

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 13 Women 100 Meter Dash (21)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 2:50 PM****Conference: 11.27 2023 Divonne Franklin****Meet Record: 11.66 2022 Divonne Franklin****Prov: 11.85**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Franklin, Divonne	SR	California (Pa.)	11.27
2	Dalhouse, Kayla	JR	Shippensburg	12.55
3	Serrano, Aliyah	SO	Shippensburg	11.98
4	Charity, Mayah	SO	Pitt.-Johnstown	12.45
5	Jackson, Sandra	FR	West Chester	12.07
6	Palacio-Lewis, Lily	SO	West Chester	12.48
7	Brooks, Abbey-Gale	JR	Pitt.-Johnstown	12.57

Heat 2 of 3 Prelims

1	Johnson, Regan	JR	Slippery Rock	12.53
2	Conrad, Aurora	JR	Millersville	12.49
3	Murray, Asia	SO	Slippery Rock	12.43
4	Brown, Skylar	JR	Mansfield	11.62
5	Robinson, Amaya	FR	Slippery Rock	12.60
6	Gilbert, Samantha	JR	Slippery Rock	11.98
7	Young, Kiana	FR	Kutztown	12.19

Heat 3 of 3 Prelims

1	Owens, Riyana	SR	Lock Haven	11.87
2	Thompson, Destiny	JR	East Stroudsburg	12.23
3	Kouakou, Arianna	SO	Millersville	12.53
4	Elwell, Emma	JR	Millersville	12.36
5	Lesinski, Heather	SO	Millersville	12.60
6	Pierce, Thai-Lin	JR	Slippery Rock	12.50
7	Graybill, Leah	JR	Shippensburg	11.68

Event 19 Women 200 Meter Dash (21)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/12/2023 - 4:40 PM****Conference: 22.92 2023 Divonne Franklin****Meet Record: 23.92 2022 Divonne Franklin****Prov: 24.34**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

3	Kyle, Ariel	JR	East Stroudsburg	26.06
4	Serrano, Aliyah	SO	Shippensburg	24.82
5	Brooks, Abbey-Gale	JR	Pitt.-Johnstown	25.89
6	Elwell, Emma	JR	Millersville	25.82
7	Palacio-Lewis, Lily	SO	West Chester	26.13
8	Brown, Skylar	JR	Mansfield	24.62

Heat 2 of 4 Prelims

3	Thompson, Destiny	JR	East Stroudsburg	25.26
4	Young, Kiana	FR	Kutztown	25.23
5	Dalhouse, Kayla	JR	Shippensburg	26.01
6	Franklin, Divonne	SR	California (Pa.)	22.92
7	Fletcher, Mackenzie	FR	Edinboro	26.00

Heat 3 of 4 Prelims

3	Murray, Asia	SO	Slippery Rock	25.95
4	Graybill, Leah	JR	Shippensburg	23.65
5	Gilbert, Samantha	JR	Slippery Rock	25.20
6	Morgan, Haley	SO	Slippery Rock	25.42
7	Kouakou, Arianna	SO	Millersville	26.05

Heat 4 of 4 Prelims

3	Bonner, Raechel	JR	Kutztown	26.06
4	Pierce, Thai-Lin	JR	Slippery Rock	25.00
5	Conrad, Aurora	JR	Millersville	25.43
6	Charity, Mayah	SO	Pitt.-Johnstown	25.89
7	Owens, Riyana	SR	Lock Haven	24.39

Event 11 Women 400 Meter Dash (18)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 2:20 PM****Conference: 54.19 2002 Jennifer Farrow****Meet Record: 54.79 2010 Maddy Outman****Prov: 56.00**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

3	Bonner, Raechel	JR	Kutztown	58.07
4	Coons, Claire	FR	Millersville	1:01.05
5	Carson, Mia	JR	Millersville	1:00.05
6	Sydnor, Aubrey	SO	Millersville	56.17
7	Heard, Natalya	SO	Bloomsburg	58.40
8	Gambogi, Megan	SO	Bloomsburg	59.79

Heat 2 of 3 Prelims

3	Fike, Maddi	FR	Seton Hill	59.49
4	Zukina, Berna	FR	Edinboro	57.60
5	Timmons, Taylor	SO	California (Pa.)	59.28
6	Olsen, Madison	JR	Slippery Rock	1:00.14
7	Mastria, Caroline	JR	Shippensburg	57.55
8	Walton, Alexandra	SO	Pitt.-Johnstown	1:00.34

Heat 3 of 3 Prelims

3	Weis, Mary	FR	Millersville	1:00.87
4	Wert, Alyssa	FR	Shippensburg	59.65
5	Barger, Hunter	JR	Lock Haven	58.85
6	Marquis, Amanda	FR	West Chester	1:00.07
7	Derkosh, Shelby	FR	Millersville	57.33
8	Castronova, Sarah	JR	Bloomsburg	58.04

PSAC Outdoor Track & Field Championships
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Meet Program

Event 15 Women 800 Meter Run (20)**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/12/2023 - 3:20 PM****Conference: 2:05.67 1992****Marty Marczak****Meet Record: 2:08.75 2010****Claire McSweeney****Prov: 2:12.23**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Sullivan, Abbey	JR	Millersville	2:18.78
2	McDonnell, Emily	FR	Clarion	2:23.43
3	Gerber, Kyra	SR	Shippensburg	2:21.37
4	Keeley, Alyssa	FR	Bloomsburg	2:19.31
5	Urbine, Sydney	JR	California (Pa.)	2:21.14
6	Rennette, Allison	SO	Slippery Rock	2:23.78
7	Anderson, Malia	SO	California (Pa.)	2:10.67

Heat 2 of 3 Prelims

1	Selheimer, Kelley	SO	Bloomsburg	2:19.35
2	Pipilo, Kate	SO	Seton Hill	2:21.68
3	Robinson, Kelsie	FR	Bloomsburg	2:23.14
4	Manley, Anna	SR	Lock Haven	2:12.87
5	Young, Deandra	FR	Kutztown	2:20.72
6	Moriarty, Erika	SO	Kutztown	2:23.79
7	Klick, Jordan	SR	Slippery Rock	2:17.98

Heat 3 of 3 Prelims

2	Hauser, Claire	SO	Lock Haven	2:22.10
3	Sechrist, Aubrey	SO	Lock Haven	2:22.37
4	Roth, Darby	SR	Seton Hill	2:15.75
5	Dumond, Brianna	JR	Bloomsburg	2:20.05
6	Carver, Mackenzie	JR	Clarion	2:17.05
7	Bendetti, Ava	SO	Kutztown	2:19.94

Event 7 Women 1500 Meter Run (22)**Saturday 5/13/2023 - 1:00 PM****Conference: 4:17.76 2021****Stefanie Parsons****Meet Record: 4:23.97 2021****Stefanie Parsons****Prov: 4:32.09**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Carver, Mackenzie	JR	Clarion	4:54.19
2	Myers, Allison	JR	West Chester	4:54.72
3	Lloyd, Kiersten	SO	Lock Haven	4:55.51
4	Moriarty, Erika	SO	Kutztown	4:55.59
5	Smith, Jenna	SO	Pitt.-Johnstown	4:55.81
6	Jones, Krista	FR	Lock Haven	4:55.82
7	Pipilo, Kate	SO	Seton Hill	4:56.36

Section 2 of 2 Finals

1	Anicic, Kylie	JR	Edinboro	4:25.00
2	Igims, Anna	JR	Slippery Rock	4:37.22
3	Roth, Darby	SR	Seton Hill	4:39.85
4	Marchini, Isabella	SR	West Chester	4:41.18
5	Gerber, Kyra	SR	Shippensburg	4:43.46
6	Cunningham, Alexis	SR	Seton Hill	4:44.30
7	Janiuk, Morgan	JR	Millersville	4:44.49
8	Hull, Kelsey	FR	Shippensburg	4:46.28
9	Diedel, Jaime	SO	Bloomsburg	4:47.10
10	Selheimer, Kelley	SO	Bloomsburg	4:48.38
11	Dumond, Brianna	JR	Bloomsburg	4:49.15
12	Curtis, Madeline	SO	California (Pa.)	4:49.24
13	Keeley, Alyssa	FR	Bloomsburg	4:50.54
14	Fratanduono, Anastasia	JR	Kutztown	4:51.38
15	Sweet, Sarah	FR	Bloomsburg	4:53.14

Event 21 Women 5000 Meter Run (25)**Saturday 5/13/2023 - 3:15 PM****Conference: 15:33.83 2011****Neely Spence****Meet Record: 16:19.50 1984****Julie Bowers****Prov: 17:07.10**

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Anicic, Kylie	JR	Edinboro	16:27.88
2	Klinger, Elaina	JR	Lock Haven	17:37.62
3	Szep, Kate	SO	Edinboro	17:40.93
4	Igims, Anna	JR	Slippery Rock	17:44.19
5	Cheruiyot, Sheilah	JR	Edinboro	17:44.74
6	Abdalah, Marianne	SR	Slippery Rock	17:47.50
7	Plassio, Katie	JR	Slippery Rock	17:49.30
8	Marchini, Isabella	SR	West Chester	17:50.79
9	Keeley, Nicole	JR	Bloomsburg	17:53.10
10	Daniels, Carly	SR	Mansfield	17:57.17
11	Lloyd, Gwen	SO	Lock Haven	17:59.19
12	D'Amelio, Jaelyn	JR	Kutztown	18:00.23
13	Kelly, Amanda	FR	Bloomsburg	18:02.10
14	Gulgert, Isabelle	JR	Shippensburg	18:05.60
15	Hull, Kelsey	FR	Shippensburg	18:17.73
16	Janiuk, Morgan	JR	Millersville	18:18.55
17	Hughes, Ruthie	FR	Slippery Rock	18:22.95
18	Knerr, Sophia	SO	Kutztown	18:26.07
19	Diedel, Jaime	SO	Bloomsburg	18:27.10
20	Morgan, Bailey	SR	Mansfield	18:39.75
21	Sweda, Hannah	JR	Millersville	18:41.67
22	Cunningham, Alexis	SR	Seton Hill	18:43.31
23	Curtis, Madeline	SO	California (Pa.)	18:44.26
24	Roberts, Olivia	JR	Edinboro	18:47.27
25	Weikert, Belle	SO	Shippensburg	18:48.44

PSAC Outdoor Track & Field Championships
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Meet Program

Event 2 Women 10000 Meter Run (19)**Thursday 5/11/2023 - 8:45 PM****Conference: 33:34.45 1985 Julie Bowers****Meet Record: 34:16.89 2010 Jen Harpp****Prov: 36:28.87**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Anicic, Kylie	JR	Edinboro	34:30.63
2	Klinger, Elaina	JR	Lock Haven	37:42.91
3	Plassio, Katie	JR	Slippery Rock	38:43.02
4	D'Amelio, Jaelyn	JR	Kutztown	38:58.66
5	Abdalah, Marianne	SR	Slippery Rock	39:03.71
6	Janiuk, Morgan	JR	Millersville	39:20.88
7	Kelly, Amanda	FR	Bloomsburg	39:34.06
8	Weikert, Belle	SO	Shippensburg	39:38.29
9	Farson, Allison	SO	Clarion	39:40.71
10	Leister, Kaitlyn	SO	Millersville	39:52.30
11	Szep, Kate	SO	Edinboro	39:59.35
12	Lavana, Amanda	JR	Shippensburg	40:13.82
13	Daniels, Carly	SR	Mansfield	40:18.70
14	Hughes, Ruthie	FR	Slippery Rock	40:19.33
15	McCullough, Kaycee	JR	Millersville	40:25.15
16	Hunt, Chelsea	JR	Slippery Rock	40:27.60
17	Marion, Abigail	SO	West Chester	40:39.49
18	Roberts, Olivia	JR	Edinboro	40:48.91
19	Trax, Alexa	JR	Edinboro	40:58.85

Event 9 Women 100 Meter Hurdles (18)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 1:45 PM****Conference: 13.62 2010 Maddy Outman****Meet Record: 13.70 2010 Maddy Outman****Prov: 14.24**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
2	Fox, Emma	SR	Slippery Rock	15.93
3	Sharrow, Kaylen	SR	Clarion	15.96
4	Campbell, Iyana	SO	California (Pa.)	15.48
5	Jones, Jeanette	SR	East Stroudsburg	14.62
6	Younkin, Chaley	SO	Slippery Rock	14.72
7	Kelly, Bryna	FR	Indiana (Pa.)	15.38
Heat 2 of 3 Prelims				
2	Taylor, Alyson	SR	Seton Hill	15.00
3	Huston, Mackenzie	FR	Edinboro	16.57
4	Bollinger, Billie Jo	SR	Lock Haven	15.07
5	LaBure, Lillian	FR	Millersville	15.68
6	Lee, Sasha	SO	Shippensburg	14.16
7	Zabackis, Sabela	SO	Millersville	15.75

Heat 3 of 3 Prelims

2	Barger, Melanie	FR	Shippensburg	15.54
3	Harper, Jazzy	SO	California (Pa.)	15.80
4	Clarke, Chalondra	JR	Slippery Rock	15.30
5	Slebodnick, Morgan	FR	Indiana (Pa.)	16.16
6	Holloman, De'Asia	JR	Millersville	14.47
7	Bunyard, Kailee	JR	California (Pa.)	14.99

Event 17 Women 400 Meter Hurdles (18)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 4:00 PM****Conference: 58.98 2010 Maddy Outman****Meet Record: 59.59 2007 Andi Rose****Prov: 1:02.33**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
3	Jones, Jeanette	SR	East Stroudsburg	1:01.76
4	Gentzel, Natalie	FR	Lock Haven	1:07.34
5	Deschamps, Hazel	SR	Kutztown	1:07.79
6	Roberts, Anna	JR	Seton Hill	1:06.68
7	Mitchell, Jaidah	JR	Kutztown	1:05.55
8	Becker, Keelin	SO	Seton Hill	1:05.75
Heat 2 of 3 Prelims				
3	Porter, Delaney	SO	Bloomsburg	1:07.72
4	Robertson, Layla	FR	Seton Hill	1:06.13
5	Bollinger, Billie Jo	SR	Lock Haven	1:05.93
6	McKenzie, Kara	JR	Pitt.-Johnstown	1:04.32
7	Veneziano, Rachel	SO	Slippery Rock	1:04.74
8	Heilman, Cora	FR	Millersville	1:07.47
Heat 3 of 3 Prelims				
3	Miara, Bailee	JR	Edinboro	1:07.76
4	Barger, Melanie	FR	Shippensburg	1:04.85
5	Brenny, Haley	SO	Seton Hill	1:05.76
6	Kline, Cassidy	JR	Indiana (Pa.)	1:03.32
7	Younkin, Chaley	SO	Slippery Rock	1:06.60
8	Campbell, Iyana	SO	California (Pa.)	1:07.35

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 3 Women 3000 Meter Steeplechase (18)**Friday 5/12/2023 - 5:45 PM****Conference: 10:04.37 2018****Julie Friend****Meet Record: 10:24.77 2002****Sara Raschiatore****Prov: 11:01.26**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Goerss, Kimberly	JR	Edinboro	10:30.73
2	Igims, Anna	JR	Slippery Rock	10:39.07
3	Sullivan, Abbey	JR	Millersville	11:29.00
4	Grillo, Madeline	JR	Slippery Rock	11:34.35
5	Cunningham, Alexis	SR	Seton Hill	11:35.82
6	Lloyd, Kiersten	SO	Lock Haven	11:36.19
7	Knerr, Sophia	SO	Kutztown	11:36.82
8	Fratanduono, Anastasia	JR	Kutztown	11:37.86
9	Morgan, Bailey	SR	Mansfield	11:57.95
10	Sullivan, Abigail	SR	Clarion	11:58.02
11	Scarpa, Marie	JR	Slippery Rock	12:05.51
12	Pigula, Anessa	SO	Seton Hill	12:06.46
13	Elgrim, Megan	FR	East Stroudsburg	12:06.90
14	Dennison, Morgan	SO	Slippery Rock	12:07.10
15	Kuntz, Stella	FR	Indiana (Pa.)	12:25.63
16	Greathouse, Paige	SO	Pitt.-Johnstown	12:26.07
17	Foster, Samantha	JR	Millersville	12:26.35
18	Kutchma, Gabby	SO	Clarion	12:28.86

Event 5 Women 4x100 Meter Relay (11)**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/12/2023 - 1:15 PM****Conference: 46.40 2006****Slippery Rock****Rekich, McDaniel, Rose, Rash****Meet Record: 46.40 2006****Slippery Rock****Rekich, McDaniel, Rose, Rash****Prov: 46.73**

Lane	Team	Relay	Seed Time
Heat 1 of 2 Prelims			
3	Kutztown		48.19
1) Danciu, Andrea JR	2) Young, Kiana FR		
3) Bonner, Raechel JR	4) Foster, Brianna SO		
4	Indiana (Pa.)		49.35
1) Laughlin, Emma FR	2) Kelly, Bryna FR		
3) Slebodnick, Morgan FR	4) Kline, Cassidy JR		
5	Shippensburg		46.42
1) Graybill, Leah JR	2) Serrano, Aliyah SO		
3) Dalhouse, Kayla JR	4) Mckean, Sara JR		
6	West Chester		48.20
1) Curtis, Gabby SO	2) Jackson, Sandra FR		
3) Ribic, Brianna JR	4) Palacio-Lewis, Lily SO		
7	Bloomsburg		49.29
1) Castronova, Sarah JR	2) Sicinski, Melissa JR		
3) Kay, Emma FR	4) Heard, Natalya SO		

Heat 2 of 2 Prelims

3	Clarion	50.54
1) Sharrow, Kaylen SR	2) Redwood, Hannah FR	
3) Beard, Delaney JR	4) Lodge, Emily SR	
4	Slippery Rock	47.10
1) Gilbert, Samantha JR	2) Morgan, Haley SO	
3) Johnson, Regan JR	4) Pierce, Thai-Lin JR	
5	Pitt.-Johnstown	48.97
1) Charity, Mayah SO	2) Walton, Alexandra SO	
3) Brooks, Abbey-Gale JR	4) McKenzie, Kara JR	
6	California (Pa.)	49.08
1) Damone, Vanessa SO	2) Popovich, Bailey SO	
3) Etienne, Alice FR	4) Franklin, Divonne SR	
7	Edinboro	50.58
1) Zukina, Berna FR	2) Fletcher, Mackenzie FR	
3) Huston, Mackenzie FR	4) Miara, Bailee JR	
8	Millersville	47.62
1) Lesinski, Heather SO	2) Kouakou, Arianna SO	
3) Conrad, Aurora JR	4) Elwell, Emma JR	

Event 25 Women 4x400 Meter Relay (13)**Saturday 5/13/2023 - 3:55 PM****Conference: 3:44.83 2009****Slippery Rock****Tedesco, Seigworth, Smith, Cochran****Meet Record: 3:47.18 2014****Shippensburg****M Lundy, B Fells, L Ellsworth, M Clemons****Prov: 3:49.58**

Lane	Team	Relay	Seed Time
Section 1 of 2 Finals			
2	East Stroudsburg		4:12.43
1) Jones, Jeanette SR	2) Kyle, Ariel JR		
3) Kaczmarek, Carolina SO	4) Thompson, Destiny JR		
3	Pitt.-Johnstown		4:06.95
1) Charity, Mayah SO	2) Brooks, Abbey-Gale JR		
3) Walton, Alexandra SO	4) McKenzie, Kara JR		
4	Indiana (Pa.)		4:03.73
1) Gile, Dejuanna FR	2) Kelly, Bryna FR		
3) Hoover, Alyssa FR	4) Kline, Cassidy JR		
5	Edinboro		4:06.59
1) Zukina, Berna FR	2) Fletcher, Mackenzie FR		
3) Newark, Madeline FR	4) Galley, Jayna JR		
6	West Chester		4:07.18
1) Marquis, Amanda FR	2) Palacio-Lewis, Lily SO		
3) Curtis, Gabby SO	4) Dodd, Alisan SR		

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Section 2 of 2 Finals...(Event 25 Women 4x400 Meter Relay (

1	Bloomsburg	4:02.88
	1) Castronova, Sarah JR	2) Porter, Delaney SO
	3) Gambogi, Megan SO	4) Robinson, Kelsie FR
2	Seton Hill	4:00.12
	1) Fike, Maddi FR	2) Brenny, Haley SO
	3) Roth, Darby SR	4) Robertson, Layla FR
3	Kutztown	3:57.26
	1) Young, Kiana FR	2) Mitchell, Jaidah JR
	3) Foster, Brianna SO	4) Bonner, Raechel JR
4	California (Pa.)	3:49.80
	1) Timmons, Taylor SO	2) Anderson, Malia SO
	3) Kelly, Beyonc'e JR	4) Franklin, Divonne SR
5	Shippensburg	3:50.33
	1) Wert, Alyssa FR	2) Mastria, Caroline JR
	3) Graybill, Leah JR	4) Serrano, Aliyah SO
6	Millersville	3:57.77
	1) Derkosh, Shelby FR	2) Carson, Mia JR
	3) Elwell, Emma JR	4) Sydnor, Aubrey SO
7	Slippery Rock	4:00.43
	1) Bogia, Alice FR	2) Gilbert, Samantha JR
	3) Klick, Jordan SR	4) Younkin, Chaley SO
8	Lock Haven	4:03.06
	1) Barger, Hunter JR	2) Manley, Anna SR
	3) Owens, Riyana SR	4) Bollinger, Billie Jo SR

Event 33 Women High Jump (18)**Friday 5/12/2023 - 12:00 PM****Progression: 1.46 +5cm to 1.66, +3cm to 1.72**

Conference: 5-10 1990 Karen Way
Meet Record: 5-09 2004 Rebecca Bullard
Prov: 1.68m

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Conant, Bethany	FR	California (Pa.)	1.51m	
2	Festa, Lauren	FR	Millersville	1.51m	
3	Gile, Dejuanna	FR	Indiana (Pa.)	1.52m	
4	Horvath, Isabella	SO	Bloomsburg	1.52m	
5	Stebila, Madison	SO	Millersville	1.53m	
6	Pemu, Elyssa	JR	East Stroudsburg	1.54m	
7	Gwinn, Amanda	SO	Indiana (Pa.)	1.55m	
8	Sienko, Kacie	SO	Kutztown	1.55m	
9	Coleman, Amera	SO	Slippery Rock	1.55m	
10	Lippincott, Natalie	FR	Pitt.-Johnstown	1.56m	
11	Vallon, Norah	SO	Shippensburg	1.56m	
12	Salmon, Jade	FR	West Chester	1.56m	
13	Uncapher, Jenna	SR	Clarion	1.56m	
14	Dalhouse, Kayla	JR	Shippensburg	1.59m	
15	Isenberg, Sarah	SO	Indiana (Pa.)	1.60m	
16	Richwine, Ally	FR	Shippensburg	1.62m	
17	Grassia, Mia	FR	Kutztown	1.65m	
18	Kelly, Beyonc'e	JR	California (Pa.)	1.73m	

Event 31 Women Pole Vault (18)**Saturday 5/13/2023 - 11:00 AM****Progression: 2.96 +15cm to 3.71, +10cm to 4.01**

Conference: 13-03.25 2008 Jennifer Hansen
Meet Record: 13-03.75 2008 Jennifer Hansen
Prov: 3.74m

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Frankenfield, Hannah	SR	East Stroudsburg	3.20m	
2	Donoghen, Emily	FR	West Chester	3.20m	
3	Parrett, Grace	SO	Slippery Rock	3.31m	
4	McNesby, Katie	FR	Shippensburg	3.35m	
5	Kuhn, Ellie	JR	Shippensburg	3.35m	
6	Zeiler, Hanna	SO	Slippery Rock	3.44m	
7	Schneider, Sarah	SR	Slippery Rock	3.44m	
8	Taylor, Allison	FR	Slippery Rock	3.46m	
9	Gaughran, Heather	SR	East Stroudsburg	3.50m	
10	Malecki, Megan	SO	Millersville	3.50m	
11	Danciu, Andrea	JR	Kutztown	3.55m	
12	Edwards, Haylee	SO	Kutztown	3.60m	
13	Sentle, Olivia	SR	Slippery Rock	3.65m	
14	Anelli, Nickolina	JR	East Stroudsburg	3.65m	
15	Yahner, Kate	SR	Pitt.-Johnstown	3.66m	
16	Hummel, Annika	FR	West Chester	3.78m	
17	Grossman, Kendall	JR	Slippery Rock	3.84m	
18	Hauf, Darian	SO	Millersville	3.95m	

Event 27 Women Long Jump (18)**Friday 5/12/2023 - 3:00 PM**

Conference: 21-07.50 2000 Nikita Lewis
Meet Record: 20-06.25 2017 Kaylee Caruso
Prov: 5.83m

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Gilbert, Samantha	JR	Slippery Rock	5.44m	
2	Beard, Delaney	JR	Clarion	5.40m	
3	Harper, Jazzy	SO	California (Pa.)	5.42m	
4	Hubler, Devin	FR	Bloomsburg	5.43m	
5	Uncapher, Jenna	SR	Clarion	5.45m	
6	Etienne, Alice	FR	California (Pa.)	5.35m	
7	Fletcher, Mackenzie	FR	Edinboro	5.45m	
8	Lodge, Emily	SR	Clarion	5.31m	
9	Wyatt, Autumn	FR	Slippery Rock	5.40m	
Flight 2 of 2 Finals					
1	Hosey, Dahlia	SR	Bloomsburg	5.72m	
2	Edmonds, Kamya	JR	East Stroudsburg	5.55m	
3	Brozeski, Aleksandra	SO	Slippery Rock	5.50m	
4	Williamson, Abigail	SO	Slippery Rock	5.48m	
5	Foster, Brianna	SO	Kutztown	5.48m	
6	Lee, Sasha	SO	Shippensburg	5.76m	
7	Sienko, Kacie	SO	Kutztown	5.48m	
8	Blauser, Baylee	FR	Slippery Rock	5.61m	
9	McKean, Sara	JR	Shippensburg	6.10m	

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 29 Women Triple Jump (18)**Saturday 5/13/2023 - 1:00 PM****Conference: 42-05 2003 Tunisia Lacy****Meet Record: 42-05 2003 Tunisia Lacy****Prov: 11.96m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Williamson, Abigail	SO	Slippery Rock		11.10m
2	Sienko, Kacie	SO	Kutztown		10.91m
3	Riedel, Skylar	FR	California (Pa.)		11.01m
4	Hubler, Devin	FR	Bloomsburg		11.27m
5	Pieslak, Katie	SO	West Chester		11.11m
6	Edmonds, Kamya	JR	East Stroudsburg		11.28m
7	Harper, Jazzy	SO	California (Pa.)		10.83m
8	Blauser, Baylee	FR	Slippery Rock		11.11m
9	Beaverson, Sydney	JR	Bloomsburg		10.78m

Flight 2 of 2 Finals

1	Brozeski, Aleksandra	SO	Slippery Rock		11.67m
2	Streeter, Quintasia	JR	California (Pa.)		11.50m
3	Beard, Delaney	JR	Clarion		11.88m
4	Lee, Sasha	SO	Shippensburg		11.99m
5	Bogia, Alice	FR	Slippery Rock		11.56m
6	Taylor, Abigail	SO	Mansfield		11.87m
7	Hosey, Dahlia	SR	Bloomsburg		11.39m
8	Etienne, Alice	FR	California (Pa.)		11.50m
9	Becker, Keelin	SO	Seton Hill		11.69m

Event 35 Women Shot Put (18)**Saturday 5/13/2023 - 1:00 PM****Conference: 52-10 2018 Sunflower Greene****Meet Record: 51-01 2019 Sunflower Greene****Prov: 13.95m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Winkler, Deja	JR	Shippensburg		11.72m
2	Gilliam, Sarah	JR	Seton Hill		11.83m
3	Simmonds, Renee	FR	Indiana (Pa.)		11.65m
4	Trujillo, Seya	FR	Millersville		12.03m
5	Simmons, ShanAnn	SO	Shippensburg		11.63m
6	Pesicka, Emma	SR	Clarion		12.15m
7	Pugge, Nicola	SO	Shippensburg		11.77m
8	Downs, Maddy	SO	Millersville		12.22m

Flight 2 of 2 Finals

1	Woelfling, Hannah	JR	Millersville		13.12m
2	Lendon, Kenzie	JR	Edinboro		12.96m
3	Baudille, Madison	JR	Bloomsburg		12.48m
4	Bauer, Payton	FR	Shippensburg		12.70m
5	Makar, Elizabeth	SO	East Stroudsburg		14.29m
6	Jones, Shelly	SR	Clarion		13.39m
7	Hessler, Sarah	FR	Millersville		12.47m
8	Heckman, Olivia	FR	Slippery Rock		12.71m
9	Washington, Zhayria	JR	West Chester		12.55m
10	Corrie, Sarah	SR	Slippery Rock		14.22m

Event 41 Women Discus Throw (18)**Friday 5/12/2023 - 3:00 PM****Conference: 169-05 2022 Hannah Woelfling****Meet Record: 169-05 2022 Hannah Woelfling****Prov: 45.70m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Bauer, Payton	FR	Shippensburg		35.06m
2	Bellows, Lauren	FR	Shippensburg		37.71m
3	Marte, Isabella	JR	East Stroudsburg		38.25m
4	Jolayemi, Tiffany	SR	Slippery Rock		37.74m
5	Eck, Mallory	FR	Lock Haven		38.32m
6	Force, Makayla	JR	Bloomsburg		37.73m
7	Simmons, ShanAnn	SO	Shippensburg		37.83m
8	Hutchinson, Rachel	SR	Slippery Rock		37.90m

Flight 2 of 2 Finals

1	Woelfling, Hannah	JR	Millersville		49.11m
2	Trujillo, Seya	FR	Millersville		39.06m
3	Brooks, Madison	SR	Clarion		39.38m
4	Decker, Makalya	SO	Shippensburg		40.17m
5	Downs, Maddy	SO	Millersville		42.43m
6	Washington, Zhayria	JR	West Chester		41.57m
7	Hessler, Sarah	FR	Millersville		39.45m
8	Salahuddin, Zionette	SR	East Stroudsburg		39.72m
9	Jones, Shelly	SR	Clarion		39.42m
10	Pesicka, Emma	SR	Clarion		39.80m

Event 39 Women Hammer Throw (18)**Thursday 5/11/2023 - 3:30 PM****Conference: 200-05 2023 Hannah Woelfling****Meet Record: 200-00 2022 Hannah Woelfling****Prov: 52.34m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Adams, Ashley	SR	Shippensburg		44.83m
2	Salahuddin, Zionette	SR	East Stroudsburg		46.62m
3	Downs, Maddy	SO	Millersville		45.61m
4	Beck, Julia	JR	Lock Haven		44.50m
5	Liebl, Kandice	JR	Millersville		45.53m
6	Lendon, Kenzie	JR	Edinboro		46.12m
7	Gilmore, Kelly	SO	Bloomsburg		46.52m
8	Lingold, Hannah	SR	Lock Haven		43.99m
9	Gilliam, Sarah	JR	Seton Hill		45.67m

Flight 2 of 2 Finals

1	Makar, Elizabeth	SO	East Stroudsburg		52.59m
2	Woelfling, Hannah	JR	Millersville		61.08m
3	Jolayemi, Tiffany	SR	Slippery Rock		54.20m
4	McCann, Jing	SO	California (Pa.)		48.83m
5	Trujillo, Seya	FR	Millersville		46.79m
6	Sharrow, Cassie	JR	Millersville		50.76m
7	Little, Samiyah	SO	East Stroudsburg		49.58m
8	Marte, Isabella	JR	East Stroudsburg		49.83m
9	Hutchinson, Rachel	SR	Slippery Rock		47.62m

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 37 Women Javelin Throw (18)**Saturday 5/13/2023 - 11:00 AM****Conference: 174-06 2021 Danielle Collier****Meet Record: 164-08 2015 Mallory Sanner****Prov: 42.03m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Pettinato, Autumn	JR	Clarion		35.52m
2	Leithner, Brooke	SR	Pitt.-Johnstown		34.53m
3	Liebl, Kandice	JR	Millersville		36.01m
4	Keefer, Alexis	FR	Shippensburg		35.06m
5	Pugge, Nicola	SO	Shippensburg		37.46m
6	Wolf, Mikaela	SO	Millersville		35.07m
7	Bartoletti, Isabella	FR	Slippery Rock		36.47m
8	Heckman, Olivia	FR	Slippery Rock		36.52m

Flight 2 of 2 Finals

1	Leszczynski, Kelly	FR	Bloomsburg		45.28m
2	Sforza, Olivia	JR	East Stroudsburg		40.44m
3	Clark, Trinity	SR	Slippery Rock		43.63m
4	Reasoner, Abby	SO	Shippensburg		42.20m
5	Mancino, Catherine	SO	Shippensburg		39.04m
6	Brundage, Ryann	SR	Edinboro		41.62m
7	Sieg, Madison	JR	Shippensburg		38.53m
8	Nye, Brittany	FR	Shippensburg		40.09m
9	Sharrow, Cassie	JR	Millersville		38.48m
10	Sherry, Skylar	SR	Slippery Rock		40.23m

Event 43 Heptathlon: #4 Women 200 Meter Dash (16)**Thursday 5/11/2023 - 11:00 AM**

Lane	Name	Yr	School	Seed	Time
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Section 1 of 2 Finals

1	Corrigan, Bailey	SO	Bloomsburg		29.17
2	Hines, Macy	FR	Shippensburg		27.90
3	Miller, Madelyn	FR	Slippery Rock		28.07
4	Uncapher, Jenna	SR	Clarion		27.73
5	Perry, Leah	SO	Clarion		27.61
6	Galley, Jayna	JR	Edinboro		27.93
7	Pemu, Elyssa	JR	East Stroudsburg		28.42
8	Lamoreaux, Alison	JR	Slippery Rock		28.52

Section 2 of 2 Finals

1	Leithner, Brooke	SR	Pitt.-Johnstown		27.50
2	MacBeth, Danielle	SR	Slippery Rock		27.36
3	Pugge, Nicola	SO	Shippensburg		27.42
4	Frazier, Darcie	JR	California (Pa.)		27.14
5	Speigle, Lorna	SR	Slippery Rock		26.05
6	Newark, Madeline	FR	Edinboro		27.29
7	Zablackis, Sabela	SO	Millersville		27.60
8	Moon-Rumsey, Kyli	SO	Shippensburg		26.92

Event 43 Heptathlon: #1 Women 100 Meter Hurdles (16)**Thursday 5/11/2023 - 11:00 AM**

Lane	Name	Yr	School	Seed	Time
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Section 1 of 4 Finals

2	Corrigan, Bailey	SO	Bloomsburg		18.36
4	Pemu, Elyssa	JR	East Stroudsburg		17.12
6	Leithner, Brooke	SR	Pitt.-Johnstown		17.26
8	Newark, Madeline	FR	Edinboro		17.25

Section 2 of 4 Finals

2	Galley, Jayna	JR	Edinboro		16.93
4	MacBeth, Danielle	SR	Slippery Rock		16.55
6	Speigle, Lorna	SR	Slippery Rock		16.52
8	Hines, Macy	FR	Shippensburg		16.47

Section 3 of 4 Finals

2	Miller, Madelyn	FR	Slippery Rock		15.89
4	Frazier, Darcie	JR	California (Pa.)		16.21
6	Lamoreaux, Alison	JR	Slippery Rock		16.31
8	Uncapher, Jenna	SR	Clarion		15.89

Section 4 of 4 Finals

2	Pugge, Nicola	SO	Shippensburg		15.71
4	Moon-Rumsey, Kyli	SO	Shippensburg		15.87
6	Zablackis, Sabela	SO	Millersville		15.75
8	Perry, Leah	SO	Clarion		15.55

Event 43 Heptathlon: #2 Women High Jump (16)**Thursday 5/11/2023 - 11:00 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Moon-Rumsey, Kyli	SO	Shippensburg		NH
2	Lamoreaux, Alison	JR	Slippery Rock		NH
3	Pugge, Nicola	SO	Shippensburg		NH
4	Galley, Jayna	JR	Edinboro		NH
5	Zablackis, Sabela	SO	Millersville		NH
6	Corrigan, Bailey	SO	Bloomsburg		NH
7	Perry, Leah	SO	Clarion		NH
8	MacBeth, Danielle	SR	Slippery Rock		NH
9	Newark, Madeline	FR	Edinboro		NH
10	Pemu, Elyssa	JR	East Stroudsburg		NH
11	Miller, Madelyn	FR	Slippery Rock		NH
12	Frazier, Darcie	JR	California (Pa.)		NH
13	Uncapher, Jenna	SR	Clarion		NH
14	Hines, Macy	FR	Shippensburg		NH
15	Leithner, Brooke	SR	Pitt.-Johnstown		NH
16	Speigle, Lorna	SR	Slippery Rock		NH

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 43 Heptathlon: #5 Women Long Jump (16)**Friday 5/12/2023 - 10:30 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Speigle, Lorna	SR	Slippery Rock	ND	
2	Galley, Jayna	JR	Edinboro	ND	
3	Lamoreaux, Alison	JR	Slippery Rock	ND	
4	MacBeth, Danielle	SR	Slippery Rock	ND	
5	Hines, Macy	FR	Shippensburg	ND	
6	Miller, Madelyn	FR	Slippery Rock	ND	
7	Zablackis, Sabela	SO	Millersville	ND	
8	Moon-Rumsey, Kyli	SO	Shippensburg	ND	
9	Newark, Madeline	FR	Edinboro	ND	
10	Frazier, Darcie	JR	California (Pa.)	ND	
11	Uncapher, Jenna	SR	Clarion	ND	
12	Pugge, Nicola	SO	Shippensburg	ND	
13	Pemu, Elyssa	JR	East Stroudsburg	ND	
14	Perry, Leah	SO	Clarion	ND	
15	Corrigan, Bailey	SO	Bloomsburg	ND	
16	Leithner, Brooke	SR	Pitt.-Johnstown	ND	

Event 43 Heptathlon: #3 Women Shot Put (16)**Thursday 5/11/2023 - 11:00 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Zablackis, Sabela	SO	Millersville	ND	
2	Uncapher, Jenna	SR	Clarion	ND	
3	Miller, Madelyn	FR	Slippery Rock	ND	
4	Newark, Madeline	FR	Edinboro	ND	
5	Speigle, Lorna	SR	Slippery Rock	ND	
6	Corrigan, Bailey	SO	Bloomsburg	ND	
7	Perry, Leah	SO	Clarion	ND	
8	Pemu, Elyssa	JR	East Stroudsburg	ND	
9	Galley, Jayna	JR	Edinboro	ND	
10	Moon-Rumsey, Kyli	SO	Shippensburg	ND	
11	Pugge, Nicola	SO	Shippensburg	ND	
12	MacBeth, Danielle	SR	Slippery Rock	ND	
13	Frazier, Darcie	JR	California (Pa.)	ND	
14	Lamoreaux, Alison	JR	Slippery Rock	ND	
15	Hines, Macy	FR	Shippensburg	ND	
16	Leithner, Brooke	SR	Pitt.-Johnstown	ND	

Event 43 Heptathlon: #6 Women Javelin Throw (16)**Friday 5/12/2023 - 11:45 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Frazier, Darcie	JR	California (Pa.)	ND	
2	Moon-Rumsey, Kyli	SO	Shippensburg	ND	
3	Pugge, Nicola	SO	Shippensburg	ND	
4	Hines, Macy	FR	Shippensburg	ND	
5	Newark, Madeline	FR	Edinboro	ND	
6	Galley, Jayna	JR	Edinboro	ND	
7	Zablackis, Sabela	SO	Millersville	ND	
8	Speigle, Lorna	SR	Slippery Rock	ND	
9	Leithner, Brooke	SR	Pitt.-Johnstown	ND	
10	Pemu, Elyssa	JR	East Stroudsburg	ND	
11	Perry, Leah	SO	Clarion	ND	
12	Lamoreaux, Alison	JR	Slippery Rock	ND	
13	MacBeth, Danielle	SR	Slippery Rock	ND	
14	Uncapher, Jenna	SR	Clarion	ND	
15	Corrigan, Bailey	SO	Bloomsburg	ND	
16	Miller, Madelyn	FR	Slippery Rock	ND	

Event 14 Men 100 Meter Dash (26)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/12/2023 - 2:35 PM**

Conference:	10.26	1996	Gerald Mack
Meet Record:	10.26	1996	Gerald Mack
Prov:	10.52		

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	Virata, AJ	SO	Slippery Rock	10.62	
2	Canada, Tyrese	JR	California (Pa.)	10.91	
3	Thompson, Kanye	FR	Slippery Rock	10.76	
4	Dorwil, EJ	SR	Shippensburg	10.79	
5	Quarterman, Herb	FR	Shippensburg	11.03	
6	Piper, Joseph	SR	Seton Hill	10.95	
7	Gockley, Justin	FR	East Stroudsburg	11.03	

Heat 2 of 4 Prelims

1	Fellin, Michael	FR	Kutztown	10.75	
2	Weaver, Teagan	FR	Shippensburg	10.84	
3	Robins, Kirkland	SR	Seton Hill	11.10	
4	Graves, Steven	FR	California (Pa.)	11.02	
5	Mayo, Amarre	SO	West Chester	10.97	
6	Lytle, Kristopher	SR	California (Pa.)	10.65	
7	Lindsey, Camerin	SO	Slippery Rock	10.90	

Heat 3 of 4 Prelims

2	Shoats, Justice	FR	Lock Haven	10.99	
3	Jeffrey, Andrew	SR	Pitt.-Johnstown	10.88	
4	Dworek, Bryan	SR	Slippery Rock	10.98	
5	Ifidon, Michael	SO	Pitt.-Johnstown	10.89	
6	Esteves, Raul	JR	East Stroudsburg	10.73	
7	Whittle, Maurice	SO	Shippensburg	10.74	

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Heat 4 of 4 Prelims...(Event 14 Men 100 Meter Dash (26))

2	Campbell, Andrew	JR	Seton Hill	10.86
3	Charlery, Miguel	FR	East Stroudsburg	10.69
4	Shannon-Hatchett, Noah	SR	Indiana (Pa.)	10.99
5	Ringgold, Sean	SR	Mansfield	10.97
6	Kirk, Eric	JR	Shippensburg	10.75
7	Lawrence, Michael	FR	Lock Haven	10.90

Event 20 Men 200 Meter Dash (18)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 4:20 PM**

Conference:	21.01	Dru Adighibe / Jae'Len Means
Meet Record:	21.03 2018	Jae'Len Means
Prov:	21.26	

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

3	Graves, Steven	FR	California (Pa.)	22.59
4	Piper, Joseph	SR	Seton Hill	22.05
5	Fellin, Michael	FR	Kutztown	22.36
6	Virata, AJ	SO	Slippery Rock	21.45
7	Miller, Ryan	JR	Lock Haven	22.10
8	Jeffrey, Andrew	SR	Pitt.-Johnstown	21.83

Heat 2 of 3 Prelims

3	Esteves, Raul	JR	East Stroudsburg	22.26
4	Canada, Tyrese	JR	California (Pa.)	22.63
5	Ringgold, Sean	SR	Mansfield	21.99
6	Thornton, Cristian	SO	Pitt.-Johnstown	21.85
7	Lawrence, Michael	FR	Lock Haven	22.32
8	Lytle, Kristopher	SR	California (Pa.)	21.41

Heat 3 of 3 Prelims

3	Quarterman, Herb	FR	Shippensburg	22.40
4	Mayo, Amarre	SO	West Chester	22.43
5	Weaver, Teagan	FR	Shippensburg	22.07
6	Charlery, Miguel	FR	East Stroudsburg	21.62
7	Robins, Kirkland	SR	Seton Hill	22.07
8	Kirk, Eric	JR	Shippensburg	21.75

Event 12 Men 400 Meter Dash (23)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/12/2023 - 2:05 PM**

Conference:	46.57 2010	Chris Edelman / Scott Eisenhart
Meet Record:	46.57 2010	Chris Edelman
Prov:	47.83	

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

3	Putt, Owen	FR	Indiana (Pa.)	48.81
4	Bowe, Zandrew	SR	East Stroudsburg	49.44
5	Chapman, Zahir	SR	West Chester	49.47
6	Morrison, Jaylen	FR	East Stroudsburg	50.25
7	Egizio, Justin	SO	Indiana (Pa.)	48.91
8	Burnshaw, David	FR	West Chester	50.23

Heat 2 of 4 Prelims

3	Johnson, Kadin	FR	Slippery Rock	49.03
4	Doughty, Jackson	SO	Mansfield	49.98
5	Quaker, Terrance	SR	Mansfield	50.06
6	Ditty, Ryan	SO	East Stroudsburg	49.26
7	Branan, Kendall	JR	Indiana (Pa.)	47.81

Heat 3 of 4 Prelims

3	Bigham, Travis	SO	Shippensburg	49.72
4	Boone, Tyler	SO	East Stroudsburg	48.79
5	Lauper, Blake	SO	Pitt.-Johnstown	50.28
6	Thornton, Cristian	SO	Pitt.-Johnstown	48.95
7	Jaisingh, James	SO	Shippensburg	49.43
8	Althoff, Colin	SO	West Chester	50.12

Heat 4 of 4 Prelims

3	Harper, Kylie	FR	Lock Haven	49.96
4	Townsend, Quinton	FR	Shippensburg	49.35
5	Thompson, Zandray	FR	East Stroudsburg	50.10
6	Miller, Ryan	JR	Lock Haven	48.22
7	Mowbray, Chad	SR	West Chester	49.02
8	Wasserman, Jack	JR	West Chester	50.32

Event 16 Men 800 Meter Run (18)**8 Advance: Top 2 Each Heat plus Next 2 Best Times****Friday 5/12/2023 - 3:05 PM**

Conference:	1:48.57 2008	Sean Strauman
Meet Record:	1:48.57 2008	Sean Strauman
Prov:	1:51.48	

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

2	Gavitt, Morgan	FR	Lock Haven	1:53.59
3	Hensinger, Chase	FR	Shippensburg	1:53.77
4	Suwala, Stephen	SO	Bloomsburg	1:57.63
5	Brett, Mitchell	FR	Shippensburg	1:55.94
6	Bernarding, Noah	SO	California (Pa.)	1:51.33
7	Furey, Gavin	FR	Lock Haven	1:56.25

Heat 2 of 3 Prelims

2	Stewart, Kirk	SO	Lock Haven	1:57.44
3	Corbitt, Ryan	SR	Slippery Rock	1:55.87
4	Gitonga, Emmanuel	FR	East Stroudsburg	1:56.97
5	Tanner, Christian	SR	Mansfield	1:53.59
6	Meriweather, Donavin	SR	Seton Hill	1:54.38
7	Wehrle, Matt	SR	Shippensburg	1:52.83

Heat 3 of 3 Prelims

2	Dooley, Shannon	SR	Slippery Rock	1:52.90
3	Jobe, Mason	JR	California (Pa.)	1:54.92
4	Jarratt, Parker	SO	Bloomsburg	1:53.15
5	Neal, Seth	SO	Mansfield	1:57.00
6	Lee, Noah	SO	Pitt.-Johnstown	1:57.35
7	Wehrle, Andrew	JR	Lock Haven	1:55.41

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 8 Men 1500 Meter Run (18)**Saturday 5/13/2023 - 12:45 PM**

Conference: 3:45.64 **Carl Leonard /Gary Bicking**
Meet Record: 3:48.30 1980 **Gary Bicking**
Prov: 3:49.46

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Sherlock, Ian	SO	Shippensburg	3:49.99
2	Bernarding, Noah	SO	California (Pa.)	3:50.80
3	Navaroli, Devon	JR	Slippery Rock	3:53.38
4	Ries, Ward	SR	Edinboro	3:54.02
5	McConville, Gabriel	SO	Seton Hill	3:54.31
6	Tanner, Christian	SR	Mansfield	3:55.05
7	Graham, Brayden	SO	Bloomsburg	3:56.80
8	Cintavey, Joey	JR	Shippensburg	3:57.11
9	Cimakasky, Luke	JR	Pitt.-Johnstown	3:58.99
10	Jobe, Mason	JR	California (Pa.)	3:59.39
11	Zimmerman, Ian	SO	California (Pa.)	3:59.87
12	Cardone, Marco	JR	Indiana (Pa.)	4:00.05
13	Smith, Philip	JR	West Chester	4:00.72
14	Wellock, Brennan	FR	Shippensburg	4:00.93
15	Corbitt, Ryan	SR	Slippery Rock	4:01.15
16	Habalar, Port	SO	Kutztown	4:01.50
17	Wehrle, Andrew	JR	Lock Haven	4:02.17
18	Furey, Gavin	FR	Lock Haven	4:03.13

Event 22 Men 5000 Meter Run (21)**Saturday 5/13/2023 - 2:55 PM**

Conference: 13:56.01 1987 **Mike Platt**
Meet Record: 14:19.80 2008 **Ryan Blood**
Prov: 14:25.34

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Volk-Klos, Connor	SR	Edinboro	14:32.64
2	Hunt, Hayden	SO	Shippensburg	14:45.85
3	Amos, Nick	SR	Edinboro	14:46.94
4	Quinan, Garrett	FR	Shippensburg	14:48.53
5	Desmond, Danny	SR	Edinboro	14:49.00
6	Brentham, Ethan	SR	Slippery Rock	14:54.45
7	Gibney, Dan	SO	Indiana (Pa.)	14:56.10
8	Hart, Troy	JR	Slippery Rock	14:57.69
9	McConville, Gabriel	SO	Seton Hill	14:58.40
10	Zimmerman, Ian	SO	California (Pa.)	14:58.81
11	Wolfe, Ryan	FR	Shippensburg	15:03.64
12	Walter, Tanner	JR	Lock Haven	15:09.40
13	Harding, Nate	JR	Shippensburg	15:11.15
14	Wagner, Kevin	JR	Shippensburg	15:12.18
15	Navaroli, Devon	JR	Slippery Rock	15:14.30
16	Thrush, Jonathan	FR	California (Pa.)	15:15.97
17	Gonder, Aiden	SO	Shippensburg	15:16.26
18	McGarrity, Brian	SO	East Stroudsburg	15:17.73
19	Macknair, Chayce	JR	Shippensburg	15:18.96
20	Beckwith, Joel	FR	Indiana (Pa.)	15:19.10
21	Gavio, Michael	SO	Bloomsburg	15:19.91

Event 1 Men 10000 Meter Run (21)**Thursday 5/11/2023 - 8:00 PM**

Conference: 28:40.88 2014 **Aaron Dinzeo**
Meet Record: 29:33.53 1983 **Brian Ferrari**
Prov: 30:28.78

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Thrush, Jonathan	FR	California (Pa.)	30:08.43
2	Alu, Eric	SR	Edinboro	30:57.56
3	Amos, Nick	SR	Edinboro	31:00.22
4	Desmond, Danny	SR	Edinboro	31:32.63
5	Hunt, Hayden	SO	Shippensburg	31:42.56
6	Duff, Ryan	SO	Bloomsburg	32:09.94
7	Harding, Nate	JR	Shippensburg	32:14.97
8	Boyle, Landon	FR	East Stroudsburg	32:38.42
9	Wagner, Kevin	JR	Shippensburg	32:43.80
10	Smith, Philip	JR	West Chester	32:50.57
11	Pajak, Lucas	SO	Indiana (Pa.)	32:55.55
12	Cubbage, Amir	SO	West Chester	32:58.80
13	Vogt, Jason	FR	West Chester	32:58.97
14	Brentham, Ethan	SR	Slippery Rock	33:05.58
15	Ribelin, Ethan	JR	Indiana (Pa.)	33:07.99
16	Rogers, Ethan	JR	Lock Haven	33:12.56
17	Thompson, Jay	SO	Kutztown	33:16.58
18	Hollar, Jack	SO	Kutztown	33:19.99
19	Moffat, Sam	SO	Indiana (Pa.)	33:21.33
20	Huber, Jacob	FR	Kutztown	33:21.68
21	Moyer, Andrew	JR	Indiana (Pa.)	33:23.82

Event 10 Men 110 Meter Hurdles (21)**8 Advance: Top 1 Each Heat plus Next 5 Best Times****Friday 5/12/2023 - 1:35 PM**

Conference: 13.75 2012 **Brice Myers**
Meet Record: 13.88 2021 **Samuel Hartman**
Prov: 14.49

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Love, Kyle	FR	Kutztown	15.16
2	Averett, Dekai	FR	Kutztown	14.97
3	Hartman, Ben	JR	Seton Hill	14.77
4	Lewis, Brenden	JR	Slippery Rock	15.25
5	Legister, Marcello	SO	Pitt.-Johnstown	16.13
6	Skinner, Hayden	FR	Edinboro	15.51
7	McMahon, Aidan	FR	California (Pa.)	15.87
Heat 2 of 3 Prelims				
1	Jenkins, Kobe	JR	East Stroudsburg	14.88
2	Rand, Joshua	FR	East Stroudsburg	15.22
3	Singleton, Addison	JR	Indiana (Pa.)	16.13
4	Crow, Matthew	FR	Slippery Rock	14.83
5	Conrad, Ethan	FR	Shippensburg	15.53
6	Reinard, Matt	FR	Lock Haven	15.62
7	Daniel, Jeovaguhni	SO	Shippensburg	15.23

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Heat 3 of 3 Prelims...(Event 10 Men 110 Meter Hurdles (21))

1	Malawi, Darien	FR	Slippery Rock	15.88
2	Kyle, Nasir	JR	East Stroudsburg	15.96
3	Carney, Caleb	JR	East Stroudsburg	15.38
4	Franklin, John	SR	California (Pa.)	15.11
5	Martin, Hunter	SR	Seton Hill	14.45
6	Kravetz, Austin	SO	Lock Haven	15.15
7	Beifus, Liam	SO	East Stroudsburg	15.43

Event 18 Men 400 Meter Hurdles (23)**8 Advance: Top 1 Each Heat plus Next 4 Best Times****Friday 5/12/2023 - 3:40 PM**

Conference: 50.44 1986 Bruce Tiller
Meet Record: 50.90 2019 Johnanthan Stiles
Prov: 53.32

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

3	Kravetz, Austin	SO	Lock Haven	57.19
4	Hartman, Samuel	SR	Edinboro	51.18
5	Adams, Cade	SO	Slippery Rock	55.55
6	Crow, Matthew	FR	Slippery Rock	55.63
7	Kissell, Ben	SO	Seton Hill	57.26

Heat 2 of 4 Prelims

3	Hill, Don	JR	Kutztown	57.84
4	Morosky, Tyler	FR	Slippery Rock	57.40
5	Washburn, James	FR	Kutztown	54.89
6	Tamayo, Jonathen	FR	Kutztown	56.22
7	Carney, Caleb	JR	East Stroudsburg	56.00
8	Reinard, Matt	FR	Lock Haven	54.62

Heat 3 of 4 Prelims

3	Korkutovic, Edis	FR	Shippensburg	57.34
4	Beifus, Liam	SO	East Stroudsburg	56.67
5	Malawi, Darien	FR	Slippery Rock	58.23
6	Daniel, Jeovaghni	SO	Shippensburg	55.85
7	Martin, Hunter	SR	Seton Hill	55.16
8	Boea-Gisler, Avery	SR	California (Pa.)	54.16

Heat 4 of 4 Prelims

3	McMahon, Aidan	FR	California (Pa.)	57.28
4	Rand, Joshua	FR	East Stroudsburg	55.77
5	Levander, Charlie	SO	Pitt.-Johnstown	56.69
6	Hrabosky, Robert	SO	Shippensburg	53.97
7	Skinner, Hayden	FR	Edinboro	55.31
8	Summers, Aydan	SO	Lock Haven	58.36

Event 4 Men 3000 Meter Steeplechase (18)**Friday 5/12/2023 - 5:20 PM**

Conference: 8:39.20 1983 Greg Beardsley
Meet Record: 8:53.65 2015 Peter Gelston
Prov: 9:12.36

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	Sherlock, Ian	SO	Shippensburg	9:01.96
2	Graham, Brayden	SO	Bloomsburg	9:30.33
3	Gibney, Dan	SO	Indiana (Pa.)	9:36.08
4	Schabener, Cody	FR	Kutztown	9:48.71
5	Weaver, Evan	SR	Indiana (Pa.)	9:49.03
6	McLaughlin, Cade	SO	Lock Haven	9:54.13
7	Walter, Tanner	JR	Lock Haven	9:54.82
8	Wooby, Evan	SO	East Stroudsburg	9:58.93
9	Lechleitner, Adam	SO	Indiana (Pa.)	10:01.62
10	Klinger, Evan	FR	Lock Haven	10:04.58
11	Harris, Cole	JR	Shippensburg	10:06.65
12	Ochs, Mason	SO	Lock Haven	10:11.90
13	Hinegardner, Luke	FR	Shippensburg	10:13.91
14	Simpson, Derek	FR	Mansfield	10:17.28
15	Boutiller, George	FR	California (Pa.)	10:17.81
16	Platania, Kayden	FR	Kutztown	10:20.51
17	Juszynski, John	FR	Slippery Rock	10:24.04
18	Johnson, Noah	SO	Slippery Rock	10:30.63

Event 6 Men 4x100 Meter Relay (9)**8 Advance: Top 1 Each Heat plus Next 6 Best Times****Friday 5/12/2023 - 1:05 PM**

Conference: 40.21 1977 Edinboro
Pettis, Davis, Hackley, Crunkleton
Meet Record: 40.56 2021 Shippensburg
S Brown, M Whittle, E Dorwil, E Kirk
Prov: 40.99

Lane	Team	Relay	Seed Time
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Heat 1 of 2 Prelims

3	Slippery Rock		40.98
	1) Johnson, Kadin FR	2) Virata, AJ SO	
	3) Crow, Matthew FR	4) Thompson, Kanye FR	
4	California (Pa.)		41.86
	1) Canada, Tyrese JR	2) Graves, Steven FR	
	3) Marks, Brendin FR	4) Lytle, Kristopher SR	
5	Indiana (Pa.)		42.27
	1) Jubin, Trenton SO	2) Egizio, Justin SO	
	3) Anderson, Lawrence JR	4) Shannon-Hatchett, Noah SR	
6	Pitt.-Johnstown		42.24
	1) Stanley-Reeves, Donovan SC	2) Jeffrey, Andrew SR	
	3) Thornton, Cristian SO	4) Ifidon, Michael SO	

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Heat 2 of 2 Prelims...(Event 6 Men 4x100 Meter Relay (9))

3	East Stroudsburg	41.87
	1) Esteves, Raul JR	2) Williams, Jared SR
	3) Thompson, Zandray FR	4) Charlery, Miguel FR
4	Lock Haven	42.05
	1) Pombor, Jimmy FR	2) Lawrence, Michael FR
	3) Kravetz, Austin SO	4) Shoats, Justice FR
5	Shippensburg	40.74
	1) Dorwil, EJ SR	2) Whittle, Maurice SO
	3) Weaver, Teagan FR	4) Kirk, Eric JR
6	West Chester	42.74
	1) Serrano, Alijah SO	2) Mayo, Amarre SO
	3) Duffault, Rene FR	4) Rivers, Will SO
7	Kutztown	43.46
	1) Hebron, Savaughn SR	2) Washburn, James FR
	3) Hill, Don JR	4) Fellin, Michael FR

Event 26 Men 4x400 Meter Relay (13)**Saturday 5/13/2023 - 3:45 PM****Conference: 3:10.43 2014 Shippensburg****Bologa, A.Kujawski, Shaw, Bales****Meet Record: 3:12.05 2014 Shippensburg****K Shaw, E Bologa, A Kujawski, R Bales****Prov: 3:14.07**

Lane	Team	Relay	Seed Time
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Section 1 of 2 Finals

2	Edinboro	3:44.90
	1) Skinner, Hayden FR	2) Hartman, Samuel SR
	3) Dimitridais, Stephen JR	4) Ries, Ward SR
3	Bloomsburg	3:26.44
	1) Basile, Andrew JR	2) Dowell, Brady SO
	3) Jarratt, Parker SO	4) Marcinkevich, Kyle FR
4	Kutztown	3:21.66
	1) Tamayo, Jonathen FR	2) Salazar, Matt SR
	3) Hebron, Savaughn SR	4) Washburn, James FR
5	Mansfield	3:21.94
	1) Bridwell, Connor SO	2) Quaker, Terrance SR
	3) Doughty, Jackson SO	4) Ringgold, Sean SR
6	Seton Hill	3:30.55
	1) Williams, Zakharee SR	2) Crump, Kaden FR
	3) Piper, Joseph SR	4) Martin, Hunter SR

Section 2 of 2 Finals

1	Pitt.-Johnstown	3:20.33
	1) Jeffrey, Andrew SR	2) Lauper, Blake SO
	3) Lee, Noah SO	4) Thornton, Cristian SO
2	Lock Haven	3:18.65
	1) Summers, Aydan SO	2) Harper, Kylie FR
	3) Miller, Ryan JR	4) Muthler, Matthew JR
3	West Chester	3:16.85
	1) Chapman, Zahir SR	2) Mowbray, Chad SR
	3) Burnshaw, David FR	4) Althoff, Colin SO
4	Indiana (Pa.)	3:14.72
	1) Putt, Owen FR	2) Jubin, Trenton SO
	3) Egizio, Justin SO	4) Branan, Kendall JR
5	East Stroudsburg	3:16.62
	1) Boone, Tyler SO	2) Bowe, Zandrew SR
	3) Carney, Caleb JR	4) Ditty, Ryan SO
6	Shippensburg	3:17.13
	1) Boyd, Mason SO	2) Kirk, Eric JR
	3) Bigham, Travis SO	4) Jaisingh, James SO
7	Slippery Rock	3:19.83
	1) Johnson, Kadin FR	2) Dooley, Shannon SR
	3) Virata, AJ SO	4) Dickson, Alex SR
8	California (Pa.)	3:21.48
	1) Lytle, Kristopher SR	2) Bernarding, Noah SO
	3) McMahon, Aidan FR	4) Boea-Gisler, Avery SR

Event 34 Men High Jump (18)**Saturday 5/13/2023 - 1:00 PM****Progression: 1.78 +5cm to 1.98, +3cm to 2.13****Conference: 7-02 1989 Billy Wade****Meet Record: 7-00.75 1996 Matt McVetta****Prov: 2.04m**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Cobb, Grady	FR	Slippery Rock	1.80m	
2	Mann, Jacob	SO	Pitt.-Johnstown	1.87m	
3	Muthler, Matthew	JR	Lock Haven	1.88m	
4	Ser, Noah	FR	Pitt.-Johnstown	1.88m	
5	Thomas, Jayden	SR	Indiana (Pa.)	1.88m	
6	Berdar, Michael	JR	California (Pa.)	1.88m	
7	Duffault, Rene	FR	West Chester	1.90m	
8	Kozares, Robert	SR	Slippery Rock	1.90m	
9	Hart, Donovan	SO	Shippensburg	1.90m	
10	Smith, Daniel	FR	East Stroudsburg	1.93m	
11	Colligan, Chris	SR	Pitt.-Johnstown	1.93m	
12	Floyd, Jordon	JR	Kutztown	1.93m	
13	Sanchez, Aaron	SO	East Stroudsburg	1.97m	
14	Nieman, Michael	JR	West Chester	1.97m	
15	White, Tracey	FR	Kutztown	1.98m	
16	Shoats, Justice	FR	Lock Haven	2.03m	
17	Rhyne, Kenny	JR	Shippensburg	2.03m	
18	Pfister, Logan	SO	California (Pa.)	2.04m	

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 32 Men Pole Vault (18)**Friday 5/12/2023 - 1:30 PM****Progression: 3.82 +15cm to 4.57, +10cm to 5.02****Conference: 17-00.75 2000 Schmitt /Daugherty/Horton****Meet Record: 5.19m 2018 Brandon Raguz****Prov: 4.82m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Lobos, Tyler	FR	Lock Haven		3.85m
2	Walsh, Doug	SO	Bloomsburg		3.85m
3	Finkbiner, Colin	FR	California (Pa.)		4.15m
4	Yahner, John	FR	Pitt.-Johnstown		4.15m
5	Attanucci, Luca	FR	Pitt.-Johnstown		4.20m
6	Jenkins, Samuel	SO	West Chester		4.20m
7	Kissell, Ben	SO	Seton Hill		4.20m
8	Boyd, Mason	SO	Shippensburg		4.25m
9	Puz, Andrew	SR	West Chester		4.25m
10	Taylor, Kevin	FR	Lock Haven		4.27m
11	Graff, Jakob	SR	Slippery Rock		4.30m
12	Schaeffer, Nathan	SO	Kutztown		4.30m
13	Plumb, Robert	JR	East Stroudsburg		4.35m
14	Mraz, Jason	JR	Kutztown		4.50m
15	Munro, Daniel	FR	California (Pa.)		4.65m
16	Cooper, Micah	SO	East Stroudsburg		4.70m
17	Lissner, Robert	SO	Shippensburg		4.75m
18	Hyatt, Dan	SR	Slippery Rock		4.82m

Event 28 Men Long Jump (20)**Friday 5/12/2023 - 12:00 PM****Conference: 26-01.50 2010 Nafee Harris****Meet Record: 25-00.75 2004 Justin Collins****Prov: 7.27m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Rivers, Will	SO	West Chester		6.85m
2	Sample, Gabe	FR	Kutztown		6.89m
3	Martin, Hunter	SR	Seton Hill		6.90m
4	Ressler, Darrian	FR	Shippensburg		6.71m
5	Cramer, Jacob	SO	Shippensburg		6.78m
6	Johnson, Hunter	SO	Pitt.-Johnstown		6.94m
7	Reed, Mason	SO	Slippery Rock		6.81m
8	Marks, Brendin	FR	California (Pa.)		6.94m
9	Duda, Zack	SR	Slippery Rock		6.96m
10	Page, Nick	SO	West Chester		6.78m

Flight 2 of 2 Finals

1	Weaver, Teagan	FR	Shippensburg		7.08m
2	Thomas, Gavin	JR	Slippery Rock		7.09m
3	Cloud, Jalen	SR	California (Pa.)		7.23m
4	Floyd, Jordon	JR	Kutztown		7.04m
5	Anderson, Donavan	FR	East Stroudsburg		7.56m
6	Dworek, Bryan	SR	Slippery Rock		7.27m
7	DeFusco, Anthony	JR	Kutztown		7.38m
8	Shoats, Justice	FR	Lock Haven		7.45m
9	Gorham, Jack	SO	East Stroudsburg		7.15m
10	Whittle, Maurice	SO	Shippensburg		7.38m

Event 30 Men Triple Jump (22)**Saturday 5/13/2023 - 11:00 AM****Conference: 52-03.50 1957 Bill Sharpe****Meet Record: 51-06.50 2012 Steve Waithe****Prov: 14.69m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Hagen, Spencer	FR	Slippery Rock		13.15m
2	Cramer, Jacob	SO	Shippensburg		13.05m
3	Folmer, Ethan	FR	Slippery Rock		13.18m
4	Engle, Clayton	SR	Pitt.-Johnstown		13.64m
5	Jacobs, Dayshawn	FR	West Chester		13.14m
6	Gaymon, Jabrie	FR	Shippensburg		13.61m
7	Ressler, Darrian	FR	Shippensburg		13.56m
8	Kutz, Jameson	SO	Seton Hill		13.26m
9	Smith, Daniel	FR	East Stroudsburg		13.03m
10	Lawrence, Michael	FR	Lock Haven		13.03m

Flight 2 of 2 Finals

1	Marks, Brendin	FR	California (Pa.)		13.71m
2	DeFusco, Anthony	JR	Kutztown		14.41m
3	Whittle, Maurice	SO	Shippensburg		14.19m
4	Anderson, Donavan	FR	East Stroudsburg		14.37m
5	Duda, Zack	SR	Slippery Rock		13.90m
6	Lynch, Taye	SR	Slippery Rock		14.32m
7	Gorham, Jack	SO	East Stroudsburg		13.72m
8	James, Ian	FR	Slippery Rock		13.90m
9	Cloud, Jalen	SR	California (Pa.)		13.96m
10	Giansante, John	SO	Seton Hill		13.80m
11	Rivers, Will	SO	West Chester		14.54m
12	Floyd, Jordon	JR	Kutztown		13.81m

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 36 Men Shot Put (18)**Saturday 5/13/2023 - 11:00 AM****Conference: 64-02.25 2023****Ralph Casper****Meet Record: 58-10.75 2022****John Eakin****Prov: 16.57m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Gose, Zach	FR	Slippery Rock	13.57m
2	Washington, Bryce	FR	California (Pa.)	14.53m
3	Fetchkan, Nathan	SO	Lock Haven	13.44m
4	Mattei, Will	JR	East Stroudsburg	14.20m
5	Rothstein, Sam	SR	California (Pa.)	14.16m
6	Helmstetter, Anthony	SO	Kutztown	14.13m
7	Rohland, Joshua	SO	Slippery Rock	14.63m
8	Almoney, Isaac	JR	East Stroudsburg	14.83m

Flight 2 of 2 Finals

1	Wozniak, Seaton	FR	Slippery Rock	15.61m
2	Kyle, Alex	FR	Shippensburg	15.27m
3	Allen, Angelo	FR	Seton Hill	15.31m
4	Gose, Joshua	JR	Slippery Rock	17.22m
5	Herbster, Joshua	SR	Shippensburg	15.41m
6	Voto, Anthony	FR	East Stroudsburg	15.14m
7	Maloney, Patrick	JR	Shippensburg	17.25m
8	Gorham, Cole	SO	East Stroudsburg	15.97m
9	Casper, Ralph	SR	West Chester	19.56m
10	Eakin, John	SR	Slippery Rock	17.63m

Event 42 Men Discus Throw (18)**Friday 5/12/2023 - 12:00 PM****Conference: 186-04 2019****Luke Hoffman****Meet Record: 56.80m 2019****Luke Hoffman****Prov: 50.41m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Leonard, Seth	SR	East Stroudsburg	41.34m
2	Solonoski, Jacob	SO	Kutztown	41.47m
3	Gose, Zach	FR	Slippery Rock	43.78m
4	Almoney, Isaac	JR	East Stroudsburg	43.56m
5	Kyle, Alex	FR	Shippensburg	43.81m
6	Yonko, Max	JR	Seton Hill	42.33m
7	Meshach, Joshua	FR	East Stroudsburg	43.99m
8	Sarver, Dwight	FR	Seton Hill	41.77m

Flight 2 of 2 Finals

1	Wozniak, Seaton	FR	Slippery Rock	46.94m
2	Gose, Joshua	JR	Slippery Rock	45.55m
3	Casper, Ralph	SR	West Chester	50.98m
4	Gorham, Cole	SO	East Stroudsburg	51.53m
5	Batche, Bryce	SO	Pitt.-Johnstown	44.41m
6	Allen, Angelo	FR	Seton Hill	45.80m
7	Maloney, Patrick	JR	Shippensburg	54.83m
8	Herbster, Joshua	SR	Shippensburg	46.71m
9	Blackwell, Daryn	SR	East Stroudsburg	44.35m
10	Voto, Anthony	FR	East Stroudsburg	47.40m

Event 40 Men Hammer Throw (18)**Thursday 5/11/2023 - 1:00 PM****Conference: 206-11 2016****Travis Toth****Meet Record: 205-03 2012****Mark Manno****Prov: 56.77m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Voto, Anthony	FR	East Stroudsburg	47.49m
2	Lopez, Jaden	JR	Seton Hill	44.03m
3	Staunton, Jason	JR	Kutztown	44.72m
4	Rothstein, Sam	SR	California (Pa.)	49.13m
5	Kyle, Alex	FR	Shippensburg	44.91m
6	Eakin, John	SR	Slippery Rock	48.10m
7	Gose, Zach	FR	Slippery Rock	46.37m
8	Fetchkan, Nathan	SO	Lock Haven	47.67m
9	Rohland, Joshua	SO	Slippery Rock	48.52m

Flight 2 of 2 Finals

1	Casper, Ralph	SR	West Chester	56.28m
2	Maloney, Patrick	JR	Shippensburg	58.24m
3	Almoney, Isaac	JR	East Stroudsburg	56.84m
4	Govern, Nathan	SO	Lock Haven	50.77m
5	Blackwell, Daryn	SR	East Stroudsburg	56.13m
6	Herbster, Joshua	SR	Shippensburg	61.44m
7	VanDeMark, Joshua	SR	Slippery Rock	57.42m
8	McCray, Brandon	SR	Slippery Rock	51.70m
9	Solonoski, Jacob	SO	Kutztown	50.63m

Event 38 Men Javelin Throw (18)**Saturday 5/13/2023 - 1:00 PM****Conference: 237-02 2000****Mark Bridge****Meet Record: 230-10.50 1989****Jim Geist****Prov: 58.46m**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	Futrick, Anthony	JR	West Chester	51.33m
2	Weist, Cole	SR	Pitt.-Johnstown	53.73m
3	Rodgers, Will	JR	Edinboro	50.18m
4	Gwinn, Keegan	FR	Lock Haven	51.35m
5	Baldini, Jackson	SO	Bloomsburg	47.37m
6	Lindsay, Hunter	SR	Pitt.-Johnstown	53.51m
7	Yost, Bobby	FR	Edinboro	50.41m
8	Leonard, Seth	SR	East Stroudsburg	53.01m

Flight 2 of 2 Finals

1	Kingerski, Josh	SO	Slippery Rock	54.74m
2	Helmstetter, Anthony	SO	Kutztown	55.42m
3	Anderson, Dalton	SR	Slippery Rock	63.53m
4	Moyer, Ethan	JR	California (Pa.)	58.13m
5	Givone, Kevin	FR	Kutztown	56.84m
6	Long, Austin	FR	Shippensburg	56.84m
7	Nissley, Zach	SO	East Stroudsburg	58.21m
8	Scherle, Cody	FR	Seton Hill	57.31m
9	Whitaker, Matthew	JR	Bloomsburg	58.59m
10	Crowl, Nate	SO	Shippensburg	54.07m

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 44 Decathlon: #1 Men 100 Meter Dash (16)**Thursday 5/11/2023 - 11:30 AM**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Thomas, Gavin	JR	Slippery Rock	11.73
2	Muthler, Matthew	JR	Lock Haven	11.82
3	Daley, Daniel	SR	East Stroudsburg	12.14
4	Finkbiner, Colin	FR	California (Pa.)	11.78
5	Munro, Daniel	FR	California (Pa.)	11.71
6	Kane, Andrew	FR	Bloomsburg	11.68
7	Keenan, Jack	FR	Slippery Rock	11.81
8	Amodei, James	SO	Slippery Rock	12.21

Section 2 of 2 Finals

1	Folmer, Ethan	FR	Slippery Rock	11.59
2	Murphy, Ryan	FR	Shippensburg	11.50
3	Adams, Kyle	SR	Slippery Rock	11.43
4	Walsh, Doug	SO	Bloomsburg	11.31
5	Weaver, Owen	FR	Kutztown	11.29
6	Lissner, Robert	SO	Shippensburg	11.29
7	Boyd, Mason	SO	Shippensburg	11.02
8	Rodrigues, Bryan	FR	East Stroudsburg	11.58

Event 44 Decathlon: #5 Men 400 Meter Dash (16)**Thursday 5/11/2023 - 11:30 AM**

Lane	Name	Yr	School	Seed Time
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Section 1 of 2 Finals

1	Keenan, Jack	FR	Slippery Rock	53.98
2	Kane, Andrew	FR	Bloomsburg	55.85
3	Folmer, Ethan	FR	Slippery Rock	55.24
4	Daley, Daniel	SR	East Stroudsburg	57.49
5	Munro, Daniel	FR	California (Pa.)	53.45
6	Finkbiner, Colin	FR	California (Pa.)	55.19
7	Murphy, Ryan	FR	Shippensburg	53.57
8	Amodei, James	SO	Slippery Rock	56.67

Section 2 of 2 Finals

1	Adams, Kyle	SR	Slippery Rock	51.98
2	Walsh, Doug	SO	Bloomsburg	52.28
3	Rodrigues, Bryan	FR	East Stroudsburg	53.33
4	Thomas, Gavin	JR	Slippery Rock	53.36
5	Boyd, Mason	SO	Shippensburg	49.49
6	Weaver, Owen	FR	Kutztown	52.18
7	Muthler, Matthew	JR	Lock Haven	51.48
8	Lissner, Robert	SO	Shippensburg	50.57

Event 44 Decathlon: #6 Men 110 Meter Hurdles (16)**Friday 5/12/2023 - 10:00 AM**

Lane	Name	Yr	School	Seed Time
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Section 1 of 4 Finals

2	Amodei, James	SO	Slippery Rock	19.67
4	Finkbiner, Colin	FR	California (Pa.)	18.19
6	Thomas, Gavin	JR	Slippery Rock	17.73
8	Kane, Andrew	FR	Bloomsburg	18.03

Section 2 of 4 Finals

2	Walsh, Doug	SO	Bloomsburg	17.28
4	Folmer, Ethan	FR	Slippery Rock	17.64
6	Lissner, Robert	SO	Shippensburg	16.66
8	Murphy, Ryan	FR	Shippensburg	16.38

Section 3 of 4 Finals

2	Adams, Kyle	SR	Slippery Rock	16.08
4	Weaver, Owen	FR	Kutztown	16.17
6	Boyd, Mason	SO	Shippensburg	16.13
8	Muthler, Matthew	JR	Lock Haven	16.29

Section 4 of 4 Finals

2	Rodrigues, Bryan	FR	East Stroudsburg	15.79
4	Keenan, Jack	FR	Slippery Rock	15.73
6	Daley, Daniel	SR	East Stroudsburg	15.79
8	Munro, Daniel	FR	California (Pa.)	15.91

Event 44 Decathlon: #4 Men High Jump (16)**Thursday 5/11/2023 - 11:30 AM**

Pos	Name	Yr	School	Seed Mark
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Flight 1 of 1 Finals

1	Muthler, Matthew	JR	Lock Haven	NH
2	Finkbiner, Colin	FR	California (Pa.)	NH
3	Boyd, Mason	SO	Shippensburg	NH
4	Lissner, Robert	SO	Shippensburg	NH
5	Munro, Daniel	FR	California (Pa.)	NH
6	Kane, Andrew	FR	Bloomsburg	NH
7	Amodei, James	SO	Slippery Rock	NH
8	Adams, Kyle	SR	Slippery Rock	NH
9	Weaver, Owen	FR	Kutztown	NH
10	Daley, Daniel	SR	East Stroudsburg	NH
11	Thomas, Gavin	JR	Slippery Rock	NH
12	Rodrigues, Bryan	FR	East Stroudsburg	NH
13	Walsh, Doug	SO	Bloomsburg	NH
14	Keenan, Jack	FR	Slippery Rock	NH
15	Folmer, Ethan	FR	Slippery Rock	NH
16	Murphy, Ryan	FR	Shippensburg	NH

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 44 Decathlon: #8 Men Pole Vault (16)**Friday 5/12/2023 - 12:30 PM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Adams, Kyle	SR	Slippery Rock	NH	
2	Keenan, Jack	FR	Slippery Rock	NH	
3	Boyd, Mason	SO	Shippensburg	NH	
4	Murphy, Ryan	FR	Shippensburg	NH	
5	Walsh, Doug	SO	Bloomsburg	NH	
6	Weaver, Owen	FR	Kutztown	NH	
7	Lissner, Robert	SO	Shippensburg	NH	
8	Rodrigues, Bryan	FR	East Stroudsburg	NH	
9	Finkbiner, Colin	FR	California (Pa.)	NH	
10	Daley, Daniel	SR	East Stroudsburg	NH	
11	Munro, Daniel	FR	California (Pa.)	NH	
12	Amodei, James	SO	Slippery Rock	NH	
13	Muthler, Matthew	JR	Lock Haven	NH	
14	Thomas, Gavin	JR	Slippery Rock	NH	
15	Kane, Andrew	FR	Bloomsburg	NH	
16	Folmer, Ethan	FR	Slippery Rock	NH	

Event 44 Decathlon: #2 Men Long Jump (16)**Thursday 5/11/2023 - 11:30 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Rodrigues, Bryan	FR	East Stroudsburg	ND	
2	Weaver, Owen	FR	Kutztown	ND	
3	Walsh, Doug	SO	Bloomsburg	ND	
4	Muthler, Matthew	JR	Lock Haven	ND	
5	Adams, Kyle	SR	Slippery Rock	ND	
6	Amodei, James	SO	Slippery Rock	ND	
7	Finkbiner, Colin	FR	California (Pa.)	ND	
8	Thomas, Gavin	JR	Slippery Rock	ND	
9	Kane, Andrew	FR	Bloomsburg	ND	
10	Murphy, Ryan	FR	Shippensburg	ND	
11	Daley, Daniel	SR	East Stroudsburg	ND	
12	Munro, Daniel	FR	California (Pa.)	ND	
13	Folmer, Ethan	FR	Slippery Rock	ND	
14	Lissner, Robert	SO	Shippensburg	ND	
15	Boyd, Mason	SO	Shippensburg	ND	
16	Keenan, Jack	FR	Slippery Rock	ND	

Event 44 Decathlon: #3 Men Shot Put (16)**Thursday 5/11/2023 - 11:30 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Muthler, Matthew	JR	Lock Haven	ND	
2	Kane, Andrew	FR	Bloomsburg	ND	
3	Keenan, Jack	FR	Slippery Rock	ND	
4	Walsh, Doug	SO	Bloomsburg	ND	
5	Murphy, Ryan	FR	Shippensburg	ND	
6	Weaver, Owen	FR	Kutztown	ND	
7	Munro, Daniel	FR	California (Pa.)	ND	
8	Amodei, James	SO	Slippery Rock	ND	
9	Lissner, Robert	SO	Shippensburg	ND	
10	Boyd, Mason	SO	Shippensburg	ND	
11	Thomas, Gavin	JR	Slippery Rock	ND	
12	Daley, Daniel	SR	East Stroudsburg	ND	
13	Rodrigues, Bryan	FR	East Stroudsburg	ND	
14	Folmer, Ethan	FR	Slippery Rock	ND	
15	Adams, Kyle	SR	Slippery Rock	ND	
16	Finkbiner, Colin	FR	California (Pa.)	ND	

Event 44 Decathlon: #7 Men Discus Throw (16)**Friday 5/12/2023 - 10:50 AM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Boyd, Mason	SO	Shippensburg	ND	
2	Rodrigues, Bryan	FR	East Stroudsburg	ND	
3	Folmer, Ethan	FR	Slippery Rock	ND	
4	Walsh, Doug	SO	Bloomsburg	ND	
5	Keenan, Jack	FR	Slippery Rock	ND	
6	Lissner, Robert	SO	Shippensburg	ND	
7	Thomas, Gavin	JR	Slippery Rock	ND	
8	Murphy, Ryan	FR	Shippensburg	ND	
9	Muthler, Matthew	JR	Lock Haven	ND	
10	Kane, Andrew	FR	Bloomsburg	ND	
11	Adams, Kyle	SR	Slippery Rock	ND	
12	Weaver, Owen	FR	Kutztown	ND	
13	Munro, Daniel	FR	California (Pa.)	ND	
14	Daley, Daniel	SR	East Stroudsburg	ND	
15	Finkbiner, Colin	FR	California (Pa.)	ND	
16	Amodei, James	SO	Slippery Rock	ND	

PSAC Outdoor Track & Field Championships
Hosted by Slippery Rock - 5/11/2023 to 5/13/2023
Meet Program

Event 44 Decathlon: #9 Men Javelin Throw (16)**Friday 5/12/2023 - 3:00 PM**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Boyd, Mason	SO	Shippensburg		ND
2	Finkbiner, Colin	FR	California (Pa.)		ND
3	Amodei, James	SO	Slippery Rock		ND
4	Folmer, Ethan	FR	Slippery Rock		ND
5	Daley, Daniel	SR	East Stroudsburg		ND
6	Kane, Andrew	FR	Bloomsburg		ND
7	Adams, Kyle	SR	Slippery Rock		ND
8	Keenan, Jack	FR	Slippery Rock		ND
9	Lissner, Robert	SO	Shippensburg		ND
10	Rodrigues, Bryan	FR	East Stroudsburg		ND
11	Murphy, Ryan	FR	Shippensburg		ND
12	Walsh, Doug	SO	Bloomsburg		ND
13	Muthler, Matthew	JR	Lock Haven		ND
14	Weaver, Owen	FR	Kutztown		ND
15	Munro, Daniel	FR	California (Pa.)		ND
16	Thomas, Gavin	JR	Slippery Rock		ND