

NCAA Division III
Indoor Track & Field Championships
Nazareth University Golisano Training Center - 3/14/2025 to 3/15/2025
Meet Program - Saturday

Event 2 Heptathlon: #5 Men 60 Meter Hurdles

Lane	Name	Yr	School	Seed Time
Section 1 of 5 Finals				
2	389 Gabe Thyne	SR	Rochester	8.63
4	287 Caleb Smith	SO	Middlebury	8.56
6	441 Max Lelwica	SR	St. John's (Min)	8.54
8	700 Jacob Balcome	SO	Wis.-River Falls	8.51
Section 2 of 5 Finals				
2	88 Reid Pakkebier	SR	Central College	8.14
4	67 Luke Freimanis	FR	Carnegie Mellon	8.10
6	688 Aden Sears	SR	Wis.-Oshkosh	8.06
8	482 Brandon Zimmerman	SR	Susquehanna	8.16
Section 3 of 5 Finals				
2	95 Nick Whitlow	SR	Centre	8.90
4	491 Ethan Spahr	SR	Trine	8.84
6	68 Casey Potrebic	JR	Carnegie Mellon	9.14
8	445 Anthony Thurk	SR	St. John's (Min)	8.95
Section 4 of 5 Finals				
2	371 Jacob Huset	SR	Redlands	8.37
4	450 Ezra Schermacher	JR	St. Norbert	8.46
6	85 Kale Hobart	SO	Central College	8.23
8	677 Cavan Dobberstein	SO	Wis.-Oshkosh	8.37
Section 5 of 5 Finals				
2	727 Clarke Latcham	SR	Simpson (Iowa)	8.72
4	690 Payton White	SR	Wis.-Oshkosh	8.83
6	425 Ulysses Patterson	SR	Simpson (Iowa)	8.78
8	625 Max Foland	SR	Wis.-Eau Claire	8.69

Event 2 Heptathlon: #6 Men Pole Vault

Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	95 Nick Whitlow	SR	Centre	4.30m
2	491 Ethan Spahr	SR	Trine	4.55m
3	482 Brandon Zimmerman	SR	Susquehanna	3.35m
4	677 Cavan Dobberstein	SO	Wis.-Oshkosh	4.10m
5	68 Casey Potrebic	JR	Carnegie Mellon	4.52m
6	688 Aden Sears	SR	Wis.-Oshkosh	4.25m
7	690 Payton White	SR	Wis.-Oshkosh	3.75m
8	425 Ulysses Patterson	SR	Simpson (Iowa)	3.90m
9	625 Max Foland	SR	Wis.-Eau Claire	3.83m
10	88 Reid Pakkebier	SR	Central College	3.55m
11	727 Clarke Latcham	SR	Simpson (Iowa)	3.80m
12	371 Jacob Huset	SR	Redlands	4.12m
13	450 Ezra Schermacher	JR	St. Norbert	4.64m
14	67 Luke Freimanis	FR	Carnegie Mellon	4.15m
15	700 Jacob Balcome	SO	Wis.-River Falls	4.63m
16	389 Gabe Thyne	SR	Rochester	3.70m
17	287 Caleb Smith	SO	Middlebury	4.30m
18	441 Max Lelwica	SR	St. John's (Min)	4.20m
19	85 Kale Hobart	SO	Central College	4.05m
20	445 Anthony Thurk	SR	St. John's (Min)	4.10m

Event 2 Heptathlon: #7 Men 1000 Meter Run

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	441 Max Lelwica	SR	St. John's (Min)	2:46.47
2	482 Brandon Zimmerman	SR	Susquehanna	2:57.05
3	88 Reid Pakkebier	SR	Central College	2:58.15
4	491 Ethan Spahr	SR	Trine	2:56.60
5	688 Aden Sears	SR	Wis.-Oshkosh	3:08.18
6	690 Payton White	SR	Wis.-Oshkosh	3:01.66
7	95 Nick Whitlow	SR	Centre	2:57.65
8	389 Gabe Thyne	SR	Rochester	2:42.99
9	85 Kale Hobart	SO	Central College	2:52.97
10	625 Max Foland	SR	Wis.-Eau Claire	2:55.90
11	450 Ezra Schermacher	JR	St. Norbert	3:11.61
12	727 Clarke Latcham	SR	Simpson (Iowa)	2:50.62
13	677 Cavan Dobberstein	SO	Wis.-Oshkosh	2:55.93
14	425 Ulysses Patterson	SR	Simpson (Iowa)	2:50.36
15	700 Jacob Balcome	SO	Wis.-River Falls	2:53.07
16	371 Jacob Huset	SR	Redlands	2:58.25
17	68 Casey Potrebic	JR	Carnegie Mellon	2:48.70
18	445 Anthony Thurk	SR	St. John's (Min)	3:03.08
19	287 Caleb Smith	SO	Middlebury	3:01.50
20	67 Luke Freimanis	FR	Carnegie Mellon	2:48.41

Event 29 Women Triple Jump**Advance Top 9 To Final**

Meet:	13.18m	3/11/2023	Victoria Kadiri
Facility:	13.18m	2/23/2024	Corintia Griffith
D3:	13.18m	3/11/2023	Victoria Kadiri

Pos	Name	Yr	School	Seed Mark
Flight 1 of 2 Finals				
1	523 Jahmilia Dennis	JR	Vassar	11.84m
2	447 Eden Maranell	SO	St. Norbert	11.91m
3	532 Shaniah Johnson	SR	Wartburg	11.82m
4	492 Joy Areola	SR	Trinity (Tex)	11.97m
5	368 Maigan Adams	SR	Redlands	11.94m
6	300 Nony Otu Ugwu	JR	MIT	11.83m
7	216 Sara Bartlett	SR	Johns Hopkins	11.96m
8	92 Serena McNeilly	SO	Centre	11.88m
9	493 Jordan Andrew	SR	Tufts	11.97m
10	437 Samantha Paul	SR	Springfield	11.86m
Flight 2 of 2 Finals				
1	205 Imani Ogunribido	SO	Illinois Wes.	12.28m
2	496 Elysse Cumberland	FR	Tufts	12.01m
3	520 Rainah Dunham	SR	Ursinus	12.50m
4	96 Aurielle Brunner	SR	Chatham	12.31m
5	588 Kayla Robinson	SR	Widener	12.45m
6	49 Sarai Sealy	FR	Brandeis	12.23m
7	567 Ebunoluwa Opata	SR	Washington U.	12.54m
8	71 Abigail Calhoun	SR	Carthage	12.10m
9	631 Samantha Barrett	JR	Wis.-La Crosse	12.06m
10	258 Kacey Kelly	JR	Lynchburg	12.12m

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Event 32 Men Shot Put**Advance Top 9 To Final**

Meet: 19.83m 3/9/2019 **David Kornack**
Facility: 17.47m 2/21/2025 **Isaiah Brunache**
D3: 19.96m 1983 **Mike Manders**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	449 Jacob Klitzke	SO	St. Norbert		16.68m
2	321 Caleb Toberman	SR	Monmouth (Il)		16.78m
3	361 Owen Fremeau	SO	Olivet		16.95m
4	626 Soren Johnson	JR	Wis.-Eau Claire		16.41m
5	333 Samuel Clements	FR	Nebraska Wes.		16.59m
6	158 Zach Sanford	JR	Dubuque		16.38m
7	19 Steven Tinsley	SR	Aurora		16.88m
8	325 Ryan McVicker	JR	Mount Union		16.45m
9	522 Hunter Logan	SR	Utica		16.83m
10	671 Ben Youngworth	SO	Wis.-La Crosse		16.73m

Flight 2 of 2 Finals

1	710 Karter Rashke	JR	Wis.-Stout		17.52m
2	132 Isaiah Brunache	JR	Cortland St.		17.57m
3	153 Dakota Hoffman	JR	Dubuque		17.14m
4	703 Austin Rennhack	SR	Wis.-Stevens Pt		17.15m
5	149 Jacob Edwards-Palmerio	SR	Dubuque		17.18m
6	455 Trent Beseth	JR	St. Scholastica		18.29m
7	724 Andrew Mott	SR	York (Pa.)		17.14m
8	253 DreAnthony Jackson	JR	Loras		17.25m
9	120 Cooper Folkestad	JR	Concordia-Moorh		16.96m
10	630 Adam Strouf	SR	Wis.-Eau Claire		18.15m

Event 24 Men High Jump**Progression:**

1.95, 2.00, 2.05, 2.08, + 3cm

Meet: 2.22m 3/13/1993 **Ken Hoffman**
Facility: 2.20m 3/5/2022 **Kyle Rollins**
D3: 2.22m 3/13/1993 **Ken Hoffman**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	286 Sam McGarrahan	SR	Middlebury		2.05m
2	54 Alex Huynh	FR	Bridgewater St.		2.05m
3	395 Jamile Gantt	SO	Rowan		2.09m
4	676 Caleb Cornelius	SR	Wis.-Oshkosh		2.10m
5	693 Kyle Wisniewski	SO	Wis.-Oshkosh		2.06m
6	649 Nathan Andringa	SR	Wis.-La Crosse		2.05m
7	375 Ben Fisher	SR	Ripon		2.07m
8	442 Jackson McDowell	SO	St. John's (Min)		2.11m
9	360 Devondre Chandler	SO	Olivet		2.07m
10	515 Imran Serifovic	FR	U. of Chicago		2.12m
11	312 Anthony Meng	SO	MIT		2.05m
12	342 Cole Oleson	JR	N. Central (Ill)		2.16m
13	708 Lawson Davis	SO	Wis.-Stout		2.05m
14	207 Nick Walker	FR	Illinois Wes.		2.05m
15	627 Wes Keller	SR	Wis.-Eau Claire		2.05m
16	259 Jamarus Brown	FR	Lynchburg		2.05m
17	306 Jackson Bley	SO	MIT		2.18m
18	21 Christian Pfeiffer	SR	Baldwin Wallace		2.10m
19	359 Connor Smith	SO	Ohio Wesleyan		2.06m
20	195 Gunner Helm	JR	Hardin-Simmons		2.05m

Event 31 Women Shot Put**Advance Top 9 To Final**

Meet: 17.05m 3/11/2006 **Robyn Jarocki**
Facility: 16.15m 2/17/2023 **Victoire Kothor**
D3: 17.05m 3/11/2006 **Robyn Jarocki**

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 2 Finals

1	291 Emily Ball	SR	MIT		13.76m
2	14 Heather Michalski	SR	Augustana (Ill.)		13.86m
3	696 Brenna Noon	SR	Wis.-Platteville		13.62m
4	186 Talahiva Talanoa	SR	Greenville		13.63m
5	28 Stephanie Witbrod	SR	Bethany Lutheran		13.63m
6	25 Onoyeme Egure	SO	Berry		13.84m
7	319 Maddie Boley	SR	Monmouth (Il)		13.70m
8	194 Jessie Stenger	SR	Hanover		13.51m
9	76 Michaela Burkhauser	SR	Case Western		13.78m
10	326 Jessa Alderman	JR	MSOE		13.82m

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Flight 2 of 2 Finals...(Event 31 Women Shot Put)				
1	72 Madison Payne	JR	Carthage	14.08m
2	675 Brenna Masloroff	SR	Wis.-Oshkosh	13.89m
3	332 Emmilly Berglund	SO	Nebraska Wes.	14.25m
4	148 Chloe Reiser	SO	Dubuque	14.73m
5	586 Amblessed Okemgbo	JR	Whitworth	13.99m
6	292 Alexis Boykin	SR	MIT	15.42m
7	269 Carley Camp	SR	Manchester	14.21m
8	70 Vanessa Uitenbroek	SR	Carroll (Wis.)	14.06m
9	559 Jenae Bothe	JR	Washington U.	14.80m
10	69 Maria Falk	SR	Carroll (Wis.)	14.04m

Event 30 Men Triple Jump

Advance Top 9 To Final				
Meet:		16.10m	3/10/1990	Jan Crado
Facility:		15.57m	12/6/2024	Cole Goodman
D3:		16.10m	3/10/1990	Jan Cado
Pos	Name	Yr	School	Seed Mark

Flight 1 of 2 Finals				
1	652 William Cady	SR	Wis.-La Crosse	14.57m
2	701 Ian Lillquist	SR	Wis.-Stevens Pt	14.49m
3	351 Namu Makatiani	JR	Oberlin	14.41m
4	94 Cree Ross	SO	Centre	14.39m
5	340 Jayden Leise	SO	N. Central (Ill)	14.59m
6	365 Nana Koranteng	JR	Principia	14.41m
7	664 Carter Pearson	SO	Wis.-La Crosse	14.50m
8	159 Jaidyn Williams	SR	Dubuque	14.53m
9	339 James Ammenhauser	SO	N. Central (Ill)	14.38m
10	227 Oluwademilade Adeniran	SO	Johns Hopkins	14.42m

Flight 2 of 2 Finals				
1	135 Amarian Hughes	SR	Cortland St.	15.34m
2	398 Joshua Justin	SO	Rowan	14.88m
3	322 Hiven Biffot	FR	Montclair St	14.82m
4	503 Luke Benson	FR	Tufts	14.69m
5	590 Matayo McGraw	SO	Widener	15.12m
6	663 Gabe Olsen	SO	Wis.-La Crosse	14.73m
7	440 Manuel Sepulveda	SO	St. John Fisher	14.97m
8	273 Dontre Sinegal	SR	McMurry	15.19m
9	89 Kale Purcell	JR	Central College	14.76m
10	386 Cole Goodman	SR	Rochester	15.57m

Event 23 Women High Jump				
Progression:				
1.60, 1.65, 1.68, + 3cm				
Meet:		1.80m	3/11/2000	Kirsty Laramee
Facility:		1.65m		S Foley/A McNulty
D3:		1.83m	1999	Nyhka Rothwell
Pos	Name	Yr	School	Seed Mark
Flight 1 of 1 Finals				
1	53 Serenity Sands	JR	Bridgewater St.	1.69m
2	614 Laura Bertrang	SO	Wis.-Eau Claire	1.71m
3	187 Anna Beth Vancil	SR	Greenville	1.68m
4	129 Hailey Carolan	JR	Cornell College	1.69m
5	370 Mari Evonuk	FR	Redlands	1.69m
6	242 Sara Hoskins	SR	Loras	1.72m
7	572 Olivia Theisen	SO	Washington U.	1.70m
8	706 Hannah Zastrow	SR	Wis.-Stout	1.68m
9	92 Serena McNeilly	SO	Centre	1.74m
10	203 Olivia Jameson	JR	Illinois Tech	1.72m
11	104 Allie Wildsmith	JR	Coast Guard	1.80m
12	584 Breannnda Davis	SR	Westminster	1.71m
13	555 Camille Gillum	JR	Washington & Lee	1.69m
14	147 Jaden Gatts	SO	Dubuque	1.69m
15	695 Hailey Campbell	SO	Wis.-Platteville	1.70m
16	567 Ebunoluwa Opata	SR	Washington U.	1.70m
17	200 Alexa Belanger	FR	Houghton	1.68m
18	722 Taylor Weiss	SR	Wittenberg	1.68m
19	647 Macie Todd	SR	Wis.-La Crosse	1.72m
20	211 Madeleine Wright	SO	Ithaca	1.68m

Event 4 Men 60 Meter Hurdles				
Meet:		7.75	3/15/2014	Luke Campbell
Facility:		8.01	3/2/2024	Kwaku Nkrumah
D3:		7.72	12/6/2024	Jamir Brown
Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	86 Gunner Meyer	JR	Central College	8.03
2	152 Blake Hardison	SR	Dubuque	7.98
3	400 Kwaku Nkrumah	JR	Rowan	7.93
4	402 Marquise Young	SR	Rowan	7.84
5	35 Jayson Ekiyor	SR	Bethel (Minn.)	7.88
6	392 Jamir Brown	FR	Rowan	7.86
7	390 Jason Agyemang	JR	Rowan	8.01
8	335 Noah Smith	JR	Nebraska Wes.	8.04

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Event 3 Women 60 Meter Hurdles

Meet:	8.39	3/11/2023	Birgen Nelson
Facility:	8.56	3/2/2024	Natalia Sawyer
D3:	8.33	2/16/2023	Birgen Nelson
Lane	Name	Yr School	Prelims
Section 1 of 1 Finals			
1	208 Rachel Larson	JR Ithaca	8.62
2	506 Ren Brown	SR U. of Chicago	8.68
3	210 Laura Suppa	SR Ithaca	8.63
4	518 Aryianna Garceau	JR UMass Boston	8.49
5	706 Hannah Zastrow	SR Wis.-Stout	8.55
6	362 Allyson Hammond	JR Pacific (Ore.)	8.50
7	539 JoJo Tynnismaa	JR Wartburg	8.71
8	436 Katherine DeFosse	SO Springfield	8.71

Event 6 Men 60 Meter Dash

Meet:	6.66	3/8/2024	Sam Blaskowski
Facility:	6.74	3/5/2022	Jalen Leonard-Osbourne
D3:	6.60	3/1/2025	Samuel Blaskowski
Lane	Name	Yr School	Prelims
Section 1 of 1 Finals			
1	266 Tristan Wright	FR Lynchburg	6.76
2	434 Ethan Shain	SR Southern Maine	6.76
3	691 Davian Willems	JR Wis.-Oshkosh	6.73
4	650 Sam Blaskowski	SR Wis.-La Crosse	6.62
5	37 Landen Liu	JR Bethel (Minn.)	6.69
6	346 Jerome Ombogo	JR North Park	6.69
7	684 Londyn Little	SR Wis.-Oshkosh	6.77
8	486 Raymond Schmitt	SR TCNJ	6.77

Event 5 Women 60 Meter Dash

Meet:	7.40	3/9/2018	Wadeline Jonathas
Facility:	7.65	3/7/2020	Amanda Crooks
D3:	7.29	2/23/2025	Lauren Jarrett
Lane	Name	Yr School	Prelims
Section 1 of 1 Finals			
1	163 Lauren Marshall	SR Elmhurst	7.54
2	573 Jasmine Wright	JR Washington U.	7.52
3	162 Alyssa Busker	SR Elmhurst	7.52
4	637 Lauren Jarrett	JR Wis.-La Crosse	7.29
5	201 Victoria Brewster	SO Houghton	7.49
6	245 Emma Seipel	SR Loras	7.51
7	648 Makenna Zak	JR Wis.-La Crosse	7.63
8	213 Dakota Houston	FR John Carroll	7.56

Event 10 Men 1 Mile Run

Two-Turn Waterfall - Positions 1-7 Inside, 8-10 Outside			
Meet:	4:02.62	3/11/2023	Ryan Wilson
Facility:	4:10.25	3/2/2024	Ryan Hagan
D3:	3:55.29	2/10/2023	Ryan Wilson
Lane	Name	Yr School	Prelims
Section 1 of 1 Finals			
1	446 Nicholas Lyndaker	JR St. Lawrence	4:13.17
2	305 Pablo Arroyo	SR MIT	4:10.83
3	324 Vincent Giumenti	SR Mount Union	4:13.25
4	282 Zygmund Goddard	SR Middlebury	4:10.83
5	387 Sean Hendricks	SR Rochester	4:10.80
6	84 Jack Brown	SO Central College	4:13.22
7	672 Jayden Zywicki	JR Wis.-La Crosse	4:10.86
8	57 Jonathan Zavala	SR Brockport St.	4:10.50
9	309 Ziyad Hassan	SR MIT	4:10.54
10	517 Eric Anderson	SR UC Santa Cruz	4:12.89

Event 9 Women 1 Mile Run

Two-Turn Waterfall - Positions 1-7 Inside, 8-10 Outside			
Meet:	4:42.36	3/9/2024	Grace Hadley
Facility:	4:55.72	3/2/2024	Dale Leonard
D3:	4:40.53	2/4/2022	Ella Baran
Lane	Name	Yr School	Prelims
Section 1 of 1 Finals			
1	301 Gillian Roeder	JR MIT	4:54.25
2	516 Elena Stanciu	SO UC Santa Cruz	4:56.35
3	174 Madison Tiaffay	JR Emory	4:54.55
4	587 Gabriella Nye	JR Widener	4:56.38
5	184 Rachel Brennan	SR Gordon	4:55.35
6	188 Lydia Bennett	SR Grove City	4:55.15
7	18 Deyanneira Colon Maldon	SR Aurora	4:54.36
8	604 Kate Tuttle	FR Williams	4:54.02
9	524 Haley Schoenegge	SO Vassar	4:53.82
10	124 Grace McDonough	JR Connecticut	4:53.90

Event 12 Men 400 Meter Dash

Meet:	46.42	3/13/2004	Andrew Rock
Facility:	48.26	3/5/2022	Kieran Sheridan
D3:	46.42	3/13/2004	Andrew Rock
Lane	Name	Yr School	Prelims
Section 1 of 2 Finals			
3	206 Evan Lowder	JR Illinois Wes.	48.44
4	357 Jordan Dean	SR Ohio Northern	48.10
5	475 Jacob Miller	JR SUNY Geneseo	47.87
6	38 Grant Nelson	JR Bethel (Minn.)	47.87
Section 2 of 2 Finals			
3	653 Collin Conzemius	SO Wis.-La Crosse	48.28
4	136 Josh Jeffes	SR Cortland St.	48.09
5	366 Alexander Rhodes	SO Puget Sound	47.39
6	214 Basheer Alramahi	JR John Carroll	47.57

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Event 11 Women 400 Meter Dash

Meet: 54.28 3/10/2018 Wadeline Jonathas				
Facility: 56.41 12/9/2022 Madeline O'Connor				
D3: 53.70 1/27/2018 Wadeline Jonathas				
Lane	Name	Yr	School	Prelims
Section 1 of 2 Finals				
3	198 Sara Schermerhorn	JR	Hope	56.40
4	61 Natalia Sawyer	JR	Buffalo State	56.32
5	338 Lindsey Novak	SR	N. Central (Ill)	56.22
6	15 McKenzie Reser	SR	Augustana (Ill.)	56.28
Section 2 of 2 Finals				
3	11 Allison Hookom	JR	Augsburg	56.39
4	336 Kamiyah Wooten	SO	NC Wesleyan	56.28
5	267 Ariella Rogahn-Press	FR	Macalester	55.97
6	471 Brynn Mooney	SO	SUNY Geneseo	56.16

Event 14 Men 800 Meter Run

Two-Turn Waterfall - Positions 1-5 Inside, 6-8 Outside				
Meet: 1:49.30 3/11/2023 Mike Jasa				
Facility: 1:51.98 2/18/2022 Ryan Karker				
D3: 1:46.61 2/26/2023 Ryan Wilson				
Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	144 Trevor Richwine	JR	Dickinson	1:51.88
2	527 Will Neubauer	SR	Wabash	1:52.03
3	154 Andrew Hutchinson	SR	Dubuque	1:51.56
4	666 Cael Schoemann	JR	Wis.-La Crosse	1:52.37
5	544 Hutton Edney	SO	Wartburg	1:53.77
6	6 Ben Davis	JR	Amherst	1:52.28
7	50 Garret Rieden	JR	Brandeis	1:53.67
8	262 Tor Hotung-Davidsen	SR	Lynchburg	1:51.40

Event 13 Women 800 Meter Run

Two-Turn Waterfall - Positions 1-5 Inside, 6-8 Outside				
Meet: 2:04.13 3/9/2024 Emma Kelley				
Facility: 2:12.57 2/15/2025 Sierra Doody				
D3: 2:04.13 3/9/2024 Emma Kelley				
Lane	Name	Yr	School	Prelims
Section 1 of 1 Finals				
1	161 Kelty Oaster	SR	Elizabethtown	2:08.59
2	458 Kayla Kass	JR	Stockton	2:11.05
3	601 Annika Paluska	FR	Williams	2:10.89
4	323 Mary Mason	SR	Mount Union	2:08.79
5	219 Annie Huang	SR	Johns Hopkins	2:10.85
6	185 Tanise Thornton-Fillyaw	JR	Goucher	2:11.04
7	381 Megan Bell	SR	Rochester	2:08.35
8	13 Lina Maatouk	SR	Augustana (Ill.)	2:10.55

Event 16 Men 200 Meter Dash

Meet: 20.72 3/11/2023 Cheickna Traore				
Facility: 21.88 3/5/2022 Andy Frank				
D3: 20.72 3/11/2023 Cheikna Traore				
Lane	Name	Yr	School	Prelims
Section 1 of 2 Finals				
3	143 Franklyn Akabi-During	FR	Dickinson	21.76
4	199 Liam Danitz	JR	Hope	21.62
5	684 Londyn Little	SR	Wis.-Oshkosh	21.46
6	366 Alexander Rhodes	SO	Puget Sound	21.55
Section 2 of 2 Finals				
3	485 Maxim Rychkov	FR	TCNJ	21.66
4	202 Dylan Doss	SO	Illinois College	21.58
5	650 Sam Blaskowski	SR	Wis.-La Crosse	21.32
6	346 Jereme Ombogo	JR	North Park	21.34

Event 15 Women 200 Meter Dash

Meet: 23.90 3/9/2018 Wadeline Jonathas				
Facility: 25.35 3/7/2020 Eshone Cofield-Jackson				
D3: 23.90 3/9/2018 Wadeline Jonathas				
Lane	Name	Yr	School	Prelims
Section 1 of 2 Finals				
3	338 Lindsey Novak	SR	N. Central (Ill)	24.85
4	15 McKenzie Reser	SR	Augustana (Ill.)	24.82
5	336 Kamiyah Wooten	SO	NC Wesleyan	24.53
6	245 Emma Seipel	SR	Loras	24.54
Section 2 of 2 Finals				
3	591 Rachel Arthur	SR	Williams	24.83
4	697 Isabel Peterson	JR	Wis.-Platteville	24.82
5	637 Lauren Jarrett	JR	Wis.-La Crosse	24.14
6	162 Alyssa Busker	SR	Elmhurst	24.39

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Event 18 Men 3000 Meter Run

Two-Turn Waterfall - Positions 1-14 Inside, 15-20 Outside

Meet: 8:01.23 3/11/2023 Ethan Gregg
Facility: 8:17.96 1/29/2022 Graham Tuohy-Gaydos
D3: 7:53.24 1/27/2023 Alex Phillip

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	545 Michael Goodenbour	SR	Wartburg	8:15.68
2	720 Gunner Schlender	SR	Wis.-Whitewater	8:12.50
3	307 Sam Coutts	JR	MIT	8:16.57
4	350 Ryan Tobin	SR	NYU	8:15.85
5	719 Christian Patzka	SR	Wis.-Whitewater	8:10.84
6	659 Adam Loenser	SR	Wis.-La Crosse	8:11.72
7	668 Chuck Vater	FR	Wis.-La Crosse	8:15.25
8	457 Lars Dewall	SR	St. Scholastica	8:15.68
9	313 Tim Neumann	SO	MIT	8:14.41
10	364 Quinn White	SO	Pomona-Pitzer	8:15.04
11	629 Mason Shea	SR	Wis.-Eau Claire	8:15.57
12	446 Nicholas Lyndaker	JR	St. Lawrence	8:15.83
13	661 Aidan Matthai	JR	Wis.-La Crosse	8:11.32
14	128 Matt Scardigno	SR	Connecticut	8:15.45
15	229 Emmanuel Leblond	JR	Johns Hopkins	8:03.40
16	263 Chasen Hunt	JR	Lynchburg	8:02.46
17	662 Grant Matthai	SO	Wis.-La Crosse	8:06.92
18	341 Braden Nicholson	SR	N. Central (Ill)	8:07.30
19	130 Isaac vanWestrienen	JR	Cornell College	8:09.42
20	196 Reza Eshghi	SR	Haverford	8:09.00

Event 17 Women 3000 Meter Run

Two-Turn Waterfall - Positions 1-14 Inside, 15-20 Outside

Meet: 9:25.62 3/11/2023 Fiona Smith
Facility: 9:57.95 1/28/2023 Windsor Ardner
D3: 9:13.32 2/11/2022 Ella Baran

Lane	Name	Yr	School	Seed Time
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Section 1 of 1 Finals

1	468 Penelope Greene	SR	SUNY Geneseo	9:41.73
2	301 Gillian Roeder	JR	MIT	9:42.26
3	524 Haley Schoenegge	SO	Vassar	9:43.71
4	18 Deyanneira Colon Maldon	SR	Aurora	9:43.88
5	293 Christina Crow	SR	MIT	9:42.62
6	192 Keira Rogan	FR	Hamilton	9:42.20
7	348 Janie Cooper	JR	NYU	9:43.93
8	217 Carter Brotherton	FR	Johns Hopkins	9:45.73
9	83 Peyton Steffen	JR	Central College	9:45.35
10	302 Kate Sanderson	JR	MIT	9:41.25
11	81 Addy Parrott	SR	Central College	9:46.17
12	303 Rujuta Sane	SO	MIT	9:46.35
13	511 Nora Holmes	JR	U. of Chicago	9:48.40
14	514 Anna Watson	SR	U. of Chicago	9:46.95
15	556 Olivia Warr	SO	Washington & Lee	9:38.48
16	609 Faith Duncan	JR	Wilmington (Oh)	9:33.45
17	218 Adriana Catalano	JR	Johns Hopkins	9:37.79
18	403 Jules Bleskoski	SO	RPI	9:34.25
19	505 Evelyn Battleson-Gunkel	SR	U. of Chicago	9:39.25
20	235 Riley Buese	SR	Lewis & Clark	9:40.03

NCAA Division III
Indoor Track & Field Championships
Nazareth University Golisano Training Center - 3/14/2025 to 3/15/2025
Meet Program - Saturday

Event 20 Men 4x400 Meter Relay

Meet: 3:11.52 3/9/2024 **Mount Union**
J Storm, J Knoch, H Gibson, M McBride
Facility: 3:16.32 1/25/2025 **Cortland St.**
E Jensen, Z Cheatham, H Gavalas, J Jeffes
D3: 3:10.09 2/11/2023 **Rowan**
N Agyemang, J Beasley, M Young, A Conte

Lane	Team	Relay	Prelims
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Section 1 of 2 Finals

- | | | | |
|---|-----------------------------|------------------------------|---------|
| 3 | Dubuque | | 3:17.36 |
| | 1) #157 Jaberrius Peake SO | 2) #156 Otis Patterson SR | |
| | 3) #150 Kali Freeman FR | 4) #154 Andrew Hutchinson SR | |
| | 5) #152 Blake Hardison SR | 6) #151 Matthew Haerle SO | |
| | 7) #155 Nolan Lentz SR | | |
| 4 | Rowan | | 3:16.95 |
| | 1) #402 Marquise Young SR | 2) #396 Luke Halbruner FR | |
| | 3) #399 Samael Milevoix SR | 4) #391 Nana Agyemang SR | |
| | 5) #394 Rajahn Dixon FR | 6) #401 Jarquil Young JR | |
| 5 | TCNJ | | 3:15.75 |
| | 1) #488 Noah Traverso FR | 2) #483 Jack Attali SO | |
| | 3) #487 Anthony Senatore FR | 4) #485 Maxim Rychkov FR | |
| | 5) #484 Tyrese Gilbert SR | | |
| 6 | Wis.-La Crosse | | 3:15.87 |
| | 1) #657 Jacob Hohman JR | 2) #654 Chase Doornink JR | |
| | 3) #669 Devin Williams JR | 4) #655 Andrew Hackbarth SO | |
| | 5) #653 Collin Conzemius SO | 6) #660 Dirk Lueck SR | |
| | 7) #666 Cael Schoemann JR | 8) #656 Ayden Hart SO | |

Section 2 of 2 Finals

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|---|------------------------------|--------------------------|---------|
| 3 | RIT | | 3:17.14 |
| | 1) #380 Max Stein SR | 2) #378 Noah Flanders SR | |
| | 3) #377 John Elliot FR | 4) #376 Jack Defeo SO | |
| | 5) #379 Trevor Krukin FR | | |
| 4 | Loras | | 3:16.72 |
| | 1) #255 Ted Kruse SR | 2) #250 Ian Fagan SO | |
| | 3) #251 Joe Franke SR | 4) #254 Matt Kruse JR | |
| | 5) #256 Carson Vaske SR | 6) #246 DJ Almada SR | |
| | 7) #252 Elliot Frideres SR | | |
| 5 | Cortland St. | | 3:14.26 |
| | 1) #137 Evan Jensen SR | 2) #133 Zion Cheatham SO | |
| | 3) #134 Harrison Gavalas JR | 4) #136 Josh Jeffes SR | |
| | 5) #138 Nicholas Schaffer JR | | |
| 6 | Bethel (Minn.) | | 3:14.85 |
| | 1) #39 Jacob Parent SR | 2) #41 Josh Thomsen SR | |
| | 3) #36 Victor Leling SO | 4) #38 Grant Nelson JR | |
| | 5) #40 Sam Raitz SO | 6) #35 Jayson Ekiyor SR | |
| | 7) #37 Landen Liu JR | | |

Event 19 Women 4x400 Meter Relay

Meet: 3:44.84 3/11/2023 **Rochester**
M O'Connell, K Isacc, M Bell, S Bansbach
Facility: 3:50.60 3/4/2022 **Geneseo**
J Strickland, L Zopf, M Mulder, A Flaitz
D3: 3:44.84 3/11/2023 **Rochester**
M O'Connell, K Isaac, M Bell, S Bansbach

Lane	Team	Relay	Prelims
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Section 1 of 2 Finals

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|---|------------------------------|-----------------------------------|---------|
| 3 | SUNY Geneseo | | 3:51.94 |
| | 1) #462 Jill Ambler SO | 2) #471 Brynn Mooney SO | |
| | 3) #469 Nicole Gretzinger JR | 4) #465 Sierra Doody JR | |
| | 5) #463 Ava Bagley SO | 6) #466 Janelle Eckl SR | |
| | 7) #732 Lainey Flaitz SO | | |
| 4 | Wis.-Eau Claire | | 3:51.17 |
| | 1) #619 Kylee Grabarski JR | 2) #623 McKenzie Kruse FR | |
| | 3) #622 Allyson Kakes SO | 4) #616 Mya Cinnamo SO | |
| | 5) #617 Sophia Crespo SO | 6) #618 Michaela Dick SO | |
| 5 | Colby | | 3:47.91 |
| | 1) #112 Tally Zeller JR | 2) #110 Kristina Pizzi SR | |
| | 3) #108 Kaitlyn Ewald SO | 4) #109 Fiona Mejico SR | |
| | 5) #107 Olivia Doherty JR | 6) #106 Charlotte Brake-Hoffman F | |
| | 7) #111 Simone Waheed SO | | |
| 6 | Williams | | 3:48.79 |
| | 1) #598 Bella King-Harvey SO | 2) #601 Annika Paluska FR | |
| | 3) #596 Claire Jensen SO | 4) #593 Cate Donaldson SO | |
| | 5) #602 Ella Sukup JR | 6) #603 Kelsey Tarby SO | |

Section 2 of 2 Finals

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|---|----------------------------------|----------------------------|---------|
| 3 | Emory | | 3:51.63 |
| | 1) #171 Audrey Johnson SR | 2) #172 Jada Kenner FR | |
| | 3) #170 Dashiel Tao Harris SR | 4) #168 Eva Carchidi SR | |
| | 5) #167 Nikki Boon SR | 6) #166 Kaya Binetti SR | |
| | 7) #169 Amaya Grant FR | | |
| 4 | Rochester | | 3:50.62 |
| | 1) #384 Eva Ciuffetelli SO | 2) #383 Nora Chen SO | |
| | 3) #382 Raquella Casserino SO | 4) #381 Megan Bell SR | |
| | 5) #385 Emily Dill SO | | |
| 5 | Washington U. | | 3:47.39 |
| | 1) #561 Julia Coric SO | 2) #558 Quinn Bird FR | |
| | 3) #560 Catherine Christopher SO | 4) #571 Kylie Spytek JR | |
| | 5) #565 Gayle Henderson SO | 6) #562 Caroline Echols SO | |
| | 7) #564 Izzy Gorton JR | 8) #563 Lauren Gay SR | |
| 6 | Wis.-La Crosse | | 3:47.85 |
| | 1) #642 Anna Plautz SO | 2) #641 Andie Otto FR | |
| | 3) #638 Morgan Jennings JR | 4) #643 Macy Reybrock FR | |
| | 5) #646 Alli Thomas FR | | |