

Hamilton College Continental Invitational**Bundy Field House - 1/19/2024****Results****Women 60 Meter Dash**

Facility: 7.84 F 2012 **Lauren Delude**
AARTFC: 8.05 A

Name	Yr	School	Prelims
Preliminaries			
1	Rosalie Vincent	FR Le Moyne	8.10Q
2	Mackenzie Mix	JR Utica	8.15Q
3	Claudia Simione	JR Utica	8.36q
4	Natalie Lavello	JR Le Moyne	8.39q
5	Pepita Graham	FR Hartwick	8.43q
6	Ayjah Clarke	SR Utica	8.57q
7	Elizabeth Glomski	JR Utica	8.62q
8	Amelia Petersen	FR Utica	8.71q
9	Nyasia Marsh	FR Utica	8.77q
10	Destiny Carter	FR Hartwick	8.86
11	Miah Lathrop	FR SUNY Cobleskill	9.51
12	Ashley Wright	FR SUNY Cobleskill	10.23
13	Carson Collins	FR SUNY Cobleskill	10.43
14	Gabriella Beaumier	FR SUNY Cobleskill	17.26

Women 60 Meter Dash

Facility: 7.84 F 2012 **Lauren Delude**
AARTFC: 8.05 A

Name	Yr	School	Finals
Finals			
1	Rosalie Vincent	FR Le Moyne	8.06
2	Mackenzie Mix	JR Utica	8.12
3	Pepita Graham	FR Hartwick	8.30
4	Claudia Simione	JR Utica	8.32
5	Natalie Lavello	JR Le Moyne	8.44
6	Elizabeth Glomski	JR Utica	8.62
7	Amelia Petersen	FR Utica	8.67
8	Nyasia Marsh	FR Utica	8.82
---	Ayjah Clarke	SR Utica	FS

Women 200 Meter Dash

Facility: 25.55 F 2012 **Lauren DeLude**
AARTFC: 26.30 A

Name	Yr	School	Finals
Finals			
1	Rosalie Vincent	FR Le Moyne	26.75
2	Julia Aiello	FR SUNY Cobleskill	27.40
3	Alexa Thomas	FR Hamilton	27.76
4	Claudia Simione	JR Utica	28.05
5	Renata Mendez-Alvarez	FR Hamilton	28.56
6	Lilah Ward	JR SUNY Cobleskill	28.77
7	Amelia Petersen	FR Utica	29.28
8	Natalie Lavello	JR Le Moyne	29.35
9	Madeline Buck	FR Hamilton	29.56
10	Destiny Carter	FR Hartwick	30.67
11	Clara Winkel	FR Hamilton	30.89
12	Olivia Jensen	FR Utica	31.06
13	Gabriella Beaumier	FR SUNY Cobleskill	31.26
14	Atticus Dinsmore	SO Hartwick	31.93

15	Chloe Davis	FR SUNY Cobleskill	32.68
16	Miah Lathrop	FR SUNY Cobleskill	33.00
17	Jordana Fiorese	JR SUNY Cobleskill	34.56
18	Carson Collins	FR SUNY Cobleskill	34.83
19	Ashley Wright	FR SUNY Cobleskill	35.26

Women 400 Meter Dash

Facility: 59.52 F 2012 **Africa Harper**
AARTFC: 1:00.50 A

Name	Yr	School	Finals
Finals			
1	Kate Scibelli	SO Hamilton	1:01.32
2	Claire Tratnyek	SO Hamilton	1:02.30
3	Julia Aiello	FR SUNY Cobleskill	1:02.40
4	Janaiya Cruz-Bermudez	SR Utica	1:03.95
5	Elaine Fraser	SO Hamilton	1:08.60
6	Chloe Davis	FR SUNY Cobleskill	1:13.03
7	Kayla Burt	FR Hartwick	1:33.29

Women 800 Meter Run

Facility: 2:13.89 F 1985 **Marie Barnard**
AARTFC: 2:23.00 A

Name	Yr	School	Finals
Finals			
1	Sasha Iizuka-Sheeley	FR Hamilton	2:27.13
2	Arianna McClendon	FR Utica	2:29.04
3	Jade Dening	JR Utica	2:29.26
4	Katie Sands	SR Hamilton	2:30.89
5	Anita Jephchirchir	JR Le Moyne	2:32.28
6	Alexandra Jacob	JR Le Moyne	2:36.29
7	Noella Burlette	JR Utica	2:44.60
8	Angelina Rodriguez	FR Le Moyne	2:50.98
9	Kamryn Williams	FR Utica	2:56.64
10	Olivia Snell	SR Le Moyne	3:04.46
11	Emma Zacharewicz	JR Utica	3:04.67
---	Delaney Manahan	JR Le Moyne	DNF

Women 1 Mile Run

Facility: 5:06.55 F 2012 **Jennifer Randal**
AARTFC: 5:20.00 A

Name	Yr	School	Finals
Finals			
1	Betsy Overstrum	SR Hamilton	5:26.30
2	Lilianna Peters	FR SUNY Cobleskill	5:39.63
3	Mackenzie Ples	FR Le Moyne	5:39.68
4	Claire Pfanstiel	FR Hamilton	5:42.94
5	Stephanie James	FR Le Moyne	5:49.59
6	Clara Fu	SO Hamilton	5:58.68
7	Brynita Haas	SO Hartwick	6:00.74
8	Kathrine Ledermann	SR SUNY Cobleskill	6:12.58
9	Sophia Kehr	JR Hartwick	6:51.84
10	Parker Jinkins	FR Hartwick	9:35.48

Hamilton College Continental Invitational**Bundy Field House - 1/19/2024****Results****Women 3000 Meter Run****Facility: 9:59.04 F 1982****Sarah Grygiel****AARTFC: 10:40.00 A**

Name	Yr	School	Finals
Finals			
1 Lilianna Peters	FR	SUNY Cobleskill	11:17.29
2 Kylie Oblak	SR	Hamilton	11:45.83
3 Brynita Haas	SO	Hartwick	11:54.79
4 Kathrine Ledermann	SR	SUNY Cobleskill	12:32.56
5 Brianna Salvo	SO	Utica	12:37.88
6 Sophia Kehr	JR	Hartwick	13:29.71

Women 60 Meter Hurdles**Facility: 8.62 F 2012****SaDe Lewis****AARTFC: 9.50 A**

Name	Yr	School	Prelims
Preliminaries			
1 Alyssa Youngs	FR	Utica	9.97Q
2 Lilly Swyers	SO	SUNY Cobleskill	10.41Q
3 Bethanie Becker	FR	SUNY Cobleskill	10.33q
4 Renata Mendez-Alvarez	FR	Hamilton	10.48q
5 Giovanna Wall	JR	Hartwick	10.64q
6 Clara Winkel	FR	Hamilton	10.72q
7 Hayleigh Girard	JR	SUNY Cobleskill	10.79q
8 Amelia Petersen	FR	Utica	11.50q
9 Stephanie Cohen	FR	Hartwick	12.30q
10 Anna Verdine	FR	Le Moyne	12.98

Women 60 Meter Hurdles**Facility: 8.62 F 2012****SaDe Lewis****AARTFC: 9.50 A**

Name	Yr	School	Finals
Finals			
1 Bethanie Becker	FR	SUNY Cobleskill	10.23
2 Renata Mendez-Alvarez	FR	Hamilton	10.40
3 Clara Winkel	FR	Hamilton	10.43
4 Amelia Petersen	FR	Utica	10.69
5 Giovanna Wall	JR	Hartwick	10.75
6 Lilly Swyers	SO	SUNY Cobleskill	10.87
7 Hayleigh Girard	JR	SUNY Cobleskill	10.89
8 Stephanie Cohen	FR	Hartwick	10.94
--- Alyssa Youngs	FR	Utica	DQ

Women 4x400 Meter Relay**Facility: 4:04.98 F 1999****Ithaca College****AARTFC: 4:10.00 A**

Team	Relay	Finals
Finals		
1 Utica		4:08.63A
1) Abrianna Wadley JR	2) Janaiya Cruz-Bermudez SR	
3) Mackenzie Mix JR	4) Arianna McClendon FR	
2 Hamilton	B	4:23.89
1) Sasha Iizuka-Sheeley FR	2) Katie Sands SR	
3) Renata Mendez-Alvarez FR	4) Elaine Fraser SO	

3 Le Moyne	4:33.47
1) Stephanie James FR	2) Rosalie Vincent FR
3) Alexandra Jacob JR	4) Anita Jephchirchir JR
4 Hartwick	4:45.24
1) Giovanna Wall JR	2) Atticus Dinsmore SO
3) Destiny Carter FR	4) Stephanie Cohen FR
5 Le Moyne	B 4:49.96
1) Natalie Lavello JR	2) Mackenzie Ples FR
3) Anna Verdine FR	4) Angelina Rodriguez FR
6 Utica	B 4:54.33
1) Jade Dening JR	2) Noella Burlette JR
3) Kamryn Williams FR	4) Emma Zacharewicz JR

Women High Jump**Facility: 1.68m F 1999****Maria Megnin****AARTFC: 1.57m A**

Name	Yr	School	Finals
Finals			
1 Hannah Allison	FR	Utica	1.57m
2 Anna Verdine	FR	Le Moyne	1.47m
3 Abrianna Wadley	JR	Utica	1.47m
4 Abigail Seaman	SO	Le Moyne	1.42m
4 Lilah Ward	JR	SUNY Cobleskill	1.42m
6 Alyssa Youngs	FR	Utica	1.37m
7 Hayleigh Girard	JR	SUNY Cobleskill	1.32m
--- Jada Anthony	FR	Utica	NH
--- Bethanie Becker	FR	SUNY Cobleskill	NH

Women Pole Vault**Facility: 3.58m F 2012****Rebecca Gaudons****AARTFC: 3.30m A**

Name	Yr	School	Finals
Finals			
1 Maizie Poulakis	FR	Utica	2.75m
2 Jayle Leonard	FR	Utica	2.60m
3 Cassondra Wood	FR	Utica	2.60m
--- Molly Segatore	FR	Utica	NH

Women Long Jump**Facility: 5.50m F 1985****Tracy Armstead****AARTFC: 5.30m A**

Name	Yr	School	Finals
Finals			
1 Nora Devitt	JR	Utica	5.15m
2 Lilah Ward	JR	SUNY Cobleskill	4.65m
3 Bethanie Becker	FR	SUNY Cobleskill	4.53m
4 Abrianna Wadley	JR	Utica	4.43m
5 Madeline Buck	FR	Hamilton	4.43m
6 Anna Verdine	FR	Le Moyne	4.41m
7 Sophia Bruce	FR	Utica	4.41m
8 Atticus Dinsmore	SO	Hartwick	3.87m
9 Hayleigh Girard	JR	SUNY Cobleskill	3.36m

Hamilton College Continental Invitational**Bundy Field House - 1/19/2024****Results****Women Triple Jump**

Facility: 11.82m F 2011 Tanasia Hoffler
 AARTFC: 10.80m A

Name	Yr	School	Finals
Finals			
1 Sophia Bruce	FR	Utica	10.23m
2 Abigail Seaman	SO	Le Moyne	10.12m
3 Clara Winkel	FR	Hamilton	9.98m
4 Lilly Swyers	SO	SUNY Cobleskill	9.96m
5 Nyasia Marsh	FR	Utica	9.95m
6 Camdyn Cole	FR	Utica	9.68m

Women Shot Put

Facility: 13.41m F 2007 Alyssa Pirinelli
 AARTFC: 11.70m A

Name	Yr	School	Finals
Finals			
1 Jane Fahy	SR	Utica	13.22mA
2 Allie Cary	FR	Utica	11.50m
3 Riley King	FR	Utica	10.66m
4 Madison Kozyra	JR	Le Moyne	10.32m
5 Megan Brinck	SO	Utica	10.21m
6 Lydia Mirabito	SO	Hamilton	10.09m
7 Ranasia Bailey	SO	Utica	9.81m
8 Hailey Hrouda	FR	Utica	9.71m
9 Giovanna Wall	JR	Hartwick	9.45m
10 Sarah Florian	SO	Utica	9.22m
11 Emilia Costello	JR	Utica	9.17m
12 Amanda Hausle	SO	Utica	9.17m
13 Rylee Lyons	SO	Hamilton	8.26m
14 Dory Gooselin	SO	SUNY Cobleskill	8.19m
15 Abbie Knaisch	SO	Utica	7.82m
16 Shanel Dixon	FR	Hartwick	6.76m
17 Juliana Lopez	FR	SUNY Cobleskill	6.21m

Women Weight Throw 20 lb.

Facility: 17.28m F 2011 Amina Avril
 AARTFC: 14.50m A

Name	Yr	School	Finals
Finals			
1 Riley King	FR	Utica	14.43m
2 Madison Kozyra	JR	Le Moyne	14.32m
3 Hailey Hrouda	FR	Utica	13.71m
4 Ranasia Bailey	SO	Utica	13.24m
5 Allie Cary	FR	Utica	13.01m
6 Sarah Florian	SO	Utica	12.20m
7 Lydia Mirabito	SO	Hamilton	11.47m
8 Emilia Costello	JR	Utica	11.45m
9 Rylee Lyons	SO	Hamilton	11.38m
10 Megan Brinck	SO	Utica	11.21m
11 Sarra Ben Abdallah	JR	Hamilton	10.49m
12 Ashley Dobransky	JR	Le Moyne	10.07m
13 Amanda Hausle	SO	Utica	9.16m
14 Evelyn Enriquez	FR	Utica	9.03m
15 Abbie Knaisch	SO	Utica	8.82m

16 Shi-Anne Morgan	FR	Utica	7.70m
17 Dory Gooselin	SO	SUNY Cobleskill	7.20m
18 Juliana Lopez	FR	SUNY Cobleskill	6.56m

Men 60 Meter Dash

Facility: 6.93 F 2015 Winston Lee
 AARTFC: 7.10 A

Name	Yr	School	Prelims
Preliminaries			
1 Andrew Hadasz	SR	Utica	A 7.04Q
2 Peter Cuomo	SR	Hamilton	7.15Q
3 Nolan Flynn	SO	Utica	7.21Q
4 Patrick Conteh	SO	Hartwick	7.35q
5 Shane Tinney	JR	Utica	7.35q
6 Ethan Kain	SR	Utica	7.37q
7 Gregory McDonald	FR	SUNY Cobleskill	7.39q
8 Jeffery Alvarado	SO	SUNY Cobleskill	7.50q
9 Michael Ngaw	JR	Hamilton	7.52q
10 Corey Quomony	JR	Hartwick	7.53
11 Saleh Eltayeb	SR	Hamilton	7.54
12 Charles Foote	SO	SUNY Cobleskill	7.57
13 Marquis Jones-Mckinney	FR	Hartwick	7.57
14 Nyles Rogers	JR	Utica	7.57
15 Jeffrey Forkhamer	FR	Utica	7.62
16 Kevin Martinez	FR	Hamilton	7.67
17 Quinn Zurolo	FR	Hamilton	7.69
18 Cyril Anderson	SO	Le Moyne	7.71
19 Edwin Mensah-Boateng	JR	Hamilton	7.77
20 Mohamed Dhouib	SR	Hamilton	7.80
21 Makhi Cleophas	FR	Utica	7.84
22 Nicholas Peccia	FR	Utica	7.84
23 Zane Lepage	SO	Utica	8.03
24 Felix Pena	JR	Le Moyne	8.06
25 Bryan Singer	JR	Utica	8.17
26 Quinn Service	SO	SUNY Cobleskill	8.45

Men 60 Meter Dash

Facility: 6.93 F 2015 Winston Lee
 AARTFC: 7.10 A

Name	Yr	School	Finals
Finals			
1 Andrew Hadasz	SR	Utica	7.02A
2 Peter Cuomo	SR	Hamilton	7.22
3 Ethan Kain	SR	Utica	7.35
4 Shane Tinney	JR	Utica	7.37
5 Jeffery Alvarado	SO	SUNY Cobleskill	7.38
6 Gregory McDonald	FR	SUNY Cobleskill	7.42
7 Patrick Conteh	SO	Hartwick	7.43
8 Michael Ngaw	JR	Hamilton	7.52
9 Nolan Flynn	SO	Utica	8.12

Hamilton College Continental Invitational**Bundy Field House - 1/19/2024****Results****Men 200 Meter Dash**

Facility: 22.25 F 2014 **Joseph Jensen**
AARTFC: 22.60 A

Name	Yr	School	Finals
Finals			
1	Connor Scott	SO Le Moyne	23.81
2	Brandon Scott	JR Le Moyne	23.87
3	Shane Tinney	JR Utica	24.08
4	Mateo Alvarez	FR Hamilton	24.15
5	Patrick Conteh	SO Hartwick	24.24
6	Jeffery Alvarado	SO SUNY Cobleskill	24.27
7	Gregory McDonald	FR SUNY Cobleskill	24.35
8	Matthew Murphy	FR Utica	24.42
9	Spencer Zeltmann	JR Le Moyne	24.61
10	Quinn Zurolo	FR Hamilton	24.71
11	Nyles Rogers	JR Utica	24.82
12	Jeffrey Forkhamer	FR Utica	24.82
13	Skylar Gravell	FR Le Moyne	24.90
14	Kevin Martinez	FR Hamilton	24.94
15	Cyril Anderson	SO Le Moyne	24.96
16	Corey Quomony	JR Hartwick	25.10
17	Theodore Tsamis	FR Utica	25.19
18	Nicholas Peccia	FR Utica	25.56
19	Andrew Patterson	SO Hamilton	25.60
20	Marquis Jones-Mckinney	FR Hartwick	26.35
21	Makhi Cleopha	FR Utica	26.51
22	Terry Tillock	FR Le Moyne	26.67
23	Bryan Reeves	FR Utica	26.71
24	Antonio Gonzalez	FR SUNY Cobleskill	26.87
25	Felix Pena	JR Le Moyne	26.88
26	Michael Orioles	SO Utica	27.22
27	James Adams	FR Hartwick	27.26
28	Bryan Singer	JR Utica	27.56
29	Quinn Service	SO SUNY Cobleskill	28.57
30	Eric Marchese	JR Le Moyne	28.71
31	Widmarc Thomas	JR Utica	29.25
---	Mohamed Dhoub	SR Hamilton	FS

Men 400 Meter Dash

Facility: 49.18 F 1986 **Lamar Smith**
AARTFC: 50.50 A

Name	Yr	School	Finals
Finals			
1	Tanner Warren	FR Utica	51.55
2	Christopher Moser	FR Le Moyne	52.37
3	Brandon Scott	JR Le Moyne	52.48
4	Benjamin Ingram	JR Hamilton	52.48
5	Evan Smith	FR Utica	52.60
6	Jonathan Simmons	JR Utica	54.53
7	Spencer Zeltmann	JR Le Moyne	54.83
8	Skylar Gravell	FR Le Moyne	55.85
9	Timothy Jeralds	FR Utica	56.15
10	Joseph Catalano	SR Hartwick	56.52
11	Luca Montesano	FR Hartwick	56.65
12	Terry Tillock	FR Le Moyne	57.06

13	Frank Guenther	FR Hartwick	57.72
14	Antonio Gonzalez	FR SUNY Cobleskill	1:00.11
15	Isait Flores	FR Utica	1:02.28
16	Eric Marchese	JR Le Moyne	1:05.50
---	Jordan Johnson	SO Le Moyne	DNF

Men 800 Meter Run

Facility: 1:53.54 F 1996 **Jason Hart**
AARTFC: 1:57.50 A

Name	Yr	School	Finals
Finals			
1	John Quinn	FR Hamilton	1:59.64
2	James Gallagher	SR Hamilton	1:59.79
3	Brogan Deem-Ranzetta	SR Hamilton	1:59.81
4	Hugh Williams	SO Hamilton	2:00.07
5	Hayden Lohmann	SR Utica	2:04.34
6	Matthew Frisa	JR Le Moyne	2:05.12
7	Payton Hirsch	SO Le Moyne	2:05.29
8	Edward Trenk	JR Hamilton	2:05.40
9	Joseph Simeone	SO Hamilton	2:05.45
10	Evan Breitbeck	JR Le Moyne	2:05.65
11	Jacob Cottet	JR Le Moyne	2:06.05
12	Alexander Badami	SO Hamilton	2:07.27
13	Zed McNaughton	FR Hamilton	2:07.66
14	Andrew Goetzmann	FR Hamilton	2:07.79
15	Garrett Cordova-Caddes	FR Hamilton	2:10.95
16	Bennett Melita	FR Utica	2:11.51
17	Ben Lohmann	FR Utica	2:12.23
18	Jacob Shufro	SR Hamilton	2:12.78
19	Joseph Pecoraro	SO Le Moyne	2:13.00
20	Jodi Johnson	FR Hartwick	2:15.09
21	John Graziani	FR Hamilton	2:15.22
22	Forest Martin	FR Utica	2:16.94
23	James Trigilio	FR Hamilton	2:20.37
24	Frank Guenther	FR Hartwick	2:31.31

Men 1 Mile Run

Facility: 4:09.24 F 1979 **Bob Carroll**
AARTFC: 4:23.00 A

Name	Yr	School	Finals
Finals			
1	Joseph Simeone	SO Hamilton	4:32.40
2	Edward Trenk	JR Hamilton	4:35.82
3	Alexander Badami	SO Hamilton	4:36.49
4	Tyler Cooper	FR Le Moyne	4:41.79
5	Zed McNaughton	FR Hamilton	4:44.47
6	John Graziani	FR Hamilton	4:44.48
7	Henry Ebben	FR Hamilton	4:46.00
8	Bennett Melita	FR Utica	4:46.86
9	Tobias Jeralds	SO Utica	4:49.76
10	Jeremy Bywater	FR Hamilton	4:50.50
11	Jodi Johnson	FR Hartwick	4:51.60
12	Ellis Goodson	FR Hamilton	4:52.34
13	Nik Recore	SO SUNY Cobleskill	4:54.58
14	Alex Colonna	JR Le Moyne	4:55.21
15	James Trigilio	FR Hamilton	4:55.41

Hamilton College Continental Invitational

Bundy Field House - 1/19/2024

Results

Finals ... (Men 1 Mile Run)

Name	Yr	School	Finals
16 Estaban Delgado	FR	SUNY Cobleskill	5:32.43

Men 3000 Meter Run

Facility: 8:35.74 F 1981 Bo Parker

AARTFC: 8:47.00 A

Name	Yr	School	Finals
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Finals

1 Ben Bellinger	FR	Utica	9:47.83
2 Nik Recore	SO	SUNY Cobleskill	9:52.57
3 Andrew Greden	FR	Hamilton	9:52.71
4 Zachary Brown	SO	Utica	9:56.01
5 Jacob Makhlof	FR	Le Moyne	10:11.91

Men 5000 Meter Run

AARTFC: 15:25.00 A

Name	Yr	School	Finals
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Finals

1 Jeremy Plumley	JR	Le Moyne	16:09.52
2 Matthew Bartolotta	JR	Le Moyne	16:26.79
3 Michael Purvis	FR	Le Moyne	17:11.63
4 Jake Roman	SO	Le Moyne	17:32.87

Men 60 Meter Hurdles

Facility: 8.28 F 2012 Daren McClusky

AARTFC: 8.60 A

Name	Yr	School	Finals
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Finals

1 Edwin Mensah-Boateng	JR	Hamilton	9.08
2 Kameron Cusmano	SO	SUNY Cobleskill	9.37

Men 4x400 Meter Relay

Facility: 3:20.55 F 1981 Buffalo State

AARTFC: 3:27.00 A

Team	Relay	Finals
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Finals

1 Utica		3:34.63
1) Andrew Hadasz SR	2) Tanner Warren FR	
3) Ethan Kain SR	4) Evan Smith FR	
2 Le Moyne		3:34.69
1) Christopher Moser FR	2) Payton Hirsch SO	
3) Matthew Frisa JR	4) Spencer Zeltmann JR	
3 Hamilton	B	3:43.61
1) John Quinn FR	2) Andrew Goetzmann FR	
3) Mateo Alvarez FR	4) Kevin Martinez FR	
4 Hartwick		3:47.05
1) Joseph Catalano SR	2) Luca Montesano FR	
3) Marquis Jones-Mckinney FR	4) Patrick Conteh SO	
5 Utica	B	3:47.75
1) Hayden Lohmann SR	2) Ben Lohmann FR	
3) Tobias Jeralds SO	4) Timothy Jeralds FR	
6 Le Moyne	B	3:48.69
1) Jacob Cottet JR	2) Tyler Cooper FR	
3) Evan Breitbeck JR	4) Joseph Pecoraro SO	

---	Hamilton	DNF
1) Benjamin Ingram JR	2) Joseph Simeone SO	
3) Hugh Williams SO	4) Brogan Deem-Ranzetta SR	

Men High Jump

Facility: 2.09m F 1990 Derrick Dorsey, Andy Gatt

AARTFC: 1.92m A

Name	Yr	School	Finals
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Finals

1 Thomas Herberger	FR	SUNY Cobleskill	1.77m
2 Kameron Cusmano	SO	SUNY Cobleskill	1.77m
3 Theodore Tsamis	FR	Utica	1.72m
4 Connor Dean	FR	Utica	1.72m
5 Cooper Jones	JR	Utica	1.67m

Men Long Jump

Facility: 7.03m F 2011 Frank Taylor

AARTFC: 6.65m A

Name	Yr	School	Finals
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Finals

1 Peter Cuomo	SR	Hamilton	6.39m
2 Connor Dean	FR	Utica	6.25m
3 Corey Quomony	JR	Hartwick	5.82m
4 Connor Scott	SO	Le Moyne	5.73m
5 Matthew Murphy	FR	Utica	5.61m
6 Byamungu Mugushu	SR	Utica	5.59m
7 Cooper Jones	JR	Utica	5.54m
8 Jordan Johnson	SO	Le Moyne	5.16m
9 Robert Jackson	FR	Utica	5.01m

Men Triple Jump

Facility: 14.63m F 1981 Thomas

AARTFC: 13.40m A

Name	Yr	School	Finals
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Finals

1 Thomas Herberger	FR	SUNY Cobleskill	12.72m
2 Connor Dean	FR	Utica	12.64m
3 Gregory McDonald	FR	SUNY Cobleskill	12.16m
4 Matthew Murphy	FR	Utica	11.83m
5 Robert Jackson	FR	Utica	11.15m
6 Cooper Jones	JR	Utica	10.99m

Men Shot Put

Facility: 16.27m F 1981 James Monaco

AARTFC: 14.40m A

Name	Yr	School	Finals
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Finals

1 Hunter Logan	JR	Utica	15.68m
2 Billie Mays III	JR	Utica	12.73m
3 Michael McNeil	JR	Utica	12.62m
4 Michael Fasano	JR	Hamilton	12.35m
5 Jonah Campos	FR	Le Moyne	12.02m
6 Thomas Dunn	JR	Utica	12.00m
7 Cal Marks	SO	SUNY Cobleskill	11.13m
8 Michael Parry	FR	Utica	11.10m
9 Edward Haeffer	FR	Utica	11.01m

Hamilton College Continental Invitational**Bundy Field House - 1/19/2024****Results****Finals ... (Men Shot Put)**

	Name	Yr	School	Finals
10	Isaiah Anighoro	FR	Utica	10.99m
11	Michael Rollins	JR	Utica	10.40m
12	James Adams	FR	Hartwick	9.99m
13	Jay Brown	JR	Utica	9.99m
14	Joseph Doran	FR	Le Moyne	9.82m
15	Leonardo Checo	FR	Utica	9.66m
16	Mark Temp	FR	SUNY Cobleskill	8.83m
17	Mark Brown	SR	Utica	8.48m
18	Cyril Anderson	SO	Le Moyne	7.91m
19	Quwayne Lawernce	SO	Hartwick	7.61m

Men Weight Throw 35 lb.**Facility: 18.39m F 2011 Ja'Mar Watson****AARTFC: 15.50m A**

	Name	Yr	School	Finals
Finals				
1	Justin Swavely	JR	Utica	15.26m
2	Spencer Borghardt	SO	Utica	14.35m
3	Joshua Talbot	SO	Utica	13.97m
4	Mark Brown	SR	Utica	13.05m
5	Cal Marks	SO	SUNY Cobleskill	12.59m
6	Jonah Campos	FR	Le Moyne	12.47m
7	Michael Rollins	JR	Utica	11.42m
8	Thomas Dunn	JR	Utica	10.68m
9	Mark Temp	FR	SUNY Cobleskill	10.66m
10	Michael Fasano	JR	Hamilton	10.47m
11	Joseph Doran	FR	Le Moyne	10.46m
12	Michael Parry	FR	Utica	9.95m
13	Ryan Carey	FR	SUNY Cobleskill	8.66m
14	Quwayne Lawernce	SO	Hartwick	6.33m