

St. Lawrence University Intercollegiate Athletics Twilight Meeting - 4/29/2023

Results

Women 100 Meter Dash

M-P Facility: 11.56 F 4/19/2002 Ashley Purnell
SLU Team: 12.41 s 5/4/2016 Ketura Mason
Meet: 12.51 M 4/28/2018 Elisabeth Plympton
LL Qual: 13.60 L
AARTFC: 12.65 A

Name	Yr	School	Prelims
Preliminaries			
1		Victoria McIntyre	Ottawa Lions M 12.49Q-1.0
2		Hailey von Ahn	SO Potsdam St. L 13.51Q-0.9
3		Kennedy Banton-Lindsay	Ottawa Lions 13.48q -1.0
4		Cora Knight	FR St. Lawrence L 13.51q -0.9
5		Deanna Zoch	JR Plattsburgh 13.78q -1.0
6		Caelan McHarney	FR St. Lawrence 14.13q -0.9
7		Mackenzie Marcus	SO St. Lawrence 14.28q -0.9
8		Roxanne Barnes	SO Oswego 14.31q -1.0
9		Margaret McNally	FR St. Lawrence 14.81q -1.0
10		Sandra Kwasniak	SO Oswego 14.98 -0.9
11		Jackie Janicki	FR Oswego 15.18 -1.0
12		Katelyn Baez	FR Oswego 15.40 -1.0
13		Grace Kuhnel	FR Oswego 16.15 -0.9

Women 100 Meter Dash

M-P Facility: 11.56 F 4/19/2002 Ashley Purnell
SLU Team: 12.41 s 5/4/2016 Ketura Mason
Meet: 12.51 M 4/28/2018 Elisabeth Plympton
LL Qual: 13.60 L
AARTFC: 12.65 A

Name	Yr	School	Finals
Finals			
1		Victoria McIntyre	Ottawa Lions 12.28M0.7
2		Kennedy Banton-Lindsay	Ottawa Lions 13.36 -0.7
3		Hailey von Ahn	SO Potsdam St. 13.45L 9
4		Cora Knight	FR St. Lawrence 13.57L 7
5		Deanna Zoch	JR Plattsburgh 13.58L 6
6		Caelan McHarney	FR St. Lawrence 14.11 5
7		Roxanne Barnes	SO Oswego 14.25 4
8		Mackenzie Marcus	SO St. Lawrence x14.34 -0.7
9		Margaret McNally	FR St. Lawrence x14.68 -0.7

Women 200 Meter Dash

M-P Facility: 23.73 F 4/19/2002 Ashley Purnell
SLU Team: 25.05 s 5/6/2016 Marisa Turner
Meet: 25.63 M 4/28/2018 Elisabeth Plympton
LL Qual: 27.00 L
AARTFC: 26.00 A

Name	Yr	School	Finals
Finals			
1		Victoria McIntyre	Ottawa Lions 25.27M0.7
2		Hailey von Ahn	SO Potsdam St. 27.82 9
3		Kennedy Banton-Lindsay	Ottawa Lions 27.83 -0.7
4		Morgan Thompson	SO Plattsburgh 27.95 7
5		Emma Robbins	SO Potsdam St. 28.21 6
6		Hayley Castagnier	JR St. Lawrence 28.42 5
7		Kristina Koes	JR St. Lawrence 28.47 4

8	Caelan McHarney	FR St. Lawrence	x28.90	1.8
9	Cora Knight	FR St. Lawrence	x29.57	1.8
10	Courtney Cenac	Ottawa Lions	29.62	-0.7
11	Lydia Wamsganz	FR St. Lawrence	x30.03	1.8
12	Margaret McNally	FR St. Lawrence	x30.37	1.8
13	Roxanne Barnes	SO Oswego	30.63	3
14	Kiran Black	FR St. Lawrence	x30.71	1.8
15	Sandra Kwasniak	SO Oswego	31.23	2
16	Amelia Berthold	FR St. Lawrence	x31.62	1.8
17	Jackie Janicki	FR Oswego	x32.49	-1.0
18	Katelyn Baez	FR Oswego	x33.05	-1.0
19	Grace Kuhnel	FR Oswego	x35.19	-1.0

Women 400 Meter Dash

M-P Facility: 53.89 F 5/23/2015 Heather Ingraham
SLU Team: 55.54 s 5/26/2016 Marisa Turner
Meet: 59.08 M 5/1/2021 Janyll Barber
LL Qual: 1:04.00 L
AARTFC: 1:00.00 A

Name	Yr	School	Finals
Finals			
1		Faith Coyle	SO Oswego 1:03.27L 9
2		Morgan Thompson	SO Plattsburgh 1:04.43 7
3		Alexa Smith	JR St. Lawrence 1:04.68 6
4		Courtney Cenac	Ottawa Lions 1:07.10
5		Lydia Wamsganz	FR St. Lawrence 1:10.14 5
6		Amy Francesconi	SO St. Lawrence x1:14.12

Women 800 Meter Run

M-P Facility: 2:07.39 F 5/24/2003 Liz Woodworth
SLU Team: 2:13.96 s 5/6/2016 Elina Breton
Meet: 2:21.49 M 5/1/2021 Aislyn McDonough
LL Qual: 2:28.00 L
AARTFC: 2:21.00 A

Name	Yr	School	Finals
Finals			
1		Aislyn McDonough	SR Plattsburgh 2:23.89L 9
2		Emily Yousey	SO Potsdam St. 2:26.03L 7
3		Marissa LeDuc	FR Plattsburgh 2:46.71 6
4		Jordyn Carlo	FR St. Lawrence 2:52.55 5

Women 1500 Meter Run

M-P Facility: 4:20.86 F 5/24/2003 Missy Buttry
SLU Team: 4:28.62 s 5/14/2015 Megan Kellogg
Meet: 4:49.35 M 4/28/2018 Mary Terhune
LL Qual: 5:00.00 L
AARTFC: 4:54.00 A

Name	Yr	School	Finals
Finals			
1		Haylei Coolican	JR St. Lawrence 4:48.83M 9
2		Faith Coyle	SO Oswego 4:58.25L 7
3		Olivia Watson	JR St. Lawrence 5:07.84 6
4		Bridget Hastings	SO St. Lawrence x5:10.19
5		Eliza O'Donnell	JR St. Lawrence x5:22.72
6		Adeline Moore	SO St. Lawrence x5:24.03
7		Jaylee Southwell	FR Plattsburgh 5:44.54 5
8		Natalia Castro	JR Plattsburgh 5:46.86 4

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Results

Finals ... (Women 1500 Meter Run)

Name	Yr	School	Finals
9 Emily Ware	SR	Potsdam St.	5:51.50 3
10 Natalie Hartmann	SO	Potsdam St.	6:05.86 2
11 Kailyn Ginter	FR	Plattsburgh	x6:14.39
12 Jodie May	FR	Plattsburgh	x6:26.66
13 Aislinn Hertle	FR	Potsdam St.	x6:50.40

Women 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Ellie Decker	SO	Oswego	10:49.10 9
2 Katherine Sheehy	JR	St. Lawrence	10:50.34 7
3 Adriana Cecchetelli	FR	St. Lawrence	11:11.10 6
4 Cristina Gaskiewicz	FR	Oswego	11:20.81 5
5 Gretchen Dowd	SO	Oswego	x12:32.04
6 Julia Weaver	FR	Oswego	x12:55.98

Women 5000 Meter Run

M-P Facility: 15:51.23 F 5/24/2003 Missy Buttry
 SLU Team: 16:38.29 s 4/28/2016 Megan Kellogg
 Meet: 18:45.11 M 4/28/2018 Kaitlyn Stinson
 LL Qual: 19:00.00 L
 AARTFC: 18:45.00 A

Name	Yr	School	Finals
Finals			
1 Sarah Smith	SO	Plattsburgh	19:41.49 9
2 Marissa Colvin	FR	Plattsburgh	19:50.48 7
3 Grace Boyle	FR	Plattsburgh	x22:55.02

Women 100 Meter Hurdles

M-P Facility: 13.66 F 5/22/2015 Adrianna Wright
 SLU Team: 14.54 s 5/14/2015 Divya Biswal
 Meet: 15.88 M 4/28/2018 Nafthalia Lucien
 LL Qual: 18.00 L
 AARTFC: 15.65 A

Name	Yr	School	Finals
Finals			
1 Janyll Barber	SR	Plattsburgh	15.23A 9
2 Kaylee Bertini	FR	St. Lawrence	17.12L 7
3 Mikayla Khadijah	FR	Plattsburgh	17.71L 6
4 Hayley Castagnier	JR	St. Lawrence	17.71L 5
5 Kiran Black	FR	St. Lawrence	x17.80L0.5
6 Amelia Berthold	FR	St. Lawrence	x18.20 0.5
7 Katherine Berge	JR	Plattsburgh	x20.10 0.5

Women 400 Meter Hurdles

M-P Facility: 59.22 F 5/24/2003 Tierra Hicks
 SLU Team: 1:00.68 s 5/23/1998 Karen LaMora
 Meet: 1:09.70 M 4/28/2018 Brittany Charlonne
 LL Qual: 1:15.00 L
 AARTFC: 1:07.50 A

Name	Yr	School	Finals
Finals			
1 Janyll Barber	SR	Plattsburgh	1:02.72A 9

Women 3000 Meter Steeplechase

M-P Facility: 10:25.32 F 5/23/2015 Lucy Cheadle
 SLU Team: 10:24.30 s 5/10/2014 Amy Cymerman
 Meet: 11:44.47 M 4/28/2018 Jacqueline Corbett
 LL Qual: 13:00.00 L
 AARTFC: 12:10.00 A

Name	Yr	School	Finals
Finals			
1 Virginia Lucchetti	FR	Plattsburgh	12:58.99L 9
2 Nora Graves	SO	St. Lawrence	13:34.55 7

Women 4x100 Meter Relay

M-P Facility: 45.90 F 5/23/2015 UW Eau Claire
 K Woracheck, J Feineck, L Laufenberg, C Fehler
 SLU Team: 48.93 s 5/3/2003 St. Lawrence
 A. Nortz K. De Puy A. Bibb K. Simpson
 Meet: 51.29 M 5/1/2021 Plattsburgh

J Barber, M Schaffer, K Boerke, J Piper

Team	Relay	Finals
Finals		
1 Potsdam St.	A	51.56 9
1) Emma Robbins SO	2) Hailey von Ahn SO	
3) Emily Yousey SO	4) Madison Wagner FR	
2 St. Lawrence	A	51.79 7
1) Hayley Castagnier JR	2) Cora Knight FR	
3) Mackenzie Marcus SO	4) Olivia Middleton JR	
3 Oswego	A	59.26 6
1) Katelyn Baez FR	2) Roxanne Barnes SO	
3) Jackie Janicki FR	4) Sandra Kwasniak SO	

Women 4x400 Meter Relay

M-P Facility: 3:43.32 F 5/24/2003 Wheaton (MA)
 T Donoghue, V Smith, J Bromell, A James
 SLU Team: 3:51.31 s 5/11/2013 57.5, 58.6, 58.3, 56.7
 J. Marini, H. Kinsey, M. Turner, C. Stine
 Meet: 4:17.81 M 4/28/2018 St. Lawrence

M Terhune, C Hayward, L Gardner, C Bartlett

Team	Relay	Finals
Finals		
1 St. Lawrence	A	4:20.39 9
1) Alexa Smith JR	2) Kristina Koes JR	
3) Caelan McHarney FR	4) Kaylee Bertini FR	
2 Potsdam St.	A	4:26.59 7
1) Madison Wagner FR	2) Emily Ware SR	
3) Emma Robbins SO	4) Emily Yousey SO	

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Results

Women High Jump Follows MHJ

M-P Facility: 1.75m F 5/23/2015 Jenna Breaker
 SLU Team: 1.71m s 4/11/2015 Marisa Turner
 Meet: 1.48m M 4/28/2018 MaryElizabeth Royce
 LL Qual: 1.43m L
 AARTFC: 1.55m A

Name	Yr	School	Finals
Finals			
1	Rebecca Christie	FR Plattsburgh	1.53mM 9
2	Kaylee Bertini	FR St. Lawrence	1.48mM 7
3	Elizabeth Daly	FR Plattsburgh	1.38m 6
4	Amelia Berthold	FR St. Lawrence	1.38m 5
5	Lydia Wamsganz	FR St. Lawrence	x1.33m
6	Kiran Black	FR St. Lawrence	x1.33m

Women Pole Vault Follows MPV

M-P Facility: 4.15m F 5/21/2015 Cimran Viridi
 SLU Team: 3.42m s 3/30/2019 Hannah Fake
 Meet: 3.65m M 4/28/2018 Caroline Poirier
 LL Qual: 2.60m L
 AARTFC: 3.20m A

Name	Yr	School	Finals
Finals			
1	Emily Stritzl	FR Plattsburgh	2.30m 9
---	Halla Chappell	FR St. Lawrence	NH

Women Long Jump

M-P Facility: 6.09m F 5/22/2003 Darcell Edwards
 SLU Team: 5.95m s 5/21/2015 Divya Biswal
 Meet: 4.69m M 4/28/2018 Kiana Plouffe
 LL Qual: 4.70m L
 AARTFC: 5.25m A

Name	Yr	School	Finals
Finals			
1	Kristina Koes	JR St. Lawrence	5.09mL 9
2	Madison Wagner	FR Potsdam St.	4.81mL 7
3	Laken Mooney	JR St. Lawrence	4.67m 6
4	Mackenzie Marcus	SO St. Lawrence	x4.67m +0.0
5	Kiran Black	FR St. Lawrence	x4.30m 0.3
6	Amelia Berthold	FR St. Lawrence	x4.04m 0.7

Women Triple Jump Follows MLJ

M-P Facility: 12.87m F 5/21/2015 Bria Halama
 SLU Team: 12.49m s 5/21/2015 Divya Biswal
 Meet: 10.54m M 4/28/2018 Janyll Barber
 LL Qual: 9.76m L
 AARTFC: 10.80m A

Name	Yr	School	Finals
Finals			
1	Heather Grandy	Ottawa Lions	10.78mM.9
2	Laken Mooney	JR St. Lawrence	9.36m 9
3	Caroline Hines	FR St. Lawrence	9.02m 7
---	Mackenzie Marcus	SO St. Lawrence	FOUL

Women Shot Put Follows WDT

M-P Facility: 15.18m F 5/24/2003 Healy Thompson
 SLU Team: 14.50m s 5/28/2010 Alyssa Pirinelli
 Meet: 12.10m M 5/1/2021 Kathleen Merchant
 LL Qual: 9.50m L
 AARTFC: 11.50m A

Name	Yr	School	Finals
Finals			
1	Kaitlyn Bjelko	SR Plattsburgh	11.53mA 9
2	Emily Boswell	SO St. Lawrence	9.77mL 7
3	Abigail Conpropst	SR Oswego	8.91m 6
4	Caelan McHarney	FR St. Lawrence	8.75m 5
5	Shea Masse	FR Oswego	7.55m 4
6	Rylee Semco	FR Potsdam St.	7.51m 3
7	Alexis Hartmann	SO Potsdam St.	7.18m 2
8	Katherine Berge	JR Plattsburgh	6.02m 1

Women Discus Throw Infield Cage

M-P Facility: 53.00m F 5/21/2015 Brandy Smith
 SLU Team: 39.56m s 4/24/2021 Kathleen Merchant
 Meet: 39.81m M 5/1/2021 Kathleen Merchant
 LL Qual: 27.00m L
 AARTFC: 36.00m A

Name	Yr	School	Finals
Finals			
1	Jasmine Piper	JR Plattsburgh	35.72mL 9
2	Emily Boswell	SO St. Lawrence	29.56mL 7
3	Abigail Conpropst	SR Oswego	28.23mL 6
4	Kaitlyn Bjelko	SR Plattsburgh	28.17mL 5
5	Shea Masse	FR Oswego	25.69m 4
6	Rosemary Fleischmann	FR St. Lawrence	23.01m 3
7	Emma Gabriel	FR Oswego	x20.63m
8	Alexis Hartmann	SO Potsdam St.	20.61m 2

Women Hammer Throw Foll. MHT Lo

M-P Facility: 58.71m F 5/22/2015 Melanie Brickner
 SLU Team: 54.88m s 5/13/2010 Alyssa Pirinelli
 Meet: 45.36m M 4/28/2018 Leah Connors
 LL Qual: 30.00m L
 AARTFC: 43.50m A

Name	Yr	School	Finals
Finals			
1	Kaitlyn Bjelko	SR Plattsburgh	38.16mL 9
2	Jasmine Piper	JR Plattsburgh	35.55mL 7
3	Rosemary Fleischmann	FR St. Lawrence	32.54mL 6
4	Abigail Conpropst	SR Oswego	30.21mL 5
5	Rylee Semco	FR Potsdam St.	28.11m 4
6	Alexis Hartmann	SO Potsdam St.	26.72m 3
7	Emma Gabriel	FR Oswego	22.38m 2

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Results

Women Javelin Throw Follows WDT

M-P Facility: 55.34m F 5/23/2003 **Christina Scherwin**

SLU Team: 46.24m s 4/3/2021 **Kathleen Merchant**

Meet: 35.49m M 5/1/2021 **Kathleen Merchant**

LL Qual: 24.60m L

AARTFC: 33.50m A

Name	Yr	School	Finals
Finals			
1	Emily Stritzl	FR Plattsburgh	24.41m 9
2	Elizabeth Kocienda	JR Plattsburgh	22.74m 7
3	Mikayla Osmer	JR Plattsburgh	x22.72m
4	Rylee Semco	FR Potsdam St.	18.96m 6
5	Emily Boswell	SO St. Lawrence	18.13m 5
6	Kiran Black	FR St. Lawrence	17.85m 4
7	Amelia Berthold	FR St. Lawrence	x17.48m
8	Marissa LeDuc	FR Plattsburgh	x16.02m
9	Katherine Berge	JR Plattsburgh	x13.14m

Men 100 Meter Dash

M-P Facility: 10.51 F 5/1/2015 **Winston Lee**

SLU Team: 10.2h s 1987 **Tim McCrossen**

Meet: 10.89 M 4/28/2018 **Jodd Nelson**

LL Qual: 11.60 L

AARTFC: 11.10 A

Name	Yr	School	Prelims
Preliminaries			
1	Brexton Montville	JR Plattsburgh	L 11.12Q-1.3
2	Bertwin Ben-Smith	Ottawa Lions	11.21Q-1.9
3	Charles Cypress	FR Plattsburgh	L 11.24Q-2.3
4	Zach Bryant	Ottawa Lions	11.28q-2.3
5	Michael Pinnock	Ottawa Lions	11.40q-2.3
6	Aidan Harrington	JR Oswego	L 11.42q-1.3
7	Jordan Williams	FR Plattsburgh	L 11.49q-1.9
8	William Hauf	SO St. Lawrence	L 11.56q-1.3
9	Dan Mars	FR Oswego	11.62q-2.3
10	Dom Vizzari	Ottawa Lions	11.74 -1.9
11	Michael-Daniel Vodzogbe	FR Oswego	11.76 -2.3
12	Collin Chidester	0 Clarkson	11.94 -1.9
13	Alex Reyes	FR Oswego	12.22 -1.9
14	Nathaniel McNeil	Ottawa Lions	12.56 -2.3
15	Robert Davis	0 Clarkson	12.87 -2.3
16	Greyson Amankwah	FR Plattsburgh	13.63 -1.3

Men 100 Meter Dash

M-P Facility: 10.51 F 5/1/2015 **Winston Lee**

SLU Team: 10.2h s 1987 **Tim McCrossen**

Meet: 10.89 M 4/28/2018 **Jodd Nelson**

LL Qual: 11.60 L

AARTFC: 11.10 A

Name	Yr	School	Finals
Finals			
1	Brexton Montville	JR Plattsburgh	11.01A 9
2	Charles Cypress	FR Plattsburgh	11.14L 7
3	Jordan Williams	FR Plattsburgh	x11.19L0.3
4	Zach Bryant	Ottawa Lions	11.21 0.3

5	William Hauf	SO St. Lawrence	11.44L 6
6	Dan Mars	FR Oswego	11.47L 5

Men 200 Meter Dash

M-P Facility: 21.07 F 5/24/2003 **Andrew Rock**

SLU Team: 21.23 s 1987 **Tim McCrossen**

Meet: 22.81 M 4/28/2018 **Ian Clough**

LL Qual: 23.30 L

AARTFC: 22.40 A

Name	Yr	School	Finals
Finals			
1	Bertwin Ben-Smith	Ottawa Lions	22.31M+0.0
2	Brexton Montville	JR Plattsburgh	22.53M 9
3	Charles Cypress	FR Plattsburgh	22.72M 7
4	Michael Pinnock	Ottawa Lions	22.90 +0.0
5	Aidan Harrington	JR Oswego	23.18L 6
6	Mathew Broadnax	JR Oswego	23.28L 5
7	Dan Mars	FR Oswego	x23.62 +0.0
8	Shifan Shaffe	SO St. Lawrence	23.71 4
9	Zach Bryant	Ottawa Lions	23.86 +0.0
10	Michael-Daniel Vodzogbe	FR Oswego	x24.05 +0.0
11	Alex Reyes	FR Oswego	x24.27 +0.0
12	Cameron Dillard	SO St. Lawrence	24.33 3
13	Charles Gartner	SO St. Lawrence	x24.95 +0.0
14	Calvin Hitzsche	FR Potsdam St.	25.10 2
15	Sean Ramirez	SO Plattsburgh	x25.45 +0.0
16	Matthew Frost	SO Unattached	26.28 +0.0
17	Zach DeLorme	FR Potsdam St.	26.48 1
18	Christopher Dorney	SR Oswego	x26.63 +0.0
19	Conor Miller-Lynch	Clarkson	27.76 +0.0

Men 400 Meter Dash

M-P Facility: 45.29 F 5/24/2003 **Andrew Rock**

SLU Team: 46.68 s 1987 **Tim McCrossen**

Meet: 51.03 M 5/1/2021 **Cody Monnat**

LL Qual: 52.00 L

AARTFC: 50.00 A

Name	Yr	School	Finals
Finals			
1	Shifan Shaffe	SO St. Lawrence	51.23L 9
2	Mathew Broadnax	JR Oswego	51.36L 7
3	Fabrice Nonez	Ottawa Lions	51.39
4	Leif Harvey	SO St. Lawrence	52.53 6
5	Kristofer Mellor	FR St. Lawrence	x53.48
6	Nicholas Gelsomino	FR Plattsburgh	55.16 5
7	Samuel Hunt	FR St. Lawrence	x55.24
8	Zach DeLorme	FR Potsdam St.	58.45 4
9	Conor Miller-Lynch	Clarkson	59.88 3
10	Luc Thimot	SO Potsdam St.	1:02.15 2

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Results

Men 800 Meter Run

M-P Facility: 1:49.51 F 4/24/2003 Nick Symmonds
SLU Team: 1:51.1h s 1986 Tom Thorp
Meet: 1:58.49 M 5/1/2021 Jackson Hamilton
LL Qual: 2:01.00 L
AARTFC: 1:57.00 A

Name	Yr	School	Finals
Finals			
1	Timothy Boyce	SO St. Lawrence	1:53.41A 9
2	Sam Renaud	SO Potsdam St.	1:56.09A 7
3	Jackson Hamilton	SO St. Lawrence	1:56.41A 6
4	Nicholas Lyndaker	FR St. Lawrence	x1:56.57A
5	Logan Van Buren	SO Plattsburgh	1:58.37M 5
6	Justin Kumrow	SO Plattsburgh	2:00.32L 4
7	Henry Baker	SO St. Lawrence	x2:03.74
8	Connor Wiekierak	SO St. Lawrence	x2:03.77
9	Matthew Pietzak	SO Oswego	2:09.63 3
10	Eli Siracusa	FR Potsdam St.	2:11.38 2
11	Sean Grady	JR Plattsburgh	x2:13.00
12	Denali Rodriguez-Garnica	SO Plattsburgh	x2:17.10
---	Christopher O'Donnell	SO St. Lawrence	DNF

Men 1500 Meter Run

M-P Facility: 3:46.66 F 5/24/2003 Nick Symmonds
SLU Team: 3:46.65 s 1984 Dave Elster
Meet: 4:00.98 M 4/28/2018 Chris Davitt
LL Qual: 4:07.00 L
AARTFC: 4:02.00 A

Name	Yr	School	Finals
Finals			
1	Noah Bonesteel	SO Plattsburgh	3:59.12M 9
2	Michael Skutt	SO St. Lawrence	4:02.12L 7
3	Matthew Abell	SO St. Lawrence	4:08.46 6
4	Griffin Roeder	SO St. Lawrence	x4:09.76
5	George Gowdy	SO St. Lawrence	x4:10.69
6	Spencer May	FR St. Lawrence	x4:11.93
7	Michael Brockway	JR Plattsburgh	4:14.10 5
8	Matthew Coleman	SO St. Lawrence	x4:21.06
9	Jack Occhipinti	FR St. Lawrence	x4:23.90
10	Dominick Angradi	SR Oswego	4:36.07 4
11	Denali Rodriguez-Garnica	SO Plattsburgh	x4:37.20
12	Evan Howe	SO Potsdam St.	4:43.96 3
13	Kain Robinson	SO Potsdam St.	4:57.80 2
14	Thomas Gilbo	FR Plattsburgh	x4:59.31
15	Lukas McIntosh	FR Plattsburgh	x4:59.64

Men 5000 Meter Run

M-P Facility: 14:10.29 F 5/23/2015 Josh Thorson
SLU Team: 14:23.21 s 4/16/2016 Thomas Caulfield
Meet: 15:06.63 M 4/28/2018 Logan Mancuso
LL Qual: 15:40.00 L
AARTFC: 15:25.00 A

Name	Yr	School	Finals
Finals			
1	Colin Young	SO St. Lawrence	15:34.64L 9
2	Matthew Taylor	SO St. Lawrence	15:39.74L 7

3	Nathan Couse	SR Oswego	15:58.16 6
4	Matthew Serrano	FR St. Lawrence	x15:58.70
5	Tye Royal	SO St. Lawrence	x16:00.53
6	Owen Patry	FR St. Lawrence	x16:02.84
7	Patrick Russell	FR St. Lawrence	x16:07.88
8	Peter Basile	SO Plattsburgh	16:27.35 5
9	Charles Beams	SO St. Lawrence	x16:40.94
10	Richard O'Keefe	SO St. Lawrence	x16:54.19
11	Miguel Tineo Reyes	SO Oswego	17:04.11 4
12	Benjamin Roach	SO St. Lawrence	x17:23.23
13	Henry Rose	SO Oswego	x17:38.39
14	Andrew Wade	0 Clarkson	17:45.49 3
15	Brad Laquidari	SR Oswego	x18:39.14
16	Dominick Angradi	SR Oswego	x18:46.02
17	Brogan LaRose	JR Unattached	18:47.08
18	Tom Mahunik	FR Oswego	x19:19.68
19	Joseph Gleason	FR Oswego	x19:55.56
20	Aidan Hafer	FR Oswego	x19:55.66

Men 110 Meter Hurdles

M-P Facility: 14.17 F 5/22/2015 Terrence Gibson
SLU Team: 14.44 s 5/16/2013 Jacob Fredericks
Meet: 15.54 M 4/28/2018 Jordan Kane
LL Qual: 18.00 L
AARTFC: 15.80 A

Name	Yr	School	Finals
Finals			
1	Erik Geier	SO St. Lawrence	15.55 9
2	Keith Omane-Agyei	FR St. Lawrence	16.67 7
3	Calvin Hitzsche	FR Potsdam St.	16.71 6
4	Thomas Gilbo	FR Plattsburgh	17.34 5
5	Sean Ramirez	SO Plattsburgh	19.09 4

Men 400 Meter Hurdles

M-P Facility: 50.57 F 5/23/2015 Luke Campbell
SLU Team: 52.42 s 5/28/2016 Nicholas Crawford
Meet: 1:02.56 M 4/28/2018 Steven Scaramuzzino
LL Qual: 1:02.00 L
AARTFC: 57.00 A

Name	Yr	School	Finals
Finals			
1	Aidan Harrington	JR Oswego	57.83L 9
2	Christopher Dorney	SR Oswego	58.08L 7
3	Ryan Orcutt	SO Potsdam St.	1:00.91L 6
4	Nathaniel McNeil	Ottawa Lions	1:01.34M
5	Keith Omane-Agyei	FR St. Lawrence	1:03.29 5
6	Samuel Hunt	FR St. Lawrence	1:03.57 4
7	Carlos Sanchez	FR St. Lawrence	x1:07.06
8	Collin Chidester	0 Clarkson	1:10.59 3

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Men 3000 Meter Steeplechase

M-P Facility: 8:46.58 F 5/23/2015 Dawson Miller
 SLU Team: 9:19.6h s 1985 Jukka Tammissuo
 Meet: 10:09.20 M 4/28/2018 Riley Rising
 LL Qual: 10:45.00 L
 AARTFC: 9:55.00 A

Name	Yr	School	Finals
Finals			
1 Erik Kucera	FR	Plattsburgh	10:01.35M 9
2 Logan Ploss	SO	Potsdam St.	11:37.95 7

Men 4x100 Meter Relay

M-P Facility: 40.28 F 5/23/2015 UW La Crosse
 R Denman, A Koenen, Z Rothering, J Koenecke
 SLU Team: 41.94 s 5/12/2012 St. Lawrence
 A. Wilson, J. Roberts, S. Lillie, J. Samaroo, O. K
 Meet: 44.13 M 5/1/2021 Plattsburgh
 J Davidson, B Montville, A Masten, C Aviles
 AARTFC: 43.50 A

Team	Relay	Finals
Finals		
1 Oswego	A	43.42A 9
1) Alex Reyes FR	2) Aidan Harrington JR	
3) Dan Mars FR	4) Michael-Daniel Vodzogbe FI	
2 St. Lawrence	A	44.62 7
1) Charles Gartner SO	2) Samuel Hunt FR	
3) Cameron Dillard SO	4) Shifan Shaffe SO	
3 Potsdam St.	A	45.10 6
1) Tim Petty SO	2) Ryan Orcutt SO	
3) Sam Renaud SO	4) Junior Oduro SO	

Men 4x400 Meter Relay

M-P Facility: 3:10.68 F 5/23/2015 Mount Union
 T Mettelle, T Sparks, T Neff, C Swisher
 SLU Team: 3:15.54 s 1988 St. Lawrence
 T. Plimpton A. Silver T. McCrossen J. Disotelle
 Meet: 3:22.00 M 4/28/2018 St. Lawrence
 H Stivers, T Hamre, E Wickland Shearer, G White
 AARTFC: 3:24.00 A

Team	Relay	Finals
Finals		
1 Plattsburgh St.	A	3:42.08 9
1) Noah Bonesteel SO	2) Nicholas Gelsomino FR	
3) Justin Kumrow SO	4) Logan Van Buren SO	
2 St. Lawrence	A	3:54.09 7
1) Henry Baker SO	2) Carlos Sanchez FR	
3) Jack Occhipinti FR	4) Griffin Roeder SO	
3 Potsdam St.	A	3:58.99 6
1) Eli Siracusa FR	2) Evan Howe SO	
3) Zach DeLorme FR	4) Kain Robinson SO	

Men High Jump

M-P Facility: 2.16m F 5/22/2003 Dan Olson
 SLU Team: 2.06m s 1978 Myles Odaniel
 Meet: 1.82m M 4/28/2018 Cole Burbage
 LL Qual: 1.70m L
 AARTFC: 1.90m A

Name	Yr	School	Finals
Finals			
1 Samuel Hunt	FR	St. Lawrence	1.65m 8
1 Cameron Giuliano	JR	Plattsburgh	1.65m 8
3 Michael Anderson	JR	Potsdam St.	1.65m 6

Men Pole Vault

M-P Facility: 5.35m F 5/23/2003 Hans Schmidt
 SLU Team: 4.90m s 1989 Alexander Grelland
 Meet: 4.05m M 4/28/2018 Christopher Fisk
 LL Qual: 3.65m L
 AARTFC: 4.40m A

Name	Yr	School	Finals
Finals			
1 Thomas Gilbo	FR	Plattsburgh	2.45m 9
2 Connor St. Peter	FR	St. Lawrence	2.30m 7
--- Luke Favata	SR	Potsdam St.	NH
--- Michael Anderson	JR	Potsdam St.	NH

Men Long Jump Follows WLJ

M-P Facility: 7.38m F 5/23/2003 Dion Ballentine
 SLU Team: 7.42m s 5/1/1998 Chris Burgess
 Meet: 6.11m M 4/28/2018 Sean Murphy
 LL Qual: 6.00m L
 AARTFC: 6.70m A

Name	Yr	School	Finals
Finals			
1 Aidan Masten	JR	Plattsburgh	6.20mM 9
2 Jesse Lutz	SO	St. Lawrence	5.98m 7
3 Charles Gartner	SO	St. Lawrence	5.81m 6
4 Edem Bruce	SR	Potsdam St.	5.52m 5
5 Matthew Frost	SO	Unattached	5.41m 2.4
6 Carlos Sanchez	FR	St. Lawrence	x5.25m 0.9
7 Thomas McDonough	SO	Plattsburgh	5.05m 4
8 Zaire Rogers	SR	Potsdam St.	5.05m 3

Men Triple Jump Follows WTJ

M-P Facility: 15.51m F 5/23/2015 Chris Perry
 SLU Team: 14.41m s 5/12/2012 Jamal Samaroo
 Meet: 13.26m M 4/28/2018 Justin Brister
 LL Qual: 12.00m L
 AARTFC: 13.50m A

Name	Yr	School	Finals
Finals			
1 Jackson Colquhoun	SR	Unattached	13.49mM#0.0
2 Jesse Lutz	SO	St. Lawrence	11.35m 9

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Men Shot Put Follows WSP

M-P Facility: 18.73m F 5/23/2015 Roger Steen
SLU Team: 16.38m s 4/12/2008 Geoff Grambo
Meet: 14.20m M 4/28/2018 Tyler Mosher
LL Qual: 11.60m L
AARTFC: 13.75m A

Name	Yr	School	Finals
Finals			
1	Zachary Jaworski	SO St. Lawrence	13.94mA 9
2	Aidan Tous	JR Plattsburgh	13.06mL 7
3	Michael Saavedra	SR Oswego	12.67mL 6
4	Tito Bowens	SO St. Lawrence	12.53mL 5
5	Jady Sylvain	SR Potsdam St.	12.16mL 4
6	Chris McAfee	Unattached	12.01m
7	Owen Pearson	Unattached	10.79m
8	Alexander Kline	SO Oswego	10.76m 3
9	Adam Cuyler	FR Oswego	x10.68m
10	Zaire Rogers	SR Potsdam St.	10.26m 2
11	Cooper Ladouceur	FR Potsdam St.	x9.25m
12	Thomas Konnick	FR Plattsburgh	9.18m 1
13	Connor Brown	FR Oswego	x8.75m
14	Jacob Mitts	FR Oswego	x8.69m
15	Michael Carlson	FR Oswego	x8.41m
16	Zane Stevens	FR Potsdam St.	x8.02m

Men Discus Throw Lower Field

M-P Facility: 56.90m F 5/21/2015 Grant Harvard
SLU Team: 47.36m s 1987 Chris Dunlay
Meet: 43.94m M 4/28/2018 Jude Manford
LL Qual: 33.00m L
AARTFC: 41.00m A

Name	Yr	School	Finals
Finals			
1	Luc Viens	Clarkson	37.48mL 9
2	Aidan Tous	JR Plattsburgh	36.65mL 7
3	Michael Saavedra	SR Oswego	36.24mL 6
4	Zaire Rogers	SR Potsdam St.	35.84mL 5
5	Joseph O'Rourke	SO St. Lawrence	35.10mL 4
6	Tito Bowens	SO St. Lawrence	33.94mL 3
7	Connor St. Peter	FR St. Lawrence	x33.41mL
8	Thomas Fields	Clarkson	29.63m 2
9	Spencer Trudo	SO Plattsburgh	29.40m 1
10	Ethan Rowe	SO St. Lawrence	x29.23m
11	Thomas Konnick	FR Plattsburgh	x27.04m
12	Jack Simack	SO St. Lawrence	x26.53m
13	Michael Carlson	FR Oswego	26.47m
14	Alexander Kline	SO Oswego	x26.41m
15	Jacob Mitts	FR Oswego	x25.79m
16	Connor Brown	FR Oswego	x23.28m
17	Erik Geier	SO St. Lawrence	x21.90m
18	Zane Stevens	FR Potsdam St.	19.02m
---	Chris McAfee	Unattached	FOUL

Men Hammer Throw Foll. MDT Lo

M-P Facility: 64.49m F 5/21/2015 Pat Weinert
SLU Team: 62.54m s 1988 Rich Wright
Meet: 45.92m M 4/28/2018 Dylan Babcock
LL Qual: 35.00m L
AARTFC: 47.50m A

Name	Yr	School	Finals
Finals			
1	Kevin Harrison	Unattached	44.21m
2	Joseph O'Rourke	SO St. Lawrence	42.47mL 9
3	Zane Moussa	SO Potsdam St.	40.25mL 7
4	Zachary Jaworski	SO St. Lawrence	39.83mL 6
5	Spencer Trudo	SO Plattsburgh	37.98mL 5
6	Tito Bowens	SO St. Lawrence	x36.79mL
7	Aidan Tous	JR Plattsburgh	34.68m 4
8	Erik Schneider	FR St. Lawrence	x30.85m
9	Thomas Fields	Clarkson	29.90m 3
10	Jacob Mitts	FR Oswego	28.06m 2
11	Alexander Kline	SO Oswego	25.80m 1
12	Peter DiNinno	SO St. Lawrence	x21.29m

Men Javelin Throw Follows WJT

M-P Facility: 67.50m F 5/23/2015 Travon Godette
SLU Team: 62.00m s 1996 Kirk Winters
Meet: 52.22m M 4/28/2018 William Merchant
LL Qual: 40.00m L
AARTFC: 50.50m A

Name	Yr	School	Finals
Finals			
1	Connor Lambert	Unattached	52.15m
2	Jack Simack	SO St. Lawrence	47.80mL 9
3	Erik Schneider	FR St. Lawrence	46.64mL 7
4	Ethan Rowe	SO St. Lawrence	x42.34mL
5	Robert Davis	0 Clarkson	39.36m 6
6	Luc Viens	Clarkson	34.00m 5
7	Thomas Gilbo	FR Plattsburgh	32.90m 4
8	Connor St. Peter	FR St. Lawrence	x30.28m
9	Tim Petty	SO Potsdam St.	26.53m 3
10	Zaire Rogers	SR Potsdam St.	26.24m 2
11	Joseph Gleason	FR Oswego	25.90m 1
12	Luke Favata	SR Potsdam St.	x24.87m
13	Connor Brown	FR Oswego	23.13m
14	Michael Carlson	FR Oswego	x23.10m
15	Thomas Fields	Clarkson	x20.72m
16	Collin Chidester	0 Clarkson	x18.59m
17	Cooper Ladouceur	FR Potsdam St.	x10.33m

Women - Team Rankings - 20 Events Scored

1) St. Lawrence	180
2) Plattsburgh St.	173
3) Potsdam St.	79
4) Oswego	72

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Men - Team Rankings - 19 Events Scored

1) St. Lawrence	200
2) Plattsburgh St.	151
3) Potsdam St.	91
4) Oswego	84
5) Clarkson University	34