                           | 4:08.87       |
| 1) Hunter Barger SO      | 2) Kia Braithwaite SR     |               |
| 3) Letizia Collini SR    | 4) Mackenzie Carver FR    |               |

**PSAC Outdoor Track & Field Championships**  
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**Results**

**Finals ... (Women 4x400 Meter Relay)**

| Team                  | Relay                | Finals  |
|-----------------------|----------------------|---------|
| 13 West Chester       |                      | 4:10.10 |
| 1) Imani Hollie FR    | 2) Alisan Dodd FR    |         |
| 3) Lindsay Martin FR  | 4) Alexandra Amin FR |         |
| 14 Pitt.-Johnstown    |                      | 4:16.32 |
| 1) Samantha Kluz SR   | 2) Lydia Robling FR  |         |
| 3) Cassandra Smith JR | 4) Bridget Heh SR    |         |

**Women High Jump**

**Conference:** 5-10 C 1990      **Karen Way**  
**Meet Record:** 5-09 M 2004      **Rebecca Bullard**  
**Auto:** 1.77m A  
**Prov:** 1.67m P

| Name                | Yr | School           | Finals    |
|---------------------|----|------------------|-----------|
| <b>Finals</b>       |    |                  |           |
| 1 Rebecca Hemingway | SR | Kutztown         | 1.71mP 10 |
| 2 Beyonc'e Kelly    | FR | California (Pa.) | 1.68mP 8  |
| 3 Cecily Greggs     | SO | Slippery Rock    | 1.65m 6   |
| 4 Erin Meckler      | SR | California (Pa.) | 1.65m 5   |
| 5 Ariel Jones       | SO | Shippensburg     | 1.60m 4   |
| 6 Anna Ebersole     | FR | California (Pa.) | 1.60m 3   |
| 7 Sara Fletcher     | FR | Shippensburg     | 1.50m 1.5 |
| 7 Norah Vallon      | FR | Shippensburg     | 1.50m 1.5 |
| 9 Janeila Francis   | SO | Pitt.-Johnstown  | 1.50m     |
| 9 Jenna Uncapher    | SO | Clarion          | 1.50m     |
| 11 Kaitlyn Bonczyk  | SO | Slippery Rock    | 1.50m     |
| 12 Kayla Dalhouse   | FR | Shippensburg     | 1.45m     |
| 13 Emily Labar      | FR | Lock Haven       | 1.45m     |
| 14 Sadie Leisinger  | FR | Clarion          | 1.45m     |
| --- Skylar Miller   | SO | Kutztown         | NH        |
| --- Sydney Sheaffer | SO | Bloomsburg       | DNS       |

**Women Pole Vault**

**Conference:** 13-05.25 C 2008      **Jennifer Hansen**  
**Meet Record:** 13-03.75 M 2008      **Jennifer Hansen**  
**Auto:** 4.08m A  
**Prov:** 3.65m P

| Name                  | Yr | School           | Finals    |
|-----------------------|----|------------------|-----------|
| <b>Finals</b>         |    |                  |           |
| 1 Alexandra Tama      | SR | Kutztown         | 3.73mP 10 |
| 2 Myah Davies         | FR | Kutztown         | 3.58m 8   |
| 3 Kathleen Silverman  | JR | Kutztown         | 3.43m 5.5 |
| 3 Corah Krantz        | SO | West Chester     | 3.43m 5.5 |
| 5 Heidi Bednarz       | FR | Slippery Rock    | 3.43m 4   |
| 6 Olivia Sentle       | SO | Slippery Rock    | 3.43m 2.5 |
| 6 Hannah Frankenfield | SO | East Stroudsburg | 3.43m 2.5 |
| 8 Kendall Grossman    | FR | Slippery Rock    | 3.43m 1   |
| 9 Juliana Schraer     | SO | East Stroudsburg | 3.28m     |
| 10 Lauren Ritenour    | JR | Seton Hill       | 3.13m     |
| 10 Rylie Mong         | FR | Mansfield        | 3.13m     |
| 12 Ashley Newton      | FR | Shippensburg     | 3.13m     |
| 13 Caitlin Miller     | SO | Millersville     | 2.98m     |
| --- Ellie Kuhn        | FR | Shippensburg     | NH        |
| --- Elise Rota        | FR | Slippery Rock    | NH        |
| --- Sarah Schneider   | SO | Slippery Rock    | DNS       |

**Women Long Jump**

**Conference:** 21-07.50 C 2000      **Nikita Lewis**  
**Meet Record:** 6.25m M 2017      **Kaylee Caruso**  
**Auto:** 6.29m A  
**Prov:** 5.80m P

| Name                  | Yr | School           | Finals     |
|-----------------------|----|------------------|------------|
| <b>Finals</b>         |    |                  |            |
| 1 Zarria Williams     | SR | Shippensburg     | 5.97mP 10  |
| 2 Reagan Hess         | JR | Slippery Rock    | 5.81mP 8   |
| 3 Ashley Blannard     | SO | Bloomsburg       | 5.67m 6    |
| 4 Nickeela Austin     | SR | Indiana (Pa.)    | 5.60m 5    |
| 5 Karina Long         | SO | Lock Haven       | 5.52m 4    |
| 6 Kathleen Stevenson  | JR | Bloomsburg       | 5.35m 3    |
| 7 Madison James       | JR | West Chester     | 5.31m 2    |
| 8 Darcie Frazier      | FR | California (Pa.) | 5.25m 1    |
| 9 Dahlia Hosey        | FR | Bloomsburg       | 5.24m -1.8 |
| 10 Samantha Gilbert   | FR | Slippery Rock    | 5.21m -1.2 |
| 11 Erin Rottloff      | SO | Bloomsburg       | 5.16m +0.0 |
| 12 Rebecca Hemingway  | SR | Kutztown         | 5.13m +0.0 |
| 13 Jenna Lytle        | SO | Shippensburg     | 5.10m +0.0 |
| 14 Ashanti Richardson | FR | Slippery Rock    | 5.03m -0.7 |
| 15 Alyson Taylor      | SO | Seton Hill       | 4.96m +0.0 |
| 16 Ariel Jones        | SO | Shippensburg     | 4.85m +0.0 |

**Women Triple Jump**

**Conference:** 42-05 C 2003      **Tunisia Lacy**  
**Meet Record:** 42-05 M 2003      **Tunisia Lacy**  
**Auto:** 12.77m A  
**Prov:** 11.85m P

| Name                 | Yr | School           | Finals      |
|----------------------|----|------------------|-------------|
| <b>Finals</b>        |    |                  |             |
| 1 Nickeela Austin    | SR | Indiana (Pa.)    | 11.81m 10   |
| 2 Aaliyah Lewis      | SO | California (Pa.) | 11.71m 8    |
| 3 Ashley Blannard    | SO | Bloomsburg       | 11.70m 6    |
| 4 Dahlia Hosey       | FR | Bloomsburg       | 11.56m 5    |
| 5 Rachel Horrell     | JR | Indiana (Pa.)    | 11.45m 4    |
| 6 Jenna Lytle        | SO | Shippensburg     | 11.39m 3    |
| 7 Ashanti Richardson | FR | Slippery Rock    | 11.23m 2    |
| 8 Delaney Beard      | FR | Clarion          | 11.05m 1    |
| 9 Kaitlyn Bonczyk    | SO | Slippery Rock    | 10.97m 0.6  |
| 10 Lindsay Lumsden   | SO | Kutztown         | 10.72m -1.1 |
| 11 Karina Long       | SO | Lock Haven       | 10.50m 0.5  |
| 12 Emilee Wasilewski | SO | Bloomsburg       | 10.43m -1.1 |
| 13 Sydney Beaverson  | FR | Bloomsburg       | 10.37m +0.0 |
| 14 Kayla Latoza      | SO | California (Pa.) | 10.19m 2.2  |
| 15 Ariel Jones       | SO | Shippensburg     | 10.15m 1.1  |
| 16 Brooke Leithner   | JR | Pitt.-Johnstown  | 10.13m -1.0 |

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**Results**

**Women Shot Put**

**Conference:** 16.02m C 4/25/2019 Sunflower Greene  
**Meet Record:** 15.57m M 5/11/2019 Sunflower Greene  
**Auto:** 15.74m A  
**Prov:** 13.76m P

| Name          | Yr                 | School              | Finals     |
|---------------|--------------------|---------------------|------------|
| <b>Finals</b> |                    |                     |            |
| 1             | Kate Matrisciano   | JR Shippensburg     | 14.50mP 10 |
| 2             | Elizabeth Makar    | FR East Stroudsburg | 13.12m 8   |
| 3             | Aliyah Striver     | JR Millersville     | 13.06m 6   |
| 4             | Sarah Corrie       | FR Slippery Rock    | 12.88m 5   |
| 5             | Shelly Jones       | SO Clarion          | 12.81m 4   |
| 6             | Sarah Gilliam      | FR Seton Hill       | 12.61m 3   |
| 7             | Hailey Dodson      | FR Indiana (Pa.)    | 12.59m 2   |
| 8             | Blair Harris       | FR Seton Hill       | 12.40m 1   |
| 9             | Trinity Clark      | SO Slippery Rock    | 12.29m     |
| 10            | Leah Kennedy       | FR Seton Hill       | 12.17m     |
| 11            | Kamryn Snyder      | FR Slippery Rock    | 12.10m     |
| 12            | Madison Horahan    | FR East Stroudsburg | 12.07m     |
| 13            | Kenzie Lendon      | FR Edinboro         | 11.40m     |
| 14            | Jena Reinheimer    | SO Slippery Rock    | 11.19m     |
| 15            | Isabella Marte     | FR East Stroudsburg | 11.14m     |
| ---           | Zhayria Washington | FR West Chester     | FOUL       |

**Women Discus Throw**

**Conference:** 166-11 C 1985 Jayne Beatty  
**Meet Record:** 166-11 M 1985 Jayne Beatty  
**Auto:** 52.79m A  
**Prov:** 45.11m P

| Name          | Yr                 | School              | Finals     |
|---------------|--------------------|---------------------|------------|
| <b>Finals</b> |                    |                     |            |
| 1             | Jena Reinheimer    | SO Slippery Rock    | 46.79mP 10 |
| 2             | Hannah Woelfling   | FR Millersville     | 44.07m 8   |
| 3             | Kate Matrisciano   | JR Shippensburg     | 42.61m 6   |
| 4             | Madisen Kling      | SO Shippensburg     | 42.06m 5   |
| 5             | Trinity Clark      | SO Slippery Rock    | 40.24m 4   |
| 6             | Zhayria Washington | FR West Chester     | 39.41m 3   |
| 7             | Emma Pesicka       | SO Clarion          | 39.33m 2   |
| 8             | Kristen Greggerson | SR Seton Hill       | 38.25m 1   |
| 9             | Rachel Hutchinson  | SO Slippery Rock    | 37.71m     |
| 10            | Elizabeth Makar    | FR East Stroudsburg | 36.23m     |
| 11            | Aliyah Striver     | JR Millersville     | 35.87m     |
| 12            | Isabella Marte     | FR East Stroudsburg | 35.86m     |
| 13            | Tiffany Jolayemi   | FR Slippery Rock    | 34.98m     |
| 14            | Makayla Force      | FR Bloomsburg       | 33.79m     |
| 15            | Madison Brooks     | SO Clarion          | 31.90m     |
| ---           | Madison Horahan    | FR East Stroudsburg | FOUL       |

**Women Hammer Throw**

**Conference:** 61.05m C 4/6/2019 Sunflower Greene  
**Meet Record:** 59.15m M 5/9/2019 Sunflower Greene  
**Auto:** 60.45m A  
**Prov:** 51.82m P

| Name          | Yr                 | School              | Finals     |
|---------------|--------------------|---------------------|------------|
| <b>Finals</b> |                    |                     |            |
| 1             | Hannah Woelfling   | FR Millersville     | 57.13mP 10 |
| 2             | Aliyah Striver     | JR Millersville     | 52.68mP 8  |
| 3             | Jena Reinheimer    | SO Slippery Rock    | 51.99mP 6  |
| 4             | Rachel Hutchinson  | SO Slippery Rock    | 48.35m 5   |
| 5             | Kristen Greggerson | SR Seton Hill       | 48.29m 4   |
| 6             | Megan Manglaviti   | JR Lock Haven       | 46.91m 3   |
| 7             | Elizabeth Makar    | FR East Stroudsburg | 45.91m 2   |
| 8             | Barbara Grossov    | SR East Stroudsburg | 45.00m 1   |
| 9             | Kandice Liebl      | FR Millersville     | 44.21m     |
| 10            | Blair Harris       | FR Seton Hill       | 42.91m     |
| 11            | Isabella Marte     | FR East Stroudsburg | 41.75m     |
| 12            | Madisen Kling      | SO Shippensburg     | 41.65m     |
| 13            | Rebecca Avery      | FR Bloomsburg       | 39.89m     |
| 14            | Madison Horahan    | FR East Stroudsburg | 39.28m     |
| 15            | Leah Kennedy       | FR Seton Hill       | 36.41m     |
| ---           | Tiffany Jolayemi   | FR Slippery Rock    | FOUL       |

**Women Javelin Throw**

**Conference:** 168-08 C 2015 Mallory Sanner  
**Meet Record:** 164-08 M 2015 Mallory Sanner  
**Auto:** 49.44m A  
**Prov:** 41.59m P

| Name          | Yr                 | School           | Finals     |
|---------------|--------------------|------------------|------------|
| <b>Finals</b> |                    |                  |            |
| 1             | Danielle Collier   | SR Slippery Rock | 47.82mP 10 |
| 2             | Trinity Clark      | SO Slippery Rock | 45.34mP 8  |
| 3             | Megan Kirn         | SR Kutztown      | 40.41m 6   |
| 4             | Skylar Sherry      | FR Slippery Rock | 40.34m 5   |
| 5             | Kristen Greggerson | SR Seton Hill    | 39.25m 4   |
| 6             | Cassie Sharrow     | FR Millersville  | 37.98m 3   |
| 7             | Kandice Liebl      | FR Millersville  | 37.57m 2   |
| 8             | Madison Sieg       | FR Shippensburg  | 35.92m 1   |
| 9             | Emma Urbine        | FR West Chester  | 35.69m     |
| 10            | Alyssa Scalia      | FR Seton Hill    | 34.48m     |
| 11            | Alicia Fritz       | SO Edinboro      | 34.05m     |
| 12            | Kaitlin Moyer      | JR Millersville  | 33.84m     |
| 13            | Autumn Pettinato   | FR Clarion       | 33.34m     |
| 14            | Molly Raville      | FR Bloomsburg    | 32.49m     |
| 15            | Jenna Tech         | SR Clarion       | 31.82m     |
| ---           | Megan Manglaviti   | JR Lock Haven    | FOUL       |

**Heptathlon: #4 Women 200 Meter Dash Heptathlon**

| Name          | Yr              | School              | Finals    |
|---------------|-----------------|---------------------|-----------|
| <b>Finals</b> |                 |                     |           |
| 1             | Darcie Frazier  | FR California (Pa.) | 26.78 730 |
| 2             | Madison James   | JR West Chester     | 27.33 685 |
| 3             | Carson Pennings | SO Shippensburg     | 27.41 678 |
| 4             | Jayna Galley    | FR Edinboro         | 27.47 673 |

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**Results**

**Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)**

| Name                | Yr | School           | Finals |     |
|---------------------|----|------------------|--------|-----|
| 5 Skylar Miller     | SO | Kutztown         | 27.47  | 673 |
| 6 Kaitlin Moyer     | JR | Millersville     | 27.58  | 664 |
| 7 Jenna Uncapher    | SO | Clarion          | 27.67  | 657 |
| 8 Danielle MacBeth  | FR | Slippery Rock    | 27.79  | 647 |
| 9 Kayla Brooks      | FR | Shippensburg     | 28.17  | 617 |
| 10 Elyssa Pemu      | FR | Seton Hill       | 28.29  | 608 |
| 11 Anna Ebersole    | FR | California (Pa.) | 28.32  | 606 |
| 12 Kaitlyn Bonczyk  | SO | Slippery Rock    | 28.35  | 604 |
| 13 Alison Lamoreaux | FR | Slippery Rock    | 28.51  | 591 |
| 14 Mallory Voegelin | FR | Edinboro         | 28.79  | 570 |
| 15 Lauren O'Malley  | SO | Bloomsburg       | 28.99  | 555 |
| 16 Kaitlyn Lander   | SO | Slippery Rock    | 29.75  | 500 |

**Heptathlon: #7 Women 800 Meter Run Heptathlon**

| Name                | Yr | School           | Finals  |     |
|---------------------|----|------------------|---------|-----|
| 1 Jayna Galley      | FR | Edinboro         | 2:24.23 | 767 |
| 2 Kaitlin Moyer     | JR | Millersville     | 2:32.03 | 668 |
| 3 Jenna Uncapher    | SO | Clarion          | 2:34.36 | 639 |
| 4 Madison James     | JR | West Chester     | 2:39.12 | 583 |
| 5 Skylar Miller     | SO | Kutztown         | 2:39.88 | 574 |
| 6 Darcie Frazier    | FR | California (Pa.) | 2:41.55 | 555 |
| 7 Danielle MacBeth  | FR | Slippery Rock    | 2:41.56 | 555 |
| 8 Mallory Voegelin  | FR | Edinboro         | 2:42.33 | 546 |
| 9 Lauren O'Malley   | SO | Bloomsburg       | 2:42.38 | 546 |
| 10 Kaitlyn Bonczyk  | SO | Slippery Rock    | 2:42.45 | 545 |
| 11 Kayla Brooks     | FR | Shippensburg     | 2:43.64 | 532 |
| 12 Anna Ebersole    | FR | California (Pa.) | 2:43.90 | 529 |
| 13 Carson Pennings  | SO | Shippensburg     | 2:47.73 | 487 |
| 14 Elyssa Pemu      | FR | Seton Hill       | 2:49.98 | 464 |
| 15 Alison Lamoreaux | FR | Slippery Rock    | 2:58.69 | 377 |
| 16 Kaitlyn Lander   | SO | Slippery Rock    | 3:15.56 | 234 |

**Heptathlon: #1 Women 100 Meter Hurdles Heptathlon**

| Name                | Yr | School           | Finals |     |
|---------------------|----|------------------|--------|-----|
| 1 Madison James     | JR | West Chester     | 15.21  | 814 |
| 2 Carson Pennings   | SO | Shippensburg     | 15.49  | 778 |
| 3 Kaitlin Moyer     | JR | Millersville     | 15.58  | 767 |
| 4 Alison Lamoreaux  | FR | Slippery Rock    | 16.34  | 673 |
| 5 Anna Ebersole     | FR | California (Pa.) | 16.58  | 645 |
| 6 Kayla Brooks      | FR | Shippensburg     | 16.59  | 644 |
| 7 Jenna Uncapher    | SO | Clarion          | 16.63  | 639 |
| 8 Kaitlyn Bonczyk   | SO | Slippery Rock    | 16.76  | 624 |
| 9 Darcie Frazier    | FR | California (Pa.) | 17.16  | 579 |
| 10 Jayna Galley     | FR | Edinboro         | 17.21  | 573 |
| 11 Kaitlyn Lander   | SO | Slippery Rock    | 17.34  | 559 |
| 12 Elyssa Pemu      | FR | Seton Hill       | 17.51  | 540 |
| 13 Danielle MacBeth | FR | Slippery Rock    | 17.55  | 536 |
| 14 Lauren O'Malley  | SO | Bloomsburg       | 18.05  | 483 |
| 15 Mallory Voegelin | FR | Edinboro         | 18.09  | 479 |
| 16 Skylar Miller    | SO | Kutztown         | 19.85  | 315 |

**Heptathlon: #2 Women High Jump Heptathlon**

| Name                | Yr | School           | Finals |     |
|---------------------|----|------------------|--------|-----|
| 1 Anna Ebersole     | FR | California (Pa.) | 1.61m  | 747 |
| 2 Madison James     | JR | West Chester     | 1.58m  | 712 |
| 3 Jayna Galley      | FR | Edinboro         | 1.55m  | 678 |
| 3 Skylar Miller     | SO | Kutztown         | 1.55m  | 678 |
| 3 Kaitlin Moyer     | JR | Millersville     | 1.55m  | 678 |
| 6 Jenna Uncapher    | SO | Clarion          | 1.49m  | 610 |
| 6 Kaitlyn Bonczyk   | SO | Slippery Rock    | 1.49m  | 610 |
| 6 Kayla Brooks      | FR | Shippensburg     | 1.49m  | 610 |
| 9 Elyssa Pemu       | FR | Seton Hill       | 1.46m  | 577 |
| 10 Danielle MacBeth | FR | Slippery Rock    | 1.37m  | 481 |
| 10 Darcie Frazier   | FR | California (Pa.) | 1.37m  | 481 |
| 10 Mallory Voegelin | FR | Edinboro         | 1.37m  | 481 |
| 13 Alison Lamoreaux | FR | Slippery Rock    | 1.34m  | 449 |
| 13 Carson Pennings  | SO | Shippensburg     | 1.34m  | 449 |
| 15 Lauren O'Malley  | SO | Bloomsburg       | 1.31m  | 419 |
| 16 Kaitlyn Lander   | SO | Slippery Rock    | 1.28m  | 389 |

**Heptathlon: #5 Women Long Jump Heptathlon**

| Name                | Yr | School           | Finals |     |
|---------------------|----|------------------|--------|-----|
| 1 Madison James     | JR | West Chester     | 5.45m  | 686 |
| 2 Darcie Frazier    | FR | California (Pa.) | 5.08m  | 581 |
| 3 Anna Ebersole     | FR | California (Pa.) | 5.03m  | 567 |
| 4 Jayna Galley      | FR | Edinboro         | 5.02m  | 565 |
| 5 Kaitlyn Bonczyk   | SO | Slippery Rock    | 4.99m  | 557 |
| 6 Jenna Uncapher    | SO | Clarion          | 4.96m  | 548 |
| 6 Lauren O'Malley   | SO | Bloomsburg       | 4.96m  | 548 |
| 8 Kaitlin Moyer     | JR | Millersville     | 4.94m  | 543 |
| 9 Kayla Brooks      | FR | Shippensburg     | 4.88m  | 527 |
| 10 Carson Pennings  | SO | Shippensburg     | 4.85m  | 519 |
| 11 Skylar Miller    | SO | Kutztown         | 4.78m  | 500 |
| 12 Danielle MacBeth | FR | Slippery Rock    | 4.76m  | 495 |
| 13 Kaitlyn Lander   | SO | Slippery Rock    | 4.67m  | 472 |
| 14 Alison Lamoreaux | FR | Slippery Rock    | 4.40m  | 403 |
| 15 Mallory Voegelin | FR | Edinboro         | 4.37m  | 396 |
| 16 Elyssa Pemu      | FR | Seton Hill       | 4.07m  | 324 |

**Heptathlon: #3 Women Shot Put Heptathlon**

| Name                | Yr | School           | Finals |     |
|---------------------|----|------------------|--------|-----|
| 1 Madison James     | JR | West Chester     | 11.20m | 608 |
| 2 Darcie Frazier    | FR | California (Pa.) | 11.03m | 597 |
| 3 Jayna Galley      | FR | Edinboro         | 10.66m | 573 |
| 4 Kaitlin Moyer     | JR | Millersville     | 9.30m  | 484 |
| 5 Jenna Uncapher    | SO | Clarion          | 9.15m  | 474 |
| 6 Skylar Miller     | SO | Kutztown         | 9.12m  | 472 |
| 7 Kaitlyn Lander    | SO | Slippery Rock    | 8.96m  | 462 |
| 8 Kayla Brooks      | FR | Shippensburg     | 8.74m  | 447 |
| 9 Anna Ebersole     | FR | California (Pa.) | 8.67m  | 443 |
| 10 Elyssa Pemu      | FR | Seton Hill       | 8.30m  | 419 |
| 11 Danielle MacBeth | FR | Slippery Rock    | 8.23m  | 414 |
| 12 Lauren O'Malley  | SO | Bloomsburg       | 8.17m  | 410 |

**PSAC Outdoor Track & Field Championships**  
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**Results**

**Finals ... (Heptathlon: #3 Women Shot Put Heptathlon)**

| Name                | Yr | School        | Finals    |
|---------------------|----|---------------|-----------|
| 13 Carson Pennings  | SO | Shippensburg  | 7.86m 390 |
| 14 Alison Lamoreaux | FR | Slippery Rock | 7.53m 369 |
| 15 Kaitlyn Bonczyk  | SO | Slippery Rock | 7.45m 364 |
| 16 Mallory Voegelin | FR | Edinboro      | 7.42m 362 |

**Heptathlon: #6 Women Javelin Throw Heptathlon**

| Name                | Yr | School           | Finals     |
|---------------------|----|------------------|------------|
| 1 Madison James     | JR | West Chester     | 36.11m 593 |
| 2 Kaitlin Moyer     | JR | Millersville     | 35.39m 579 |
| 3 Jayna Galley      | FR | Edinboro         | 32.31m 520 |
| 4 Anna Ebersole     | FR | California (Pa.) | 31.14m 498 |
| 5 Jenna Uncapher    | SO | Clarion          | 30.48m 486 |
| 6 Skylar Miller     | SO | Kutztown         | 29.39m 465 |
| 7 Kaitlyn Lander    | SO | Slippery Rock    | 28.60m 450 |
| 8 Darcie Frazier    | FR | California (Pa.) | 27.38m 427 |
| 9 Alison Lamoreaux  | FR | Slippery Rock    | 26.62m 413 |
| 10 Lauren O'Malley  | SO | Bloomsburg       | 24.73m 377 |
| 11 Danielle MacBeth | FR | Slippery Rock    | 23.47m 354 |
| 12 Kayla Brooks     | FR | Shippensburg     | 23.04m 346 |
| 13 Mallory Voegelin | FR | Edinboro         | 20.20m 293 |
| 14 Kaitlyn Bonczyk  | SO | Slippery Rock    | 20.11m 291 |
| 15 Carson Pennings  | SO | Shippensburg     | 19.73m 284 |
| 16 Elyssa Pemu      | FR | Seton Hill       | 18.60m 263 |

**Women Heptathlon**

**Conference:** 5392 C 2010      **Maddy Outman**  
**Meet Record:** 5062 M 2010      **Maddy Outman**  
**Auto:** 5195 A  
**Prov:** 4504 P

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| 1 Madison James     | JR | West Chester     | 4681P 10 |
| 2 Kaitlin Moyer     | JR | Millersville     | 4383 8   |
| 3 Jayna Galley      | FR | Edinboro         | 4349 6   |
| 4 Jenna Uncapher    | SO | Clarion          | 4053 5   |
| 5 Anna Ebersole     | FR | California (Pa.) | 4035 4   |
| 6 Darcie Frazier    | FR | California (Pa.) | 3950 3   |
| 7 Kayla Brooks      | FR | Shippensburg     | 3723 2   |
| 8 Skylar Miller     | SO | Kutztown         | 3677 1   |
| 9 Kaitlyn Bonczyk   | SO | Slippery Rock    | 3595     |
| 10 Carson Pennings  | SO | Shippensburg     | 3585     |
| 11 Danielle MacBeth | FR | Slippery Rock    | 3482     |
| 12 Lauren O'Malley  | SO | Bloomsburg       | 3338     |
| 13 Alison Lamoreaux | FR | Slippery Rock    | 3275     |
| 14 Elyssa Pemu      | FR | Seton Hill       | 3195     |
| 15 Mallory Voegelin | FR | Edinboro         | 3127     |
| 16 Kaitlyn Lander   | SO | Slippery Rock    | 3066     |

**Men 100 Meter Dash**

**Conference:** 10.26 C 1996      **Gerald Mack**  
**Meet Record:** 10.26 M 1996      **Gerald Mack**  
**Auto:** 10.26 A  
**Prov:** 10.58 P

| Name                    | Yr | School           | Prelims     |
|-------------------------|----|------------------|-------------|
| <b>Preliminaries</b>    |    |                  |             |
| 1 Raul Esteves          | FR | East Stroudsburg | 10.81Q0.7   |
| 2 Maurice Whittle       | FR | Shippensburg     | 10.87Q+0.0  |
| 3 Bryan Dworek          | FR | Slippery Rock    | 10.90q 0.7  |
| 4 Tymir Jackson         | FR | California (Pa.) | 10.92q +0.0 |
| 5 Eric Kirk             | FR | Shippensburg     | 10.96q +0.0 |
| 6 Parker Reed           | JR | Slippery Rock    | 10.98q 0.7  |
| 7 EJ Dorwil             | SO | Shippensburg     | 10.98q +0.0 |
| 8 Joseph Piper          | FR | Seton Hill       | 11.02q 0.7  |
| 9 Noah Shannon-Hatchett | JR | Indiana (Pa.)    | 11.08 +0.0  |
| 10 Jonathan Marfisi     | SO | Slippery Rock    | 11.10 0.7   |
| 11 Kristopher Lytle     | FR | California (Pa.) | 11.17 0.7   |
| 12 Mitch Vlemineckx     | SR | Slippery Rock    | 11.23 0.7   |
| 13 Henry Polanco        | FR | Mansfield        | 11.39 +0.0  |
| --- Tyeshawn Worrell    | FR | Kutztown         | DNS +0.0    |
| --- Kirkland Robins     | FR | Seton Hill       | DNS 0.7     |

**Men 100 Meter Dash**

**Conference:** 10.26 C 1996      **Gerald Mack**  
**Meet Record:** 10.26 M 1996      **Gerald Mack**  
**Auto:** 10.26 A  
**Prov:** 10.58 P

| Name              | Yr | School           | Finals   |
|-------------------|----|------------------|----------|
| <b>Finals</b>     |    |                  |          |
| 1 Raul Esteves    | FR | East Stroudsburg | 10.70 10 |
| 2 Maurice Whittle | FR | Shippensburg     | 10.76 8  |
| 3 Eric Kirk       | FR | Shippensburg     | 10.76 6  |
| 4 Bryan Dworek    | FR | Slippery Rock    | 10.80 5  |
| 5 Tymir Jackson   | FR | California (Pa.) | 10.88 4  |
| 6 Joseph Piper    | FR | Seton Hill       | 10.91 3  |
| 7 EJ Dorwil       | SO | Shippensburg     | 10.95 2  |
| 8 Parker Reed     | JR | Slippery Rock    | 10.98 1  |

**Men 200 Meter Dash**

**Conference:** 21.01 C 4/19/2019      **Jae'Len Means**  
**Meet Record:** 21.03 M 5/4/2018      **Jae'Len Means**  
**Auto:** 20.75 A  
**Prov:** 21.36 P

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| <b>Finals</b>       |    |                  |          |
| 1 Sean Ringgold     | JR | Mansfield        | 21.87 10 |
| 2 Tymir Jackson     | FR | California (Pa.) | 21.95 8  |
| 3 Bryan Dworek      | FR | Slippery Rock    | 21.97 6  |
| 4 Raul Esteves      | FR | East Stroudsburg | 22.23 5  |
| 5 Eric Kirk         | FR | Shippensburg     | 22.34 4  |
| 6 Zakharee Williams | FR | Seton Hill       | 22.43 3  |
| 7 Parker Reed       | JR | Slippery Rock    | 22.44 2  |
| 8 Joseph Piper      | FR | Seton Hill       | 22.51 1  |



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**Finals ... (Men 200 Meter Dash)**

| Name                 | Yr | School           | Finals    |
|----------------------|----|------------------|-----------|
| 9 Savaughn Hebron    | SO | Kutztown         | 22.83 0.1 |
| 10 Jonathan Marfisi  | SO | Slippery Rock    | 22.85 1.3 |
| 11 Kristopher Lytle  | FR | California (Pa.) | 22.92 0.1 |
| 12 Eric Westray      | JR | Indiana (Pa.)    | 23.06 0.1 |
| 13 Avery Boea-Gisler | JR | California (Pa.) | 23.07 0.1 |
| 14 Montell Carlock   | FR | California (Pa.) | 23.24 0.1 |
| --- Kirkland Robins  | FR | Seton Hill       | DNS 0.1   |

**Men 400 Meter Dash**

**Conference:** 46.57 C 2010      **Chris Edelman / Scott Eisenhar**  
**Meet Record:** 46.57 M 2010      **Chris Edelman**  
**Auto:** 46.23 A  
**Prov:** 47.77 P

| Name                     | Yr | School           | Prelims |
|--------------------------|----|------------------|---------|
| <b>Preliminaries</b>     |    |                  |         |
| 1 Stephon Brown          | FR | Shippensburg     | 48.27Q  |
| 2 Avery Boea-Gisler      | JR | California (Pa.) | 49.56Q  |
| 3 Sean Ringgold          | JR | Mansfield        | 49.40q  |
| 4 Kyle Breault           | JR | Edinboro         | 49.55q  |
| 5 Chad Mowbray           | FR | West Chester     | 49.80q  |
| 6 Zakharee Williams      | FR | Seton Hill       | 50.25q  |
| 7 Zandrew Bowe           | FR | East Stroudsburg | 50.32q  |
| 8 Sean Roberts           | SO | East Stroudsburg | 50.42q  |
| 9 Savaughn Hebron        | SO | Kutztown         | 50.75   |
| 10 Matthew Fry           | FR | West Chester     | 50.77   |
| 11 Alex Dickson          | SO | Slippery Rock    | 51.00   |
| 12 Terrance Quaker       | FR | Mansfield        | 51.03   |
| 13 Matthew James-Thrower | SO | Edinboro         | 51.22   |
| 14 Robert Wilson         | FR | Bloomsburg       | 51.51   |
| 15 Ryan Miller           | FR | Lock Haven       | 51.85   |
| 16 Jackson Coyne         | FR | Seton Hill       | 51.88   |

**Men 400 Meter Dash**

**Conference:** 46.57 C 2010      **Chris Edelman / Scott Eisenhar**  
**Meet Record:** 46.57 M 2010      **Chris Edelman**  
**Auto:** 46.23 A  
**Prov:** 47.77 P

| Name                | Yr | School           | Finals   |
|---------------------|----|------------------|----------|
| <b>Finals</b>       |    |                  |          |
| 1 Stephon Brown     | FR | Shippensburg     | 48.65 10 |
| 2 Sean Ringgold     | JR | Mansfield        | 49.47 8  |
| 3 Avery Boea-Gisler | JR | California (Pa.) | 49.57 6  |
| 4 Chad Mowbray      | FR | West Chester     | 49.61 5  |
| 5 Kyle Breault      | JR | Edinboro         | 50.05 4  |
| 6 Zakharee Williams | FR | Seton Hill       | 50.36 3  |
| 7 Sean Roberts      | SO | East Stroudsburg | 50.41 2  |
| 8 Zandrew Bowe      | FR | East Stroudsburg | 50.67 1  |

**Men 800 Meter Run**

**Conference:** 1:48.51 C 2013      **Kevin Jewel**  
**Meet Record:** 1:48.57 M 2008      **Sean Strauman**  
**Auto:** 1:48.78 A  
**Prov:** 1:52.03 P

| Name                     | Yr | School           | Prelims  |
|--------------------------|----|------------------|----------|
| <b>Preliminaries</b>     |    |                  |          |
| 1 Drew Dailey            | FR | Shippensburg     | 1:52.72Q |
| 2 Tyler Bailey           | SO | Bloomsburg       | 1:54.58Q |
| 3 Christian Tanner       | FR | Mansfield        | 1:54.70Q |
| 4 Matt Wehrle            | SO | Edinboro         | 1:54.76Q |
| 5 Ken Azzarello          | SR | Pitt.-Johnstown  | 1:54.87q |
| 6 Noah Bernarding        | FR | California (Pa.) | 1:55.05q |
| 7 Brendan Oswalt         | JR | Edinboro         | 1:55.37q |
| 8 Ryan Scicchitano       | FR | Shippensburg     | 1:55.43q |
| 9 Justin Jones           | SR | Indiana (Pa.)    | 1:55.85  |
| 10 Donavin Meriweather   | SO | Seton Hill       | 1:56.37  |
| 11 Troy Shattuck         | SO | Slippery Rock    | 1:56.91  |
| 12 Christopher McCormick | JR | Bloomsburg       | 1:57.47  |
| 13 Parker Jarratt        | FR | Bloomsburg       | 1:57.55  |
| 14 Alejandro Paez        | FR | East Stroudsburg | 1:57.77  |
| 15 Matt Gross            | SR | Shippensburg     | 1:58.99  |
| 16 David Kramer          | FR | West Chester     | 2:01.16  |

**Men 800 Meter Run**

**Conference:** 1:48.51 C 2013      **Kevin Jewel**  
**Meet Record:** 1:48.57 M 2008      **Sean Strauman**  
**Auto:** 1:48.78 A  
**Prov:** 1:52.03 P

| Name               | Yr | School           | Finals     |
|--------------------|----|------------------|------------|
| <b>Finals</b>      |    |                  |            |
| 1 Drew Dailey      | FR | Shippensburg     | 1:53.45 10 |
| 2 Tyler Bailey     | SO | Bloomsburg       | 1:54.48 8  |
| 3 Christian Tanner | FR | Mansfield        | 1:55.29 6  |
| 4 Ken Azzarello    | SR | Pitt.-Johnstown  | 1:56.05 5  |
| 5 Matt Wehrle      | SO | Edinboro         | 1:56.86 4  |
| 6 Noah Bernarding  | FR | California (Pa.) | 1:58.63 3  |
| 7 Brendan Oswalt   | JR | Edinboro         | 2:00.37 2  |
| 8 Ryan Scicchitano | FR | Shippensburg     | 2:05.17 1  |

**Men 1500 Meter Run**

**Conference:** 3:45.64 C      **Carl Leonard /Gary Bicking**  
**Meet Record:** 3:48.30 M 1980      **Gary Bicking**  
**Auto:** 3:44.28 A  
**Prov:** 3:50.52 P

| Name                    | Yr | School       | Finals     |
|-------------------------|----|--------------|------------|
| <b>Finals</b>           |    |              |            |
| 1 Drew Dailey           | FR | Shippensburg | 3:57.95 10 |
| 2 Matt Wehrle           | SO | Edinboro     | 4:01.70 8  |
| 3 Ward Ries             | SO | Edinboro     | 4:02.54 6  |
| 4 Alexander Ermold      | FR | Shippensburg | 4:03.47 5  |
| 5 Ryan Scicchitano      | FR | Shippensburg | 4:04.52 4  |
| 6 Ian Sherlock          | FR | Shippensburg | 4:04.67 3  |
| 7 Christopher McCormick | JR | Bloomsburg   | 4:05.46 2  |

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**Results**

**Finals ... (Men 1500 Meter Run)**

| Name                   | Yr | School           | Finals  |   |
|------------------------|----|------------------|---------|---|
| 8 Mason Jobe           | FR | California (Pa.) | 4:05.62 | 1 |
| 9 Luke Valdevit        | SO | East Stroudsburg | 4:05.73 |   |
| 10 Shannon Dooley      | FR | Slippery Rock    | 4:06.62 |   |
| 11 Marco Cardone       | FR | Indiana (Pa.)    | 4:06.92 |   |
| 12 Evan Weaver         | SO | Indiana (Pa.)    | 4:08.17 |   |
| 13 Noah Bernarding     | FR | California (Pa.) | 4:08.47 |   |
| 14 Donavin Meriweather | SO | Seton Hill       | 4:08.48 |   |
| 15 John Davern         | JR | Lock Haven       | 4:09.02 |   |
| 16 Dylan Binda         | FR | Edinboro         | 4:09.48 |   |

**Men 5000 Meter Run**

**Conference: 13:56.01 C 1987**      **Mike Platt**  
**Meet Record: 14:19.80 M 2008**      **Ryan Blood**  
**Auto: 13:54.33 A**  
**Prov: 14:32.80 P**

| Name               | Yr | School           | Finals   |    |
|--------------------|----|------------------|----------|----|
| <b>Finals</b>      |    |                  |          |    |
| 1 Colton Cassel    | JR | Edinboro         | 14:57.08 | 10 |
| 2 Chayce Macknair  | FR | Shippensburg     | 15:02.55 | 8  |
| 3 Connor Volk-Klos | FR | Edinboro         | 15:03.95 | 6  |
| 4 Danny Desmond    | SO | Edinboro         | 15:07.98 | 5  |
| 5 Casey Ellis      | SR | East Stroudsburg | 15:12.51 | 4  |
| 6 Benton Bickerton | SR | Seton Hill       | 15:15.31 | 3  |
| 7 Aiden Gonder     | FR | Shippensburg     | 15:17.94 | 2  |
| 8 Jack Lacina      | JR | Edinboro         | 15:18.55 | 1  |
| 9 Aaron Pfeil      | JR | Lock Haven       | 15:23.50 |    |
| 10 Hunter Jarratt  | JR | Bloomsburg       | 15:27.01 |    |
| 11 Andrew Sulon    | JR | Kutztown         | 15:30.13 |    |
| 12 Sam Lenze       | JR | Indiana (Pa.)    | 15:38.84 |    |
| 13 Hayden Hunt     | FR | Shippensburg     | 15:41.59 |    |
| 14 Tanner Walter   | FR | Lock Haven       | 15:43.40 |    |
| 15 Zack Skrabski   | JR | Lock Haven       | 15:46.35 |    |
| 16 Nick Amos       | SO | Edinboro         | 16:07.03 |    |

**Men 10000 Meter Run**

**Conference: 28:40.88 C 2014**      **Aaron Dinzeo**  
**Meet Record: 29:33.53 M 1983**      **Brian Ferrari**  
**Auto: 29:13.60 A**  
**Prov: 30:42.74 P**

| Name              | Yr | School           | Finals   |    |
|-------------------|----|------------------|----------|----|
| <b>Finals</b>     |    |                  |          |    |
| 1 Chayce Macknair | FR | Shippensburg     | 30:58.65 | 10 |
| 2 Casey Ellis     | SR | East Stroudsburg | 31:07.12 | 8  |
| 3 Hayden Hunt     | FR | Shippensburg     | 31:37.73 | 6  |
| 4 Aaron Pfeil     | JR | Lock Haven       | 31:50.27 | 5  |
| 5 Cole Hanks      | SO | Edinboro         | 32:08.48 | 4  |
| 6 Hunter Jarratt  | JR | Bloomsburg       | 32:43.67 | 3  |
| 7 Danny Desmond   | SO | Edinboro         | 32:45.20 | 2  |
| 8 Kevin Konyar    | SO | Bloomsburg       | 32:53.93 | 1  |
| 9 Ethan Rogers    | FR | Lock Haven       | 33:11.41 |    |
| 10 Michael Gavio  | FR | Bloomsburg       | 33:18.48 |    |
| 11 Nate Kaplon    | JR | Shippensburg     | 33:24.56 |    |
| 12 Kevin Heeman   | FR | Mansfield        | 33:34.21 |    |
| 13 Derek Barney   | SR | Kutztown         | 33:47.02 |    |

|                      |    |               |          |
|----------------------|----|---------------|----------|
| 14 Nate Harding      | FR | Shippensburg  | 33:47.71 |
| 15 Owen Keith        | JR | Seton Hill    | 34:04.82 |
| 16 Ethan Ribelin     | FR | Indiana (Pa.) | 34:14.81 |
| --- Benton Bickerton | SR | Seton Hill    | DNF      |
| --- Nicholas Bower   | FR | West Chester  | DNF      |

**Men 110 Meter Hurdles**

**Conference: 13.75 C 2012**      **Brice Myers**  
**Meet Record: 14.00 M 2008**      **Jarret Eaton**  
**Auto: 13.89 A**  
**Prov: 14.53 P**

| Name                 | Yr | School           | Prelims      |
|----------------------|----|------------------|--------------|
| <b>Preliminaries</b> |    |                  |              |
| 1 Samuel Hartman     | SO | Seton Hill       | M 13.93Q+0.0 |
| 2 Sven Rabsahl       | JR | Seton Hill       | 14.63Q+0.0   |
| 3 Charles Bowman     | SR | Shippensburg     | 14.67q+0.0   |
| 4 Zach Wise          | SR | Slippery Rock    | 14.97q+0.0   |
| 5 Hank Anderson      | SO | Bloomsburg       | 15.13q+0.0   |
| 6 John Franklin      | SO | California (Pa.) | 15.29q+0.0   |
| 7 Brenden Lewis      | FR | Slippery Rock    | 15.59q+0.0   |
| 8 Ben Hartman        | FR | Seton Hill       | 15.63q+0.0   |
| 9 Caleb Carney       | FR | East Stroudsburg | 15.78 +0.0   |
| 10 Daniel Daley      | SO | East Stroudsburg | 15.80 +0.0   |
| 11 Isaiah Barnes     | FR | Shippensburg     | 15.83 +0.0   |
| 12 Addison Singleton | SO | Indiana (Pa.)    | 15.92 +0.0   |
| 13 Nasir Kyle        | FR | East Stroudsburg | 16.14 +0.0   |
| 14 Caden Fisher      | SO | Mansfield        | 16.15 +0.0   |
| 15 Sebastian Smith   | FR | East Stroudsburg | 16.66 +0.0   |

**Men 110 Meter Hurdles**

**Conference: 13.75 C 2012**      **Brice Myers**  
**Meet Record: 14.00 M 2008**      **Jarret Eaton**  
**Auto: 13.89 A**  
**Prov: 14.53 P**

| Name             | Yr | School           | Finals    |
|------------------|----|------------------|-----------|
| <b>Finals</b>    |    |                  |           |
| 1 Samuel Hartman | SO | Seton Hill       | 13.88A 10 |
| 2 Charles Bowman | SR | Shippensburg     | 14.37P 8  |
| 3 Sven Rabsahl   | JR | Seton Hill       | 14.65 6   |
| 4 Zach Wise      | SR | Slippery Rock    | 14.66 5   |
| 5 John Franklin  | SO | California (Pa.) | 15.04 4   |
| 6 Hank Anderson  | SO | Bloomsburg       | 15.18 3   |
| 7 Ben Hartman    | FR | Seton Hill       | 15.61 2   |
| 8 Brenden Lewis  | FR | Slippery Rock    | 15.82 1   |

**Men 400 Meter Hurdles**

**Conference: 50.44 C 1986**      **Bruce Tiller**  
**Meet Record: 50.90 M 5/11/2019**      **Johnanthan Stiles**  
**Auto: 51.34 A**  
**Prov: 53.42 P**

| Name                 | Yr | School       | Prelims |
|----------------------|----|--------------|---------|
| <b>Preliminaries</b> |    |              |         |
| 1 Charles Bowman     | SR | Shippensburg | 53.65Q  |
| 2 Samuel Hartman     | SO | Seton Hill   | 54.04Q  |

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**Preliminaries ... (Men 400 Meter Hurdles)**

| Name                 | Yr | School           | Prelims |
|----------------------|----|------------------|---------|
| 3 Josh Booth         | SO | Shippensburg     | 56.09q  |
| 4 Matthew Lenahan    | SO | Shippensburg     | 56.42q  |
| 5 Gunner Coleman     | SR | Slippery Rock    | 57.08q  |
| 6 Lawrence Bass      | FR | East Stroudsburg | 57.30q  |
| 7 Tyler Spaid        | FR | Pitt.-Johnstown  | 57.42q  |
| 8 Damion Reed        | SR | Slippery Rock    | 57.52q  |
| 9 Cade Gratzmiller   | FR | Slippery Rock    | 57.73   |
| 10 Matthew Muthler   | FR | Lock Haven       | 59.27   |
| 11 Nasir Kyle        | FR | East Stroudsburg | 1:00.07 |
| 12 Addison Singleton | SO | Indiana (Pa.)    | 1:00.24 |
| 13 Sebastian Smith   | FR | East Stroudsburg | 1:04.25 |
| 14 Bryce Meriweather | SO | Seton Hill       | 1:06.30 |
| --- Joshua Paul      | FR | Kutztown         | DNS     |

**Men 400 Meter Hurdles**

**Conference:** 50.44 C 1986      **Bruce Tiller**  
**Meet Record:** 50.90 M 5/11/2019      **Johnanthan Stiles**  
**Auto:** 51.34 A  
**Prov:** 53.42 P

| Name              | Yr | School           | Finals    |
|-------------------|----|------------------|-----------|
| <b>Finals</b>     |    |                  |           |
| 1 Samuel Hartman  | SO | Seton Hill       | 51.67P 10 |
| 2 Josh Booth      | SO | Shippensburg     | 53.83 8   |
| 3 Charles Bowman  | SR | Shippensburg     | 53.98 6   |
| 4 Matthew Lenahan | SO | Shippensburg     | 55.82 5   |
| 5 Lawrence Bass   | FR | East Stroudsburg | 56.79 4   |
| 6 Gunner Coleman  | SR | Slippery Rock    | 56.94 3   |
| 7 Tyler Spaid     | FR | Pitt.-Johnstown  | 57.05 2   |
| 8 Damion Reed     | SR | Slippery Rock    | 57.61 1   |

**Men 3000 Meter Steeplechase**

**Conference:** 8:39.20 C 1983      **Greg Beardsley**  
**Meet Record:** 8:53.65 M 5/1/2015      **Peter Gelston**  
**Auto:** 8:52.85 A  
**Prov:** 9:15.02 P

| Name                 | Yr | School           | Finals     |
|----------------------|----|------------------|------------|
| <b>Finals</b>        |    |                  |            |
| 1 Ward Ries          | SO | Edinboro         | 9:17.31 10 |
| 2 Chase Knorr        | SO | West Chester     | 9:24.93 8  |
| 3 John Davern        | JR | Lock Haven       | 9:30.78 6  |
| 4 Sam Lenze          | JR | Indiana (Pa.)    | 9:39.64 5  |
| 5 Ian Sherlock       | FR | Shippensburg     | 9:45.77 4  |
| 6 Andrew Sulon       | JR | Kutztown         | 9:50.93 3  |
| 7 Theodore Mostellar | SR | East Stroudsburg | 9:56.60 2  |
| 8 Kohen Stover       | FR | Lock Haven       | 10:01.01 1 |
| 9 Hunter Confair     | JR | Lock Haven       | 10:08.26   |
| 10 Al Lindstrom      | JR | Seton Hill       | 10:18.69   |
| 11 Andrew Feldman    | SO | Shippensburg     | 10:25.72   |
| 12 Brayden Henninger | FR | Seton Hill       | 10:27.09   |
| 13 Cole Harris       | FR | Shippensburg     | 10:32.80   |
| 14 Greg Overbeck     | FR | Seton Hill       | 10:38.52   |
| 15 Nathan Eadie      | FR | Slippery Rock    | 10:39.48   |
| 16 Gio Cerisier      | SO | Kutztown         | 11:17.06   |

**Men 4x100 Meter Relay**

**Conference:** 40.21 C 1977  
**Pettis, Davis, Hackley, Crunkleton**  
**Meet Record:** 40.69 M 2009  
**H Bailey, K Raymond, T Taylor, N Harris**  
**Auto:** 40.20 A  
**Prov:** 41.09 P

| Team                        | Relay                       | Prelims  |
|-----------------------------|-----------------------------|----------|
| <b>Preliminaries</b>        |                             |          |
| 1 Shippensburg              |                             | M 40.56Q |
| 1) Stephon Brown FR         | 2) Maurice Whittle FR       |          |
| 3) EJ Dorwil SO             | 4) Eric Kirk FR             |          |
| 2 Slippery Rock             |                             | 42.51Q   |
| 1) Jonathan Marfisi SO      | 2) Mitch Vleminckx SR       |          |
| 3) Parker Reed JR           | 4) Bryan Dworek FR          |          |
| 3 East Stroudsburg          |                             | 43.14q   |
| 1) Austin Nice FR           | 2) Sean Roberts SO          |          |
| 3) Raul Esteves FR          | 4) Jared Williams FR        |          |
| 4 California (Pa.)          |                             | 43.21q   |
| 1) John Franklin SO         | 2) Avery Boea-Gisler JR     |          |
| 3) Christian Nash FR        | 4) Jalen Cloud JR           |          |
| 5 Indiana (Pa.)             |                             | 43.49q   |
| 1) Addison Singleton SO     | 2) Noah Shannon-Hatchett JR |          |
| 3) Lawrence Anderson FR     | 4) Eric Westray JR          |          |
| 6 Pitt.-Johnstown           |                             | 44.16q   |
| 1) Tyler Spaid FR           | 2) Logan Williams SO        |          |
| 3) Dan Heller SR            | 4) Brock Fisher SR          |          |
| 7 Bloomsburg                |                             | 44.52q   |
| 1) Anthony Moser SO         | 2) Robert Wilson FR         |          |
| 3) Andrew Basile FR         | 4) Hank Anderson SO         |          |
| 8 Kutztown                  |                             | 45.24q   |
| 1) Savaughn Hebron SO       | 2) Andrew Bosche SR         |          |
| 3) Zach Austen SR           | 4) Tegan Fortna SR          |          |
| 9 Edinboro                  |                             | 46.33    |
| 1) Matthew James-Thrower SO | 2) Nick Northrup FR         |          |
| 3) Eric Alu SO              | 4) Kyle Breault JR          |          |
| 10 Lock Haven               |                             | 47.19    |
| 1) Matthew Shimmel FR       | 2) Matthew Muthler FR       |          |
| 3) Chris Maichle JR         | 4) Andrew Wehrle FR         |          |

**Men 4x100 Meter Relay**

**Conference:** 40.21 C 1977  
**Pettis, Davis, Hackley, Crunkleton**  
**Meet Record:** 40.69 M 2009  
**H Bailey, K Raymond, T Taylor, N Harris**  
**Auto:** 40.20 A  
**Prov:** 41.09 P

| Team                | Relay                 | Finals   |
|---------------------|-----------------------|----------|
| <b>Finals</b>       |                       |          |
| 1 Shippensburg      |                       | 41.41 10 |
| 1) Stephon Brown FR | 2) Maurice Whittle FR |          |
| 3) EJ Dorwil SO     | 4) Eric Kirk FR       |          |

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| <b>Finals ... (Men 4x100 Meter Relay)</b> |                             |               |   |
|---|-----------------------------|---------------|---|
| <b>Team</b>                               | <b>Relay</b>                | <b>Finals</b> |   |
| 2 Slippery Rock                           |                             | 42.24         | 8 |
| 1) Jonathan Marfisi SO                    | 2) Mitch Vleminckx SR       |               |   |
| 3) Parker Reed JR                         | 4) Bryan Dworek FR          |               |   |
| 3 East Stroudsburg                        |                             | 42.76         | 6 |
| 1) Austin Nice FR                         | 2) Sean Roberts SO          |               |   |
| 3) Raul Esteves FR                        | 4) Nasir Kyle FR            |               |   |
| 4 California (Pa.)                        |                             | 43.33         | 5 |
| 1) Kristopher Lytle FR                    | 2) Avery Boea-Gisler JR     |               |   |
| 3) Christian Nash FR                      | 4) Jalen Cloud JR           |               |   |
| 5 Indiana (Pa.)                           |                             | 43.85         | 4 |
| 1) Eliezier Silvestre SR                  | 2) Noah Shannon-Hatchett JR |               |   |
| 3) Lawrence Anderson FR                   | 4) Eric Westray JR          |               |   |
| 6 Bloomsburg                              |                             | 44.60         | 3 |
| 1) Anthony Moser SO                       | 2) Robert Wilson FR         |               |   |
| 3) Andrew Basile FR                       | 4) Hank Anderson SO         |               |   |
| 7 Pitt.-Johnstown                         |                             | 45.03         | 2 |
| 1) Tyler Spaid FR                         | 2) Logan Williams SO        |               |   |
| 3) Dan Heller SR                          | 4) Brock Fisher SR          |               |   |
| 8 Kutztown                                |                             | 46.19         | 1 |
| 1) Savaughn Hebron SO                     | 2) Andrew Bosche SR         |               |   |
| 3) Zach Austen SR                         | 4) Tegan Fortna SR          |               |   |

**Men 4x400 Meter Relay**  
**Conference: 3:10.43 C 2014**

**Bologa, A.Kujawski, Shaw, Bales**  
**Meet Record: 3:12.05 M 5/3/2014**  
**K Shaw, E Bologa, A Kujawski, R Bales**  
**Auto: 3:09.18 A**  
**Prov: 3:13.91 P**

| <b>Team</b>                 | <b>Relay</b>            | <b>Finals</b> |    |
|-----------------------------|-------------------------|---------------|----|
| 1 Shippensburg              |                         | 3:16.37       | 10 |
| 1) Stephon Brown FR         | 2) Charles Bowman SR    |               |    |
| 3) Drew Dailey FR           | 4) Josh Booth SO        |               |    |
| 2 East Stroudsburg          |                         | 3:24.07       | 8  |
| 1) Lawrence Bass FR         | 2) Zandrew Bowe FR      |               |    |
| 3) Sean Roberts SO          | 4) Raul Esteves FR      |               |    |
| 3 Edinboro                  |                         | 3:24.24       | 6  |
| 1) Matthew James-Thrower SO | 2) Matt Wehrle SO       |               |    |
| 3) Brendan Oswalt JR        | 4) Kyle Breault JR      |               |    |
| 4 California (Pa.)          |                         | 3:24.36       | 5  |
| 1) Noah Bernarding FR       | 2) Jalen Cloud JR       |               |    |
| 3) Tymir Jackson FR         | 4) Avery Boea-Gisler JR |               |    |
| 5 Seton Hill                |                         | 3:24.53       | 4  |
| 1) Zakharee Williams FR     | 2) Zack Carl SR         |               |    |
| 3) Samuel Hartman SO        | 4) Hunter Martin FR     |               |    |
| 6 Mansfield                 |                         | 3:25.75       | 3  |
| 1) Sean Ringgold JR         | 2) Terrance Quaker FR   |               |    |
| 3) Victor Ortiz FR          | 4) Christian Tanner FR  |               |    |
| 7 West Chester              |                         | 3:25.76       | 2  |
| 1) Jack Wasserman FR        | 2) Chase Knorr SO       |               |    |
| 3) Chad Mowbray FR          | 4) Matthew Fry FR       |               |    |

|                       |                          |         |   |
|-----------------------|--------------------------|---------|---|
| 8 Pitt.-Johnstown     |                          | 3:26.39 | 1 |
| 1) Ken Azzarello SR   | 2) Ryan Karlheim SR      |         |   |
| 3) Dan Heller SR      | 4) Logan Williams SO     |         |   |
| 9 Bloomsburg          |                          | 3:28.34 |   |
| 1) Tyler Bailey SO    | 2) Andrew Basile FR      |         |   |
| 3) Parker Jarratt FR  | 4) Robert Wilson FR      |         |   |
| 10 Indiana (Pa.)      |                          | 3:34.45 |   |
| 1) Eric Westray JR    | 2) Andre Carr JR         |         |   |
| 3) Justin Jones SR    | 4) Eliezier Silvestre SR |         |   |
| 11 Lock Haven         |                          | 3:38.41 |   |
| 1) Matthew Muthler FR | 2) Matthew Shimmel FR    |         |   |
| 3) Andrew Wehrle FR   | 4) Chris Valdez JR       |         |   |
| --- Kutztown          |                          | FS      |   |
| 1) Gio Cerisier SO    | 2) Savaughn Hebron SO    |         |   |
| 3) John Ismen SR      | 4) Joshua Paul FR        |         |   |
| --- Slippery Rock     |                          | DNS     |   |
| 1) Jason Goodman JR   | 2) Cade Gratzmiller FR   |         |   |
| 3) Alex Dickson SO    | 4) Troy Shattuck SO      |         |   |

**Men High Jump**

**Conference: 7-02 C 1989** **Billy Wade**  
**Meet Record: 7-00.75 M 1996** **Matt McVetta**  
**Auto: 2.15m A**  
**Prov: 2.04m P**

| <b>Name</b>         | <b>Yr</b> | <b>School</b>    | <b>Finals</b> |
|---------------------|-----------|------------------|---------------|
| <b>Finals</b>       |           |                  |               |
| 1 Carlos Pepin      | SO        | East Stroudsburg | 2.02m 10      |
| 2 Jordan Winslow    | SO        | Shippensburg     | 1.99m 8       |
| 3 Trejon Turner     | FR        | Indiana (Pa.)    | 1.99m 6       |
| 4 Kenny Rhyne       | FR        | Shippensburg     | 1.94m 5       |
| 5 Jayden Thomas     | SO        | Indiana (Pa.)    | 1.89m 4       |
| 6 Sven Rabsahl      | JR        | Seton Hill       | 1.89m 3       |
| 7 Michael Berdar    | SO        | California (Pa.) | 1.89m 2       |
| 8 Chris Colligan    | SO        | Pitt.-Johnstown  | 1.89m 0.5     |
| 8 Tommy Oliver      | SR        | Kutztown         | 1.89m 0.5     |
| 10 Romanley Turnier | FR        | East Stroudsburg | 1.84m         |
| 10 Jason Goodman    | JR        | Slippery Rock    | 1.84m         |
| 10 Jordon Floyd     | FR        | Kutztown         | 1.84m         |
| 13 Ryan McQuown     | JR        | Slippery Rock    | 1.84m         |
| 13 David Awurumibe  | SR        | Kutztown         | 1.84m         |
| 15 Michael Nieman   | FR        | West Chester     | 1.79m         |
| --- Donovan Hart    | FR        | Shippensburg     | NH            |
| --- Caleb Carney    | FR        | East Stroudsburg | DNS           |
| --- Anthony DeFusco | FR        | Kutztown         | DNS           |

**Men Pole Vault**

**Conference: 17-00.75 C 2000** **Schmitt /Daugherty/Horton**  
**Meet Record: 5.19m M 5/4/2018** **Brandon Raguz**  
**Auto: 5.20m A**  
**Prov: 4.80m P**

| <b>Name</b>        | <b>Yr</b> | <b>School</b>    | <b>Finals</b> |
|--------------------|-----------|------------------|---------------|
| <b>Finals</b>      |           |                  |               |
| 1 Dan Amari        | JR        | East Stroudsburg | 4.83mP 10     |
| 2 Xavier Feliciano | SR        | Kutztown         | 4.58m 8       |
| 3 Dan Hyatt        | SO        | Slippery Rock    | 4.58m 6       |
| 4 Andrew Puz       | SO        | West Chester     | 4.43m 4.5     |

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**Finals ... (Men Pole Vault)**

| Name                    | Yr | School           | Finals    |
|-------------------------|----|------------------|-----------|
| 4 Reese Burwell         | FR | Slippery Rock    | 4.43m 4.5 |
| 6 Jacob Wogan           | FR | Kutztown         | 4.43m 3   |
| 7 Andrew Bosche         | SR | Kutztown         | 4.28m 1.5 |
| 7 Grant Fox             | FR | East Stroudsburg | 4.28m 1.5 |
| 9 Robert Plumb          | FR | East Stroudsburg | 4.28m     |
| 10 Zach Austen          | SR | Kutztown         | 4.28m     |
| 11 Brock Fisher         | SR | Pitt.-Johnstown  | 3.98m     |
| --- Hunter Ribarchak    | FR | California (Pa.) | NH        |
| --- Devin Carlson-Swank | FR | Kutztown         | NH        |
| --- Jason Mraz          | FR | Kutztown         | NH        |

**Men Long Jump**

**Conference: 26-01.50 C 2010 Nafee Harris**  
**Meet Record: 25-00.75 M 2004 Justin Collins**  
**Auto: 7.68m A**  
**Prov: 7.25m P**

| Name                  | Yr | School           | Finals     |
|-----------------------|----|------------------|------------|
| 1 Hunter Martin       | FR | Seton Hill       | 7.17m 10   |
| 2 Bryan Dworek        | FR | Slippery Rock    | 6.98m 8    |
| 3 Maurice Whittle     | FR | Shippensburg     | 6.90m 6    |
| 4 Nate Reed           | SO | Shippensburg     | 6.82m 5    |
| 5 Anthony DeFusco     | FR | Kutztown         | 6.81m 4    |
| 6 Gavin Thomas        | FR | Slippery Rock    | 6.71m 3    |
| 7 Jordon Floyd        | FR | Kutztown         | 6.57m 2    |
| 8 DaLon Ryles         | SR | Seton Hill       | 6.49m 1    |
| 9 Barron Stauffenberg | FR | Shippensburg     | 6.44m +0.0 |
| 10 Austin Nice        | FR | East Stroudsburg | 6.43m +0.0 |
| 11 Mitch Vleminckx    | SR | Slippery Rock    | 6.43m -0.4 |
| 12 Donovan Cook       | JR | Mansfield        | 6.42m -0.1 |
| 13 Tanner Karycki     | FR | Kutztown         | 6.35m +0.0 |
| 14 Christian Nash     | FR | California (Pa.) | 6.31m 0.7  |
| 15 Isaiah Barnes      | FR | Shippensburg     | 6.19m +0.0 |
| 16 Zack Duda          | FR | Slippery Rock    | 6.04m +0.0 |

**Men Triple Jump**

**Conference: 52-03.50 C 1957 Bill Sharpe**  
**Meet Record: 51-06.50 M 2012 Steve Waithe**  
**Auto: 15.69m A**  
**Prov: 14.66m P**

| Name                   | Yr | School           | Finals     |
|------------------------|----|------------------|------------|
| 1 Shaquille Mitchell   | JR | Shippensburg     | 14.58m 10  |
| 2 Shamar Jenkins       | JR | Shippensburg     | 13.94m 8   |
| 3 Hunter Martin        | FR | Seton Hill       | 13.72m 6   |
| 4 Maurice Whittle      | FR | Shippensburg     | 13.58m 5   |
| 5 Jalen Cloud          | JR | California (Pa.) | 13.52m 4   |
| 6 Anthony DeFusco      | FR | Kutztown         | 13.49m 3   |
| 7 Daron Cooper         | SR | Slippery Rock    | 13.17m 2   |
| 8 DaLon Ryles          | SR | Seton Hill       | 13.03m 1   |
| 9 Jordon Floyd         | FR | Kutztown         | 13.02m 2.6 |
| 10 Zack Duda           | FR | Slippery Rock    | 13.01m 0.3 |
| 11 Barron Stauffenberg | FR | Shippensburg     | 12.65m 1.6 |
| 12 Clayton Engle       | FR | Pitt.-Johnstown  | 12.65m 1.8 |

|                       |    |                  |            |
|-----------------------|----|------------------|------------|
| 13 Christian Nash     | FR | California (Pa.) | 12.63m 1.8 |
| --- Taye Lynch        | FR | Slippery Rock    | FOUL       |
| --- Zahir Madyun      | JR | West Chester     | DNS NWI    |
| --- Jason Jablonowski | JR | Bloomsburg       | DNS NWI    |

**Men Shot Put**

**Conference: 59-02.25 C 1978 Paul Ferency**  
**Meet Record: 58-10 M 5/1/2015 Grant Smith**  
**Auto: 18.36m A**  
**Prov: 16.16m P**

| Name               | Yr | School           | Finals     |
|--------------------|----|------------------|------------|
| 1 Dominic Walton   | JR | East Stroudsburg | 16.20mP 10 |
| 2 John Eakin       | SO | Slippery Rock    | 16.02m 8   |
| 3 Patrick Maloney  | SO | Shippensburg     | 15.63m 6   |
| 4 Jacob Gieringer  | JR | Shippensburg     | 15.02m 5   |
| 5 Eric Schulz      | FR | Slippery Rock    | 14.59m 4   |
| 6 Cam Strohe       | SR | Shippensburg     | 14.55m 3   |
| 7 Joshua Herbster  | SO | Shippensburg     | 14.12m 2   |
| 8 Brooks Bear      | SO | Shippensburg     | 13.92m 1   |
| 9 Isaac Almoney    | FR | East Stroudsburg | 13.69m     |
| 10 Brennan McTighe | SR | Slippery Rock    | 13.52m     |
| 11 Zane Baughman   | SO | Seton Hill       | 13.41m     |
| 12 Jordan Leake    | FR | Shippensburg     | 13.07m     |
| 13 Dylan Heisey    | SR | Seton Hill       | 13.02m     |
| 14 Alex Martin     | SO | Seton Hill       | 12.68m     |
| 15 Matt Collins    | SO | California (Pa.) | 12.47m     |
| --- Levi Mayer     | FR | Seton Hill       | DNS        |

**Men Discus Throw**

**Conference: 56.80m C 5/10/2019 Luke Hoffman**  
**Meet Record: 56.80m M 5/10/2019 Luke Hoffman**  
**Auto: 56.11m A**  
**Prov: 49.78m P**

| Name               | Yr | School           | Finals     |
|--------------------|----|------------------|------------|
| 1 Patrick Maloney  | SO | Shippensburg     | 50.19mP 10 |
| 2 Dominic Walton   | JR | East Stroudsburg | 48.56m 8   |
| 3 Brooks Bear      | SO | Shippensburg     | 47.24m 6   |
| 4 Cam Strohe       | SR | Shippensburg     | 46.74m 5   |
| 5 Matthew Loeh     | JR | Bloomsburg       | 45.36m 4   |
| 6 Joshua Herbster  | SO | Shippensburg     | 45.02m 3   |
| 7 Eric Schulz      | FR | Slippery Rock    | 44.85m 2   |
| 8 Isaac Almoney    | FR | East Stroudsburg | 44.14m 1   |
| 9 Ryan Ferner      | JR | Slippery Rock    | 44.01m     |
| 10 Daryn Blackwell | SO | East Stroudsburg | 43.48m     |
| 11 Brennan McTighe | SR | Slippery Rock    | 43.37m     |
| 12 Alec Morris     | SR | Slippery Rock    | 42.03m     |
| 13 Levi Mayer      | FR | Seton Hill       | 41.91m     |
| 14 Hunter Lindsay  | SO | Pitt.-Johnstown  | 41.91m     |
| 15 Alex Martin     | SO | Seton Hill       | 39.67m     |
| --- Gregg Taylor   | JR | Indiana (Pa.)    | FOUL       |

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**Men Hammer Throw**

**Conference:** 206-11 C 2016      **Travis Toth**  
**Meet Record:** 205-03 M 2012      **Mark Manno**  
**Auto:** 65.03m A  
**Prov:** 55.08m P

| Name          | Yr               | School              | Finals     |
|---------------|------------------|---------------------|------------|
| <b>Finals</b> |                  |                     |            |
| 1             | Joshua Herbster  | SO Shippensburg     | 59.42mP 10 |
| 2             | Cam Strohe       | SR Shippensburg     | 56.20mP 8  |
| 3             | Alec Morris      | SR Slippery Rock    | 53.25m 6   |
| 4             | Isaac Almoney    | FR East Stroudsburg | 53.13m 5   |
| 5             | Joshua VanDeMark | FR Slippery Rock    | 52.71m 4   |
| 6             | Matthew Loeh     | JR Bloomsburg       | 52.58m 3   |
| 7             | Larry Brown      | SR Kutztown         | 52.58m 2   |
| 8             | Daryn Blackwell  | SO East Stroudsburg | 52.08m 1   |
| 9             | Dylan Heisey     | SR Seton Hill       | 49.70m     |
| 10            | Brooks Bear      | SO Shippensburg     | 48.67m     |
| 11            | Alex Martin      | SO Seton Hill       | 47.32m     |
| 12            | Brennan McTighe  | SR Slippery Rock    | 47.21m     |
| 13            | Brandon McCray   | SO Slippery Rock    | 46.73m     |
| 14            | Lucas Bracken    | SR Lock Haven       | 44.46m     |
| ---           | Matthew Hart     | JR Bloomsburg       | FOUL       |
| ---           | Patrick Maloney  | SO Shippensburg     | FOUL       |

**Men Javelin Throw**

**Conference:** 237-02 C 2000      **Mark Bridge**  
**Meet Record:** 230-10.50 M 1989      **Jim Geist**  
**Auto:** 68.34m A  
**Prov:** 58.68m P

| Name          | Yr                | School              | Finals     |
|---------------|-------------------|---------------------|------------|
| <b>Finals</b> |                   |                     |            |
| 1             | Robert Robbins    | SR Mansfield        | 67.43mP 10 |
| 2             | Alec Stimson      | SR Shippensburg     | 56.51m 8   |
| 3             | Joan Estrella     | SO Kutztown         | 54.19m 6   |
| 4             | Mike Follicarelli | FR Shippensburg     | 54.02m 5   |
| 5             | Hunter Lindsay    | SO Pitt.-Johnstown  | 53.12m 4   |
| 6             | Nate Crowl        | FR Shippensburg     | 52.67m 3   |
| 7             | Anthony Futrick   | FR West Chester     | 52.26m 2   |
| 8             | Noah Meckes       | FR Bloomsburg       | 50.61m 1   |
| 9             | Will Rodgers      | FR Edinboro         | 50.61m     |
| 10            | Cole Weist        | SO Pitt.-Johnstown  | 49.43m     |
| 11            | Cameron Sapola    | FR Seton Hill       | 49.13m     |
| 12            | Anthony Moser     | SO Bloomsburg       | 45.11m     |
| 13            | Jaden Lopez       | FR Seton Hill       | 45.08m     |
| 14            | Nate Reed         | SO Shippensburg     | 44.56m     |
| 15            | Tyler Freeman     | SR Lock Haven       | 30.24m     |
| ---           | Ethan Moyer       | FR California (Pa.) | DNS        |

**Decathlon: #1 Men 100 Meter Dash Decathlon**

| Name          | Yr            | School              | Finals    |
|---------------|---------------|---------------------|-----------|
| <b>Finals</b> |               |                     |           |
| 1             | Mason Boyd    | FR Shippensburg     | 11.19 819 |
| 2             | Jason Goodman | JR Slippery Rock    | 11.30 795 |
| 3             | Ryan Karlheim | SR Pitt.-Johnstown  | 11.40 774 |
| 4             | Caleb Carney  | FR East Stroudsburg | 11.41 771 |

|    |                  |                     |           |
|----|------------------|---------------------|-----------|
| 5  | Julian Muccioli  | FR California (Pa.) | 11.48 757 |
| 6  | Kyle Adams       | SO Slippery Rock    | 11.50 753 |
| 7  | Eric Krzyzaniak  | JR East Stroudsburg | 11.56 740 |
| 8  | Robert Lissner   | FR Shippensburg     | 11.60 732 |
| 9  | Daniel Daley     | SO East Stroudsburg | 11.64 723 |
| 10 | Darien Clarke    | SO Kutztown         | 11.74 703 |
| 11 | Hunter Ribarchak | FR California (Pa.) | 11.77 697 |
| 12 | Ryan McQuown     | JR Slippery Rock    | 13.07 456 |

**Decathlon: #5 Men 400 Meter Dash Decathlon**

| Name          | Yr               | School              | Finals    |
|---------------|------------------|---------------------|-----------|
| <b>Finals</b> |                  |                     |           |
| 1             | Mason Boyd       | FR Shippensburg     | 50.10 810 |
| 2             | Ryan Karlheim    | SR Pitt.-Johnstown  | 51.18 761 |
| 3             | Jason Goodman    | JR Slippery Rock    | 51.46 749 |
| 4             | Caleb Carney     | FR East Stroudsburg | 51.61 742 |
| 5             | Robert Lissner   | FR Shippensburg     | 51.65 740 |
| 6             | Eric Krzyzaniak  | JR East Stroudsburg | 52.90 686 |
| 7             | Kyle Adams       | SO Slippery Rock    | 53.47 662 |
| 8             | Daniel Daley     | SO East Stroudsburg | 54.06 637 |
| 9             | Julian Muccioli  | FR California (Pa.) | 55.18 592 |
| 10            | Hunter Ribarchak | FR California (Pa.) | 56.27 549 |
| 11            | Darien Clarke    | SO Kutztown         | 57.99 484 |
| 12            | Ryan McQuown     | JR Slippery Rock    | 58.41 469 |

**Decathlon: #10 Men 1500 Meter Run Decathlon**

| Name          | Yr               | School              | Finals      |
|---------------|------------------|---------------------|-------------|
| <b>Finals</b> |                  |                     |             |
| 1             | Ryan Karlheim    | SR Pitt.-Johnstown  | 4:45.10 649 |
| 2             | Eric Krzyzaniak  | JR East Stroudsburg | 4:46.29 641 |
| 3             | Mason Boyd       | FR Shippensburg     | 4:47.91 631 |
| 4             | Daniel Daley     | SO East Stroudsburg | 4:51.86 607 |
| 5             | Robert Lissner   | FR Shippensburg     | 4:55.09 588 |
| 6             | Caleb Carney     | FR East Stroudsburg | 4:55.15 588 |
| 7             | Jason Goodman    | JR Slippery Rock    | 4:59.13 565 |
| 8             | Kyle Adams       | SO Slippery Rock    | 4:59.39 563 |
| 9             | Hunter Ribarchak | FR California (Pa.) | 5:03.70 539 |
| 10            | Julian Muccioli  | FR California (Pa.) | 5:30.65 396 |
| 11            | Darien Clarke    | SO Kutztown         | 5:44.78 330 |
| ---           | Ryan McQuown     | JR Slippery Rock    | DNF         |

**Decathlon: #6 Men 110 Meter Hurdles Decathlon**

| Name          | Yr               | School              | Finals    |
|---------------|------------------|---------------------|-----------|
| <b>Finals</b> |                  |                     |           |
| 1             | Caleb Carney     | FR East Stroudsburg | 15.71 766 |
| 2             | Jason Goodman    | JR Slippery Rock    | 15.84 751 |
| 3             | Daniel Daley     | SO East Stroudsburg | 16.21 709 |
| 4             | Eric Krzyzaniak  | JR East Stroudsburg | 16.35 694 |
| 5             | Kyle Adams       | SO Slippery Rock    | 16.41 687 |
| 6             | Mason Boyd       | FR Shippensburg     | 16.50 677 |
| 7             | Robert Lissner   | FR Shippensburg     | 16.78 647 |
| 8             | Ryan Karlheim    | SR Pitt.-Johnstown  | 17.28 595 |
| 9             | Julian Muccioli  | FR California (Pa.) | 17.31 592 |
| 10            | Darien Clarke    | SO Kutztown         | 18.39 487 |
| 11            | Hunter Ribarchak | FR California (Pa.) | 18.76 454 |
| 12            | Ryan McQuown     | JR Slippery Rock    | 19.02 431 |

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**Decathlon: #4 Men High Jump Decathlon**

| Name          | Yr               | School              | Finals |     |
|---------------|------------------|---------------------|--------|-----|
| <b>Finals</b> |                  |                     |        |     |
| 1             | Mason Boyd       | FR Shippensburg     | 1.88m  | 696 |
| 2             | Caleb Carney     | FR East Stroudsburg | 1.85m  | 670 |
| 3             | Ryan Karlheim    | SR Pitt.-Johnstown  | 1.82m  | 644 |
| 3             | Ryan McQuown     | JR Slippy Rock      | 1.82m  | 644 |
| 5             | Jason Goodman    | JR Slippy Rock      | 1.79m  | 619 |
| 6             | Eric Krzyzaniak  | JR East Stroudsburg | 1.73m  | 569 |
| 6             | Darien Clarke    | SO Kutztown         | 1.73m  | 569 |
| 6             | Daniel Daley     | SO East Stroudsburg | 1.73m  | 569 |
| 9             | Julian Muccioli  | FR California (Pa.) | 1.70m  | 544 |
| 10            | Kyle Adams       | SO Slippy Rock      | 1.64m  | 496 |
| 11            | Robert Lissner   | FR Shippensburg     | 1.61m  | 472 |
| 12            | Hunter Ribarchak | FR California (Pa.) | 1.40m  | 317 |

**Decathlon: #8 Men Pole Vault Decathlon**

| Name          | Yr               | School              | Finals |     |
|---------------|------------------|---------------------|--------|-----|
| <b>Finals</b> |                  |                     |        |     |
| 1             | Robert Lissner   | FR Shippensburg     | 4.05m  | 631 |
| 2             | Ryan McQuown     | JR Slippy Rock      | 3.85m  | 576 |
| 2             | Jason Goodman    | JR Slippy Rock      | 3.85m  | 576 |
| 4             | Hunter Ribarchak | FR California (Pa.) | 3.75m  | 549 |
| 5             | Eric Krzyzaniak  | JR East Stroudsburg | 3.65m  | 522 |
| 6             | Mason Boyd       | FR Shippensburg     | 3.55m  | 496 |
| 7             | Kyle Adams       | SO Slippy Rock      | 3.45m  | 469 |
| 8             | Caleb Carney     | FR East Stroudsburg | 3.35m  | 444 |
| 9             | Ryan Karlheim    | SR Pitt.-Johnstown  | 3.15m  | 393 |
| 10            | Daniel Daley     | SO East Stroudsburg | 3.05m  | 369 |
| 10            | Julian Muccioli  | FR California (Pa.) | 3.05m  | 369 |
| ---           | Darien Clarke    | SO Kutztown         | NH     |     |

**Decathlon: #2 Men Long Jump Decathlon**

| Name          | Yr               | School              | Finals |     |
|---------------|------------------|---------------------|--------|-----|
| <b>Finals</b> |                  |                     |        |     |
| 1             | Mason Boyd       | FR Shippensburg     | 6.96m  | 804 |
| 2             | Jason Goodman    | JR Slippy Rock      | 6.82m  | 771 |
| 3             | Julian Muccioli  | FR California (Pa.) | 6.61m  | 723 |
| 4             | Robert Lissner   | FR Shippensburg     | 6.32m  | 657 |
| 5             | Daniel Daley     | SO East Stroudsburg | 6.31m  | 655 |
| 6             | Ryan Karlheim    | SR Pitt.-Johnstown  | 6.25m  | 641 |
| 7             | Eric Krzyzaniak  | JR East Stroudsburg | 6.13m  | 615 |
| 8             | Ryan McQuown     | JR Slippy Rock      | 6.05m  | 597 |
| 9             | Kyle Adams       | SO Slippy Rock      | 6.04m  | 595 |
| 10            | Caleb Carney     | FR East Stroudsburg | 5.92m  | 569 |
| 11            | Darien Clarke    | SO Kutztown         | 5.63m  | 508 |
| 12            | Hunter Ribarchak | FR California (Pa.) | 4.48m  | 287 |

**Decathlon: #3 Men Shot Put Decathlon**

| Name          | Yr            | School             | Finals |     |
|---------------|---------------|--------------------|--------|-----|
| <b>Finals</b> |               |                    |        |     |
| 1             | Jason Goodman | JR Slippy Rock     | 11.49m | 575 |
| 2             | Ryan McQuown  | JR Slippy Rock     | 9.98m  | 484 |
| 3             | Ryan Karlheim | SR Pitt.-Johnstown | 9.66m  | 465 |
| 4             | Darien Clarke | SO Kutztown        | 9.60m  | 462 |

|    |                  |                     |       |     |
|----|------------------|---------------------|-------|-----|
| 5  | Caleb Carney     | FR East Stroudsburg | 9.38m | 448 |
| 6  | Julian Muccioli  | FR California (Pa.) | 9.35m | 447 |
| 7  | Kyle Adams       | SO Slippy Rock      | 9.34m | 446 |
| 8  | Robert Lissner   | FR Shippensburg     | 9.25m | 441 |
| 9  | Daniel Daley     | SO East Stroudsburg | 8.68m | 407 |
| 10 | Mason Boyd       | FR Shippensburg     | 8.38m | 389 |
| 11 | Hunter Ribarchak | FR California (Pa.) | 8.28m | 383 |
| 12 | Eric Krzyzaniak  | JR East Stroudsburg | 8.12m | 373 |

**Decathlon: #7 Men Discus Throw Decathlon**

| Name          | Yr               | School              | Finals |     |
|---------------|------------------|---------------------|--------|-----|
| <b>Finals</b> |                  |                     |        |     |
| 1             | Jason Goodman    | JR Slippy Rock      | 31.59m | 496 |
| 2             | Kyle Adams       | SO Slippy Rock      | 27.68m | 419 |
| 3             | Ryan McQuown     | JR Slippy Rock      | 27.13m | 408 |
| 4             | Eric Krzyzaniak  | JR East Stroudsburg | 27.04m | 407 |
| 5             | Ryan Karlheim    | SR Pitt.-Johnstown  | 26.29m | 392 |
| 6             | Robert Lissner   | FR Shippensburg     | 26.01m | 387 |
| 7             | Julian Muccioli  | FR California (Pa.) | 25.51m | 377 |
| 8             | Daniel Daley     | SO East Stroudsburg | 24.75m | 362 |
| 9             | Darien Clarke    | SO Kutztown         | 23.89m | 346 |
| 10            | Hunter Ribarchak | FR California (Pa.) | 22.20m | 314 |
| 11            | Caleb Carney     | FR East Stroudsburg | 21.44m | 299 |
| 12            | Mason Boyd       | FR Shippensburg     | 18.97m | 253 |

**Decathlon: #9 Men Javelin Throw Decathlon**

| Name          | Yr               | School              | Finals |     |
|---------------|------------------|---------------------|--------|-----|
| <b>Finals</b> |                  |                     |        |     |
| 1             | Ryan Karlheim    | SR Pitt.-Johnstown  | 49.28m | 578 |
| 2             | Jason Goodman    | JR Slippy Rock      | 39.02m | 428 |
| 3             | Kyle Adams       | SO Slippy Rock      | 38.69m | 423 |
| 4             | Eric Krzyzaniak  | JR East Stroudsburg | 38.42m | 419 |
| 5             | Caleb Carney     | FR East Stroudsburg | 37.10m | 400 |
| 6             | Julian Muccioli  | FR California (Pa.) | 35.92m | 383 |
| 7             | Daniel Daley     | SO East Stroudsburg | 35.46m | 377 |
| 8             | Hunter Ribarchak | FR California (Pa.) | 34.69m | 366 |
| 9             | Mason Boyd       | FR Shippensburg     | 34.62m | 365 |
| 10            | Ryan McQuown     | JR Slippy Rock      | 34.06m | 357 |
| 11            | Robert Lissner   | FR Shippensburg     | 33.11m | 343 |
| 12            | Darien Clarke    | SO Kutztown         | 31.62m | 322 |

**Men Decathlon**

**Conference:** 7292 C 1990      **Bob Babiak**  
**Meet Record:** 6949 M 1997      **Brian Spickler**  
**Auto:** 7242 A  
**Prov:** 6300 P

| Name          | Yr              | School              | Finals |    |
|---------------|-----------------|---------------------|--------|----|
| <b>Finals</b> |                 |                     |        |    |
| 1             | Jason Goodman   | JR Slippy Rock      | 6325P  | 10 |
| 2             | Mason Boyd      | FR Shippensburg     | 5940   | 8  |
| 3             | Ryan Karlheim   | SR Pitt.-Johnstown  | 5892   | 6  |
| 4             | Caleb Carney    | FR East Stroudsburg | 5697   | 5  |
| 5             | Eric Krzyzaniak | JR East Stroudsburg | 5666   | 4  |
| 6             | Robert Lissner  | FR Shippensburg     | 5638   | 3  |
| 7             | Kyle Adams      | SO Slippy Rock      | 5513   | 2  |
| 8             | Daniel Daley    | SO East Stroudsburg | 5415   | 1  |

**PSAC Outdoor Track & Field Championships**  
**Shippensburg University - 5/6/2021 to 5/8/2021**

**Results**

**Finals ... (Men Decathlon)**

|    | <b>Name</b>      | <b>Yr</b> | <b>School</b>    | <b>Finals</b> |
|----|------------------|-----------|------------------|---------------|
| 9  | Julian Muccioli  | FR        | California (Pa.) | 5180          |
| 10 | Hunter Ribarchak | FR        | California (Pa.) | 4455          |
| 11 | Ryan McQuown     | JR        | Slippery Rock    | 4422          |
| 12 | Darien Clarke    | SO        | Kutztown         | 4211          |

**Women - Team Rankings - 21 Events Scored**

|     |                  |      |
|-----|------------------|------|
| 1)  | Shippensburg     | 131  |
| 2)  | Slippery Rock    | 94.5 |
| 3)  | California (Pa.) | 88   |
| 4)  | Kutztown         | 66.5 |
| 5)  | Millersville     | 66   |
| 6)  | Lock Haven       | 58   |
| 7)  | Indiana (Pa.)    | 53   |
| 8)  | Bloomsburg       | 52   |
| 9)  | Edinboro         | 50   |
| 10) | East Stroudsburg | 47.5 |
| 11) | Seton Hill       | 44   |
| 12) | West Chester     | 41.5 |
| 13) | Clarion          | 23   |
| 14) | Pitt.-Johnstown  | 4    |

**Men - Team Rankings - 21 Events Scored**

|     |                  |       |
|-----|------------------|-------|
| 1)  | Shippensburg     | 273   |
| 2)  | East Stroudsburg | 106.5 |
| 3)  | Slippery Rock    | 91.5  |
| 4)  | Edinboro         | 68    |
| 5)  | Seton Hill       | 66    |
| 6)  | California (Pa.) | 42    |
| 7)  | Mansfield        | 37    |
| 8)  | Kutztown         | 34    |
| 9)  | Bloomsburg       | 28    |
| 10) | West Chester     | 21.5  |
| 11) | Pitt.-Johnstown  | 20.5  |
| 12) | Indiana (Pa.)    | 19    |
| 13) | Lock Haven       | 12    |