

PSAC Indoor Track & Field Championships
Rauch Fieldhouse, Lehigh University - 2/18/2024 to 2/19/2024
Results

Women 60 Meter Dash

Conference: 7.27 C 2023 **Divonne Franklin**
Meet: 7.28 M 2023 **Divonne Franklin**
D2 Prov: 7.65 P

Name	Yr	School	Prelims
Preliminaries			
1 Leah Graybill	SR	Shippensburg	P 7.60Q
2 Skylar Brown	SR	Mansfield	P 7.63Q
3 Destiny Thompson	SR	East Stroudsburg	P 7.65q
4 Aliyah Serrano	JR	Shippensburg	7.69q
5 Samantha Gilbert	SR	Slippery Rock	7.71q
6 Sara Mckean	SR	Shippensburg	7.74q
7 Regan Johnson	SR	Slippery Rock	7.75q
8 Lily Palacio-Lewis	JR	West Chester	7.76q
9 Aurora Conrad	SR	Millersville	7.89
10 Abbey-Gale Brooks	SR	Pitt.-Johnstown	7.92
11 Sterlene Scott	SO	Indiana (Pa.)	7.92
12 Miama Cooper-Laylor	JR	Pitt.-Johnstown	7.94
13 Kara McKenzie	JR	Pitt.-Johnstown	7.96
14 Darian Hauf	JR	Millersville	8.02
15 Cahsia Page	JR	Indiana (Pa.)	8.05
16 Melissa Sicinski	JR	Bloomsburg	8.10

Women 60 Meter Dash

Conference: 7.27 C 2023 **Divonne Franklin**
Meet: 7.28 M 2023 **Divonne Franklin**
D2 Prov: 7.65 P

Name	Yr	School	Finals
Finals			
1 Skylar Brown	SR	Mansfield	7.52P 10
2 Leah Graybill	SR	Shippensburg	7.63P 8
3 Lily Palacio-Lewis	JR	West Chester	7.69 6
4 Aliyah Serrano	JR	Shippensburg	7.71 5
5 Samantha Gilbert	SR	Slippery Rock	7.73 4
6 Destiny Thompson	SR	East Stroudsburg	7.76 3
7 Sara Mckean	SR	Shippensburg	7.80 2
8 Regan Johnson	SR	Slippery Rock	7.80 1

Women 200 Meter Dash

Conference: 23.49 C 2023 **Divonne Franklin**
Meet: 23.87 M 2023 **Divonne Franklin**
D2 Prov: 24.81 P

Name	Yr	School	Prelims
Preliminaries			
1 Leah Graybill	SR	Shippensburg	24.97q
2 Raechel Bonner	JR	Kutztown	25.51q
3 Destiny Thompson	SR	East Stroudsburg	25.56q
4 Aliyah Serrano	JR	Shippensburg	25.66q
5 Beth Schearer	FR	Kutztown	25.71q
6 Lily Palacio-Lewis	JR	West Chester	25.86q
7 Samantha Gilbert	SR	Slippery Rock	25.89q
8 Koschinya Jefferson	JR	Seton Hill	25.95q
9 Kiana Young	SO	Kutztown	25.96

10 Abbey-Gale Brooks	SR	Pitt.-Johnstown	26.01
11 Regan Johnson	SR	Slippery Rock	26.10
12 Aurora Conrad	SR	Millersville	26.31
13 Emma Elwell	JR	Millersville	26.60
14 Arianna Kouakou	JR	Millersville	26.70
15 Chloe Domurat	FR	East Stroudsburg	27.05
--- Skylar Brown	SR	Mansfield	DQ

Women 200 Meter Dash

Conference: 23.49 C 2023 **Divonne Franklin**
Meet: 23.87 M 2023 **Divonne Franklin**
D2 Prov: 24.81 P

Name	Yr	School	Finals
Finals			
1 Leah Graybill	SR	Shippensburg	24.75P 10
2 Lily Palacio-Lewis	JR	West Chester	25.49 8
3 Raechel Bonner	JR	Kutztown	25.60 6
4 Beth Schearer	FR	Kutztown	25.61 5
5 Destiny Thompson	SR	East Stroudsburg	25.72 4
6 Samantha Gilbert	SR	Slippery Rock	25.78 3
7 Aliyah Serrano	JR	Shippensburg	25.82 2
8 Koschinya Jefferson	JR	Seton Hill	25.93 1

Women 400 Meter Dash

Conference: 55.49 C 2016 **Jasmine Bailey**
Meet: 56.33 M 2011 **Erica Hess**
D2 Prov: 57.00 P

Name	Yr	School	Prelims
Preliminaries			
1 Berna Zukina	SO	Edinboro	58.50q
2 Taniyah Lawler	SO	Kutztown	58.54q
3 Raechel Bonner	JR	Kutztown	58.80q
4 Caroline Mastria	SR	Shippensburg	59.06q
5 Kiana Young	SO	Kutztown	59.29q
6 Delaney Porter	JR	Bloomsburg	59.85q
7 Alyssa Wert	SO	Shippensburg	1:00.08q
8 Lydia Latimer	SR	Slippery Rock	1:00.28q
9 Bekah Priano	FR	California (Pa.)	1:00.34
10 Taylor Timmons	JR	California (Pa.)	1:00.38
11 Mackenzie Fletcher	SO	Edinboro	1:00.71
12 Aubrey Sydnor	JR	Millersville	1:00.81
13 Shelby Derkosh	SO	Millersville	1:00.88
14 Cassidy Kline	SR	Indiana (Pa.)	1:00.89
15 Aaliyah Cancel	FR	East Stroudsburg	1:02.26
16 Hunter Barger	SR	Lock Haven	1:03.36

Women 400 Meter Dash

Conference: 55.49 C 2016 **Jasmine Bailey**
Meet: 56.33 M 2011 **Erica Hess**
D2 Prov: 57.00 P

Name	Yr	School	Finals
Finals			
1 Berna Zukina	SO	Edinboro	57.83 10
2 Caroline Mastria	SR	Shippensburg	58.05 8
3 Raechel Bonner	JR	Kutztown	58.60 6

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Results**Finals ... (Women 400 Meter Dash)**

	Name	Yr	School	Finals	
4	Kiana Young	SO	Kutztown	58.74	5
5	Taniyah Lawler	SO	Kutztown	58.87	4
6	Delaney Porter	JR	Bloomsburg	59.25	3
7	Lydia Latimer	SR	Slippery Rock	59.41	2
8	Alyssa Wert	SO	Shippensburg	1:00.36	1

Women 800 Meter RunConference: **2:09.39 C 2012** **Amanda Raudabaugh**Meet: **2:12.80 M 2012** **Amanda Raudabaugh**D2 Prov: **2:14.34 P**

	Name	Yr	School	Finals	
Finals					
1	Mackenzie Carver	SR	Clarion	2:16.23	10
2	Gabriella Fralin	FR	California (Pa.)	2:19.57	8
3	Kelley Selheimer	JR	Bloomsburg	2:21.22	6
4	Aubrey Sechrist	JR	Lock Haven	2:22.36	5
5	Maddy Murtland	SR	Slippery Rock	2:22.60	4
6	Megan Gambogi	JR	Bloomsburg	2:22.78	3
7	Kadi Bauer	FR	Edinboro	2:23.11	2
8	Alexandra Walton	SO	Pitt.-Johnstown	2:23.15	1
9	Deandra Young	SO	Kutztown	2:23.83	
10	Kate Pipilo	JR	Seton Hill	2:24.05	
11	Carla Bautista	FR	East Stroudsburg	2:24.35	
12	Faith Wilson	SO	Shippensburg	2:25.06	
13	Cora Heilman	SO	Millersville	2:25.87	
14	Jennifer Cichra	SO	Slippery Rock	2:27.97	
15	Brianna Dumond	JR	Bloomsburg	2:28.45	
16	Sydney Werner	FR	Bloomsburg	2:29.85	
17	Kristina Tapia	SO	West Chester	2:29.94	

Women 1 Mile RunConference: **4:43.10 C 1980** **Eileen Hornberger**Meet: **4:52.68 M 2017** **Summer Hill**D2 Prov: **4:56.85 P**

	Name	Yr	School	Finals	
Finals					
1	Anna Igims	SR	Slippery Rock	5:11.54	10
2	Kelley Selheimer	JR	Bloomsburg	5:12.09	8
3	Kelsey Hull	JR	Shippensburg	5:13.71	6
4	Morgan Janiuk	JR	Millersville	5:15.97	5
5	Maddy Murtland	SR	Slippery Rock	5:16.20	4
6	Sydney Werner	FR	Bloomsburg	5:18.68	3
7	Jaime Diedel	JR	Bloomsburg	5:18.70	2
8	Holly Chambers	SR	East Stroudsburg	5:19.07	1
9	Jennifer Cichra	SO	Slippery Rock	5:19.12	
10	Payton Falkenstein	FR	East Stroudsburg	5:21.31	
11	Bri Pollock	FR	Millersville	5:22.90	
12	Kristina Tapia	SO	West Chester	5:23.43	
13	Kate Pipilo	JR	Seton Hill	5:23.64	
14	Megan Lysek-Hagy	SO	Lock Haven	5:24.96	
15	Ellie Goldberg	SO	West Chester	5:25.31	

Women 3000 Meter RunConference: **9:27.50 C 1983****Julie Bowers**Meet: **9:27.79 M 2011****Neely Spence**D2 Prov: **9:55.19 P**

	Name	Yr	School	Finals	
Finals					
1	Anna Igims	SR	Slippery Rock	10:07.58	10
2	Brianna Hennett	FR	East Stroudsburg	10:16.76	8
3	Gwen Lloyd	SO	Lock Haven	10:17.06	6
4	Madeline Curtis	JR	California (Pa.)	10:21.43	5
5	Katie Plassio	SR	Slippery Rock	10:22.14	4
6	Alyssa Cunningham	FR	Bloomsburg	10:24.58	3
7	Isabella Myles	SR	Seton Hill	10:26.40	2
8	Jaelyn D'Amelio	JR	Kutztown	10:27.83	1
9	Ruthie Hughes	SO	Slippery Rock	10:28.60	
10	Victoria Mattioli	SO	Shippensburg	10:33.47	
11	Hannah Sweda	JR	Millersville	10:35.63	
12	Amanda Kelly	SO	Bloomsburg	10:39.19	
13	Jaime Diedel	JR	Bloomsburg	11:01.45	
14	Katie Slimon	FR	Edinboro	11:01.94	
---	Olivia Rieck	SO	Shippensburg	DNF	

Women 5000 Meter RunConference: **16:00.39 C 2011****Neely Spence**Meet: **16:44.22 M 2009****Rachael Lanzel**D2 Prov: **17:17.41 P**

	Name	Yr	School	Finals	
Finals					
1	Anna Igims	SR	Slippery Rock	17:34.88	10
2	Brianna Hennett	FR	East Stroudsburg	17:44.89	8
3	Katie Plassio	SR	Slippery Rock	18:10.83	6
4	Madeline Curtis	JR	California (Pa.)	18:13.42	5
5	Ruthie Hughes	SO	Slippery Rock	18:15.51	4
6	Payton Falkenstein	FR	East Stroudsburg	18:17.79	3
7	Amanda Kelly	SO	Bloomsburg	18:25.84	2
8	Hannah Sweda	JR	Millersville	18:29.38	1
9	Isabella Myles	SR	Seton Hill	18:33.88	
10	Maura Lenhart	FR	Kutztown	18:36.17	
11	Belle Weikert	SR	Shippensburg	18:36.25	
12	Paige Greathouse	JR	Pitt.-Johnstown	18:53.91	
13	Katie Slimon	FR	Edinboro	19:10.34	
14	Alexa Trax	JR	Edinboro	19:30.94	
---	Gwen Lloyd	SO	Lock Haven	DNF	
---	Gabby Kutchma	JR	Clarion	DNF	

Women 60 Meter HurdlesConference: **8.47 C 2018****Danielle Sciremammano**Meet: **8.47 M 2018****Danielle Sciremammano**D2 Prov: **8.84 P**

	Name	Yr	School	Prelims	
Preliminaries					
1	Natasha Barnett	SR	Seton Hill	8.92Q	
2	Sasha Lee	JR	Shippensburg	8.95Q	
3	Kailee Bunyard	SR	California (Pa.)	8.98q	

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Results**Preliminaries ... (Women 60 Meter Hurdles)**

Name	Yr	School	Prelims
4 Bryna Kelly	SO	Indiana (Pa.)	9.07q
5 Ryleigh Marks	FR	Shippensburg	9.08q
6 Koschinya Jefferson	JR	Seton Hill	9.21q
7 Kara McKenzie	JR	Pitt.-Johnstown	9.22q
8 Chalondra Clarke	SR	Slippery Rock	9.28q
9 Hedda Folkhage	FR	Indiana (Pa.)	9.29
10 Madison Malcolm	FR	Shippensburg	9.33
11 Sabela Zablackis	JR	Millersville	9.36
12 Katelyn Murphy	FR	Millersville	9.39
13 Jazzy Harper	JR	California (Pa.)	9.45
14 Keelin Becker	JR	Seton Hill	9.52
--- Chaley Younkin	JR	Slippery Rock	DQ
--- Samantha Trench	FR	Lock Haven	DQ

Women 60 Meter Hurdles

Conference: 8.47 C 2018 Danielle Sciremammano

Meet: 8.47 M 2018 Danielle Sciremammano

D2 Prov: 8.84 P

Name	Yr	School	Finals
Finals			
1 Natasha Barnett	SR	Seton Hill	8.82P 10
2 Kailee Bunyard	SR	California (Pa.)	8.84P 8
3 Ryleigh Marks	FR	Shippensburg	8.91 6
4 Sasha Lee	JR	Shippensburg	8.94 5
5 Koschinya Jefferson	JR	Seton Hill	9.03 4
6 Kara McKenzie	JR	Pitt.-Johnstown	9.23 3
7 Chalondra Clarke	SR	Slippery Rock	9.31 2
8 Bryna Kelly	SO	Indiana (Pa.)	9.33 1

Women 4x400 Meter Relay

Conference: 3:50.75 C 2015 Shippensburg

Fells, Tucker, Sheehan, Lundy

Meet: 3:53.59 M 2012 Shippensburg

Ellsworth, Bingaman, Fells, Radabaugh

D2 Prov: 3:52.92 P

Team	Relay	Finals
Finals		
1 Kutztown		3:54.70 10
1) Kiana Young SO	2) Taniyah Lawler SO	
3) Beth Schearer FR	4) Raechel Bonner JR	
2 Shippensburg		3:55.07 8
1) Alyssa Wert SO	2) Aliyah Serrano JR	
3) Leah Graybill SR	4) Caroline Mastria SR	
3 Edinboro		3:57.94 6
1) Madeline Newark SO	2) Lauren Jacobs SR	
3) Mackenzie Fletcher SO	4) Berna Zukina SO	
4 East Stroudsburg		4:00.65 5
1) Kayla Horning JR	2) Aaliyah Cancel FR	
3) Destiny Thompson SR	4) Chloe Domurat FR	
5 Seton Hill		4:00.93 4
1) Koschinya Jefferson JR	2) Haley Brenny JR	
3) Anna Roberts SR	4) Natasha Barnett SR	

6 Millersville	4:02.54 3
1) Shelby Derkosh SO	2) Mary Weis SO
3) Ashlyn Hickey JR	4) Aubrey Sydnor JR
7 Slippery Rock	4:03.66 2
1) Rachel Veneziano JR	2) Lydia Reed FR
3) Annasophia Stauffer FR	4) Lydia Latimer SR
8 Indiana (Pa.)	4:04.16 1
1) Cahsia Page JR	2) Isabella Sadler FR
3) Bella Brozeski FR	4) Cassidy Kline SR
9 Pitt.-Johnstown	4:06.26
1) Mayah Charity JR	2) Abbey-Gale Brooks SR
3) Ellie Zuro FR	4) Kara McKenzie JR
10 Lock Haven	4:06.63
1) Natalie Gentzel SO	2) Hunter Barger SR
3) Megan Mengel SO	4) Liberty Gearinger FR
11 California (Pa.)	4:06.93
1) Taylor Timmons JR	2) Gabriella Fralin FR
3) Alessandra Peccon FR	4) Bekah Priano FR
12 Bloomsburg	4:11.05
1) Delaney Porter JR	2) Megan Gambogi JR
3) Melissa Scinski JR	4) Kelsie Robinson SO

Women Distance Medley

Conference: 11:24.54 C 2009 Shippensburg

Dell, Huber, Hare, Spence

Meet: 11:43.95 M 2012 Shippensburg

Spratford, Bingaman, Raudabuagh, Crofford

D2 Prov: 12:04.59 P

Team	Relay	Finals
Finals		
1 Slippery Rock		12:19.93 10
1) Jennifer Cichra SO	2) Rachel Veneziano JR	
3) Maddy Murtland SR	4) Anna Igims SR	
2 Shippensburg		12:25.73 8
1) Olivia Rieck SO	2) Melanie Barger SO	
3) Faith Wilson SO	4) Kelsey Hull JR	
3 Lock Haven		12:27.39 6
1) Megan Lysek-Hagy SO	2) Liberty Gearinger FR	
3) Aubrey Sechrist JR	4) Gwen Lloyd SO	
4 Seton Hill		12:36.86 5
1) Kate Pipilo JR	2) Haley Brenny JR	
3) Jada Freeman SO	4) Isabella Myles SR	
5 Kutztown		12:37.52 4
1) Deandra Young SO	2) Beth Schearer FR	
3) Ava Bendetti JR	4) Jaelyn D'Amelio JR	
6 East Stroudsburg		12:40.62 3
1) Carla Bautista FR	2) Makayla Smith FR	
3) Hannah Skelly FR	4) Holly Chambers SR	
7 Millersville		12:47.59 2
1) Bri Pollock FR	2) Mary Weis SO	
3) Lindsay Solderitch JR	4) Morgan Janiuk JR	
8 Bloomsburg		12:49.23 1
1) Alyssa Keeley SO	2) Megan Gambogi JR	
3) Brianna Dumond JR	4) Meah Eshelman FR	

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Finals ... (Women Distance Medley)			
Team		Relay	Finals
9	West Chester		12:50.77
	1) Kristina Tapia SO	2) Gabby Curtis JR	
	3) Josey George SR	4) Ellie Goldberg SO	
10	Pitt.-Johnstown		12:53.88
	1) Ava Barker SO	2) Mayah Charity JR	
	3) Alexandra Walton SO	4) Jenna Smith JR	
11	Clarion		13:18.62
	1) Paige Brewer FR	2) Ciara DiMauro FR	
	3) Nicole Carroll FR	4) Cheyenne Mehl FR	
12	Indiana (Pa.)		13:28.76
	1) Emily Schrag JR	2) Bella Brozeski FR	
	3) Alyssa Hoover SO	4) Stella Kuntz SO	

Women High Jump

Progression: 1.46 +5cm to 1.61, +3cm to 1.73

Conference: 5-10 C		Fitzpatrick/O'Connor	
Meet: 5-10 M 2015		Christina O'Connor	
D2 Prov: 1.67m P			
Name	Yr	School	Finals
Finals			
1	Beyonce Kelly	SR California (Pa.)	1.73mP 10
2	Madeline Newark	SO Edinboro	1.61m 8
3	Natasha Bernett	SR Seton Hill	1.61m 6
4	Ella Evans	FR Indiana (Pa.)	1.61m 5
5	Ally Richwine	SO Shippensburg	1.61m 4
6	Reagan Irons	FR Lock Haven	1.56m 2.5
6	Jade Salmon	SO West Chester	1.56m 2.5
8	Kat Henderson	SR California (Pa.)	1.56m 0.5
8	Norah Vallon	SR Shippensburg	1.56m 0.5
10	Ashley Laukus	FR Shippensburg	1.56m
11	Cassidy Davis	FR Slippery Rock	1.51m
11	Elliot Oliphant	FR Shippensburg	1.51m
11	Natalie Lippincott	SO Pitt.-Johnstown	1.51m
14	Sarah Isenberg	JR Indiana (Pa.)	1.51m
15	Madelyn Miller	SO Slippery Rock	1.51m
15	Sadie Leisinger	SR Clarion	1.51m
17	Tatum Hoffman	JR California (Pa.)	1.46m
17	Leighanne Swan	FR Slippery Rock	1.46m
17	Elyssa Pemu	SR East Stroudsburg	1.46m

Women Pole Vault

Progression: 2.98 +15cm to 3.73, +10cm to 4.13

Conference: 13-01.75 C 2018		Madeline Marshall	
Meet: 13-01.50 M 2008		Jennifer Hansen	
D2 Prov: 3.70m P			
Name	Yr	School	Finals
Finals			
1	Kendall Grossman	SR Slippery Rock	3.97mP 10
2	Darian Hauf	JR Millersville	3.73mP 8
3	Nickolina Anelli	SR East Stroudsburg	3.73mP 6
4	Megan Malecki	JR Millersville	3.58m 5
5	Annika Hummel	SO West Chester	3.58m 4
6	Coral Shivok	FR Bloomsburg	3.58m 3
7	Carissa Bender	FR Shippensburg	3.43m 1.5

7	Heather Gaughran	SR East Stroudsburg	3.43m	1.5
9	Myah Davies	JR Kutztown	3.28m	
10	Grace Parrett	JR Slippery Rock	3.28m	
11	Allison Taylor	SO Slippery Rock	3.28m	
12	Katie McNesby	SO Shippensburg	3.28m	
13	Reese Ruggiero	FR East Stroudsburg	3.13m	
13	Kaylie Groff	FR West Chester	3.13m	
13	Emily Donoghen	SO West Chester	3.13m	
16	Marissa McNamee	FR Kutztown	2.98m	
---	Hanna Zeiler	JR Slippery Rock	NH	

Women Long Jump

Top 9 Advance To Final

Conference: 20-05.25 C 2000		Nikita Lewis	
Meet: 19-09.75 M 2010		Tamika Taylor	
D2 Prov: 5.68m P			
Name	Yr	School	Finals
Finals			
1	Sara Mckean	SR Shippensburg	5.70mP 10
2	Chanel Hercules	FR Millersville	5.56m 8
3	Aleksandra Brozeski	JR Slippery Rock	5.50m 6
4	Maddison Doren	JR Edinboro	5.49m 5
5	Aubrey Bitner	FR Millersville	5.48m 4
6	Natasha Bernett	SR Seton Hill	5.43m 3
7	Ryleigh Marks	FR Shippensburg	5.43m 2
8	Cassidy Davis	FR Slippery Rock	5.41m 1
9	Mackenzie Fletcher	SO Edinboro	5.39m
10	Sasha Lee	JR Shippensburg	5.32m
11	Kat Henderson	SR California (Pa.)	5.25m
12	Anika Krasnai	FR Bloomsburg	5.23m
13	Kacie Sienko	JR Kutztown	5.22m
14	Alice Etienne	SO California (Pa.)	5.20m
15	Delaney Beard	SR Kutztown	5.14m
16	Baylee Blauser	SO Slippery Rock	5.08m
17	Madison Ziska	SO Mansfield	4.98m
18	Samantha Gilbert	SR Slippery Rock	4.80m

Women Triple Jump

Top 9 Advance To Final

Conference: 42-02.50 C 2000		Nikita Lewis	
Meet: 39-10 M 2019		Abby Wagner	
D2 Prov: 11.65m P			
Name	Yr	School	Finals
Finals			
1	Sasha Lee	JR Shippensburg	11.99mP 10
2	Alice Etienne	SO California (Pa.)	11.99mP 8
3	Abigail Taylor	JR Mansfield	11.96mP 6
4	Aleksandra Brozeski	JR Slippery Rock	11.88mP 5
5	Delaney Beard	SR Kutztown	11.60m 4
6	Alice Bogia	SO Slippery Rock	11.15m 3
7	Autumn Wyatt	SO Slippery Rock	11.07m 2
8	Keelin Becker	JR Seton Hill	11.03m 1
9	Jazzy Harper	JR California (Pa.)	10.96m
10	Anna Roth	FR East Stroudsburg	10.92m
11	Katie Pieslak	JR West Chester	10.91m
12	Skylar Riedel	SO California (Pa.)	10.85m

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Finals ... (Women Triple Jump)

Name	Yr	School	Finals
13 Danika Bolinsky	FR	Millersville	10.79m
14 Devin Hubler	SO	Bloomsburg	10.78m
15 Samantha Rosado	FR	East Stroudsburg	10.49m
--- Baylee Blauser	SO	Slippery Rock	FOUL

Women Shot Put

Top 9 Advance To Final

Conference: 53-04.25 C 2018

Sunflower Greene

Meet: 52-01.75 M 2019

Sunflower Greene

D2 Prov: 13.60m P

Name	Yr	School	Finals
Finals			
1 Sarah Corrie	SR	Slippery Rock	13.90mP 10
2 Shelly Jones	SR	Clarion	13.14m 8
3 Rebecca Martin	SO	Slippery Rock	13.02m 6
4 Olivia Heckman	SO	Slippery Rock	12.83m 5
5 Kenzie Lendon	SR	Edinboro	12.71m 4
6 Maddy Downs	JR	Millersville	12.60m 3
7 Makalya Decker	SO	Shippensburg	12.36m 2
8 ShanAnn Simmons	JR	Shippensburg	12.31m 1
9 Sarah Hessler	SO	Millersville	12.17m
10 Savannah Schneck	FR	Slippery Rock	12.11m
11 Madison Horahan	JR	East Stroudsburg	11.79m
12 Madison Baudille	JR	Bloomsburg	11.74m
13 Renee Simmonds	SO	Indiana (Pa.)	11.63m
14 Emma Deyarim	FR	West Chester	11.49m
15 Clarissa Davis	FR	Lock Haven	11.19m
--- Autumn Stewart	FR	Slippery Rock	FOUL

Women Weight Throw 20 lb.

Top 9 Advance To Final

Conference: 64-10.50 C 2019

Sunflower Greene

Meet: 63-11.50 M 2019

Sunflower Greene

D2 Prov: 17.00m P

Name	Yr	School	Finals
Finals			
1 Samiyah Little	JR	East Stroudsburg	17.38mP 10
2 Sarah Gilliam	SR	Seton Hill	16.05m 8
3 Tiffany Jolayemi	SR	Slippery Rock	15.99m 6
4 Sarah Hessler	SO	Millersville	15.51m 5
5 Sarah Roth	SO	East Stroudsburg	14.73m 4
6 Jing McCann	JR	California (Pa.)	14.72m 3
7 Seya Trujillo	SO	Millersville	14.72m 2
8 Anna Elder	FR	Edinboro	14.57m 1
9 Madison Foringer	SO	Clarion	14.35m
10 Madison Horahan	JR	East Stroudsburg	14.07m
11 Lauren Bellows	SO	Shippensburg	14.06m
12 Kenzie Lendon	SR	Edinboro	13.94m
13 Savannah Schneck	FR	Slippery Rock	13.82m
14 ShanAnn Simmons	JR	Shippensburg	13.22m
15 Madison Baudille	JR	Bloomsburg	12.83m
--- Maddy Downs	JR	Millersville	FOUL

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

Name	Yr	School	Finals
Finals			
1 Madeline Newark	SO	Edinboro	2:30.90 682
2 Natasha Bennett	SR	Seton Hill	2:31.55 674
3 Lydia Latimer	SR	Slippery Rock	2:31.94 669
4 Elyssa Pemu	SR	East Stroudsburg	2:33.69 647
5 Lorna Speigle	SR	Slippery Rock	2:36.56 613
6 Leighanne Swan	FR	Slippery Rock	2:38.55 590
7 Madelyn Miller	SO	Slippery Rock	2:38.84 586
8 Nicola Pugge	JR	Shippensburg	2:39.28 581
9 Kat Henderson	SR	California (Pa.)	2:39.29 581
10 Koschinya Jefferson	JR	Seton Hill	2:43.11 538
11 Renee Simmonds	SO	Indiana (Pa.)	2:45.84 508
12 Leah Perry	JR	Clarion	2:47.40 491
13 Tatum Hoffman	JR	California (Pa.)	2:47.92 485
14 Sabela Zablackis	JR	Millersville	3:12.11 261

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

Name	Yr	School	Finals
Finals			
1 Natasha Bennett	SR	Seton Hill	8.83 946
2 Sabela Zablackis	JR	Millersville	9.33 842
3 Nicola Pugge	JR	Shippensburg	9.35 838
4 Koschinya Jefferson	JR	Seton Hill	9.39 830
5 Tatum Hoffman	JR	California (Pa.)	9.41 826
6 Leah Perry	JR	Clarion	9.46 816
7 Kat Henderson	SR	California (Pa.)	9.50 808
8 Madelyn Miller	SO	Slippery Rock	9.54 800
9 Renee Simmonds	SO	Indiana (Pa.)	9.66 777
10 Lydia Latimer	SR	Slippery Rock	9.66 777
11 Madeline Newark	SO	Edinboro	9.72 765
12 Leighanne Swan	FR	Slippery Rock	9.79 752
13 Elyssa Pemu	SR	East Stroudsburg	9.91 729
14 Lorna Speigle	SR	Slippery Rock	10.02 708

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

Name	Yr	School	Finals
Finals			
1 Natasha Bennett	SR	Seton Hill	1.62m 759
1 Madeline Newark	SO	Edinboro	1.62m 759
1 Kat Henderson	SR	California (Pa.)	1.62m 759
4 Elyssa Pemu	SR	East Stroudsburg	1.59m 724
4 Lydia Latimer	SR	Slippery Rock	1.59m 724
6 Tatum Hoffman	JR	California (Pa.)	1.56m 689
7 Madelyn Miller	SO	Slippery Rock	1.50m 621
7 Nicola Pugge	JR	Shippensburg	1.50m 621
7 Leighanne Swan	FR	Slippery Rock	1.50m 621
7 Leah Perry	JR	Clarion	1.50m 621
11 Sabela Zablackis	JR	Millersville	1.47m 588
12 Koschinya Jefferson	JR	Seton Hill	1.44m 555
12 Lorna Speigle	SR	Slippery Rock	1.44m 555
14 Renee Simmonds	SO	Indiana (Pa.)	1.41m 523

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Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

Name	Yr	School	Finals
Finals			
1 Nicola Pugge	JR	Shippensburg	5.52m 706
2 Koschinya Jefferson	JR	Seton Hill	5.39m 668
3 Natasha Barnett	SR	Seton Hill	5.38m 665
4 Kat Henderson	SR	California (Pa.)	5.32m 648
5 Lydia Latimer	SR	Slippery Rock	5.30m 643
6 Tatum Hoffman	JR	California (Pa.)	5.15m 601
7 Leah Perry	JR	Clarion	5.10m 587
8 Madelyn Miller	SO	Slippery Rock	4.99m 557
9 Madeline Newark	SO	Edinboro	4.85m 519
10 Renee Simmonds	SO	Indiana (Pa.)	4.81m 508
11 Elyssa Pemu	SR	East Stroudsburg	4.74m 490
12 Leighanne Swan	FR	Slippery Rock	4.60m 454
13 Lorna Speigle	SR	Slippery Rock	4.22m 359
14 Sabela Zablackis	JR	Millersville	3.95m 296

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

Name	Yr	School	Finals
Finals			
1 Koschinya Jefferson	JR	Seton Hill	12.09m 667
2 Renee Simmonds	SO	Indiana (Pa.)	11.73m 643
3 Natasha Barnett	SR	Seton Hill	11.72m 643
4 Kat Henderson	SR	California (Pa.)	10.91m 589
5 Nicola Pugge	JR	Shippensburg	10.90m 589
6 Lorna Speigle	SR	Slippery Rock	10.47m 560
7 Lydia Latimer	SR	Slippery Rock	9.86m 520
8 Madelyn Miller	SO	Slippery Rock	9.63m 505
9 Sabela Zablackis	JR	Millersville	9.15m 474
10 Madeline Newark	SO	Edinboro	9.14m 473
11 Tatum Hoffman	JR	California (Pa.)	9.10m 471
12 Elyssa Pemu	SR	East Stroudsburg	8.49m 431
13 Leighanne Swan	FR	Slippery Rock	8.41m 426
14 Leah Perry	JR	Clarion	8.09m 405

Women Indoor Pentathlon

Conference: 3818 C 2016 **Sabrina Anderson**
Meet: 3594 M 2007 **Leslie Martin**
D2 Prov: 3242 P

Name	Yr	School	Finals
Finals			
1 Natasha Barnett	SR	Seton Hill	3687M 10
2 Kat Henderson	SR	California (Pa.)	3385P 8
3 Nicola Pugge	JR	Shippensburg	3335P 6
4 Lydia Latimer	SR	Slippery Rock	3333P 5
5 Koschinya Jefferson	JR	Seton Hill	3258P 4
6 Madeline Newark	SO	Edinboro	3198 3
7 Tatum Hoffman	JR	California (Pa.)	3072 2
8 Madelyn Miller	SO	Slippery Rock	3069 1
9 Elyssa Pemu	SR	East Stroudsburg	3021
10 Renee Simmonds	SO	Indiana (Pa.)	2959
11 Leah Perry	JR	Clarion	2920
12 Leighanne Swan	FR	Slippery Rock	2843
13 Lorna Speigle	SR	Slippery Rock	2795

14 Sabela Zablackis JR Millersville 2461

Men 60 Meter Dash

Conference: 6.65 C 2008 **Brad Mueller**
Meet: 6.72 M 2020 **Andre Carr**
D2 Prov: 6.85 P

Name	Yr	School	Prelims
Preliminaries			
1 Kanye Thompson	SO	Slippery Rock	P 6.81Q
2 Andrew Campbell	SR	Seton Hill	P 6.85Q
3 Lavar Jackson	FR	Shippensburg	6.87q
4 AJ Virata	JR	Slippery Rock	6.91q
5 Michael Fellin	SO	Kutztown	6.92q
6 Miguel Charlery	SO	East Stroudsburg	6.93q
7 Maurice Whittle	JR	Shippensburg	6.95q
8 Eric Kirk	SR	Shippensburg	6.96q
9 Daron Haggans	FR	Kutztown	6.96
10 Aidan McMahon	SO	California (Pa.)	7.01
11 Michael Ifidon	SO	Pitt.-Johnstown	7.02
12 Kristopher Lytle	SR	California (Pa.)	7.03
13 Joseph Piper	SR	Seton Hill	7.06
14 Kamaldeen Adegbite	FR	West Chester	7.08
15 Herb Quartermann	SO	Shippensburg	7.12
--- Garrison Lucas	FR	Lock Haven	DNF

Men 60 Meter Dash

Conference: 6.65 C 2008 **Brad Mueller**
Meet: 6.72 M 2020 **Andre Carr**
D2 Prov: 6.85 P

Name	Yr	School	Finals
Finals			
1 Kanye Thompson	SO	Slippery Rock	6.83P 10
2 Andrew Campbell	SR	Seton Hill	6.83P 8
3 Michael Fellin	SO	Kutztown	6.87 6
4 Lavar Jackson	FR	Shippensburg	6.87 5
5 AJ Virata	JR	Slippery Rock	6.90 4
6 Eric Kirk	SR	Shippensburg	6.98 3
7 Miguel Charlery	SO	East Stroudsburg	6.99 2
8 Maurice Whittle	JR	Shippensburg	7.00 1

Men 200 Meter Dash

Conference: 21.24 C 2010 **Chris Reddick**
Meet: 21.24 M 2010 **Chris Reddick**
D2 Prov: 21.67 P

Name	Yr	School	Prelims
Preliminaries			
1 AJ Virata	JR	Slippery Rock	22.10q
2 Lavar Jackson	FR	Shippensburg	22.13q
3 Miguel Charlery	SO	East Stroudsburg	22.15q
4 Kwame Whitaker	FR	Lock Haven	22.33q
5 Michael Fellin	SO	Kutztown	22.35q
6 Eric Kirk	SR	Shippensburg	22.37q
7 Daron Haggans	FR	Kutztown	22.53q
8 James Washburn	SO	Kutztown	22.59q

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Preliminaries ... (Men 200 Meter Dash)

Name	Yr	School	Prelims
9 Joseph Piper	SR	Seton Hill	22.64
10 Michael Ifidon	SO	Pitt.-Johnstown	22.88
11 Cristian Thornton	JR	Pitt.-Johnstown	23.00
12 Trenton Jubin	JR	Indiana (Pa.)	23.07
13 Jacy Willis	FR	Seton Hill	23.66

Men 200 Meter Dash

Conference: 21.24 C 2010 **Chris Reddick**
Meet: 21.24 M 2010 **Chris Reddick**
D2 Prov: 21.67 P

Name	Yr	School	Finals
Finals			
1 AJ Virata	JR	Slippery Rock	21.94 10
2 Miguel Charlery	SO	East Stroudsburg	22.07 8
3 Lavar Jackson	FR	Shippensburg	22.12 6
4 Eric Kirk	SR	Shippensburg	22.50 5
5 Daron Haggans	FR	Kutztown	22.51 4
6 Kwame Whitaker	FR	Lock Haven	22.55 3
7 James Washburn	SO	Kutztown	23.03 2
--- Michael Fellin	SO	Kutztown	DQ

Men 400 Meter Dash

Conference: 47.29 C 2019 **Dontay Jacobs**
Meet: 47.40 M 2020 **Aaron Arp**
D2 Prov: 48.52 P

Name	Yr	School	Prelims
Preliminaries			
1 Tyler Boone	JR	East Stroudsburg	49.60q
2 Renaco Limberg	FR	East Stroudsburg	50.08q
3 Kendall Branan	JR	Indiana (Pa.)	50.18q
4 James Washburn	SO	Kutztown	50.35q
5 Justin Egizio	JR	Indiana (Pa.)	50.54q
6 Colin Althoff	SR	West Chester	50.54q
7 Jak Kearney	FR	Shippensburg	50.75q
8 Jacob Thompson	FR	Slippery Rock	50.83q
9 Ryan Ditty	JR	East Stroudsburg	50.86
10 Kyle Rauchut	FR	Slippery Rock	50.89
11 Travis Bigham	JR	Shippensburg	51.04
12 Owen Putt	SO	Indiana (Pa.)	51.26
13 Robert Wilson	JR	Bloomsburg	51.39
14 Steele Wrigley	FR	Kutztown	51.48
15 Robert Hrabosky	JR	Shippensburg	51.68
16 Jacy Willis	FR	Seton Hill	51.77
17 Aydan Summers	JR	Lock Haven	51.87
18 Kadin Johnson	SO	Slippery Rock	52.54
19 Cristian Thornton	JR	Pitt.-Johnstown	53.17

Men 400 Meter Dash

Conference: 47.29 C 2019 **Dontay Jacobs**
Meet: 47.40 M 2020 **Aaron Arp**
D2 Prov: 48.52 P

Name	Yr	School	Finals
Finals			
1 Tyler Boone	JR	East Stroudsburg	50.10 10
2 Jak Kearney	FR	Shippensburg	50.28 8
3 Kendall Branan	JR	Indiana (Pa.)	50.34 6
4 Colin Althoff	SR	West Chester	50.39 5
5 James Washburn	SO	Kutztown	50.58 4
6 Renaco Limberg	FR	East Stroudsburg	50.68 3
7 Justin Egizio	JR	Indiana (Pa.)	50.91 2
8 Jacob Thompson	FR	Slippery Rock	1:51.19 1

Men 800 Meter Run

Conference: 1:49.49 C 2023 **Drew Dailey**
Meet: 1:52.23 M 2023 **Drew Dailey**
D2 Prov: 1:52.46 P

Name	Yr	School	Finals
Finals			
1 Drew Dailey	SR	Shippensburg	1:52.55 10
2 Noah Bernarding	JR	California (Pa.)	1:55.30 8
3 Chase Hensinger	SO	Shippensburg	1:55.85 6
4 Mason Jobe	SR	California (Pa.)	1:56.41 5
5 Andrew Wehrle	JR	Lock Haven	1:56.89 4
6 Tim Gale	FR	East Stroudsburg	1:57.22 3
7 Gavin Furey	SO	Lock Haven	1:58.22 2
8 Josh Miller	FR	West Chester	1:58.57 1
9 Ryan Corbitt	JR	Slippery Rock	1:58.57
10 Kirk Stewart	JR	Lock Haven	1:58.57
11 Peter Tepper	FR	Bloomsburg	1:59.13
12 Kaden Crump	FR	Seton Hill	1:59.52
13 Port Habalar	JR	Kutztown	1:59.66
14 Jarrett Lee	SO	Lock Haven	2:01.59
15 Brayden Graham	JR	Bloomsburg	2:04.39
16 Noah Lee	JR	Pitt.-Johnstown	2:17.29

Men 1 Mile Run

Conference: 4:05.72 C 2017 **Ryan Thompson**
Meet: 4:08.78 M 2010 **Nick Hilton**
D2 Prov: 4:09.80 P

Name	Yr	School	Finals
Finals			
1 Noah Bernarding	JR	California (Pa.)	4:14.59 10
2 Ian Sherlock	SR	Shippensburg	4:15.43 8
3 Joey Cintavey	SR	Slippery Rock	4:17.20 6
4 Chase Hensinger	SO	Shippensburg	4:17.77 5
5 Mike Formica	SO	Indiana (Pa.)	4:19.31 4
6 Brennan Wellock	SO	Shippensburg	4:19.60 3
7 Kirk Stewart	JR	Lock Haven	4:19.69 2
8 Adam Brocato	SO	Kutztown	4:21.19 1
9 Evan Weaver	SR	Indiana (Pa.)	4:22.51
10 Peyton Riley	FR	Bloomsburg	4:23.57
11 Philip Smith	SR	West Chester	4:25.14

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Finals ... (Men 1 Mile Run)				
Name	Yr	School	Finals	
12	Luke Cimakasky	SR	Pitt.-Johnstown	4:27.05
13	Tanner Walter	JR	Lock Haven	4:27.63
14	Brayden Graham	JR	Bloomsburg	4:28.75
15	Cade McLaughlin	SO	Lock Haven	4:31.30
16	Austin Melius	JR	Lock Haven	4:36.89
Men 3000 Meter Run				
Conference:		8:09.33 C 2013	Matt Gillette	
Meet:		8:14.66 M 2015	Brayden Burleigh	
D2 Prov:		8:17.78 P		
Name	Yr	School	Finals	
Finals				
1	Tommy Crum	FR	Shippensburg	8:38.73 10
2	Hayden Hunt	SR	Shippensburg	8:40.95 8
3	Ian Sherlock	SR	Shippensburg	8:41.18 6
4	Garrett Quinan	SO	Shippensburg	8:43.43 5
5	Mike Formica	SO	Indiana (Pa.)	8:47.55 4
6	Jakob Rager	FR	Lock Haven	8:48.34 3
7	Jonathan Thrush	SO	California (Pa.)	8:48.48 2
8	Dan Gibney	JR	Indiana (Pa.)	8:49.01 1
9	Troy Hart	SR	Slippery Rock	8:51.53
10	David Wootten	JR	Mansfield	8:52.54
11	Lucas Pajak	JR	Indiana (Pa.)	8:53.97
12	John Juszynski	SO	Slippery Rock	8:55.44
13	Marco Cardone	JR	Indiana (Pa.)	8:57.24
14	Landon Boyle	SO	East Stroudsburg	8:58.55
15	Andrew Diehl	FR	Kutztown	8:59.67
16	Caden Dufrene	JR	Bloomsburg	9:02.19
17	Evan Weaver	SR	Indiana (Pa.)	9:11.16
18	Peyton Riley	FR	Bloomsburg	9:12.65
---	Brian McGarrity	JR	East Stroudsburg	DNF
Men 5000 Meter Run				
Conference:		14:00.32 C 2008	Chris Clark	
Meet:		14:27.09 M 2007	Ryan Blood	
D2 Prov:		14:26.38 P		
Name	Yr	School	Finals	
Finals				
1	Garrett Quinan	SO	Shippensburg	15:04.61 10
2	Jonathan Thrush	SO	California (Pa.)	15:07.67 8
3	Hayden Hunt	SR	Shippensburg	15:09.46 6
4	Mike Formica	SO	Indiana (Pa.)	15:10.20 5
5	Troy Hart	SR	Slippery Rock	15:16.57 4
6	Dan Gibney	JR	Indiana (Pa.)	15:17.40 3
7	Jakob Rager	FR	Lock Haven	15:26.40 2
8	Ethan Brentham	SR	Slippery Rock	15:31.81 1
9	Lucas Pajak	JR	Indiana (Pa.)	15:33.47
10	Caden Dufrene	JR	Bloomsburg	15:36.58
11	Joel Beckwith	SO	Indiana (Pa.)	15:36.63
12	Landon Boyle	SO	East Stroudsburg	15:40.04
13	John Juszynski	SO	Slippery Rock	15:40.76
14	Kevin Wagner	SR	Shippensburg	15:41.03
15	Sam Moffat	JR	Indiana (Pa.)	15:42.76
16	Ryan Duff	JR	Bloomsburg	15:45.09

17	Ethan Rogers	JR	Lock Haven	15:47.93
18	Nate Harding	SR	Shippensburg	15:51.86
19	Aiden Gonder	JR	Shippensburg	15:59.53
20	Robby Lloyd	FR	Kutztown	16:01.63
21	Evan Wooby	JR	East Stroudsburg	16:09.20
22	Jason Vogt	SO	West Chester	16:42.01
Men 60 Meter Hurdles				
Conference:		7.88 C 2020	Charles Bowman	
Meet:		7.88 M 2020	Charles Bowman	
D2 Prov:		8.20 P		
Name	Yr	School	Prelims	
Preliminaries				
1	Jeovaughni Daniel	JR	Shippensburg	P 8.12Q
2	Matthew Crow	SO	Slippery Rock	P 8.16Q
3	Bernard Bell III	FR	Shippensburg	8.25q
4	Austin Kravetz	JR	Lock Haven	8.29q
5	Kyle Love	SO	Kutztown	8.35q
6	Kobe Jenkins	SR	East Stroudsburg	8.43q
7	Dekai Averett	SO	Kutztown	8.48q
8	Ben Hartman	SR	Seton Hill	8.51q
9	Josiah Schans	FR	Lock Haven	8.52
10	Matt Reinard	SO	Lock Haven	8.58
11	Zach Debose	FR	Indiana (Pa.)	8.73
12	Darien Malawi	SO	Slippery Rock	8.74
13	Malwandla Baloyi	FR	Seton Hill	8.80
14	Jonathan Wess	FR	Slippery Rock	8.82
---	Brenden Lewis	SR	Slippery Rock	FS
---	Ragiariki Lewis	FR	East Stroudsburg	DQ
Men 60 Meter Hurdles				
Conference:		7.88 C 2020	Charles Bowman	
Meet:		7.88 M 2020	Charles Bowman	
D2 Prov:		8.20 P		
Name	Yr	School	Finals	
Finals				
1	Matthew Crow	SO	Slippery Rock	8.11P 10
2	Austin Kravetz	JR	Lock Haven	8.28 8
3	Kyle Love	SO	Kutztown	8.36 6
4	Bernard Bell III	FR	Shippensburg	8.40 5
5	Kobe Jenkins	SR	East Stroudsburg	8.43 4
6	Ben Hartman	SR	Seton Hill	8.62 3
7	Dekai Averett	SO	Kutztown	8.65 2
---	Jeovaughni Daniel	JR	Shippensburg	FS

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Men 4x400 Meter Relay

Conference: 3:12.52 C 2015 Shippensburg
Bologa, Kujawski, Usher, Bales
Meet: 3:14.90 M 2019 Shippensburg
Bowman, Arp, Padmore, Stiles
D2 Prov: 3:16.49 P

Team	Relay	Finals
Finals		
1 East Stroudsburg		3:20.00 10
1) Tyler Boone JR	2) Renaco Limberg FR	
3) Jaylen Morrison SO	4) Miguel Charlery SO	
2 Shippensburg		3:22.34 8
1) Jak Kearney FR	2) Eric Kirk SR	
3) Travis Bigham JR	4) Lavar Jackson FR	
3 Indiana (Pa.)		3:25.54 6
1) Trenton Jubin JR	2) Owen Putt SO	
3) Justin Egizio JR	4) Kendall Branan JR	
4 Slippery Rock		3:26.33 5
1) Tyler Morosky SO	2) Trey Huha FR	
3) Micah Good FR	4) Kyle Rauchut FR	
5 Seton Hill		3:26.71 4
1) Joseph Piper SR	2) Blaise Verrastro FR	
3) Kaden Crump FR	4) Jacy Willis FR	
6 Kutztown		3:27.12 3
1) Joe Cavalcante FR	2) Steele Wrigley FR	
3) Don Hill JR	4) James Washburn SO	
7 Bloomsburg		3:27.44 2
1) Robert Wilson JR	2) Brady Dowell JR	
3) Finnegan Purtle FR	4) Andrew Basile JR	
8 Lock Haven		3:28.05 1
1) Matt Reinard SO	2) Aydan Summers JR	
3) Brennan Miller JR	4) Andrew Wehrle JR	
9 California (Pa.)		3:28.93
1) Abdul Griggs JR	2) Will Berzonsky FR	
3) Mason Jobe SR	4) Noah Bernarding JR	
10 Pitt.-Johnstown		3:29.25
1) Marcello Legister JR	2) Damian Blum FR	
3) Blake Lauper JR	4) Cristian Thornton JR	
11 West Chester		3:31.32
1) Drew Gallen SO	2) Jack Wasserman SR	
3) Josh Farrell SO	4) Colin Althoff SR	
12 Mansfield		3:40.34
1) Jackson Doughty JR	2) Seth Neal JR	
3) Ibrahim Sheriff SO	4) Victor Ortiz SR	

Men Distance Medley

Conference: 9:45.24 C 2013 Shippensburg
Kehl, Kujawski, Flott, Gillette
Meet: 10:03.18 M 2007 East Stroudsburg
Nesbit, Reid, Innis, Pinto
D2 Prov: 10:03.10 P

Team	Relay	Finals
Finals		
1 Lock Haven		10:17.05 10
1) Andrew Wehrle JR	2) Brennan Miller JR	
3) Kirk Stewart JR	4) Gavin Furey SO	
2 Bloomsburg		10:17.56 8
1) Peyton Riley FR	2) Andrew Basile JR	
3) Peter Tepper FR	4) Brayden Graham JR	
3 Kutztown		10:18.22 6
1) Andrew Diehl FR	2) Joe Cavalcante FR	
3) Port Habalar JR	4) Adam Brocato SO	
4 West Chester		10:21.95 5
1) Josh Miller FR	2) Jack Wasserman SR	
3) William Zane SO	4) Philip Smith SR	
5 California (Pa.)		10:22.59 4
1) Jon Berzonsky FR	2) Abdul Griggs JR	
3) Bill Folmer SO	4) Mason Jobe SR	
6 Shippensburg		10:32.72 3
1) Ryan Scicchitano JR	2) Travis Bigham JR	
3) Jackson Gutekunst FR	4) Ryan Wolfe SO	
7 Slippery Rock		10:38.64 2
1) Ryan Corbitt JR	2) Tyler Morosky SO	
3) Brady Hoffman FR	4) Joey Cintavey SR	
8 Pitt.-Johnstown		10:39.47 1
1) Aiden Lechleitner FR	2) Damian Blum FR	
3) Noah Lee JR	4) Luke Cimakasky SR	
9 East Stroudsburg		10:41.63
1) Lucas Thaler FR	2) Zephyr Crestwell JR	
3) Emmanuel Gitonga SO	4) Tim Gale FR	
10 Indiana (Pa.)		10:43.14
1) Nate Kuntz JR	2) Hunter Stuck SO	
3) Gabe Pacyna FR	4) Tom Brady SO	
11 Seton Hill		11:09.94
1) Kamsi Obuekwe FR	2) Blaise Verrastro FR	
3) Andrew Smith JR	4) Kaden Crump FR	

Men High Jump**Progression: 1.78 +5cm to 2.03, +3cm to 2.12, 2.14**

Conference: 7-01.75 C 2006 Jim Dempsey
Meet: 2.12m M 2018 Tra-C Davis
D2 Prov: 2.03m P

Name	Yr	School	Finals
Finals			
1 Logan Pfister	JR	California (Pa.)	2.13mM 10
2 Drew Domurat	FR	East Stroudsburg	2.06mP 8
3 Kenny Rhyne	SR	Shippensburg	1.98m 6
4 Logan Turton	SO	Slippery Rock	1.98m 5
5 Daniel Smith	SO	East Stroudsburg	1.98m 4
6 Jordon Floyd	JR	Kutztown	1.93m 3

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Finals ... (Men High Jump)

Name	Yr	School	Finals
7 Tracey White	JR	Kutztown	1.93m 2
8 Noah Ser	SO	Pitt.-Johnstown	1.93m 1
9 Malwandla Baloyi	FR	Seton Hill	1.93m
10 Aaron Sanchez	JR	East Stroudsburg	1.93m
11 Jaden Johnson	SO	East Stroudsburg	1.93m
12 Adam Wood	SO	Indiana (Pa.)	1.88m
13 Michael Stebila	FR	Bloomsburg	1.78m
13 Shaheem Hill	SO	Bloomsburg	1.78m
15 Josiah Schans	FR	Lock Haven	1.78m
--- Doug Walsh	JR	Bloomsburg	NH

Men Pole Vault

Jardine won jump-off at 5.06

Conference: 17-01 C 2019 **Derek Horton**
Meet: 5.15m M 2019 **Derek Horton**
D2 Prov: 4.76m P

Name	Yr	School	Finals
Finals			
1 Joe Jardine	SR	Kutztown	5.06mP 10
2 Dan Hyatt	SR	Slippery Rock	4.96mP 8
3 Bradon Schneider	FR	Slippery Rock	4.86mP 6
4 Andrew Layton	FR	Slippery Rock	4.86mP 5
5 Robert Lissner	JR	Shippensburg	4.76mP 4
6 Chris Costa	SO	East Stroudsburg	4.61m 3
7 Andy Huynh	SR	Slippery Rock	4.46m 1.5
7 Samuel Jenkins	JR	West Chester	4.46m 1.5
9 Nathan Schaeffer	JR	Kutztown	4.46m
10 Devon Carlsonsrank	SO	West Chester	4.31m
10 Ben Kissell	JR	Seton Hill	4.31m
10 Bridger Blankenbicker	FR	Pitt.-Johnstown	4.31m
13 Nick Bellomo	FR	Lock Haven	4.31m
14 Cullen Birkes	SO	Slippery Rock	4.16m
15 Jason Mraz	JR	Kutztown	4.16m
16 Colin Finkbiner	JR	California (Pa.)	4.01m
16 Carlton Wise	FR	East Stroudsburg	4.01m

Men Long Jump

Top 9 Advance To Final

Conference: 25-03.25 C 2011 **Herman Kirkland**
Meet: 7.70m M 2011 **Herman Kirtland**
D2 Prov: 7.13m P

Name	Yr	School	Finals
Finals			
1 Bryan Dworek	SR	Slippery Rock	7.18mP 10
2 Maurice Whittle	JR	Shippensburg	7.15mP 8
3 Gabe Sample	SO	Kutztown	7.12m 6
4 John Gorham	JR	East Stroudsburg	7.11m 5
5 John Giansante	JR	Seton Hill	7.02m 4
6 Nick Page	JR	West Chester	7.00m 3
7 Kwame Whitaker	FR	Lock Haven	6.98m 2
8 Jak Kearney	FR	Shippensburg	6.87m 1
9 Bryson Gilchrist	FR	East Stroudsburg	6.84m
10 Will Rivers	SR	West Chester	6.73m
11 Anthony DeFusco	JR	Kutztown	6.67m

12 Darrian Ressler	SO	Shippensburg	6.59m
13 Matthew Muthler	JR	Lock Haven	6.51m
14 Teagan Weaver	SO	Shippensburg	6.40m
15 Hunter Johnson	JR	Pitt.-Johnstown	6.39m
16 Ryan Porch	FR	Pitt.-Johnstown	5.99m

Men Triple Jump

Top 9 Advance To Final

Conference: 50-08 C 2000 **Ewin Jenkins**
Meet: 15.28m M 2010 **Drew Miller**
D2 Prov: 14.41m P

Name	Yr	School	Finals
Finals			
1 Will Rivers	SR	West Chester	14.74mP 10
2 SahBri Hill	FR	Indiana (Pa.)	14.41mP 8
3 Jaden Johnson	SO	East Stroudsburg	14.33m 6
4 Maurice Whittle	JR	Shippensburg	14.28m 5
5 Anthony DeFusco	JR	Kutztown	14.24m 4
6 Taye Lynch	SR	Slippery Rock	14.22m 3
7 Zack Duda	SR	Slippery Rock	13.95m 2
8 John Gorham	JR	East Stroudsburg	13.88m 1
9 Ian James	SO	Slippery Rock	13.59m
10 Darrian Ressler	SO	Shippensburg	13.54m
11 John Giansante	JR	Seton Hill	13.51m
12 Chase Parkinson	SO	West Chester	13.39m
13 Jabrie Gaymon	FR	Shippensburg	13.23m
14 Michael Lawrence	SO	Lock Haven	13.15m
15 Nasir Heard	FR	East Stroudsburg	13.02m
16 Kwame Whitaker	FR	Lock Haven	12.88m

Men Shot Put

Top 9 Advance To Final

Conference: 64-03.25 C 2023 **Ralph Casper**
Meet: 18.89m M 2020 **Ralph Casper**
D2 Prov: 16.43m P

Name	Yr	School	Finals
Finals			
1 Cole Gorham	JR	East Stroudsburg	17.71mP 10
2 Seaton Wozniak	SO	Slippery Rock	16.97mP 8
3 Joshua Gose	SR	Slippery Rock	16.84mP 6
4 Gian Greggo	FR	Shippensburg	16.40m 5
5 Anthony Voto	SO	East Stroudsburg	16.02m 4
6 Will Mattei	SR	East Stroudsburg	15.66m 3
7 Angelo Allen	SO	Seton Hill	15.66m 2
8 Joshua Herbster	SR	Shippensburg	15.63m 1
9 Donovan Kitchen	FR	Shippensburg	15.33m
10 Zach Gose	SO	Slippery Rock	14.57m
11 Anthony Helmstetter	JR	Kutztown	14.24m
12 Derrick Lukomski	JR	West Chester	14.11m
13 Nathan Fetchkan	JR	Lock Haven	14.11m
14 Bryce Washington	SO	California (Pa.)	14.08m
15 Joshua Rohland	JR	Slippery Rock	13.92m
16 Kyree Butler	FR	Kutztown	13.91m
17 Colin Daub	FR	Shippensburg	13.53m
18 Kaleb Zimmerman	FR	Bloomsburg	13.24m
19 Jacob Solonoski	JR	Kutztown	13.22m

PSAC Indoor Track & Field Championships
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Results

Men Weight Throw 35 lb.

Top 9 Advance To Final

Conference: 66-03.75 C 2010

Paul Wagner

Meet: 20.21m M 2010

Paul Wagner

D2 Prov: 18.09m P

Name	Yr	School	Finals
Finals			
1 Joshua Herbster	SR	Shippensburg	19.20mP 10
2 Anthony Voto	SO	East Stroudsburg	18.15mP 8
3 Jacob Solonoski	JR	Kutztown	17.41m 6
4 Zach Gose	SO	Slippery Rock	16.62m 5
5 Eric Zalar	FR	Lock Haven	15.87m 4
6 Derrick Lukomski	JR	West Chester	15.70m 3
7 Joshua Rohland	JR	Slippery Rock	15.68m 2
8 Gian Greggo	FR	Shippensburg	15.24m 1
9 Donovan Kitchen	FR	Shippensburg	14.90m
10 Angelo Allen	SO	Seton Hill	14.89m
11 Ben Thornton	JR	West Chester	14.72m
12 Ridge Crispino	FR	Shippensburg	14.68m
13 Jaden Lopez	SR	Seton Hill	14.54m
14 Anthony Helmstetter	JR	Kutztown	13.95m
15 Joshua Gose	SR	Slippery Rock	13.67m
16 Colton Myers	SO	Lock Haven	13.24m

Heptathlon: #1 Men 60 Meter Dash Heptathlon

Name	Yr	School	Finals
Finals			
1 Mason Boyd	JR	Shippensburg	7.09 851
2 Doug Walsh	JR	Bloomsburg	7.09 851
3 Robert Lissner	JR	Shippensburg	7.17 823
4 Zack Duda	SR	Slippery Rock	7.22 806
5 Nick Bellomo	FR	Lock Haven	7.27 789
6 Ryan Murphy	SO	Shippensburg	7.28 785
7 Malwandla Baloyi	FR	Seton Hill	7.45 729
8 Andrew Kane	SO	Bloomsburg	7.45 729
9 Ethan Folmer	SO	Slippery Rock	7.46 726
10 Gavin Thomas	SR	Slippery Rock	7.47 723
11 Noah Bankert	FR	Shippensburg	7.52 706
12 Matthew Muthler	JR	Lock Haven	7.56 694
13 Kyle Adams	SR	Slippery Rock	7.58 687
14 Michael Stebila	FR	Bloomsburg	7.95 574

Heptathlon: #7 Men 1000 Meter Run Heptathlon

Name	Yr	School	Finals
Finals			
1 Matthew Muthler	JR	Lock Haven	2:37.86 897
2 Mason Boyd	JR	Shippensburg	2:44.56 823
3 Robert Lissner	JR	Shippensburg	2:52.80 737
4 Doug Walsh	JR	Bloomsburg	2:59.37 670
5 Andrew Kane	SO	Bloomsburg	3:03.91 626
6 Zack Duda	SR	Slippery Rock	3:07.59 592
7 Ethan Folmer	SO	Slippery Rock	3:09.08 578
8 Nick Bellomo	FR	Lock Haven	3:12.23 549
9 Ryan Murphy	SO	Shippensburg	3:12.39 548
10 Gavin Thomas	SR	Slippery Rock	3:12.88 544

11 Noah Bankert	FR	Shippensburg	3:15.92 517
12 Michael Stebila	FR	Bloomsburg	3:18.62 493
13 Malwandla Baloyi	FR	Seton Hill	3:22.93 457
14 Kyle Adams	SR	Slippery Rock	3:34.24 368

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

Name	Yr	School	Finals
Finals			
1 Malwandla Baloyi	FR	Seton Hill	8.66 823
2 Matthew Muthler	JR	Lock Haven	8.79 793
3 Mason Boyd	JR	Shippensburg	8.93 761
4 Ryan Murphy	SO	Shippensburg	8.99 748
5 Robert Lissner	JR	Shippensburg	8.99 748
6 Nick Bellomo	FR	Lock Haven	9.02 741
7 Doug Walsh	JR	Bloomsburg	9.12 720
8 Gavin Thomas	SR	Slippery Rock	9.32 677
9 Kyle Adams	SR	Slippery Rock	9.53 633
10 Ethan Folmer	SO	Slippery Rock	9.61 617
11 Andrew Kane	SO	Bloomsburg	9.66 607
12 Michael Stebila	FR	Bloomsburg	9.76 587
13 Noah Bankert	FR	Shippensburg	9.85 570
--- Zack Duda	SR	Slippery Rock	DQ

Heptathlon: #4 Men High Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Doug Walsh	JR	Bloomsburg	1.89m 705
1 Malwandla Baloyi	FR	Seton Hill	1.89m 705
1 Ryan Murphy	SO	Shippensburg	1.89m 705
1 Zack Duda	SR	Slippery Rock	1.89m 705
5 Matthew Muthler	JR	Lock Haven	1.86m 679
6 Mason Boyd	JR	Shippensburg	1.83m 653
6 Robert Lissner	JR	Shippensburg	1.83m 653
8 Michael Stebila	FR	Bloomsburg	1.80m 627
9 Noah Bankert	FR	Shippensburg	1.77m 602
9 Ethan Folmer	SO	Slippery Rock	1.77m 602
9 Kyle Adams	SR	Slippery Rock	1.77m 602
12 Gavin Thomas	SR	Slippery Rock	1.74m 577
13 Nick Bellomo	FR	Lock Haven	1.68m 528
14 Andrew Kane	SO	Bloomsburg	1.62m 480

Heptathlon: #6 Men Pole Vault Heptathlon

Name	Yr	School	Finals
Finals			
1 Robert Lissner	JR	Shippensburg	4.60m 790
2 Mason Boyd	JR	Shippensburg	4.30m 702
2 Nick Bellomo	FR	Lock Haven	4.30m 702
4 Malwandla Baloyi	FR	Seton Hill	4.10m 645
5 Gavin Thomas	SR	Slippery Rock	3.80m 562
6 Doug Walsh	JR	Bloomsburg	3.70m 535
6 Andrew Kane	SO	Bloomsburg	3.70m 535
6 Matthew Muthler	JR	Lock Haven	3.70m 535
9 Kyle Adams	SR	Slippery Rock	3.40m 457
10 Zack Duda	SR	Slippery Rock	3.30m 431
11 Ryan Murphy	SO	Shippensburg	3.20m 406
11 Ethan Folmer	SO	Slippery Rock	3.20m 406

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Results

Finals ... (Heptathlon: #6 Men Pole Vault Heptathlon)

Name	Yr	School	Finals
13 Michael Stebila	FR	Bloomsburg	2.80m 309
13 Noah Bankert	FR	Shippensburg	2.80m 309

Heptathlon: #2 Men Long Jump Heptathlon

Name	Yr	School	Finals
Finals			
1 Mason Boyd	JR	Shippensburg	7.10m 838
2 Gavin Thomas	SR	Slippery Rock	6.86m 781
3 Doug Walsh	JR	Bloomsburg	6.83m 774
4 Robert Lissner	JR	Shippensburg	6.47m 691
5 Ethan Folmer	SO	Slippery Rock	6.46m 688
6 Matthew Muthler	JR	Lock Haven	6.45m 686
7 Zack Duda	SR	Slippery Rock	6.40m 675
7 Nick Bellomo	FR	Lock Haven	6.40m 675
9 Noah Bankert	FR	Shippensburg	6.30m 652
10 Andrew Kane	SO	Bloomsburg	6.29m 650
11 Ryan Murphy	SO	Shippensburg	6.20m 630
12 Malwandla Baloyi	FR	Seton Hill	5.96m 578
13 Kyle Adams	SR	Slippery Rock	5.79m 542
14 Michael Stebila	FR	Bloomsburg	5.64m 510

Heptathlon: #3 Men Shot Put Heptathlon

Name	Yr	School	Finals
Finals			
1 Doug Walsh	JR	Bloomsburg	11.42m 571
2 Zack Duda	SR	Slippery Rock	11.41m 571
3 Gavin Thomas	SR	Slippery Rock	11.21m 559
4 Mason Boyd	JR	Shippensburg	11.03m 548
5 Nick Bellomo	FR	Lock Haven	10.89m 539
6 Ryan Murphy	SO	Shippensburg	10.71m 528
7 Michael Stebila	FR	Bloomsburg	10.29m 503
8 Ethan Folmer	SO	Slippery Rock	10.18m 496
8 Matthew Muthler	JR	Lock Haven	10.18m 496
10 Robert Lissner	JR	Shippensburg	9.92m 481
11 Kyle Adams	SR	Slippery Rock	9.59m 461
12 Andrew Kane	SO	Bloomsburg	8.32m 385
13 Malwandla Baloyi	FR	Seton Hill	8.21m 379
14 Noah Bankert	FR	Shippensburg	8.13m 374

Men Heptathlon

Conference: 5162 C 2023 Mason Boyd

Meet: 5162 M 2023 Mason Boyd

D2 Prov: 4710 P

Name	Yr	School	Finals
Finals			
1 Mason Boyd	JR	Shippensburg	5176C 10
2 Robert Lissner	JR	Shippensburg	4923P 8
3 Doug Walsh	JR	Bloomsburg	4826P 6
4 Matthew Muthler	JR	Lock Haven	4780P 5
5 Nick Bellomo	FR	Lock Haven	4523 4
6 Gavin Thomas	SR	Slippery Rock	4423 3
7 Ryan Murphy	SO	Shippensburg	4350 2
8 Malwandla Baloyi	FR	Seton Hill	4316 1
9 Ethan Folmer	SO	Slippery Rock	4113

10 Andrew Kane	SO	Bloomsburg	4012
11 Zack Duda	SR	Slippery Rock	3780
12 Kyle Adams	SR	Slippery Rock	3750
13 Noah Bankert	FR	Shippensburg	3730
14 Michael Stebila	FR	Bloomsburg	3603

Women - Team Rankings - 17 Events Scored

1) Slippery Rock	136
2) Shippensburg	106
3) Seton Hill	58
4) California (Pa.)	57.5
5) East Stroudsburg	56.5
6) Millersville	46
7) Kutztown	45
8) Edinboro	39
9) Bloomsburg	34
10) West Chester	20.5
11) Lock Haven	19.5
12) Clarion	18
13) Mansfield	16
14) Indiana (Pa.)	7
15) Pitt.-Johnstown	4

Men - Team Rankings - 17 Events Scored

1) Shippensburg	182
2) Slippery Rock	117.5
3) East Stroudsburg	92
4) Kutztown	65
5) Lock Haven	50
6) California (Pa.)	47
7) Indiana (Pa.)	39
8) West Chester	28.5
9) Seton Hill	22
10) Bloomsburg	16
11) Pitt.-Johnstown	2