

**Cortland Upstate Alternative  
SUNY Cortland - 4/13/2024  
Results**

**Women 100 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Deborah Borysewicz	FR Niagara	12.75 -2.3
2	Sapphire John	FR Niagara	13.24 -2.3
3	Lauryn Speicher	FR Niagara	13.45 -2.3
4	Madison Wagner	SO Potsdam St.	13.69 -2.3
5	Gianna Iglesias	JR Misericordia	13.78 -2.7
6	Kimberly Dean	SR SUNY Delhi	14.01 -2.3
7	Dayanara Gonzalez	FR Niagara	14.25 -0.5
8	Khaliah Ollivierre-Ryner	SR Cortland St.	14.28 -2.7
9	Justine Bell	FR Onondaga CC	14.33 -0.7
10	Sydney Hight	FR Mohawk Valley C	14.46 -0.7
11	Julia Ross	SO Cortland St.	14.47 -2.7
12	Destiny Carter	FR Hartwick	14.68 -0.5
13	Asaria Wright	SO Herkimer CCC	14.72 -0.7
14	Kimberly Miller	Unattached	14.89 -2.3
15	Giovanna Wall	JR Hartwick	15.12 -2.7
16	Molly Corbett	FR Hartwick	15.17 -2.7
17	Raven Winters	JR Potsdam St.	15.41 -0.7
18	Kalifa Donald	FR SUNY Delhi	16.33 -0.7
19	Fonta Toure	FR Morrisville	16.46 -0.5
20	Jordana Fiorese	SO SUNY Cobleskill	16.58 -0.7
21	Carson Collins	FR SUNY Cobleskill	16.78 -0.7
---	Lilah Ward	JR SUNY Cobleskill	DNS -2.3
---	Megan Wong	SR Unattached	DNS -2.7
---	JoAnne Powers	FR Potsdam St.	DNS -2.7
---	Leivis Erazo	FR SUNY Broome	DNS -0.5
---	Vanessa Addo	FR Herkimer CCC	DNS -0.7
---	Jacey Hinds	FR Mohawk Valley C	DNS -2.7
---	Julia Aiello	FR SUNY Cobleskill	DNS -2.3

**Women 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Kate Pratt	SR Niagara	26.36 -0.1
2	Gianna Iglesias	JR Misericordia	27.72 -0.1
3	Arrianna Blachowicz	FR Niagara	28.61 -0.1
4	Pepita Graham	FR Hartwick	28.63 -0.1
5	Madelaine Schultz	FR Niagara	28.83 -1.6
6	Khaliah Ollivierre-Ryner	SR Cortland St.	29.22 -0.1
7	Atticus Dinsmore	SO Hartwick	29.47 -1.6
8	Ashley Kane	FR Ithaca	29.48 -1.6
9	JoAnne Powers	FR Potsdam St.	29.75 -0.1
10	Julia Ross	SO Cortland St.	29.86 -0.1
11	Eleyna Rivas	FR Herkimer CCC	30.34 -1.6
12	Alisea Scott	SO Herkimer CCC	30.61 -1.6
13	Ava Suffredini	FR Ithaca	30.87 -1.6
14	Elizabeth Aldous	SO Unattached	31.87 -1.1
15	Cynthia Carpenter	SO Misericordia	32.09 -1.1
16	Mackinna Campbell	FR Ithaca	32.41 -1.6
17	Eva Murphy	SO Onondaga CC	36.89 -1.1
18	Kayla Burt	FR Hartwick	37.45 -1.1
---	Jordana Fiorese	SO SUNY Cobleskill	DNS -1.1
---	Kimberly Dean	SR SUNY Delhi	DNS -0.1

---	Kalifa Donald	FR SUNY Delhi	DNS -1.1
---	Justine Bell	FR Onondaga CC	DNS -1.1

**Women 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Kate Pratt	SR Niagara	57.37
2	Aubrianna DeLario-Brown	SR SUNY-ESF	1:03.61
3	Faith Nelson	JR Cortland St.	1:04.69
4	Daniela Velez	SO Niagara	1:05.04
5	Arrianna Blachowicz	FR Niagara	1:05.27
6	Jacey Hinds	FR Mohawk Valley C	1:05.37
7	Izzie Bosko	FR Cortland St.	1:05.52
8	Alissa Mete	JR Niagara	1:06.11
9	Tessa Stanley	SO Ithaca	1:06.80
10	Ashley Kane	FR Ithaca	1:07.47
11	Amelia Bowman-Mccoy	SO Herkimer CCC	1:07.99
12	Sophia Jarosz	FR SUNY-ESF	1:08.50
13	Emma Anderson	FR Ithaca	1:08.91
14	Abigail Conti	FR Misericordia	1:10.21
15	Ella Roenfeldt	FR SUNY-ESF	1:10.48
16	Lauren Rogers	SR Unattached	1:10.99
17	Ysahni Mayshack	FR SUNY Delhi	1:12.44
18	Mackinna Campbell	FR Ithaca	1:12.47
19	Marissa Civatte	SO SUNY-ESF	1:13.85
20	Elizabeth Aldous	SO Unattached	1:14.55
21	Taylor Stalker	FR Hartwick	1:14.87
22	Riley Precourt	FR SUNY Broome	1:18.37
23	Eva Murphy	SO Onondaga CC	1:34.77
---	Aja Jackson	SO SUNY Broome	DNS
---	Alexis Heath	FR Herkimer CCC	DNS
---	Ava Suffredini	FR Ithaca	DNS
---	Julia Aiello	FR SUNY Cobleskill	DNS

**Women 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Alexis Heath	FR Herkimer CCC	2:32.81
2	Anne Barney	FR Cortland St.	2:36.02
3	Andrea Rice	SO Cortland St.	2:36.80
4	Kristin Ieva	SO Cortland St.	2:40.06
5	Madison Fleschut	FR Misericordia	2:41.85
6	Lauren Suppe	FR Mohawk Valley C	2:42.80
7	Carlina Davis	SR Misericordia	2:44.21
8	Autumn Valdes	FR Ithaca	2:46.24
9	Maura O'Brien	SO SUNY-ESF	2:47.12
10	Heather Cecco	FR SUNY-ESF	2:47.85
11	Caitlin McCarthy	FR SUNY-ESF	2:48.52
12	Brynita Haas	SO Hartwick	2:50.84
13	Tessie Shafer	FR Mohawk Valley C	2:51.70
14	Kayla Beebe	FR Misericordia	2:52.20
15	Maria Kelly	SO Misericordia	2:53.06
16	Alyssa Freeguard	SO SUNY Cobleskill	2:54.14
17	Adrianna Orlando	FR Potsdam St.	2:57.24
18	Ella Farrer	FR Misericordia	2:59.58
19	Madilynne Smith	JR Hartwick	3:04.93

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**Finals ... (Women 800 Meter Run)**

Name	Yr	School	Finals
20 Sophia Kehr	JR	Hartwick	3:06.31
21 Sophie Ridgway	JR	Hartwick	3:23.24
22 Aislinn Hertle	SO	Potsdam St.	3:57.96
--- Lauren Rogers	SR	Unattached	DNS
--- Marlee Shafer	FR	Mohawk Valley C	DNS
--- Chloe Davis	SO	SUNY Cobleskill	DNS

**Women 1500 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Amelia Bowman-Mccoy	SO	Herkimer CCC	5:14.89
2 Savannah Kuhr	SR	SUNY-ESF	5:17.13
3 Adrienne Martin	JR	Cortland St.	5:25.79
4 Cherise Mack	SR	Cortland St.	5:28.15
5 Maria Kelly	SO	Misericordia	5:35.34
6 Mia Hannan	FR	Cortland St.	5:40.11
7 Kayla Beebe	FR	Misericordia	5:42.51
8 Alyssa Freeguard	SO	SUNY Cobleskill	5:42.92
9 Katie Richardson	SO	SUNY-ESF	5:45.64
10 Margaret Ryan	SO	SUNY-ESF	5:45.99
11 Olivia Balfe	FR	Cortland St.	5:48.54
12 Emily Yousey	JR	Potsdam St.	5:48.78
13 Sophia Marra	FR	Cortland St.	5:49.28
14 Amelia Konstanty	FR	Cortland St.	5:51.20
15 Sarah Cookson	FR	Ithaca	5:52.29
16 Danielle Krapf	FR	Cortland St.	5:57.87
17 Chloe Davis	SO	SUNY Cobleskill	5:59.02
18 Leah Stucke	SR	SUNY-ESF	6:01.12
19 Sarah Kiefer	SO	Cortland St.	6:02.96
20 Adrianna Orlando	FR	Potsdam St.	6:05.70
21 Kaitlyn Fico	FR	Onondaga CC	6:19.17
--- Emma Anderson	FR	Ithaca	DNS
--- Elizabeth Kraynak	SO	Onondaga CC	DNS

**Women 5000 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lilianna Peters	FR	SUNY Cobleskill	19:41.99
2 Sara Mueller	JR	Niagara	19:51.11
3 Madison Morrow	JR	Misericordia	19:58.53
4 Bryce Hopper	SR	SUNY-ESF	20:20.44
5 Heather Webster		Cortland Alumni	20:35.69
6 Michela Meister		Unattached	21:34.23
7 Ivy Murphy	FR	Morrisville	21:40.90
8 Erica Angelillo	FR	SUNY-ESF	22:14.65
9 Lydia Chunco	SR	Niagara	22:31.32
10 Jordan Vielee	FR	SUNY-ESF	22:57.30
11 Elizabeth Kraynak	SO	Onondaga CC	26:07.66
--- Rachel Ulrich	SO	Misericordia	DNS
--- Katherine Jones	SR	Misericordia	DNS

**Women 100 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Clara Barr	SO	Niagara	16.21 3.1
2 Madelaine Schultz	FR	Niagara	16.72 3.1
3 Dayanara Gonzalez	FR	Niagara	17.81 3.1
4 Kapriecce Sigler	FR	Onondaga CC	17.86 3.8
5 Lilly Swyers	SO	SUNY Cobleskill	17.93 3.1
6 Abbie Gregory	SO	Cortland St.	18.07 3.1
7 Bethanie Becker	FR	SUNY Cobleskill	18.42 3.1
8 Hayleigh Girard	JR	SUNY Cobleskill	18.47 3.1
9 Justine Bell	FR	Onondaga CC	18.63 3.8
10 Stephanie Cohen	FR	Hartwick	19.42 3.8
11 Raven Winters	JR	Potsdam St.	20.48 3.8
12 Melinda Reid	FR	SUNY Delhi	20.65 3.1
--- Ava Schiff	FR	SUNY Broome	DNS 3.8

**Women 400 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1 Vanessa Woolery	SO	Niagara	1:10.75
2 Lara Gritzek	JR	Niagara	1:13.42
3 Mychena Smith	SO	Niagara	1:16.36
4 Breanne Millson	SO	Mohawk Valley C	1:18.85
--- Melinda Reid	FR	SUNY Delhi	DNS

**Women 3000 Meter Steeplechase**

Name	Yr	School	Finals
<b>Finals</b>			
1 Alissa Mete	JR	Niagara	11:53.43
2 Deirdre Sullivan	JR	Cortland St.	12:04.01
3 Alisha Howard	JR	Cortland St.	12:22.97
--- Lilianna Peters	FR	SUNY Cobleskill	DNS
--- Marlee Shafer	FR	Mohawk Valley C	DNS
--- Savannah Kuhr	SR	SUNY-ESF	DNS
--- Emma Trefzger	SR	Cortland St.	DNS
--- Tessie Shafer	FR	Mohawk Valley C	DNS
--- Lauren Suppe	FR	Mohawk Valley C	DNS

**Women 4x100 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Niagara	A	48.35
1) Sapphire John FR	2) Lauryn Speicher FR	
3) Hannah Adderley-Julien SO	4) Deborah Borysewicz FR	
2 Potsdam St.	A	53.46
1) Madison Wagner SO	2) Emily Yousey JR	
3) JoAnne Powers FR	4) Emma Robbins JR	
3 SUNY Cobleskill	A	54.34
1) Hayleigh Girard JR	2) Lilly Swyers SO	
3) Lilah Ward JR	4) Bethanie Becker FR	
4 Hartwick	A	55.93
1) Giovanna Wall JR	2) Molly Corbett FR	
3) Atticus Dinsmore SO	4) Destiny Carter FR	

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**Finals ... (Women 4x100 Meter Relay)**

Team	Relay	Finals
--- SUNY-ESF	A	DNS
1) Aubrianna DeLario-Brown S	2) Ella Roenfeldt FR	
3) Sophia Jarosz FR	4) Marissa Civatte SO	
--- Herkimer County CC	A	DNS
1) Asaria Wright SO	2) Vanessa Addo FR	
3) Alisea Scott SO	4) Eleyna Rivas FR	

**Women 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1 Niagara	A	4:14.68
1) Sapphire John FR	2) Hannah Adderley-Julien SO	
3) Vanessa Woolery SO	4) Kate Pratt SR	
2 Hartwick	A	5:22.37
1) Giovanna Wall JR	2) Destiny Carter FR	
3) Atticus Dinsmore SO	4) Stephanie Cohen FR	
3 Hartwick	B	x5:44.52
1) Sophia Kehr JR	2) Brynita Haas SO	
3) Madilynne Smith JR	4) Taylor Stalker FR	
--- Niagara	B	DNS
1) Arrianna Blachowicz FR	2) Sara Mueller JR	
3) Mychena Smith SO	4) Lara Gritzek JR	
--- SUNY-ESF	A	DNS
1) Marissa Civatte SO	2) Heather Cecco FR	
3) Maura O'Brien SO	4) Caitlin McCarthy FR	
--- Onondaga CC	A	DNS
1) Kapricee Sigler FR	2) Deja-Monet Coleman SO	
3) Kaitlyn Fico FR	4) Abiba Muse FR	
--- Ithaca	A	DNS
1) Emma Anderson FR	2) Sarah Cookson FR	
3) Tessa Stanley SO	4) Autumn Valdes FR	
--- Mohawk Valley CC	A	DNS
1) Lauren Suppe FR	2) Tessie Shafer FR	
3) Breanne Millson SO	4) Marlee Shafer FR	

**Women High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lilah Ward	JR	SUNY Cobleskill	1.50m
2 Regan Kaiser	JR	Cortland St.	1.50m
3 Reilly Quinn	FR	Cortland St.	1.50m
4 Melinda Reid	FR	SUNY Delhi	1.35m
5 Alyssa Cole	SO	SUNY Delhi	1.25m
6 Ava Schiff	FR	SUNY Broome	1.25m
--- Eleyna Rivas	FR	Herkimer CCC	DNS

**Women Pole Vault**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bree Boyle	SO	Ithaca	3.40m
2 Erin Eastwood	SO	Ithaca	3.25m
3 Laura Suppa	SO	Ithaca	2.95m
4 Faith Hoyt	SO	Cortland St.	2.95m
5 Abby Carberry	FR	Cortland St.	2.65m

6 Kaleigh Boismenu	FR	Cortland St.	2.50m
--- Talia Hutchinson	FR	Ithaca	NH

**Women Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Hannah Adderley-Julien	SO	Niagara	5.39m NWI
2 Clara Barr	SO	Niagara	4.95m NWI
3 Megan Wong	SR	Unattached	4.66m NWI
4 Lilah Ward	JR	SUNY Cobleskill	4.64m NWI
5 Matteson Donnelly	SR	Cortland St.	4.57m NWI
6 Caitlin Maher	JR	Cortland St.	4.53m NWI
7 Abigail Conti	FR	Misericordia	4.43m NWI
8 Regan Kaiser	JR	Cortland St.	4.39m NWI
9 Megan Aaron	SO	Misericordia	4.35m NWI
10 Madison Wagner	SO	Potsdam St.	4.32m NWI
11 Bethanie Becker	FR	SUNY Cobleskill	4.28m NWI
12 Deja-Monet Coleman	SO	Onondaga CC	4.15m NWI
13 Abbie Gregory	SO	Cortland St.	3.99m NWI
14 Cynthia Carpenter	SO	Misericordia	3.73m NWI
15 Andreia Vasconcelos-Men	FR	Cortland St.	3.72m NWI
--- Hayleigh Girard	JR	SUNY Cobleskill	FOUL
--- Jacey Hinds	FR	Mohawk Valley C	DNS NWI
--- Lilly Swyers	SO	SUNY Cobleskill	DNS NWI
--- Riley Precourt	FR	SUNY Broome	DNS NWI
--- Lyria Bennett	SO	Herkimer CCC	DNS NWI
--- Ava Schiff	FR	SUNY Broome	DNS NWI
--- Breanne Millson	SO	Mohawk Valley C	DNS NWI
--- Kimberly Dean	SR	SUNY Delhi	DNS NWI

**Women Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Lilly Swyers	SO	SUNY Cobleskill	10.09m NWI
--- Jacey Hinds	FR	Mohawk Valley C	DNS NWI
--- Megan Aaron	SO	Misericordia	DNS NWI
--- Megan Wong	SR	Unattached	DNS NWI
--- Ava Schiff	FR	SUNY Broome	DNS NWI
--- Cynthia Carpenter	SO	Misericordia	DNS NWI
--- Abigail Conti	FR	Misericordia	DNS NWI

**Women Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Zoe Connor	JR	SUNY Geneseo	12.03m
2 Lauren Jaklitsch	FR	SUNY Geneseo	11.22m
3 Lily Seyfert	SO	Ithaca	11.11m
4 Hannah McMasters	SO	Cortland St.	10.62m
5 Gabby Bellomo	JR	Misericordia	9.48m
6 Ashley Tubbs	FR	SUNY Geneseo	9.47m
7 Jennifer Ndukwu	JR	Cortland St.	9.22m
8 Skyler Klimow	SO	SUNY Geneseo	9.16m
9 Megan Jackson	FR	Niagara	8.96m
10 Izabella Bochicchio	FR	Misericordia	8.76m
11 Talia Hutchinson	FR	Ithaca	8.35m
12 Colleen Patrie	SO	Cortland St.	8.32m

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**Finals ... (Women Shot Put)**

Name	Yr	School	Finals
13 Suzy Conners	SO	Cortland St.	7.70m
14 Shanel Dixon	FR	Hartwick	7.60m
15 Kayla Christel	FR	Cortland St.	7.55m
16 Rylee Semco	SO	Potsdam St.	7.17m
17 Delaney Jose	FR	Ithaca	6.98m
18 Alexis Hartmann	JR	Potsdam St.	5.89m
19 Jane Mattingly	SO	Potsdam St.	5.79m
--- Hannah Recine	JR	SUNY Geneseo	FOUL
--- Cheryl Bielby	SO	Mohawk Valley C	DNS
--- Prayz'ah Brumfield	FR	Mohawk Valley C	DNS
--- Charlotte Powell	FR	Ithaca	DNS
--- Soncerae Hamiter	JR	Ithaca	DNS
--- Enya Green	FR	Ithaca	DNS
--- Ava Schiff	FR	SUNY Broome	DNS
--- Cheyenne McPeek	FR	Ithaca	DNS
--- Leivis Erazo	FR	SUNY Broome	DNS
--- Kitty Messina	JR	SUNY Delhi	DNS
--- Riley Precourt	FR	SUNY Broome	DNS

**Women Discus Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bryn Whitman	SO	Onondaga CC	37.07m
2 Skyler Klimow	SO	SUNY Geneseo	36.52m
3 Hannah McMasters	SO	Cortland St.	33.24m
4 Gabby Bellomo	JR	Misericordia	31.62m
5 Lily Seyfert	SO	Ithaca	31.22m
6 Charlotte Powell	FR	Ithaca	31.02m
7 Ashley Tubbs	FR	SUNY Geneseo	30.08m
8 Lauren Jaklitsch	FR	SUNY Geneseo	29.57m
9 Payton Mehalick	SO	SUNY Geneseo	29.15m
10 Enya Green	FR	Ithaca	27.97m
11 Megan Jackson	FR	Niagara	27.24m
12 Suzy Conners	SO	Cortland St.	26.37m
13 Jessica Neubert	SO	Cortland St.	25.78m
14 Sydney Mihalchik	FR	Cortland St.	25.17m
15 Colleen Patrie	SO	Cortland St.	24.76m
16 Kayla Christel	FR	Cortland St.	23.25m
17 Jennifer Ndukwu	JR	Cortland St.	22.76m
18 Soncerae Hamiter	JR	Ithaca	20.31m
19 Alexis Hartmann	JR	Potsdam St.	20.05m
20 Rylee Semco	SO	Potsdam St.	19.66m
21 Izabella Bochicchio	FR	Misericordia	18.85m
22 Jane Mattingly	SO	Potsdam St.	12.70m
--- Dory Gooselin	SO	SUNY Cobleskill	DNS
--- Cheryl Bielby	SO	Mohawk Valley C	DNS
--- Prayz'ah Brumfield	FR	Mohawk Valley C	DNS
--- Cheyenne McPeek	FR	Ithaca	DNS
--- Kitty Messina	JR	SUNY Delhi	DNS
--- Delaney Jose	FR	Ithaca	DNS

**Women Hammer Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Zoe Connor	JR	SUNY Geneseo	49.35m
2 Lily Seyfert	SO	Ithaca	45.86m
3 Hannah McMasters	SO	Cortland St.	44.81m
4 Suzy Conners	SO	Cortland St.	44.54m
5 Lauren Jaklitsch	FR	SUNY Geneseo	44.14m
6 Kitty Messina	JR	SUNY Delhi	43.62m
7 Soncerae Hamiter	JR	Ithaca	41.41m
8 Gabby Bellomo	JR	Misericordia	40.26m
9 Cheyenne McPeek	FR	Ithaca	40.14m
10 Jennifer Ndukwu	JR	Cortland St.	38.25m
11 Enya Green	FR	Ithaca	37.38m
12 Payton Mehalick	SO	SUNY Geneseo	36.05m
13 Sydney Mihalchik	FR	Cortland St.	33.73m
14 Jessica Neubert	SO	Cortland St.	32.97m
15 Izabella Bochicchio	FR	Misericordia	32.33m
16 Paige Novak	SO	Morrisville	31.38m
17 Colleen Patrie	SO	Cortland St.	27.67m
18 Dory Gooselin	SO	SUNY Cobleskill	27.29m
19 Kayla Christel	FR	Cortland St.	26.27m
20 Delaney Jose	FR	Ithaca	22.21m
21 Alexis Hartmann	JR	Potsdam St.	20.70m
22 Rylee Semco	SO	Potsdam St.	19.76m
--- Ashley Tubbs	FR	SUNY Geneseo	FOUL
--- Charlotte Powell	FR	Ithaca	DNS
--- Cheryl Bielby	SO	Mohawk Valley C	DNS
--- Prayz'ah Brumfield	FR	Mohawk Valley C	DNS

**Women Javelin Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Skyler Klimow	SO	SUNY Geneseo	33.63m
2 Kitty Messina	JR	SUNY Delhi	30.32m
3 Charlotte Powell	FR	Ithaca	26.80m
4 Alyssa Cole	SO	SUNY Delhi	24.73m
5 Bryn Whitman	SO	Onondaga CC	23.27m
6 Hannah Recine	JR	SUNY Geneseo	21.69m
7 Cheyenne McPeek	FR	Ithaca	20.57m
8 Riley Precourt	FR	SUNY Broome	16.77m
9 Ava Schiff	FR	SUNY Broome	15.61m
10 Leivis Erazo	FR	SUNY Broome	9.69m
--- Cheryl Bielby	SO	Mohawk Valley C	DNS
--- Prayz'ah Brumfield	FR	Mohawk Valley C	DNS
--- Enya Green	FR	Ithaca	DNS
--- Soncerae Hamiter	JR	Ithaca	DNS

**Men 100 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kip Isaac	SO	Misericordia	11.92 0.2
2 Ransom Dutcher	FR	SUNY Delhi	11.94 -0.6
3 Malik Davis	SO	Onondaga CC	12.06 0.2
4 Yuri Britch	FR	SUNY Broome	12.20 -0.2

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**Finals ... (Men 100 Meter Dash)**

Name	Yr	School	Finals
5 Carter Halpin	SO	SU Running Club	12.20 +0.0
6 Ryan Swinea	FR	SUNY Delhi	12.27 -0.6
7 Quran Best	SO	Hartwick	12.30 0.2
8 Ryan Haisler	SO	Unattached	12.31 +0.0
9 Tavian Frey	FR	Mohawk Valley C	12.34 -0.8
10 Allen Cawthon		Unattached	12.40 -0.6
11 Patrick Conteh	SO	Hartwick	12.41 -0.6
12 Kedron Golden	SO	Onondaga CC	12.42 0.2
13 Gregory McDonald	FR	SUNY Cobleskill	12.43 +0.0
14 Thomas Eison	FR	Morrisville	12.44 -0.2
15 Elijah Dowl	SO	Unattached	12.46 -0.2
16 Julian Cineas	FR	Onondaga CC	12.48 -0.8
17 Aidan Birmingham	FR	Onondaga CC	12.49 0.2
18 Nathaniel Wojcik	FR	SUNY Broome	12.53 -0.8
19 Jeffery Alvarado	SO	SUNY Cobleskill	12.64 -0.8
20 Afonso Fulgencio	SO	Onondaga CC	12.65 -0.2
21 Brian Reile	SO	Mohawk Valley C	12.68 -0.6
22 Corey Quomony	JR	Hartwick	12.69 -0.6
23 Ethan Torres	FR	SUNY Delhi	12.72 -0.8
24 Brandon Hirst	FR	SUNY Broome	12.86 -0.2
25 Deyquan Crawford	SO	Onondaga CC	12.86 -0.8
26 Joshua Worrell	JR	Hartwick	12.92 +0.0
27 Mike Olejarnik	FR	Mohawk Valley C	13.13 -0.6
28 Quinn Service	SO	SUNY Cobleskill	13.23 -0.6
29 Nicholas Shukauskys	FR	Misericordia	13.83 -0.2
30 Alex Pagan	SO	Onondaga CC	13.92 -0.6
31 Daniel Cruz	FR	Cortland St.	14.40 0.2
32 Nae'qwon Morris	FR	Misericordia	14.87 +0.0
--- Zekey Huang		Cornell TC	DNS 0.2
--- Noah Beakes	SO	SUNY-ESF	DNS -0.6
--- Dan O'Malley	FR	Unattached	DNS 0.2
--- Asher Anderson	FR	SUNY-ESF	DNS -0.6
--- Jayden Halstead	SO	Misericordia	DNS -0.6
--- Isaac Sylvain	FR	Morrisville	DNS +0.0
--- Luke Foster	SO	SUNY Delhi	DNS -0.8
--- Valenick Exantus	SO	SUNY Delhi	DNS -0.6
--- James McBride	FR	Misericordia	DNS -0.2
--- Aly Ceesay	SR	Potsdam St.	DNS -0.6
--- Dandre James	SO	SUNY Broome	DNS -0.8
--- Matthieu Brunelle	JR	Misericordia	DNS -0.6
--- Tyler Burke	FR	Morrisville	DNS +0.0
--- Devon Frazier	SO	Misericordia	DNS -0.2
--- John Tanis	SR	Misericordia	DNS +0.0

**Men 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aaron Jones	SR	Cortland St.	23.03 +0.0
2 Aaron McConnell	FR	Onondaga CC	23.15 -0.1
3 Dylan Blackwell	SO	Misericordia	23.34 +0.0
4 Kevin Andreski	SO	Cortland St.	24.19 +0.0
5 Ryan Haisler	SO	Unattached	24.75 -0.1
6 Fransisco Torres	FR	Misericordia	24.95 -0.1
7 Jon Hanna	SO	Cortland St.	25.02 -1.2

8 Alex Pagan	SO	Onondaga CC	25.17 -0.2
9 Junior Oduro	JR	Potsdam St.	25.19 +0.0
10 Aidan Birmingham	FR	Onondaga CC	25.21 -0.1
11 Hayden Erick	FR	Cortland St.	25.24 -0.1
12 Sean Henley	FR	Potsdam St.	25.51 -0.2
13 Afonso Fulgencio	SO	Onondaga CC	25.52 -1.2
14 Peter Kraynak	FR	Onondaga CC	25.88 -0.2
15 Joseph Catalano	SR	Hartwick	26.09 -1.2
16 Nae'qwon Morris	FR	Misericordia	26.76 +0.0
17 Liam Connelly	FR	Ithaca	27.33 -0.2
18 Nicholas Shukauskys	FR	Misericordia	28.85 -1.2
19 Michael Jocz	FR	Onondaga CC	33.81 -0.2
--- Elijah Dowl	SO	Unattached	DNS -1.2
--- Valenick Exantus	SO	SUNY Delhi	DNS -0.1
--- Quran Best	SO	Hartwick	DNS +0.0
--- Gavin Franco	FR	Cortland St.	DNS -0.1
--- Malik Davis	SO	Onondaga CC	DNS +0.0
--- Joshua Worrell	JR	Hartwick	DNS -1.2
--- Kip Isaac	SO	Misericordia	DNS -0.1
--- Patrick Conteh	SO	Hartwick	DNS +0.0

**Men 400 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1 Zion Cheatham	FR	Cortland St.	51.39
2 Edson Jean-Baptiste	JR	Morrisville	51.44
3 Lorenzo Castro	JR	SUNY Delhi	52.15
4 Sam Renaud	JR	Potsdam St.	52.98
5 Korben Anderson	JR	SUNY-ESF	53.46
6 Josh Geschwind	SO	Cortland St.	54.12
7 Tyler Anderson	JR	SUNY-ESF	54.18
8 Jerome Seidl	FR	SUNY-ESF	54.68
9 Ryan Debellis	FR	Misericordia	55.25
10 Emmanuel Hernandez	FR	Onondaga CC	55.55
11 John Anderson	FR	Cortland St.	56.47
12 Shaun Hinds	SO	Unattached	56.50
13 Kyle Brombos	FR	SUNY-ESF	56.65
14 Fransisco Torres	FR	Misericordia	56.75
15 Julian Palma	FR	Cortland St.	56.87
16 Andre Paul Bazile	FR	Morrisville	56.89
17 Sam Margolies	FR	SUNY Delhi	57.22
18 Sean Henley	FR	Potsdam St.	58.68
19 Frank Guenthner	FR	Hartwick	59.05
20 Colby Minbirole	SO	SUNY-ESF	59.53
21 Luca Montesano	FR	Hartwick	1:00.21
22 Peter Kraynak	FR	Onondaga CC	1:00.29
23 Casey Conmy	FR	SUNY-ESF	1:00.33
24 Adin Kapo	FR	Mohawk Valley C	1:00.99
25 Zach DeLorme	SO	Potsdam St.	1:02.51
26 Caleb Turner	SO	Morrisville	1:04.37
--- Will Jones	FR	Morrisville	FS
--- Akash Munshi	FR	Unattached	DNS
--- Aaron Pope	FR	Herkimer CCC	DNS
--- Noah Beakes	SO	SUNY-ESF	DNS
--- Koewyn Jimerson	FR	Onondaga CC	DNS

**Cortland Upstate Alternative  
SUNY Cortland - 4/13/2024  
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**Men 800 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Lenny Diaz	SO Cortland St.	2:02.77
2	Hector Ramos	FR Cortland St.	2:05.96
3	Jack Bisbee	FR Cortland St.	2:06.76
4	Tavian McKenna	JR Misericordia	2:07.45
5	Hayden Bregg	SO SUNY-ESF	2:09.53
6	Colin Gerbsch	SO Onondaga CC	2:10.50
7	Nicholas Tirrell	SO Hartwick	2:13.39
8	Anderson Adu-Poku	FR Unattached	2:13.78
9	Hans Higgins	FR Hartwick	2:13.85
10	Alex Garcia	JR Cortland St.	2:17.68
11	Austin Karwacki	SO Misericordia	2:17.79
12	Jodi Johnson	FR Hartwick	2:18.95
13	Cole Farley	FR SUNY Broome	2:19.06
14	Eli Siracusa	SO Potsdam St.	2:19.63
15	Nate Dziedzic	SO Morrisville	2:20.50
16	Adin Kapo	FR Mohawk Valley C	2:22.21
17	Nik Recore	SO SUNY Cobleskill	2:23.28
18	Ryan Jenkins	SO Herkimer CCC	2:27.56
19	Kain Robinson	JR Potsdam St.	2:29.04
20	Casey Conmy	FR SUNY-ESF	2:31.52
21	Samuel Barney	FR Potsdam St.	2:32.36
22	Connor Till	SO Potsdam St.	2:32.60
23	Jacob Rhinesmith	SO SUNY Cobleskill	2:32.93
24	Austin Lucas	FR SUNY-ESF	2:33.04
25	Zach DeLorme	SO Potsdam St.	2:33.12
26	Christopher Fitzpatrick	FR Hartwick	2:34.86
27	Alic Rock	FR Potsdam St.	2:37.68
28	Estaban Delgado	FR SUNY Cobleskill	2:38.31
29	Daniel Jaffin	SO SUNY Cobleskill	2:39.79
30	Joey Kaufman	SO Onondaga CC	2:40.67
31	Ethan Benedict	FR Hartwick	2:50.65
32	Jack Schroeder	FR Potsdam St.	2:50.80
---	Evan Miller	FR Morrisville	DNS
---	Michael Green	FR Herkimer CCC	DNS
---	Nathan Horn	FR Misericordia	DNS
---	Matt Benjamin	FR Mohawk Valley C	DNS
---	Hassan Abdelwahed	FR Hartwick	DNS
---	Nick Logan	SR SUNY Cobleskill	DNS

**Men 1500 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Evan Miller	FR Morrisville	4:16.47
2	Braden York	NA UNAT-Niagara	4:18.46
3	Brandon Mulholland	SO Cortland St.	4:18.62
4	Avion Harris	JR Morrisville	4:20.68
5	RJ Davis	JR Cortland St.	4:24.46
6	Michael Alvarez	JR Cortland St.	4:25.44
7	Adam Schreiber	JR Cortland St.	4:25.63
8	Robby Davidson	JR Cortland St.	4:28.03
9	Elliott Painting	FR Ithaca	4:35.09
10	Andrew Layne	SR Misericordia	4:36.37

11	Eric DeHart	JR Cortland St.	4:36.99
12	Brendan Kelly	NA UNAT-Niagara	4:37.68
13	Sean White	SO SUNY-ESF	4:40.84
14	Matthew Andersen	SO Ithaca	4:41.99
15	Joshua Osae	SO Cortland St.	4:43.17
16	Ryan King	SR SUNY-ESF	4:43.32
17	Anthony Cawley	SO Cortland St.	4:44.67
18	Nik Recore	SO SUNY Cobleskill	4:44.81
19	Michael Green	FR Herkimer CCC	4:46.44
20	Adin Kapo	FR Mohawk Valley C	4:46.49
21	Joshua Wolski	NA UNAT-Niagara	4:50.22
22	Ryan Wiese	FR Morrisville	4:50.23
23	Samuel Barney	FR Potsdam St.	4:50.64
24	Akash Munshi	FR Unattached	4:57.06
25	Daniel Jaffin	SO SUNY Cobleskill	4:58.39
26	Matt Benjamin	FR Mohawk Valley C	4:59.92
27	Liam Wood	FR SUNY-ESF	5:00.61
28	Jacob Rhinesmith	SO SUNY Cobleskill	5:00.81
29	Eduardo Chagoya	SO SUNY-ESF	5:09.29
30	Kain Robinson	JR Potsdam St.	5:10.30
31	Liam Bonner	SO SUNY-ESF	5:11.79
32	Jonathan Wolf	FR Ithaca	5:11.96
33	Gregory Philips	SO Mohawk Valley C	5:15.13
34	Aaron Pope	FR Herkimer CCC	5:25.40
35	Joey Kaufman	SO Onondaga CC	5:37.49
36	Michael Jocz	FR Onondaga CC	6:03.47
---	Donnell Davis	FR Herkimer CCC	DNS
---	Anthony Masters	SR Misericordia	DNS
---	Nick Logan	SR SUNY Cobleskill	DNS

**Men 5000 Meter Run**

Name	Yr	School	Finals
<b>Finals</b>			
1	Sean Dristle	SR SUNY-ESF	15:55.07
2	Ryan Weber	FR Misericordia	16:31.23
3	Caleb Noble	NA UNAT-Niagara	16:35.18
4	Luc DiFlavio	NA UNAT-Niagara	16:40.83
5	Caleb Harman	NA UNAT-Niagara	16:59.78
6	Weston Medvetz	FR Misericordia	17:33.39
7	Cholo Bitera	JR Misericordia	17:52.60
8	Caleb Shea	SO Misericordia	17:55.26
9	Aidan Watts	FR SUNY-ESF	17:57.03
10	Dan Mack	SO SUNY-ESF	18:10.65
11	Robby Slater	FR SUNY-ESF	18:43.87
12	Anthony Masters	SR Misericordia	19:07.70
13	Mason Darsney	FR SUNY-ESF	19:12.78
---	Brendan Wangler	NA UNAT-Niagara	DNF
---	Thomas Bricker	SO Misericordia	DNS
---	Ryan Shulman	SO Misericordia	DNS
---	Gregory Philips	SO Mohawk Valley C	DNS

**Men 110 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1	Owen McGuffey	SO Misericordia	15.71 1.6
2	Joey Ciufu	SR SUNY Delhi	15.95 1.6

**Cortland Upstate Alternative  
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**Results**

**Finals ... (Men 110 Meter Hurdles)**

Name	Yr	School	Finals
3 Brian Reile	SO	Mohawk Valley C	15.95 1.6
4 Zekey Huang		Cornell TC	16.27 1.6
5 Carter Halpin	SO	SU Running Club	16.57 1.6
6 Dan O'Malley	FR	Unattached	16.74 -0.1
7 Tommy Eccleston	SO	SUNY Broome	16.88 1.6
8 Calvin Hitzsche	SO	Potsdam St.	16.89 1.6
9 Jamar Matthew	FR	SUNY Delhi	17.42 -0.1
10 Chris Filatov	SR	SUNY Delhi	17.65 -0.1
11 Luca Montesano	FR	Hartwick	18.00 -0.1
12 Jack Mooney	FR	SUNY Delhi	18.75 -0.1
13 Tim Petty	SR	Potsdam St.	19.23 -0.1
14 Jacob Olkowski	FR	Onondaga CC	19.62 -0.1
--- Evan Cruz	FR	Cortland St.	DNF -0.1
--- Kameron Cusmano	SO	SUNY Cobleskill	DNS 1.6

**Men 400 Meter Hurdles**

Name	Yr	School	Finals
1 Owen McGuffey	SO	Misericordia	59.62
2 Jack Mooney	FR	SUNY Delhi	1:04.40
3 Shakei Smith	SO	Misericordia	1:04.43
4 Ryan Orcutt	JR	Potsdam St.	1:05.88
5 Jamar Matthew	FR	SUNY Delhi	1:07.89
6 Harper Barrett	SR	Potsdam St.	1:10.22
7 Antonio Gonzalez	FR	SUNY Cobleskill	1:20.27
--- Matthew Manno	FR	Unattached	DNS
--- Charles Foote	SO	SUNY Cobleskill	DNS
--- Michael Janaro	SO	Onondaga CC	DNS
--- Bryan Doyle	FR	Herkimer CCC	DNS
--- Tommy Eccleston	SO	SUNY Broome	DNS

**Men 3000 Meter Steeplechase**

Name	Yr	School	Finals
1 Josh Koepp	SR	Cortland St.	10:09.45
2 Daniel Patrick	SO	Cortland St.	10:41.34
3 Harry Greene		Unattached	11:07.66
4 Gavin Griffin	FR	Morrisville	11:25.24
5 Brendan Bove	FR	Morrisville	11:32.89
--- Liam Bonner	SO	SUNY-ESF	DNS
--- Estaban Delgado	FR	SUNY Cobleskill	DNS
--- Ryan Jenkins	SO	Herkimer CCC	DNS
--- Jacob Rhinesmith	SO	SUNY Cobleskill	DNS
--- Avion Harris	JR	Morrisville	DNS
--- Nik Recore	SO	SUNY Cobleskill	DNS

**Men 4x100 Meter Relay**

Team	Relay	Finals
1 Misericordia	A	43.55
1) Dylan Blackwell SO	2) Richard Billings FR	
3) Jacob Hunter FR	4) Jarod Cipriano SR	

2 Morrisville State	A	46.12
1) Isaac Sylvain FR	2) Tyler Burke FR	
3) Edson Jean-Baptiste JR	4) Thomas Eison FR	
3 SUNY Broome	A	46.94
1) Nathaniel Wojcik FR	2) Dandre James SO	
3) Brandon Hirst FR	4) Yuri Britch FR	
4 Hartwick	A	47.82
1) Corey Quomony JR	2) Quran Best SO	
3) Marquis Jones-Mckinney FR	4) Patrick Conteh SO	
5 SUNY Cobleskill	A	48.07
1) Jeffery Alvarado SO	2) Kameron Cusmano SO	
3) Dylan Colwell FR	4) Gregory McDonald FR	
--- Onondaga CC	A	DQ
1) Kedron Golden SO	2) Aaron McConnell FR	
3) Aidan Birmingham FR	4) Malik Davis SO	

**Men 4x400 Meter Relay**

Team	Relay	Finals
1 Onondaga CC	A	3:45.08
1) Jacob Olkowski FR	2) Julian Cineas FR	
3) Emmanuel Hernandez FR	4) Colin Gerbsch SO	
2 Potsdam St.	A	3:49.61
1) Sam Renaud JR	2) Ryan Orcutt JR	
3) Calvin Hitzsche SO	4) Sean Henley FR	
3 Niagara	A	4:02.30
1) Luc DiFlavio NA	2) Caleb Harman NA	
3) Brendan Kelly NA	4) Joshua Wolski NA	
--- SUNY Broome	A	DNS
1) Nathaniel Wojcik FR	2) Yuri Britch FR	
3) Brandon Hirst FR	4) Cole Farley FR	

**Men High Jump**

Name	Yr	School	Finals
1 Logan Buchanan	FR	Cortland St.	1.90m
2 David Akulis	FR	SUNY Broome	1.82m
3 Roland Zanger	JR	Cortland St.	1.78m
4 Marquis Jones-Mckinney	FR	Hartwick	1.78m
5 Tommy Eccleston	SO	SUNY Broome	1.70m
6 Isaac Sylvain	FR	Morrisville	1.70m
7 Kameron Cusmano	SO	SUNY Cobleskill	1.70m
8 Jayden Halstead	SO	Misericordia	1.65m
9 Jamar Matthew	FR	SUNY Delhi	1.60m
10 Tim Petty	SR	Potsdam St.	1.55m
--- Luke Foster	SO	SUNY Delhi	NH
--- Aidan Steele	FR	SUNY Delhi	NH
--- Aly Ceesay	SR	Potsdam St.	DNS
--- Aaron McConnell	FR	Onondaga CC	DNS

**Men Pole Vault**

Name	Yr	School	Finals
1 Dominic Mikula	SR	Ithaca	4.95m
2 Cayden Kuhns	FR	Ithaca	3.75m
--- Ty Albright	FR	Mohawk Valley C	NH

**Cortland Upstate Alternative  
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**Finals ... (Men Pole Vault)**

Name	Yr	School	Finals
--- Mason Palmer	FR	Mohawk Valley C	NH
--- Richard Mangogna	JR	Cortland St.	NH
--- Chris Filatov	SR	SUNY Delhi	DNS
--- Aden Hollenbeck	SO	SUNY Broome	DNS

**Men Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Matthieu Brunelle	JR	Misericordia	6.54m NWI
2 Aidan Steele	FR	SUNY Delhi	6.39m NWI
3 Roland Zanger	JR	Cortland St.	6.32m NWI
4 Kevin Andreski	SO	Cortland St.	6.12m NWI
5 Corey Quomony	JR	Hartwick	5.90m NWI
6 Hayden Erick	FR	Cortland St.	5.88m NWI
7 Dan O'Malley	FR	Unattached	5.80m NWI
8 James McBride	FR	Misericordia	5.80m NWI
9 Ryan Swinea	FR	SUNY Delhi	5.76m NWI
10 Gavin Franco	FR	Cortland St.	5.74m NWI
11 Jacai Sanders	FR	Onondaga CC	5.64m NWI
12 John Anderson	FR	Cortland St.	5.48m NWI
13 Jon Hanna	SO	Cortland St.	5.31m NWI
14 Devon Frazier	SO	Misericordia	5.29m NWI
15 Dylan Colwell	FR	SUNY Cobleskill	5.09m NWI
16 Matthew Manno	FR	Unattached	4.97m NWI
17 Gregory McDonald	FR	SUNY Cobleskill	4.95m NWI
18 Akash Munshi	FR	Unattached	4.42m NWI
--- Luke Foster	SO	SUNY Delhi	FOUL
--- Zekey Huang		Cornell TC	DNS NWI
--- Thomas Herberger	FR	SUNY Cobleskill	DNS NWI
--- Asher Anderson	FR	SUNY-ESF	DNS NWI
--- Chad Franklin	FR	Unattached	DNS NWI
--- Dandre James	SO	SUNY Broome	DNS NWI
--- Joey Ciufu	SR	SUNY Delhi	DNS NWI
--- Jayden Halstead	SO	Misericordia	DNS NWI
--- Jordan Thomas	FR	SUNY Broome	DNS NWI
--- John Tanis	SR	Misericordia	DNS NWI
--- Mike Olejarnik	FR	Mohawk Valley C	DNS NWI
--- Brendan Sheehan	SR	Ithaca	DNS NWI

**Men Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aidan Steele	FR	SUNY Delhi	12.44m NWI
--- Devon Frazier	SO	Misericordia	FOUL
--- Liam Connelly	FR	Ithaca	FOUL
--- Thomas Herberger	FR	SUNY Cobleskill	DNS NWI
--- Ryan Swinea	FR	SUNY Delhi	DNS NWI
--- Matthieu Brunelle	JR	Misericordia	DNS NWI
--- Dandre James	SO	SUNY Broome	DNS NWI
--- Kedron Golden	SO	Onondaga CC	DNS NWI
--- Deyquan Crawford	SO	Onondaga CC	DNS NWI
--- Gregory McDonald	FR	SUNY Cobleskill	DNS NWI

**Men Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ray Trottier	FR	SUNY Geneseo	13.97m
2 Nicholas Larocque	SR	Cortland St.	13.93m
3 Isaiah Brunache	SO	Cortland St.	13.66m
4 Evan Collette	FR	Cortland St.	13.12m
5 Luke Chamberlain	FR	Cortland St.	12.77m
6 Mitchell Makowski	SR	Cortland St.	12.66m
7 Thomas Burek	JR	Cortland St.	12.33m
8 Quentin White	FR	Morrisville	11.80m
9 Chris Miller	FR	SUNY Geneseo	11.62m
10 Jayden Carroll	FR	SUNY Geneseo	11.61m
11 Cameron Borges	FR	Herkimer CCC	11.58m
12 Cabe Hogue	FR	Cortland St.	11.01m
13 Sean Keane	FR	Cortland St.	10.84m
14 Bradley Hollis	FR	Onondaga CC	10.55m
15 Ross Arvin	JR	Hartwick	10.26m
16 Zane Moussa	JR	Potsdam St.	10.21m
17 Michael Iavaroni	SO	Cortland St.	10.04m
18 Zane Stevens	SO	Potsdam St.	9.30m
19 Jakub Dobrowolski-Kosior	FR	Cortland St.	9.05m
20 Cooper Ladouceur	SO	Potsdam St.	8.48m
21 Michael Janaro	SO	Onondaga CC	7.77m
22 Lance Frayler	FR	Potsdam St.	6.99m
--- Travis Firkins	SO	Cortland St.	FOUL
--- Jimmy Riley	SO	Mohawk Valley C	DNS
--- Ryan Beaulac	FR	Mohawk Valley C	DNS
--- Wyatt Poynter	FR	Mohawk Valley C	DNS
--- James Olson	JR	SUNY Delhi	DNS
--- Dakata Saxe	SO	Mohawk Valley C	DNS
--- John Miller	FR	SUNY Broome	DNS
--- Stephen Gihir	SO	Misericordia	DNS
--- Connor Vredenburgh	FR	SUNY Broome	DNS
--- Trent Bunker	FR	Mohawk Valley C	DNS
--- Quinn Jennings	FR	Mohawk Valley C	DNS

**Men Discus Throw Open**

Name	Yr	School	Finals
<b>Finals</b>			
1 Evan Collette	FR	Cortland St.	35.27m
2 Stephen Gihir	SO	Misericordia	33.61m
3 Bradley Hollis	FR	Onondaga CC	32.18m
4 Luc Thimot	JR	Potsdam St.	30.58m
5 Riley Macaluso	SO	Misericordia	30.28m
6 Cooper Ladouceur	SO	Potsdam St.	28.53m
7 Zane Moussa	JR	Potsdam St.	28.43m
8 Zane Stevens	SO	Potsdam St.	26.70m
9 Liam Connelly	FR	Ithaca	24.90m
10 Jakub Dobrowolski-Kosior	FR	Cortland St.	22.65m
11 Michael Janaro	SO	Onondaga CC	20.79m
12 John Anderson	FR	Cortland St.	19.60m
13 Lance Frayler	FR	Potsdam St.	17.08m
14 Anthony Spencer	FR	Onondaga CC	13.20m
--- Travis Firkins	SO	Cortland St.	FOUL

**Cortland Upstate Alternative  
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**Results**

**Finals ... (Men Discus Throw Open)**

Name	Yr	School	Finals
--- Harrison Sullivan	FR	Potsdam St.	FOUL
--- Cameron Borges	FR	Herkimer CCC	FOUL
--- Dakata Saxe	SO	Mohawk Valley C	DNS
--- Ryan Beaulac	FR	Mohawk Valley C	DNS
--- Wyatt Poynter	FR	Mohawk Valley C	DNS
--- Connor Vredenburgh	FR	SUNY Broome	DNS
--- Mark Temp	FR	SUNY Cobleskill	DNS
--- Isaiah Sobolewski	FR	Mohawk Valley C	DNS
--- Quinn Jennings	FR	Mohawk Valley C	DNS
--- John Miller	FR	SUNY Broome	DNS
--- Ray Trottier	FR	SUNY Geneseo	DNS
--- Trent Bunker	FR	Mohawk Valley C	DNS
--- Jimmy Riley	SO	Mohawk Valley C	DNS

**Men Discus Throw Invite**

Name	Yr	School	Finals
1 Nick Kaires	JR	Cortland St.	43.50m
2 Nicholas Larocque	SR	Cortland St.	39.39m
3 Isaiah Brunache	SO	Cortland St.	37.77m
4 James Olson	JR	SUNY Delhi	37.37m
5 Luke Chamberlain	FR	Cortland St.	36.96m
6 Cabe Hogue	FR	Cortland St.	36.87m
7 Thomas Burek	JR	Cortland St.	36.39m
8 Mitchell Makowski	SR	Cortland St.	35.78m
9 Jayden Carroll	FR	SUNY Geneseo	35.19m
10 Cal Marks	SO	SUNY Cobleskill	32.81m
11 Michael Iavaroni	SO	Cortland St.	31.69m
12 Sean Keane	FR	Cortland St.	30.13m

**Men Hammer Throw**

Name	Yr	School	Finals
1 Mitchell Makowski	SR	Cortland St.	56.91m
2 Evan Collette	FR	Cortland St.	52.35m
3 Nick Kaires	JR	Cortland St.	50.58m
4 Stephen Gihl	SO	Misericordia	49.24m
5 Thomas Burek	JR	Cortland St.	43.98m
6 Luke Chamberlain	FR	Cortland St.	42.62m
7 Zane Moussa	JR	Potsdam St.	41.31m
8 Riley Macaluso	SO	Misericordia	40.60m
9 James Olson	JR	SUNY Delhi	40.37m
10 Cal Marks	SO	SUNY Cobleskill	39.63m
11 Michael Iavaroni	SO	Cortland St.	39.25m
12 Jayden Carroll	FR	SUNY Geneseo	39.04m
13 Travis Firkins	SO	Cortland St.	38.28m
14 Cabe Hogue	FR	Cortland St.	38.07m
15 Sean Keane	FR	Cortland St.	37.57m
16 Quinn Jennings	FR	Mohawk Valley C	34.76m
17 Ray Trottier	FR	SUNY Geneseo	32.45m
18 Bradley Hollis	FR	Onondaga CC	29.91m
19 Ross Arvin	JR	Hartwick	27.97m
20 Ryan Beaulac	FR	Mohawk Valley C	25.80m
21 Mark Temp	FR	SUNY Cobleskill	24.36m

22 Jimmy Riley	SO	Mohawk Valley C	23.97m
23 Lance Frayler	FR	Potsdam St.	20.91m
--- Dakata Saxe	SO	Mohawk Valley C	DNS
--- Trent Bunker	FR	Mohawk Valley C	DNS
--- Isaiah Brunache	SO	Cortland St.	DNS
--- Wyatt Poynter	FR	Mohawk Valley C	DNS

**Men Javelin Throw**

Name	Yr	School	Finals
1 Jimmy Riley	SO	Mohawk Valley C	36.74m
2 Chris Miller	FR	SUNY Geneseo	34.86m
3 Chris Filatov	SR	SUNY Delhi	33.63m
4 Connor Vredenburgh	FR	SUNY Broome	31.94m
5 Harrison Sullivan	FR	Potsdam St.	29.32m
6 Quinn Jennings	FR	Mohawk Valley C	26.31m
7 John Miller	FR	SUNY Broome	24.98m
8 Isaiah Sobolewski	FR	Mohawk Valley C	24.42m
9 Anthony Spencer	FR	Onondaga CC	21.96m
10 Joey Ciufo	SR	SUNY Delhi	21.54m
11 James Olson	JR	SUNY Delhi	20.62m
12 Ransom Dutcher	FR	SUNY Delhi	20.44m
13 Trent Bunker	FR	Mohawk Valley C	19.74m
14 Ryan Beaulac	FR	Mohawk Valley C	19.71m
15 Wyatt Poynter	FR	Mohawk Valley C	16.74m
--- Riley Macaluso	SO	Misericordia	DNS
--- Zekey Huang		Cornell TC	DNS
--- Riley Mercera	FR	SUNY Cobleskill	DNS
--- Dakata Saxe	SO	Mohawk Valley C	DNS