

Liberty League
Outdoor Track & Field Championships
Hosted By Rochester - 5/5/2023 to 5/6/2023
Results

Women 100 Meter Dash

Conference: 12.09 C 2019 **Michaela Burrell**
Meet: 12.12 M 5/8/2021 **Michaela Burrell**
Facility: 12.01 F 1998 **Danielle St. Leger**
AARTFC: 12.65 A

Name	Yr	School	Prelims
Preliminaries			
1 Logan Bruce	SR	Ithaca	A 12.32Q0.8
2 Kate Isaac	JR	Rochester	A 12.43Q-0.1
3 Christine Mallette	SO	RPI	A 12.57Q0.5
4 Traci Francis	SO	Vassar	A 12.43q 0.8
5 Madeline O'Connell	SR	Rochester	A 12.44q -0.1
6 Ava Novak	JR	Vassar	A 12.59q -0.1
7 Annabelle Shanks	SO	Rochester	12.83q 0.8
8 Lola Perez-Fry	SR	Vassar	12.86q 0.5
9 Jamie Eu	FR	Vassar	12.90 0.8
10 Hayley Castagnier	JR	St. Lawrence	13.00 0.5
11 Christina Kyriacou	FR	Rochester	13.11 0.5
12 Caitlin Smith	SO	RPI	13.16 0.8
13 Ayenaliz Velasquez	JR	Ithaca	13.16 -0.1
14 Cora Knight	FR	St. Lawrence	13.21 -0.1
15 Malinda Smith	SR	Vassar	13.27 -0.1
16 Maya Hatch	SO	Rochester	13.28 0.5
17 Nora Jensen	JR	Vassar	13.29 -0.1
18 Jael Ernest Fleurant	SR	Rochester	13.33 0.8
19 Sydney Passley-Harris	FR	Vassar	13.40 0.5
20 Yeidi Yuja	SO	Rochester	13.56 0.8
21 Jynaiya Grizzle	FR	Bard	14.64 0.5
22 Judith Guzman	FR	Union (N.Y.)	15.53 0.5

Women 100 Meter Dash

Conference: 12.09 C 2019 **Michaela Burrell**
Meet: 12.12 M 5/8/2021 **Michaela Burrell**
Facility: 12.01 F 1998 **Danielle St. Leger**
AARTFC: 12.65 A

Name	Yr	School	Finals
Finals			
1 Madeline O'Connell	SR	Rochester	12.21A 10
2 Kate Isaac	JR	Rochester	12.42A 8
3 Traci Francis	SO	Vassar	12.44A 6
4 Logan Bruce	SR	Ithaca	12.53A 5
5 Ava Novak	JR	Vassar	12.60A 4
6 Christine Mallette	SO	RPI	12.62A 3
7 Lola Perez-Fry	SR	Vassar	12.88 2
8 Annabelle Shanks	SO	Rochester	12.90 1

Women 200 Meter Dash

Conference: 24.89 C 2023 **Madeline O'Connell**
Meet: 25.37 M 2017 **Noemie Bechu**
Facility: 24.80 F 1998 **Tashea Holdip**
AARTFC: 26.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Kate Isaac	JR	Rochester	M 25.31Q-0.9
2 Susan Bansbach	SR	Rochester	A 25.56Q0.7
3 Madeline O'Connell	SR	Rochester	M 25.31q -0.9
4 Christine Mallette	SO	RPI	A 25.61q -0.9
5 Kristin Hardy	SR	Rochester	A 25.80q 0.7
6 Ava Novak	JR	Vassar	A 26.00q -0.9
7 Caroline Hill	SO	RIT	26.12q 0.7
8 Katie Manning	SO	RPI	26.16q -0.9
9 Natalie MacArthur	SO	Ithaca	26.59 0.7
10 Devan Adegbile	SO	Ithaca	26.85 0.7
11 Hayley Castagnier	JR	St. Lawrence	27.13 0.7
12 Jamie Eu	FR	Vassar	27.39 -0.9
13 Caitlin Smith	SO	RPI	27.80 0.7
14 Alexa Smith	JR	St. Lawrence	27.95 0.7
15 Hawra Moochhala	SO	Bard	28.11 -0.9
16 Sophia Tighe	SO	Bard	29.80 -0.9

Women 200 Meter Dash

Conference: 24.89 C 2023 **Madeline O'Connell**
Meet: 25.37 M 2017 **Noemie Bechu**
Facility: 24.80 F 1998 **Tashea Holdip**
AARTFC: 26.00 A

Name	Yr	School	Finals
Finals			
1 Susan Bansbach	SR	Rochester	24.59F 10
2 Madeline O'Connell	SR	Rochester	24.61F 8
3 Kate Isaac	JR	Rochester	25.21M 6
4 Kristin Hardy	SR	Rochester	25.36M 5
5 Christine Mallette	SO	RPI	25.41A 4
6 Ava Novak	JR	Vassar	25.67A 3
7 Caroline Hill	SO	RIT	25.82A 2
8 Katie Manning	SO	RPI	26.60 1

Women 400 Meter Dash

Conference: 53.89 C 2015 **Heather Ingraham**
Meet: 55.13 M 4/18/2015 **Heather Ingraham**
Facility: 54.88 F 1988 **Andrea Thomas**
AARTFC: 1:00.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Megan Bell	SO	Rochester	A 57.29Q
2 Susan Bansbach	SR	Rochester	A 58.09Q
3 Kristin Hardy	SR	Rochester	A 58.72q
4 Gabrielle Baker	SO	Union (N.Y.)	A 59.63q
5 Caroline Hill	SO	RIT	1:00.18q

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Results

Preliminaries ... (Women 400 Meter Dash)

Name	Yr	School	Prelims
6 Natalie MacArthur	SO	Ithaca	1:00.24q
7 Katherine Downey	JR	Ithaca	1:01.58q
8 Kasey McGerald	SO	Union (N.Y.)	1:02.77q
9 Caelan McHarney	FR	St. Lawrence	1:03.38
10 Faydia Thompson	SO	RPI	1:03.49
11 Kristina Koes	JR	St. Lawrence	1:03.79
12 Margaret McLaughlin	FR	Vassar	1:04.71
13 Tessa Stanley	FR	Ithaca	1:05.26
14 Hawra Moomhala	SO	Bard	1:07.16
15 Becca Itty	FR	RPI	1:08.18
16 Sophia Tighe	SO	Bard	1:10.04

Women 400 Meter Dash

Conference: 53.89 C 2015 **Heather Ingraham**
Meet: 55.13 M 4/18/2015 **Heather Ingraham**
Facility: 54.88 F 1988 **Andrea Thomas**
AARTFC: 1:00.00 A

Name	Yr	School	Finals
Finals			
1 Susan Bansbach	SR	Rochester	55.47A 10
2 Megan Bell	SO	Rochester	56.36A 8
3 Kristin Hardy	SR	Rochester	56.99A 6
4 Gabrielle Baker	SO	Union (N.Y.)	58.54A 5
5 Caroline Hill	SO	RIT	58.66A 4
6 Natalie MacArthur	SO	Ithaca	58.90A 3
7 Katherine Downey	JR	Ithaca	1:00.87 2
8 Kasey McGerald	SO	Union (N.Y.)	1:02.35 1

Women 800 Meter Run

Conference: 2:10.69 C 2012 **Kelly Holmes**
Meet: 2:12.84 M 5/7/2022 **Susan Bansbach**
Facility: 2:13.14 F 4/22/2023 **Megan Bell**
AARTFC: 2:21.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Paloma DeMonte	SR	Ithaca	A 2:16.25Q
2 Jillian Lees	JR	RPI	A 2:19.22Q
3 Allison Sibold	SO	St. Lawrence	A 2:18.44Q
4 Sophia Henderson	SO	Vassar	2:21.15Q
5 Rachel Rose	JR	Ithaca	A 2:20.29q
6 Emily Johnson	SO	Ithaca	2:21.21q
7 Carissa Minarovich	SR	Rochester	2:23.91q
8 Alayna Gibson	SO	Union (N.Y.)	2:24.12q
9 Abigail Thomas	FR	RIT	2:24.89
10 Abigail Nautel	FR	RIT	2:25.51
11 Madison Perez	SR	RPI	2:27.26
12 Emma Grace Ricketts	SO	RPI	2:34.06
13 Lizzie Aldous	FR	Bard	2:58.67

Women 800 Meter Run

Conference: 2:10.69 C 2012 **Kelly Holmes**
Meet: 2:12.84 M 5/7/2022 **Susan Bansbach**
Facility: 2:13.14 F 4/22/2023 **Megan Bell**
AARTFC: 2:21.00 A

Name	Yr	School	Finals
Finals			
1 Paloma DeMonte	SR	Ithaca	2:17.69A 10
2 Allison Sibold	SO	St. Lawrence	2:18.93A 8
3 Alayna Gibson	SO	Union (N.Y.)	2:20.93A 6
4 Jillian Lees	JR	RPI	2:21.83 5
5 Emily Johnson	SO	Ithaca	2:23.36 4
6 Sophia Henderson	SO	Vassar	2:23.40 3
7 Rachel Rose	JR	Ithaca	2:26.03 2
8 Carissa Minarovich	SR	Rochester	2:27.83 1

Women 1500 Meter Run

Conference: 4:27.14 C 2021 **Jordan Hurlbut**
Meet: 4:30.32 M 5/8/2021 **Jordan Hurlbut**
Facility: 4:28.68 F 2021 **Parley Hannan**
AARTFC: 4:54.00 A

Name	Yr	School	Finals
Finals			
1 Allison Sibold	SO	St. Lawrence	4:33.46A 10
2 Paloma DeMonte	SR	Ithaca	4:40.39A 8
3 Haylei Coolican	JR	St. Lawrence	4:43.45A 6
4 Catherine Dacey	SO	Union (N.Y.)	4:45.19A 5
5 Amelia Gilbert	SR	RIT	4:45.29A 4
6 Jillian Lees	JR	RPI	4:47.41A 3
7 Sierra Danieu	SO	RIT	4:47.73A 2
8 Sophia Henderson	SO	Vassar	4:50.64A 1
9 Anika Mueller-Hickler	FR	Vassar	4:55.66
10 Augusta Stockman	SR	Vassar	4:58.08
11 Allison Malatesta	SO	Union (N.Y.)	4:59.25
12 Joy Petersen	FR	Ithaca	4:59.59
13 Rachel Rose	JR	Ithaca	5:01.83
14 Gabriela Gavala	SO	Union (N.Y.)	5:03.60
15 Ellie Ponko	SO	Rochester	5:05.08
16 Ally Zuidema	JR	RIT	5:05.09
17 Kyra Sandercock	SR	Rochester	5:13.52
18 Sadie Torre	SO	Bard	5:54.28
--- Olivia Reid	SO	RPI	DNS

Women 5000 Meter Run

Conference: 16:17.94 C 2021 **Parley Hannan**
Meet: 17:12.32 M 2016 **Lisa Grohn**
Facility: 17:02.22 F 2001 **Maggie Hanson**
AARTFC: 18:45.00 A

Name	Yr	School	Finals
Finals			
1 Morgan Lee	JR	RPI	17:30.54A 10
2 Nia Goddard	JR	RPI	17:40.22A 8
3 Olivia Pisacano	SO	RPI	17:50.81A 6
4 Noni Pattington	SO	Vassar	18:04.42A 5

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Finals ... (Women 5000 Meter Run)

	Name	Yr	School	Finals
5	Olivia Watson	JR	St. Lawrence	18:05.35A 4
6	Augusta Stockman	SR	Vassar	18:14.52A 3
7	Ava Fowler	JR	Ithaca	18:17.86A 2
8	Anika Mueller-Hickler	FR	Vassar	18:30.37A 1
9	Katherine Sheehy	JR	St. Lawrence	18:31.29A
10	Sennett Turner	JR	Rochester	18:40.59A
11	Leah Goodloe	SO	RPI	18:50.77
12	Katherine Benninger	JR	Rochester	18:54.06
13	Meredith Garrity	JR	Ithaca	19:03.76
14	Erin Percy	SR	RIT	19:04.31
15	Jessica Goode	FR	Ithaca	19:19.36
16	Julia Tomanovich	JR	Ithaca	19:24.57
17	Adriana Cecchetelli	FR	St. Lawrence	19:36.40
18	Caroline Kelly	SO	Union (N.Y.)	20:15.43

Women 10000 Meter Run

Conference: 33:44.06 C 2018 **Taryn Cordani**
Meet: 35:48.19 M 2016 **Shannon Trant**
Facility: 34:49.30 F 2003 **Melissa White**
AARTFC: 40:30.00 A

	Name	Yr	School	Finals
Finals				
1	Nia Goddard	JR	RPI	37:25.92A 10
2	Olivia Watson	JR	St. Lawrence	37:39.06A 8
3	Sennett Turner	JR	Rochester	37:52.15A 6
4	Ava Fowler	JR	Ithaca	38:25.41A 5
5	Morgan Bremer	SR	Rochester	39:07.50A 4
6	Erin Percy	SR	RIT	39:10.89A 3
7	Leah Goodloe	SO	RPI	39:15.89A 2
8	Meredith Garrity	JR	Ithaca	39:27.99A 1
9	Katie Cobos	SR	RIT	39:31.00A
10	Rachel Dennis	SR	Rochester	39:45.98A
11	Alicia Lawson	SO	Rochester	40:22.03A
12	Lily Shimpach	FR	Vassar	40:27.08A
13	Ann Byerley	SR	RIT	41:00.83
14	Sophie Farr	SO	Vassar	42:36.96

Women 100 Meter Hurdles

Conference: 14.11 C 2023 **Logan Bruce**
Meet: 14.49 M 5/6/2022 **Logan Bruce**
Facility: 13.93 F 1998 **Ellakish Williamson**
AARTFC: 15.65 A

	Name	Yr	School	Prelims
Preliminaries				
1	Logan Bruce	SR	Ithaca	M 14.20Q+0.0
2	Emma McGuinn	FR	RPI	M 14.47Q0.3
3	Jahmilia Dennis	FR	Vassar	A 15.26q +0.0
4	Ashley Heffernan	JR	Rochester	A 15.32q 0.3
5	Allison Regnante	SO	RIT	A 15.32q +0.0
6	Rachel Larson	FR	Ithaca	15.75q 0.3
7	Nora Jensen	JR	Vassar	15.80q +0.0
8	Samantha Crisci	FR	RIT	15.87q 0.3

9	Freja Niklasson	FR	Vassar	16.07 0.3
10	Rania Sabri	FR	RIT	16.37 +0.0
11	Leila Warde	JR	Union (N.Y.)	16.56 +0.0
12	Kaylee Bertini	FR	St. Lawrence	16.89 0.3
13	Hayley Castagnier	JR	St. Lawrence	17.54 0.3
14	Julia Hubbard	JR	RPI	17.66 +0.0
15	Zoe Noble	FR	Rochester	18.08 0.3
16	Laura Ibanez	FR	Bard	23.96 +0.0

Women 100 Meter Hurdles

Conference: 14.11 C 2023 **Logan Bruce**
Meet: 14.49 M 5/6/2022 **Logan Bruce**
Facility: 13.93 F 1998 **Ellakish Williamson**
AARTFC: 15.65 A

	Name	Yr	School	Finals
Finals				
1	Logan Bruce	SR	Ithaca	13.93F 10
2	Emma McGuinn	FR	RPI	14.17M 8
3	Ashley Heffernan	JR	Rochester	14.62A 6
4	Jahmilia Dennis	FR	Vassar	14.65A 5
5	Allison Regnante	SO	RIT	15.36A 4
6	Rachel Larson	FR	Ithaca	15.70 3
7	Samantha Crisci	FR	RIT	15.85 2
8	Nora Jensen	JR	Vassar	16.13 1

Women 400 Meter Hurdles

Conference: 1:00.24 C 2007 **Jen Dias**
Meet: 1:01.87 M 5/4/2019 **Harley Wilson**
Facility: 1:02.62 F 2019 **Harley Wilson**
AARTFC: 1:07.50 A

	Name	Yr	School	Prelims
Preliminaries				
1	Megan Bell	SO	Rochester	A 1:04.42Q
2	Logan Bruce	SR	Ithaca	A 1:05.70Q
3	Samantha Crisci	FR	RIT	A 1:06.28q
4	Luca Pecora	SO	Ithaca	A 1:06.64q
5	Freja Niklasson	FR	Vassar	1:08.63q
6	Laura Wong	JR	Vassar	1:08.90q
7	Kaylee Bertini	FR	St. Lawrence	1:09.29q
8	Caroline Stanton	SO	Union (N.Y.)	1:10.86q
9	Madison Martinez	JR	Ithaca	1:11.94
10	Rachel Larson	FR	Ithaca	1:13.15
11	Lauren Maher	SO	RPI	1:17.21
12	Kendra Watson	SR	Rochester	1:17.91
13	Kelly Moran	JR	RPI	1:19.12

Women 400 Meter Hurdles

Conference: 1:00.24 C 2007 **Jen Dias**
Meet: 1:01.87 M 5/4/2019 **Harley Wilson**
Facility: 1:02.62 F 2019 **Harley Wilson**
AARTFC: 1:07.50 A

	Name	Yr	School	Finals
Finals				
1	Megan Bell	SO	Rochester	1:03.18A 10

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Finals ... (Women 400 Meter Hurdles)

Name	Yr	School	Finals
2 Logan Bruce	SR	Ithaca	1:05.08A 8
3 Samantha Crisci	FR	RIT	1:05.16A 6
4 Kaylee Bertini	FR	St. Lawrence	1:07.24A 5
5 Luca Pecora	SO	Ithaca	1:08.10 4
6 Laura Wong	JR	Vassar	1:08.60 3
7 Freja Niklasson	FR	Vassar	1:08.79 2
8 Caroline Stanton	SO	Union (N.Y.)	1:11.97 1

Women 3000 Meter Steeplechase

Conference: 10:24.30 C 2014 Amy Cymerman

Meet: 10:42.88 M 2010 Wendy Pavlus

Facility: 10:31.28 F 2011 Wendy Pavlus

AARTFC: 12:05.00 A

Name	Yr	School	Finals
Finals			
1 Haylei Coolican	JR	St. Lawrence	10:42.88M 10
2 Emma Palumbo	SO	St. Lawrence	11:23.94A 8
3 Katherine Benninger	JR	Rochester	11:39.40A 6
4 Bridget Hastings	SO	St. Lawrence	11:46.79A 5
5 Claudia Wolf	FR	RPI	11:47.77A 4
6 Eileen Beres	JR	RPI	11:50.23A 3
7 Tessa Bossom	FR	RPI	11:52.92A 2
8 Hannah Fichter	SO	Ithaca	11:57.58A 1
9 Allison Malatesta	SO	Union (N.Y.)	12:01.65A
10 Logan Brasacchio	FR	Ithaca	12:13.80
11 Sab Lin	SO	Rochester	12:23.64
12 Alissa Beam	SR	Rochester	12:26.82
13 Anna Kaigle	SO	Vassar	12:32.01
14 Alyse Karanian	FR	RPI	12:42.93
15 Adeline Moore	SO	St. Lawrence	12:44.69
16 Sabrina Terando	JR	Rochester	12:49.75
--- Kyla Eisman	FR	Ithaca	DNS

Women 4x100 Meter Relay

Conference: 47.31 C 2022 Rochester

K Isaac, S Bansbach, A Heffernan, M O'Connell

Meet: 48.27 M 5/7/2022 Rochester

K Isaac, S Bansbach, A Heffernan, M O'Connell

Facility: 47.53 F 4/22/2023 Rochester

K Hardy, S Bansbach, A Heffernan, M O'Connell

AARTFC: 51.00 A

Team	Relay	Finals
Finals		
1 Rochester		47.27C 10
1) Kate Isaac JR	2) Susan Bansbach SR	
3) Ashley Heffernan JR	4) Madeline O'Connell SR	
2 Vassar		48.77A 8
1) Jamie Eu FR	2) Ava Novak JR	
3) Lola Perez-Fry SR	4) Traci Francis SO	
3 Ithaca		50.13A 6
1) Ayenaliz Velasquez JR	2) Cecelia LaBonte FR	
3) Luca Pecora SO	4) Natalie MacArthur SO	

4 Union (N.Y.)	50.73A 5
1) Glory Moncion-Allen SO	2) Gabrielle Baker SO
3) Caroline Stanton SO	4) Marley Froe SO
5 RIT	51.28 4
1) Samantha Crisci FR	2) Allison Regnante SO
3) Violet Ameele JR	4) Rania Sabri FR
6 St. Lawrence	51.71 3
1) Hayley Castagnier JR	2) Cora Knight FR
3) Mackenzie Marcus SO	4) Olivia Middleton JR
7 RPI	54.33 2
1) Faydia Thompson SO	2) Becca Itty FR
3) Maeve Murphy FR	4) Katie Unger SO

Women 4x400 Meter Relay

Conference: 3:44.43 C 2023 Rochester

M O'Connell, K Hardy, M Bell, S Bansbach

Meet: 3:56.64 M 5/8/2021 Rochester

M Burrell, E Bequette, S Bansbach, K Hardy

Facility: 3:45.24 F 4/30/2022 Rochester

M O'Connell, E Bequette, K Hardy, S Bansbach

AARTFC: 4:08.00 A

Team	Relay	Finals
Finals		
1 Rochester		3:48.75M 10
1) Madeline O'Connell SR	2) Kristin Hardy SR	
3) Megan Bell SO	4) Susan Bansbach SR	
2 Ithaca		4:05.39A 8
1) Natalie MacArthur SO	2) Katherine Downey JR	
3) Devan Adegbile SO	4) Emily Johnson SO	
3 Union (N.Y.)		4:09.16 6
1) Caroline Stanton SO	2) Kasey McGerald SO	
3) Catherine Dacey SO	4) Gabrielle Baker SO	
4 St. Lawrence		4:10.33 5
1) Alexa Smith JR	2) Kristina Koes JR	
3) Caelan McHarney FR	4) Kaylee Bertini FR	
5 Vassar		4:12.70 4
1) Margaret McLaughlin FR	2) Ava Waters SR	
3) Sophia Henderson SO	4) Trina Chou SR	
6 RIT		4:16.21 3
1) Samantha Crisci FR	2) Abigail Thomas FR	
3) Abigail Nautel FR	4) Violet Ameele JR	
7 RPI		4:20.62 2
1) Faydia Thompson SO	2) Madison Perez SR	
3) Becca Itty FR	4) Emma Grace Ricketts SO	
8 Bard		4:45.90 1
1) Sadie Torre SO	2) Chloe Desautels FR	
3) Lizzie Aldous FR	4) Sophia Tighe SO	

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Women High Jump

Conference: 1.71m C **M Turner / J Scharlow**
Meet: 1.71m M 5/4/2019 **Jacy Scharlow**
Facility: 1.76m F 2014 **Karen Beaulte**
AARTFC: 1.57m A

Name	Yr	School	Finals
Finals			
1 Charly Slusser	SO	Ithaca	1.63mA 10
2 Logan Bruce	SR	Ithaca	1.58mA 8
3 Cecelia LaBonte	FR	Ithaca	1.53m 6
4 Kassidy Burrows	JR	RIT	1.53m 5
5 Kaylee Bertini	FR	St. Lawrence	1.48m 4
6 Elinor Kops	SO	Vassar	1.48m 3
7 Grace Ardito	FR	Union (N.Y.)	1.43m 2
8 Trinity Johnson	FR	Rochester	1.38m 0.5
8 Amelia Berthold	FR	St. Lawrence	1.38m 0.5
10 Caroline Stanton	SO	Union (N.Y.)	1.38m
--- Rania Sabri	FR	RIT	NH
--- Chloe Desautels	FR	Bard	NH
--- Nora Dreslin	FR	Rochester	NH
--- Halle Raina	SO	RPI	NH

Women Pole Vault

Conference: 4.31m C 2018 **Katherine Pitman**
Meet: 3.77m M 5/5/2018 **Katherine Pitman**
Facility: 3.76m F **M Matheny/M O'Connell**
AARTFC: 3.25m A

Name	Yr	School	Finals
Finals			
1 Meghan Matheny	SR	Ithaca	3.87mM 10
2 Madeline O'Connell	SR	Rochester	3.62mA 8
3 Kennedy Heichel	JR	Ithaca	3.62mA 6
4 Martha Kemp-Neilson	JR	Ithaca	3.47mA 5
5 Catherine Fox	SR	RIT	3.47mA 4
6 Erin Eastwood	FR	Ithaca	3.32mA 3
7 Jamie Rossig	JR	Ithaca	3.32mA 2
8 Bree Boyle	FR	Ithaca	3.17m 1
9 Siri Walsh	FR	RPI	2.72m
10 Samantha Schlectman	FR	RIT	2.57m

Women Long Jump

Conference: 5.95m C 2015 **Divya Biswal**
Meet: 5.71m M 5/6/2022 **Logan Bruce**
Facility: 6.07m F 2004 **Viktoriya Rybalko**
AARTFC: 5.35m A

Name	Yr	School	Finals
Finals			
1 Logan Bruce	SR	Ithaca	5.76mM 10
2 Sara Brown	JR	Ithaca	5.55mA 8
3 Ashleigh Barrett	FR	Rochester	5.53mA 6
4 Olivia Middleton	JR	St. Lawrence	5.48mA 5
5 Allison Regnante	SO	RIT	5.44mA 4
6 Alyssa Hoogs	SR	Rochester	5.43mA 3
7 Ava Novak	JR	Vassar	5.42mA 2

8 Jamie Eu	FR	Vassar	5.38mA 1
9 Lola Perez-Fry	SR	Vassar	5.34m 2.1
10 Katie Manning	SO	RPI	5.15m 0.1
11 Heather Kwafo	JR	Vassar	5.12m 1.0
12 Denesha Lafontant	JR	Union (N.Y.)	5.11m 1.3
13 Freja Niklasson	FR	Vassar	4.94m 1.1
14 Jordyn Dolan	FR	Ithaca	4.92m +0.0
15 Quinn Taylor	JR	Rochester	4.83m 0.5
16 Ayenaliz Velasquez	JR	Ithaca	4.83m 1.1
17 Sydney Passley-Harris	FR	Vassar	4.82m +0.0
18 Malinda Smith	SR	Vassar	4.82m +0.0
19 Jamie Rossig	JR	Ithaca	4.71m 0.8
20 Yeidi Yuja	SO	Rochester	4.55m +0.0
21 Laken Mooney	JR	St. Lawrence	4.33m 0.3
22 Katie Unger	SO	RPI	4.10m 1.2
--- Zoe Fortin	SR	Rochester	FOUL
--- Kristina Koes	JR	St. Lawrence	FOUL

Women Triple Jump

Conference: 12.49m C 2015 **Divya Biswal**
Meet: 11.75m M 2014 **Divya Biswal**
Facility: 12.22m F 2006 **Biaunca McFarland**
AARTFC: 10.80m A

Name	Yr	School	Finals
Finals			
1 Jahmilia Dennis	FR	Vassar	11.72mA 10
2 Alyssa Hoogs	SR	Rochester	11.27mA 8
3 Denesha Lafontant	JR	Union (N.Y.)	11.20mA 6
4 Logan Bruce	SR	Ithaca	11.18mA 5
5 Luca Pecora	SO	Ithaca	11.07mA 4
6 Rania Sabri	FR	RIT	10.93mA 3
7 Heather Kwafo	JR	Vassar	10.84mA 2
8 Zoe Fortin	SR	Rochester	10.68m 1
9 Siri Walsh	FR	RPI	10.66m 1.0
10 Ashleigh Barrett	FR	Rochester	10.62m 0.4
11 Violet Ameele	JR	RIT	10.44m +0.0
12 Ashanti Stanley	SO	Ithaca	10.35m +0.0
13 Katie Manning	SO	RPI	10.34m 0.2
14 Erin Eastwood	FR	Ithaca	10.33m +0.0
15 Jamie Eu	FR	Vassar	10.25m +0.0
16 Trinity Johnson	FR	Rochester	10.15m -0.5
17 Julia Hubbard	JR	RPI	9.88m -0.5
18 Laken Mooney	JR	St. Lawrence	9.66m +0.0
19 Isabella Lambert	JR	Ithaca	9.54m +0.0
20 Caroline Hines	FR	St. Lawrence	9.49m 0.4

Women Shot Put

Conference: 14.50m C 2010 **Alyssa Pirinelli**
Meet: 14.40m M 2010 **Alyssa Pirinelli**
Facility: 15.93m F 2006 **Brittany Pryor**
AARTFC: 11.60m A

Name	Yr	School	Finals
Finals			
1 Marinna Heichberger	FR	RIT	12.31mA 10
2 Deziree Garrick	SO	Rochester	12.14mA 8

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Finals ... (Women Shot Put)

Name	Yr	School	Finals
3 Moriah Byrd	JR	Ithaca	11.90mA 6
4 Lily Seyfert	FR	Ithaca	11.84mA 5
5 Sonya Shivok	SO	RIT	11.84mA 4
6 Cora Rose	SO	Rochester	11.79mA 3
7 Emily DiMarco	SO	RIT	11.44m 2
8 Holly Lauzon	JR	RPI	10.94m 1
9 Hannah Rogers	SO	RPI	10.93m
10 Arla Davis	FR	Ithaca	10.60m
11 Emily Boswell	SO	St. Lawrence	10.41m
12 Lacey Eckert	FR	St. Lawrence	9.78m
13 Katie Lynch	FR	RPI	9.69m
14 Emily Tinchier	SR	Vassar	8.89m
15 Lauren Armstrong	SO	Union (N.Y.)	7.77m

Women Discus Throw

Conference: 43.06m C 2023 Emily Demarco

Meet: 41.87m M 5/8/2021 Kari Leap

Facility: 53.72m F 2015 Miranda Daucher

AARTFC: 38.00m A

Name	Yr	School	Finals
Finals			
1 Cora Rose	SO	Rochester	39.97mA 10
2 Lily Seyfert	FR	Ithaca	38.74mA 8
3 Katie Lynch	FR	RPI	36.18m 6
4 Gillian Reeder	SR	Rochester	36.16m 5
5 Yasmine Elmady	SO	RPI	34.93m 4
6 Emily DiMarco	SO	RIT	34.85m 3
7 Marinna Heichberger	FR	RIT	34.74m 2
8 Tirzah Pilet	SR	RIT	34.07m 1
9 Lacey Eckert	FR	St. Lawrence	33.42m
10 Grace Richard	FR	RPI	31.62m
11 Holly Lauzon	JR	RPI	31.25m
12 Soleil Yuong	SO	Vassar	31.23m
13 Vanessa Wish	SR	Rochester	30.40m
14 Arla Davis	FR	Ithaca	30.35m
15 Emily Boswell	SO	St. Lawrence	29.99m
16 Grace Garman	SO	RPI	28.46m
17 Hannah Rogers	SO	RPI	28.29m
18 Abbe Colgan	FR	Vassar	27.34m
19 Sonya Shivok	SO	RIT	26.88m
20 Emily Tinchier	SR	Vassar	26.15m
21 Martha Gomez	FR	Bard	15.67m
--- Liv Ilasz	FR	Rochester	FOUL

Women Hammer Throw

Conference: 57.90m C 2014 Lydia Frangos

Meet: 54.06m M 2014 Lydia Frangos

Facility: 56.08m F 2006 Faith Thompson

AARTFC: 44.00m A

Name	Yr	School	Finals
Finals			
1 Gillian Reeder	SR	Rochester	46.75mA 10
2 Holly Lauzon	JR	RPI	44.93mA 8

3 Liv Ilasz	FR	Rochester	43.79m 6
4 Deziree Garrick	SO	Rochester	43.28m 5
5 Cora Rose	SO	Rochester	43.26m 4
6 Lily Seyfert	FR	Ithaca	42.88m 3
7 Vanessa Wish	SR	Rochester	42.41m 2
8 Yasmine Elmady	SO	RPI	41.59m 1
9 Soncerae Hamiter	SO	Ithaca	41.53m
10 Emily DiMarco	SO	RIT	39.81m
11 Grace Richard	FR	RPI	38.78m
12 Marinna Heichberger	FR	RIT	36.59m
13 Arla Davis	FR	Ithaca	35.95m
14 Aliza Drabkin	SO	Rochester	35.08m
15 Tirzah Pilet	SR	RIT	34.77m
16 Rosemary Fleischmann	FR	St. Lawrence	34.39m
17 Lacey Eckert	FR	St. Lawrence	33.91m
18 Katie Lynch	FR	RPI	31.79m
19 Martha Gomez	FR	Bard	19.70m
--- Hannah Rogers	SO	RPI	FOUL

Women Javelin Throw

Conference: 46.24m C 2021

Kathleen Merchant

Meet: 42.56m M 5/3/2019

Kathleen Merchant

Facility: 47.43m F 1998

Carrie Gorton

AARTFC: 34.50m A

Name	Yr	School	Finals
Finals			
1 Lily Seyfert	FR	Ithaca	38.95mA 10
2 Moriah Byrd	JR	Ithaca	34.96mA 8
3 Sonya Shivok	SO	RIT	34.47m 6
4 Gillian Reeder	SR	Rochester	34.43m 5
5 Logan Bruce	SR	Ithaca	33.71m 4
6 Arla Davis	FR	Ithaca	30.60m 3
7 Katie Lynch	FR	RPI	29.59m 2
8 Grace Garman	SO	RPI	29.55m 1
9 Abigail Carpenter	SR	RIT	28.99m
10 Iva Savic	SR	Rochester	26.58m
11 Jordina Coleman	SO	RPI	25.10m
12 Alex Nguyen	FR	Bard	16.69m
--- Sundee Kroyer	SO	Union (N.Y.)	FOUL
--- Lauren Armstrong	SO	Union (N.Y.)	FOUL

Heptathlon: #4 Women 200 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Ashley Heffernan	JR	Rochester	24.88 898
2 Faye Stevens	SO	Vassar	26.98 713
3 Moriah Byrd	JR	Ithaca	27.24 692
4 Cecelia LaBonte	FR	Ithaca	27.29 688
5 Leila Warde	JR	Union (N.Y.)	28.65 581
6 Iva Savic	SR	Rochester	28.84 566
7 Lila Miller	FR	Vassar	28.92 560
8 Julia Largett	FR	Rochester	28.99 555
9 Kiran Black	FR	St. Lawrence	29.39 526
10 Halle Raina	SO	RPI	30.14 472
11 Amelia Berthold	FR	St. Lawrence	30.88 422

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Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)					
Name		Yr	School	Finals	
12	Soleil Yuong	SO	Vassar	31.27	397

Heptathlon: #7 Women 800 Meter Run Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Ashley Heffernan	JR	Rochester	2:24.93	758
2	Faye Stevens	SO	Vassar	2:28.97	706
3	Julia Largett	FR	Rochester	2:32.35	664
4	Moriah Byrd	JR	Ithaca	2:33.11	654
5	Leila Warde	JR	Union (N.Y.)	2:34.43	638
6	Lila Miller	FR	Vassar	2:39.48	579
7	Cecelia LaBonte	FR	Ithaca	2:40.80	564
8	Iva Savic	SR	Rochester	2:42.32	547
9	Amelia Berthold	FR	St. Lawrence	2:44.87	518
10	Halle Raina	SO	RPI	2:51.26	451
11	Kiran Black	FR	St. Lawrence	2:52.26	440
12	Soleil Yuong	SO	Vassar	3:04.37	326

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Ashley Heffernan	JR	Rochester	14.53	905
2	Moriah Byrd	JR	Ithaca	16.17	694
3	Iva Savic	SR	Rochester	16.58	645
4	Faye Stevens	SO	Vassar	16.59	644
5	Leila Warde	JR	Union (N.Y.)	16.68	633
6	Cecelia LaBonte	FR	Ithaca	16.90	608
7	Kiran Black	FR	St. Lawrence	16.92	606
8	Lila Miller	FR	Vassar	17.26	567
9	Halle Raina	SO	RPI	17.78	511
10	Amelia Berthold	FR	St. Lawrence	17.81	508
11	Julia Largett	FR	Rochester	18.47	441
12	Soleil Yuong	SO	Vassar	20.90	232

Heptathlon: #2 Women High Jump Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Cecelia LaBonte	FR	Ithaca	1.54m	666
2	Ashley Heffernan	JR	Rochester	1.51m	632
3	Leila Warde	JR	Union (N.Y.)	1.42m	534
3	Amelia Berthold	FR	St. Lawrence	1.42m	534
3	Iva Savic	SR	Rochester	1.42m	534
6	Moriah Byrd	JR	Ithaca	1.39m	502
7	Faye Stevens	SO	Vassar	1.36m	470
8	Halle Raina	SO	RPI	1.33m	439
9	Lila Miller	FR	Vassar	1.30m	409
9	Kiran Black	FR	St. Lawrence	1.30m	409
11	Julia Largett	FR	Rochester	1.27m	379
12	Soleil Yuong	SO	Vassar	1.24m	350

Heptathlon: #5 Women Long Jump Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Ashley Heffernan	JR	Rochester	5.53m	709
2	Moriah Byrd	JR	Ithaca	5.01m	562
3	Faye Stevens	SO	Vassar	4.99m	557
4	Iva Savic	SR	Rochester	4.97m	551
5	Cecelia LaBonte	FR	Ithaca	4.77m	498
6	Leila Warde	JR	Union (N.Y.)	4.65m	466
7	Kiran Black	FR	St. Lawrence	4.56m	443
8	Lila Miller	FR	Vassar	4.40m	403
9	Julia Largett	FR	Rochester	4.24m	364
10	Amelia Berthold	FR	St. Lawrence	4.15m	343
11	Soleil Yuong	SO	Vassar	4.03m	315
12	Halle Raina	SO	RPI	3.95m	296

Heptathlon: #3 Women Shot Put Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Moriah Byrd	JR	Ithaca	10.93m	591
2	Soleil Yuong	SO	Vassar	9.52m	498
3	Lila Miller	FR	Vassar	9.23m	479
4	Ashley Heffernan	JR	Rochester	8.42m	427
5	Iva Savic	SR	Rochester	8.00m	399
6	Cecelia LaBonte	FR	Ithaca	7.96m	397
7	Kiran Black	FR	St. Lawrence	7.79m	386
8	Faye Stevens	SO	Vassar	7.75m	383
9	Halle Raina	SO	RPI	7.70m	380
10	Julia Largett	FR	Rochester	7.59m	373
11	Amelia Berthold	FR	St. Lawrence	6.99m	334
12	Leila Warde	JR	Union (N.Y.)	6.72m	317

Heptathlon: #6 Women Javelin Throw Heptathlon					
Name		Yr	School	Finals	
Finals					
1	Moriah Byrd	JR	Ithaca	32.73m	528
2	Lila Miller	FR	Vassar	27.78m	435
3	Iva Savic	SR	Rochester	27.62m	432
4	Faye Stevens	SO	Vassar	24.98m	382
5	Soleil Yuong	SO	Vassar	23.68m	358
6	Halle Raina	SO	RPI	21.72m	321
7	Ashley Heffernan	JR	Rochester	21.31m	313
8	Cecelia LaBonte	FR	Ithaca	19.04m	271
9	Julia Largett	FR	Rochester	18.34m	258
10	Kiran Black	FR	St. Lawrence	17.27m	238
11	Leila Warde	JR	Union (N.Y.)	16.43m	223
12	Amelia Berthold	FR	St. Lawrence	13.78m	174

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Women Heptathlon

Conference: 5035 C 2021 Logan Bruce
 Meet: 4890 M 5/4/2018 Kylee Bartlett
 AARTFC: 3300 A

Name	Yr	School	Finals
Finals			
1 Ashley Heffernan	JR	Rochester	4642A 10
2 Moriah Byrd	JR	Ithaca	4223A 8
3 Faye Stevens	SO	Vassar	3855A 6
4 Cecelia LaBonte	FR	Ithaca	3692A 5
5 Iva Savic	SR	Rochester	3674A 4
6 Lila Miller	FR	Vassar	3432A 3
7 Leila Warde	JR	Union (N.Y.)	3392A 2
8 Kiran Black	FR	St. Lawrence	3048 1
9 Julia Largett	FR	Rochester	3034
10 Halle Raina	SO	RPI	2870
11 Amelia Berthold	FR	St. Lawrence	2833
12 Soleil Yuong	SO	Vassar	2476

Men 100 Meter Dash

Conference: 10.59 C 2006 Kumar Brown
 Meet: 10.67 M 1998 Krishaun Gilmore
 Facility: 10.65 F 2005 Kumar Brown
 AARTFC: 11.10 A

Name	Yr	School	Prelims
Preliminaries			
1 Andy Frank	SR	Ithaca	10.84Q2.4
2 Mitchell Lienert	JR	Rochester	A 10.93Q1.0
3 P.J. London	SO	Rochester	A 11.05Q+0.0
4 Anthony D'Adetta	SR	Ithaca	11.06q 2.4
5 Josh Ihegihu	FR	RPI	11.17q +0.0
6 Aadit Jain	FR	Rochester	11.22q 1.0
7 Manny Eribo	SO	Rochester	11.23q 1.0
8 Max Stein	SO	RIT	11.24q +0.0
9 William Hauf	SO	St. Lawrence	11.26 1.0
10 Sam Ahern	SO	Union (N.Y.)	11.31 2.4
11 Max Liu	SO	RPI	11.32 2.4
12 Nicholas Reyes	SR	Ithaca	11.39 2.4
13 Bate Egbe	SR	RPI	11.44 +0.0
14 Frederick Liu	SR	Rochester	11.47 +0.0
15 Kensei Chen	SO	RPI	11.48 1.0
16 Rafael Steiner	FR	RPI	11.48 2.4
17 Ryan Hilliard	SO	Union (N.Y.)	11.53 +0.0
18 Cameron Dillard	SO	St. Lawrence	11.56 1.0
19 Anhad Gande	JR	Union (N.Y.)	11.66 1.0
20 Chris Tremblay	SR	RIT	11.69 2.4
21 Sam Panzer	JR	Ithaca	11.79 +0.0
22 Hosam Jawabra	FR	Bard	13.23 +0.0

Men 100 Meter Dash

Conference: 10.59 C 2006 Kumar Brown
 Meet: 10.67 M 1998 Krishaun Gilmore
 Facility: 10.65 F 2005 Kumar Brown
 AARTFC: 11.10 A

Name	Yr	School	Finals
Finals			
1 Andy Frank	SR	Ithaca	10.80A 10
2 Mitchell Lienert	JR	Rochester	10.97A 8
3 P.J. London	SO	Rochester	11.01A 6
4 Josh Ihegihu	FR	RPI	11.02A 5
5 Anthony D'Adetta	SR	Ithaca	11.11 4
6 Max Stein	SO	RIT	11.18 3
7 Aadit Jain	FR	Rochester	11.23 2
8 Manny Eribo	SO	Rochester	11.83 1

Men 200 Meter Dash

Conference: 21.52 C 1997 Krishaun Gilmore
 Meet: 21.69 M 1998 Krishaun Gilmore
 Facility: 21.21 F 2008 Aman Siddeeq
 AARTFC: 22.40 A

Name	Yr	School	Prelims
Preliminaries			
1 Donovan Myrick	FR	RPI	M 21.58Q0.2
2 Justin Jantzi	JR	RIT	21.88Q2.2
3 Andy Frank	SR	Ithaca	A 21.97Q1.1
4 P.J. London	SO	Rochester	A 22.04q 0.2
5 Otto Wilson	SR	RIT	A 22.21q 1.1
6 Michael Sardo	FR	RIT	A 22.40q 0.2
7 Josh Ihegihu	FR	RPI	22.50q 2.2
8 William Hauf	SO	St. Lawrence	22.72q 0.2
9 Sam Ahern	SO	Union (N.Y.)	22.73 1.1
10 Anthony D'Adetta	SR	Ithaca	22.83 1.1
11 Ryan Senf	FR	RIT	22.98 2.2
12 Ryan Hilliard	SO	Union (N.Y.)	23.00 2.2
13 Ian Ertel	SR	Ithaca	23.19 0.2
14 Trenton Goyette	SO	RIT	23.23 2.2
15 Liam Pek	JR	RPI	23.26 1.1
16 Benjamin Pochobradsky	FR	RIT	23.38 0.2
17 Stephen Fajen	SO	RPI	23.54 2.2
18 Peter Cavanaugh	SO	RPI	23.69 1.1
19 Cameron Dillard	SO	St. Lawrence	23.84 1.1
20 Bate Egbe	SR	RPI	23.89 0.2
21 CeDaniel Sumpter	JR	Bard	24.11 2.2
22 Hosam Jawabra	FR	Bard	26.17 0.2
--- Mitchell Lienert	JR	Rochester	FS 2.2
--- Sam Panzer	JR	Ithaca	DNS 1.1

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Men 200 Meter Dash

Conference: 21.52 C 1997 Krishaun Gilmore
 Meet: 21.69 M 1998 Krishaun Gilmore
 Facility: 21.21 F 2008 Aman Siddeeq
 AARTFC: 22.40 A

Name	Yr	School	Finals
Finals			
1 Justin Jantzi	JR	RIT	21.55M 10
2 Donovan Myrick	FR	RPI	21.76A 8
3 Otto Wilson	SR	RIT	21.99A 6
4 P.J. London	SO	Rochester	22.04A 5
5 Josh Ihegihi	FR	RPI	22.17A 4
6 Michael Sardo	FR	RIT	22.49 3
7 William Hauf	SO	St. Lawrence	22.81 2
--- Andy Frank	SR	Ithaca	DNS 0.4

Men 400 Meter Dash

Conference: 48.18 C 2019 Neil Casimir
 Meet: 48.41 M 5/4/2019 Neil Casimir
 Facility: 47.08 F 1998 Michael Ford
 AARTFC: 50.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Justin Jantzi	JR	RIT	A 49.03Q
2 Otto Wilson	SR	RIT	A 49.36Q
3 Luke Lyons	SR	Rochester	50.07Q
4 Ryan Senf	FR	RIT	A 49.69q
5 Max Creamer	JR	Rochester	A 49.80q
6 Gabe Lundy	SR	Rochester	50.25q
7 Trenton Goyette	SO	RIT	50.58q
8 Matthew Resnick	SO	RIT	50.64q
9 Michael Sardo	FR	RIT	50.75
10 Peter Cavanaugh	SO	RPI	50.76
11 Ian Ertel	SR	Ithaca	50.79
12 Benjamin Pochobradsky	FR	RIT	51.31
13 Darnell Worley	JR	Vassar	51.76
14 Colin Hascup	SO	Rochester	52.15
15 Sean Shannon	SO	RPI	52.26
16 Aidan Savitt	FR	Union (N.Y.)	52.45
17 Liam Pek	JR	RPI	52.48
18 Drew Hill	FR	Union (N.Y.)	52.62
19 CeDaniel Sumpter	JR	Bard	52.63
20 Caden Caron	FR	RPI	53.02
21 Kristofer Mellor	FR	St. Lawrence	53.61
22 Carlos Sanchez	FR	St. Lawrence	54.38
23 Tucker Quinlan	SR	Vassar	55.44

Men 400 Meter Dash

Conference: 48.18 C 2019 Neil Casimir
 Meet: 48.41 M 5/4/2019 Neil Casimir
 Facility: 47.08 F 1998 Michael Ford
 AARTFC: 50.00 A

Name	Yr	School	Finals
Finals			
1 Justin Jantzi	JR	RIT	48.21M 10
2 Otto Wilson	SR	RIT	48.51A 8
3 Luke Lyons	SR	Rochester	48.68A 6
4 Ryan Senf	FR	RIT	49.53A 5
5 Matthew Resnick	SO	RIT	49.78A 4
6 Gabe Lundy	SR	Rochester	50.17 3
7 Max Creamer	JR	Rochester	50.26 2
8 Trenton Goyette	SO	RIT	50.67 1

Men 800 Meter Run

Conference: 1:50.76 C 2022 Timothy Boyce
 Meet: 1:52.88 M 5/4/2019 Ayden Gann
 Facility: 1:48.72 F 2008 Peter Kosgei
 AARTFC: 1:57.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Scott Sikorski	SR	Rochester	A 1:53.75Q
2 Matthew Lecky	JR	RPI	A 1:54.77Q
3 Matt Chaikowsky	SO	RIT	A 1:54.85Q
4 Timothy Boyce	SO	St. Lawrence	A 1:56.59Q
5 Tim Jacques	JR	Vassar	A 1:54.83q
6 Davis Piercy	JR	RPI	A 1:55.20q
7 Brendan McCollum	FR	Rochester	A 1:55.41q
8 Griffin Weiner	SR	Rochester	A 1:55.53q
9 Jack Keelan	JR	Bard	A 1:55.90
10 Matthew Smalling	SO	RPI	A 1:56.22
11 Domenick Rayleonard	SO	RPI	A 1:56.30
12 Daniel Ford	JR	Rochester	A 1:56.87
13 Rahul Maharjan	SO	RPI	1:57.43
14 Ben Trantanella	SO	Union (N.Y.)	1:57.52
15 Alex Whatley	SR	Ithaca	1:58.11
16 Skye Crocker	SO	Rochester	1:58.43
17 Leif Harvey	SO	St. Lawrence	1:58.43
18 Joseph Coughlin	SO	RIT	1:58.60
19 Ben Mickool	FR	Ithaca	1:58.70
20 Josh Bedford	FR	RIT	1:58.88
21 Ben Buffone	FR	Ithaca	1:58.98
22 Jon Sadanaga	JR	Ithaca	1:59.25
23 Aiden Rowley	JR	Union (N.Y.)	1:59.55
24 Nick Miller	FR	Vassar	2:00.13
25 Andre Latina	FR	RPI	2:00.50
26 Christopher O'Donnell	SO	St. Lawrence	2:00.57
27 Kyle Collins	SO	Union (N.Y.)	2:00.63
28 Christopher Bulmer	SO	Union (N.Y.)	2:01.64
29 Konstantin Dits	SR	Rochester	2:02.82
30 Christian Voloshen	JR	Rochester	2:04.81

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Preliminaries ... (Men 800 Meter Run)

Name	Yr	School	Prelims
31 Nic Soucy	JR	Bard	2:11.85
--- Nick Redstone	SO	Vassar	DNS

Men 800 Meter Run

Conference: 1:50.76 C 2022 Timothy Boyce
Meet: 1:52.88 M 5/4/2019 Ayden Gann
Facility: 1:48.72 F 2008 Peter Kosgei
AARTFC: 1:57.00 A

Name	Yr	School	Finals
Finals			
1 Scott Sikorski	SR	Rochester	1:52.16M 10
2 Timothy Boyce	SO	St. Lawrence	1:53.85A 8
3 Matthew Lecky	JR	RPI	1:54.85A 6
4 Matt Chaikowsky	SO	RIT	1:55.05A 5
5 Tim Jacques	JR	Vassar	1:55.29A 4
6 Brendan McCollum	FR	Rochester	1:55.72A 3
7 Griffin Weiner	SR	Rochester	1:57.07 2
8 Davis Piercy	JR	RPI	2:09.97 1

Men 1500 Meter Run

Conference: 3:44.27 C 2023 Matthew Lecky
Meet: 3:50.87 M 2008 Peter Kosgei
Facility: 3:49.76 F 1987 Tom Tuori
AARTFC: 4:02.00 A

Name	Yr	School	Finals
Finals			
1 Matthew Lecky	JR	RPI	3:48.98F 10
2 Scott Sikorski	SR	Rochester	3:50.30M 8
3 Davis Piercy	JR	RPI	3:52.61A 6
4 Nicholas Lyndaker	FR	St. Lawrence	3:54.01A 5
5 Benjamin Neff	SO	Union (N.Y.)	3:55.39A 4
6 Jackson Hamilton	SO	St. Lawrence	3:56.48A 3
7 Matthew Smalling	SO	RPI	3:56.65A 2
8 Matt Chaikowsky	SO	RIT	3:57.18A 1
9 Dylan Rosemark	SO	RPI	3:57.71A
10 Tim Buchan	SO	Vassar	3:59.47A
11 Sean Hendricks	SO	Rochester	3:59.96A
12 Brandon Marks	SR	RPI	4:00.78A
13 Alec Glazier	SR	Rochester	4:02.43
14 Jose Magana	SO	Vassar	4:02.96
15 Anthony Zarrella	FR	RPI	4:04.08
16 Evan Owens	FR	RIT	4:05.34
17 Griffin Roeder	FR	St. Lawrence	4:06.54
18 William Plante	FR	Union (N.Y.)	4:07.93
19 Andre Latina	FR	RPI	4:08.14
20 Ben Mickool	FR	Ithaca	4:09.04
21 Justin Ottesen	SO	RPI	4:10.24
22 Aidan Loughlin	FR	Ithaca	4:14.62
23 Matthew Andersen	FR	Ithaca	4:16.81
24 Reed Campbell	SO	Bard	4:19.57
25 Graeme Lauterbach-Masor	SO	Bard	4:41.56

Men 5000 Meter Run

Conference: 14:07.10 C 2023 Matthew Lecky
Meet: 14:29.29 M 5/7/2022 John Reed
Facility: 14:28.2h F 1983 Sandy Hulme
AARTFC: 15:20.00 A

Name	Yr	School	Finals
Finals			
1 Cory Kennedy	SO	RPI	14:40.54A 10
2 Jason Gibbons	JR	RPI	14:41.08A 8
3 Mitchell Dailey	SO	RPI	14:44.91A 6
4 Hassan Eissa	SR	RIT	14:46.64A 5
5 Charles Alekson	SO	Union (N.Y.)	14:47.77A 4
6 Nicholas Lyndaker	FR	St. Lawrence	14:49.55A 3
7 Jack Loughery	FR	RPI	14:50.93A 2
8 Aleksei Bingham	SR	RIT	14:55.58A 1
9 Connor Wooding	SR	RPI	14:58.96A
10 Vince Simonetti	SO	RPI	15:09.23A
11 Patrick Smyth	SR	RPI	15:11.86A
12 Jonathan Craun	SO	RPI	15:13.93A
13 Tobin Durham	FR	RPI	15:16.42A
14 George Gowdy	SO	St. Lawrence	15:19.02A
15 Joey Smith	FR	RPI	15:20.08
16 James Hughes	SO	Ithaca	15:23.54
17 Michael Skutt	SO	St. Lawrence	15:26.15
18 Jake Cooper	SR	RPI	15:26.73
19 Spencer May	FR	St. Lawrence	15:27.11
20 Zach Spengel	JR	Rochester	15:27.31
21 Jordan Crist	SR	RPI	15:28.97
22 Steven Spreizer	SR	RPI	15:31.49
23 Justin Cascio	FR	RPI	15:33.67
24 William Hawkins	SR	RPI	15:36.49
25 Brandon Marks	SR	RPI	15:37.06
26 Davis Anderson	FR	Vassar	15:38.33
27 Colin Young	SO	St. Lawrence	15:41.30
28 Grey Conover	JR	RPI	15:43.86
29 Jared Gridley	SR	RPI	15:44.40
30 Gwilym Horner	FR	RPI	15:45.21
31 Tim Buchan	SO	Vassar	15:49.55
32 Patrick Bierach	JR	Ithaca	15:53.94
33 Derick Koen	FR	RIT	16:02.14
34 Caleb Watson	SO	RPI	16:03.46
35 Ben Russell	SR	RIT	16:04.57
36 Matthew Taylor	SO	St. Lawrence	16:07.01
37 Matthew Coleman	SO	St. Lawrence	16:16.00
38 Clemente Esponilla	FR	Bard	16:19.10
39 Jon Sullo	SO	Rochester	16:23.15
40 Mark D'Alessandro	SO	Union (N.Y.)	16:43.78
--- Kai Chang	FR	Vassar	DNS

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Men 10000 Meter Run

Conference: 29:19.53 C 2018 **Grant O'Connor**
Meet: 30:13.51 M 5/6/2022 **Miles Takiguchi**
Facility: 30:20.88 F 1989 **Tom Tuori**
AARTFC: 32:45.00 A

Name	Yr	School	Finals
Finals			
1 Vince Simonetti	SO	RPI	30:00.44M 10
2 Cory Kennedy	SO	RPI	30:10.58M 8
3 Mitchell Dailey	SO	RPI	30:33.33A 6
4 Connor Wooding	SR	RPI	31:07.25A 5
5 Justin Cascio	FR	RPI	31:08.24A 4
6 Jonathan Craun	SO	RPI	31:11.32A 3
7 Grey Conover	JR	RPI	31:14.12A 2
8 Michael Skutt	SO	St. Lawrence	31:23.54A 1
9 Hassan Eissa	SR	RIT	31:34.05A
10 George Gowdy	SO	St. Lawrence	31:48.49A
11 Nick Gaitanis	JR	Rochester	32:03.95A
12 Gwilym Horner	FR	RPI	32:09.48A
13 William Hawkins	SR	RPI	32:31.79A
14 Matthew Taylor	SO	St. Lawrence	32:36.72A
15 Ryan Medeiros	SR	Ithaca	33:01.24
16 Drew Taylor	SO	Ithaca	33:11.60
17 Matthew Serrano	FR	St. Lawrence	33:12.82
18 Arlo Rucker	FR	Vassar	33:22.02
19 Nathan Ballay	SR	RIT	33:33.52
20 Owen Patry	FR	St. Lawrence	33:51.99
21 Doug Cobb	SR	Vassar	33:53.94
22 Thomas Breimer	SO	Union (N.Y.)	34:45.46
--- Kai Chang	FR	Vassar	DNF
--- Vishal Yalamanchili	SO	Rochester	DNF

Men 110 Meter Hurdles

Conference: 14.44 C 2013 **Jake Fredericks**
Meet: 14.76 M 2012 **Jake Fredericks**
Facility: 13.30 F 1998 **Jeffrey York**
AARTFC: 15.80 A

Name	Yr	School	Prelims
Preliminaries			
1 Nate Oczkowski	SR	Ithaca	14.99Q2.3
2 Jason Bois	FR	Union (N.Y.)	A 15.30Q0.5
3 Peter Brodnik	SR	Rochester	15.30Q2.1
4 Erik Geier	SO	St. Lawrence	A 15.30q 0.5
5 Cortez Garrett	FR	RPI	15.50q 2.1
6 Bate Egbe	SR	RPI	15.89q 2.3
7 Samuel Hunt	FR	St. Lawrence	16.09q 2.3
8 Brett Atkin	FR	Ithaca	16.21q 2.1
9 Eric Antonecchia	FR	RIT	16.50 0.5
10 Keith Omane-Agyei	FR	St. Lawrence	16.58 2.3
11 William Beck	SO	Union (N.Y.)	16.64 2.1
12 Matt Lokshin	FR	Ithaca	16.88 0.5
13 Cole DiGiacomo	FR	Union (N.Y.)	16.96 2.1
14 Cameron Chambers	FR	RIT	16.99 0.5

15	Jae Young Seo	SO	Vassar	17.60	0.5
16	Deen Ninche	JR	RPI	17.86	2.1
17	Christopher Brandreth	SO	Union (N.Y.)	18.09	2.3
---	Marco Olavarria	FR	RPI	DNS	2.3

Men 110 Meter Hurdles

Conference: 14.44 C 2013 **Jake Fredericks**
Meet: 14.76 M 2012 **Jake Fredericks**
Facility: 13.30 F 1998 **Jeffrey York**
AARTFC: 15.80 A

Name	Yr	School	Finals
Finals			
1 Peter Brodnik	SR	Rochester	14.99A 10
2 Nate Oczkowski	SR	Ithaca	15.04A 8
3 Erik Geier	SO	St. Lawrence	15.10A 6
4 Jason Bois	FR	Union (N.Y.)	15.16A 5
5 Cortez Garrett	FR	RPI	15.32A 4
6 Samuel Hunt	FR	St. Lawrence	16.47 3
7 Bate Egbe	SR	RPI	16.62 2
--- Brett Atkin	FR	Ithaca	DNS 0.2

Men 400 Meter Hurdles

Conference: 52.42 C 2016 **Nicholas Crawford**
Meet: 53.03 M 5/7/2022 **Nate Oczkowski**
Facility: 51.39 F 2006 **Joe Greene**
AARTFC: 57.00 A

Name	Yr	School	Prelims
Preliminaries			
1 Nate Oczkowski	SR	Ithaca	A 53.92Q
2 Cortez Garrett	FR	RPI	A 56.42Q
3 Max Stein	SO	RIT	57.63q
4 Peter Brodnik	SR	Rochester	57.79q
5 Lukas Muzila	SR	Vassar	57.81q
6 Matthew Resnick	SO	RIT	58.22q
7 Matt Lokshin	FR	Ithaca	58.81q
8 Deen Ninche	JR	RPI	58.88q
9 Shifan Shaffe	SO	St. Lawrence	59.01
10 Sam Kellner	SR	Rochester	1:00.09
11 Eric Antonecchia	FR	RIT	1:01.58
12 Keith Omane-Agyei	FR	St. Lawrence	1:02.74
13 Christopher Brandreth	SO	Union (N.Y.)	1:05.19
14 Cole DiGiacomo	FR	Union (N.Y.)	1:05.38
15 John Moyer	SR	Rochester	1:14.72

Men 400 Meter Hurdles

Conference: 52.42 C 2016 **Nicholas Crawford**
Meet: 53.03 M 5/7/2022 **Nate Oczkowski**
Facility: 51.39 F 2006 **Joe Greene**
AARTFC: 57.00 A

Name	Yr	School	Finals
Finals			
1 Nate Oczkowski	SR	Ithaca	53.51A 10
2 Cortez Garrett	FR	RPI	54.70A 8
3 Max Stein	SO	RIT	56.60A 6

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Finals ... (Men 400 Meter Hurdles)

	Name	Yr	School	Finals
4	Matthew Resnick	SO	RIT	56.70A 5
5	Peter Brodnik	SR	Rochester	56.71A 4
6	Deen Ninche	JR	RPI	58.09 3
7	Lukas Muzila	SR	Vassar	59.02 2
8	Matt Lokshin	FR	Ithaca	59.20 1

Men 3000 Meter Steeplechase

Conference: 9:09.75 C 2019 John Blake

Meet: 9:20.87 M 5/6/2022 Aidan Mayer

Facility: 8:56.76 F 2011 Brian Lang

AARTFC: 9:55.00 A

	Name	Yr	School	Finals
Finals				
1	Patrick Smyth	SR	RPI	9:27.20A 10
2	Matthew Abell	SO	St. Lawrence	9:37.73A 8
3	Patrick Bierach	JR	Ithaca	9:44.70A 6
4	Nathaniel Brunacini	SR	Rochester	9:45.37A 5
5	Joseph Krenzer	FR	RIT	9:48.17A 4
6	Jared Gridley	SR	RPI	9:52.55A 3
7	Michael Harkins	FR	RPI	9:54.61A 2
8	Jason Cirrito	SO	Vassar	9:57.28 1
9	Nolan Goldthwaite	FR	Rochester	10:02.64
10	Joey Smith	FR	RPI	10:08.16
11	Patrick Russell	FR	St. Lawrence	10:12.76
12	Colin Young	SO	St. Lawrence	10:13.93
13	Matthew Coleman	SO	St. Lawrence	10:16.77
14	Adam Mocho	FR	Ithaca	10:26.78
15	Jose Magana	SO	Vassar	10:26.94
16	Levi Lilienthal	SO	Vassar	10:41.12

Men 4x100 Meter Relay

Conference: 41.41 C 2019 RIT

M Lienhard, M Gloskey, S Morrissey, C Geiger

Meet: 41.62 M 5/4/2019 RIT

M Lienhard, M Gloskey, S Morrissey, C Geiger

Facility: 41.13 F 1998 ESG Long Island

AARTFC: 43.50 A

	Team	Relay	Finals
Finals			
1	Rochester		42.31A 10
	1) Aadit Jain FR	2) Mitchell Lienert JR	
	3) P.J. London SO	4) Manny Eribo SO	
2	Ithaca		42.31A 8
	1) Anthony D'Adetta SR	2) Nate Oczkowski SR	
	3) Nicholas Reyes SR	4) Andy Frank SR	
3	RIT		42.32A 6
	1) Max Stein SO	2) Michael Sardo FR	
	3) Otto Wilson SR	4) Justin Jantzi JR	
4	RPI		43.14A 5
	1) Bate Egbe SR	2) Josh Ihegihu FR	
	3) Cortez Garrett FR	4) Donovan Myrick FR	

5	Union (N.Y.)	43.31A 4
	1) Eli Coleman SO	2) Sam Ahern SO
	3) Jason Bois FR	4) Ryan Hilliard SO
6	Vassar	44.74 3
	1) Jae Young Seo SO	2) Darnell Worley JR
	3) Tucker Quinlan SR	4) Jacob Sellitti FR
7	St. Lawrence	44.75 2
	1) Charles Gartner SO	2) Samuel Hunt FR
	3) Cameron Dillard SO	4) Shifan Shaffe SO

Men 4x400 Meter Relay

Conference: 3:15.34 C 2023 RIT

O Wilson, R Senf, T Goyette, J Jantzi

Meet: 3:18.12 M 5/5/2018 RIT

J Walter, C Callejo, R Dalheim, D Giuliano

Facility: 3:13.87 F 2006 ESG New York City

AARTFC: 3:24.00 A

	Team	Relay	Finals
Finals			
1	RIT		3:15.21C 10
	1) Ryan Senf FR	2) Otto Wilson SR	
	3) Trenton Goyette SO	4) Justin Jantzi JR	
2	Rochester		3:20.29A 8
	1) Gabe Lundy SR	2) Luke Lyons SR	
	3) Sean Hendricks SO	4) Daniel Ford JR	
3	RPI		3:21.98A 6
	1) Donovan Myrick FR	2) Cortez Garrett FR	
	3) Peter Cavanaugh SO	4) Domenick Rayleonard SO	
4	Vassar		3:24.80 5
	1) Darnell Worley JR	2) Nick Miller FR	
	3) Tim Jacques JR	4) Lukas Muzila SR	
5	Ithaca		3:25.68 4
	1) Ian Ertel SR	2) Nate Oczkowski SR	
	3) Jon Sadanaga JR	4) Alex Whatley SR	
6	St. Lawrence		3:28.42 3
	1) Shifan Shaffe SO	2) Leif Harvey SO	
	3) Kristofer Mellor FR	4) Timothy Boyce SO	
7	Union (N.Y.)		3:29.50 2
	1) Aidan Savitt FR	2) Aiden Rowley JR	
	3) Drew Hill FR	4) Ryan Hilliard SO	
8	Bard		3:34.67 1
	1) Jack Keelan JR	2) CeDaniel Sumpter JR	
	3) Nic Soucy JR	4) Reed Campbell SO	

Men High Jump

Conference: 2.06m C 2014

Stephen Silber

Meet: 2.04m M 2012

Stephen Silber

Facility: 2.09m F 1988

Derrick Dorsey

AARTFC: 1.91m A

	Name	Yr	School	Finals
Finals				
1	Tyler Hulse	SR	RIT	2.00mA 10
2	Yathin Vemula	FR	RPI	2.00mA 8
3	Aadit Jain	FR	Rochester	1.95mA 6
4	Peter Anderson	SO	RIT	1.90m 5

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Finals ... (Men High Jump)

	Name	Yr	School	Finals
5	Aeden Angelone	JR	Rochester	1.85m 4
6	Sam Lorenzetti	SO	Rochester	1.85m 3
7	Luke Kovalcin	SO	RPI	1.80m 2
8	Josh Ihegihi	FR	RPI	1.75m 1
9	Samuel Hunt	FR	St. Lawrence	1.70m
---	Daniel Hutchinson	SR	Ithaca	DNS
---	Landers Green	FR	Union (N.Y.)	DNS
---	Tyrell Penalba	SO	Ithaca	DNS

Men Pole Vault

Conference: 5.11m C 2021 **Dominic Mikula**
Meet: 4.81m M 5/3/2019 **Dominic Mikula**
Facility: 5.10m F 2021 **Dominic Mikula**
AARTFC: 4.45m A

	Name	Yr	School	Finals
Finals				
1	James Zeolla	SO	RPI	4.88mM 10
2	Brendan Sheehan	JR	Ithaca	4.58mA 8
3	Callum Howald	SR	Ithaca	4.58mA 6
4	Dominic Mikula	SR	Ithaca	4.58mA 5
5	Noah Koeng	SO	RIT	4.43m 4
6	Shaun Herlihy	SO	Ithaca	4.43m 3
7	Joey Hinckley	JR	RPI	4.28m 2
8	Robert George	FR	Ithaca	4.13m 1
9	Cody Reeth	FR	Rochester	4.13m
10	Matt Weil	JR	Ithaca	4.13m
11	Eoin O'Gara	SO	RPI	4.13m
12	James Schmidt	JR	Rochester	3.98m
13	Jeremy Frank	SO	Vassar	3.98m
13	Aidan Sheahan	JR	RIT	3.98m
15	Josh Chait	FR	RPI	3.68m
---	Rey Claro	JR	Vassar	NH
---	Casey Selinske	JR	RPI	NH
---	Tyler Knapp	SR	RPI	NH
---	Alexander Bauer	SO	RIT	DNS

Men Long Jump

Conference: 7.42m C 1998 **Chris Burgess**
Meet: 7.41m M 1998 **Chris Burgess**
Facility: 7.45m F 2014 **Wendall Williams**
AARTFC: 6.70m A

	Name	Yr	School	Finals
Finals				
1	Cole Goodman	SO	Rochester	7.34mA 10
2	Daniel Hutchinson	SR	Ithaca	7.22mA 8
3	Frederick Liu	SR	Rochester	7.03mA 6
4	Robert Smith	JR	RPI	6.94mA 5
5	Sam Lorenzetti	SO	Rochester	6.91mA 4
6	Manny Eribo	SO	Rochester	6.86mA 3
7	Shawn Putman	SO	RPI	6.85mA 2
8	Kyle Lane	JR	Rochester	6.84mA 1
9	Brendan Sheehan	JR	Ithaca	6.53m 1.7
10	William Hauf	SO	St. Lawrence	6.43m 1.1

11	Julian Hopkins	SR	RIT	6.28m 1.1
12	Eli Coleman	SO	Union (N.Y.)	6.23m 0.7
13	Ben Eassa	SR	RIT	6.11m 0.2
14	Jesse Lutz	SO	St. Lawrence	6.08m 1.4
15	Charles Gartner	SO	St. Lawrence	5.98m 1.6
16	Bate Egbe	SR	RPI	5.94m 0.1
17	Noah Pray	SO	RPI	5.86m 0.8
---	Owen Haas	SO	RPI	FOUL
---	Brett Atkin	FR	Ithaca	DNS NWI

Men Triple Jump

Conference: 15.14m C 2023 **Cole Goodman**
Meet: 14.98m M 5/5/2018 **Matt Vitagliano**
Facility: 17.23m F 2006 **Muhammad Halim**
AARTFC: 13.50m A

	Name	Yr	School	Finals
Finals				
1	Cole Goodman	SO	Rochester	15.25mC 10
2	Sam Lorenzetti	SO	Rochester	14.07mA 8
3	Owen Haas	SO	RPI	13.62mA 6
4	Connor Burrows	SR	RIT	13.47m 5
5	Kyle Lane	JR	Rochester	13.41m 4
6	Ngawang Ghongwatsang	FR	RPI	13.04m 3
7	Julian Hopkins	SR	RIT	12.44m 2
8	Peter Anderson	SO	RIT	12.40m 1
9	Finn Holohan	FR	RPI	12.18m 1.5
10	Ryan Hilliard	SO	Union (N.Y.)	12.07m 0.4
11	Matt Lokshin	FR	Ithaca	11.72m 7.2
12	Jesse Lutz	SO	St. Lawrence	11.17m 0.9
---	Ethan Aguilar	FR	Ithaca	FOUL
---	Robert Smith	JR	RPI	DNS NWI

Men Shot Put

Conference: 16.65m C 2003 **Justin Sievert**
Meet: 16.65m M 2003 **Justin Sievert**
Facility: 17.13m F 2006 **Mike Giordano**
AARTFC: 14.20m A

	Name	Yr	School	Finals
Finals				
1	Matthew Funicelli	SR	RIT	15.98mA 10
2	Justin Showstead	SR	Ithaca	15.12mA 8
3	James O'Neill	SR	Rochester	14.35mA 6
4	Zachary Jaworski	SO	St. Lawrence	13.95m 5
5	Yohermy Kpodo	JR	RIT	13.73m 4
6	Dylan Rykert	JR	Rochester	13.33m 3
7	Brendan Sheehan	JR	Ithaca	13.06m 2
8	Paul Sussman	FR	RPI	12.94m 1
9	Nolan Ragland	JR	Rochester	12.80m
10	Joe Bumpus	SR	Rochester	12.74m
11	Kevin Fobare	JR	Rochester	12.73m
12	Elliott Walter	FR	RIT	12.72m
13	Nick Hutson	SR	RIT	12.72m
14	Jordan Johnson	SO	Rochester	12.68m
15	Josh Auler	SO	RIT	12.63m
16	Joseph O'Rourke	SO	St. Lawrence	12.62m

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Finals ... (Men Shot Put)

Name	Yr	School	Finals
17 Mason Lang	FR	Union (N.Y.)	12.47m
18 Erik Stephany	FR	RIT	12.47m
19 Dean Bartles	FR	RIT	12.25m
20 Eddie Bedient	FR	RIT	12.17m
21 Justin White	FR	Vassar	12.01m
22 Luke Alexander	FR	RPI	11.86m
23 Antonio Cocchiaro	FR	Union (N.Y.)	10.67m
--- Tito Bowens	SO	St. Lawrence	FOUL

Men Discus Throw

Conference: 54.11m C 2015 **Tyler Yeastedt**
Meet: 51.02m M 2001 **Bill Monette**
Facility: 55.21m F 1998 **Dan Dillon**
AARTFC: 43.00m A

Name	Yr	School	Finals
Finals			
1 Josh Cohen	SR	RPI	50.29mA 10
2 Matthew Funicelli	SR	RIT	46.82mA 8
3 Matt Ciminelli	SR	RIT	44.86mA 6
4 Elliott Walter	FR	RIT	42.58m 5
5 Justin Showstead	SR	Ithaca	42.11m 4
6 James O'Neill	SR	Rochester	42.08m 3
7 Jordan Johnson	SO	Rochester	41.98m 2
8 Brendan Sheehan	JR	Ithaca	41.68m 1
9 Kevin Fobare	JR	Rochester	40.39m
10 Zajans Crapo	SO	Rochester	39.82m
11 Peter Stefos	SR	RIT	39.49m
12 Erik Stephany	FR	RIT	38.89m
13 Dylan Rykert	JR	Rochester	38.25m
14 Tristan Mangin	FR	RPI	36.82m
15 Josh Auler	SO	RIT	36.37m
16 Yohermy Kpodo	JR	RIT	36.05m
17 Joseph O'Rourke	SO	St. Lawrence	35.89m
18 Dean Bartles	FR	RIT	35.52m
19 Ryan Goss	FR	Rochester	34.79m
20 Tito Bowens	SO	St. Lawrence	33.87m
21 Javier Bedoya	FR	RPI	31.03m
22 Antonio Cocchiaro	FR	Union (N.Y.)	27.45m
23 Adam Hecker	FR	Union (N.Y.)	24.51m
--- Aidan Hughes	SR	RIT	FOUL

Men Hammer Throw

Conference: 61.32m C 2011 **Ja'Mar Watson**
Meet: 56.76m M 1998 **Paul Hanrahan**
Facility: 68.55m F 2006 **James Heizman**
AARTFC: 48.00m A

Name	Yr	School	Finals
Finals			
1 Josh Cohen	SR	RPI	55.97mA 10
2 Matthew Funicelli	SR	RIT	55.11mA 8
3 Justin Showstead	SR	Ithaca	52.67mA 6
4 Nolan Ragland	JR	Rochester	51.36mA 5
5 Aidan Hughes	SR	RIT	50.64mA 4

6 Joe Bumpus	SR	Rochester	50.21mA 3
7 James O'Neill	SR	Rochester	49.08mA 2
8 Erik Stephany	FR	RIT	47.77m 1
9 Kevin Fobare	JR	Rochester	47.29m
10 Zajans Crapo	SO	Rochester	45.53m
11 Joseph O'Rourke	SO	St. Lawrence	43.65m
12 Peter Stefos	SR	RIT	42.53m
13 Luke Alexander	FR	RPI	41.59m
14 Mason Lang	FR	Union (N.Y.)	40.19m
15 Zachary Jaworski	SO	St. Lawrence	39.63m
16 Kevin Chait	SO	RPI	39.37m
17 Yohermy Kpodo	JR	RIT	39.07m
18 Josh Auler	SO	RIT	38.00m
19 Eddie Bedient	FR	RIT	37.69m
20 Ryan Goss	FR	Rochester	37.50m
21 Tito Bowens	SO	St. Lawrence	36.16m
22 Elliot Bernacki	SO	RIT	34.69m
23 Noah Greenberg	SO	Union (N.Y.)	31.74m
24 Colby Grove	FR	RPI	31.20m
--- Jordan Johnson	SO	Rochester	FOUL

Men Javelin Throw

Conference: 65.50m C 2014 **Michael Goldstock**
Meet: 61.54m M 2005 **Jim Motzkin**
Facility: 62.94m F 2005 **James Motzkin**
AARTFC: 50.50m A

Name	Yr	School	Finals
Finals			
1 Jordan Johnson	SO	Rochester	57.49mA 10
2 Justin Showstead	SR	Ithaca	53.78mA 8
3 Jason Mohr	SO	RIT	53.20mA 6
4 Tristan Mangin	FR	RPI	51.88mA 5
5 Noah Greenberg	SO	Union (N.Y.)	50.31m 4
6 Zajans Crapo	SO	Rochester	48.05m 3
7 Mason Lang	FR	Union (N.Y.)	48.02m 2
8 Ngawang Ghongwatsang	FR	RPI	46.13m 1
9 Erik Schneider	FR	St. Lawrence	44.67m
10 Jack Simack	SO	St. Lawrence	44.54m
11 Rich Halvorsen	SO	Ithaca	43.63m
12 James O'Neill	SR	Rochester	43.21m
13 Dean Bartles	FR	RIT	43.18m
14 Nicholas Entner	FR	Union (N.Y.)	42.09m
15 David Shaffer	FR	RIT	41.29m
16 Jalen Hines	SO	Ithaca	39.65m
17 Tyler Scerbo	SR	Ithaca	37.71m
18 Ethan Rowe	SO	St. Lawrence	34.36m

Decathlon: #1 Men 100 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Aeden Angelone	JR	Rochester	11.72 707
2 Gabe Thyne	SO	Rochester	11.72 707
3 Joey Hinckley	JR	RPI	11.77 697
4 Josh Chait	FR	RPI	11.88 675
5 Jack Maness	FR	Rochester	11.93 665

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Finals ... (Decathlon: #1 Men 100 Meter Dash Decathlon)

Name	Yr	School	Finals
6 Alex Opsahl	SR	Rochester	11.95 661
7 Lucas Thiele	SO	Rochester	12.21 610
8 Maxwell Bergman	SO	Vassar	12.27 599
9 Luke Kovalcin	SO	RPI	12.55 547
10 Connor St. Peter	FR	St. Lawrence	12.61 536

Decathlon: #5 Men 400 Meter Dash Decathlon

Name	Yr	School	Finals
Finals			
1 Gabe Thyne	SO	Rochester	50.34 799
2 Aeden Angelone	JR	Rochester	51.34 754
3 Alex Opsahl	SR	Rochester	51.96 726
4 Joey Hinckley	JR	RPI	52.70 694
5 Maxwell Bergman	SO	Vassar	53.72 651
6 Lucas Thiele	SO	Rochester	54.50 619
7 Josh Chait	FR	RPI	54.52 618
8 Jack Maness	FR	Rochester	55.83 566
9 Connor St. Peter	FR	St. Lawrence	55.83 566
10 Luke Kovalcin	SO	RPI	57.50 502

Decathlon: #10 Men 1500 Meter Run Decathlon

Name	Yr	School	Finals
Finals			
1 Gabe Thyne	SO	Rochester	4:37.94 693
2 Alex Opsahl	SR	Rochester	4:42.61 664
3 Connor St. Peter	FR	St. Lawrence	4:46.51 640
4 Aeden Angelone	JR	Rochester	4:47.69 633
5 Joey Hinckley	JR	RPI	4:48.63 627
6 Luke Kovalcin	SO	RPI	4:55.63 585
7 Maxwell Bergman	SO	Vassar	4:56.34 581
8 Josh Chait	FR	RPI	5:01.14 553
9 Jack Maness	FR	Rochester	5:01.14 553
10 Lucas Thiele	SO	Rochester	5:06.09 525

Decathlon: #6 Men 110 Meter Hurdles Decathlon

Name	Yr	School	Finals
Finals			
1 Aeden Angelone	JR	Rochester	16.14 717
2 Alex Opsahl	SR	Rochester	16.25 705
3 Gabe Thyne	SO	Rochester	16.69 657
4 Joey Hinckley	JR	RPI	17.81 543
5 Luke Kovalcin	SO	RPI	18.68 461
6 Maxwell Bergman	SO	Vassar	19.08 425
7 Connor St. Peter	FR	St. Lawrence	19.33 404
8 Jack Maness	FR	Rochester	19.66 377
9 Lucas Thiele	SO	Rochester	20.30 326
10 Josh Chait	FR	RPI	20.48 312

Decathlon: #4 Men High Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Alex Opsahl	SR	Rochester	1.95m 758
2 Aeden Angelone	JR	Rochester	1.83m 653

3 Luke Kovalcin	SO	RPI	1.80m 627
4 Gabe Thyne	SO	Rochester	1.77m 602
5 Lucas Thiele	SO	Rochester	1.74m 577
6 Maxwell Bergman	SO	Vassar	1.65m 504
7 Jack Maness	FR	Rochester	1.62m 480
8 Joey Hinckley	JR	RPI	1.59m 457
9 Connor St. Peter	FR	St. Lawrence	1.47m 367
9 Josh Chait	FR	RPI	1.47m 367

Decathlon: #8 Men Pole Vault Decathlon

Name	Yr	School	Finals
Finals			
1 Joey Hinckley	JR	RPI	4.25m 688
2 Josh Chait	FR	RPI	4.15m 659
3 Alex Opsahl	SR	Rochester	3.95m 603
4 Aeden Angelone	JR	Rochester	3.75m 549
5 Jack Maness	FR	Rochester	3.65m 522
6 Gabe Thyne	SO	Rochester	3.55m 496
6 Maxwell Bergman	SO	Vassar	3.55m 496
8 Luke Kovalcin	SO	RPI	3.05m 369
9 Lucas Thiele	SO	Rochester	2.75m 298
10 Connor St. Peter	FR	St. Lawrence	2.65m 275

Decathlon: #2 Men Long Jump Decathlon

Name	Yr	School	Finals
Finals			
1 Aeden Angelone	JR	Rochester	6.66m 734
2 Maxwell Bergman	SO	Vassar	6.31m 655
2 Alex Opsahl	SR	Rochester	6.31m 655
4 Gabe Thyne	SO	Rochester	6.21m 632
5 Lucas Thiele	SO	Rochester	6.08m 604
5 Jack Maness	FR	Rochester	6.08m 604
7 Joey Hinckley	JR	RPI	5.89m 563
8 Luke Kovalcin	SO	RPI	5.66m 514
9 Josh Chait	FR	RPI	5.44m 469
10 Connor St. Peter	FR	St. Lawrence	5.27m 435

Decathlon: #3 Men Shot Put Decathlon

Name	Yr	School	Finals
Finals			
1 Alex Opsahl	SR	Rochester	13.18m 678
2 Aeden Angelone	JR	Rochester	11.98m 605
3 Josh Chait	FR	RPI	9.78m 472
4 Luke Kovalcin	SO	RPI	9.60m 462
5 Connor St. Peter	FR	St. Lawrence	9.53m 457
6 Maxwell Bergman	SO	Vassar	9.11m 432
7 Jack Maness	FR	Rochester	8.55m 399
8 Gabe Thyne	SO	Rochester	8.37m 388
9 Joey Hinckley	JR	RPI	8.25m 381
10 Lucas Thiele	SO	Rochester	8.02m 367

Decathlon: #7 Men Discus Throw Decathlon

Name	Yr	School	Finals
Finals			
1 Alex Opsahl	SR	Rochester	34.64m 556

Liberty League
Outdoor Track & Field Championships
Hosted By Rochester - 5/5/2023 to 5/6/2023

Results

Finals ... (Decathlon: #7 Men Discus Throw Decathlon)

	Name	Yr	School	Finals
2	Aeden Angelone	JR	Rochester	32.25m 509
3	Connor St. Peter	FR	St. Lawrence	31.35m 491
4	Josh Chait	FR	RPI	28.15m 428
5	Gabe Thyne	SO	Rochester	26.75m 401
6	Luke Kovalcin	SO	RPI	26.40m 394
7	Joey Hinckley	JR	RPI	24.48m 357
8	Lucas Thiele	SO	Rochester	23.10m 331
9	Maxwell Bergman	SO	Vassar	20.29m 277
10	Jack Maness	FR	Rochester	19.71m 267

Men - Team Rankings - 21 Events Scored	
1) RPI	224
2) Rochester	215
3) RIT	172
4) Ithaca	111
5) St. Lawrence	49
6) Union (N.Y.)	25
7) Vassar	19
8) Bard	1

Decathlon: #9 Men Javelin Throw Decathlon

	Name	Yr	School	Finals
Finals				
1	Aeden Angelone	JR	Rochester	47.97m 559
2	Alex Opsahl	SR	Rochester	45.91m 528
3	Jack Maness	FR	Rochester	42.97m 485
4	Josh Chait	FR	RPI	36.96m 398
5	Luke Kovalcin	SO	RPI	36.42m 390
6	Joey Hinckley	JR	RPI	35.01m 370
7	Maxwell Bergman	SO	Vassar	34.91m 369
8	Connor St. Peter	FR	St. Lawrence	31.25m 317
9	Gabe Thyne	SO	Rochester	19.32m 152
---	Lucas Thiele	SO	Rochester	FOUL

Men Decathlon

Conference: 6750 C 2005 Trevor Tersmette

Meet: 6094 M 5/4/2018 Seth Abbott

AARTFC: 5100 A

	Name	Yr	School	Finals
Finals				
1	Alex Opsahl	SR	Rochester	6534M 10
2	Aeden Angelone	JR	Rochester	6420M 8
3	Gabe Thyne	SO	Rochester	5527A 6
4	Joey Hinckley	JR	RPI	5377A 5
5	Maxwell Bergman	SO	Vassar	4989 4
6	Josh Chait	FR	RPI	4951 3
7	Jack Maness	FR	Rochester	4918 2
8	Luke Kovalcin	SO	RPI	4851 1
9	Connor St. Peter	FR	St. Lawrence	4488
10	Lucas Thiele	SO	Rochester	4257

Women - Team Rankings - 21 Events Scored

1) Rochester	223.5
2) Ithaca	220
3) RPI	96
4) St. Lawrence	82.5
5) Vassar	78
5) RIT	78
7) Union (N.Y.)	39
8) Bard	1