

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 5 Women 60 Meter Dash Prelims

Conference:	7.54	3/8/2013	Sasha Henry
Meet:	7.63	2/23/2013	Sasha Henry
Facility:	7.63	2/23/2013	Sasha Henry
AARTFC:	8.10		
Name	Yr	School	Seed Time
1 334 Jenna Strickland	SR	Geneseo	7.84
2 28 Sarah Levine	JR	Brockport	7.91
3 163 Autumn Pittman	FR	Cortland	8.06
3 112 Khia Laster	FR	Buffalo State	8.06
5 478 Ashleigh Lacy	SR	Oswego	8.08
6 151 Taylor Hunter	JR	Cortland	8.14
7 308 Kate Koutsourades	SO	Geneseo	8.17
8 328 Emily Salvemini	SO	Geneseo	8.21
9 111 Victoria Florczak	FR	Buffalo State	8.25
10 306 Julianna Klimow	FR	Geneseo	8.28
11 414 Danielle Jackson	FR	Oneonta	8.29
12 166 Rebecca Salim	FR	Cortland	8.39
13 327 Sam Pynn	FR	Geneseo	8.42
14 159 Faith Nelson	FR	Cortland	8.45
15 32 Aniya McGhie	FR	Brockport	8.46

Event 15 Women 200 Meter Dash Prelims

Conference:	24.63	2/10/2006	Musu Jackson-Buckner
Meet:	24.90	2/27/2015	Jess Huber
Facility:	24.90	2/27/2015	Jess Huber
AARTFC:	26.70		
Name	Yr	School	Seed Time
1 334 Jenna Strickland	SR	Geneseo	25.40
2 320 Madison Mulder	JR	Geneseo	25.95
3 28 Sarah Levine	JR	Brockport	26.16
4 343 Laura Zopf	SR	Geneseo	26.56
5 329 Gwen Shepardson	JR	Geneseo	26.61
6 308 Kate Koutsourades	SO	Geneseo	26.73
7 50 Marissa Wise	FR	Brockport	26.82
8 478 Ashleigh Lacy	SR	Oswego	26.83
9 151 Taylor Hunter	JR	Cortland	26.88
10 112 Khia Laster	FR	Buffalo State	26.92
11 314 Allyn Madden	JR	Geneseo	27.13
12 327 Sam Pynn	FR	Geneseo	27.17
13 306 Julianna Klimow	FR	Geneseo	27.23
13 154 Elizabeth Liriano	FR	Cortland	27.23
15 117 Clara Sensini	SR	Buffalo State	27.25
16 163 Autumn Pittman	FR	Cortland	27.33
17 111 Victoria Florczak	FR	Buffalo State	28.00
18 555 Hailey von Ahn	FR	Potsdam	28.21

Event 11 Women 400 Meter Dash Prelims

Conference:	56.40	2/14/2004	Ashlee Robertson
Meet:	57.23	2/27/2015	Sasa Vann
Facility:	56.05	12/5/2015	Camaria Long
AARTFC:	1:01.00		
Name	Yr	School	Seed Time
1 320 Madison Mulder	JR	Geneseo	56.89
2 291 Anna Flaitz	JR	Geneseo	57.95

3 493 Janyll Barber	SR	Plattsburgh	59.73
4 343 Laura Zopf	SR	Geneseo	1:00.14
5 292 Emma Flaitz	FR	Geneseo	1:00.31
6 117 Clara Sensini	SR	Buffalo State	1:00.39
7 314 Allyn Madden	JR	Geneseo	1:01.08
8 305 Lena Kiehl	FR	Geneseo	1:01.43
9 45 Lucia Sibley	JR	Brockport	1:01.45
10 506 Jessica Landman	FR	Plattsburgh	1:01.53
11 50 Marissa Wise	FR	Brockport	1:01.63
12 154 Elizabeth Liriano	FR	Cortland	1:01.93
13 21 Kaylee Haynes	SO	Brockport	1:02.46
14 141 Samantha Becker	FR	Cortland	1:02.77
15 49 Rhea Winter	SO	Brockport	1:03.28
16 433 Eva Zepeda	JR	Oneonta	1:03.89
17 158 Katherine McDowell	SO	Cortland	1:04.54
18 299 Margaret Guilfoyle	FR	Geneseo	1:04.65
19 150 Avery Hebert	FR	Cortland	1:04.90
20 16 Sabrina Donoghue	SO	Brockport	1:07.09
21 113 Brooklyn Lawrence	FR	Buffalo State	NT

Event 13 Women 800 Meter Run Prelims

Conference:	2:10.25	1/29/2016	Rachael Shine
Meet:	2:13.50	2/27/2016	Rachael Shine
Facility:	2:12.05	2/6/2016	Laura Morrison
AARTFC:	2:23.00		
Name	Yr	School	Seed Time
1 284 Tess Duignan	JR	Geneseo	2:17.63
2 509 Aislyn McDonough	JR	Plattsburgh	2:21.23
3 342 Raechel Zielinski	SO	Geneseo	2:21.30
4 315 Nieve Mahood	FR	Geneseo	2:22.21
5 33 Jennifer Metz	JR	Brockport	2:25.20
6 21 Kaylee Haynes	SO	Brockport	2:25.81
7 45 Lucia Sibley	JR	Brockport	2:26.25
8 311 Claire Lenihan	JR	Geneseo	2:26.27
9 289 Hannah Fiorentine	FR	Geneseo	2:28.26
10 46 Naomi Sibley	JR	Brockport	2:30.46
11 31 Emma Mathes	JR	Brockport	2:30.70
12 164 Kayla Pucci	SO	Cortland	2:31.16
13 30 Meredith Masker	FR	Brockport	2:31.75
14 470 Faith Coyle	FR	Oswego	2:31.97
15 557 Emily Yousey	FR	Potsdam	2:36.84

Event 9 Women 1 Mile Run

Conference:	4:51.83	1991	Vicki Mitchell
Meet:	4:58.52	2/27/2016	Rachael Shine
Facility:	4:58.52	2/27/2016	Rachael Shine
AARTFC:	5:22.00		
Name	Yr	School	Seed Time
1 302 Marcie Hogan	SO	Geneseo	5:03.00
2 295 Lilly Fowler-Conner	FR	Geneseo	5:21.52
3 298 Kaitlyn Grossman	FR	Geneseo	5:22.29
4 175 Catherine Zamroz	SR	Cortland	5:23.10
5 14 Veronica Daily	SR	Brockport	5:23.58
6 322 Marie Naudus	FR	Geneseo	5:28.60
7 139 Marlee Angus	SO	Cortland	5:29.50
8 497 Rebecca Block	JR	Plattsburgh	5:31.47

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 9 ... (Women 1 Mile Run)

	Name	Yr	School	Seed Time
9	336 Veronica Szygalowicz	FR	Geneseo	5:35.39
10	470 Faith Coyle	FR	Oswego	5:36.27
11	30 Meredith Masker	FR	Brockport	5:38.01
12	10 Lydia Cox	SO	Brockport	5:39.04
13	51 Lauren Yonko	FR	Brockport	5:42.19

Event 17 Women 3000 Meter Run

Conference: 9:34.55 1991 Vicki Mitchell
Meet: 9:53.15 2/23/2019 Elise Ramirez
Facility: 9:57.23 2/24/2018 Kristin Homeyer
AARTFC: 10:40.00

	Name	Yr	School	Seed Time
1	317 Kathleen McCarey	SO	Geneseo	9:54.92
2	276 Windsor Ardner	FR	Geneseo	9:58.56
3	301 Rachel Hirschkind	SO	Geneseo	10:08.99
4	302 Marcie Hogan	SO	Geneseo	10:19.13
5	297 Penelope Greene	FR	Geneseo	10:23.35
6	18 Kerry Flower	JR	Brockport	10:28.65
7	298 Kaitlyn Grossman	FR	Geneseo	10:52.57
8	173 Khalifah Tracey	SO	Cortland	11:00.15
9	145 Rachel Castello	SO	Cortland	11:06.20
10	318 Gabriella McCarthy	FR	Geneseo	11:10.31
11	232 Ally Battaglia	FR	Fredonia	11:12.19
12	42 Lauren Puchta	FR	Brockport	11:24.32
13	517 Sarah Smith	FR	Plattsburgh	11:27.74
14	470 Faith Coyle	FR	Oswego	11:28.26
15	422 Sabrina Mena	FR	Oneonta	11:29.04
16	472 Ellie Decker	FR	Oswego	11:30.41

Event 7 Women 5000 Meter Run

Conference: 16:39.16 2003 Melissa White
Meet: 17:12.7h 1995 Michelle LeFleur
Facility: 16:57.90 2/19/2017 Kathryn Potter
AARTFC: 18:50.00

	Name	Yr	School	Seed Time
1	317 Kathleen McCarey	SO	Geneseo	16:44.36
2	301 Rachel Hirschkind	SO	Geneseo	17:46.16
3	409 Megan Francoeur	SO	Oneonta	18:50.76
4	18 Kerry Flower	JR	Brockport	19:06.74
5	293 Greta Flanagan	FR	Geneseo	19:09.49
6	319 Emily Miller	FR	Geneseo	19:22.20
7	144 Vanessa Burkard	FR	Cortland	19:29.95
8	497 Rebecca Block	JR	Plattsburgh	19:34.52
9	339 Alexandra Ventresca	FR	Geneseo	19:45.51
10	326 Katherine Peterson	FR	Geneseo	19:53.93
11	169 Sydney Smith	FR	Cortland	20:11.91
12	468 Emily Blake	SR	Oswego	20:32.59
13	316 Isabel Marzec	FR	Geneseo	20:39.02
14	114 Cassidy Manke	SR	Buffalo State	20:42.17
15	332 Kayla Storie	FR	Geneseo	20:56.91

Event 3 Women 60 Meter Hurdles Prelims

Conference: 8.50 2015 Jazmin Dunham
Meet: 8.74 2/28/2015 Jazmin Dunham
Facility: 8.68 12/8/2012 Brooklynn Ventura
AARTFC: 9.50

	Name	Yr	School	Seed Time
1	329 Gwen Shepardson	JR	Geneseo	9.06
2	424 Ejim Nnate	FR	Oneonta	9.24
3	171 Laura Suppa	FR	Cortland	9.26
4	36 Kelsie Naldrett	SR	Brockport	9.32
5	335 Allyson Surowick	FR	Geneseo	9.66
6	50 Marissa Wise	FR	Brockport	9.91
7	138 Lauren Anderson	SO	Cortland	10.03
8	239 Sydney Preston	JR	Fredonia	10.60
9	110 Tima Abdellatif	SR	Buffalo State	10.66

Event 19 Women 4x400 Meter Relay

Conference: 3:50.48 3/15/2014 Buffalo State
Vann, Porter, Murphy, Houpe
Meet: 3:57.00 2/29/2020 Geneseo
J Nischo, M Mulder, L Zopf, A Flaitz
Facility: 3:56.75 2/21/2016 Buffalo State
J Porter, S Vann, E Tisor, N Houpe
AARTFC: 4:10.00

	Team	Relay	Seed Time
1	Geneseo		3:55.96
	1) 291 Anna Flaitz JR	2) 292 Emma Flaitz FR	
	3) 311 Claire Lenihan JR	4) 314 Allyn Madden JR	
	5) 284 Tess Duignan JR	6) 305 Lena Kiehl FR	
	7) 312 Josephine Lewis SO	8) 288 Tori Fears FR	
2	Brockport		4:04.27
	1) 45 Lucia Sibley JR	2) 21 Kaylee Haynes SO	
	3) 28 Sarah Levine JR	4) 50 Marissa Wise FR	
	5) 49 Rhea Winter SO		
3	Cortland		4:14.82
	1) 141 Samantha Becker FR	2) 158 Katherine McDowell SC	
	3) 150 Avery Hebert FR	4) 154 Elizabeth Liriano FR	
4	Oneonta		4:20.07
	1) 433 Eva Zepeda JR	2) 414 Danielle Jackson FR	
	3) 410 Erin Gallagher FR	4) 416 Taylor Johnson FR	
	5) 402 Sierra Basco FR	6) 401 Josephine Alliano SO	
5	Plattsburgh		4:31.13
	1) 493 Janyll Barber SR	2) 509 Aislyn McDonough JR	
	3) 520 Morgan Thompson FR	4) 506 Jessica Landman FR	
	5) 523 Deanna Zoch SO		
6	Fredonia		4:38.43
	1) 243 Evelyn Smith SO	2) 234 Alissa Dixon SO	
	3) 241 Vanessa Ryhal FR	4) 242 Samantha Schaffert FR	
7	Buffalo State		4:49.37
	1) 111 Victoria Florczak FR	2) 115 Destiny Rivera FR	
	3) 116 Bryanna Roos SR	4) 113 Brooklyn Lawrence FR	

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 21 Women Distance Medley**Conference: 11:34.65 3/15/2013 Geneseo****K. Wood, A. Hoh, C. Kowalewski, A. Smith****Meet: 12:26.71 2/26/2016 Fredonia****S Wojnowski, S Ruszczyk, L Morrison, H Kurbs****Facility: 12:26.71 2/26/2016 Fredonia****S Wojnowski, S Ruszczyk, L Morrison, H Kurbs****AARTFC: 13:10.00**

Team	Relay	Seed Time
1 Geneseo		12:04.47
1) 282 Isabella Cottone FR	2) 288 Tori Fears FR	
3) 310 Miah Lee FR	4) 325 Samantha Padula JR	
5) 336 Veronica Szygalowicz F		
2 Oneonta		14:27.12
1) 419 Sarah Luby FR	2) 410 Erin Gallagher FR	
3) 402 Sierra Basco FR	4) 422 Sabrinna Mena FR	
5) 416 Taylor Johnson FR		
3 Plattsburgh		14:49.97
1) 517 Sarah Smith FR	2) 523 Deanna Zoch SO	
3) 500 Natalia Castro FR	4) 510 Skyler Misiasek FR	
5) 520 Morgan Thompson FR	6) 497 Rebecca Block JR	
7) 503 Emma Ginnane FR		
4 Oswego		NT
1) 470 Faith Coyle FR	2) 473 Gretchen Dowd FR	
3) 471 Rebecca Cropsey SR	4) 472 Ellie Decker FR	
5) 468 Emily Blake SR		
4 Buffalo State		NT
1) 117 Clara Sensini SR	2) 113 Brooklyn Lawrence FR	
3) 115 Destiny Rivera FR	4) 114 Cassidy Manke SR	
4 Brockport		NT
1) 2 Olivia Annunziato FR	2) 33 Jennifer Metz JR	
3) 31 Emma Mathes JR	4) 14 Veronica Daily SR	
5) 9 Jocelyn Countryman FR	6) 51 Lauren Yonko FR	
4 Fredonia		NT
1) 236 Kristin Kelemen SO	2) 234 Alissa Dixon SO	
3) 241 Vanessa Ryhal FR	4) 232 Ally Battaglia FR	
5) 243 Evelyn Smith SO		
4 Cortland		NT
1) 175 Catherine Zamroz SR	2) 143 Katherine Burgess JR	
3) 164 Kayla Pucci SO	4) 139 Marlee Angus SO	

Event 23 Women High Jump**Conference: 1.76m 3/15/2003 Kim DePrez****Meet: 1.73m Kim DePrez / Janelle Orosz****Facility: 1.73m 12/3/2016 Emma Siuciak****AARTFC: 1.56m**

Name	Yr	School	Seed Mark
1 147 Danielle Fisk	FR	Cortland	1.63m
2 278 Jenna Berry	SR	Geneseo	1.61m
3 24 Halle King	SR	Brockport	1.59m
3 321 Katie Mullady	JR	Geneseo	1.59m
5 23 Sarah Killip	JR	Brockport	1.56m
5 331 Lela Spronz	FR	Geneseo	1.56m
7 290 Michelle Fitting	FR	Geneseo	1.51m
8 115 Destiny Rivera	FR	Buffalo State	1.49m

8 273 Emily Abbati	SO	Geneseo	1.49m
10 340 Lanna Wandy	FR	Geneseo	1.46m
11 309 Abrianna Kruger	SO	Geneseo	1.44m

Event 25 Women Pole Vault**Conference: 3.83m 2/7/2020 Maya Reina****Meet: 3.70m 2/23/2018 Laura Piazza / Maya Reina****Facility: 5.03m 1/30/2016 Jenn Suhr****AARTFC: 3.20m**

Name	Yr	School	Seed Mark
1 281 Noelle Coolican	JR	Geneseo	3.35m
2 237 Haley Lerner	FR	Fredonia	3.20m
2 22 Mya Henry	FR	Brockport	3.20m
4 17 Tess Eichner	SO	Brockport	3.06m
4 140 Kimmy Arena	SO	Cortland	3.06m
6 275 Sydney Angus	JR	Geneseo	2.91m
7 26 Gillian Laco	SR	Brockport	2.76m
8 35 Ciara Murphy	FR	Brockport	2.75m
9 311 Claire Lenihan	JR	Geneseo	2.65m
10 433 Eva Zepeda	JR	Oneonta	2.60m
11 13 Hunter Czajkowski	FR	Brockport	2.45m
11 4 Madison Baker	SR	Brockport	2.45m

Event 27 Women Long Jump**Conference: 6.21m 1985 Tracy Armstead****Meet: 5.88m 2/25/2017 Camille Wutz****Facility: 6.28m 12/3/2016 Mikayla Pearce****AARTFC: 5.25m**

Name	Yr	School	Seed Mark
1 328 Emily Salvemini	SO	Geneseo	5.50m
2 24 Halle King	SR	Brockport	5.40m
2 333 Adriana Straughter	JR	Geneseo	5.40m
4 330 Olivia Smock	FR	Geneseo	5.37m
5 335 Allyson Surowick	FR	Geneseo	5.31m
6 34 Mia Montgomery	SR	Brockport	5.20m
7 32 Aniya McGhie	FR	Brockport	5.15m
8 303 Katelyn Jacques	FR	Geneseo	5.14m
9 327 Sam Pynn	FR	Geneseo	5.13m
10 274 Ally Alvira	FR	Geneseo	5.10m
10 41 Chanyce Powell	SR	Brockport	5.10m
12 171 Laura Suppa	FR	Cortland	5.00m
13 157 Abigail McDowell	SO	Cortland	4.97m
14 475 Kayla Guerre	SR	Oswego	4.95m
15 172 Kitty Tang	JR	Cortland	4.92m
15 305 Lena Kiehl	FR	Geneseo	4.92m
17 516 Michaela Schaffer	FR	Plattsburgh	4.77m

Event 29 Women Triple Jump**Conference: 12.71m 1998 Monique Hacker****Meet: 12.30m 2/24/2017 Alexa Wandy****Facility: 12.61m 12/7/2019 Alexa Wandy****AARTFC: 10.75m**

Name	Yr	School	Seed Mark
1 41 Chanyce Powell	SR	Brockport	11.66m
2 274 Ally Alvira	FR	Geneseo	11.12m
3 34 Mia Montgomery	SR	Brockport	11.11m

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 29 ... (Women Triple Jump)

	Name	Yr	School	Seed	Mark
4	303 Katelyn Jacques	FR	Geneseo	11.10m	
5	157 Abigail McDowell	SO	Cortland	10.83m	
6	328 Emily Salvemini	SO	Geneseo	10.80m	
7	146 Matteson Donnelly	FR	Cortland	10.56m	
8	305 Lena Kiehl	FR	Geneseo	10.54m	
9	278 Jenna Berry	SR	Geneseo	10.46m	
10	417 Olivia Kelsey	FR	Oneonta	10.32m	
11	330 Olivia Smock	FR	Geneseo	10.27m	
12	172 Kitty Tang	JR	Cortland	10.20m	
13	516 Michaela Schaffer	FR	Plattsburgh	10.12m	
14	38 Lexi Phillips	SO	Brockport	9.99m	

Event 31 Women Shot Put

Conference: 15.42m 2018 Victoire Kothor Meet: 15.15m 2/23/2018 Victoire Kothor Facility: 15.35m 1/27/2018 Victoire Kothor AARTFC: 11.50m					
	Name	Yr	School	Seed	Mark
1	11 Sarah Crockett	JR	Brockport	13.51m	
2	408 Isabella Fabrizio	FR	Oneonta	12.45m	
3	280 Zoe Conner	FR	Geneseo	12.22m	
4	37 Maleenah Ortiz	FR	Brockport	12.20m	
5	477 Alandra Jones	FR	Oswego	11.96m	
6	43 Ellie Ramirez	SR	Brockport	11.89m	
7	307 Lauren Kluck	JR	Geneseo	11.63m	
8	25 Emma Kinnicutt	FR	Brockport	11.54m	
9	511 Journey Myricks	SO	Plattsburgh	11.36m	
10	19 Alayna Fredenburg	SR	Brockport	11.30m	
10	496 Kaitlyn Bjelko	JR	Plattsburgh	11.30m	
12	411 Teghan Garris	FR	Oneonta	11.17m	
13	423 Hannah Murdock	JR	Oneonta	10.64m	
14	40 Lainey Porter	FR	Brockport	10.63m	
15	515 Bliss Rhoads	JR	Plattsburgh	10.59m	
16	44 Michelle Russotti	FR	Brockport	10.40m	

Event 33 Women Weight Throw

Conference: 18.59m 3/10/2017 Meghan Serdock Meet: 18.38m 2/24/2018 Victoire Kothor Facility: 18.49m 12/2/2017 Jaskiran Dwaliwall AARTFC: 14.00m					
	Name	Yr	School	Seed	Mark
1	19 Alayna Fredenburg	SR	Brockport	16.70m	
2	11 Sarah Crockett	JR	Brockport	16.07m	
3	25 Emma Kinnicutt	FR	Brockport	15.26m	
4	43 Ellie Ramirez	SR	Brockport	14.12m	
5	280 Zoe Conner	FR	Geneseo	14.10m	
6	496 Kaitlyn Bjelko	JR	Plattsburgh	13.71m	
7	408 Isabella Fabrizio	FR	Oneonta	13.65m	
8	162 Sarah Parr	SO	Cortland	13.64m	
9	415 Hannah Jackson	SO	Oneonta	13.36m	
10	513 Jasmine Piper	SO	Plattsburgh	13.05m	
11	413 Christina Groleau	SO	Oneonta	12.94m	
12	307 Lauren Kluck	JR	Geneseo	12.91m	
13	511 Journey Myricks	SO	Plattsburgh	12.87m	

14	170 Liz Spencer	JR	Cortland	12.83m
15	40 Lainey Porter	FR	Brockport	12.41m
16	110 Tima Abdellatif	SR	Buffalo State	12.19m
17	474 Lindsay Fluman	JR	Oswego	12.18m
18	515 Bliss Rhoads	JR	Plattsburgh	11.75m
19	420 Christina Luciano	SO	Oneonta	11.57m
20	37 Maleenah Ortiz	FR	Brockport	11.51m
21	283 Alexis DeRaiche	FR	Geneseo	11.48m
22	244 Marisa Stravino	SO	Fredonia	11.29m
23	233 Eleanor Clarke	SO	Fredonia	11.12m

Event 1 Women Indoor Pentathlon

Conference: 3648 2/7/2020 Emily Lavarney Meet: 3343 2/26/2016 Kayla Koelbel Facility: 3695 12/1/2017 Carolyn Adams AARTFC: 2500				
	Name	Yr	School	Points
1	333 Adriana Straughter	JR	Geneseo	3166
2	321 Katie Mullady	JR	Geneseo	3060
3	290 Michelle Fitting	FR	Geneseo	2796
4	285 Janelle Eckl	FR	Geneseo	2776
5	309 Abrianna Kruger	SO	Geneseo	2690
6	340 Lanna Wandy	FR	Geneseo	2460
7	4 Madison Baker	SR	Brockport	2340
8	407 Sage Douglass	FR	Oneonta	2056
9	401 Josephine Alliano	SO	Oneonta	NP

Event 6 Men 60 Meter Dash Prelims

Conference: 6.71 1999 Stefan Mascall Meet: 6.82 2/23/2013 Sean Bernstein Facility: 6.82 2/23/2013 Sean Bernstein AARTFC: 7.15				
	Name	Yr	School	Seed Time
1	76 Olivier Kothor	SR	Brockport	6.89
2	538 Brexton Montville	SO	Plattsburgh	7.05
3	228 Malachi Williams	SO	Cortland	7.10
4	75 Devin Kipp	SR	Brockport	7.11
5	383 Jason Rappazzo	SO	Geneseo	7.15
6	446 Chris Ganley	SO	Oneonta	7.16
7	458 Eric Nieves	FR	Oneonta	7.22
8	219 Alhagie-Sorie Sesay	SO	Cortland	7.23
9	131 Nas Muslim Dost	FR	Buffalo State	7.33
10	176 Zashon Abrams	FR	Cortland	7.38
11	190 Craig Denton	SO	Cortland	7.41
12	133 Mike Simpson	FR	Buffalo State	7.42
13	132 Joel Ramirez	FR	Buffalo State	7.44

Event 16 Men 200 Meter Dash Prelims

Conference: 21.29 2/15/2013 Sean Bernstein Meet: 21.67 2/26/2012 Sean Bernstein Facility: 21.83 12/3/2016 Joshua Gali AARTFC: 22.90				
	Name	Yr	School	Seed Time
1	200 Aaron Jones	SO	Cortland	22.10
2	76 Olivier Kothor	SR	Brockport	22.25
3	383 Jason Rappazzo	SO	Geneseo	22.51

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 16 ... (Men 200 Meter Dash Prelims)

	Name	Yr	School	Seed Time
4	246 Nick Abdo	JR	Fredonia	22.60
5	538 Brexton Montville	SO	Plattsburgh	22.68
6	209 Brett Morse	SO	Cortland	22.75
7	199 Evan Jensen	FR	Cortland	22.93
8	194 Coltrane Goring	SO	Cortland	22.96
9	361 John Goldszer	SO	Geneseo	23.01
10	219 Alhagie-Sorie Sesay	SO	Cortland	23.03
11	485 Aidan Harrington	SO	Oswego	23.16
12	369 Bryan Ivey	JR	Geneseo	23.22
13	202 Douglas Knapp	SO	Cortland	23.23
14	217 Justin Schrom	FR	Cortland	23.25
15	75 Devin Kipp	SR	Brockport	23.32
16	190 Craig Denton	SO	Cortland	23.34
17	129 David Ibalio	FR	Buffalo State	23.39
18	446 Chris Ganley	SO	Oneonta	23.58

Event 12 Men 400 Meter Dash Prelims

Conference: 47.62 2/14/2009 Eric Theiss
Meet: 48.55 2/26/2011 Justin Allen
Facility: 48.96 12/2/2017 Peter Girardi
AARTFC: 51.30

	Name	Yr	School	Seed Time
1	391 Kieran Sheridan	JR	Geneseo	48.61
2	371 Lance Jensen	FR	Geneseo	49.74
3	194 Coltrane Goring	SO	Cortland	49.88
4	361 John Goldszer	SO	Geneseo	49.93
5	246 Nick Abdo	JR	Fredonia	50.12
6	369 Bryan Ivey	JR	Geneseo	51.05
7	199 Evan Jensen	FR	Cortland	51.49
8	485 Aidan Harrington	SO	Oswego	51.76
9	202 Douglas Knapp	SO	Cortland	51.86
10	192 Michael Eubanks	JR	Cortland	51.88
11	217 Justin Schrom	FR	Cortland	51.98
12	537 Cody Monnat	FR	Plattsburgh	52.17
13	486 Jack Hickey	SO	Oswego	52.55
14	71 Josh Jeziorski	SO	Brockport	52.66
15	129 David Ibalio	FR	Buffalo State	53.30
16	60 Frank Derdzinski	JR	Brockport	53.68

Event 14 Men 800 Meter Run Prelims

Conference: 1:50.99 1/28/2011 Nick Guarino
Meet: 1:52.92 2/26/2011 Nick Guarino
Facility: 1:51.15 1/18/2013 Nick Guarino
AARTFC: 1:58.50

	Name	Yr	School	Seed Time
1	345 Alec Andrews	JR	Geneseo	1:53.78
2	360 Joshua Goldberg	FR	Geneseo	1:55.33
3	448 Luke Jarski	FR	Oneonta	1:57.27
4	214 Richard Samuels	JR	Cortland	1:57.40
4	109 Jonathan Zavala	FR	Brockport	1:57.40
6	368 Stephen Hoare	SO	Geneseo	1:57.78
7	349 Frank Bubbico	FR	Geneseo	1:58.13
8	379 Peter Moller	SO	Geneseo	1:58.19
9	269 Josh Walters	FR	Fredonia	1:58.69

10	390 Matthew Sheehan	FR	Geneseo	1:58.85
11	181 Hunter Braun	JR	Cortland	1:59.27
12	80 Nick Markle	SO	Brockport	1:59.56
13	229 Nate Wilsoncroft	FR	Cortland	2:01.07
14	384 Spencer Ruediger	SO	Geneseo	2:01.40
15	569 Sam Renaud	FR	Potsdam	2:02.09

Event 10 Men 1 Mile Run

Conference: 4:04.68 3/4/2011 Nick Guarino
Meet: 4:08.76 2/27/2016 Collin Mulcahy
Facility: 4:08.76 2/27/2016 Collin Mulcahy
AARTFC: 4:24.00

	Name	Yr	School	Seed Time
1	385 Ezra Ruggles	SO	Geneseo	4:11.52
2	185 Ryan Cory	SO	Cortland	4:18.34
3	378 Ryan Mitchell	SO	Geneseo	4:19.61
4	109 Jonathan Zavala	FR	Brockport	4:20.51
5	398 Dawson Tooker	FR	Geneseo	4:23.46
6	77 Thomas Kressly	SO	Brockport	4:25.39
7	362 Kyle Gronau	FR	Geneseo	4:25.64
8	221 David Soto	JR	Cortland	4:25.87
9	366 Alex Hillyard	FR	Geneseo	4:26.99
10	375 Dillon McClary	FR	Geneseo	4:28.32
11	526 Noah Bonesteel	FR	Plattsburgh	4:31.12
12	215 Clayton Santiago	JR	Cortland	4:31.65
13	253 Jared Hecht	FR	Fredonia	4:34.31
14	193 Ben Fenton	FR	Cortland	4:34.86
15	481 Nathan Couse	JR	Oswego	4:36.06
16	223 Cameron Szabo	SO	Cortland	4:38.07

Event 18 Men 3000 Meter Run

Conference: 8:17.48 1/30/2010 Lee Berube
Meet: 8:27.70 2010 Mike Heymann
Facility: 8:29.31 2/28/2015 Zakk Hess
AARTFC: 8:50.00

	Name	Yr	School	Seed Time
1	346 Nick Andrews	SO	Geneseo	8:14.20
2	385 Ezra Ruggles	SO	Geneseo	8:28.57
3	397 Ben Timmons	JR	Geneseo	8:32.98
4	363 Riley Grossman	JR	Geneseo	8:35.36
5	438 Jonthomas Bierman	FR	Oneonta	8:39.76
6	96 Jared Smith	FR	Brockport	8:44.58
7	182 Hunter Brignall	FR	Cortland	8:45.00
8	376 Micah McCulley	FR	Geneseo	8:47.72
9	399 Charlie Wilson	FR	Geneseo	8:50.14
10	388 Austin Schoen	FR	Geneseo	8:50.25
11	362 Kyle Gronau	FR	Geneseo	8:52.59
12	454 Eion McClain	FR	Oneonta	8:58.58
13	98 Paul Sufliita	SR	Brockport	9:00.22
14	481 Nathan Couse	JR	Oswego	9:08.93

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 8 Men 5000 Meter Run

Conference: 14:13.02 1/28/2011 Mike Heymann
Meet: 14:34.98 2/26/2011 Mike Heymann
Facility: 14:48.13 3/1/2014 Cohen Miles-Rath
AARTFC: 15:30.00

	Name	Yr	School	Seed Time
1	346 Nick Andrews	SO	Geneseo	14:23.67
2	399 Charlie Wilson	FR	Geneseo	14:55.70
3	364 William Hall	FR	Geneseo	15:06.04
4	366 Alex Hillyard	FR	Geneseo	15:09.20
5	363 Riley Grossman	JR	Geneseo	15:15.11
6	55 Ethan Carey	SR	Brockport	15:27.82
7	98 Paul Suflita	SR	Brockport	15:29.81
8	454 Eion McClain	FR	Oneonta	15:47.19
9	396 Justin Thang	FR	Geneseo	15:52.92
10	224 Harry Tomasi	SO	Cortland	15:55.63
11	527 Michael Brockway	FR	Plattsburgh	15:59.77
12	188 Robby Davidson	FR	Cortland	16:01.69
13	365 Jack Heraty	FR	Geneseo	16:04.12
14	436 John Balk Jr.	FR	Oneonta	16:09.34
15	189 RJ Davis	FR	Cortland	16:16.22
16	216 Adam Schreiber	FR	Cortland	16:19.10
17	268 Ted Tomasello	FR	Fredonia	NT
17	378 Ryan Mitchell	SO	Geneseo	NT

Event 4 Men 60 Meter Hurdles Prelims

Conference: 8.00 2/26/2016 Jake Alviene
Meet: 8.00 2/26/2016 Jake Alviene
Facility: 8.00 2/26/2016 Jake Alviene
AARTFC: 8.70

	Name	Yr	School	Seed Time
1	209 Brett Morse	SO	Cortland	8.22
2	200 Aaron Jones	SO	Cortland	8.24
3	370 Bryan Jacobs	FR	Geneseo	8.38
4	133 Mike Simpson	FR	Buffalo State	8.68
4	394 Brendan Style	FR	Geneseo	8.68
6	344 Luke Andres	SR	Geneseo	8.72
7	213 Brandon Root	FR	Cortland	8.89
8	453 Alexander Mavros	FR	Oneonta	9.05
9	485 Aidan Harrington	SO	Oswego	9.15
10	230 Roland Zanger	FR	Cortland	9.22

Event 20 Men 4x400 Meter Relay

Conference: 3:16.21 3/3/2012 Cortland
E. Banks, P. Wiltshire, N. Yodice, S. Linton
Meet: 3:20.47 2/24/2018 Geneseo
D Switzer, G Faulkner, Z Hannahoe, L D'Alfonso
Facility: 3:20.47 2/24/2018 Geneseo
D Switzer, G Faulkner, Z Hannahoe, L D'Alfonso
AARTFC: 3:27.00

	Team	Relay	Seed Time
1	Geneseo		3:17.86
	1) 391 Kieran Sheridan JR	2) 368 Stephen Hoare SO	
	3) 345 Alec Andrews JR	4) 361 John Goldszer SO	
	5) 379 Peter Moller SO	6) 360 Joshua Goldberg FR	
	7) 369 Bryan Ivey JR	8) 390 Matthew Sheehan FR	
2	Cortland		3:21.78
	1) 192 Michael Eubanks JR	2) 194 Coltrane Goring SO	
	3) 199 Evan Jensen FR	4) 202 Douglas Knapp SO	
	5) 213 Brandon Root FR	6) 214 Richard Samuels JR	
	7) 217 Justin Schrom FR	8) 219 Alhagie-Sorie Sesay SO	
3	Fredonia		3:26.31
	1) 269 Josh Walters FR	2) 249 Griffin Dombroske SR	
	3) 260 Toby Onuoha JR	4) 246 Nick Abdo JR	
	5) 253 Jared Hecht FR	6) 255 Patrick Klinger FR	
4	Oneonta		3:37.14
	1) 465 Alec Weiss FR	2) 458 Eric Nieves FR	
	3) 446 Chris Ganley SO	4) 448 Luke Jarski FR	
	5) 443 Clayton Davis FR	6) 438 Jonthomas Bierman FR	
5	Brockport		3:38.84
	1) 76 Olivier Kothor SR	2) 78 Devon Legrain SR	
	3) 71 Josh Jeziorski SO	4) 80 Nick Markle SO	
	5) 54 Jordan Cancel FR	6) 60 Frank Derdzinski JR	
	7) 52 Kelly Brown SO		
6	Oswego		3:41.33
	1) 486 Jack Hickey SO	2) 480 Mathew Broadnax SO	
	3) 484 Christopher Dorney SO	4) 485 Aidan Harrington SO	
	5) 483 Ousmane Diallo JR	6) 492 Miguel Tineo Reyes FR	
7	Plattsburgh		3:41.61
	1) 524 Nicolas Anderson FR	2) 537 Cody Monnat FR	
	3) 531 Cameron Giuliano SO	4) 542 Levi Sochia FR	
	5) 535 Aidan Masten FR		
8	Buffalo State		3:42.04
	1) 129 David Ibalio FR	2) 126 Dylan Devine FR	
	3) 132 Joel Ramirez FR	4) 125 Benaleo Daniels SR	
	5) 123 Gabe Chizzonite FR		

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 22 Men Distance Medley**Conference: 9:53.21 1/28/2011 Geneseo****M. Streb, N. Brown, K. Bronson, L. Berube****Meet: 10:12.02 2/26/2016 Fredonia****C Mulcahy, C Towse, N Watson, Z Hess****Facility: 10:12.02 2/26/2016 Fredonia****C Mulcahy, C Towse, N Watson, Z Hess****AARTFC: 10:40.00**

Team	Relay	Seed Time
1 Geneseo		9:57.17
1) 376 Micah McCulley FR	2) 390 Matthew Sheehan FR	
3) 358 Zach Gauronski JR	4) 397 Ben Timmons JR	
5) 374 Nate LaSorba FR	6) 386 Eric Ryan JR	
7) 384 Spencer Ruediger SO	8) 349 Frank Bubbico FR	
2 Brockport		10:31.31
1) 82 Michael McGowan FR	2) 73 Matthew Kilian SR	
3) 104 Lukas Walters FR	4) 77 Thomas Kressly SO	
5) 106 Gaberiel Winters-Bona F		
3 Oneonta		11:10.23
1) 444 Nick Festa FR	2) 453 Alexander Mavros FR	
3) 443 Clayton Davis FR	4) 457 Justin Murillo SO	
4 Plattsburgh		13:01.31
1) 526 Noah Bonesteel FR	2) 524 Nicolas Anderson FR	
3) 534 Justin Kumrow FR	4) 545 Logan Van Buren FR	
5) 531 Cameron Giuliano SO	6) 530 Liam Gildea SO	
7) 542 Levi Sochia FR		
5 Potsdam		NT
1) 564 Andrew Hyde SO	2) 567 Tim Petty FR	
3) 569 Sam Renaud FR	4) 568 Logan Ploss FR	
5) 559 Harper Barrett FR	6) 565 Junior Oduro FR	
7) 571 Kain Robinson FR	8) 563 Evan Howe FR	
5 Buffalo State		NT
1) 122 Richard Bernstein SR	2) 123 Gabe Chizzonite FR	
3) 125 Benaleo Daniels SR	4) 135 Daniel Sorge FR	
5 Cortland		NT
1) 221 David Soto JR	2) 223 Cameron Szabo SO	
3) 192 Michael Eubanks JR	4) 202 Douglas Knapp SO	
5) 193 Ben Fenton FR	6) 229 Nate Wilsoncroft FR	
7) 182 Hunter Brignall FR	8) 215 Clayton Santiago JR	
5 Fredonia		NT
1) 256 Sembel Koshi SO	2) 249 Griffin Dombroske SR	
3) 269 Josh Walters FR	4) 253 Jared Hecht FR	
5) 255 Patrick Klinger FR	6) 261 Zach Peterman FR	
5 Oswego		NT
1) 482 Andrew Deming FR	2) 480 Mathew Broadnax SO	
3) 489 Matthew Pietzak SO	4) 481 Nathan Couse JR	
5) 486 Jack Hickey SO	6) 479 Dominick Angradi JR	

Event 24 Men High Jump**Conference: 2.18m 1984 Kym Orr****Meet: 2.18m 1984 Kym Orr****Facility: 2.15m 2/8/2020 Kyle Rollins****AARTFC: 1.89m**

Name	Yr	School	Seed Mark
1 260 Toby Onuoha	JR	Fredonia	1.94m

1 393 Sean Stewart	SO	Geneseo	1.94m
1 230 Roland Zanger	FR	Cortland	1.94m
4 449 Aidan Kelly	FR	Oneonta	1.92m
5 134 Collin Snyder	SR	Buffalo State	1.89m
6 377 Jonathan McNamara	FR	Geneseo	1.75m

Event 26 Men Pole Vault**Conference: 5.09m 3/8/2013 Zach Ferrara****Meet: 5.00m 2/26/2012 Zach Ferrara****Facility: 5.42m 1/26/2019 Zach Ferrara****AARTFC: 4.40m**

Name	Yr	School	Seed Mark
1 220 Dane Sorensen	JR	Cortland	4.90m
2 212 Zachary Nyhart	SO	Cortland	4.85m
3 195 Samuel Haaland	FR	Cortland	4.61m
4 450 Richard Mangogna	FR	Oneonta	4.55m
5 382 Brett Patmore	JR	Geneseo	4.12m
6 97 Zach Smith	FR	Brockport	4.10m
7 440 Michael Carey	FR	Oneonta	3.95m
8 395 Marshall Testa	FR	Geneseo	3.67m
8 487 Nathan Jennings	JR	Oswego	3.67m
10 103 Emmett Vanderstouw	SR	Brockport	3.65m
11 252 Chris Gualtieri	FR	Fredonia	3.40m

Event 28 Men Long Jump**Conference: 7.77m 2/11/2012 Wenley Louis****Meet: 7.42m 2/29/2020 Egypt Page****Facility: 7.33m 1/25/2020 Corey Cox/Egypt Page****AARTFC: 6.65m**

Name	Yr	School	Seed Mark
1 71 Josh Jeziorski	SO	Brockport	7.10m
2 393 Sean Stewart	SO	Geneseo	6.94m
3 209 Brett Morse	SO	Cortland	6.77m
4 372 James King	JR	Geneseo	6.76m
5 88 Dion Putaski	FR	Brockport	6.73m
6 131 Nas Muslim Dost	FR	Buffalo State	6.72m
7 230 Roland Zanger	FR	Cortland	6.56m
8 392 Adam Specht	FR	Geneseo	6.51m
9 380 Dylan Olson	FR	Geneseo	6.41m
10 62 Derek Edick	FR	Brockport	6.40m
11 197 Amarian Hughes	FR	Cortland	6.35m
12 465 Alec Weiss	FR	Oneonta	6.30m
13 373 Nicholas Kruger	SO	Geneseo	6.24m
14 186 Eli Craddock	FR	Cortland	6.16m
15 535 Aidan Masten	FR	Plattsburgh	6.02m

Event 30 Men Triple Jump**Conference: 15.52m 1981 James Parker****Meet: 14.88m 3/1/2014 Richard Pete****Facility: 15.03m 2/8/2020 Femi Akinduro****AARTFC: 13.40m**

Name	Yr	School	Seed Mark
1 356 Joshua Feldberg	JR	Geneseo	14.74m
2 393 Sean Stewart	SO	Geneseo	14.51m
3 197 Amarian Hughes	FR	Cortland	14.30m
4 260 Toby Onuoha	JR	Fredonia	13.91m

SUNYAC Indoor Track & Field Championships
Brockport Special Events & Recreation Center - 2/25/2022 to 2/26/2022
Performance List

Event 30 ...(Men Triple Jump)

	Name	Yr	School	Seed Mark
5	373 Nicholas Kruger	SO	Geneseo	13.71m
6	186 Eli Craddock	FR	Cortland	13.56m
7	372 James King	JR	Geneseo	13.34m
8	249 Griffin Dombroske	SR	Fredonia	13.14m
9	67 D'Andre Hunter	FR	Brockport	13.08m
10	377 Jonathan McNamara	FR	Geneseo	12.87m
11	62 Derek Edick	FR	Brockport	12.76m
12	187 Alexander Daniel	SO	Cortland	12.72m
13	88 Dion Putaski	FR	Brockport	12.68m
14	380 Dylan Olson	FR	Geneseo	12.57m
15	392 Adam Specht	FR	Geneseo	12.44m
16	92 Justin Rhoden	FR	Brockport	12.20m

Event 32 Men Shot Put

Conference: 17.69m 2/14/2020 **Tony DeYoung**
Meet: 17.86m 2/28/2020 **Tony DeYoung**
Facility: 18.47m 12/3/2016 **Ryan Cribbin**
AARTFC: 13.85m

	Name	Yr	School	Seed Mark
1	72 Art Jordan	SR	Brockport	16.61m
2	93 Alex Rood	FR	Brockport	15.52m
3	352 Greg Cole-Allen	SO	Geneseo	15.01m
4	105 Elijah Washington	SR	Brockport	14.98m
5	63 Matt Faulise	SR	Brockport	14.50m
6	59 John Demy	SR	Brockport	14.26m
7	206 Mitchell Makowski	JR	Cortland	13.52m
8	466 Vincent Zheng	FR	Oneonta	13.32m
9	101 Zach Trump	FR	Brockport	13.08m
10	543 Aidan Tous	SO	Plattsburgh	12.92m
11	491 Michael Saavedra	SR	Oswego	12.50m
12	85 Matt Muscolo	FR	Brockport	12.46m
13	79 Jason Marincic	FR	Brockport	12.21m
14	575 Jady Sylvain	JR	Potsdam	11.53m

Event 34 Men Weight Throw

Conference: 20.47m 3/13/2015 **Pat Weinert**
Meet: 19.16m 1994 **Trevor Hitchcock**
Facility: 19.67m 2/8/2014 **Jake Basher**
AARTFC: 15.00m

	Name	Yr	School	Seed Mark
1	441 Norberto Cervantes	SR	Oneonta	17.54m
2	63 Matt Faulise	SR	Brockport	16.51m
3	206 Mitchell Makowski	JR	Cortland	16.40m
4	105 Elijah Washington	SR	Brockport	16.37m
5	64 Connor Ferris	JR	Brockport	16.22m
6	352 Greg Cole-Allen	SO	Geneseo	15.37m
7	456 Miles Moliterni	SO	Oneonta	14.67m
8	72 Art Jordan	SR	Brockport	14.55m
9	59 John Demy	SR	Brockport	14.43m
10	439 Jason Briscoe	JR	Oneonta	13.77m
11	434 Marco Alteri	FR	Oneonta	13.73m
12	462 D'Shaun Ricketts	SR	Oneonta	13.60m
13	464 James Tumia	FR	Oneonta	13.40m
14	61 Jacob DeWilde	FR	Brockport	13.21m

15	466 Vincent Zheng	FR	Oneonta	13.11m
16	85 Matt Muscolo	FR	Brockport	12.93m

Event 2 Men Heptathlon

Conference: 5247 3/10/2017 **Jack Flood**
Meet: 4998 2/26/2016 **Aidan Fullerton**
Facility: 5246 12/2/2016 **Rostam Turner**
AARTFC: 3900

	Name	Yr	School	Points
1	450 Richard Mangogna	FR	Oneonta	4402
2	449 Aidan Kelly	FR	Oneonta	4143
3	344 Luke Andres	SR	Geneseo	4083
4	218 Ryan Serp	SO	Cortland	4011
5	99 Carson Swierski	FR	Brockport	3572
6	387 Jacob Schmid	FR	Geneseo	3379
7	203 Nik Knobloch	FR	Cortland	3341