

Princeton Indoor Invitational
Jadwin Gymnasium - 2/19/2023
Results - Meet Order

Women 60 Meter Dash

Name	Yr	School	Prelims
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Heat 1 Preliminaries

1	Heather Lesinski	SO	Millersville	8.16Q
2	Glory Odeh		Musketeers TC	8.31q
3	Jessica Johnson	FR	Bryn Mawr	8.55
4	Kayla Camille	SO	Bryn Mawr	8.68
5	Laura Villatoro	FR	CCNY	9.09
6	Zuha Khan	FR	CCNY	9.33

Heat 2 Preliminaries

1	English Gardner		Unattached	7.35Q
2	Karla Chardon	JR	Goldey-Beacom	8.08q
3	Kiana Casimir	FR	Essex CC	8.10q
4	Asia Hollis	SR	Goldey-Beacom	8.59
5	Camree Patterson	SO	Millersville	8.63
6	Irene D'Anna		Princeton RC	8.85

Heat 3 Preliminaries

1	Brianna Mponzi	SO	Princeton	7.86Q
2	Adillia Trim		Zenith Velocity	8.23q
3	Arianna Kouakou	SO	Millersville	8.28q
4	Ava Ceulers	FR	Millersville	8.45
5	Samantha Maendel	FR	CCNY	8.90
6	Nedenia West	SR	Unattached	9.36

Women 60 Meter Dash

Name	Yr	School	Finals
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Section 1 Finals

1	English Gardner		Unattached	7.36
2	Brianna Mponzi	SO	Princeton	7.66
3	Karla Chardon	JR	Goldey-Beacom	8.08
4	Heather Lesinski	SO	Millersville	8.10
5	Kiana Casimir	FR	Essex CC	8.11
6	Adillia Trim		Zenith Velocity	8.23
7	Glory Odeh		Musketeers TC	8.42

Women 200 Meter Dash

Name	Yr	School	Finals
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Section 1

1	Arianna Kouakou	SO	Millersville	26.37
2	Olivia Binns	FR	St. Joseph's	27.01
3	Heather Lesinski	SO	Millersville	27.48
4	Mia Carson	JR	Millersville	28.20

Section 2

1	Adillia Trim		Zenith Velocity	26.54
2	Karla Chardon	JR	Goldey-Beacom	27.22
3	Camree Patterson	SO	Millersville	28.22
4	Julia Fallows	SO	Millersville	28.90
5	Maurelhena Walles		Unattached	29.33

Section 3

1	Ashlyn Hickey	SO	Millersville	27.53
2	Isabella Kowalski	SO	Arcadia	27.72
3	Madeleine Yao	FR	Bryn Mawr	28.82
4	Emily Skidmore	SO	Millersville	29.31

5	Andrea Collier		Unattached	29.36
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Section 4

1	Delaney McGarry	SO	Arcadia	28.74
2	Kayla Camille	SO	Bryn Mawr	29.47
3	Emma Mae Jones	FR	Arcadia	29.78
4	Paige Masonheimer	SO	Arcadia	30.24
5	Sydney Connors	SO	Arcadia	30.84

Women 400 Meter Dash

Name	Yr	School	Finals
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Section 1

1	Maisha Atkinson	FR	Princeton	58.68
2	Mia Carson	JR	Millersville	1:00.89
3	Fanta Sangoo	FR	Essex CC	1:00.94
4	Nicole Rodriguez		Princeton RC	1:08.20

Section 2

1	Grace Curnow	FR	Arcadia	1:02.11
2	Ashlyn Hickey	SO	Millersville	1:03.00
3	Julia Fallows	SO	Millersville	1:03.15

Section 3

1	Olivia Beddow	FR	St. Joseph's	1:03.63
2	Jessica Rubio	SO	St. Joseph's	1:03.93
3	Lillian LaBure	FR	Millersville	1:04.69
4	Maurelhena Walles		Unattached	1:05.39

Section 4

1	Micah Gordley	JR	Arcadia	1:03.41
2	Kiana Casimir	FR	Essex CC	1:06.64
3	Emily Skidmore	SO	Millersville	1:08.53
4	Yanna Bravewolf		Princeton RC	1:08.75

Women 500 Meter Dash

Name	Yr	School	Finals
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Section 1

1	Glory Odeh		Musketeers TC	1:24.28
2	Carolyn Smith	FR	St. Joseph's	1:26.84

Women 800 Meter Run

Name	Yr	School	Finals
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Section 1

1	Johanna Schubert	SR	Swarthmore	2:22.77
2	Elena Bocchetti	FR	Moravian	2:23.66
3	Cora Heilman	FR	Millersville	2:25.15
4	Julia Brock	JR	Unattached	2:28.33
5	thomyka valcent	SO	Essex CC	2:29.24
6	Emily Beers	FR	Millersville	2:39.38
7	Samantha Maendel	FR	CCNY	2:46.16
8	Jacqueline Engler	SO	Arcadia	2:50.88
9	Sandra Lu	SO	CCNY	2:56.84
10	Emily Sykes	FR	Millersville	2:59.55
11	Sofie Prieto	FR	Bryn Mawr	3:05.04
12	Colby Rossmassler	JR	Bryn Mawr	3:08.74

Women 1 Mile Run

Name	Yr	School	Finals
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Section 1

1	Lauren Charboneau	SO	St. Joseph's	5:24.59
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Princeton Indoor Invitational
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Section 1 ... (Women 1 Mile Run)

Name	Yr	School	Finals
2 Lauren Kitay	SO	Bryn Mawr	5:28.19
3 Kaycee McCullough	SO	Millersville	5:37.24
4 Alyssa Brinsky	JR	St. Joseph's	5:37.57
5 Shannon Addario	SR	St. Joseph's	5:39.59
6 Carlyn Segrave-Daly	FR	St. Joseph's	5:40.68
7 April Browne	SO	Arcadia	5:41.21
8 Sofie Prieto	FR	Bryn Mawr	5:46.96
9 Kaitlyn Leister	JR	Millersville	5:52.54

Section 2

1 Sofi Guven	SO	Bryn Mawr	5:40.71
2 Isabella Musgrove	FR	Millersville	5:47.36
3 Evelyn Cheng	SO	Bryn Mawr	5:49.92
4 Lukabed Bati	SO	Bryn Mawr	5:50.68
5 Emma Sutherland	JR	Arcadia	5:52.87
6 Breia Mayes	FR	Millersville	5:58.58
7 Jenna Dumbrowsky	SO	Millersville	6:01.15
8 Marien Richardson	JR	Bryn Mawr	6:03.21

Women 60 Meter Hurdles

Name	Yr	School	Prelims
Heat 1 Preliminaries			
1 Lily Parris	SO	Princeton	8.64Q
2 Lillian LaBure	FR	Millersville	9.91q
3 Sabela Zablackis	SO	Millersville	9.97q
4 Colby Rossmassler	JR	Bryn Mawr	11.54
5 Zuha Khan	FR	CCNY	11.70

Heat 2 Preliminaries

1 Glory Odeh		Musketeers TC	9.38Q
2 Jesele Alexander	SO	Essex CC	9.48q
3 Ashanti Gordon	FR	Essex CC	10.43q
4 Madison Stebila	SO	Millersville	11.10q
5 Marissa Dougher	FR	Arcadia	11.14q

Women 60 Meter Hurdles

Name	Yr	School	Finals
Section 1 Finals			
1 Jesele Alexander	SO	Essex CC	9.38
2 Glory Odeh		Musketeers TC	9.40
3 Sabela Zablackis	SO	Millersville	9.85
4 Lillian LaBure	FR	Millersville	10.03

Women 4x400 Meter Relay

Team	Relay	Finals
Section 1		
1 Essex CC		4:08.09
1) Ashanti Gordon FR	2) Jesele Alexander SO	
3) Fanta Sangoo FR	4) thomyka valcent SO	
2 CCNY	B	5:21.58
1) Aakaysha Williams SO	2) Johanni Valerio FR	
3) Kaylin Soto FR	4) Joeli Valerio FR	

Women High Jump

Name	Yr	School	Finals
Flight 1			
1 Kassidy Mulryne	SR	St. Joseph's	1.63m
2 Emily Trelstad	SO	Swarthmore	1.60m
3 Madison Stebila	SO	Millersville	1.55m
4 Margaret Hardigg	JR	Bryn Mawr	1.55m
5 Hannah Swale	FR	Swarthmore	1.50m
6 Lauren Festa	FR	Millersville	1.50m
7 Lyndsey Kregel	FR	Millersville	1.50m
8 Sabela Zablackis	SO	Millersville	1.45m
9 Savannah Boyce	JR	Goldey-Beacom	1.40m

Women Pole Vault

Name	Yr	School	Finals
Flight 1			
1 Tessa Mudd	FR	Princeton	4.15m
2 Darian Hauf	SO	Millersville	3.69m
3 Megan Malecki	SO	Millersville	3.24m

Women Long Jump

Name	Yr	School	Finals
Flight 1			
1 Erica Graham		Next Level AC	5.88m
2 Kassidy Mulryne	SR	St. Joseph's	5.32m
3 Jesele Alexander	SO	Essex CC	5.06m
4 Ada Metaxas		Princeton RC	5.04m
5 Hannah Swale	FR	Swarthmore	4.91m
6 Sabela Zablackis	SO	Millersville	4.82m
7 Ava Ceulers	FR	Millersville	4.80m
8 Lily Ferguson	FR	St. Joseph's	4.77m
9 Ashly Dodd	SO	Millersville	4.65m
10 Chloe Kearney	SO	St. Joseph's	4.60m
11 Jessica Johnson	FR	Bryn Mawr	4.42m

Women Triple Jump

Name	Yr	School	Finals
Flight 1			
1 Jesele Alexander	SO	Essex CC	11.34m
2 Hannah Swale	FR	Swarthmore	10.62m
3 Lauren Festa	FR	Millersville	10.37m
4 Lily Ferguson	FR	St. Joseph's	9.97m
5 Akyla Walcott	FR	Essex CC	9.77m
6 Jessica Johnson	FR	Bryn Mawr	9.61m
7 Margaret Hardigg	JR	Bryn Mawr	9.13m

Women Shot Put

Name	Yr	School	Finals
Flight 1			
1 Hannah Woelfling	JR	Millersville	13.74m
2 Sunflower Greene		Unattached	13.24m
3 Adria Retter	SR	Swarthmore	13.23m
4 Grace Aggen	FR	Lehigh	12.17m
5 Alexia Cornish	FR	Goldey-Beacom	10.87m
6 Jen Whipple	FR	Lehigh	10.82m
7 Abby Rodriguez	FR	Millersville	10.38m

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Flight 1 ... (Women Shot Put)

	Name	Yr	School	Finals
8	Stephanie Toussaint	SO	CCNY	9.56m
9	Madison McGowan	FR	Goldey-Beacom	8.92m
10	Nora Steil	SO	Bryn Mawr	8.55m
11	Cheyenne Miller	FR	Widener	8.49m
12	Sydney Altman	FR	Widener	8.45m
13	Karissa Kujawa	FR	Arcadia	7.75m

Women Weight Throw 20 lb.

	Name	Yr	School	Finals
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Flight 1

1	Sunflower Greene		Unattached	18.76m
2	Hannah Woelfling	JR	Millersville	16.79m
3	Maddy Downs	SO	Millersville	15.00m
4	Karina Roze	JR	Lehigh	13.94m
5	Abby Rodriguez	FR	Millersville	13.78m
6	Emma Harrington	SR	Lehigh	13.50m
7	Isabel Rodriguez	FR	Widener	13.39m
8	Jen Whipple	FR	Lehigh	12.81m
9	Catherine Portelli	SO	Arcadia	11.49m
10	Stephanie Toussaint	SO	CCNY	11.14m
11	Seya Trujillo	FR	Millersville	11.01m
12	Uzoma Ikeanusi	SO	Lehman	9.98m
13	Sydney Altman	FR	Widener	9.66m
14	Alexia Cornish	FR	Goldey-Beacom	8.84m

Men 60 Meter Dash

	Name	Yr	School	Prelims
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Heat 1 Preliminaries

1	Shnyden Pierre		Next Level AC	7.16Q
2	Alex McGeary	FR	St. Joseph's	7.47q
3	Robert Carter	JR	Arcadia	7.51q
4	Obinna Njoku II	SO	Lehman	7.59
5	Simoun Urcia	FR	CCNY	7.82
6	Luis Feliz	FR	Lehman	9.07
7	Angel Navor	FR	CCNY	9.14

Heat 2 Preliminaries

1	Jonathan Farinha	FR	Essex CC	6.96Q
2	Esteban Garcia		Next Level AC	7.30q
3	Edward Siaw		Princeton RC	7.53q
4	Dontay Washington	FR	Lehman	7.75
5	Gima Suh	JR	Arcadia	7.75
6	Will Smith	FR	CCNY	8.31
7	Andry Guzman	SO	CCNY	8.67

Heat 3 Preliminaries

1	Reco Griffith		Musketeers TC	7.06Q
2	Ismael Barry	SO	Lehman	7.43q
3	Kyle Byron	SO	CCNY	7.76
4	Kamunga Kalala	FR	CCNY	8.08
5	Ross O'Neill		Unattached	8.18
6	Nathan Rios	SO	CCNY	8.46
7	Jhoan Marte	FR	Lehman	8.76

Men 60 Meter Dash

	Name	Yr	School	Finals
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Section 1 Finals

1	Jonathan Farinha	FR	Essex CC	6.93
2	Reco Griffith		Musketeers TC	7.01
3	Shnyden Pierre		Next Level AC	7.09
4	Ismael Barry	SO	Lehman	7.40
5	Esteban Garcia		Next Level AC	7.44
6	Edward Siaw		Princeton RC	7.45
7	Alex McGeary	FR	St. Joseph's	7.48
8	Robert Carter	JR	Arcadia	7.50

Men 200 Meter Dash

	Name	Yr	School	Finals
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Section 1

1	Reco Griffith		Musketeers TC	22.80
2	Wesley Castelli	FR	Arcadia	23.58
3	Kedar Reid	FR	Goldey-Beacom	24.27
4	Kyle Byron	SO	CCNY	25.72

Section 2

1	Ismael Barry	SO	Lehman	24.14
2	Theo Lucien		Zenith Velocity	25.04
3	Obinna Njoku II	SO	Lehman	25.12
4	Dontay Washington	FR	Lehman	25.16

Section 3

1	Isiah Martin	FR	Essex CC	25.18
2	Kamunga Kalala	FR	CCNY	25.77
3	Justin Smallwood		Princeton RC	26.37
4	Andry Guzman	SO	CCNY	27.98

Section 4

1	Reajean St. John	FR	Essex CC	23.60
2	Miles Allen	FR	Essex CC	24.67
3	Damian Rivera	JR	CCNY	28.46
4	Jhoan Marte	FR	Lehman	29.55
5	Angel Navor	FR	CCNY	29.62
6	Luis Feliz	FR	Lehman	30.60

Men 400 Meter Dash

	Name	Yr	School	Finals
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Section 1

1	Ladislav Topfer	JR	Princeton	49.80
2	Aiden Silvestri	FR	Princeton	50.57
3	Isa Hitchens	FR	Princeton	51.17
4	Hakeem Mowatt	SR	Musketeers	54.22

Section 2

1	Hezakiah Ali-Bentley	SO	Goldey-Beacom	53.19
2	Edward Siaw		Princeton RC	53.90
3	Samuel Wragg	SR	Arcadia	54.09
4	Abiola Bolaji		Princeton RC	58.22
5	Angel Navor	FR	CCNY	1:06.19

Section 3

1	Emmanuel Otsyina	JR	Goldey-Beacom	55.86
2	Kevin Walter	SR	Arcadia	1:00.08
3	Ben Behm	SR	Arcadia	1:02.09

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Section 3 ... (Men 400 Meter Dash)			
Name	Yr	School	Finals
4 Damian Rivera	JR	CCNY	1:04.38

Men 500 Meter Dash

Name	Yr	School	Finals
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Section 1

1 Regent Walden	FR	St. Joseph's	1:10.12
2 Torin Thomas	FR	Essex CC	1:10.43
3 Kevin Dennin	JR	St. Joseph's	1:12.18

Men 800 Meter Run

Name	Yr	School	Finals
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Section 1

1 Andrew Palacio	JR	Unattached	2:04.33
2 Jalen Brown	FR	Essex CC	2:07.75
3 Ben Nieto		Unattached	2:08.37
4 Sean Ip	JR	Arcadia	2:08.93
5 James Anderson		Princeton RC	2:12.49
6 Reajean St. John	FR	Essex CC	2:12.53
7 Christopher Williams	FR	Essex CC	2:13.50
8 Daniel Ponciano	FR	Arcadia	2:15.14

Men 1000 Meter Run

Name	Yr	School	Finals
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Section 1

1 Dawson Baptiste	SO	St. Joseph's	2:38.13
2 William Makinen		Princeton RC	2:39.02
3 Ryne Beni	SR	St. Joseph's	2:44.08
4 Letlotlo Mohubedu	FR	Essex CC	2:46.02
5 simon kemboi	FR	Essex CC	2:52.21

Men 1 Mile Run

Name	Yr	School	Finals
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Section 1

1 Frank Livolsi		PRTC	4:22.77
2 Vicente Iglesias		Phila. Runner TC	4:24.07
3 Zach Williams	FR	St. Joseph's	4:25.17
4 Aidan Doherty	JR	St. Joseph's	4:28.69
5 William Makinen		Princeton RC	4:31.19
6 Ryne Beni	SR	St. Joseph's	4:34.24
7 Quinn O'Dell	FR	St. Joseph's	4:37.40
8 Ben Klinger	SO	St. Joseph's	4:43.71
9 Ben Nieto		Unattached	4:43.73
10 Owen Hibshman	FR	St. Joseph's	4:48.23
11 Kalen Sixkiller		Princeton RC	4:53.67

Section 2

1 Letlotlo Mohubedu	FR	Essex CC	4:47.30
2 Dylan Zuch	SR	St. Joseph's	4:49.42
3 Ben Behm	SR	Arcadia	4:49.90
4 simon kemboi	FR	Essex CC	4:55.41
5 Omar Bedak	SO	St. Joseph's	4:56.39
6 Wiley Kohler		Princeton RC	4:58.31
7 Kevin Walter	SR	Arcadia	4:59.37
8 Ben Williamson	FR	Arcadia	5:00.71
9 Murphy Hastings	FR	Arcadia	5:06.81

10 Bedros Maldjian	Princeton RC	5:17.35
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Men 60 Meter Hurdles

Name	Yr	School	Prelims
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Heat 1 Preliminaries

1 Greg Foster	FR	Princeton	8.06Q
2 Jovan Aigbekaen	SR	Princeton	8.29q
3 Albert Kreutzer	SO	Princeton	8.40q
4 Dontay Washington	FR	Lehman	10.13q
5 Obinna Njoku II	SO	Lehman	10.83q

Heat 2 Preliminaries

1 Easton Tan	FR	Princeton	8.28Q
2 Kernley Charles		Unattached	8.59q
3 Justin Soto	JR	Arcadia	9.71q
4 Kamunga Kalala	FR	CCNY	10.98

Men 60 Meter Hurdles

Name	Yr	School	Finals
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Section 1 Finals

1 Greg Foster	FR	Princeton	8.02
2 Easton Tan	FR	Princeton	8.17
3 Jovan Aigbekaen	SR	Princeton	8.25
4 Albert Kreutzer	SO	Princeton	8.27
5 Kernley Charles		Unattached	8.55
6 Justin Soto	JR	Arcadia	9.51
7 Dontay Washington	FR	Lehman	10.09
8 Obinna Njoku II	SO	Lehman	10.95

Men 4x400 Meter Relay

Team	Relay	Finals
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Section 1

1 Goldey-Beacom		3:42.04
1) A'Mair Buffaloe JR	2) Kedar Reid FR	
3) Hezakiah Ali-Bentley SO	4) Emmanuel Otsyina JR	
5) Amit Mohamed SO		

Men High Jump

Name	Yr	School	Finals
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Flight 1

1 John Hogan	SO	Princeton	1.90m
2 Derek Onger	SO	Goldey-Beacom	1.85m
3 Jayvon Laguerre	FR	Goldey-Beacom	1.80m
4 Chris Paige	SO	Princeton	1.75m

Men Pole Vault

Name	Yr	School	Finals
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Flight 1

1 Sondre Guttormsen	SR	Princeton	5.81m
2 Christopher Brhel		Unattached	4.30m
3 Hunter Calvert	FR	Unattached	4.15m
4 Joe Avallone	FR	Princeton	4.00m

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Men Long Jump

Name	Yr	School	Finals
Flight 1			
1 Cameron Campbell-Miller	FR	St. Joseph's	6.85m
2 Ilay Furman	SO	Princeton	6.79m
3 Chris Paige	SO	Princeton	6.66m
4 Logan Henry	FR	St. Joseph's	6.31m
5 Esteban Garcia		Next Level AC	6.25m
6 Rahim Samuel	FR	Essex CC	6.15m
7 Deandre Elliot	FR	Essex CC	6.08m
8 Deyshawn Clarke-Wells		Next Level AC	6.00m
9 Obinna Njoku II	SO	Lehman	5.98m
10 Josh Bacon	SO	St. Joseph's	5.77m
11 John Salt	JR	St. Joseph's	5.73m
12 Justin Soto	JR	Arcadia	5.70m

Men Triple Jump

Name	Yr	School	Finals
Flight 1			
1 David Amelemah	SR	Princeton	13.88m
2 Cameron Campbell-Miller	FR	St. Joseph's	13.33m
3 Obinna Njoku II	SO	Lehman	12.43m
4 Rahim Samuel	FR	Essex CC	12.38m
5 Emanuelle Carranza	SO	Goldey-Beacom	12.28m
6 Steve Warren	SO	Arcadia	12.24m

Men Shot Put

Name	Yr	School	Finals
Flight 1			
1 David Waters	SO	Widener	14.01m
2 Joe Nowakowski	FR	Lehigh	13.94m
3 Tim King	SR	Moravian	13.90m
4 Sebastien Lacroix	FR	Goldey-Beacom	13.18m
5 Conrad Howell	SO	Widener	12.27m
6 Craig MacDonald	SR	Unattached	11.72m
7 Sharan Shankar	SO	Lehigh	11.45m
Flight 2			
1 Tyler Konopka	SO	Princeton	17.05m
2 Casey Helm	FR	Princeton	16.60m
3 Liam Lovering	SO	Lehigh	16.17m
4 Joe Licata	FR	Princeton	15.56m
4 Alden Littlefield	SR	Widener	15.56m
6 Alex Kristeller	SO	Widener	15.20m
7 Justin Adams	SO	Widener	13.02m

Men Weight Throw 35 lb.

Name	Yr	School	Finals
Flight 1			
1 Achilles Mouzakis	JR	Lehigh	16.48m
2 Justin Adams	SO	Widener	16.42m
3 Tim King	SR	Moravian	15.81m
4 Alexander Palescandolo	SR	Unattached	15.45m
5 Quinn Conlan	SR	Lehigh	15.13m
6 David Waters	SO	Widener	14.74m
7 Conrad Howell	SO	Widener	12.68m

8	Craig MacDonald	SR	Unattached	10.77m
Flight 2				
1	Alex Kristeller	SO	Widener	19.78m
2	Avery Shunneson	SO	Princeton	19.09m
3	Asher Robbins	FR	Princeton	17.97m
4	Paul Brennan	JR	Unattached	17.79m
5	Nathan Myers	SR	Unattached	17.55m
6	Liam Lovering	SO	Lehigh	17.07m
7	Alden Littlefield	SR	Widener	14.59m