

## Hamilton College Continental Invitational

Hamilton College - 3/30/2024

## Results

## Women 100 Meter Dash

Facility: 11.76 F 4/30/2022 Malissa Lindsey

AARTFC: 12.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Jenna Capolupo	FR D'Youville	12.48 2.7
2	Mackenzie Mix	JR Utica	12.58 2.7
3	Julia Aiello	FR SUNY Cobleskill	12.91 3.8
4	Christine Mallette	JR RPI	12.92 2.7
5	Danielle Jackson	JR Oneonta	12.96 3.8
6	Margaret Petty	SO Oneonta	12.96 3.8
7	Kadie-Ann Whyte	SR SUNY Delhi	12.97 2.7
8	Alexa Thomas	FR Hamilton	13.08 3.8
9	Nicolette DuBose	FR Oneonta	13.08 2.7
10	Zeniyah Gholson	SO Utica	13.09 3.8
11	Lauren Szalkowski	FR RPI	13.09 0.9
12	Alyssa Fici	FR RPI	13.15 0.9
13	Pepita Graham	FR Hartwick	13.16 1.1
14	Brianna Senatore	FR Oneonta	13.19 2.5
15	Claudia Simione	JR Utica	13.28 2.7
16	Laura Meade	SR Utica	13.40 2.7
17	Ayjah Clarke	SR Utica	13.47 0.9
18	Elizabeth Glomski	JR Utica	13.49 3.8
19	Alyssa Costello	FR D'Youville	13.51 1.1
20	Meg Cruz	FR SUNY Delhi	13.53 0.9
21	McKenna Castor	FR Castleton	13.70 0.6
22	Tooni Olaleye	FR RPI	13.75 0.9
23	Melinda Haagensen	FR Colgate	13.80 0.6
24	Taylor Ross	SR Castleton	13.98 1.1
25	Sevilla Groebe	JR D'Youville	14.06 1.1
26	Ashlee Sphabmixay	SO Oneonta	14.11 0.9
27	Gabby Irvin	FR RPI	14.12 0.9
28	Angelina Reish	FR Albany Pharmacy	14.15 2.5
29	Elizabeth Driscoll	SR Colgate	14.18 1.1
30	Rachel Doty-Snay	SO Castleton	14.54 0.6
31	Aliyah White	SO D'Youville	14.56 1.1
32	Julianna Hallyburton	SO Colgate	14.65 0.6
33	Margaret Condon	SO Hamilton	14.74 0.9
34	Kalifa Donald	FR SUNY Delhi	14.99 1.1
35	Jordana Fiorese	SO SUNY Cobleskill	15.71 2.5
36	Carson Collins	FR SUNY Cobleskill	15.78 2.5
37	Fonta Toure	FR Morrisville	15.83 0.6
38	Julia Sponable	SO D'Youville	18.41 0.6
---	Anastasiia Horova	SO D'Youville	DNS 0.6
---	Destiny Carter	FR Hartwick	DNS 1.1
---	Kiran George	FR Colgate	DNS 2.7
---	Kimberly Dean	SR SUNY Delhi	DNS 3.8
---	Lilah Ward	JR SUNY Cobleskill	DNS 3.8
---	Giovanna Wall	JR Hartwick	DNS 0.6

## Women 200 Meter Dash

Facility: 24.14 F 4/30/2022 Malissa Lindsey

AARTFC: 25.70 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Christine Mallette	JR RPI	26.16 1.7
2	Zoe Rodi	SO SUNY Delhi	26.17 1.7
3	Jenna Capolupo	FR D'Youville	26.34 1.7
4	Lauren Szalkowski	FR RPI	26.53 2.2
5	Katie Manning	JR RPI	26.58 1.7
6	Ejim Nnate	JR Oneonta	26.75 1.7
7	Kadie-Ann Whyte	SR SUNY Delhi	26.78 1.7
8	Julia Aiello	FR SUNY Cobleskill	26.80 2.2
9	Danielle Jackson	JR Oneonta	26.95 1.7
10	Abrianna Wadley	JR Utica	26.98 1.7
11	Danielle Fisk	SR Cortland	27.11 2.2
12	Alexa Thomas	FR Hamilton	27.15 2.8
13	Oonagh Last	FR Colgate	27.19 2.8
14	Nicolette DuBose	FR Oneonta	27.26 2.2
15	Alyssa Fici	FR RPI	27.36 2.2
16	Janaiya Cruz-Bermudez	SR Utica	27.59 2.2
17	Brianna Senatore	FR Oneonta	27.69 2.8
18	Meg Cruz	FR SUNY Delhi	27.71 2.8
19	Faydia Thompson	JR RPI	28.22 2.8
20	Marcella DeNitto	FR Hamilton	28.26 1.7
21	Taylor Johnson	JR Oneonta	28.33 2.8
22	Eko Dodd-Brown	FR Oneonta	28.39 1.7
23	Danica Austin	FR Oneonta	28.53 1.7
24	Tooni Olaleye	FR RPI	28.59 2.8
25	Amelia Petersen	FR Utica	28.80 1.7
26	Margaret Petty	SO Oneonta	28.89 2.8
27	Becca Itty	SO RPI	28.91 1.1
28	Alyssa Costello	FR D'Youville	28.99 1.7
29	Ini Oyewusi	JR Colgate	29.13 1.1
30	Laura Meade	SR Utica	29.19 2.2
31	Ashlee Sphabmixay	SO Oneonta	29.52 1.1
32	Halle Raina	JR RPI	30.07 1.1
33	Molly Corbett	FR Hartwick	30.09 2.2
34	Kamryn Williams	FR Utica	30.33 2.2
35	Sonia Erbe	FR Colgate	30.54 2.9
36	Angelina Reish	FR Albany Pharmacy	30.62 2.9
37	Ysahni Mayshack	FR SUNY Delhi	30.67 2.9
38	Haley Korwan	SO RPI	31.01 1.1
39	Rachel Doty-Snay	SO Castleton	31.35 2.9
40	Aliyah White	SO D'Youville	31.70 1.1
41	Katie Scarpulla	FR Morrisville	32.27 1.1
42	Kalifa Donald	FR SUNY Delhi	32.98 2.2
43	Emma Zacharewicz	JR Utica	35.53 2.2
44	Alexis Olen	FR Sage	35.55 2.9
45	Kayla Burt	FR Hartwick	37.29 2.9
46	Krystal Ogoke	FR Albany Pharmacy	38.28 2.2
---	Jayle Leonard	FR Utica	DNS 1.7
---	Stefania Grimaldi	FR Utica	DNS 1.7
---	Stephanie Cohen	FR Hartwick	DNS 2.9
---	Kimberly Dean	SR SUNY Delhi	DNS 2.2

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**Results**

**Finals ... (Women 200 Meter Dash)**

Name	Yr	School	Finals
---		Atticus Dinsmore	SO Hartwick DNS 1.7
---		Ka'ena Kehano	SO Albany Pharmacy DNS 2.9
---		Kelly Lucas	SO D'Youville DNS 1.1

**Women 400 Meter Dash**

Facility: 55.01 F 4/30/2022 Grace Devanny

AARTFC: 59.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Claire	Tratnyek	SO Hamilton 1:01.64
2	Janaiya	Cruz-Bermudez	SR Utica 1:02.72
3	Oonagh	Last	FR Colgate 1:03.31
4	Madison	Macneill	FR D'Youville 1:04.40
5	Taylor	Johnson	JR Oneonta 1:04.45
6	Faydia	Thompson	JR RPI 1:05.78
7	Daniae	Austin	FR Oneonta 1:05.87
8	Eko	Dodd-Brown	FR Oneonta 1:06.46
9	Nithya	Gutta	FR Albany Pharmacy 1:07.30
10	Minna	Cederman-Kobayas	FR D'Youville 1:07.55
11	Mara	Mariani	FR D'Youville 1:08.36
12	Haley	Korwan	SO RPI 1:10.77
13	Ysahni	Mayshack	FR SUNY Delhi 1:12.89
14	Giuliana	Capparello	SR Sage 1:12.97
15	Hannah	Maxson	FR Sage 1:18.53
16	Emma	Zacharewicz	JR Utica 1:21.30
17	Kayla	Burt	FR Hartwick 1:32.39
---		Zoe Rodi	SO SUNY Delhi DNS
---		Becca Itty	SO RPI DNS
---		Marcella DeNitto	FR Hamilton DNS

**Women 800 Meter Run**

Facility: 2:09.51 F 4/30/2022 Cassie Kearney

AARTFC: 2:21.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Kate	Scibelli	SO Hamilton 2:21.49
2	Hailey	Bradley	FR Colgate 2:26.09
3	Katie	Sands	SR Hamilton 2:30.26
4	Lydia	Smith	SR D'Youville 2:30.99
5	Mary	Bryant	FR SUNY Delhi 2:31.17
6	Madison	Kennedy	FR Morrisville 2:32.54
7	Eva	McIlraith	SO Hamilton 2:32.96
8	Jade	Denning	JR Utica 2:36.90
9	Cherise	Mack	SR Cortland 2:39.95
10	Amber	Cuthbert	JR Castleton 2:40.86
11	Evie	Eastman	FR SUNY Delhi 2:41.87
12	Kamryn	Williams	FR Utica 2:43.60
13	Olivia	Komacek	FR Oneonta 2:47.23
14	Lexie	Hillman	SO D'Youville 2:47.98
15	Christina	Bagin	SR Hamilton 2:48.64
16	Natalie	Deso	FR Oneonta 2:49.47
17	Amelia	Konstanty	FR Cortland 2:50.96
18	Barbara	Kunz	FR D'Youville 2:51.16
19	Olivia	Balfe	FR Cortland 2:52.18

20	Sarah	Kiefer	SO Cortland 2:53.10
21	Minna	Cederman-Kobayas	FR D'Youville 3:00.91
22	Rena	Gemari	FR Castleton 3:04.81
23	Giselle	Campbell	FR Albany Pharmacy 3:10.24
---	Noella	Burlette	JR Utica DNS
---	Gianna	Welker	JR Utica DNS

**Women 1500 Meter Run**

Facility: 4:26.64 F 4/30/2022 Cassie Kearney

AARTFC: 4:50.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Audrey	Luell	FR Colgate 4:53.96
2	Hailey	Bradley	FR Colgate 4:54.49
3	Sasha	Iizuka-Sheeley	FR Hamilton 4:59.55
4	Sabrina	Mena	JR Oneonta 4:59.77
5	Lydia	Smith	SR D'Youville 5:07.13
6	Emily	Pogozelski	SO Hamilton 5:08.28
7	Sierra	Basco	JR Oneonta 5:08.50
8	Lilianna	Peters	FR SUNY Cobleskill 5:14.06
9	Jade	Denning	JR Utica 5:16.25
10	Mackenzie	Feeney	SR Sage 5:16.62
11	Alexandra	Herman	FR Colgate 5:16.92
12	Eva	Woodworth	SO Oneonta 5:20.08
13	Mia	Burton	FR Colgate 5:26.72
14	Cherise	Mack	SR Cortland 5:26.79
15	Amber	Cuthbert	JR Castleton 5:27.46
16	Evie	Eastman	FR SUNY Delhi 5:28.55
17	Noella	Burlette	JR Utica 5:33.90
18	Lexie	Hillman	SO D'Youville 5:34.58
19	Mara	Mariani	FR D'Youville 5:35.62
20	Olivia	Balfe	FR Cortland 5:36.93
21	Alyssa	Freeguard	SO SUNY Cobleskill 5:37.88
22	Barbara	Kunz	FR D'Youville 5:42.15
23	Emma	Klina	FR Colgate 5:43.07
24	Kaitlynn	McNamara	JR Oneonta 5:44.03
25	Gianna	Welker	JR Utica 5:44.61
26	Amelia	Konstanty	FR Cortland 5:45.14
27	Charisma	Losee	SO Sage 5:49.87
28	Ivy	Murphy	FR Morrisville 5:51.07
29	Sarah	Kiefer	SO Cortland 5:51.58
30	Clara	Fu	SO Hamilton 5:55.05
31	Caroline	Westvig	SO Oneonta 6:07.71
32	Kayleigh	Simpson	SO Albany Pharmacy 6:40.43
33	Lindsey	Urist	SO Oneonta 6:40.66
---	Parker	Jinkins	FR Hartwick DNF
---	Chloe	Davis	SO SUNY Cobleskill DNS

**Women 5000 Meter Run**

Facility: 17:27.85 F 4/30/2022 Ella Ball

AARTFC: 18:45.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Lainie	Smith	SO D'Youville 18:38.71A
2	Elizabeth	Ingellis	JR Sage 18:45.55
3	Frances	Munger	FR Colgate 19:17.41

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**Results**

**Finals ... (Women 5000 Meter Run)**

Name	Yr	School	Finals
4 Maddox Miller	FR	Colgate	19:18.68
5 Olivia Holland	SO	Oneonta	19:57.14
6 Lily Schulz	FR	D'Youville	20:03.69
7 Brynita Haas	SO	Hartwick	20:16.25
8 Sarah Luby	JR	Oneonta	20:29.20
9 Bethany Davis	SO	Castleton	20:29.58
10 Marissa Lombardi	SR	SUNY Delhi	21:03.09
11 Aubrey Soller	JR	Oneonta	21:05.65
12 Sophia Kehr	JR	Hartwick	21:21.61
13 Brianna Salvo	JR	Utica	21:55.03
14 Rosie Phelan	JR	Castleton	22:31.34
15 Eden Carr	FR	SUNY Delhi	23:16.87
16 Eden Goldstein	SR	Castleton	23:26.70
17 Sophie Ridgway	JR	Hartwick	25:28.58
--- Abby Poplawski	FR	Colgate	DNF
--- Gianna Welker	JR	Utica	DNS
--- Megan Francoeur	JR	Oneonta	DNS

**Women 10000 Meter Run**

Facility: 34:59.86 F 4/30/2022 Sophia Wolmer

AARTFC: 40:30.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Kylie Oblak	SR	Hamilton	38:56.01A
2 Madilynne Smith	JR	Hartwick	43:43.32
--- Gianna Welker	JR	Utica	DNS
--- Elizabeth Ingellis	JR	Sage	DNS

**Women 100 Meter Hurdles**

Facility: 14.23 F 4/30/2022 Eliza Cardwell

AARTFC: 15.65 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ejim Nnate	JR	Oneonta	14.80A2.0
2 Elizabeth Manly	FR	Colgate	16.06 2.0
3 Stefania Grimaldi	FR	Utica	16.20 2.0
4 Skylar Savage	FR	D'Youville	16.61 2.0
5 Eko Dodd-Brown	FR	Oneonta	16.64 2.6
6 Lilly Swyers	SO	SUNY Cobleskill	16.99 2.6
7 McKenna Castor	FR	Castleton	17.02 2.9
8 Renata Mendez-Alvarez	FR	Hamilton	17.07 1.1
9 Olivia Jensen	FR	Utica	17.08 2.6
10 Alyssa Youngs	FR	Utica	17.11 2.6
11 Bethanie Becker	FR	SUNY Cobleskill	17.52 2.0
12 Laura Meade	SR	Utica	17.56 2.0
13 Abbie Gregory	SO	Cortland	17.62 2.6
14 Meya McKown	FR	D'Youville	17.89 2.6
15 Sevilla Groebe	JR	D'Youville	17.92 2.9
16 Hayleigh Girard	JR	SUNY Cobleskill	17.94 2.6
17 Molly Corbett	FR	Hartwick	18.05 1.1
18 Gabby Irvin	FR	RPI	18.09 1.1
19 Amelia Petersen	FR	Utica	18.22 2.0
20 Ashlee Sphabmixay	SO	Oneonta	18.32 1.1
21 Melinda Reid	FR	SUNY Delhi	18.36 1.1

22 Ini Oyewusi	JR	Colgate	18.60 1.1
23 Halle Raina	JR	RPI	18.81 2.6
24 Alyssa Cole	SO	SUNY Delhi	19.16 2.9
25 Alexis Olen	FR	Sage	25.91 1.1
--- Danielle Fisk	SR	Cortland	DQ 2.0
--- Stephanie Cohen	FR	Hartwick	DNS 1.1

**Women 400 Meter Hurdles**

Facility: 1:01.75 F 1989 Dawn Macaully

AARTFC: 1:07.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannah Turner	SO	Hamilton	1:05.89A
2 Alyssa Youngs	FR	Utica	1:08.13
3 Renata Mendez-Alvarez	FR	Hamilton	1:08.63
4 Mackenzie Mix	JR	Utica	1:08.89
5 Sevilla Groebe	JR	D'Youville	1:09.10
6 Olivia Jensen	FR	Utica	1:12.80
7 Tirzah Spivey	SO	Sage	1:12.91
8 Elizabeth Manly	FR	Colgate	1:12.96
9 Elaine Fraser	SO	Hamilton	1:15.50
10 Skylar Savage	FR	D'Youville	1:15.76
11 Hannah Allison	FR	Utica	1:18.79
12 Lauren Maher	JR	RPI	1:25.87

**Women 3000 Meter Steeplechase**

Facility: 10:34.65 F 4/26/2008 Anna King

AARTFC: 12:00.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Betsy Overstrum	SR	Hamilton	11:45.31A
2 Olivia O'Donnell	JR	Oneonta	12:21.96
3 Deirdre Sullivan	JR	Cortland	12:31.64
4 Aliesha Howard	JR	Cortland	12:48.58
5 Claire Pfanstiel	FR	Hamilton	13:23.89

**Women 4x100 Meter Relay**

Facility: 48.39 F 4/30/2022 Connecticut College

A Ilusorio, E Fitzpatrick, J Gillespie, M Lindsey

AARTFC: 50.00 A

Team	Relay	Finals
<b>Finals</b>		
1 RPI	A	49.64A
1) Christine Mallette JR	2) Katie Manning JR	
3) Alyssa Fici FR	4) Lauren Szalkowski FR	
2 Oneonta	A	50.20
1) Margaret Petty SO	2) Danielle Jackson JR	
3) Nicolette DuBose FR	4) Ejim Nnate JR	
3 Utica	A	52.59
1) Ayjah Clarke SR	2) Amelia Petersen FR	
3) Elizabeth Glomski JR	4) Jayle Leonard FR	
--- Hartwick	A	DNS
1) Destiny Carter FR	2) Giovanna Wall JR	
3) Atticus Dinsmore SO	4) Pepita Graham FR	

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**Results**

**Women 4x400 Meter Relay**

Facility: 3:53.87 F 4/30/2022 Wesleyan

G Devanny, K Kelly, M Hoffman, A Thomas

AARTFC: 4:08.00 A

Team	Relay	Finals
<b>Finals</b>		
1 Hamilton	A	4:07.89A
1) Claire Tratnyek SO	2) Kate Scibelli SO	
3) Alexa Thomas FR	4) Hannah Turner SO	
2 Oneonta	B	4:33.50
1) Eva Woodworth SO	2) Natalie Deso FR	
3) Olivia Komacek FR	4) Sabrinna Mena JR	
3 Sage	A	4:45.46
1) Giuliana Capparello SR	2) Mackenzie Feeney SR	
3) Charisma Losee SO	4) Tirzah Spivey SO	
--- Utica	A	DNS
1) Jade Dening JR	2) Janaiya Cruz-Bermudez SR	
3) Abrianna Wadley JR	4) Mackenzie Mix JR	
--- Hartwick	A	DNS
1) Destiny Carter FR	2) Stephanie Cohen FR	
3) Atticus Dinsmore SO	4) Pepita Graham FR	
--- D'Youville	A	DNS
1) Sevilla Groebe JR	2) Lydia Smith SR	
3) Skylar Savage FR	4) Madison Macneill FR	
--- Oneonta	A	DNS

**Women High Jump**

Facility: 1.75m F 4/30/2022 Jaidyn Appel

AARTFC: 1.57m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Lydia Smith	SR	D'Youville	1.52m
2 Hannah Allison	FR	Utica	1.52m
3 Madison Macneill	FR	D'Youville	1.47m
4 Lilah Ward	JR	SUNY Cobleskill	1.47m
5 Kelly Lucas	SO	D'Youville	1.42m
5 Sonia Erbe	FR	Colgate	1.42m
7 Jada Anthony	SO	Utica	1.37m
8 Stefania Grimaldi	FR	Utica	1.37m
--- Skylar Savage	FR	D'Youville	NH
--- Abrianna Wadley	JR	Utica	NH
--- Melinda Reid	FR	SUNY Delhi	DNS
--- Kiran George	FR	Colgate	DNS
--- Hayleigh Girard	JR	SUNY Cobleskill	DNS
--- Bethanie Becker	FR	SUNY Cobleskill	DNS

**Women Pole Vault**

Facility: 3.75m F 4/30/2022 Charlotte Hodge

AARTFC: 3.30m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Melinda Haagensen	FR	Colgate	3.80mF
2 Julianna Hallyburton	SO	Colgate	3.30mA
3 Elizabeth Driscoll	SR	Colgate	3.15m
4 Faith Hoyt	SO	Cortland	2.85m

5 Abby Carberry	FR	Cortland	2.85m
6 Maizie Poulakis	FR	Utica	2.70m
--- Jayle Leonard	FR	Utica	NH
--- Cassandra Wood	FR	Utica	DNS
--- Kaylin Hennessy	SO	D'Youville	DNS

**Women Long Jump**

Facility: 5.78m F 4/30/2022 Kelsie Hao

AARTFC: 5.35m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jenna Capolupo	FR	D'Youville	5.38m 2.6
2 Danielle Fisk	SR	Cortland	5.28m 2.9
3 Alyssa Youngs	FR	Utica	5.03m 1.7
4 Stefania Grimaldi	FR	Utica	5.00m 1.0
5 Katie Manning	JR	RPI	4.96m 2.8
6 Nyasia Marsh	FR	Utica	4.84m +0.0
7 Camdyn Cole	FR	Utica	4.78m 0.7
8 Matteson Donnelly	SR	Cortland	4.74m 1.9
9 Nithya Gutta	FR	Albany Pharmacy	4.61m 1.1
10 Sophia Bruce	FR	Utica	4.59m 4.2
11 Ini Oyewusi	JR	Colgate	4.59m 3.5
12 Kimberly Dean	SR	SUNY Delhi	4.58m 3.8
13 Hannah Allison	FR	Utica	4.34m 2.4
14 Atticus Dinsmore	SO	Hartwick	4.00m 2.6
15 Andreia Vasconcelos-Men	FR	Cortland	3.99m 3.1
16 Meya McKown	FR	D'Youville	3.93m 3.1
17 Hannah Maxson	FR	Sage	3.68m 1.7
18 Margaret Condon	SO	Hamilton	3.55m 2.9

**Women Triple Jump**

Facility: 12.11m F 4/30/2022 Lia Rotti

AARTFC: 11.00m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Alyssa Youngs	FR	Utica	10.94m 1.7
2 Sophia Bruce	FR	Utica	10.66m 1.0
3 Zeniyah Gholson	SO	Utica	10.45m 2.0
4 Matteson Donnelly	SR	Cortland	10.07m 0.1
5 Nithya Gutta	FR	Albany Pharmacy	10.02m 0.8
6 Nyasia Marsh	FR	Utica	10.02m 1.8
7 Becca Itty	SO	RPI	9.35m 0.1
8 Andreia Vasconcelos-Men	FR	Cortland	9.01m 1.8
--- Camdyn Cole	FR	Utica	DNS NWI
--- Lilly Swyers	SO	SUNY Cobleskill	DNS NWI

**Women Shot Put**

Facility: 13.87m F 4/3/2010 Alyssa Pirinelli

AARTFC: 12.00m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jane Fahy	SR	Utica	14.32mF
2 Isabella Fabrizio	JR	Oneonta	12.88mA
3 Leanna Wells	FR	RPI	11.29m
4 Kylie Allen	FR	RPI	11.04m
5 Teghan Garris	JR	Oneonta	10.87m

**Hamilton College Continental Invitational**

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**Finals ... (Women Shot Put)**

Name	Yr	School	Finals
6	Kalynn Stevenson	FR Castleton	10.81m
7	Tarryn Herman	SO Oneonta	10.79m
8	Hannah Rogers	JR RPI	10.69m
9	Dana Schwartz	SO Hamilton	10.26m
10	Riley King	FR Utica	10.22m
11	Isabell Lanfear	SO Castleton	9.85m
12	Rylee Lyons	SO Hamilton	9.51m
13	Katelyn Yerdon	FR Castleton	8.85m
14	Barbara Kotlan	FR RPI	8.80m
15	Alyssa Cole	SO SUNY Delhi	8.63m
16	Sophia Mitreski	FR Oneonta	8.49m
17	Mercedes Cecelia-Storey	FR Sage	8.29m
18	Shanel Dixon	FR Hartwick	8.11m
19	Samantha Marion	JR Albany Pharmacy	7.65m
20	Audrey DeGraw	JR Albany Pharmacy	7.30m
21	Ka'ena Kehano	SO Albany Pharmacy	7.30m
22	Molly Oravsky	FR Sage	6.58m
---	Megan Brinck	SO Utica	FOUL
---	Gabi Ragozzine	SO Oneonta	FOUL
---	Stefania Grimaldi	FR Utica	DNS
---	Jaiiah Barrett	SO Albany Pharmacy	DNS
---	Karli Martin	FR Castleton	DNS
---	Emilia Costello	JR Utica	DNS
---	Allie Cary	FR Utica	DNS
---	Giovanna Wall	JR Hartwick	DNS
---	Ashley Rabbitt	SO Sage	DNS
---	Kitty Messina	JR SUNY Delhi	DNS
---	Ranasia Bailey	SO Utica	DNS
---	Emelene Burek	JR Oneonta	DNS

**Women Discus Throw**

Facility: 42.12m F 4/26/1998 Stacey Jones

AARTFC: 38.00m A

Name	Yr	School	Finals
1	Allie Cary	FR Utica	39.27mA
2	Jane Fahy	SR Utica	34.84m
3	Gabi Ragozzine	SO Oneonta	34.43m
4	Grace Richard	SO RPI	33.77m
5	Sarah Florian	SO Utica	32.98m
6	Kylie Allen	FR RPI	32.59m
7	Isabella Fabrizio	JR Oneonta	30.95m
8	Hannah Rogers	JR RPI	29.88m
9	Barbara Kotlan	FR RPI	29.67m
10	Katie Lynch	SO RPI	29.25m
11	Kitty Messina	JR SUNY Delhi	28.44m
12	Hailey Hrouda	FR Utica	28.38m
13	Leanna Wells	FR RPI	27.85m
14	Katelyn Yerdon	FR Castleton	27.43m
15	Colleen Patrie	SO Cortland	27.42m
16	Teghan Garris	JR Oneonta	27.38m
17	Tarryn Herman	SO Oneonta	27.10m
18	Dory Gooselin	SO SUNY Cobleskill	27.03m
19	Kalynn Stevenson	FR Castleton	26.77m

20	Hannah McMasters	SO Cortland	26.48m
21	Sydney Mihalchik	FR Cortland	26.18m
22	Evelyn Enriquez	FR Utica	25.59m
23	Suzy Conners	SO Cortland	25.56m
24	Amanda Hausle	SO Utica	25.34m
25	Jennifer Ndukwu	JR Cortland	25.31m
26	Jessica Neubert	SO Cortland	24.83m
27	Shi-Anne Morgan	FR Utica	23.54m
28	Makenna Black	SO Oneonta	23.09m
29	Kayla Christel	FR Cortland	22.67m
30	Karli Martin	FR Castleton	21.67m
31	Samantha Marion	JR Albany Pharmacy	20.58m
32	Sophia Mitreski	FR Oneonta	19.64m
33	Jasmine Pyke	FR Albany Pharmacy	18.78m
34	Emilia Costello	JR Utica	18.68m
35	Riley King	FR Utica	18.10m
36	Megan Brinck	SO Utica	17.47m
37	Audrey DeGraw	JR Albany Pharmacy	17.14m
38	Molly Oravsky	FR Sage	15.88m
39	Kaylin Hennessy	SO D'Youville	14.06m
---	Abbie Knaisch	SO Utica	FOUL
---	Luna Perry-St. Peter	SO Castleton	DNS
---	Alyssa Cole	SO SUNY Delhi	DNS
---	Emelene Burek	JR Oneonta	DNS
---	Jaiiah Barrett	SO Albany Pharmacy	DNS
---	Rylee Lyons	SO Hamilton	DNS

**Women Hammer Throw**

Facility: 48.73m F 4/26/2008 Nicole Dvorak

AARTFC: 45.00m A

Name	Yr	School	Finals
1	Isabella Fabrizio	JR Oneonta	48.20mA
2	Jennifer Ndukwu	JR Cortland	43.88m
3	Riley King	FR Utica	42.81m
4	Hannah McMasters	SO Cortland	42.69m
5	Kitty Messina	JR SUNY Delhi	42.52m
6	Suzy Conners	SO Cortland	39.31m
7	Emilia Costello	JR Utica	37.63m
8	Hannah Rogers	JR RPI	36.81m
9	Katie Lynch	SO RPI	36.68m
10	Karli Martin	FR Castleton	36.60m
11	Sarah Florian	SO Utica	36.20m
12	Ranasia Bailey	SO Utica	35.66m
13	Rylee Lyons	SO Hamilton	33.17m
14	Makenna Black	SO Oneonta	31.22m
15	Paige Novak	SO Morrisville	30.64m
16	Sydney Mihalchik	FR Cortland	30.58m
17	Dana Schwartz	SO Hamilton	30.24m
18	Samantha Marion	JR Albany Pharmacy	30.11m
19	Jessica Neubert	SO Cortland	29.06m
20	Colleen Patrie	SO Cortland	28.94m
21	Ashley Rabbitt	SO Sage	28.71m
22	Megan Brinck	SO Utica	27.51m
23	Dory Gooselin	SO SUNY Cobleskill	26.77m
24	Mercedes Cecelia-Storey	FR Sage	26.68m

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Women Hammer Throw)**

Name	Yr	School	Finals
25	Abbie Knaisch	SO Utica	22.70m
26	Kayla Christel	FR Cortland	22.45m
27	Amanda Hausle	SO Utica	22.29m
28	Sarra Ben Abdallah	JR Hamilton	22.11m
29	Audrey DeGraw	JR Albany Pharmacy	21.35m
30	Kelly Lucas	SO D'Youville	20.24m
31	Evelyn Enriquez	FR Utica	18.84m
32	Shi-Anne Morgan	FR Utica	18.84m
---	Gabi Ragozzine	SO Oneonta	FOUL
---	Grace Richard	SO RPI	FOUL
---	Hailey Hrouda	FR Utica	FOUL
---	Kaylin Hennessy	SO D'Youville	FOUL
---	Kalynn Stevenson	FR Castleton	DNS
---	Emelene Burek	JR Oneonta	DNS

**Women Javelin Throw**

Facility: 43.14m F 4/26/2008 Fotini Xenidis

AARTFC: 34.50m A

Name	Yr	School	Finals
<b>Finals</b>			
1	Dana Schwartz	SO Hamilton	30.37m
2	Mila Karimov	SO Hamilton	29.66m
3	Luna Perry-St. Peter	SO Castleton	28.75m
4	Katie Lynch	SO RPI	27.72m
5	Alyssa Cole	SO SUNY Delhi	27.49m
6	Tarryn Herman	SO Oneonta	27.34m
7	Zoe Jane Roberts	FR Utica	27.06m
8	Lydia Smith	SR D'Youville	26.03m
9	Ranasia Bailey	SO Utica	24.76m
10	Atticus Dinsmore	SO Hartwick	24.21m
11	Leanna Wells	FR RPI	24.19m
12	Isabell Lanfear	SO Castleton	23.70m
13	Kelly Lucas	SO D'Youville	23.64m
14	Amanda Hausle	SO Utica	22.40m
15	Skylar Savage	FR D'Youville	21.01m
16	Abbie Knaisch	SO Utica	20.51m
17	Grace Richard	SO RPI	19.50m
18	Jaiah Barrett	SO Albany Pharmacy	19.29m
19	Lauren Maher	JR RPI	18.84m
20	Abrianna Wadley	JR Utica	18.60m
21	Meya McKown	FR D'Youville	11.60m
22	Gabby Irvin	FR RPI	10.51m
---	Laura Meade	SR Utica	FOUL
---	Audrey DeGraw	JR Albany Pharmacy	DNS
---	Jasmine Pyke	FR Albany Pharmacy	DNS
---	Evelyn Enriquez	FR Utica	DNS
---	Samantha Marion	JR Albany Pharmacy	DNS

**Men 100 Meter Dash**

Facility: 10.49 F 4/18/2009 Durell Cull

AARTFC: 11.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Ryan Haak	SR Albany Pharmacy	10.57 3.7

2	Andrew Hadasz	SR Utica	10.76 3.7
3	Donovan Myrick	SO RPI	10.87 3.7
4	Simon Connors	FR Colgate	10.96 3.7
5	Josh Ihegihu	SO RPI	11.00 3.7
6	Ronen Stewart	SO RPI	11.07 3.7
7	Benjamin Krill	SR Colgate	11.08 3.7
8	Chris Ganley	SR Oneonta	11.13 3.7
9	Cristhian Cuevas	SO SUNY Delhi	11.18 1.1
10	Mitch Diamond	FR Cortland	11.21 2.5
11	Kwadjo Mensah	FR Colgate	11.23 1.1
12	Max Liu	SO RPI	11.40 1.1
13	Luca Sturgeon	JR Colgate	11.40 1.1
14	Ethan Kain	SR Utica	11.41 1.1
15	Quran Best	SO Hartwick	11.42 2.3
16	Jack Catelotti	SO RPI	11.42 1.7
17	Mark Cappellino	FR Oneonta	11.48 1.9
18	Nyles Rogers	JR Utica	11.49 1.7
19	Nicholas Obregon	FR Hamilton	11.50 1.3
20	Shane Tinney	JR Utica	11.56 1.1
21	Thomas Mulvaney	FR RPI	11.56 1.1
22	Nick Darrigo	SO Oneonta	11.56 1.3
23	Camden Buchanan	FR Cortland	11.57 2.0
24	Ryan Swinea	FR SUNY Delhi	11.59 1.1
25	Mateo Alvarez	FR Hamilton	11.60 0.8
26	Gavin Franco	FR Cortland	11.61 2.0
27	Stephen Fajen	JR RPI	11.61 1.7
28	Kevin Andreski	SO Cortland	11.64 0.8
29	Jon Hanna	SO Cortland	11.65 2.0
30	Edson Jean-Baptiste	JR Morrisville	11.65 1.3
31	Valenick Exantus	SO SUNY Delhi	11.70 0.8
32	Jayden Jenkins	SR Colgate	11.70 1.3
33	Jeffery Alvarado	SO SUNY Cobleskill	11.72 1.7
34	Ervin Owusu	FR RPI	11.74 1.3
35	Joey Ciufu	SR SUNY Delhi	11.81 0.8
36	Michael Ngaw	JR Hamilton	11.82 1.7
37	Gregory McDonald	FR SUNY Cobleskill	11.82 0.8
38	Sean Dinian	FR Castleton	11.83 2.0
39	Temitayo Oladeji	FR RPI	11.84 1.3
40	Narmer Johnson	SO Oneonta	11.84 1.7
41	Zackary Durr	JR Castleton	11.84 2.3
42	Eric Nieves	SR Oneonta	11.86 1.3
43	Isaac Sylvain	FR Morrisville	11.89 2.3
44	Alexander Mavros	SR Oneonta	11.90 2.3
45	Corey Quomony	JR Hartwick	11.92 0.8
46	Hayden Erick	FR Cortland	11.93 2.5
47	Jeffrey Forkhamer	FR Utica	11.95 2.3
48	Jayden Tsoi	FR Oneonta	11.95 2.5
49	Mohamed Dhouib	SR Hamilton	11.95 2.3
50	Michael Orioles	SO Utica	11.96 0.8
51	Arison Cruz	SO Colgate	11.98 1.7
52	Joseph LaMonica	FR Colgate	12.07 1.7
53	Nicholas Peccia	FR Utica	12.12 1.7
54	Thomas Eison	FR Morrisville	12.13 1.9
55	Patrick Conteh	SO Hartwick	12.14 1.7
56	Nasir Ayers	FR Sage	12.22 2.5
57	Sam Margolies	FR SUNY Delhi	12.25 2.3

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Men 100 Meter Dash)**

Name	Yr	School	Finals
58 Robert Jackson	FR	Utica	12.27 2.0
59 Joshua White	FR	Albany Pharmacy	12.30 2.0
60 Thomas Pinkowski	FR	Oneonta	12.31 1.9
61 Theodore Tsamis	FR	Utica	12.31 2.3
62 Brandon Ryan	SR	Castleton	12.31 1.9
63 Ricaldo Lewis	JR	Hamilton	12.33 0.8
64 Michael Prata	SR	Oneonta	12.63 1.9
65 Tanner Gintof	FR	Castleton	12.84 2.5
66 Bryan Singer	JR	Utica	13.18 2.0
67 Widmarc Thomas	JR	Utica	13.90 2.0
--- Luke Foster	SO	SUNY Delhi	DNS 1.9
--- Jesse James	SO	Oneonta	DNS 1.9
--- Dylan Colwell	FR	SUNY Cobleskill	DNS 1.7
--- Quinn Zurolo	FR	Hamilton	DNS 1.3
--- Quinn Service	SO	SUNY Cobleskill	DNS 2.5
--- Thyon Nelson	SO	Sage	DNS 2.5
--- Joshua Worrell	JR	Hartwick	DNS 1.9

**Men 200 Meter Dash**

Facility: 21.40 F 4/30/2022 Luke Botsford

AARTFC: 22.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Josh Jeffes	JR	SUNY Delhi	21.64A-0.1
2 Andrew Hadasz	SR	Utica	21.72A-0.1
3 Ryan Haak	SR	Albany Pharmacy	21.85A-0.1
4 Jeffory Groth	FR	Colgate	22.29 -0.1
5 Ronen Stewart	SO	RPI	22.30 2.1
6 Cristhian Cuevas	SO	SUNY Delhi	22.34 2.1
7 Alex Flynn	FR	RPI	22.35 2.1
8 Josh Ihegiu	SO	RPI	22.35 -0.1
9 Benjamin Krill	SR	Colgate	22.39 2.1
10 Peter Cuomo	SR	Hamilton	22.43 -0.1
11 Simon Connors	FR	Colgate	22.57 2.1
12 Ryan Krill	SR	Colgate	22.68 -0.1
13 Ethan Kain	SR	Utica	22.75 2.1
14 Stephen Fajen	JR	RPI	22.83 2.0
15 Peter Cavanaugh	JR	RPI	22.85 2.1
16 Max Liu	SO	RPI	22.89 2.0
17 Ryan Swinea	FR	SUNY Delhi	22.91 2.0
18 Chris Ganley	SR	Oneonta	22.92 -0.1
19 Jack Catelotti	SO	RPI	23.28 3.9
20 Edson Jean-Baptiste	JR	Morrisville	23.32 2.0
21 Benjamin Ingram	JR	Hamilton	23.34 2.0
22 Kwadjo Mensah	FR	Colgate	23.36 2.0
23 Joshua Jerome	JR	Oneonta	23.41 2.0
24 Drew Kerr	SO	RPI	23.43 3.9
25 Ethan Torres	FR	SUNY Delhi	23.47 0.9
26 Mateo Alvarez	FR	Hamilton	23.51 3.9
27 Evan Smith	FR	Utica	23.58 3.9
28 Nick Darrigo	SO	Oneonta	23.59 2.1
29 Quran Best	SO	Hartwick	23.62 0.6
30 Narmer Johnson	SO	Oneonta	23.65 0.1
31 Alec Weiss	SR	Oneonta	23.65 3.9

32 Temitayo Oladeji	FR	RPI	23.66 0.9
33 Mark Cappellino	FR	Oneonta	23.72 0.6
34 Jeffery Alvarado	SO	SUNY Cobleskill	23.74 0.9
35 Nyles Rogers	JR	Utica	23.75 0.1
36 Jayden Jenkins	SR	Colgate	23.77 0.9
37 Alexander Mavros	SR	Oneonta	23.84 0.9
38 Valenick Exantus	SO	SUNY Delhi	23.96 0.1
39 Michael Ngaw	JR	Hamilton	24.02 0.9
40 Aidan Kelly	SR	Oneonta	24.12 4.9
41 Arison Cruz	SO	Colgate	24.21 0.6
42 Ervin Owusu	FR	RPI	24.22 0.9
43 Joey Ciufu	SR	SUNY Delhi	24.23 4.9
44 Brandon Bandoy	FR	Oneonta	24.31 0.6
45 Ethan Christophersen	FR	Oneonta	24.31 0.9
46 Drew Obernesser	SO	Oneonta	24.48 0.6
47 Marquis Jones-Mckinney	FR	Hartwick	24.49 3.2
48 Mohamed Dhouib	SR	Hamilton	24.51 0.6
49 Joseph Catalano	SR	Hartwick	24.52 4.9
50 Sam Margolies	FR	SUNY Delhi	24.55 0.1
51 Joseph Ciardi	SO	Oneonta	24.58 0.1
52 Luca Montesano	FR	Hartwick	24.64 4.9
53 Joseph LaMonica	FR	Colgate	24.72 3.2
54 Nicholas Peccia	FR	Utica	24.74 4.9
55 Daunte Wright	FR	Albany Pharmacy	24.94 3.2
56 Michael Carey	SR	Oneonta	25.30 4.9
57 Joshua White	FR	Albany Pharmacy	25.30 3.2
58 Kyle Coyne	FR	Sage	25.37 3.2
59 Brandon Ryan	SR	Castleton	25.46 3.2
60 Nasir Ayers	FR	Sage	25.72 1.8
61 Hassan Mukhtar	FR	D'Youville	25.96 1.8
62 Bryan Singer	JR	Utica	27.15 1.8
63 Widmarc Thomas	JR	Utica	28.25 1.8
--- Michael Orioles	SO	Utica	DNS 0.1
--- Charles Foote	SO	SUNY Cobleskill	DNS 2.0
--- Edwin Mensah-Boateng	JR	Hamilton	DNS 0.6
--- Kevin Martinez	FR	Hamilton	DNS 0.6
--- Nicholas Obregon	FR	Hamilton	DNS 0.1
--- Saleh Eltayeb	SR	Hamilton	DNS 4.9
--- Sean Dinian	FR	Castleton	DNS 1.8
--- Tanner Gintof	FR	Castleton	DNS 3.2
--- Ricaldo Lewis	JR	Hamilton	DNS 0.1
--- Jesse James	SO	Oneonta	DNS 3.2
--- Eric Nieves	SR	Oneonta	DNS 3.9
--- Ransom Dutcher	FR	SUNY Delhi	DNS 3.9
--- Patrick Conteh	SO	Hartwick	DNS 3.9
--- Bo Lynett	SR	Colgate	DNS 1.8
--- Joshua Worrell	JR	Hartwick	DNS 4.9

**Men 400 Meter Dash**

Facility: 48.15 F 4/30/2022 Luke Botsford

AARTFC: 49.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Charles Foote	SO	SUNY Cobleskill	49.92
2 Alex Flynn	FR	RPI	50.55
3 Peter Cavanaugh	JR	RPI	50.95

## Hamilton College Continental Invitational

Hamilton College - 3/30/2024

## Results

## Finals ... (Men 400 Meter Dash)

Name	Yr	School	Finals
4 Connor Dean	FR	Utica	50.97
5 Benjamin Ingram	JR	Hamilton	51.35
6 Ryan Krill	SR	Colgate	51.49
7 Jeffory Groth	FR	Colgate	51.66
8 Evan Smith	FR	Utica	52.04
9 Drew Kerr	SO	RPI	53.02
10 Joseph Ciardi	SO	Oneonta	54.22
11 Tristan Vargo	JR	Utica	54.45
12 Kevin Martinez	FR	Hamilton	54.74
13 Joseph Catalano	SR	Hartwick	55.13
14 Josh Chait	SO	RPI	56.89
15 Frank Guenther	FR	Hartwick	57.26
16 Hassan Muktar	FR	D'Youville	58.09
17 Antonio Gonzalez	FR	SUNY Cobleskill	58.91
18 Zane Lepage	SO	Utica	1:01.35
--- Nolan Flynn	SO	Utica	DNF
--- Lorenzo Castro	JR	SUNY Delhi	DNS
--- Josh Jeffes	JR	SUNY Delhi	DNS
--- Ethan Torres	FR	SUNY Delhi	DNS
--- JamesMichael Vizzari	FR	SUNY Delhi	DNS

## Men 800 Meter Run

Facility: 1:50.62 F 4/26/2008 Peter Kosgei

AARTFC: 1:56.00 A

Name	Yr	School	Finals
1 Finn Kosich	FR	Colgate	1:58.37
2 James Gallagher	SR	Hamilton	1:58.80
3 John 'jack' Gabrielle	FR	Colgate	1:59.38
4 Cameron Szabo	SR	Cortland	2:00.16
5 Brogan Deem-Ranzetta	SR	Hamilton	2:00.95
6 Vincent Ryan	SO	Colgate	2:03.33
7 Evan Miller	FR	Morrisville	2:03.79
8 Andrew Goetzmann	SO	Hamilton	2:03.89
9 Sam Lees	JR	SUNY Delhi	2:05.84
10 Wayne Alexander	SR	Castleton	2:05.97
11 Malcolm Kron	SO	Colgate	2:06.00
12 Anthony Leotta	SO	Utica	2:06.47
13 Avion Harris	JR	Morrisville	2:07.01
14 Ellis Goodson	FR	Hamilton	2:08.28
15 Michael Dean	SR	Albany Pharmacy	2:08.86
16 Forest Martin	FR	Utica	2:09.18
17 Liam Card	FR	Hamilton	2:09.52
18 Cheo Munford	SO	SUNY Delhi	2:10.23
19 Silas Bashant	FR	SUNY Delhi	2:10.40
20 Zed McNaughton	FR	Hamilton	2:10.48
21 Zach Lightfoot	SO	Colgate	2:11.40
22 Eric DeHart	JR	Cortland	2:11.65
23 Michael Alvarez	JR	Cortland	2:12.02
24 Will Jones	FR	Morrisville	2:13.30
25 Hans Higgins	FR	Hartwick	2:13.33
26 David Adadjo	JR	Sage	2:13.61
27 Nate Dziedzic	SO	Morrisville	2:14.74
28 Anthony Cawley	SO	Cortland	2:18.21

29 Andre Paul Bazile	FR	Morrisville	2:20.98
30 Dominic Harkness	SO	Sage	2:21.94
31 Isaac Langer	JR	Sage	2:22.97
32 Jacob Haynes	JR	Sage	2:24.35
33 Nathan Sand	FR	Utica	2:26.71
34 Scott Duncan	FR	Albany Pharmacy	2:30.18
35 Dylan Wang	FR	Albany Pharmacy	2:32.22
36 Jason Guerino	JR	Castleton	2:32.53
37 Kevin Andrews	FR	Albany Pharmacy	2:34.89
38 Jack Wanders	JR	Castleton	2:45.25
--- Hassan Muktar	FR	D'Youville	DNS
--- John Quinn	FR	Hamilton	DNS
--- Nyerere Hill	SR	SUNY Delhi	DNS

## Men 1500 Meter Run

Facility: 3:48.39 F 4/30/2022 Aidan Ryan

AARTFC: 4:00.00 A

Name	Yr	School	Finals
1 William Keiser	FR	Colgate	3:59.19A
2 Nick Logan	SR	SUNY Cobleskill	3:59.41A
3 Owen DeMatt	FR	Colgate	3:59.81A
4 Michael Burns	JR	Oneonta	3:59.81A
5 John Quinn	FR	Hamilton	4:03.19
6 Gavin Fowler	SR	Colgate	4:04.43
7 Nicholas Larson	FR	Colgate	4:04.74
8 Samuel Ash	FR	Colgate	4:05.19
9 Anthony Leotta	SO	Utica	4:05.61
10 Hugh Williams	SO	Hamilton	4:08.00
11 Tyler Ferlise	FR	Colgate	4:11.38
12 Jackson Vogel	FR	Colgate	4:11.69
13 Andrew McGraw	FR	Colgate	4:13.06
14 Evan Miller	FR	Morrisville	4:15.88
15 Nathan Goodwin	SO	SUNY Delhi	4:17.59
16 Tobias Jeralds	SO	Utica	4:18.09
17 Matt Hayden	JR	Oneonta	4:19.18
18 Michael Alvarez	JR	Cortland	4:19.30
19 David Stephens	SO	Colgate	4:19.47
20 Zed McNaughton	FR	Hamilton	4:21.47
21 Lucas Berg	FR	Oneonta	4:22.63
22 Sam Lees	JR	SUNY Delhi	4:24.54
23 Forest Martin	FR	Utica	4:24.77
24 John Graziani	FR	Hamilton	4:25.88
25 Eric DeHart	JR	Cortland	4:26.68
26 Jeremy Bywater	FR	Hamilton	4:28.56
27 Garrett Cordova-Caddes	FR	Hamilton	4:30.04
28 Andrew Greden	FR	Hamilton	4:30.57
29 Noah Pickard	FR	Oneonta	4:31.32
30 Timothy Jeralds	FR	Utica	4:31.42
31 Tristan Vargo	JR	Utica	4:32.17
32 Anthony Cawley	SO	Cortland	4:32.53
33 Sebastian Bohn	SO	Colgate	4:33.53
34 Nik Recore	SO	SUNY Cobleskill	4:34.63
35 Clayton Davis	SR	Oneonta	4:35.06
36 Joseph Morgan	FR	Oneonta	4:37.90
37 Ben Lohmann	FR	Utica	4:38.66

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Men 1500 Meter Run)**

Name	Yr	School	Finals
38 Ethan Turner	FR	Sage	4:41.98
39 Hans Higgins	FR	Hartwick	4:45.32
40 Chris Pellegrini	SO	Sage	4:47.46
41 Daniel Jaffin	SO	SUNY Cobleskill	4:53.64
42 Estaban Delgado	FR	SUNY Cobleskill	5:00.29
43 Jacob Rhinesmith	SO	SUNY Cobleskill	5:00.58
44 Evan Humphrey	FR	Utica	5:08.02
45 Christopher Fitzpatrick	FR	Hartwick	5:17.99
46 Dylan Wang	FR	Albany Pharmacy	5:18.93
47 Kevin Andrews	FR	Albany Pharmacy	5:24.33
--- Alex Chamak	SR	Oneonta	DNS

**Men 5000 Meter Run**

Facility: 14:29.99 F 4/30/2022 Elias Lindgren

AARTFC: 15:15.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Owen Holland	JR	Colgate	15:04.23A
2 Bennett Melita	FR	Utica	15:13.92A
3 Owen McMorro	SO	Colgate	15:17.27
4 John Balk Jr.	SR	Oneonta	15:19.47
5 Asim Hakim-Florian	FR	Colgate	15:43.03
6 James Trigilio	FR	Hamilton	15:47.85
7 William Crouse	SR	Colgate	15:49.93
8 Edward Trenk	JR	Hamilton	15:54.72
9 Henry Ebben	FR	Hamilton	16:06.50
10 Andrew Sullivan	SO	Colgate	16:09.34
11 Derek Leiter	SO	SUNY Delhi	16:32.70
12 Christian Noa	SR	Oneonta	16:35.44
13 Jon Hendley	SR	Castleton	16:53.07
14 Gavin Griffin	FR	Morrisville	17:26.32
15 Andrew Sorrell	JR	Oneonta	17:56.94
16 Ryan Wiese	FR	Morrisville	18:09.84
17 Matthew Shakow	FR	Albany Pharmacy	21:30.33
18 Ethan Benedict	FR	Hartwick	22:15.95
19 Daniel Le	FR	Albany Pharmacy	23:52.88
--- William Keiser	FR	Colgate	DNF
--- Andrew McGraw	FR	Colgate	DNF
--- Jackson Collins	FR	D'Youville	DNS

**Men 10000 Meter Run**

Facility: 29:52.44 F 4/30/2022 Grahm Tuohy Gaydos

AARTFC: 32:45.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 John Amenta	SR	SUNY Delhi	33:09.57
2 Zachary Brown	SO	Utica	34:04.21
3 Joseph Santiago	FR	Utica	34:33.47
4 Hayden Lohmann	SR	Utica	34:52.18
5 Ben Bellinger	FR	Utica	35:06.76
6 Jodi Johnson	FR	Hartwick	36:45.54
--- Bennett Melita	FR	Utica	DNS

**Men 110 Meter Hurdles**

Facility: 14.46 F 4/30/2022 Tanner Burton

AARTFC: 15.60 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Cortez Garrett	SO	RPI	15.26 3.4
2 Edwin Mensah-Boateng	JR	Hamilton	15.93 3.4
3 Joey Ciufo	SR	SUNY Delhi	16.13 3.4
4 John Anderson	FR	Cortland	16.29 1.0
5 Justin Valentin	SR	Utica	16.51 3.4
6 Kameron Cusmano	SO	SUNY Cobleskill	16.68 3.4
7 Alexander Mavros	SR	Oneonta	16.69 3.4
8 Ethan Christophersen	FR	Oneonta	16.91 4.4
9 Kyle Coyne	FR	Sage	16.92 1.0
10 Leo Lomangino	FR	RPI	17.12 4.4
11 Aidan Kelly	SR	Oneonta	17.35 4.4
12 Ethan Nigro	JR	Albany Pharmacy	17.35 3.4
13 Luca Montesano	FR	Hartwick	17.55 1.0
14 Bryan Reeves	FR	Utica	18.08 4.4
15 Dillen Owusu	FR	RPI	18.27 3.4
16 Jeffrey Forkhamer	FR	Utica	18.88 4.4
17 Sam Hotaling	FR	Cortland	19.78 4.4
--- Theodore Tsamis	FR	Utica	DNS 4.4
--- Andrew Wieder	JR	Utica	DNS 4.4

**Men 400 Meter Hurdles**

Facility: 53.37 F 4/6/2019 Eddie Mahana

AARTFC: 56.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Cortez Garrett	SO	RPI	57.17
2 Luca Sturgeon	JR	Colgate	57.38
3 Jonathan Simmons	JR	Utica	59.76
4 Tobias Jeralds	SO	Utica	1:00.03
5 Joshua Antoine	FR	Colgate	1:01.40
6 Jack Mooney	FR	SUNY Delhi	1:01.59
7 Jack Gips	FR	RPI	1:01.98
8 Timothy Jeralds	FR	Utica	1:02.62
9 Harrison Matthews	FR	Albany Pharmacy	1:03.95
10 Bryan Reeves	FR	Utica	1:04.15
11 Jamar Matthew	FR	SUNY Delhi	1:04.56
12 Rian Kirker	FR	Utica	1:05.20
13 Ben Lohmann	FR	Utica	1:09.06
14 Stephen Fleury	SO	Sage	1:10.23

**Men 3000 Meter Steeplechase**

Facility: 9:00.65 F 4/5/2008 Peter Kosgei

AARTFC: 9:45.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jonthomas Bierman	SR	Oneonta	9:29.03A
2 Bennett Melita	FR	Utica	9:31.99A
3 Chris Schimkus	FR	Oneonta	9:52.08
4 John Griffith	SO	Colgate	9:55.55
5 Avion Harris	JR	Morrisville	10:44.36

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Men 3000 Meter Steeplechase)**

Name	Yr	School	Finals
6 Shane Marchese	SR	Oneonta	10:48.43
7 Jesse Woodhouse	FR	Oneonta	10:50.86
8 Joseph Ayala	SR	Oneonta	10:54.95

**Men 4x100 Meter Relay**

Facility: 41.68 F 4/26/2008 Williams

AARTFC: 43.50 A

Team	Relay	Finals
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**Finals**

1 RPI	A	41.66F
1) Max Liu SO	2) Donovan Myrick SO	
3) Alex Flynn FR	4) Josh Ihegihi SO	
2 Utica	A	42.63A
1) Nolan Flynn SO	2) Andrew Hadasz SR	
3) Shane Tinney JR	4) Ethan Kain SR	
3 Oneonta	A	43.48A
1) Joshua Jerome JR	2) Nick Darrigo SO	
3) Alec Weiss SR	4) Chris Ganley SR	
4 Oneonta	B	44.99
1) Ethan Christophersen FR	2) Narmer Johnson SO	
3) Brandon Bandyoy FR	4) Mark Cappellino FR	
5 Hartwick	A	45.17
1) Patrick Conteh SO	2) Quran Best SO	
3) Luca Montesano FR	4) Corey Quomony JR	

**Men 4x400 Meter Relay**

Facility: 3:17.86 F 2001 Ithaca

AARTFC: 3:24.00 A

Team	Relay	Finals
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**Finals**

1 Colgate	A	3:35.75
1) Owen DeMatt FR	2) Tyler Ferlise FR	
3) Finn Kosich FR	4) John 'jack' Gabrielle FR	
2 Colgate	B	3:38.95
1) Nicholas Larson FR	2) Jackson Vogel FR	
3) Vincent Ryan SO	4) David Stephens SO	
3 Utica	A	3:43.05
1) Theodore Tsamis FR	2) Tobias Jeralds SO	
3) Tristan Vargo JR	4) Timothy Jeralds FR	
4 Sage	A	3:45.05
1) David Adadjo JR	2) Ethan Turner FR	
3) Stephen Fleury SO	4) Jacob Haynes JR	
5 SUNY Delhi	B	3:46.55
1) Cheo Munford SO	2) Sam Lees JR	
3) Silas Bashant FR	4) Jack Mooney FR	
6 Oneonta	A	3:47.32
1) Lucas Berg FR	2) Michael Burns JR	
3) Noah Pickard FR	4) Clayton Davis SR	
7 Hartwick	A	4:02.89
1) Quran Best SO	2) Luca Montesano FR	
3) Christopher Fitzpatrick FR	4) Joseph Catalano SR	

**Men High Jump**

Facility: 2.10m F 1991 Matt Montross

AARTFC: 1.94m A

Name	Yr	School	Finals
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**Finals**

1 Kaiden McCaskill	SO	Utica	1.96mA
2 Isaac Sylvain	FR	Morrisville	1.84m
3 Edwin Mensah-Boateng	JR	Hamilton	1.74m
3 Leo Lomangino	FR	RPI	1.74m
3 Daniel Doherty	FR	Castleton	1.74m
3 Cooper Jones	JR	Utica	1.74m
3 Carter Mackey	SO	Castleton	1.74m
8 Theodore Tsamis	FR	Utica	1.74m
9 Jayden Tsoi	FR	Oneonta	1.69m
10 Jack Mailberg	SO	RPI	1.69m
11 Marquis Jones-Mckinney	FR	Hartwick	1.69m
12 Bo Lynett	SR	Colgate	1.64m
12 Jesse James	SO	Oneonta	1.64m
14 Justin Valentin	SR	Utica	1.64m
--- Ryan Haak	SR	Albany Pharmacy	DNS
--- Dillen Owusu	FR	RPI	DNS
--- Yathin Vemula	SO	RPI	DNS
--- Kameron Cusmano	SO	SUNY Cobleskill	DNS

**Men Pole Vault**

Facility: 4.82m F 4/6/2019 Sorenson/Weaver/Curran

AARTFC: 4.45m A

Name	Yr	School	Finals
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**Finals**

1 Chris Filatov	SR	SUNY Delhi	4.60mA
2 Joey Hinckley	SR	RPI	4.30m
3 Richard Mangogna	JR	Cortland	4.30m
4 Josh Chait	SO	RPI	3.85m
5 Michael Carey	SR	Oneonta	3.70m
5 Dillen Owusu	FR	RPI	3.70m
--- Casey Selinske	SR	RPI	NH
--- Moss Dengler	FR	RPI	NH
--- Aidan Kelly	SR	Oneonta	NH
--- John Anderson	FR	Cortland	NH
--- Jack Rathburn	SO	Utica	DNS

**Men Long Jump**

Facility: 7.41m F 1998 Chris Burgess

AARTFC: 6.80m A

Name	Yr	School	Finals
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**Finals**

1 Luke Foster	SO	SUNY Delhi	6.61m 2.3
2 Amarian Hughes	SR	Cortland	6.48m 3.1
3 Peter Cuomo	SR	Hamilton	6.45m 2.7
4 Aidan Steele	FR	SUNY Delhi	6.40m 1.3
5 Owen Haas	JR	RPI	6.38m 1.2
6 Cristhian Cuevas	SO	SUNY Delhi	6.37m 1.9
7 Connor Dean	FR	Utica	6.36m 2.6
8 Saleh Eltayeb	SR	Hamilton	6.35m 1.3
9 Robert Smith	JR	RPI	6.26m 0.6

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Men Long Jump)**

Name	Yr	School	Finals
10 Simon Connors	FR	Colgate	6.21m 0.3
11 Cliff Biehl	SR	Oneonta	6.16m 2.5
12 Jedidiah Guenther	FR	Colgate	6.13m 3.2
13 Camden Buchanan	FR	Cortland	6.03m 1.0
14 Theodore Tsamis	FR	Utica	5.99m 2.3
15 Alec Weiss	SR	Oneonta	5.88m 1.1
16 Brandon Bando	FR	Oneonta	5.84m 2.5
17 Joshua Jerome	JR	Oneonta	5.83m 1.7
18 Jon Hanna	SO	Cortland	5.81m 0.1
19 Kevin Andreski	SO	Cortland	5.79m 2.8
20 Gavin Franco	FR	Cortland	5.77m 2.0
21 Corey Quomony	JR	Hartwick	5.77m 3.7
22 Mitch Diamond	FR	Cortland	5.74m 4.6
23 Hayden Erick	FR	Cortland	5.72m 6.0
24 Thomas Herberger	FR	SUNY Cobleskill	5.71m 0.8
25 Thomas Pinkowski	FR	Oneonta	5.64m 3.3
26 Leo Lomangino	FR	RPI	5.63m 5.0
27 Matthew Murphy	FR	Utica	5.56m 3.2
28 Jayden Tsoi	FR	Oneonta	5.56m 0.8
29 Robert Jackson	FR	Utica	5.52m 0.9
30 Gregory McDonald	FR	SUNY Cobleskill	5.51m 3.9
31 Zane Lepage	SO	Utica	5.44m 2.5
32 Noah Pray	JR	RPI	5.37m 2.7
33 Michael Prata	SR	Oneonta	5.32m 1.4
34 Jack Rathburn	SO	Utica	5.32m 3.4
35 Jeffrey Forkhamer	FR	Utica	5.26m +0.0
36 Daunte Wright	FR	Albany Pharmacy	5.09m 1.5
37 Hari Conji	FR	Albany Pharmacy	5.00m 3.3
38 Sam Hotaling	FR	Cortland	4.98m 5.1
39 Jayden Mauceri	FR	Albany Pharmacy	4.57m 2.7
--- Cooper Jones	JR	Utica	FOUL
--- Andrew Wieder	JR	Utica	DNS NWI
--- Colby Hanna	FR	Oneonta	DNS NWI
--- Dylan Colwell	FR	SUNY Cobleskill	DNS NWI
--- Quinn Service	SO	SUNY Cobleskill	DNS NWI

**Men Triple Jump**

Facility: 14.61m F 4/3/2010 Phillip Flynn

AARTFC: 13.50m A

Name	Yr	School	Finals
1 Saleh Eltayeb	SR	Hamilton	12.61m 2.6
2 Jedidiah Guenther	FR	Colgate	12.56m 1.8
3 Connor Dean	FR	Utica	12.55m 1.2
4 Aidan Steele	FR	SUNY Delhi	12.53m 1.4
5 Britain Goodemote	SO	Castleton	12.52m 1.7
6 Ngawang Ghongwatsang	SO	RPI	12.28m 0.8
7 Ethan Nigro	JR	Albany Pharmacy	12.22m 0.6
8 Robert Smith	JR	RPI	12.21m 1.7
9 Peter Cuomo	SR	Hamilton	12.20m 2.5
10 Robert Jackson	FR	Utica	11.51m 2.4
11 Daunte Wright	FR	Albany Pharmacy	11.38m 3.1
12 Bo Lynett	SR	Colgate	10.91m 1.9
13 Hari Conji	FR	Albany Pharmacy	10.34m 0.4

--- Matthew Murphy	FR	Utica	DNS NWI
--- Jayden Mauceri	FR	Albany Pharmacy	DNS NWI
--- Owen Haas	JR	RPI	DNS NWI
--- Thomas Herberger	FR	SUNY Cobleskill	DNS NWI

**Men Shot Put**

Facility: 16.38m F 4/6/2019 Keanu Heedram

AARTFC: 14.50m A

Name	Yr	School	Finals
1 Hunter Logan	JR	Utica	15.67mA
2 Billie Mays III	JR	Utica	14.28m
3 Vincent Zheng	SR	Oneonta	13.90m
4 Nicholas Larocque	SR	Cortland	13.79m
5 Michael Fasano	JR	Hamilton	13.33m
6 Justin Swavely	JR	Utica	13.27m
7 Tristan Mangin	SO	RPI	13.11m
8 James Olson	JR	SUNY Delhi	13.08m
9 Quentin White	FR	Morrisville	12.86m
10 Javier Bedoya	SO	RPI	12.46m
11 Paul Sussman	SO	RPI	12.23m
12 Michael McNeil	JR	Utica	12.01m
13 Michael Rollins	JR	Utica	11.83m
14 Sidiki Sylla	FR	Castleton	11.63m
15 Thomas Dunn	JR	Utica	11.24m
16 Richard Serafin	JR	Albany Pharmacy	10.84m
17 Connor Fournier	FR	Castleton	10.55m
18 James Bommentre	JR	RPI	10.49m
19 Logan Gamlin	FR	RPI	10.42m
20 Kyle Mullen	FR	Oneonta	10.11m
21 Tristan Balc	JR	Sage	10.03m
22 Justin Baldwin	FR	Oneonta	9.96m
23 Cooper Spaulding	FR	Albany Pharmacy	9.91m
24 Isaiah Anighoro	FR	Utica	9.68m
25 Sam Hotaling	FR	Cortland	9.54m
26 Ross Arvin	JR	Hartwick	8.87m
27 Max Eban	FR	Albany Pharmacy	8.72m
28 Jakub Dobrowolski-Kosior	FR	Cortland	8.26m
29 Randal Johnson	JR	Sage	7.53m
30 John Anderson	FR	Cortland	7.00m
--- Jay Brown	JR	Utica	FOUL
--- Edward Haeffer	FR	Utica	DNS
--- Elijah Cruz	FR	Oneonta	DNS
--- Miles Mitchell	SO	Castleton	DNS
--- Howie Kelley	JR	Albany Pharmacy	DNS
--- Sawyer Eckberg	SO	Oneonta	DNS

**Men Discus Throw**

Facility: 49.18m F 1998 Mike Pestilli

AARTFC: 43.50m A

Name	Yr	School	Finals
1 Antwan Kelly	SR	Utica	41.56m
2 Tristan Mangin	SO	RPI	40.31m
3 Cabe Hogue	FR	Cortland	39.01m
4 Hunter Logan	JR	Utica	38.95m

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Finals ... (Men Discus Throw)**

Name	Yr	School	Finals
5	Javier Bedoya	SO RPI	38.41m
6	Sawyer Eckberg	SO Oneonta	37.66m
7	Nicholas Larocque	SR Cortland	37.15m
8	Luke Chamberlain	FR Cortland	37.11m
9	Michael Fasano	JR Hamilton	37.09m
10	Michael McNeil	JR Utica	36.26m
11	Justin Baldwin	FR Oneonta	33.37m
12	Sean Keane	FR Cortland	33.17m
13	Colby Grove	SO RPI	32.88m
14	James Olson	JR SUNY Delhi	32.79m
15	Mark Temp	FR SUNY Cobleskill	31.79m
16	Sidiki Sylla	FR Castleton	31.73m
17	Vincent Zheng	SR Oneonta	31.59m
18	Cal Marks	SO SUNY Cobleskill	31.44m
19	Thomas Dunn	JR Utica	31.44m
20	Aidan Kelly	SR Oneonta	31.37m
21	Michael Iavaroni	SO Cortland	30.78m
22	Evan Collette	FR Cortland	30.22m
23	Kyle Mullen	FR Oneonta	30.10m
24	Cooper Spaulding	FR Albany Pharmacy	28.49m
25	Isaiah Anighoro	FR Utica	28.36m
26	John Largett	SO Utica	28.05m
27	Richard Serafin	JR Albany Pharmacy	27.67m
28	Cooper Kelly	FR RPI	27.26m
29	Logan Zara	SO Albany Pharmacy	27.01m
30	Michael Parry	FR Utica	26.56m
31	Travis Firkins	SO Cortland	26.12m
32	Paul Sussman	SO RPI	25.92m
33	Connor Fournier	FR Castleton	23.60m
34	Ross Arvin	JR Hartwick	18.71m
35	Jakub Dobrowolski-Kosio	FR Cortland	17.32m
---	Timothy Hudson, Jr.	JR Albany Pharmacy	DNS
---	Edward Haeffer	FR Utica	DNS
---	Joshua Talbot	SO Utica	DNS
---	Howie Kelley	JR Albany Pharmacy	DNS
---	Miles Mitchell	SO Castleton	DNS
---	Max Eban	FR Albany Pharmacy	DNS
---	Riley Mercera	FR SUNY Cobleskill	DNS

**Men Hammer Throw**

**Facility: 55.78m F 1989 Peter Goodrich**

**AARTFC: 49.00m A**

Name	Yr	School	Finals
<b>Finals</b>			
1	Evan Collette	FR Cortland	50.87mA
2	Marco Alteri	SR Oneonta	46.53m
3	Spencer Borghardt	SO Utica	45.83m
4	Sawyer Eckberg	SO Oneonta	42.94m
5	James Olson	JR SUNY Delhi	41.90m
6	Justin Swavely	JR Utica	41.27m
7	Cabe Hogue	FR Cortland	39.95m
8	Colby Grove	SO RPI	39.75m
9	Mark Brown	SR Utica	39.66m
10	Kevin Chait	JR RPI	38.64m

11	Travis Firkins	SO Cortland	38.56m
12	Antwan Kelly	SR Utica	38.31m
13	Javier Bedoya	SO RPI	37.63m
14	Michael Fasano	JR Hamilton	37.39m
15	Michael Iavaroni	SO Cortland	36.40m
16	Paul Sussman	SO RPI	34.92m
17	Cal Marks	SO SUNY Cobleskill	34.62m
18	Timothy Hudson, Jr.	JR Albany Pharmacy	34.50m
19	Sean Keane	FR Cortland	34.38m
20	Elijah Cruz	FR Oneonta	34.04m
21	James Bommentre	JR RPI	33.83m
22	Michael Rollins	JR Utica	33.68m
23	Richard Serafin	JR Albany Pharmacy	32.51m
24	Cooper Kelly	FR RPI	32.07m
25	Kaiden Simpson	SO Sage	28.47m
26	Mark Temp	FR SUNY Cobleskill	28.08m
27	Randal Johnson	JR Sage	26.18m
28	Logan Zara	SO Albany Pharmacy	24.18m
29	Tristan Balc	JR Sage	22.21m
---	Michael Parry	FR Utica	FOUL
---	Luke Chamberlain	FR Cortland	FOUL
---	Joshua Talbot	SO Utica	FOUL
---	Hunter Logan	JR Utica	DNS
---	Edward Haeffer	FR Utica	DNS

**Men Javelin Throw**

**Facility: 61.54m F 4/16/2005 James Motzkin**

**AARTFC: 50.50m A**

Name	Yr	School	Finals
<b>Finals</b>			
1	Tristan Mangin	SO RPI	54.43mA
2	Cliff Biehl	SR Oneonta	48.53m
3	Harrison Leombruno-Nich	SR Castleton	48.40m
4	Ngawang Ghongwatsang	SO RPI	44.15m
5	Drew Obernesser	SO Oneonta	43.08m
6	Marco Alteri	SR Oneonta	40.13m
7	Tobias Jeralds	SO Utica	39.40m
8	Ethan Nigro	JR Albany Pharmacy	38.81m
9	Quinn Zurolo	FR Hamilton	38.40m
10	Kaiden Simpson	SO Sage	38.12m
11	Matthew Hake	SO Hamilton	38.00m
12	Anthony Leotta	SO Utica	36.12m
13	Michael Fasano	JR Hamilton	34.62m
14	Clinton Stutzman	JR RPI	32.87m
15	Richard Serafin	JR Albany Pharmacy	30.40m
16	Riley Mercera	FR SUNY Cobleskill	29.46m
17	James Bommentre	JR RPI	28.00m
18	Isaac Langer	JR Sage	27.30m
19	Cooper Spaulding	FR Albany Pharmacy	24.80m
20	Cooper Kelly	FR RPI	24.48m
---	Theodore Tsamis	FR Utica	DNS
---	Timothy Hudson, Jr.	JR Albany Pharmacy	DNS
---	Andrew Wieder	JR Utica	DNS
---	Miles Mitchell	SO Castleton	DNS
---	Howie Kelley	JR Albany Pharmacy	DNS

**Hamilton College Continental Invitational**

**Hamilton College - 3/30/2024**

**Results**

**Mixed 4x400 Meter Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals</b>
<b>Finals</b>		
1 SUNY Delhi	A	3:43.57
1) Ransom Dutcher FR	2) Mary Bryant FR	
3) Zoe Rodi SO	4) Josh Jeffes JR	
2 Hamilton	A	3:56.57
1) James Gallagher SR	2) John Quinn FR	
3) Sasha Iizuka-Sheeley FR	4) Marcella DeNitto FR	
3 Hamilton	B	4:02.95
1) Brogan Deem-Ranzetta SR	2) Hugh Williams SO	
3) Emily Pogozeleski SO	4) Eva McIlraith SO	
4 Hamilton	C	4:15.18
1) Andrew Goetzmann SO	2) Jeremy Bywater FR	
3) Katie Sands SR	4) Clara Fu SO	
5 Hartwick	A	4:28.05
1) Frank Guenther FR	2) Giovanna Wall JR	
3) Molly Corbett FR	4) Hans Higgins FR	
--- Sage	A	DNS
1) David Adadjo JR	2) Ethan Turner FR	
3) Mackenzie Feeney SR	4) Tirzah Spivey SO	
--- Sage	B	DNS
1) Stephen Fleury SO	2) Jacob Haynes JR	
3) Giuliana Capparello SR	4) Charisma Losee SO	
--- SUNY Delhi	B	DNS