

**Nazareth Conference Tune-Up  
Golisano Training Center - 2/20/2026  
Results - Friday**

**Women 60 Meter Dash**

**AARTFC: 8.05 A**

**Facility: 7.29 F 3/14/2025 Lauren Jarrett**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Alaina Morley	SR Nazareth	A 7.83Q
2	Abigail Dorunda	SO St. John Fis	A 7.87Q
3	Emily Heiner	FR St. John Fis	A 7.98Q
4	Alexis Lasher	SR Nazareth	A 8.02Q
5	Juliana Riemersma	FR St. John Fis	8.09q
6	Jasmine Kendrick	JR Nazareth	8.11q
7	Jordan Smith	FR Rochester	8.18q
8	Madeline Mehring	FR St. John Fis	8.25q
9	Ella Radley	SO St. John Fis	8.27
10	Lizzie Merrill	SO Rochester	8.27
11	Amber Hayes	FR Nazareth	8.30
12	Alexia Strom-Warren	FR St. John Fis	8.30
13	Allison Nickson	SO St. John Fis	8.32
14	Maya Hatch	SR Rochester	8.34
15	Caelyn Eiser	FR St. John Fis	8.35
16	Malaika George	FR St. Bonavent	8.35
17	Toni Adewakun	JR Rochester	8.44
18	Daiya Kowalski	FR Oswego State	8.46
19	Riley Gomolka	JR St. Bonavent	8.53
20	Abigail Gelinas	FR RIT	8.56
21	Sabrina Schmitt	SO Oswego State	8.61
22	Alexie Tschanz	FR Oswego State	8.72
23	Jenna Stevens	FR Oswego State	8.86
24	Lily Gaede	FR Oswego State	9.56
25	Charlotte Cobene	SO Oswego State	9.62
---	Laila Perez	FR Nazareth	FS

**Women 60 Meter Dash**

**AARTFC: 8.05 A**

**Facility: 7.29 F 3/14/2025 Lauren Jarrett**

Name	Yr	School	Finals
<b>Finals</b>			
1	Alaina Morley	SR Nazareth	7.75A
2	Abigail Dorunda	SO St. John Fis	7.85A
3	Emily Heiner	FR St. John Fis	7.93A
4	Alexis Lasher	SR Nazareth	7.99A
5	Juliana Riemersma	FR St. John Fis	8.07
6	Jordan Smith	FR Rochester	8.16
7	Jasmine Kendrick	JR Nazareth	8.19
8	Madeline Mehring	FR St. John Fis	8.20

**Women 200 Meter Dash Open**

**AARTFC: 26.40 A**

**Facility: 23.94 F 3/15/2025 Lauren Jarrett**

Name	Yr	School	Finals
<b>Finals</b>			
1	Daiya Kowalski	FR Oswego State	27.14
2	Sabrina Schmitt	SO Oswego State	27.34
3	Shamiah Brown	SO Buffalo Stat	27.51

4	Alexia Strom-Warren	FR St. John Fis	27.66
5	Sophia Celia	FR RIT	27.80
6	Peyton Classer	SO Rochester	28.01
7	Meya McKown	JR Nazareth	28.19
8	Jasmine Ayre	SO Nazareth	28.25
9	Toni Adewakun	JR Rochester	29.11
10	Lana Holt	FR St. Bonavent	29.18
11	Gwendolyn Thompkins	FR St. Bonavent	29.26
12	Alannah Edwards	FR Oswego State	29.37
13	Riley Gomolka	JR St. Bonavent	29.62
14	Jenna Hostetler	SO Nazareth	30.07
15	Jenna Stevens	FR Oswego State	31.18
16	Charlotte Cobene	SO Oswego State	33.07
17	Lily Gaede	FR Oswego State	33.76

**Women 200 Meter Dash Invite**

**Facility: 23.94 F 3/15/2025 Lauren Jarrett**

Name	Yr	School	Finals
<b>Finals</b>			
1	Alexis Lasher	SR Nazareth	26.37
2	Samantha Luba	SR Nazareth	26.66
3	Alaina Morley	SR Nazareth	26.85
4	Makenna Manson	SO St. John Fis	26.94
5	Allison Nickson	SO St. John Fis	26.96
6	Jasmine Kendrick	JR Nazareth	27.13
7	Ella Radley	SO St. John Fis	27.24
8	Jordan Wagner	JR Nazareth	28.25

**Women 400 Meter Dash Invite**

**Facility: 55.69 F 3/15/2025 Brynn Mooney**

Name	Yr	School	Finals
<b>Finals</b>			
1	Peyton Classer	SO Rochester	1:01.67
2	Isabella Doty	SR Rochester	1:03.18
3	Maya Hatch	SR Rochester	1:03.25
4	Sophia Leach	JR St. John Fis	1:03.35
5	Brianne Hurlburt	SO St. John Fis	1:03.43
6	Madison Macneill	JR Buffalo Stat	1:04.30
7	Jordan Wagner	JR Nazareth	1:04.60

**Women 400 Meter Dash Open**

**AARTFC: 1:00.20 A**

**Facility: 55.69 F 3/15/2025 Brynn Mooney**

Name	Yr	School	Finals
<b>Finals</b>			
1	Mariah LeGrow	FR Nazareth	1:02.15
2	Adria Magnusson	SR St. Bonavent	1:03.05
3	Liliana Mendez	FR St. John Fis	1:03.85
4	Lana Holt	FR St. Bonavent	1:03.89
5	Malaika George	FR St. Bonavent	1:04.46
6	Shamiah Brown	SO Buffalo Stat	1:05.45
7	Kaitlyn Burt	JR Nazareth	1:05.51
8	Sophia Shatynski	SO Oswego State	1:08.93

**Nazareth Conference Tune-Up  
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**Women 800 Meter Run**

AARTFC: 2:23.00 A

Facility: 2:07.70 F 3/15/2025 Kelty Oaster

Name	Yr	School	Finals
<b>Finals</b>			
1	Molly Fitzgibbons	SR Rochester	2:17.62A
2	Hannah Reichard	JR Oswego State	2:17.91A
3	Caitlin Voloshen	SR St. John Fis	2:18.35A
4	Rita Sciortino	SR Rochester	2:19.14A
5	Grace Caterina	SO St. John Fis	2:22.98A
6	Ava Baker	JR Nazareth	2:24.14
7	Sophia DiGennaro	SO RIT	2:24.33
8	Elena Gaffney	SO Oswego State	2:27.75
9	Abigail Bowman	SO Nazareth	2:27.77
10	Sam Mermelstein	FR Rochester	2:27.98
11	Valerie Gilbert	FR RIT	2:28.78
12	Daniella Malanga	SO RIT	2:30.37
13	Caroline Horton	SO St. John Fis	2:30.61
14	Maria Khalifeh	SO Rochester	2:30.97
15	Mary Trost	SR St. Bonavent	2:31.05
16	Jade Kimmel	SR RIT	2:32.28
17	Katelyn Becker	JR Buffalo Stat	2:32.93
18	Angelina Buttigieg	SO Oswego State	2:34.02
19	Sophia Janik	JR Buffalo Stat	2:35.31
20	Alyssa Young	JR St. Bonavent	2:36.47
21	Sydney Borofsky	SO RIT	2:36.77
22	Isabella Macer	SO RIT	2:38.02
23	Madeline Ferrer	FR RIT	2:40.26
24	Julia Lantner	SR Rochester	2:40.40
25	Sarah Carroll	SR St. Bonavent	2:40.55
26	Hailey Anderson	FR Nazareth	2:40.73
27	D'Rajenea Hill	SO Buffalo Stat	2:42.62
28	Heidi House	FR Buffalo Stat	2:48.66
29	Grace Stevens	FR Oswego State	2:56.56
30	Ava Noecker	JR St. Bonavent	2:57.64
31	Bella Silipigno	FR St. John Fis	2:58.31
32	Sophia Shatynski	SO Oswego State	3:01.07
33	Julay Mustafa	FR Oswego State	3:08.20
34	Julia Weaver	SR Oswego State	3:08.23

**Women 1 Mile Run**

AARTFC: 5:18.00 A

Facility: 4:47.04 F 3/15/2025 Haley Schoenegge

Name	Yr	School	Finals
<b>Finals</b>			
1	Hannah Reichard	JR Oswego State	5:05.64A
2	Ella Impaglia	SR Nazareth	5:10.65A
3	Riley Joseph	SR Rochester	5:14.76A
4	Elena Gaffney	SO Oswego State	5:16.43A
5	Emily Dill	JR Rochester	5:18.88
6	Kelsey Fahy	JR Nazareth	5:19.29
7	Ella Blau	JR Rochester	5:26.93
8	Bailey Visingard	JR Nazareth	5:28.02
9	Maria Khalifeh	SO Rochester	5:28.41
10	Bailey Nixon	FR St. John Fis	5:30.25

11	Maggie Bacon	JR St. John Fis	5:31.11
12	Peyton Carter	SO St. John Fis	5:38.84
13	Kara Goldstein	SO Rochester	5:40.40
14	Alyssa Young	JR St. Bonavent	5:40.98
15	Felicity Scherer	FR Nazareth	5:42.53
16	Jane Beyer	FR Nazareth	5:43.52
17	Victoria Raghubar	FR RIT	5:44.16
18	CC Leavitt	FR Rochester	5:46.77
19	Alia Graziadei	SO Nazareth	5:48.23
20	Emily Miller	SO Nazareth	5:48.65
21	Abby Nash	SO St. John Fis	5:59.64
22	Sophia Rocha	FR Nazareth	5:59.77
23	Jessica Torrey	SO Oswego State	6:05.93
24	Natalie Elble	FR St. John Fis	6:06.62
25	Molly O'Neil	FR Nazareth	6:08.40
26	Jacqueline Gill	FR RIT	6:10.45
27	Abigail Principe	SR St. Bonavent	6:10.72
28	Kate DeFio	FR St. John Fis	6:12.37
29	Julay Mustafa	FR Oswego State	6:15.44
30	abigail Mainville	SR St. Bonavent	6:17.31
31	Grace Stevens	FR Oswego State	6:28.15
32	Julia Weaver	SR Oswego State	6:36.93
33	Emma Turowski	SO St. John Fis	6:38.94
34	Elizabeth Reeves	FR St. John Fis	6:40.26

**Women 3000 Meter Run**

AARTFC: 10:40.00 A

Facility: 9:22.45 F 3/15/2025 Faith Duncan

Name	Yr	School	Finals
<b>Finals</b>			
1	Kyra Pellegrino	JR Oswego State	10:27.86A
2	Olivia Grinnell	SR St. John Fis	10:42.34
3	Kelsey Fahy	JR Nazareth	10:46.74
4	Juliana Cavanaugh	FR RIT	10:50.85
5	Meghan Moyer	JR Nazareth	11:13.56
6	Jorja Smith	SO Buffalo Stat	11:38.81
7	Brooke Hudnall	SO St. Bonavent	11:39.09
8	Kylie Paylor	JR St. Bonavent	11:51.88
9	Ariane Yedidia	SO Rochester	12:05.25
10	Sophia Rocha	FR Nazareth	12:06.14
11	Megan O'Malley	JR St. John Fis	12:06.82
12	Corina Zheng	FR RIT	12:07.03
13	Nadia Dudley	SO Nazareth	12:15.34
14	Alexis Heary	SO St. John Fis	12:19.90
15	Libby Drum	SO St. John Fis	12:55.49
---	Miranda Habshi	SO St. Bonavent	DNF

**Women 5000 Meter Run**

AARTFC: 18:50.00 A

Facility: 16:31.42 F 3/14/2025 Faith Duncan

Name	Yr	School	Finals
<b>Finals</b>			
1	Lexi Hoffman	FR Buffalo Stat	20:10.49
2	Adriana Ochoa	SO Rochester	20:21.38
3	Baillie Burton	JR St. John Fis	20:49.49
4	Margaret Nawojski	SR St. John Fis	21:39.02

**Nazareth Conference Tune-Up  
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**Women 60 Meter Hurdles**

AARTFC: 9.50 A  
Facility: 8.35 F 3/15/2025 Ariyanna Garceau

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Nora Chen	JR Rochester	A 8.93Q
2	Samantha Luba	SR Nazareth	A 9.10Q
3	Amber Hayes	FR Nazareth	A 9.15Q
4	Rania Sabri	SR RIT	A 9.41Q
5	Makenna Keough	FR St. John Fis	A 9.49Q
6	Bri Reynolds	FR St. Bonavent	9.51Q
7	Katie Atkins	SO Rochester	9.69q
8	Meya McKown	JR Nazareth	9.90q
9	Jasmine Ayre	SO Nazareth	9.98
10	Abigail Snyder	FR St. John Fis	10.01
11	Mallory Rice	JR Nazareth	10.04
12	Jenna Hostetler	SO Nazareth	10.07
13	Gwendolyn Thompkins	FR St. Bonavent	10.25
14	Kaitlyn Burt	JR Nazareth	10.27
15	Zoe Noble	SR Rochester	10.46
16	Julie Durham	SO Rochester	10.79
17	Alannah Edwards	FR Oswego State	11.01
18	Heidi House	FR Buffalo Stat	11.03

**Women 60 Meter Hurdles**

AARTFC: 9.50 A  
Facility: 8.35 F 3/15/2025 Ariyanna Garceau

Name	Yr	School	Finals
<b>Finals</b>			
1	Nora Chen	JR Rochester	8.96A
2	Amber Hayes	FR Nazareth	9.04A
3	Samantha Luba	SR Nazareth	9.31A
4	Rania Sabri	SR RIT	9.34A
5	Makenna Keough	FR St. John Fis	9.47A
6	Bri Reynolds	FR St. Bonavent	9.56
7	Meya McKown	JR Nazareth	9.82

**Women 4x200 Meter Relay**

AARTFC: 1:52.00 A  
Facility: 1:43.05 F 3/2/2024 SUNY Geneseo

**B Mooney, J Ambler, K Huba, S Pynn**

Team	Relay	Finals
1	Oswego State	A 1:58.68
	1) Daiya Kowalski FR	2) Sabrina Schmitt SO
	3) Teagan Roy SO	4) Alexie Tschanz FR

**Women 4x400 Meter Relay**

AARTFC: 4:10.00 A  
Facility: 3:45.95 F 3/15/2025 Colby

**T Zeller, K Pizzi, K Ewald, F Mejico**

Team	Relay	Finals
<b>Finals</b>		
1	Rochester	A 3:53.62A
	1) Raquella Casserino JR	2) Eva Ciuffetelli JR
	3) Lauren Murphy FR	4) Nora Chen JR
2	Rochester	B 4:05.85A
	1) Rita Sciortino SR	2) Emily Dill JR
	3) Lizzie Merrill SO	4) Isabella Doty SR
3	Nazareth	A 4:15.05
	1) Abigail Bowman SO	2) Mariah LeGrow FR
	3) Mallory Rice JR	4) Ava Baker JR
4	St. John Fisher	A 4:21.11
	1) Maggie Bacon JR	2) Grace Caterina SO
	3) Brianne Hurlburt SO	4) Caitlin Voloshen SR
5	Buffalo State	A 4:29.08
	1) Shamiah Brown SO	2) D'Rajenea Hill SO
	3) Sophia Janik JR	4) Katelyn Becker JR
6	Nazareth	B 4:32.65
	1) Ella Impaglia SR	2) Emily Miller SO
	3) Alia Graziadei SO	4) Bailey Visingard JR
7	St. John Fisher	B 5:02.71
	1) Alexis Heary SO	2) Abby Nash SO
	3) Megan O'Malley JR	4) Baillee Burton JR

**Women High Jump**

AARTFC: 1.58m A  
Facility: 1.77m F 3/15/2025 Allie Wildsmith

Name	Yr	School	Finals
<b>Finals</b>			
1	Madison Macneill	JR Buffalo Stat	1.53m
2	Heidi House	FR Buffalo Stat	1.51m
3	Nora Dreslin	SR Rochester	1.48m
4	Kaleigh Durso	SO Oswego State	1.43m
5	Cassie Ward	FR Rochester	1.43m
6	Gabriella Primrose	SO Nazareth	1.38m
7	Bethany Kleiner	FR RIT	1.38m
8	Mallory Rice	JR Nazareth	1.33m
---	Grace McInerney	SO Rochester	NH
---	Nisaa Emery	FR Buffalo Stat	NH
---	Hannah Mandell	FR RIT	NH

**Women Pole Vault**

AARTFC: 3.32m A  
Facility: 4.03m F 3/1/2024 Madeline O'Connell

Name	Yr	School	Finals
<b>Finals</b>			
1	Madeline O'Connell	Garden State	4.11mF
2	Kiara Tornusciolo	SR Nazareth	3.75mA
3	Isabel Morse	SR Nazareth	3.65mA
4	Katie Atkins	SO Rochester	3.20m
5	Ashlyn Weakley	FR Nazareth	3.20m

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**Finals ... (Women Pole Vault)**

Name	Yr	School	Finals
6 Madyson Bush	SO	Nazareth	3.05m
7 Elise Mancini	FR	Nazareth	3.05m
8 Alyssa Kelleher	FR	RIT	2.90m
8 Rose Jeff	FR	RIT	2.90m
10 Ailanees Leon	FR	Nazareth	2.90m
11 Maddie Unruh	FR	Rochester	2.75m
12 Lillian Tripp	SO	St. John Fis	2.75m
--- Rosie Morse	SR	Nazareth	NH

**Women Long Jump**

**AARTFC: 5.30m A**

**Facility: 6.01m F 2/10/2024 Corintia Griffith**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ashleigh Barrett	SR	Rochester	5.48mA
2 Samantha Luba	SR	Nazareth	5.33mA
3 Anna Johnson	JR	Rochester	5.32mA
4 Kianna Naval	SO	St. John Fis	5.26m
5 Grace McInerney	SO	Rochester	5.14m
6 Sadie Omilian	SO	Rochester	5.12m
7 Jordan Wagner	JR	Nazareth	5.08m
8 Makenna Keough	FR	St. John Fis	5.05m
9 Madeline Mehring	FR	St. John Fis	5.03m
10 Madyson Bush	SO	Nazareth	4.84m
11 Melany Johnson	FR	St. John Fis	4.82m
12 Raelen Green	SO	Rochester	4.76m
13 Julia Largett	SR	Rochester	4.62m
14 Laila Perez	FR	Nazareth	4.62m
15 Sienna Lowe	FR	St. John Fis	4.54m
16 Kaleigh Durso	SO	Oswego State	4.44m
17 Teagan Roy	SO	Oswego State	4.07m
--- Jasmine Ayre	SO	Nazareth	FOUL

**Women Triple Jump**

**AARTFC: 10.90m A**

**Facility: 13.18m F 2/23/2024 Corintia Griffith**

Name	Yr	School	Finals
<b>Finals</b>			
1 Makenna Keough	FR	St. John Fis	11.33mA
2 Lauren Murphy	FR	Rochester	11.32mA
3 Rania Sabri	SR	RIT	10.62m
4 Ellerie Finger	FR	Rochester	9.95m
5 Teagan Roy	SO	Oswego State	9.76m

**Women Shot Put**

**AARTFC: 12.10m A**

**Facility: 16.15m F 2/17/2023 Victoire Kothor**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aimee Oszer	JR	Rochester	13.01mA
2 Erin McGuinness	SR	St. John Fis	12.52mA
3 Madison Vargas	JR	Rochester	12.38mA
4 Kayla Tretola	SO	Cortland St.	12.17mA
5 Jennifer Ndukwu	SR	Cortland St.	11.90m

6 Hannah McMasters	SR	Cortland St.	11.67m
7 Emily Rolince	JR	Nazareth	11.59m
8 Nora Tighe	FR	RIT	10.83m
9 Christella Leukeu	FR	RIT	10.80m
10 Marianna Justiniano	FR	Nazareth	9.55m
11 Iliana Graves	FR	Buffalo Stat	9.23m
12 Kaleigh Durso	SO	Oswego State	9.16m
13 Caitlin Keating	SR	St. John Fis	9.15m
14 Shea Masse	SR	Oswego State	7.72m
15 Rebecca Steiner	SO	Oswego State	6.82m
16 Natalia Sawyer	SR	Buffalo Stat	6.01m
--- Cheyenne McPeck	JR	Cortland St.	FOUL

**Women Weight Throw**

**AARTFC: 15.10m A**

**Facility: 20.91m F 3/14/2025 Alexis Boykin**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jennifer Ndukwu	SR	Cortland St.	17.03mA
2 Madison Vargas	JR	Rochester	16.61mA
3 Hannah McMasters	SR	Cortland St.	15.38mA
4 Jazelle McIntyre	SR	St. John Fis	15.10mA
5 Anna Steed	SR	St. John Fis	14.59m
6 Cheyenne McPeck	JR	Cortland St.	14.58m
7 Nora Tighe	FR	RIT	14.38m
8 Christina Valicenti	SR	St. John Fis	14.34m
9 Emily Rolince	JR	Nazareth	12.65m
10 Hailee Garcia	SO	St. John Fis	12.46m
11 Marianna Justiniano	FR	Nazareth	12.28m
12 Kayla Tretola	SO	Cortland St.	12.00m
13 Christella Leukeu	FR	RIT	11.87m
14 Cassidy Romano	JR	Rochester	10.89m
15 Rebecca Steiner	SO	Oswego State	10.68m
16 Shea Masse	SR	Oswego State	10.32m
--- Iliana Graves	FR	Buffalo Stat	FOUL

**Men 60 Meter Dash**

**AARTFC: 7.02 A**

**Facility: 6.62 F 3/14/2025 Sam Blaskowski**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1 Jalen Law		Scirocco (ES)	A 6.91Q
2 Sawyer Schlitt	FR	RIT	A 6.99Q
3 Terrell Price	SO	Buffalo Stat	7.04Q
4 Barack Abdallah	FR	Rochester	7.06Q
5 Jonathan Jacobs	SR	RIT	7.12q
6 Will Stiska	SO	Rochester	7.13q
7 Ethan Fox	SR	St. John Fis	7.14q
8 Brock Young	SR	St. John Fis	7.14q
9 Michael Prentice	SO	St. John Fis	7.17
10 Elijah Burnley	FR	St. John Fis	7.17
11 Corinthian Reed	SO	St. John Fis	7.19
12 Diego De Los Santos	JR	Rochester	7.22
13 Tucker Haluszczak	JR	RIT	7.22
14 Griffin Killian	JR	Nazareth	7.27

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**Preliminaries ... (Men 60 Meter Dash)**

Name	Yr	School	Prelims
15 Ray Watkins	FR	Rochester	7.28
16 Emmett Hansen	SO	Rochester	7.30
17 Greg Palma	SO	Rochester	7.30
18 Malik Davis	SR	Oswego State	7.31
19 Cam Ogletree	FR	St. Bonavent	7.32
20 Brady Do	FR	Nazareth	7.38
21 Nicholas Lusardi	JR	RIT	7.42
22 Soren Wolford	SO	Oswego State	7.53
23 Dominic Davis	FR	RIT	7.55
24 Ja'Marcus Lucas	FR	Buffalo Stat	7.73
25 Alex Reyes	SR	Oswego State	7.74

**Men 60 Meter Dash**

AARTFC: 7.02 A  
Facility: 6.62 F 3/14/2025 Sam Blaskowski

Name	Yr	School	Finals
<b>Finals</b>			
1 Jalen Law		Scirocco (ES)	6.92A
2 Terrell Price	SO	Buffalo Stat	6.95A
3 Barack Abdallah	FR	Rochester	7.06
4 Ethan Fox	SR	St. John Fis	7.11
5 Brock Young	SR	St. John Fis	7.14
6 Jonathan Jacobs	SR	RIT	7.14
--- Will Stiska	SO	Rochester	FS

**Men 200 Meter Dash Open**

AARTFC: 22.40 A  
Facility: 21.26 F 3/15/2025 Sam Blaskowski

Name	Yr	School	Finals
<b>Finals</b>			
1 Nick Driver	FR	Nazareth	22.95
2 Brighton Lumia	FR	Rochester	23.27
3 Riley Dillon	JR	St. Bonavent	23.34
4 Owen Hatungimana	SO	Rochester	23.34
5 Tyler Bernstein	FR	Rochester	23.55
6 Max Freeman	FR	Rochester	23.71
7 Shiloh Cornel	SO	Buffalo Stat	23.83
8 Cam Ogletree	FR	St. Bonavent	24.12
9 Ben Dillon	FR	St. Bonavent	24.64
10 Brady Do	FR	Nazareth	24.73
11 Ben Brewer	FR	Nazareth	24.88
--- Tucker Haluszczak	JR	RIT	DNF

**Men 200 Meter Dash Invite**

Facility: 21.26 F 3/15/2025 Sam Blaskowski

Name	Yr	School	Finals
<b>Finals</b>			
1 Greg Palma	SO	Rochester	22.46
2 Michael Prentice	SO	St. John Fis	22.72
3 Terrell Price	SO	Buffalo Stat	22.80
4 Brock Young	SR	St. John Fis	22.93
5 Evan Bryant	JR	Rochester	23.21
6 Ethan Fox	SR	St. John Fis	23.36
7 Soren Wolford	SO	Oswego State	23.98

**Men 400 Meter Dash Invite**

Facility: 46.71 F 3/15/2025 Alexander Rhodes

Name	Yr	School	Finals
<b>Finals</b>			
1 Pablo Ortiz	FR	Buffalo Stat	50.62
2 Evan Bryant	JR	Rochester	50.84
3 Riley Dillon	JR	St. Bonavent	51.37
4 Mason Wagner	FR	St. John Fis	51.46
5 Trevor Whitney	SO	Rochester	51.54
6 Owen Wolff	FR	RIT	52.14
7 Jack Healy	JR	Nazareth	52.72
8 Andrew Koubek	SR	RIT	54.16

**Men 400 Meter Dash Open**

AARTFC: 50.00 A  
Facility: 46.71 F 3/15/2025 Alexander Rhodes

Name	Yr	School	Finals
<b>Finals</b>			
1 Elijah VanHoover	JR	Rochester	51.47
2 Emerson Gatesman	SO	RIT	52.86
3 Shiloh Cornel	SO	Buffalo Stat	53.28
4 Henry Hasselbacher	FR	Rochester	53.30
5 Braxton Houghtelling	FR	St. John Fis	53.33
6 Ivan Wolf-Mialky	FR	Rochester	53.36
7 Alex Wiseman	SO	RIT	54.93
8 Ben Brewer	FR	Nazareth	55.15
9 Ja'Marcus Lucas	FR	Buffalo Stat	55.66
10 Wyatt Decker	FR	St. John Fis	56.34
11 Ben Dillon	FR	St. Bonavent	56.59
12 Tyshawn Rowland	FR	Buffalo Stat	58.48
13 Hector Cuellar	FR	Oswego State	59.55
14 Michael Rambali	SO	Buffalo Stat	1:00.39

**Men 800 Meter Run**

AARTFC: 1:57.50 A  
Facility: 1:50.08 F 3/15/2025 Cael Schoemann

Name	Yr	School	Finals
<b>Finals</b>			
1 Sidney Morris	JR	Buffalo Stat	1:57.40A
2 Jeffrey Simmons	SR	Oswego State	1:57.53
3 Matt Califf	SO	RIT	1:57.57
4 Jack Bunaes	FR	Rochester	1:59.50
5 Kaedan Leonidas	FR	Nazareth	2:00.33
6 Andy Flores-Cadiz	FR	Buffalo Stat	2:00.52
7 Aidan Hurley	JR	St. Bonavent	2:00.73
8 Trevor Kuhlman	FR	Rochester	2:00.75
9 Samuel Adamson	JR	RIT	2:00.96
10 Lucas Tartanella	SO	RIT	2:01.15
11 Brendan Steele	FR	St. Bonavent	2:03.58
12 Nathan Canale	JR	St. John Fis	2:03.79
13 Tom Mahunik	SR	Oswego State	2:04.19
14 Owen Bernstein	FR	Rochester	2:04.43
15 Matthew Ryan	JR	St. Bonavent	2:05.56
16 Luke Triplet	FR	Buffalo Stat	2:06.48
17 Miles Thompson	FR	Oswego State	2:11.47

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**Finals ... (Men 800 Meter Run)**

Name	Yr	School	Finals
18 Nick Cribbet	SO	St. Bonavent	2:12.05
19 Aidan Hafer	SR	Oswego State	2:15.58
20 Matthew Maciejewski	FR	St. Bonavent	2:15.82
21 Nolan Lyon	SO	Buffalo Stat	2:17.36
22 JT Goss	SO	Oswego State	2:18.30
23 Evan Young	FR	Oswego State	2:22.02
--- Kieran Maguire	SO	St. Bonavent	DQ

**Men 1000 Meter Run**

Facility: 2:29.41 F 2023 Jonathan Zavala

Name	Yr	School	Finals
1 Luca Strangis	FR	RIT	2:34.57
2 Jackson Frisa	FR	St. Bonavent	2:36.69
3 Benicio Benzan	SO	RIT	2:39.66
4 Kevin Renner	SO	St. Bonavent	2:40.60
5 Tony DiRubbo		Barn AC	2:41.86
6 James Hoffman	SR	St. Bonavent	2:43.49

**Men 1 Mile Run**

AARTFC: 4:22.00 A  
Facility: 4:06.45 F 3/15/2025 Nicholas Lyndaker

Name	Yr	School	Finals
1 Liam Sakakeeny	SO	Rochester	4:17.61A
2 Austin Skeete	FR	Rochester	4:25.07
3 Liam Eldridge		Unattached	4:25.40
4 Jack Tharnish		Unattached	4:34.11
5 Lucas Baker		Unattached	4:34.79
6 Aiden Konetsky	SO	St. Bonavent	4:36.52
7 Brennan Farr	JR	Nazareth	4:36.91
8 Anthony Cardoso	FR	Rochester	4:38.04
9 Aiden Holt	SR	St. Bonavent	4:39.17
10 Jack Handman	FR	St. Bonavent	4:39.27
11 Thuan Nguyen	SO	Nazareth	4:39.97
12 Connor Levy	FR	St. John Fis	4:41.20
13 Nate Flaherty	SO	RIT	4:41.91
14 Ian Kruger	FR	Buffalo Stat	4:43.93
15 Mattia Case	SR	Buffalo Stat	4:46.54
16 Miles Thompson	FR	Oswego State	4:48.53
17 Nolan Goldthwaite	SR	Rochester	4:50.99
18 Tim Hansen		Unattached	4:54.44
19 Connor Stanton	SO	St. John Fis	4:55.75
20 Evan Young	FR	Oswego State	4:57.13
21 Aidan Hafer	SR	Oswego State	4:59.54
22 JT Goss	SO	Oswego State	5:05.04
--- Jacob Bernd	SO	Rochester	DNF

**Men 3000 Meter Run**

AARTFC: 8:47.00 A  
Facility: 8:07.39 F 3/15/2025 Braden Nicholson

Name	Yr	School	Finals
1 Jace Stuart	JR	St. John Fis	8:40.33A

2 Joe Berry	SO	Rochester	8:51.36
3 Henry Smith		Unattached	8:52.46
4 Gus Smith	JR	Rochester	8:57.10
5 Noah Melita	SO	Oswego State	8:57.69
6 Alexander Rennick	FR	St. Bonavent	9:00.57
7 Connor Jackson	SR	Nazareth	9:02.63
8 Ethan Luce	SR	St. Bonavent	9:06.67
9 Rylan Powell	FR	Nazareth	9:14.95
10 Layne Haught	SO	St. Bonavent	9:17.07
11 Lucas Catarella	JR	St. Bonavent	9:18.62
12 Sam Tomm	SO	St. Bonavent	9:20.91
13 Will Straub	FR	Rochester	9:21.55
14 Nathan Merlo	SO	RIT	9:23.77
15 Michael Naylor	FR	Nazareth	9:24.61
16 Jack Handman	FR	St. Bonavent	9:25.99
17 Grady Engelbert	FR	Nazareth	9:31.87
18 Thomas (Tj) Bowes	JR	Oswego State	9:38.96
19 Mattia Case	SR	Buffalo Stat	9:40.39
20 Canton Wetzel	FR	St. Bonavent	9:51.30
21 Carter Stevens	SO	St. Bonavent	9:53.86
22 Yousef Mahamoud	SO	Nazareth	10:13.11
23 Tyler Schott	SR	St. Bonavent	10:22.34
--- Branden McColm	JR	RIT	DNF
--- KaHo Wong		Bergen Elite	DNF
--- Liam Sakakeeny	SO	Rochester	DNF
--- Jacob Bernd	SO	Rochester	DNF

**Men 5000 Meter Run**

AARTFC: 15:25.00 A  
Facility: 14:02.76 F 3/14/2025 Grant Matthai

Name	Yr	School	Finals
1 Cam Almy	SR	Nazareth	15:49.73
2 Matthew Monnes	FR	RIT	15:57.56
3 William Eskenas	JR	Rochester	15:57.89
4 Calvin Barrett	FR	RIT	16:08.56
5 Christian Schuler	FR	Nazareth	17:08.85
6 Ethan Morales	SR	St. John Fis	17:54.97

**Men 60 Meter Hurdles**

AARTFC: 8.50 A  
Facility: 7.76 F 3/15/2025 Jason Agyemang

Name	Yr	School	Prelims
1 Trystan Biller	SO	St. John Fis	A 8.33Q
2 Jalil Coppedge	SO	Buffalo Stat	A 8.48Q
3 Elijah VanHoover	JR	Rochester	8.51Q
4 Julius Arias	SO	Buffalo Stat	8.53Q
5 Aaron Lund	SR	Nazareth	8.63Q
6 Oren Welch	SO	St. John Fis	8.65Q
7 Eric Antonecchia	SR	RIT	8.68q
8 Jack Pomykaj	SR	Nazareth	8.71q
9 Quillan Shimp	JR	Rochester	8.71
10 Jasiah Cole	SO	Buffalo Stat	8.75
11 Tajkeoni Ryan	FR	Buffalo Stat	8.85

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<b>Preliminaries ... (Men 60 Meter Hurdles)</b>			
Name	Yr	School	Prelims
12 Owen Alexander	FR	Rochester	8.87
13 Nolan Lyon	SO	Buffalo Stat	9.00
14 Cory Morton	SO	Oswego State	9.03
15 Carlo Cipolla	FR	St. John Fis	9.16
16 London Premo	FR	St. John Fis	9.30
17 Ben Dillon	FR	St. Bonavent	9.60
18 Harrison Barrett	FR	Buffalo Stat	9.90

**Men 60 Meter Hurdles**  
**AARTFC: 8.50 A**  
**Facility: 7.76 F 3/15/2025 Jason Agyemang**

Name	Yr	School	Finals
<b>Finals</b>			
1 Trystan Biller	SO	St. John Fis	8.41A
2 Aaron Lund	SR	Nazareth	8.54
3 Oren Welch	SO	St. John Fis	8.59
4 Jalil Coppedge	SO	Buffalo Stat	8.65
5 Jack Pomykaj	SR	Nazareth	8.72
6 Eric Antonecchia	SR	RIT	8.74
7 Julius Arias	SO	Buffalo Stat	8.81

**Men 4x200 Meter Relay**  
**AARTFC: 1:33.50 A**  
**Facility: 1:27.45 F 3/5/2022 Rowan**

**R McKinney, N Agyemang, A Conte, J Beasley**

Team	Relay	Finals
<b>Finals</b>		
1 Oswego State	A	1:34.87
1) Soren Wolford SO	2) Tom Mahunik SR	
3) Alex Reyes SR	4) Jeffrey Simmons SR	
2 Rochester	B	1:35.01
1) Max Freeman FR	2) Tyler Bernstein FR	
3) Ivan Wolf-Mialky FR	4) Henry Hasselbacher FR	
--- Rochester	A	DNF
1) Barack Abdallah FR	2) Brighton Lumia FR	
3) Diego De Los Santos JR	4) Will Stiska SO	

**Men 4x400 Meter Relay**  
**AARTFC: 3:27.00 A**  
**Facility: 3:12.59 F 3/15/2025 Cortland St.**

**E Jensen, Z Cheatham, H Gavalas, J Jeffes**

Team	Relay	Finals
<b>Finals</b>		
1 Nazareth	B	3:30.71
1) Nick Driver FR	2) Griffin Killian JR	
3) Kaedan Leonidas FR	4) Jack Healy JR	
2 Nazareth	A	3:31.88
1) Michael Puglisi SR	2) Gavin McAllister SR	
3) Thuan Nguyen SO	4) Evan Laurenzo FR	
3 St. John Fisher	A	3:55.14
1) Connor Levy FR	2) Wyatt Decker FR	
3) Nathan Canale JR	4) Connor Stanton SO	

--- Buffalo State	A	DNF
1) Sidney Morris JR	2) Pablo Ortiz FR	
3) Andy Flores-Cadiz FR	4) Luke Triplet FR	

**Men High Jump**  
**AARTFC: 1.93m A**  
**Facility: 2.20m F 3/5/2022 Kyle Rollins**

Name	Yr	School	Finals
<b>Finals</b>			
1 Aadit Jain	SR	Rochester	1.95mA
2 Erich Brown	JR	RIT	1.83m
3 Paul Busby	FR	RIT	1.78m
3 Bradley Baybutt	SR	RIT	1.78m
3 Ray Watkins	FR	Rochester	1.78m
6 Theo Mueller	FR	Rochester	1.78m
7 Dominic Davis	FR	RIT	1.78m
8 Griffin Killian	JR	Nazareth	1.78m
8 Nasir Lanier	FR	St. John Fis	1.78m
10 Nicholas Galasso	SO	RIT	1.73m
10 Aaron Lund	SR	Nazareth	1.73m
12 Emmett Hansen	SO	Rochester	1.73m
13 Brendan Hall	SO	St. John Fis	1.73m
14 Quillan Shimp	JR	Rochester	1.68m
15 Tate Finger	JR	Rochester	1.68m
--- Harrison Barrett	FR	Buffalo Stat	NH

**Men Pole Vault**  
**AARTFC: 4.45m A**  
**Facility: 5.40m F 12/6/2019 Zach Ferrara**

Name	Yr	School	Finals
<b>Finals</b>			
1 Zach Ferrara		Unattached	5.22mA
2 Hayden Penna	JR	St. John Fis	5.02mA
3 Cody Reeth	SR	Rochester	4.62mA
4 Oren Welch	SO	St. John Fis	4.47mA
5 Brant Nicholls	FR	Rochester	4.47mA
5 Dylan Buckingham	FR	Nazareth	4.47mA
7 Michael Murray	FR	RIT	4.47mA
8 Jack Pomykaj	SR	Nazareth	4.17m
9 Evan Laurenzo	FR	Nazareth	4.02m
9 Jack Maness	SR	Rochester	4.02m
11 Cyrus Comfort	JR	RIT	4.02m
11 Nolan Armitage	SO	Nazareth	4.02m
13 Andrew Rohde	SO	RIT	3.87m
14 Ashton Tokarski	JR	Rochester	3.62m
--- Will D'Agata	SO	Nazareth	NH
--- Richard Grabski	FR	St. John Fis	NH
--- Noah Koeng	SR	RIT	NH

**Men Long Jump**  
**AARTFC: 6.75m A**  
**Facility: 7.81m F 3/14/2025 Joshua Rivers**

Name	Yr	School	Finals
<b>Finals</b>			
1 Jack Pomykaj	SR	Nazareth	6.42m
2 Kyle Kelsey	JR	Rochester	6.36m

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**Finals ... (Men Long Jump)**

Name	Yr	School	Finals
3 Quinn Grover	SO	Buffalo Stat	6.35m
4 Aden Memoli	FR	RIT	6.29m
5 Cory Morton	SO	Oswego State	6.24m
6 Samuel Burns	SO	St. John Fis	6.17m
7 Cole Henderson	SO	RIT	6.13m
8 D'Antonio Lawrence	SO	Buffalo Stat	6.09m
9 Harrison Barrett	FR	Buffalo Stat	6.09m
10 Jason Weng	SR	St. John Fis	5.81m
11 Griffin Killian	JR	Nazareth	5.80m
12 Alex Reyes	SR	Oswego State	5.47m

**Men Triple Jump**

**AARTFC: 13.50m A**

**Facility: 15.57m F 12/6/2024 Cole Goodman**

Name	Yr	School	Finals
1 Cory Morton	SO	Oswego State	13.61mA
2 Aden Memoli	FR	RIT	12.85m
3 Quinn Grover	SO	Buffalo Stat	12.85m
4 Evan Reynolds	FR	RIT	11.96m
--- Nicholas Erickson	FR	St. John Fis	FOUL

**Men Shot Put**

**AARTFC: 14.50m A**

**Facility: 18.35m F 3/15/2025 Adam Strouf**

Name	Yr	School	Finals
1 Isaiah Brunache	SR	Cortland St.	16.93mA
2 Graeden Heichberger	SO	Nazareth	16.42mA
3 Evan Collette	JR	Cortland St.	16.08mA
4 Elliott Supley	FR	Cortland St.	15.67mA
5 Ethan Beer	JR	Rochester	15.53mA
6 Ethan Mitrano	FR	Buffalo Stat	14.85mA
7 Luke Chamberlain	JR	Cortland St.	14.59mA
8 Dean Bartles	SR	RIT	14.40m
9 Daniel Davis	SO	St. John Fis	14.30m
10 Matthew Thompson	FR	Buffalo Stat	13.83m
11 Sean Keane	JR	Cortland St.	13.70m
12 Joshua Dolansky	SO	RIT	13.33m
13 Joey Curr	SR	St. John Fis	13.18m
14 Eddie Bedient	SR	RIT	12.90m
15 Donovan DuBard	FR	Buffalo Stat	12.55m
16 Cabe Hogue	JR	Cortland St.	12.54m
17 Joseph O'Connell	JR	Buffalo Stat	12.40m
18 Eric Gordon-Wheeler	FR	Oswego State	12.36m
19 Alex Hermann	FR	Rochester	11.96m
20 David Dobrowolski	JR	Nazareth	11.72m
21 Michael Carlson	SR	Oswego State	11.72m
22 Noah Wilson	JR	RIT	11.65m
23 Joseph Main	SO	St. John Fis	11.59m
24 Kevin Taylor	SO	RIT	10.64m
25 London Premo	FR	St. John Fis	10.36m
26 Andrew Connolly	SO	St. John Fis	10.34m
27 Dominic Davis	FR	RIT	9.79m

28 Jack Barnes	FR	Nazareth	9.70m
29 Neil Blaisdell	JR	Oswego State	9.35m
--- Sean Elliott	FR	Rochester	FOUL

**Men Weight Throw**

**AARTFC: 15.70m A**

**Facility: 20.94m F 3/2/2024 Nathan Williams**

Name	Yr	School	Finals
1 Isaiah Brunache	SR	Cortland St.	19.84mA
2 Brandon Kaplan	SR	St. John Fis	18.54mA
3 David Dobrowolski	JR	Nazareth	17.53mA
4 Evan Collette	JR	Cortland St.	17.43mA
5 Graeden Heichberger	SO	Nazareth	17.35mA
6 Ethan Kaufman	FR	Rochester	16.42mA
7 Ethan Mitrano	FR	Buffalo Stat	16.13mA
8 Armaan Butler	JR	Rochester	16.10mA
9 Elliott Supley	FR	Cortland St.	15.06m
10 Luke Chamberlain	JR	Cortland St.	15.04m
11 Bryan Honan	SO	Buffalo Stat	14.95m
12 Eric Gordon-Wheeler	FR	Oswego State	14.80m
13 Sean Keane	JR	Cortland St.	14.80m
14 Cabe Hogue	JR	Cortland St.	14.79m
15 Eddie Bedient	SR	RIT	14.73m
16 Michael Zatlukal	SO	St. John Fis	14.60m
17 Donovan DuBard	FR	Buffalo Stat	14.55m
18 Dean Bartles	SR	RIT	14.29m
19 Gavin Grinnell	SR	St. John Fis	14.27m
20 Blake Reese	SO	St. John Fis	13.78m
21 Bryce Grove	SR	St. John Fis	12.88m
22 Lucas Grove	FR	St. John Fis	12.87m
23 Michael Carlson	SR	Oswego State	11.98m
24 Kevin Taylor	SO	RIT	11.81m
25 Josh Lucas-Towers	FR	Rochester	11.06m
26 Joseph O'Connell	JR	Buffalo Stat	10.95m
27 Jack Barnes	FR	Nazareth	10.72m
--- Sean Elliott	FR	Rochester	FOUL
--- Alex Hermann	FR	Rochester	FOUL