

**Empire 8 Championships**  
**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**

**Results**

**Women 60 Meter Dash**

**Conference:** 7.49 C 3/14/2025 Victoria Brewster  
**Meet:** 7.59 M 3/1/2025 Victoria Brewster  
**Facility:** 7.29 F 3/14/2025 Lauren Jarrett  
**AARTFC:** 8.05 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Victoria Brewster	JR Houghton	A 7.66Q
2	Laura Suppa	SR Utica	A 7.70Q
3	Alaina Morley	SR Nazareth	A 7.74Q
4	Abigail Dorunda	SO St. John Fisher	A 7.79Q
5	Emily Heiner	FR St. John Fisher	A 7.89Q
6	Brynn Mooney	JR SUNY Geneseo	A 7.95Q
7	Alexis Lasher	SR Nazareth	A 7.93q
8	Makenna Manson	SO St. John Fisher	A 7.96q
9	Kayla Anastasia	SR SUNY Geneseo	A 8.00
10	Lindsay Tellez	SO SUNY Geneseo	8.09
11	Jasmine Kendrick	JR Nazareth	8.14
12	Ella Radley	SO St. John Fisher	8.19
13	Gigi Ferro	JR SUNY Geneseo	8.21
14	Madeline Mehring	FR St. John Fisher	8.22
15	Amber Hayes	FR Nazareth	8.24
16	Alexia Strom-Warren	FR St. John Fisher	8.31
17	Avalon Schoff	FR Utica	8.50
---	Meghan Muscarella	FR Brockport St	FS

**Women 60 Meter Dash**

**Conference:** 7.49 C 3/14/2025 Victoria Brewster  
**Meet:** 7.59 M 3/1/2025 Victoria Brewster  
**Facility:** 7.29 F 3/14/2025 Lauren Jarrett  
**AARTFC:** 8.05 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Victoria Brewster	JR Houghton	7.56M 10
2	Laura Suppa	SR Utica	7.72A 8
3	Alaina Morley	SR Nazareth	7.80A 6
4	Emily Heiner	FR St. John Fisher	7.83A 5
5	Abigail Dorunda	SO St. John Fisher	7.85A 4
6	Alexis Lasher	SR Nazareth	7.97A 3
7	Makenna Manson	SO St. John Fisher	7.98A 2
8	Brynn Mooney	JR SUNY Geneseo	8.03A 1

**Women 200 Meter Dash**

**Conference:** 24.84 C 2/13/2026 Jillian Ambler  
**Meet:** 24.97 M 3/1/2025 Brynn Mooney  
**Facility:** 23.94 F 3/15/2025 Lauren Jarrett  
**AARTFC:** 26.40 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Jillian Ambler	JR SUNY Geneseo	25.01A 10
2	Victoria Brewster	JR Houghton	25.47A 8
3	Laura Suppa	SR Utica	25.56A 6
4	Shiann Williams	SO Utica	25.75A 5
5	Abigail Dorunda	SO St. John Fisher	26.13A 4
6	Lindsay Tellez	SO SUNY Geneseo	26.14A 3

7	Emily Heiner	FR St. John Fisher	26.14A 2
8	Juliana Riemersma	FR St. John Fisher	26.17A 1
9	Alexis Lasher	SR Nazareth	26.24A
10	Kayla Anastasia	SR SUNY Geneseo	26.43
11	Arianna McClendon	JR Utica	26.58
12	Stella Riley	FR SUNY Geneseo	26.68
13	Makenna Manson	SO St. John Fisher	26.88
14	Jasmine Kendrick	JR Nazareth	26.90
15	Alaina Morley	SR Nazareth	26.96
16	Gigi Ferro	JR SUNY Geneseo	26.99
17	Allison Nickson	SO St. John Fisher	27.00
18	Courtney Bostic	SR Brockport St	27.13

**Women 400 Meter Dash**

**Conference:** 55.32 C 2/14/2025 Brynn Mooney  
**Meet:** 56.47 M 2/22/2019 Gina Dello Russo  
**Facility:** 55.69 F 3/15/2025 Brynn Mooney  
**AARTFC:** 1:00.20 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Brynn Mooney	JR SUNY Geneseo	57.66A 10
2	Stella Riley	FR SUNY Geneseo	58.77A 8
3	Nicole Gretzinger	SR SUNY Geneseo	58.93A 6
4	Shiann Williams	SO Utica	59.09A 5
5	Arianna McClendon	JR Utica	59.23A 4
6	Alexis Lasher	SR Nazareth	59.30A 3
7	Isabella Lagios	SO SUNY Geneseo	59.78A 2
8	Juliana Riemersma	FR St. John Fisher	1:00.05A 1
9	Ava Brogan	SO SUNY Geneseo	1:00.39
10	Abigail Dorunda	SO St. John Fisher	1:00.44
11	Sophia Barclay	JR SUNY Geneseo	1:00.50
12	Monica Cammarota	SO Brockport St	1:01.73
13	Courtney Bostic	SR Brockport St	1:01.92
14	Ariana Proper	JR Brockport St	1:01.99
15	Lexi Rodriguez	SR Brockport St	1:02.00
16	Sophia Leach	JR St. John Fisher	1:03.96
17	Liliana Mendez	FR St. John Fisher	1:04.40
18	Rachel Ganser	FR Brockport St	1:04.57

**Women 800 Meter Run**

**Conference:** 2:08.82 C 2/13/2026 Sierra Doody  
**Meet:** 2:12.31 M 3/1/2025 Sierra Doody  
**Facility:** 2:07.70 F 3/15/2025 Kelty Oaster  
**AARTFC:** 2:23.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1	Sierra Doody	SR SUNY Geneseo	2:11.67M 10
2	Nicole Gretzinger	SR SUNY Geneseo	2:14.45A 8
3	Dakota Limbert	SO SUNY Geneseo	2:16.10A 6
4	Ethne Degan	SO Brockport St	2:16.69A 5
5	Ava Brogan	SO SUNY Geneseo	2:18.03A 4
6	Alexa Kosier	FR SUNY Geneseo	2:18.08A 3
7	Brianne Hurlburt	SO St. John Fisher	2:18.59A 2
8	Mariah LeGrow	FR Nazareth	2:19.71A 1
9	Hannah Wierer	JR SUNY Geneseo	2:20.15A
10	Peyton Long	SO Brockport St	2:20.98A

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**Finals ... (Women 800 Meter Run)**

Name	Yr	School	Finals
11 Caitlin Voloshen	SR	St. John Fisher	2:21.37A
12 Kyra Binney	SR	Houghton	2:21.60A
13 Maeve Robarge	SR	Brockport St	2:21.68A
14 Jenna Binney	SO	Houghton	2:22.04A
15 Ava Baker	JR	Nazareth	2:22.17A
16 Catherine Manna	SO	Utica	2:22.70A
17 Kelsey Fahy	JR	Nazareth	2:23.78
18 Bailey Nixon	FR	St. John Fisher	2:24.33
19 Vanessa Ramos	SR	Brockport St	2:24.68
20 Grace Caterina	SO	St. John Fisher	2:24.99

**Women 1 Mile Run**

Conference: 4:51.31 C 2/27/2016 Amy Regan  
 Meet: 5:00.33 M 2/28/2025 Sierra Doody  
 Facility: 4:47.04 F 3/15/2025 Haley Schoenegge  
 AARTFC: 5:18.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ethne Degan	SO	Brockport St	5:02.52A 10
2 Shelby Boise	JR	SUNY Geneseo	5:04.94A 8
3 Alexa Kosier	FR	SUNY Geneseo	5:05.12A 6
4 Greylynn Guyer	FR	SUNY Geneseo	5:08.23A 5
5 Kaitlyn Hotaling	FR	SUNY Geneseo	5:11.50A 4
6 Caitlin Voloshen	SR	St. John Fisher	5:12.49A 3
7 Jenna Binney	SO	Houghton	5:12.73A 2
8 Ella Impaglia	SR	Nazareth	5:13.08A 1
9 Emily Leo	JR	Brockport St	5:16.38A
10 Olivia Grinnell	SR	St. John Fisher	5:16.51A
11 Katie Bauman	FR	SUNY Geneseo	5:17.16A
12 Maeve Robarge	SR	Brockport St	5:21.71
13 Esther Nankumba	SR	Brockport St	5:26.77
14 Salvatrice Piccolo	SO	Brockport St	5:26.84
15 Maggie Bacon	JR	St. John Fisher	5:27.02
16 Bailey Visingard	JR	Nazareth	5:28.70
17 Kate Brennan	FR	SUNY Geneseo	5:30.99
18 Taylor Nugent	FR	Brockport St	5:38.08

**Women 3000 Meter Run**

Conference: 9:30.80 C 3/12/2016 Amy Regan  
 Meet: 9:52.37 M 3/1/2025 Penelope Greene  
 Facility: 9:22.45 F 3/15/2025 Faith Duncan  
 AARTFC: 10:40.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ari Reback	SO	SUNY Geneseo	9:50.52M 10
2 Ann Brennan	SR	SUNY Geneseo	10:14.85A 8
3 Annika Hurley	SR	SUNY Geneseo	10:20.07A 6
4 Marlo Townsend	JR	Utica	10:24.98A 5
5 Kaitlyn Hotaling	FR	SUNY Geneseo	10:26.25A 4
6 Noelle Linenfelser	SR	Houghton	10:26.54A 3
7 Greylynn Guyer	FR	SUNY Geneseo	10:26.59A 2
8 Ella Impaglia	SR	Nazareth	10:28.15A 1
9 Kelsey Fahy	JR	Nazareth	10:31.52A
10 Salma Moumen	FR	Brockport St	10:34.37A

11 Olivia Grinnell	SR	St. John Fisher	10:34.47A
12 Ella Grinnell	SO	SUNY Geneseo	10:45.41
13 Esther Nankumba	SR	Brockport St	10:48.42
14 Annabelle Czekanski	FR	SUNY Geneseo	10:51.08
15 Aria Larson	JR	Houghton	10:53.47
16 Hailey Morrison	FR	Brockport St	10:54.03
17 Maddie Sichak	SO	Brockport St	10:54.31
18 Lily Benza	FR	SUNY Geneseo	10:54.56

**Women 5000 Meter Run**

Conference: 16:23.40 C 2/5/2016 Amy Regan  
 Meet: 16:49.73 M 2/28/2025 Penelope Greene  
 Facility: 16:31.42 F 3/14/2025 Faith Duncan  
 AARTFC: 18:50.00 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Ari Reback	SO	SUNY Geneseo	17:14.41A 10
2 Ann Brennan	SR	SUNY Geneseo	17:49.18A 8
3 Annika Hurley	SR	SUNY Geneseo	18:08.64A 6
4 Salma Moumen	FR	Brockport St	18:17.75A 5
5 Noelle Linenfelser	SR	Houghton	18:29.10A 4
6 Ella Grinnell	SO	SUNY Geneseo	18:33.10A 3
7 Emberlynn Nolt	SO	Houghton	18:39.90A 2
8 Brynita Haas	SR	Hartwick	19:00.43 1
9 Olivia DeCarvalho	FR	SUNY Geneseo	19:01.62
10 Maddie Sichak	SO	Brockport St	19:03.20
11 Amy Collins	FR	Houghton	19:09.47
12 Meghan Moyer	JR	Nazareth	19:24.70
13 Jane Beyer	FR	Nazareth	19:33.05
14 Haylie Smith	FR	SUNY Geneseo	19:37.02
15 Vladyslava Makarenko	FR	Alfred	19:43.21
16 Hana Ohashi	SO	SUNY Geneseo	19:55.35
17 Rachael Smith	SR	Houghton	19:58.51
18 Abigail Polus	JR	Brockport St	20:04.57
19 Sophia Rocha	FR	Nazareth	20:45.56
20 Baillee Burton	JR	St. John Fisher	21:10.61
--- Annabelle Czekanski	FR	SUNY Geneseo	DNF

**Women 60 Meter Hurdles**

Conference: 8.61 C 1/31/2026 Jillian Ambler  
 Meet: 8.82 M 3/1/2025 Ciarra Franz  
 Facility: 8.35 F 3/15/2025 Aryianna Garceau  
 AARTFC: 9.50 A

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jillian Ambler	JR	SUNY Geneseo	C 8.49Q
2 Laura Suppa	SR	Utica	M 8.74Q
3 Amber Hayes	FR	Nazareth	A 8.98Q
4 Samantha Luba	SR	Nazareth	A 9.05Q
5 Amanda Burren	FR	SUNY Geneseo	A 9.21Q
6 Sophia Barclay	JR	SUNY Geneseo	9.57Q
7 Makenna Keough	FR	St. John Fisher	A 9.41q
8 Lily Rexford	SR	Brockport St	A 9.42q
9 Isabella Frick	SO	Utica	9.51
10 Meyra McKown	JR	Nazareth	9.74
11 Jasmine Ayre	SO	Nazareth	9.85

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**Preliminaries ... (Women 60 Meter Hurdles)**

Name	Yr	School	Prelims
12	Amelia Petersen	JR Utica	9.86
13	Monica Cammarota	SO Brockport St	9.97
14	Abigayle Snyder	FR St. John Fisher	9.98
15	Sophie Heilman	FR Houghton	10.02
16	Mallory Rice	JR Nazareth	10.16
17	Jenna Hostetler	SO Nazareth	10.28
18	Catherine Newkirk	FR Sage	10.68

**Women 60 Meter Hurdles**

**Conference:** 8.61 C 1/31/2026 Jillian Ambler  
**Meet:** 8.82 M 3/1/2025 Ciarra Franz  
**Facility:** 8.35 F 3/15/2025 Aryianna Garceau  
**AARTFC:** 9.50 A

Name	Yr	School	Finals
1	Jillian Ambler	JR SUNY Geneseo	8.53C 10
2	Laura Suppa	SR Utica	8.70M 8
3	Samantha Luba	SR Nazareth	8.97A 6
4	Amber Hayes	FR Nazareth	9.17A 5
5	Amanda Burren	FR SUNY Geneseo	9.20A 4
6	Makenna Keough	FR St. John Fisher	9.37A 3
7	Sophia Barclay	JR SUNY Geneseo	9.46A 2
8	Lily Rexford	SR Brockport St	10.27 1

**Women 4x400 Meter Relay**

**Conference:** 3:49.20 C 2/14/2025 SUNY Geneseo  
**Ambler, Bagley, Eckl, Mooney**  
**Meet:** 3:56.71 M 3/1/2025 SUNY Geneseo  
**J Eckl, N Gretzinger, S Doody, S Barclay**  
**Facility:** 3:45.95 F 3/15/2025 Colby

**T Zeller, K Pizzi, K Ewald, F Mejico**  
**AARTFC:** 4:10.00 A

Team	Relay	Finals
1	SUNY Geneseo	3:49.99M 10
1)	Jillian Ambler JR	2) Nicole Gretzinger SR
3)	Sierra Doody SR	4) Brynn Mooney JR
2	Nazareth	4:01.89A 8
1)	Alexis Lasher SR	2) Amber Hayes FR
3)	Mariah LeGrow FR	4) Samantha Luba SR
3	Utica	4:03.89A 6
1)	Arianna McClendon JR	2) Lilly Messler SO
3)	Lacey Simmons FR	4) Shiann Williams SO
4	Brockport St.	4:05.15A 5
1)	Courtney Bostic SR	2) Monica Cammarota SO
3)	Ariana Proper JR	4) Lexi Rodriguez SR
5	St. John Fisher	4:06.69A 4
1)	Abigail Dorunda SO	2) Liliana Mendez FR
3)	Sophia Leach JR	4) Juliana Riemersma FR
6	Houghton	4:17.09 3
1)	Kyra Binney SR	2) Gwenna Haas SO
3)	Sophie Heilman FR	4) Mindy Yoder FR

7	Alfred	4:35.33 2
1)	Nyah Allen FR	2) Zoe Rainville JR
3)	Sydney Ribble FR	4) Rain Newton FR
8	Sage	4:35.47 1
1)	Alexius Smith SR	2) Catherine Newkirk FR
3)	Ashley Bovee FR	4) Alexis Arango JR
9	Hartwick	4:52.94
1)	Keziah Anderson FR	2) Maiya King SO
3)	Emilia Murphy FR	4) Julia Weinschreider SO

**Women Distance Medley**

**Conference:** 11:51.09 C 2/28/2003 Ithaca  
**Meet:** 11:59.16 M 2004 Ithaca

**Cravotta, McQuarrie, Maston, Laytham**

**Facility:** 11:37.62 F 3/14/2025 U. of Chicago

**N Holmes, R Brown, E Kelly, C Harnett**

**AARTFC:** 13:10.00 A

Team	Relay	Finals
1	SUNY Geneseo	12:23.22A 10
1)	Hannah Wierer JR	2) Gigi Ferro JR
3)	Dakota Limbert SO	4) Shelby Boise JR
2	Nazareth	12:29.26A 8
1)	Kelsey Fahy JR	2) Abigail Bowman SO
3)	Mariah LeGrow FR	4) Ella Impaglia SR
3	Utica	12:38.27A 6
1)	Catherine Manna SO	2) Lilly Messler SO
3)	Lacey Simmons FR	4) Marlo Townsend JR
4	St. John Fisher	13:00.55A 5
1)	Bailey Nixon FR	2) Sophia Leach JR
3)	Grace Caterina SO	4) Brianne Hurlburt SO
5	Brockport St.	13:06.08A 4
1)	Aaliyah Wright SO	2) Camryn Jacob SO
3)	Lily Pink SO	4) Salvatrice Piccolo SO
6	Houghton	13:11.15 3
1)	Kyra Binney SR	2) Mindy Yoder FR
3)	Gwenna Haas SO	4) Aria Larson JR
7	Alfred	14:42.57 2
1)	Nyah Allen FR	2) Zoe Rainville JR
3)	Sydney Ribble FR	4) Rain Newton FR
8	Hartwick	14:54.71 1
1)	Emilia Murphy FR	2) Keziah Anderson FR
3)	Amelia Steitz FR	4) Julia Weinschreider SO

**Women High Jump**

**Conference:** 1.80m C 2/7/2015 Gladys Njoku

**Meet:** 1.70m M 2/14/2015 Gladys Njoku

**Facility:** 1.77m F 3/15/2025 Allie Wildsmith

**AARTFC:** 1.58m A

Name	Yr	School	Finals
1	Alexa Belanger	SO Houghton	1.62mA 10
2	Hannah Allison	JR Utica	1.59mA 8
3	Lainey Flaitz	JR SUNY Geneseo	1.56m 6
4	Mary Claire Rollins	JR St. John Fisher	1.56m 5
5	Alaina Morley	SR Nazareth	1.48m 4

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**Finals ... (Women High Jump)**

Name	Yr	School	Finals
6 Abby Zeh	FR	Brockport St	1.43m 2
6 Sasha Schramm	SR	Brockport St	1.43m 2
6 Katie Pavelchak	SR	Brockport St	1.43m 2
9 Gigi Ferro	JR	SUNY Geneseo	1.43m
10 Alexius Smith	SR	Sage	1.43m
11 Maysie Davis	FR	Brockport St	1.38m
12 Gabriella Primrose	SO	Nazareth	1.33m
--- Tessa Patchen	SO	Brockport St	NH
--- Mackenzie Knapp	FR	SUNY Geneseo	NH

**Women Pole Vault**

**Conference:** 4.25m C 2/11/2017 Katherine Pitman  
**Meet:** 4.25m M 2/11/2017 Katherine Pitman  
**Facility:** 4.11m F 2/20/2026 Madeline O'Connell  
**AARTFC:** 3.32m A

Name	Yr	School	Finals
1 Isabel Morse	SR	Nazareth	3.91mA 10
2 Kiara Tornusciolo	SR	Nazareth	3.65mA 8
3 Rosie Morse	SR	Nazareth	3.45mA 6
4 Kathryn Hillyard	SO	St. John Fisher	3.35mA 5
5 Madyson Bush	SO	Nazareth	3.35mA 4
6 Genna McCallum	FR	Utica	3.35mA 3
7 Isabel Swyers	JR	Brockport St	3.20m 2
8 Becca Bready	SR	Brockport St	3.20m 0.5
8 Nicole Gretzinger	SR	SUNY Geneseo	3.20m 0.5
10 Cassandra Wood	JR	Utica	3.05m
11 Elise Mancini	FR	Nazareth	3.05m
12 Kora Dininny	SO	Brockport St	3.05m
13 Gianna Battista	SR	SUNY Geneseo	2.90m
14 Katie Judway	FR	SUNY Geneseo	2.75m
15 Isabella Frick	SO	Utica	2.75m
16 Ailanees Leon	FR	Nazareth	2.75m
--- Ashlyn Weakley	FR	Nazareth	NH

**Women Long Jump**

**Conference:** 5.94m C 1/23/2026 Jillian Ambler  
**Meet:** 5.71m M 2/28/2025 Jill Ambler  
**Facility:** 6.01m F 2/10/2024 Corintia Griffith  
**AARTFC:** 5.30m A

Name	Yr	School	Finals
1 Jillian Ambler	JR	SUNY Geneseo	6.11mF 10
2 Makenna Keough	FR	St. John Fisher	5.35mA 8
3 Sasha Schramm	SR	Brockport St	5.34mA 6
4 Alaina Morley	SR	Nazareth	5.33mA 5
5 Marisa Mazzacco	JR	SUNY Geneseo	5.30mA 4
6 Jasmine Kendrick	JR	Nazareth	5.28m 3
7 Kianna Naval	SO	St. John Fisher	5.28m 2
8 Kayla Anastasia	SR	SUNY Geneseo	5.26m 1
9 Meghan Muscarella	FR	Brockport St	5.22m
10 Ariana D'Onofrio	SO	SUNY Geneseo	5.15m
11 Isabelle Briggs	SO	SUNY Geneseo	5.06m
12 Madeline Mehring	FR	St. John Fisher	5.04m

13 Maysie Davis	FR	Brockport St	5.03m
14 Corinne Albicker	JR	SUNY Geneseo	4.99m
15 Emily Lopez	JR	SUNY Geneseo	4.99m
16 Jordan Wagner	JR	Nazareth	4.97m
17 Alexa Belanger	SO	Houghton	4.97m
18 Melany Johnson	FR	St. John Fisher	4.95m
19 Jasmine Ayre	SO	Nazareth	4.67m

**Women Triple Jump**

**Conference:** 12.25m C 1/25/2014 Emilia Scheemaker  
**Meet:** 12.07m M 2/1/2014 Emilia Scheemaker  
**Facility:** 13.18m F 2/23/2024 Corintia Griffith  
**AARTFC:** 10.90m A

Name	Yr	School	Finals
1 Marisa Mazzacco	JR	SUNY Geneseo	11.34mA 10
2 Makenna Keough	FR	St. John Fisher	11.25mA 8
3 Kianna Naval	SO	St. John Fisher	11.14mA 6
4 Madyson Bush	SO	Nazareth	11.09mA 5
5 Abby Zeh	FR	Brockport St	10.96mA 4
6 Samantha Luba	SR	Nazareth	10.95mA 3
7 Isabelle Briggs	SO	SUNY Geneseo	10.82m 2
8 Sasha Schramm	SR	Brockport St	10.75m 1
9 Maysie Davis	FR	Brockport St	10.74m
10 Chloe Abbott	FR	SUNY Geneseo	10.23m
11 Leondda Celestin	FR	SUNY Geneseo	10.18m
12 Corinne Albicker	JR	SUNY Geneseo	10.09m
13 Emily Lopez	JR	SUNY Geneseo	10.01m
14 Sadie Cornell	FR	Brockport St	9.66m
15 Tessa Patchen	SO	Brockport St	9.64m
16 Sienna Lowe	FR	St. John Fisher	9.63m

**Women Shot Put**

**Conference:** 15.21m C 3/11/2017 Brandy Smith  
**Meet:** 14.20m M 2/23/2024 Jane Fahy  
**Facility:** 16.15m F 2/17/2023 Victoire Kothor  
**AARTFC:** 12.10m A

Name	Yr	School	Finals
1 Erin McGuinness	SR	St. John Fisher	13.41mA 10
2 Allie Cary	SO	Utica	13.31mA 8
3 Trinity Dees	SR	Brockport St	12.68mA 6
4 Emily Rolince	JR	Nazareth	12.33mA 5
5 Payton Mehalick	SR	SUNY Geneseo	12.21mA 4
6 Lauren Jaklitsch	SR	SUNY Geneseo	12.05m 3
7 Bella Rivera	SO	Brockport St	11.60m 2
8 Rhian Crowley	JR	Brockport St	11.50m 1
9 Riley King	JR	Utica	11.22m
10 Miley Cunningham	FR	SUNY Geneseo	11.17m
11 Ranasia Bailey	SR	Utica	10.57m
12 Madison Kirkpatrick	JR	Brockport St	10.56m
13 Maggie Almeter	FR	Houghton	10.53m
14 McKenna Uhl	FR	Brockport St	10.47m
15 Savana Henry	SO	Brockport St	10.41m
16 Ashley Tubbs	JR	SUNY Geneseo	10.28m
17 Jazmine Walters	FR	Brockport St	10.10m

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**Finals ... (Women Shot Put)**

Name	Yr	School	Finals
18 Mia Merino	SO	Sage	9.86m
19 Natalya Ryckman	SR	Alfred	9.75m

**Women Weight Throw 20 lb.**

**Conference:** 18.71m C 2/13/2026 Lauren Jaklitsch  
**Meet:** 18.28m M 2/13/2016 Brandy Smith  
**Facility:** 20.91m F 3/14/2025 Alexis Boykin  
**AARTFC:** 15.10m A

Name	Yr	School	Finals
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**Finals**

1 Lauren Jaklitsch	SR	SUNY Geneseo	18.21mA	10
2 Christina Valicenti	SR	St. John Fisher	15.30mA	8
3 Riley King	JR	Utica	15.26mA	6
4 Allie Cary	SO	Utica	15.02m	5
5 Jazelle McIntyre	SR	St. John Fisher	14.97m	4
6 Mckenzie Zafuto	FR	SUNY Geneseo	14.70m	3
7 Rhian Crowley	JR	Brockport St	14.66m	2
8 Ashley Tubbs	JR	SUNY Geneseo	14.58m	1
9 Hailey Hrouda	JR	Utica	14.43m	
10 Bella Rivera	SO	Brockport St	14.10m	
11 Anna Steed	SR	St. John Fisher	14.04m	
12 Trinity Dees	SR	Brockport St	13.83m	
13 Payton Mehalick	SR	SUNY Geneseo	13.36m	
14 Mackenzie Yohe	JR	Houghton	13.32m	
15 McKenna Uhl	FR	Brockport St	13.03m	
16 Meridian Bremel	SO	Alfred	12.85m	
17 Natalya Ryckman	SR	Alfred	12.27m	
18 Marianna Justiniano	FR	Nazareth	12.03m	
19 Mercedes Cecelia-Storey	JR	Sage	11.85m	
20 Mia Paniccia	FR	Sage	11.83m	
21 Ranasia Bailey	SR	Utica	11.42m	
22 Abbie Knaisch	SR	Utica	10.78m	
23 Shansanique Pollack	JR	Alfred	10.67m	

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Samantha Luba	SR	Nazareth	2:26.38	739
2 Chloe Abbott	FR	SUNY Geneseo	2:29.12	704
3 Mackenzie Kubat	SO	SUNY Geneseo	2:31.84	670
4 Mallory Rice	JR	Nazareth	2:35.62	624
5 Stefania Grimaldi	JR	Utica	2:45.73	509
6 Jade Bailey	FR	Utica	2:49.51	469
7 Caelyn Eiser	FR	St. John Fisher	2:53.92	424

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Samantha Luba	SR	Nazareth	8.90	931
2 Mackenzie Kubat	SO	SUNY Geneseo	8.91	929
3 Jade Bailey	FR	Utica	9.58	792
4 Stefania Grimaldi	JR	Utica	9.59	791
5 Caelyn Eiser	FR	St. John Fisher	9.65	779
6 Mallory Rice	JR	Nazareth	9.97	718

7 Chloe Abbott	FR	SUNY Geneseo	10.31	655
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**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Mackenzie Kubat	SO	SUNY Geneseo	1.61m	747
2 Samantha Luba	SR	Nazareth	1.52m	644
3 Stefania Grimaldi	JR	Utica	1.46m	577
4 Caelyn Eiser	FR	St. John Fisher	1.43m	544
4 Jade Bailey	FR	Utica	1.43m	544
6 Chloe Abbott	FR	SUNY Geneseo	1.40m	512
7 Mallory Rice	JR	Nazareth	1.28m	389

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Mackenzie Kubat	SO	SUNY Geneseo	5.65m	744
2 Chloe Abbott	FR	SUNY Geneseo	5.37m	663
3 Samantha Luba	SR	Nazareth	5.29m	640
4 Caelyn Eiser	FR	St. John Fisher	4.92m	538
5 Jade Bailey	FR	Utica	4.87m	524
6 Stefania Grimaldi	JR	Utica	4.72m	485
7 Mallory Rice	JR	Nazareth	4.64m	464

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Yr	School	Finals
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**Finals**

1 Caelyn Eiser	FR	St. John Fisher	10.86m	586
2 Mackenzie Kubat	SO	SUNY Geneseo	10.22m	544
3 Samantha Luba	SR	Nazareth	9.80m	516
4 Stefania Grimaldi	JR	Utica	9.04m	467
5 Chloe Abbott	FR	SUNY Geneseo	8.28m	417
6 Jade Bailey	FR	Utica	7.54m	370
7 Mallory Rice	JR	Nazareth	6.81m	323

**Women Indoor Pentathlon**

**Conference:** 3674 C 3/9/2012 Emma Dewart  
**Meet:** 3646 M 2/28/2025 Janelle Eckl  
**AARTFC:** 2500 A

Name	Yr	School	Finals
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**Finals**

1 Mackenzie Kubat	SO	SUNY Geneseo	3634A	10
2 Samantha Luba	SR	Nazareth	3470A	8
3 Chloe Abbott	FR	SUNY Geneseo	2951A	6
4 Caelyn Eiser	FR	St. John Fisher	2871A	5
5 Stefania Grimaldi	JR	Utica	2829A	4
6 Jade Bailey	FR	Utica	2699A	3
7 Mallory Rice	JR	Nazareth	2518A	2

**Men 60 Meter Dash**

**Conference:** 6.82 C 2017 Nicodemus Gambill  
**Meet:** 6.88 M 2/11/2017 Nicodemus Gambill  
**Facility:** 6.62 F 3/14/2025 Sam Blaskowski  
**AARTFC:** 7.02 A

Name	Yr	School	Prelims
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**Preliminaries**

1 Derek Grimshaw	JR	Brockport St	M 6.88Q
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**Empire 8 Championships**  
**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**

**Results**

**Preliminaries ... (Men 60 Meter Dash)**

Name	Yr	School	Prelims
2 Cody Bazemore	SO	Hartwick	A 6.89Q
3 Evan Thayer	JR	Brockport St	A 7.01Q
4 Gabe Giannini	SR	Brockport St	A 7.01Q
5 Trystan Biller	SO	St. John Fisher	7.04Q
6 Elijah Burnley	FR	St. John Fisher	7.06Q
7 Jack Towns	SO	SUNY Geneseo	7.07q
8 Ethan Fox	SR	St. John Fisher	7.12q
9 Isaiah Sanon	FR	Hartwick	7.14
10 Cole Ferris	JR	Brockport St	7.14
11 Brock Young	SR	St. John Fisher	7.15
12 Khamani Hunter	JR	Alfred	7.17
13 Kealon Knight	SO	Houghton	7.17
14 Michael Prentice	SO	St. John Fisher	7.19
15 Claveze Robinson	FR	Houghton	7.24
16 Julien Crandall	SO	SUNY Geneseo	7.30
17 Jaiden Deacon	FR	Hartwick	7.31
18 Brady Do	FR	Nazareth	7.33
19 Nicholas Peccia	JR	Utica	7.35
20 Jesse Sweet	FR	Brockport St	7.50

**Men 60 Meter Dash**

**Conference:** 6.82 C 2017 Nicodemus Gambill  
**Meet:** 6.88 M 2/11/2017 Nicodemus Gambill  
**Facility:** 6.62 F 3/14/2025 Sam Blaskowski  
**AARTFC:** 7.02 A

Name	Yr	School	Finals
1 Derek Grimshaw	JR	Brockport St	6.85M 10
2 Cody Bazemore	SO	Hartwick	6.91A 8
3 Evan Thayer	JR	Brockport St	7.00A 6
4 Elijah Burnley	FR	St. John Fisher	7.03 5
5 Trystan Biller	SO	St. John Fisher	7.04 4
6 Gabe Giannini	SR	Brockport St	7.06 3
7 Ethan Fox	SR	St. John Fisher	7.08 2
8 Jack Towns	SO	SUNY Geneseo	7.10 1

**Men 200 Meter Dash**

**Conference:** 21.91 C 2016 Nicodemus Gambill  
**Meet:** 21.91 M 2/24/2018 Alex Kainer  
**Facility:** 21.26 F 3/15/2025 Sam Blaskowski  
**AARTFC:** 22.40 A

Name	Yr	School	Finals
1 Jack Towns	SO	SUNY Geneseo	22.22A 10
2 Cody Bazemore	SO	Hartwick	22.28A 8
3 Derek Grimshaw	JR	Brockport St	22.32A 6
4 Jacob Miller	SR	SUNY Geneseo	22.37A 5
5 Michael Durski	SR	Brockport St	22.40A 4
6 Nolan Flynn	SR	Utica	22.41 3
7 Andrew Kent	SR	SUNY Geneseo	22.53 2
8 Tanner Warren	JR	Utica	22.67
9 Brock Young	SR	St. John Fisher	22.73
10 Michael Prentice	SO	St. John Fisher	22.74
11 Shane Hunte	FR	Hartwick	22.81

12 Nate Gonyeau	FR	SUNY Geneseo	22.81
13 Cole Ferris	JR	Brockport St	22.85
14 Khamani Hunter	JR	Alfred	23.13
15 Kealon Knight	SO	Houghton	23.18
16 Judson Delany	SR	Brockport St	23.19
17 Bryce Roberts	SO	Brockport St	23.51
18 Claveze Robinson	FR	Houghton	23.51
--- Gian Carlo Di Fava	JR	SUNY Geneseo	DQ 1

**Men 400 Meter Dash**

**Conference:** 47.87 C 3/14/2025 Jacob Miller  
**Meet:** 48.27 M 2/28/2025 Jacob Miller  
**Facility:** 46.71 F 3/15/2025 Alexander Rhodes  
**AARTFC:** 50.00 A

Name	Yr	School	Finals
1 Jacob Miller	SR	SUNY Geneseo	48.41A 10
2 Sam Belmont	JR	SUNY Geneseo	48.80A 8
3 Arjun Ojha	SO	SUNY Geneseo	49.09A 6
4 Tanner Warren	JR	Utica	49.29A 5
5 Michael Puglisi	SR	Nazareth	49.38A 4
6 Ayden Grinion	SR	Brockport St	49.50A 3
7 JJ Hodges	SO	Alfred	49.67A 2
8 Andrew Kent	SR	SUNY Geneseo	49.70A 1
9 Nolan Flynn	SR	Utica	49.94A
10 Michael Durski	SR	Brockport St	50.18
11 Michael Prentice	SO	St. John Fisher	50.35
12 Malakye Moss	FR	Brockport St	50.60
13 Nick Driver	FR	Nazareth	50.60
14 Mason Wagner	FR	St. John Fisher	50.87
15 Johnee Thomas	FR	SUNY Geneseo	51.79
16 Adam Johnson	SO	SUNY Geneseo	52.14
17 Brayden Mahoney	FR	Brockport St	52.54
18 Tim Gordon	SO	Houghton	52.69
19 Patrick Conteh	SR	Hartwick	54.59
--- Gian Carlo Di Fava	JR	SUNY Geneseo	DNF

**Men 800 Meter Run**

**Conference:** 1:52.00 C 1/26/2018 Nick Stenuf  
**Meet:** 1:53.85 M 3/1/2025 Jonathan Zavala  
**Facility:** 1:50.08 F 3/15/2025 Cael Schoemann  
**AARTFC:** 1:57.50 A

Name	Yr	School	Finals
1 Ryan Hagan	JR	SUNY Geneseo	1:52.00C 10
2 Tim Smith	SO	Brockport St	1:52.71M 8
3 Dawson Wadsworth	JR	SUNY Geneseo	1:52.93M 6
4 Connor Hitt	SO	SUNY Geneseo	1:53.74M 5
5 Owen Arbocus	JR	Brockport St	1:53.97A 4
6 Andrew Donner	SO	SUNY Geneseo	1:54.96A 3
7 Bryan Friedel	SR	SUNY Geneseo	1:55.79A 2
8 Gavin McAllister	SR	Nazareth	1:56.53A 1
9 Tim Sheahan	JR	SUNY Geneseo	1:57.14A
10 Forest Martin	JR	Utica	1:58.14
11 Thomas Canestrari	SO	Brockport St	1:58.17
12 Henry Sardina	SO	Houghton	1:58.27

**Empire 8 Championships**  
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**Results**

**Finals ... (Men 800 Meter Run)**

Name	Yr	School	Finals
13 Finnegan Dean	SR	Alfred	1:58.47
14 Kaedan Leonidas	FR	Nazareth	1:58.74
15 Cameron Garofalo	FR	SUNY Geneseo	1:59.55
16 Christopher Whalen	FR	Sage	1:59.68
17 Anthony Leotta	SR	Utica	1:59.73
18 Landon Wertz	SO	St. John Fisher	1:59.82
19 Hans Higgins	JR	Hartwick	2:00.46
20 Brian Cappellini	SO	Brockport St	2:05.77

**Men 1 Mile Run**

**Conference:** 4:02.39 C 2/13/2026 **Ryan Hagan**  
**Meet:** 4:10.28 M 2/28/2025 **Jonathan Zavala**  
**Facility:** 4:06.45 F 3/15/2025 **Nicholas Lyndaker**  
**AARTFC:** 4:22.00 A

Name	Yr	School	Finals
1 Ryan Hagan	JR	SUNY Geneseo	4:08.04M 10
2 Pierce Young	JR	SUNY Geneseo	4:08.93M 8
3 Owen Murphy	SO	SUNY Geneseo	4:14.72A 6
4 Amos Bixler	SR	Houghton	4:15.02A 5
5 Jace Stuart	JR	St. John Fisher	4:15.73A 4
6 Ian Zehnder	FR	SUNY Geneseo	4:16.22A 3
7 Howie Vargas	JR	Brockport St	4:20.27A 2
8 Sean Verbosky	SO	SUNY Geneseo	4:20.69A 1
9 Sam Viglione	JR	SUNY Geneseo	4:21.23A
10 Brandon Yanguas	SO	SUNY Geneseo	4:23.06
11 Christopher Whalen	FR	Sage	4:25.03
12 Brian Kenny	SR	SUNY Geneseo	4:25.77
13 Thomas Canestrari	SO	Brockport St	4:27.26
14 Aidan Mayer	JR	Brockport St	4:27.53
15 Connor Couperus	JR	Brockport St	4:29.55
16 Benjamin Betrus	SO	Brockport St	4:30.88
17 Ethan Stauffer	FR	Brockport St	4:34.28
18 Anthony Leotta	SR	Utica	4:38.36
19 Timothy Jerals	JR	Utica	4:38.73
20 Brennan Farr	JR	Nazareth	4:40.02

**Men 3000 Meter Run**

**Conference:** 8:04.87 C 12/6/2025 **Ryan Hagan**  
**Meet:** 8:26.44 M 3/1/2025 **Pierce Young**  
**Facility:** 8:07.39 F 3/15/2025 **Braden Nicholson**  
**AARTFC:** 8:47.00 A

Name	Yr	School	Finals
1 Pierce Young	JR	SUNY Geneseo	8:14.19M 10
2 Emerson Comer	JR	SUNY Geneseo	8:20.83M 8
3 Bennett Melita	JR	Utica	8:28.39A 6
4 Collin Brown	SO	SUNY Geneseo	8:33.62A 5
5 Amos Bixler	SR	Houghton	8:33.88A 4
6 Kole Owens	JR	SUNY Geneseo	8:36.68A 3
7 James Tette	SO	SUNY Geneseo	8:37.84A 2
8 Jace Stuart	JR	St. John Fisher	8:39.39A 1
9 Howie Vargas	JR	Brockport St	8:45.33A
10 Cam Almy	SR	Nazareth	8:50.23

11 Sean Verbosky	SO	SUNY Geneseo	8:51.09
12 Thomas Blake	SO	SUNY Geneseo	8:53.88
13 Aidan Mayer	JR	Brockport St	8:59.20
14 Chris Cammisa	SR	Brockport St	8:59.95
15 Connor Jackson	SR	Nazareth	9:03.99
16 JJ Montemaro	SR	Brockport St	9:11.03
17 Seth Stevens	FR	Alfred	9:25.72
--- Ryan Hagan	JR	SUNY Geneseo	DNF

**Men 5000 Meter Run**

**Conference:** 14:12.33 C 2/20/2026 **Ryan Hagan**  
**Meet:** 14:48.42 M 2007 **Nate Lowe**  
**Facility:** 14:02.76 F 3/14/2025 **Grant Matthai**  
**AARTFC:** 15:25.00 A

Name	Yr	School	Finals
1 Emerson Comer	JR	SUNY Geneseo	15:06.17A 10
2 Collin Brown	SO	SUNY Geneseo	15:10.80A 8
3 Killian Bauer	FR	Utica	15:12.04A 6
4 Thomas Blake	SO	SUNY Geneseo	15:16.84A 5
5 James Tette	SO	SUNY Geneseo	15:18.70A 4
6 Kole Owens	JR	SUNY Geneseo	15:19.55A 3
7 Cam Almy	SR	Nazareth	15:20.06A 2
8 Anson Butler	SR	SUNY Geneseo	15:20.20A 1
9 Jack Hicks	JR	SUNY Geneseo	15:34.31
10 Drew Cox	SR	SUNY Geneseo	15:35.94
11 Max Schnittman	FR	SUNY Geneseo	15:46.88
12 Connor Jackson	SR	Nazareth	15:52.91
13 Ben Allen	SR	Houghton	15:58.26
14 Rylan Powell	FR	Nazareth	15:59.10
15 Salim Ford	SO	Houghton	16:03.95
16 Kyle DeRomanis	SO	Brockport St	16:08.66
17 Grady Engelbert	FR	Nazareth	16:16.43
18 Caleb Belanger	JR	Brockport St	16:29.53
--- Chris Cammisa	SR	Brockport St	DNF

**Men 60 Meter Hurdles**

**Conference:** 8.01 C 2/24/2024 **Kaleb Luton**  
**Meet:** 8.01 M 2/24/2024 **Kaleb Luton**  
**Facility:** 7.76 F 3/15/2025 **Jason Agyemang**  
**AARTFC:** 8.50 A

Name	Yr	School	Prelims
1 Jeremy Chen	SR	Brockport St	A 8.32Q
2 Trystan Biller	SO	St. John Fisher	A 8.35Q
3 Oren Welch	SO	St. John Fisher	8.54Q
4 Michael Solomon	FR	Houghton	8.55Q
5 Jackson Gloskey	SR	SUNY Geneseo	8.59q
6 Aaron Lund	SR	Nazareth	8.69q
7 Nick Puma	FR	Brockport St	8.69q
8 Jack Pomykaj	SR	Nazareth	8.74q
9 Cade Tavares	SO	Utica	8.79
10 Kaleb Davis	FR	Utica	8.96
11 Zachary Schultz	FR	Alfred	9.00
12 Adam Johnson	SO	SUNY Geneseo	9.06
13 Patrick Conteh	SR	Hartwick	9.08

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**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**

**Results**

**Preliminaries ... (Men 60 Meter Hurdles)**

Name	Yr	School	Prelims
14 Carlo Cipolla	FR	St. John Fisher	9.35
15 Riley Smith	SO	Utica	9.49
16 Davion Douglas	FR	Alfred	9.51

**Men 60 Meter Hurdles**

**Conference:** 8.01 C 2/24/2024 Kaleb Luton  
**Meet:** 8.01 M 2/24/2024 Kaleb Luton  
**Facility:** 7.76 F 3/15/2025 Jason Agyemang  
**AARTFC:** 8.50 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Trystan Biller	SO	St. John Fisher	8.23A 10
2 Jeremy Chen	SR	Brockport St	8.37A 8
3 Michael Solomon	FR	Houghton	8.52 6
4 Oren Welch	SO	St. John Fisher	8.71 5
5 Jack Pomykaj	SR	Nazareth	8.73 4
6 Jackson Gloskey	SR	SUNY Geneseo	8.85 3
7 Aaron Lund	SR	Nazareth	9.04 2
8 Nick Puma	FR	Brockport St	9.38 1

**Men 4x400 Meter Relay**

**Conference:** 3:11.77 C 2/13/2026 SUNY Geneseo  
**Kent, Belmont, Ojha, Miller**  
**Meet:** 3:17.73 M 3/1/2025 SUNY Geneseo  
**S Belmont, M Sheehan, A Kent, J Miller**  
**Facility:** 3:12.59 F 3/15/2025 Cortland St.  
**E Jensen, Z Cheatham, H Gavalas, J Jeffes**  
**AARTFC:** 3:27.00 A

Team	Relay	Finals
<b>Finals</b>		
1 SUNY Geneseo		3:15.26M 10
1) Gian Carlo Di Fava JR	2) Jacob Miller SR	
3) Arjun Ojha SO	4) Sam Belmont JR	
2 Brockport St.		3:20.32A 8
1) Michael Durski SR	2) Malakye Moss FR	
3) Owen Arbocus JR	4) Ayden Grinion SR	
3 Nazareth		3:22.15A 6
1) Nick Driver FR	2) Griffin Killian JR	
3) Gavin McAllister SR	4) Michael Puglisi SR	
4 St. John Fisher		3:24.15A 5
1) Michael Prentice SO	2) Mason Wagner FR	
3) Landon Wertz SO	4) Braxton Houghttelling FR	
5 Alfred		3:26.89A 4
1) JJ Hodges SO	2) Zachary Schultz FR	
3) Riley Ciamarra JR	4) Finnegan Dean SR	
6 Utica		3:32.99 3
1) Nolan Flynn SR	2) Cameron Hoffis SO	
3) Zechariah Bolos FR	4) Riley Smith SO	
7 Hartwick		3:33.69 2
1) Cody Bazemore SO	2) Patrick Conteh SR	
3) William Mensah SO	4) Hans Higgins JR	
8 Houghton		3:34.88 1
1) Michael Solomon FR	2) Tim Gordon SO	
3) Evan Geer FR	4) Henry Sardina SO	

9 Sage	3:51.00
1) Kishamar Glasgow FR	2) Christopher Whalen FR
3) Jacob Haynes SR	4) Jack Christopher JR

**Men Distance Medley**

**Conference:** 9:53.37 C 2/13/2026 SUNY Geneseo  
**Young, Miller, Wadsworth, Hagan**  
**Meet:** 10:16.61 M 2007 RIT  
**Varble, Sealander, O'Donnell, Hardbarger**  
**Facility:** 9:52.43 F 3/14/2025 Johns Hopkins  
**A Tomov, A Colletti, F Omonije, L Rackers**  
**AARTFC:** 10:40.00 A

Team	Relay	Finals
<b>Finals</b>		
1 Utica		10:22.03A 10
1) Tobias Jerals SR	2) Cameron Hoffis SO	
3) Forest Martin JR	4) Bennett Melita JR	
2 SUNY Geneseo		10:31.29A 8
1) Logan Baker SO	2) Dawson Wadsworth JR	
3) Owen Sweet SO	4) Mario Verruto FR	
3 Alfred		10:38.47A 6
1) Jacob Taylor JR	2) Riley Ciamarra JR	
3) Finnegan Dean SR	4) Seth Stevens FR	
4 Houghton		10:44.81 5
1) Henry Sardina SO	2) Francis Foley FR	
3) Evan Geer FR	4) Connor Little SO	
5 Nazareth		10:48.74 4
1) Gavin McAllister SR	2) Griffin Killian JR	
3) Jack Healy JR	4) Kaedan Leonidas FR	
6 Brockport St.		10:52.80 3
1) Colin Fletcher-Foster FR	2) Cassidy Gilmore SR	
3) Eduardo Salinas FR	4) Tyler Grossman SO	
7 St. John Fisher		11:01.26 2
1) Landon Wertz SO	2) Braxton Houghttelling FR	
3) Nathan Canale JR	4) Connor Levy FR	
8 Hartwick		11:16.08 1
1) Avery Lungstrom FR	2) William Mensah SO	
3) Basil Metz FR	4) Hans Higgins JR	
9 Sage		11:20.71
1) Jack Christopher JR	2) Kishamar Glasgow FR	
3) Jacob Haynes SR	4) Christopher Whalen FR	

**Men High Jump**

**Conference:** 2.20m C 3/4/2022 Kyle Rollins  
**Meet:** 2.09m M 2/26/2022 Kyle Rollins  
**Facility:** 2.20m F 3/5/2022 Kyle Rollins  
**AARTFC:** 1.93m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Kaiden McCaskill	SO	Utica	1.96mA 10
2 Cardin Chau	SO	Brockport St	1.90m 8
3 Donovan Blackman	FR	Alfred	1.87m 6
4 Jake Galley	SO	Brockport St	1.82m 4
4 Grant Gahagan	FR	Brockport St	1.82m 4
4 Jack Galley	SO	Brockport St	1.82m 4
7 Marquis Jones-Mckinney	SR	Hartwick	1.82m 2

**Empire 8 Championships**  
**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**

**Results**

**Finals ... (Men High Jump)**

Name	Yr	School	Finals
8 Jack Valentine	SO	Brockport St	1.82m 1
9 Bryant DePaull	SR	St. John Fisher	1.82m
9 Nasir Lanier	FR	St. John Fisher	1.82m
9 Sekou Camara	SO	Alfred	1.82m
12 Dylan Rose	SO	St. John Fisher	1.82m
13 Griffin Killian	JR	Nazareth	1.72m
13 Henry Anderson	FR	Brockport St	1.72m
15 Cory Jarvis	JR	SUNY Geneseo	1.72m
16 Brendan Hall	SO	St. John Fisher	1.67m
--- Dillon Murphy	SR	Brockport St	NH

**Men Pole Vault**

**Conference:** 5.16m C 3/4/2011 Michael Dempsey  
**Meet:** 4.75m M 2010 Michael Dempsey  
**Facility:** 5.40m F 12/6/2019 Zach Ferrara  
**AARTFC:** 4.45m A

Name	Yr	School	Finals
1 Hayden Penna	JR	St. John Fisher	4.92mM 10
2 Gabe Giannini	SR	Brockport St	4.67mA 8
3 Oren Welch	SO	St. John Fisher	4.57mA 6
4 Trey Feirman	JR	SUNY Geneseo	4.57mA 5
5 Aaron Johnson	FR	Utica	4.47mA 4
6 Dylan Buckingham	FR	Nazareth	4.47mA 3
7 Daniel Reinhart	JR	Brockport St	4.32m 2
8 Nolan Armitage	SO	Nazareth	4.32m 1
9 Will D'Agata	SO	Nazareth	4.17m
9 Chris Desiderio	SO	SUNY Geneseo	4.17m
11 Jack Rathburn	SR	Utica	4.17m
12 Evan Laurenzo	FR	Nazareth	4.17m
13 Alan Gray	FR	Brockport St	3.72m
14 Jack DiLiberto	SR	Brockport St	3.72m
15 Richard Grabski	FR	St. John Fisher	3.57m
--- William Cooper	FR	Brockport St	NH
--- Tristen Schwertfeger	FR	Brockport St	NH
--- Mason Wandtke	JR	Brockport St	NH

**Men Long Jump**

**Conference:** 7.36m C 3/9/2018 Mark VanMarter  
**Meet:** 7.20m M 2010 Kyle Devins  
**Facility:** 7.81m F 3/14/2025 Joshua Rivers  
**AARTFC:** 6.75m A

Name	Yr	School	Finals
1 Dennis Bobbitt	SO	Brockport St	7.38mC 10
2 Gabe Giannini	SR	Brockport St	7.33mM 8
3 Wayne Spencer	FR	Utica	7.15mA 6
4 Cody Bazemore	SO	Hartwick	6.78mA 5
5 Jackson Gloskey	SR	SUNY Geneseo	6.63m 4
6 Collin Dicks	SO	Brockport St	6.51m 3
7 Samuel Burns	SO	St. John Fisher	6.46m 2
8 David Lang	SO	SUNY Geneseo	6.43m 1
9 Logan Thompson	FR	Brockport St	6.42m
10 Adam Curtis	SO	Brockport St	6.40m

11 Ryan Sperl	SO	Houghton	6.34m
12 Griffin Killian	JR	Nazareth	6.31m
13 Bryce Roberts	SO	Brockport St	6.27m
14 Adam Reifsteck	SR	Nazareth	6.24m
15 Bryant DePaull	SR	St. John Fisher	6.19m
16 London Premo	FR	St. John Fisher	6.18m
17 Herven Sanon	JR	Brockport St	6.09m
18 Donovan Blackman	FR	Alfred	5.73m
--- Patrick Wands	SO	Utica	FOUL

**Men Triple Jump**

**Conference:** 14.97m C 3/1/2025 Manuel Sepulveda  
**Meet:** 14.97m M 3/1/2025 Manuel Sepulveda  
**Facility:** 15.57m F 12/6/2024 Cole Goodman  
**AARTFC:** 13.50m A

Name	Yr	School	Finals
1 Dennis Bobbitt	SO	Brockport St	14.69mA 10
2 Wayne Spencer	FR	Utica	14.03mA 8
3 Chris Desiderio	SO	SUNY Geneseo	13.65mA 6
4 Ryan Sperl	SO	Houghton	13.49m 5
5 Justin Couture	SO	Utica	13.48m 4
6 Matt Towns	FR	SUNY Geneseo	13.15m 3
7 Cory Jarvis	JR	SUNY Geneseo	13.08m 2
8 Adam Curtis	SO	Brockport St	13.06m 1
9 Cameron Rynders	SR	Brockport St	12.75m
10 Judson Delany	SR	Brockport St	12.40m
11 Herven Sanon	JR	Brockport St	12.28m
12 Evan Fullagar	FR	Brockport St	12.16m
13 David Argentieri	JR	St. John Fisher	12.13m
14 Adam Reifsteck	SR	Nazareth	12.12m
15 Mason Sabo	FR	Brockport St	11.90m
16 Jason Weng	SR	St. John Fisher	11.64m

**Men Shot Put**

**Conference:** 17.50m C 3/8/2019 Keanu Heedram  
**Meet:** 16.53m M 2019 Keanu Heedram  
**Facility:** 18.35m F 3/15/2025 Adam Strouf  
**AARTFC:** 14.50m A

Name	Yr	School	Finals
1 Ray Trottier	JR	SUNY Geneseo	15.60mA 10
2 Gaeden Heichberger	SO	Nazareth	15.28mA 8
3 Daniel Davis	SO	St. John Fisher	14.90mA 6
4 Logan Hewitt	FR	Utica	14.68mA 5
5 Daimel Fowler	JR	Alfred	14.31m 4
6 Mitchell Ellsworth	JR	Brockport St	14.13m 3
7 Allen Reome	SO	Brockport St	14.06m 2
8 Hunter Richards	SO	Brockport St	13.75m 1
9 Nick Wright	SO	Brockport St	13.54m
10 Joey Curr	SR	St. John Fisher	13.17m
11 Brian Calderon	SO	Brockport St	13.10m
12 Liam Stempien	SO	Brockport St	12.82m
13 Jayden Carroll	JR	SUNY Geneseo	12.50m
14 Jayden Beatty	FR	Hartwick	12.49m
15 Isaiyah Ali	SO	Brockport St	12.42m

**Empire 8 Championships**  
**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**

**Results**

**Finals ... (Men Shot Put)**

Name	Yr	School	Finals
16 Paul Hayes	JR	SUNY Geneseo	12.14m
17 Joseph Fay	SO	Hartwick	11.03m
18 Noah Almeter	SO	Houghton	10.28m
--- Ryan Friel	FR	SUNY Geneseo	FOUL
--- Chris Miller	JR	SUNY Geneseo	FOUL

**Men Weight Throw 35 lb.**

Conference: 20.45m C 3/11/2016 Luis Rivera  
 Meet: 18.84m M 2/13/2016 Luis Rivera  
 Facility: 20.94m F 3/2/2024 Nathan Williams  
 AARTFC: 15.70m A

Name	Yr	School	Finals
<b>Finals</b>			
1 Brandon Kaplan	SR	St. John Fisher	19.16mM 10
2 Graeden Heichberger	SO	Nazareth	18.66mA 8
3 David Dobrowolski	JR	Nazareth	18.57mA 6
4 Joshua Talbot	SR	Utica	18.46mA 5
5 Spencer Borghardt	SR	Utica	18.21mA 4
6 Mitchell Ellsworth	JR	Brockport St	16.80mA 3
7 Hunter Richards	SO	Brockport St	16.56mA 2
8 Blake Gannon	SO	Utica	16.05mA 1
9 Paul Hayes	JR	SUNY Geneseo	15.79mA
10 Michael Christensen	SO	Utica	15.68m
11 Duncan Harbin	JR	Brockport St	15.35m
12 Chris Miller	JR	SUNY Geneseo	15.26m
13 Michael Zatlukal	SO	St. John Fisher	15.23m
14 Adam Depuy	FR	SUNY Geneseo	15.03m
15 Blake Reese	SO	St. John Fisher	14.88m
16 Michael Blenis	SO	Utica	14.12m
17 Liam Stempien	SO	Brockport St	13.96m
18 Nick Wright	SO	Brockport St	13.81m
19 Jayden Carroll	JR	SUNY Geneseo	13.63m
20 Noah Curtis	SO	Hartwick	12.94m
21 Noah Almeter	SO	Houghton	10.87m

**Heptathlon: #1 Men 60 Meter Dash Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Will Hawken	FR	SUNY Geneseo	7.24 799
2 Jack Pomykaj	SR	Nazareth	7.30 779
3 Tyler Judd	FR	Brockport St	7.35 762
4 Kendry Rodriguez	FR	SUNY Geneseo	7.53 703
5 Dylan Lawless	SR	Sage	7.56 694
6 London Premo	FR	St. John Fisher	7.65 665
7 Harley Hugunine	SO	Utica	7.68 656
8 Aaron Lund	SR	Nazareth	7.74 637
9 David Winchenbach	FR	Alfred	7.78 625

**Heptathlon: #7 Men 1000 Meter Run Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aaron Lund	SR	Nazareth	2:49.40 772
2 London Premo	FR	St. John Fisher	2:53.68 728
3 Jack Pomykaj	SR	Nazareth	2:56.73 697

4 Will Hawken	FR	SUNY Geneseo	3:00.85 656
5 Kendry Rodriguez	FR	SUNY Geneseo	3:05.26 614
6 Dylan Lawless	SR	Sage	3:07.10 596
7 David Winchenbach	FR	Alfred	3:07.46 593
8 Harley Hugunine	SO	Utica	3:12.43 548
--- Tyler Judd	FR	Brockport St	DNF

**Heptathlon: #5 Men 60 Meter Hurdles Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Will Hawken	FR	SUNY Geneseo	8.47 867
2 Jack Pomykaj	SR	Nazareth	8.63 829
3 Aaron Lund	SR	Nazareth	8.65 825
4 David Winchenbach	FR	Alfred	8.88 772
5 London Premo	FR	St. John Fisher	8.98 750
6 Dylan Lawless	SR	Sage	9.31 679
7 Kendry Rodriguez	FR	SUNY Geneseo	9.36 668
8 Harley Hugunine	SO	Utica	9.40 660
9 Tyler Judd	FR	Brockport St	9.64 611

**Heptathlon: #4 Men High Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kendry Rodriguez	FR	SUNY Geneseo	1.82m 644
2 Dylan Lawless	SR	Sage	1.79m 619
3 Tyler Judd	FR	Brockport St	1.76m 593
4 Will Hawken	FR	SUNY Geneseo	1.73m 569
5 Jack Pomykaj	SR	Nazareth	1.70m 544
6 Aaron Lund	SR	Nazareth	1.67m 520
7 David Winchenbach	FR	Alfred	1.64m 496
7 London Premo	FR	St. John Fisher	1.64m 496
9 Harley Hugunine	SO	Utica	1.52m 404

**Heptathlon: #6 Men Pole Vault Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Pomykaj	SR	Nazareth	4.40m 731
2 Kendry Rodriguez	FR	SUNY Geneseo	3.80m 562
3 Aaron Lund	SR	Nazareth	3.60m 509
4 Will Hawken	FR	SUNY Geneseo	3.40m 457
4 Harley Hugunine	SO	Utica	3.40m 457
6 Dylan Lawless	SR	Sage	3.30m 431
7 David Winchenbach	FR	Alfred	2.80m 309
7 London Premo	FR	St. John Fisher	2.80m 309
--- Tyler Judd	FR	Brockport St	NH

**Heptathlon: #2 Men Long Jump Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Pomykaj	SR	Nazareth	6.50m 697
2 Will Hawken	FR	SUNY Geneseo	6.38m 670
3 Tyler Judd	FR	Brockport St	6.36m 666
4 London Premo	FR	St. John Fisher	6.34m 661
5 David Winchenbach	FR	Alfred	6.28m 648
6 Aaron Lund	SR	Nazareth	6.25m 641
7 Dylan Lawless	SR	Sage	6.17m 624

**Empire 8 Championships**  
**Golisano Training Center, Nazareth University - 2/27/2026 to 2/28/2026**  
**Results**

**Finals ... (Heptathlon: #2 Men Long Jump Heptathlon)**

Name	Yr	School	Finals
8 Kendry Rodriguez	FR	SUNY Geneseo	5.90m 565
9 Harley Hugunine	SO	Utica	5.14m 409

**Heptathlon: #3 Men Shot Put Heptathlon**

Name	Yr	School	Finals
<b>Finals</b>			
1 Will Hawken	FR	SUNY Geneseo	11.16m 556
2 Tyler Judd	FR	Brockport St	10.94m 542
3 London Premo	FR	St. John Fisher	10.73m 530
4 David Winchenbach	FR	Alfred	10.11m 492
5 Aaron Lund	SR	Nazareth	10.00m 486
6 Dylan Lawless	SR	Sage	9.89m 479
7 Jack Pomykaj	SR	Nazareth	9.50m 456
8 Kendry Rodriguez	FR	SUNY Geneseo	9.29m 443
9 Harley Hugunine	SO	Utica	8.90m 420

**Men Heptathlon**

**Conference:** 5093 C 3/14/2015 Devin Cornelius  
**Meet:** 4656 M 2/28/2025 Gabe Giannini  
**Facility:** 5304 F 3/15/2025 Jacob Balcome  
**AARTFC:** 3900 A

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Pomykaj	SR	Nazareth	4733M 10
2 Will Hawken	FR	SUNY Geneseo	4574A 8
3 Aaron Lund	SR	Nazareth	4390A 6
4 Kendry Rodriguez	FR	SUNY Geneseo	4199A 5
5 London Premo	FR	St. John Fisher	4139A 4
6 Dylan Lawless	SR	Sage	4122A 3
7 David Winchenbach	FR	Alfred	3935A 2
8 Harley Hugunine	SO	Utica	3554 1
9 Tyler Judd	FR	Brockport St	3174

**Women - Team Rankings - 17 Events Scored**

1) SUNY Geneseo	257.5
2) Nazareth	105
3) St. John Fisher	97
4) Utica	90
5) Brockport St.	60.5
6) Houghton	45
7) Alfred	4
8) Hartwick	2
9) Sage	1

**Men - Team Rankings - 17 Events Scored**

1) SUNY Geneseo	222
2) Brockport St.	140
3) Utica	81
4) St. John Fisher	76
5) Nazareth	65
6) Hartwick	26
6) Houghton	26
8) Alfred	24
9) Sage	3