

**All-Atlantic Region
Outdoor Track & Field Championships
Hosted By Ursinus - 5/13/2026 to 5/14/2026
Performance List**

Event 13 Women 100 Meter Dash Prelims

Name	Yr	School	Seed Time
1 Simone Waheed	JR	Colby	11.67
2 Lucia Garcia-Beltran	SR	TCNJ	11.74
3 Aynisha McQuillar	SO	Ithaca	11.94
4 McKay Alby	SO	Montclair St	11.96
5 Shaesha Johnson	SO	SUNY Delhi	11.99
6 Rachel Kulp	SR	RIT	12.02
7 Mirra Klimov	SR	Johns Hopkin	12.03
8 Charlotte Brake-Hoffman	SO	Colby	12.04
8 Samantha Sharrow	SR	Scranton	12.04
10 Katherine DeFosse	JR	Springfield	12.12
11 Maile O'Neill	SO	Montclair St	12.13
12 Kendall Sobczyk	SR	Cortland St.	12.16
13 Nadly Gyapong	SO	Ursinus	12.18
14 Alaina Morley	SR	Nazareth	12.20
15 Jocelyn Smith	JR	Scranton	12.21
16 Abigail Dorunda	SO	St. John Fis	12.25
17 Ashley Gordon	JR	Ramapo	12.27
18 Sage Hendershot	JR	Drew	12.31
18 Aisha Garcia	SO	Montclair St	12.31
20 Lauren Dunnigan	JR	Franklin & M	12.32
21 Emily Heiner	FR	St. John Fis	12.35
22 Raven Orange	JR	New Jersey C	12.37
23 Kiara White	SO	Grove City	12.38
24 Mia O'Neill	SO	Hamilton	12.39
24 Gracie French	SO	Juniata	12.39
26 Tatiana McCray	SO	Hamilton	12.40
26 Mya Walker	JR	Rowan	12.40
26 Angela Nuse	JR	York (Pa.)	12.40
29 Chidimma Igwe	SR	Rutgers-Newa	12.42
30 Lindsay Tellez	SO	SUNY Geneseo	12.45
31 Makenna Manson	SO	St. John Fis	12.46
32 Morgan Levine	SO	Ramapo	12.47
32 Katherine Doran	JR	Union (N.Y.)	12.47
34 Olivia Nicholls	FR	Oneonta	12.49
35 Marykate Rudnicki	SO	Ithaca	12.50
36 Abigail Falk	FR	PSU-Behrend	12.52
36 Ella Couchon	JR	Springfield	12.52
38 Anna Zinsser	SR	Johns Hopkin	12.55
39 Sadie Nugent	FR	Arcadia	12.56
40 Kayla Anastasia	SR	SUNY Geneseo	12.57
41 Gabby Welter	FR	Lebanon Vall	12.59
42 Daniela Pilier	SR	Smith	12.67
43 Emerson Aber	SR	Marymount (V)	12.84
44 Tess Barber	FR	RIT	13.01

Event 19 Women 200 Meter Dash

Name	Yr	School	Seed Time
1 Miranda Cole	JR	SUNY Delhi	23.85
2 Shaesha Johnson	SO	SUNY Delhi	24.11
3 Lucia Garcia-Beltran	SR	TCNJ	24.19
4 McKay Alby	SO	Montclair St	24.32
5 Simone Waheed	JR	Colby	24.35

6 Nyla Jones	SO	Rowan	24.67
7 Charlotte Brake-Hoffman	SO	Colby	24.71
8 Reyanna Henderson	SR	New Jersey C	24.75
9 Kelsey Thomas	JR	TCNJ	24.83
10 Olivia Nicholls	FR	Oneonta	24.89
11 Aynisha McQuillar	SO	Ithaca	24.91
12 Samantha Sharrow	SR	Scranton	24.96
13 Nadly Gyapong	SO	Ursinus	24.99
14 Kaelin Ryan	SR	Ursinus	25.00
15 Jocelyn Smith	JR	Scranton	25.02
16 Emily Camlet	SR	Drew	25.05
17 Shiann Williams	SO	Utica	25.12
17 Natalia Sawyer	SR	Buffalo Stat	25.12
19 Raquella Casserino	JR	Rochester	25.15
19 Ilana Hawkins	JR	Marymount (V)	25.15
21 Lindsay Tellez	SO	SUNY Geneseo	25.17
22 Paige Franklin	SO	Rowan	25.20
22 Amari Pinkett	SO	Rowan	25.20
24 Ava Matter	SO	Lebanon Vall	25.28
25 Lizzie Merrill	SO	Rochester	25.32
26 Kiara White	SO	Grove City	25.34
27 Madison Parker-Anderson	FR	Ramapo	25.36
28 Gracie French	SO	Juniata	25.37
29 Maile O'Neill	SO	Montclair St	25.40
29 Juliana Riemersma	FR	St. John Fis	25.40
31 Abigail Dorunda	SO	St. John Fis	25.41
31 Tatiana McCray	SO	Hamilton	25.41
31 Caleigh Bold	JR	Elizabethtow	25.41
34 Ashley Gordon	JR	Ramapo	25.52
35 Raven Orange	JR	New Jersey C	25.54
36 Chidimma Igwe	SR	Rutgers-Newa	25.56
37 Mackenzie Kubat	SO	SUNY Geneseo	25.67
38 Bianca Burke	SR	FDU-Florham	25.68
39 Makenna Manson	SO	St. John Fis	25.69
40 Kayla Anastasia	SR	SUNY Geneseo	25.79
40 Megan Fornwalt	FR	DeSales	25.79
42 Tally Zeller	SR	Colby	26.06
43 Mileyshka Calderon	JR	Lebanon Vall	NT

Event 11 Women 400 Meter Dash

Name	Yr	School	Seed Time
1 Grace Yarkosky	SR	Plattsburgh	55.04
2 Emily Camlet	SR	Drew	56.01
3 Sophia Pascale	FR	Ursinus	56.06
4 Natalia Sawyer	SR	Buffalo Stat	56.47
5 Kaitlyn Ewald	JR	Colby	56.53
6 Ilana Hawkins	JR	Marymount (V)	56.67
7 Alex Hermsdorf	FR	Colby	56.86
8 Shiann Williams	SO	Utica	56.94
9 Sierra Doody	SR	SUNY Geneseo	57.01
10 Raquella Casserino	JR	Rochester	57.08
11 Caleigh Bold	JR	Elizabethtow	57.21
12 Reyanna Henderson	SR	New Jersey C	57.41
13 Juliana Riemersma	FR	St. John Fis	57.53
14 Nadine Lauffer	SO	Grove City	57.54

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Event 11 ... (Women 400 Meter Dash)

Name	Yr	School	Seed Time
15 Olivia Miller	SR	Scranton	57.63
16 Sydney Meeks	FR	Springfield	57.82
17 Bianca Burke	SR	FDU-Florham	57.83
18 Gracie Tourangeau	FR	St. Mary's (57.88
19 Amari Pinkett	SO	Rowan	57.90
20 Isabella Shanley	JR	Stevens	57.92
21 Katherine Smith	SO	King's (Pa.)	58.03
22 Gabrielle Brown	SO	SUNY Delhi	58.33
23 Paige Franklin	SO	Rowan	58.43
24 Zoe Rodi	SR	SUNY Delhi	58.50
25 Ruby Austin	FR	Hamilton	58.54
26 Savannah Owens	JR	St. Mary's (58.60
27 Ava Butler	SO	Ithaca	58.93
28 London Best	FR	St. Mary's (59.00
29 Cameron Ruffini	SR	TCNJ	59.50
30 Tasia Miniotis	SR	Scranton	59.78
31 Brianna Wise	SO	Plattsburgh	1:00.53

Event 15 Women 800 Meter Run

Name	Yr	School	Seed Time
1 Amanda Intrieri	SO	SUNY Delhi	2:10.29
2 Dale Leonard	JR	Ramapo	2:10.42
3 Nicole Gretzinger	SR	SUNY Geneseo	2:10.72
4 Kay Wiscount	SO	DeSales	2:11.12
5 Eva Ciuffetelli	JR	Rochester	2:11.37
6 Oli Kraynik	JR	Alfred State	2:12.02
7 Olivia Doherty	SR	Colby	2:12.10
8 Audrey Karwowski	SR	Grove City	2:13.46
9 Grace Morningstar	JR	Misericordia	2:13.66
10 Hannah Reichard	JR	Oswego State	2:14.01
11 Kelly O'Grady	SR	TCNJ	2:14.15
12 Annalise Kauffman	SR	Franklin & M	2:14.64
13 Olivia Miller	SR	Scranton	2:15.35
13 Kyleigh Record	SO	Union (N.Y.)	2:15.35
15 Lizzie Lowe	SO	Vassar	2:15.65
16 Addison Kleinle	SO	Elizabethtow	2:15.93
17 Rita Sciortino	SR	Rochester	2:16.99
18 Autumn Garges	SR	Lebanon Vall	2:17.05
19 Emma Chrismer	SO	Hamilton	2:17.11
20 Madison Beaudoin	FR	St. Lawrence	2:17.29
21 Lisa O'Sullivan	SO	Rowan	2:17.76
21 Emily Dill	JR	Rochester	2:17.76
23 Sofia Jurusz	JR	Smith	2:17.88
24 Ava Rizzo	JR	Rowan	2:18.22
25 Kelsey Fahy	JR	Nazareth	2:18.48
26 Brianne Hurlburt	SO	St. John Fis	2:18.74
27 Mariah LeGrow	FR	Nazareth	2:18.90
28 Peyton Knott	SO	Springfield	2:18.96
28 Nora Burroughs	FR	Hamilton	2:18.96
30 Annie Herrmann	JR	Grove City	2:19.07
31 Arianna McClendon	SO	Utica	2:19.09
32 Amanda Schneider	FR	Colby	2:19.24
33 Grace Curnow	SR	Arcadia	2:19.35

34 Jenna Binney	SO	Houghton	2:19.57
35 Catherine Collins	JR	Smith	2:19.69
36 Isabel Vogel	SR	Stevens	2:19.85
36 Catherine Manna	SO	Utica	2:19.85
36 Alex Grivas	SR	TCNJ	2:19.85
39 Kate Scibelli	SR	Hamilton	2:19.87
40 Jane Huss	FR	St. Vincent	2:20.84
41 Avery Arizzi	JR	St. Mary's (2:21.82
42 Kyra Binney	SR	Houghton	2:22.58
43 Taylor Enes	SR	Stevens	2:23.11
44 Evelyn Sahd	FR	King's (Pa.)	2:25.80

Event 7 Women 1500 Meter Run

Name	Yr	School	Seed Time
1 Natalia Sweat	SO	Oneonta	4:32.11
2 Hannah Reichard	JR	Oswego State	4:32.78
3 Lyda Martin	SR	Smith	4:33.31
4 Ethne Degan	SO	Brockport St	4:34.84
5 Ella Impaglia	SR	Nazareth	4:36.32
6 Cayla Lawrence	JR	Grove City	4:38.79
7 Grace Neubert	SO	St. Vincent	4:38.90
8 Jezena Aponte	JR	Rowan	4:39.47
9 Addison Kleinle	SO	Elizabethtow	4:39.82
10 Autumn Garges	SR	Lebanon Vall	4:41.81
11 Allyson Wernik	JR	Rowan	4:42.17
12 Caitlin Voloshen	SR	St. John Fis	4:44.58
13 Isabella Gabay	SO	Stevens	4:46.38
14 Julianna Lindberg	SO	Grove City	4:46.50
15 Kayleigh Milligan	SO	Ithaca	4:46.52
16 Eva Reilly	JR	RIT	4:47.16
17 Marlo Townsend	JR	Utica	4:47.51
18 Gianna Burgio	SR	Rowan	4:47.81
19 Joy Petersen	SR	Ithaca	4:47.99
20 Emily Pogozeleski	SR	Hamilton	4:48.01
21 Riley Joseph	SR	Rochester	4:48.08
22 Lily Murphy	SR	St. Vincent	4:48.41
23 Annabel Dobash	JR	Union (N.Y.)	4:48.56
24 Therese Georgia	JR	RIT	4:48.73
25 Evie Eastman	JR	SUNY Delhi	4:49.04
26 Brielle Frable	FR	Misericordia	4:49.66
27 Brooke Meberg	JR	Ramapo	5:01.61

Event 21 Women 5000 Meter Run

Name	Yr	School	Seed Time
1 Madison Hedglin	FR	Misericordia	16:58.29
2 Grace Neubert	SO	St. Vincent	17:14.44
3 Molly Fitzgibbons	SR	Rochester	17:24.54
4 Anika Mueller-Hickler	SR	Vassar	17:25.40
5 Lola Gitlin	FR	Ithaca	17:28.58
6 Chloe Bibula	SO	Vassar	17:31.56
7 Tara Silverman	SO	Franklin & M	17:33.86
8 Melissa Innocent	JR	Cortland St.	17:37.08
9 Therese Georgia	JR	RIT	17:39.29
10 Shannon Stakelbeck	JR	Rowan	17:40.58
11 Hannah Pawlowski	SO	Ithaca	17:45.19

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Event 21 ... (Women 5000 Meter Run)

Name	Yr	School	Seed Time
12 Marlo Townsend	JR	Utica	17:47.51
13 Phoebe Peer	SO	Cortland St.	17:51.19
14 Ella Daly	SO	TCNJ	17:52.08
15 Mia Sideris	SR	Ursinus	17:55.47
16 Madison Kammer	SR	Misericordia	17:56.78
17 Sam Mermelstein	FR	Rochester	17:56.92
18 Teagan Walker	FR	TCNJ	17:57.70
19 Kyra Pellegrino	JR	Oswego State	18:04.93
20 Briana Ostheller	SO	Cortland St.	18:05.83
21 Ava Biemuller	SO	TCNJ	18:06.47
22 Gia Engel	JR	Oneonta	18:09.51
23 Sophia Bostwick	JR	Susquehanna	18:12.15
24 Kayla O'Neil	JR	Moravian	18:12.94
25 Salma Moumen	FR	Brockport St	18:13.73
26 Grace Estus	JR	Plattsburgh	18:15.64
27 Anya Sloth	JR	Oneonta	18:19.09
28 Jessica Goode	SR	Ithaca	18:19.10
29 Gianna Penyak	SO	Ramapo	18:19.19
30 Katherine Veivia	FR	Moravian	18:27.19
31 Kelsey Hanna	FR	PSU-Behrend	18:28.35
32 Micah Gordley	SR	RIT	18:28.69
33 Avery Blanchard	SO	St. Lawrence	18:30.01
33 Nora Goldberg-Courtney	SR	Vassar	18:30.01
35 Hillary Connor	SR	Smith	18:34.05
36 Lindsey Hartle	SR	PSU-Behrend	18:34.53
37 Maggie Michelet	JR	Rowan	18:36.85
38 Alison Sponseller	JR	Susquehanna	19:00.58

Event 1 Women 10000 Meter Run

Name	Yr	School	Seed Time
1 Tara Smurla	SR	Moravian	36:15.92
2 Taylor Harris	SR	Hamilton	36:45.16
3 Ella Blau	JR	Rochester	36:48.97
4 Alyssa Horng	SR	Rochester	36:51.21
5 Noelle Linenfelser	SR	Houghton	36:55.66
6 Ella McCrum	FR	Juniata	37:24.46
7 Elena Gaffney	SO	Oswego State	38:15.78
8 Brynita Haas	SR	Hartwick	38:51.66
9 Callie Gorman	JR	Scranton	39:08.17
10 Amelia Gronert	SO	Smith	39:09.07
11 Jane Beyer	FR	Nazareth	39:11.15
12 Abigail Churchill	SR	Montclair St	39:14.11
13 Rachel Ulrich	SR	Misericordia	39:23.40
14 Hailey Morrison	FR	Brockport St	39:25.07
15 Maggie Holderith	JR	Muhlenberg	39:27.93
16 Aria Larson	JR	Houghton	39:28.79
17 Tori Champagne	SR	Moravian	39:32.62
18 Jill Cinquina	FR	Oneonta	39:33.69
19 Jennifer Reagan	SR	Brockport St	39:35.98
20 Emberlynn Nolt	SO	Houghton	39:41.58
21 Abigail Polus	JR	Brockport St	39:46.49
22 Ella Mitchell	SO	St. Mary's (39:55.17
23 Meghan Moyer	JR	Nazareth	39:56.23

24 Emily Harrington	FR	DeSales	40:04.92
25 Juliana Sieminski	FR	Rowan	40:09.73
26 Savannah Hodgens	SR	TCNJ	40:17.81
27 Jessica Torrey	SO	Oswego State	41:28.91

Event 9 Women 100 Meter Hurdles Prelims

Name	Yr	School	Seed Time
1 Rachel Larson	SR	Ithaca	13.76
2 Katherine DeFosse	JR	Springfield	13.82
3 Nyla Jones	SO	Rowan	13.92
4 Kaelin Ryan	SR	Ursinus	14.23
5 Nora Chen	JR	Rochester	14.33
6 Emma Shafnisky	SO	Moravian	14.54
7 Mackenzie Kubat	SO	SUNY Geneseo	14.58
8 Ashley Sheldon	JR	Union (N.Y.)	14.61
9 Molly White	SR	Scranton	14.75
10 Keira Gibbons	FR	Rowan	14.77
11 Jahmilia Dennis	SR	Vassar	14.95
12 Lauren Dunnigan	JR	Franklin & M	15.00
13 Cara Doyle	SO	Misericordia	15.02
13 Alicia Riggins	FR	Montclair St	15.02
15 Emily Hoysan	FR	DeSales	15.03
16 Rania Sabri	SR	RIT	15.20
17 Olivia Jensen	JR	Utica	15.26
18 Amber Hayes	FR	Nazareth	15.29
19 Abigail Jones	FR	Ramapo	15.33
20 Evelyn Kim	SR	Johns Hopkin	15.39
21 Sophia Barclay	JR	SUNY Geneseo	15.40
22 Mikayla Mitchell	JR	Lebanon Vall	15.42
23 Alyssa Varias	FR	Susquehanna	15.50
23 Abigail Reed	JR	Lebanon Vall	15.50
25 Jordan Roskiewicz	SO	Colby	15.57
25 Sarah Kroedel	SR	Stevenson	15.57
27 Claudia Chong	JR	Ithaca	15.60
28 Isabella Scott	SO	Plattsburgh	15.63
29 Caroline Kozera	JR	St. Vincent	15.65
30 Eko Dodd-Brown	JR	Oneonta	15.72

Event 17 Women 400 Meter Hurdles

Name	Yr	School	Seed Time
1 Nora Chen	JR	Rochester	59.61
2 Mackenzie Burke	JR	TCNJ	1:01.40
3 Kirsten Navich	SO	Elizabethtow	1:02.41
4 Sophia Barclay	JR	SUNY Geneseo	1:03.49
5 Lexi Rodriguez	SR	Brockport St	1:03.84
6 Lauren Alley	SO	Stevens	1:04.28
7 Casey Noonan	FR	TCNJ	1:04.39
8 Samantha Crisci	SR	RIT	1:04.52
9 Anya Sadowski	SO	Stevens	1:04.64
10 Jaiden Schrag	SO	Oneonta	1:04.71
11 Stella Riley	FR	SUNY Geneseo	1:04.76
12 Isabella Scott	SO	Plattsburgh	1:05.08
13 Quinn Cushing	SO	Colby	1:05.30
14 Abigail Jones	FR	Ramapo	1:05.65
15 Lacey Simmons	FR	Utica	1:05.92

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Event 17 ...(Women 400 Meter Hurdles)

Name	Yr	School	Seed Time
15 Camille Williams	FR	York (Pa.)	1:05.92
17 Annabelle Townsend	SR	Alfred	1:07.60
18 Mallory Rice	JR	Nazareth	1:07.80
19 Lillian Williams	SR	Franklin & M	1:09.71

Event 3 Women 3000 Meter Steeplechase

Name	Yr	School	Seed Time
1 Ella Impaglia	SR	Nazareth	11:09.02
2 Charlotte Warner	SO	SUNY Delhi	11:11.12
3 Lucy Kreipke	JR	Smith	11:17.93
4 Eva Reilly	JR	RIT	11:17.99
5 Rachael Ladd	SR	RIT	11:30.65
6 Kaitlyn Adams	JR	Stevens	11:33.63
7 Bailey Visingard	JR	Nazareth	11:44.50
8 Kara Goldstein	SO	Rochester	11:44.67
9 Logan Brasacchio	SR	Ithaca	11:46.51
10 Adriana Ochoa	SO	Rochester	11:47.21
11 Cassandra Burt	FR	Misericordia	11:47.39
12 Madison Kirkpatrick	JR	Brockport St	11:47.53
13 Emily Zanni	JR	Rowan	11:49.93
14 Eilis McKenna	FR	Union (N.Y.)	11:51.02
15 Alexis Hockenberry	JR	Moravian	11:51.25
16 Charlotte Huck	SO	Hamilton	11:57.01

Event 5 Women 4x100 Meter Relay Prelims

Team	Relay	Seed Time
1 Johns Hopkin		46.52
1) Mirra Klimov SR	2) Chloe Zhang JR	
3) Ellie Lewis JR	4) Dominique Thomas SR	
2 Colby		46.70
1) Tally Zeller SR	2) Kaitlyn Ewald JR	
3) Simone Waheed JR	4) Charlotte Brake-Hoffman SC	
5) Alex Hermsdorf FR		
3 TCNJ		46.83
1) Mackenzie Burke JR	2) Petra Doherty SO	
3) Kelsey Thomas JR	4) Lucia Garcia-Beltran SR	
5) Cameron Ruffini SR		
4 Montclair St		47.43
1) Aisha Garcia SO	2) Maile O'Neill SO	
3) Kaelyn Rodriguez SO	4) McKay Alby SO	
5 Ursinus		47.46
1) Laela Middleton FR	2) Sophia Pascale FR	
3) Nadly Gyapong SO	4) Kaelin Ryan SR	
6 Scranton		47.86
1) Samantha Solar FR	2) Samantha Sharrow SR	
3) Kaia Grantham SO	4) Jocelyn Smith JR	
7 Ramapo		47.87
1) Lauren Daniels FR	2) Ashley Gordon JR	
3) Morgan Levine SO	4) Madison Parker-Anderson FI	
8 Oneonta		47.95
1) Jaiden Schrag SO	2) Olivia Nicholls FR	
3) Gracie Gorrell FR	4) Nicolette DuBose JR	

9 Rowan	48.06
1) Denirah Jones FR	2) Amari Pinkett SO
3) Mya Walker JR	4) Nyla Jones SO
5) Paige Franklin SO	
10 St. John Fis	48.09
1) Abigail Dorunda SO	2) Makenna Manson SO
3) Emily Heiner FR	4) Ella Radley SO
11 Vassar	48.10
1) Jamie Eu SR	2) Lianna Camille SO
3) Lainie D'Auria SO	4) Maddie Seguin FR
12 Allegheny	48.33
1) Mariah Helvy-Bruce FR	2) Aubryanna Snyder JR
3) Renee Tetlow SR	4) Evie Ellenberger SO
13 Hamilton	48.39
1) Mackenzie Loudon FR	2) Tatiana McCray SO
3) Mia O'Neill SO	4) Marley Meyers SO
14 Ithaca	48.61
1) Marykate Rudnicki SO	2) Rachel Larson SR
3) Ava Butler SO	4) Aynisha McQuillar SO
15 Lebanon Vall	48.79
1) Gabby Welter FR	2) Ava Matter SO
3) Caitlyn Kovatch FR	4) Mileyska Calderon JR
16 Arcadia	48.98
1) Julia Kronimus FR	2) Sadie Nugent FR
3) Paige Agnew JR	4) Emma Mae Jones SR
17 Moravian	49.04
1) Morgan Tandy FR	2) Shai Knight SR
3) Kennedy Simons SO	4) Emma Shafnisky SO
18 Elizabethtow	49.12
1) Grace Tessier FR	2) Liliana Zimmerman SO
3) Sophie Shadle SO	4) Caleigh Bold JR
19 Nazareth	49.18
1) Alexis Lasher SR	2) Alaina Morley SR
3) Jasmine Kendrick JR	4) Amber Hayes FR
5) Samantha Luba SR	
20 St. Mary's (49.23
1) Savannah Owens JR	2) London Best FR
3) Oliviah Walton FR	4) Rocksann Smith SO
21 PSU-Behrend	49.31
1) Chloe Yazembiak SO	2) Abigail Falk FR
3) Caroline McDevitt SO	4) Ana Buck FR
5) Ruby Lormejuste FR	
22 Grove City	49.56
1) Hannah Roegiers SO	2) Nadine Lauffer SO
3) Lucy Gyergyo SO	4) Kiara White SO
23 RIT	49.85
1) Tess Barber FR	2) Abigail Gelinis FR
3) Rania Sabri SR	4) Rachel Kulp SR
24 St. Vincent	49.99
1) Amanda Kane SO	2) Caroline Kozera JR
3) Madelyn Hopsicker SO	4) Gabrielle Dove SO
25 Medgar Evers	51.64
1) Danajah Lawrence FR	2) Brianna Lindo FR
3) Jada Lambert JR	4) Thenica Thompson SO

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Event 5 ... (Women 4x100 Meter Relay Prelims)

Team	Relay	Seed Time
26 SUNY Delhi		53.51
1) Zoe Rodi SR	2) Shaesha Johnson SO	
3) Gabrielle Brown SO	4) Miranda Cole JR	
5) Amanda Intrieri SO	6) Evie Eastman JR	
7) Emma Pelkey FR	8) Alyssa Cole SR	

Event 23 Women 4x400 Meter Relay

Team	Relay	Seed Time
1 Colby		3:45.37
1) Alex Hermsdorf FR	2) Quinn Cushing SO	
3) Tally Zeller SR	4) Amanda Schneider FR	
5) Jordan Roskiewicz SO		
2 Johns Hopkin		3:47.74
1) Gabrielle Moore FR	2) Madison Moore FR	
3) Lianne Saussy SR	4) Lorna Arcese SR	
3 Rochester		3:48.59
1) Raquella Casserino JR	2) Eva Ciuffetelli JR	
3) Lizzie Merrill SO	4) Nora Chen JR	
5) Lauren Murphy FR		
4 SUNY Geneseo		3:49.35
1) Stella Riley FR	2) Sophia Barclay JR	
3) Sierra Doody SR	4) Nicole Gretzinger SR	
5 SUNY Delhi		3:50.82
1) Zoe Rodi SR	2) Miranda Cole JR	
3) Amanda Intrieri SO	4) Gabrielle Brown SO	
5) Evie Eastman JR	6) Katrina Winters FR	
7) Emma Pelkey FR	8) Shaesha Johnson SO	
6 TCNJ		3:54.35
1) Kelsey Thomas JR	2) Mackenzie Burke JR	
3) Kelly O'Grady SR	4) Brenna Omert SO	
5) Cameron Ruffini SR		
7 Elizabethtow		3:56.10
1) Sophie Shadle SO	2) Sky Shinnen SO	
3) Kirsten Navich SO	4) Caleigh Bold JR	
8 Scranton		3:56.91
1) Samantha Sharrow SR	2) Olivia Miller SR	
3) Jocelyn Smith JR	4) Molly White SR	
9 King's (Pa.)		3:58.13
1) Ali Butcher FR	2) Evelyn Sahd FR	
3) Katherine Smith SO	4) Ava Butcher JR	
10 St. Mary's (3:58.39
1) Savannah Owens JR	2) London Best FR	
3) Gracie Tourangeau FR	4) Avery Arizzi JR	
5) Oliviah Walton FR		
11 St. John Fis		3:58.57
1) Juliana Riemersma FR	2) Abigail Dorunda SO	
3) Liliana Mendez FR	4) Sophia Leach JR	
12 Brockport St		3:59.05
1) Courtney Bostic SR	2) Monica Cammarota SO	
3) Ariana Proper JR	4) Elaina Neubert SO	
13 Ramapo		3:59.74
1) Victoria Romanov SO	2) Dale Leonard JR	
3) Abigail Jones FR	4) Kamalah Williams SO	

14 Grove City		4:01.36
1) Megan Marchand SO	2) Hannah Roegiers SO	
3) Nadine Lauffer SO	4) Audrey Karwowski SR	
5) Cayla Lawrence JR	6) Julianna Lindberg SO	
7) Annie Herrmann JR	8) Kiara White SO	
15 Plattsburgh		4:02.16
1) Grace Yarkosky SR	2) Isabella Scott SO	
3) Emma Mahoney SO	4) Brianna Wise SO	
16 Nazareth		4:03.99
1) Alexis Lasher SR	2) Amber Hayes FR	
3) Mallory Rice JR	4) Mariah LeGrow FR	
5) Samantha Luba SR		
17 Ursinus		4:04.00
1) Jaycie Miller SR	2) Alissa Joseph FR	
3) Allie Severino FR	4) Laela Middleton FR	
18 Montclair St		4:04.96
1) Kaelyn Rodriguez SO	2) Odalys Guerrero SR	
3) Alexa Ali JR	4) A'Sya Brown FR	
5) Maryam Kariym SO	6) Deanna Hepple SO	
19 Ithaca		4:05.11
1) Ava Butler SO	2) Julia Ryba JR	
3) Valentina Wallin FR	4) Meredith Colla FR	
20 Marywood		4:05.25
1) Elizabeth Tomasetti FR	2) Abby Megotz JR	
3) Caroline Walters SR	4) Carly Walters SR	
21 Stevens		4:05.26
1) Anya Sadowski SO	2) Lauren Alley SO	
3) Isabel Vogel SR	4) Isabella Shanley JR	
22 Moravian		4:07.02
1) Morgan Tandy FR	2) Naomi Craig FR	
3) Ligia Parada Garcia FR	4) Shai Knight SR	
23 Farmingdale		4:17.44
1) Olivia Finnegan SR	2) Alice Valenzuela SO	
3) Amelia Vitale FR	4) Ciara Cromie FR	
5) Star Mensah SO	6) Emily Graziano FR	

Event 25 Women 4x800 Meter Relay

Team	Relay	Seed Time
1 Grove City		9:04.46
1) Julianna Lindberg SO	2) Annie Herrmann JR	
3) Cayla Lawrence JR	4) Audrey Karwowski SR	
2 Hamilton		9:17.64
1) Ruby Austin FR	2) Emma Chrismer SO	
3) Nora Burroughs FR	4) Kate Scibelli SR	
3 Rochester		9:21.76
1) Rita Sciortino SR	2) Emily Dill JR	
3) Sam Mermelstein FR	4) Isabella Doty SR	
5) Molly Fitzgibbons SR	6) Riley Joseph SR	
4 Utica		9:26.42
1) Arianna McClendon SO	2) Catherine Manna SO	
3) Marlo Townsend JR	4) Lacey Simmons FR	
5 RIT		9:27.02
1) Abigail Nautel SR	2) Eva Reilly JR	
3) Sophia DiGennaro SO	4) Micah Gordley SR	

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Event 25 ... (Women 4x800 Meter Relay)

Team	Relay	Seed Time
6 Rowan		9:32.00
1) Jezena Aponte JR	2) Gianna Burgio SR	
3) Allyson Wernik JR	4) Emily Zanni JR	
7 Union (N.Y.)		9:33.33
1) Kyleigh Record SO	2) Bethel Flanagan SO	
3) Annabel Dobash JR	4) Kate Monaco FR	
8 Brockport St		9:36.35
1) Aaliyah Wright SO	2) Lily Pink SO	
3) Camryn Jacob SO	4) Maeve Robarge SR	
5) Emily Leo JR	6) Ethne Degan SO	
7) Ariana Proper JR	8) Elaina Neubert SO	
9 Smith		9:38.48
1) Avery Maiese FR	2) Catherine Collins JR	
3) Sofia Jurusz JR	4) Lyda Martin SR	
10 Houghton		9:38.77
1) Jenna Binney SO	2) Kyra Binney SR	
3) Gwenna Haas SO	4) Emberlynn Nolt SO	
5) Noelle Linenfelser SR		
11 Ithaca		9:39.16
1) Logan Brasacchio SR	2) Jessica Goode SR	
3) Kayleigh Milligan SO	4) Joy Petersen SR	
12 St. John Fis		9:47.87
1) Caitlin Voloshen SR	2) Brianne Hurlburt SO	
3) Maggie Bacon JR	4) Olivia Grinnell SR	
5) Bailey Nixon FR		
13 Montclair St		9:48.96
1) Odalys Guerrero SR	2) Abigail Churchill SR	
3) Liliana Snyder SO	4) Mackenzie Cochran SR	
14 St. Mary's (9:49.22
1) Avery Arizzi JR	2) Savannah Owens JR	
3) Gracie Tourangeau FR	4) Ella Mitchell SO	
15 Moravian		9:52.84
1) Ligia Parada Garcia FR	2) Tara Smurla SR	
3) Kierstyn Klingner JR	4) Kayla O'Neil JR	
5) Katelyn Vickers FR	6) Lachlyn Timms FR	

Event 33 Women High Jump

Progression: 1.45 +5cm to 1.65, 1.68 +3cm

Name	Yr	School	Seed Mark
1 Tonna Ogina	JR	New Jersey C	1.73m
2 Reilly Quinn	JR	Cortland St.	1.68m
2 Micel Martinez	FR	Montclair St	1.68m
4 Meghan Kreinberg	SO	FDU-Florham	1.67m
5 Trinity Batista	FR	York (Pa.)	1.66m
6 Avery McNulty	SR	Muhlenberg	1.65m
7 Hannah Allison	JR	Utica	1.64m
7 Grace Flattery	FR	Springfield	1.64m
9 Maggie Previglian	SR	Stevens	1.63m
9 Emily Richardson	SO	Alfred State	1.63m
9 Georgia Spuches Jwaskiew	FR	Cortland St.	1.63m
9 Ashley Sheldon	JR	Union (N.Y.)	1.63m
13 Madison Macneill	JR	Buffalo Stat	1.61m
14 Elena Funk	JR	Scranton	1.60m

14 Kendall Coddington	JR	Grove City	1.60m
16 Ruthie Weiss	FR	Vassar	1.58m
16 Mary Claire Rollins	JR	St. John Fis	1.58m
16 Celia Ryan	JR	Ithaca	1.58m
16 Regine Lladoc	JR	Ramapo	1.58m
16 Heidi House	FR	Buffalo Stat	1.58m
16 Autumn Bacik	SO	Springfield	1.58m
16 Ali Haeefe	SR	Moravian	1.58m
16 Bryanna Shepperson	SO	Ramapo	1.58m
24 Haley Mummah	SO	Juniata	1.54m

Event 31 Women Pole Vault

Progression: 3.18 +15cm to 3.78, 3.83 +5cm

Name	Yr	School	Seed Mark
1 Talia Hutchinson	JR	Ithaca	4.01m
2 Isabel Morse	SR	Nazareth	3.92m
3 Erin Eastwood	SR	Ithaca	3.80m
4 Clarissa Newman	SO	Johns Hopkin	3.75m
5 Kendall Simms	FR	Susquehanna	3.66m
6 Rosie Morse	SR	Nazareth	3.65m
6 Isabel Swyers	JR	Brockport St	3.65m
6 Bree Boyle	SR	Ithaca	3.65m
9 Kerry Seekamp	SR	Smith	3.58m
10 Kiara Tornusciolo	SR	Nazareth	3.56m
11 Hannah Herrmann	SO	Grove City	3.55m
12 Corinne Inkley	JR	Allegheny	3.53m
13 Alita Paragon	SO	York (Pa.)	3.50m
13 Teagan Kiger	SO	Ithaca	3.50m
15 Taylor Heie	SO	York (Pa.)	3.45m
16 Madyson Bush	SO	Nazareth	3.41m
17 Kathryn Hillyard	SO	St. John Fis	3.36m
17 Ashlyn Weakley	FR	Nazareth	3.36m
17 Raessler Guthrie	SO	Ithaca	3.36m
20 Genna McCallum	FR	Utica	3.35m
20 Juniper Bauroth-Sherman	SR	Ursinus	3.35m
20 Emersen Levins	FR	TCNJ	3.35m

Event 27 Women Long Jump

Name	Yr	School	Seed Mark
1 Evie Ellenberger	SO	Allegheny	5.82m
2 Chloe Zhang	JR	Johns Hopkin	5.71m
3 Denirah Jones	FR	Rowan	5.69m
3 Samantha Sharrow	SR	Scranton	5.69m
3 Lauren Murphy	FR	Rochester	5.69m
6 Alaina Morley	SR	Nazareth	5.66m
7 Mileyshka Calderon	JR	Lebanon Vall	5.64m
7 Brooke Signorella	SO	DeSales	5.64m
9 Mackenzie Kubat	SO	SUNY Geneseo	5.63m
10 Lia Malave	JR	TCNJ	5.56m
11 Jaiden Schrag	SO	Oneonta	5.55m
12 Ashleigh Barrett	SR	Rochester	5.53m
13 Maya Lapinski	SO	Stevens	5.52m
14 Emmeline Stoetzel	SO	Hamilton	5.51m
15 Sasha Schramm	SR	Brockport St	5.49m
15 Kayla Anastasia	SR	SUNY Geneseo	5.49m

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Event 27 ... (Women Long Jump)

	Name	Yr	School	Seed Mark
15	Emma Shafnisky	SO	Moravian	5.49m
18	Eko Dodd-Brown	JR	Oneonta	5.47m
19	Omotola Oyinkolade	SO	Lebanon Vall	5.46m
20	Josie Hopkins	FR	Colby	5.45m
21	Anna Johnson	JR	Rochester	5.44m
22	Rachel Kulp	SR	RIT	5.43m
22	Marisa Mazzacco	JR	SUNY Geneseo	5.43m
24	Lucy Gyergyó	SO	Grove City	5.21m

Event 29 Women Triple Jump

	Name	Yr	School	Seed Mark
1	Jahmilia Dennis	SR	Vassar	11.95m
2	Alexa McMillian	FR	NYU	11.86m
3	Grace Flattery	FR	Springfield	11.53m
4	Kianna Naval	SO	St. John Fis	11.46m
5	Mia Fleming	JR	Widener	11.43m
6	Emmeline Stoetzel	SO	Hamilton	11.36m
7	Nicolette DuBose	JR	Oneonta	11.35m
8	Samantha Wechsler	JR	Ursinus	11.34m
9	Gianna Boland	SO	Cortland St.	11.33m
9	Mackenzie Loudon	FR	Hamilton	11.33m
11	Madyson Bush	SO	Nazareth	11.32m
12	Makenna Keough	FR	St. John Fis	11.31m
12	Lainie D'Auria	SO	Vassar	11.31m
14	Alexis Brown	JR	Ithaca	11.30m
14	Sydney LaSalle	SR	Nazareth	11.30m
16	Kennedy Simons	SO	Moravian	11.29m
17	Lauryn Brown	JR	Drew	11.27m
18	Omotola Oyinkolade	SO	Lebanon Vall	11.16m
19	Marisa Mazzacco	JR	SUNY Geneseo	11.15m
20	Sasha Schramm	SR	Brockport St	11.12m
21	Lucy Gyergyó	SO	Grove City	11.07m
22	Ali Haeefe	SR	Moravian	11.06m
23	Ruthie Weiss	FR	Vassar	11.02m
24	Melany Johnson	FR	St. John Fis	10.94m

Event 35 Women Shot Put

	Name	Yr	School	Seed Mark
1	Lily Seyfert	SR	Ithaca	14.04m
2	Allie Cary	SO	Utica	13.91m
3	Erika Ezumba	SR	Johns Hopkin	13.65m
4	Brandy Varner	SR	King's (Pa.)	13.58m
5	Aimee Oszer	JR	Rochester	13.54m
6	Allison Lavin	JR	TCNJ	13.37m
7	Isabella Cowger	SO	Elizabethtow	13.28m
8	Christella Leukeu	FR	RIT	13.23m
9	Fejro Akiri	SR	Rutgers-Newa	13.10m
10	Afua Apau	FR	Scranton	12.84m
11	Shanil Auguste	SR	Rutgers-Newa	12.83m
12	Meghan Kreinberg	SO	FDU-Florham	12.80m
13	Angie Bawek	JR	Allegheny	12.65m
14	Payton Mehalick	SR	SUNY Geneseo	12.57m
15	Margie Rayne	SR	Moravian	12.55m

16	Tarryn Herman	SR	Oneonta	12.29m
17	Max McCoy	SO	Franklin & M	12.27m
18	Donya Baxter	SR	Arcadia	12.24m
19	Lauren Jaklitsch	SR	SUNY Geneseo	12.21m
20	Mackenzie Lawrence	SO	Oneonta	12.18m
21	Charlotte Powell	JR	Ithaca	12.17m
22	Hannah Debian	SO	Springfield	12.14m
23	Kayla Tretola	SO	Cortland St.	12.01m

Event 41 Women Discus Throw

	Name	Yr	School	Seed Mark
1	Brandy Varner	SR	King's (Pa.)	49.26m
2	Isabella Cowger	SO	Elizabethtow	49.05m
3	Allie Cary	SO	Utica	46.59m
4	Aimee Oszer	JR	Rochester	45.27m
5	Madison Vargas	JR	Rochester	44.76m
6	Nyla Wilson-Epps	FR	Buffalo Stat	42.50m
7	Ben Kayser-Cochran	SO	RIT	42.33m
8	Sadie Fenstermaker	SO	DeSales	42.04m
9	Lily Seyfert	SR	Ithaca	41.96m
10	Hailee Garcia	SO	St. John Fis	41.18m
11	Alaijha Wilson	SO	Rowan	40.75m
12	Peyton Fox	FR	Scranton	40.45m
13	Caitlyn D'Addieco	SO	Muhlenberg	40.38m
14	Sydney Petrie	SR	Vassar	40.00m
15	Margie Rayne	SR	Moravian	39.54m
16	Christella Leukeu	FR	RIT	39.29m
17	Taelyn Murray	SR	Hunter	39.20m
18	Meridian Bremel	SO	Alfred	38.90m
19	Emma Barnes	FR	Springfield	38.67m
20	Kelly Stephen	SO	Muhlenberg	38.28m
21	Victoria DeGraw	JR	Farmingdale	38.26m
22	Kayla Tretola	SO	Cortland St.	38.00m
23	Kaitlyn Putman	FR	St. Lawrence	37.96m
24	MeKenna Uhl	FR	Brockport St	37.93m
25	Charlotte Gerow	SR	Springfield	37.74m
26	Norah Keeney	SO	PSU-Behrend	37.41m
27	Dory Gosselin	SR	SUNY Coblesk	36.38m
28	Irem Ucar	JR	FDU-Florham	32.83m

Event 39 Women Hammer Throw

	Name	Yr	School	Seed Mark
1	Brandy Varner	SR	King's (Pa.)	54.10m
2	Jennifer Ndukwu	SR	Cortland St.	53.69m
3	Phoebe Williams	SR	Johns Hopkin	53.42m
4	Amanda Hanrahan	SO	Vassar	53.30m
5	Katelyn Shoemaker	SR	King's (Pa.)	52.92m
6	Lily Seyfert	SR	Ithaca	52.70m
7	Tarryn Herman	SR	Oneonta	52.26m
8	Cheyenne McPeek	JR	Cortland St.	52.03m
9	Caitlin Kirk	JR	King's (Pa.)	51.28m
10	Madison Vargas	JR	Rochester	51.24m
11	Anna Steed	SR	St. John Fis	50.82m
12	Peyton Fox	FR	Scranton	50.69m
13	Jess Heydt	SO	Moravian	49.82m

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Event 39 ... (Women Hammer Throw)

Name	Yr	School	Seed Mark
14	Enya Green	JR Ithaca	49.24m
15	Autumn Bernava	JR RIT	48.89m
16	Ashley Tubbs	JR SUNY Geneseo	48.80m
17	Mackenzie Lawrence	SO Oneonta	48.68m
18	Mckenzie Zafuto	FR SUNY Geneseo	48.60m
19	Nyla Wilson-Epps	FR Buffalo Stat	48.58m
20	Sadie Fenstermaker	SO DeSales	48.11m
21	Alexia Bey	SR Rowan	48.08m
22	Allison Lavin	JR TCNJ	47.99m
23	Nora Tighe	FR RIT	47.59m
24	Allie Cary	SO Utica	47.57m
25	Jazelle McIntyre	SR St. John Fis	47.32m
26	Bree Cooney	SO Rowan	47.18m
27	Natalya Ryckman	SR Alfred	46.85m
28	Zada Marine	SO York (Pa.)	46.43m
29	Jillian Zukley	JR St. Mary's (46.25m
30	Katie Little	SO Rowan	46.17m
31	Hailey Hrouda	JR Utica	45.62m
32	Fejro Akiri	SR Rutgers-Newa	43.34m
33	Janiesha Dureny	SO Alfred State	42.32m
34	Lauren Rizzolo	JR Drew	40.94m
35	Kyrah Agbemble	JR Stevenson	39.76m
36	Lucy Pelaez	SR New Jersey C	31.59m

Event 37 Women Javelin Throw

Name	Yr	School	Seed Mark
1	Alexandra Snyder	SR Misericordia	45.16m
2	Dana Schwartz	SR Hamilton	43.84m
3	Ava Reardon	JR Rowan	42.34m
4	Diamond Eaddy	JR Rowan	41.29m
5	Valerie Badger	JR Misericordia	40.92m
6	Katelyn Shoemaker	SR King's (Pa.)	40.12m
7	Cali Rae Onuska	FR Montclair St	39.94m
8	Julia Balaski	JR PSU-Behrend	39.67m
8	Elizabeth Lubold	SR Allegheny	39.67m
10	Allison Lavin	JR TCNJ	39.40m
11	Emma Coolidge	SR Juniata	38.73m
12	Autumn Bernava	JR RIT	37.66m
13	Josephine Connolly	SO Lebanon Vall	36.99m
14	Brooke Charnosky	FR Susquehanna	36.94m
15	Charlotte Powell	JR Ithaca	36.23m
16	Bailey McDevitt	SR Springfield	35.86m
17	Mia Gerber	JR RIT	35.81m
18	Bella Dauberman	JR Susquehanna	35.72m
19	Kaitlyn Chirkis	JR Montclair St	35.70m
20	Izzie DeCrease	SO Montclair St	35.67m
21	Molly White	SR Scranton	35.66m
22	Carli Knapp	FR Potsdam St.	35.64m
23	Ainslee Binkley	SR Susquehanna	35.53m
24	Becca Caird	SO Moravian	35.45m
25	Victoria Leak	JR Grove City	35.43m
26	Angie Bawek	JR Allegheny	35.32m
27	Sierra Myers	SO St. John Fis	35.07m

28 Kyleigh Joniec SR Neumann 32.26m

Event 43 Women Heptathlon

Name	Yr	School	Points
1	Anna Sawicki	SO Lebanon Vall	4636
2	Samantha Luba	SR Nazareth	4529
3	Sarah Scepkowski	SR TCNJ	4346
4	Amelia Berthold	SR St. Lawrence	4234
5	Brianna Lindo	FR Medgar Evers	4043
6	Cecelia LaBonte	SR Ithaca	3994
7	Amanda Imhauser	SR Franklin & M	3923
8	Jade Bailey	FR Utica	3851
9	Stefania Grimaldi	JR Utica	3822
10	Rachael Johns	JR Scranton	3797
11	Grace McInerney	SO Rochester	3780
12	Elaine McCarty	JR Smith	3770
13	Alexa Belanger	SO Houghton	3724
14	Rocksann Smith	SO St. Mary's (3706
15	Elana Pukel	SO Vassar	3702
16	Isabel Rossbach	FR Ithaca	3660

Event 14 Men 100 Meter Dash Prelims

Name	Yr	School	Seed Time
1	Reco Griffith	SO Medgar Evers	10.36
2	Evan Corcoran	SR Rowan	10.39
3	Maxim Rychkov	SO TCNJ	10.43
4	Carter Tobin	SO PSU-Behrend	10.44
5	Samuel Thomas	SO Ramapo	10.54
6	Kejhaune Lester	JR Oneonta	10.56
7	Wander Dilone	FR Ramapo	10.64
7	Logan Richard	FR Misericordia	10.64
9	Derek Grimshaw	JR Brockport St	10.66
10	Jacob Fenstermaker	SR Moravian	10.67
11	Jayson Ellis	SO Montclair St	10.70
12	John Williams	SO Rowan	10.71
13	Colin Winters	JR Lebanon Vall	10.73
14	Barack Abdallah	FR Rochester	10.74
15	Pharell Fowler	FR Medgar Evers	10.76
16	Dominic Santos	JR Susquehanna	10.78
17	LeBron Richardson	SO Cortland St.	10.79
18	Andrew Simmons	SO Alvernia	10.80
19	Brandon Konieczki	SO PSU-Behrend	10.81
20	Jerome Harmon	FR Alfred State	10.82
20	Noah Tapler	FR Ursinus	10.82
22	Leo Tirado	SO Lebanon Vall	10.83
23	Owen Nugent	FR Susquehanna	10.85
24	Caleb Auzenne	JR Lebanon Vall	10.86
24	Will Stiska	SO Rochester	10.86
26	Darryl Wayman	SO Rowan	10.87
26	Max Boreland	JR Ithaca	10.87
28	Cameron Krein	FR RIT	10.90
29	Ethan Fox	SR St. John Fis	10.91
30	Matthew Lamb	SR Elizabethtow	10.92
30	Daniel Cruz	SR Cortland St.	10.92
32	Luca Kabel	FR Springfield	10.94

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Event 14 ... (Men 100 Meter Dash Prelims)

Name	Yr	School	Seed Time
33 Leshawn Miller	FR	Medgar Evers	10.95
33 Milo Pearsall	FR	Plattsburgh	10.95
35 Ethan John	FR	Neumann	11.03

Event 20 Men 200 Meter Dash

Name	Yr	School	Seed Time
1 Evan Corcoran	SR	Rowan	21.09
2 Reco Griffith	SO	Medgar Evers	21.13
3 Aiden Tobin	SR	Ursinus	21.26
4 Maxim Rychkov	SO	TCNJ	21.28
5 Carter Tobin	SO	PSU-Behrend	21.32
6 Cristhian Cuevas	SR	SUNY Delhi	21.37
7 Daaron Harrell	FR	Cortland St.	21.40
8 Zion Cheatham	JR	Cortland St.	21.46
9 Pharell Fowler	FR	Medgar Evers	21.48
10 Madajoudou Diawara	SO	Rowan	21.50
11 Charles Cypress	SR	Plattsburgh	21.52
12 Samuel Thomas	SO	Ramapo	21.55
13 Marquis Taylor	FR	Rowan	21.56
14 Colin Hansen	JR	Springfield	21.65
15 Kejhaune Lester	JR	Oneonta	21.66
16 Fabrice Saint Hillien	SR	Stevenson	21.67
17 Noah Traverso	SO	TCNJ	21.68
18 Owen Nugent	FR	Susquehanna	21.71
19 Logan Natale	JR	Ramapo	21.72
20 John Williams	SO	Rowan	21.74
21 Jabez Primus	SO	SUNY Delhi	21.78
22 Pratt Charles	SR	New Jersey C	21.81
22 Derek Grimshaw	JR	Brockport St	21.81
24 Max Boreland	JR	Ithaca	21.82
25 Terrell Price	SO	Buffalo Stat	21.84
26 James Long-Stratton	JR	Ursinus	21.85
27 Wander Dilone	FR	Ramapo	21.87
28 Deron Davis	SR	SUNY Delhi	21.90
29 Jacob Fenstermaker	SR	Moravian	21.93
30 Ethan Fox	SR	St. John Fis	21.95
31 Ethan John	FR	Neumann	22.09
32 Barack Abdallah	FR	Rochester	22.15
33 Djemba Ndikwe	FR	Juniata	22.23

Event 12 Men 400 Meter Dash

Name	Yr	School	Seed Time
1 Jacob Miller	SR	SUNY Geneseo	46.77
2 Jack Defeo	JR	RIT	47.14
3 Jacob Hunter	JR	Misericordia	47.19
4 Noah Traverso	SO	TCNJ	47.37
5 Pratt Charles	SR	New Jersey C	47.43
6 Arjun Ojha	SO	SUNY Geneseo	47.44
7 Andrew Kent	SR	SUNY Geneseo	47.51
8 Jackson Coelho	SR	Colby	47.58
9 Chris Short	SR	Muhlenberg	47.60
10 Alexander Mitchell	SR	Grove City	47.85
11 Colin Hansen	JR	Springfield	47.99

12 Sam Graubart	JR	Colby	48.12
13 Fabrice Saint Hillien	SR	Stevenson	48.13
14 Jaycen Peterson	FR	Ramapo	48.28
15 Gian Carlo Di Fava	JR	SUNY Geneseo	48.30
16 Jordan Hart	SR	Ramapo	48.32
17 Logan Natale	JR	Ramapo	48.63
18 Donovan Goundie	SR	Lebanon Vall	48.67
19 Djemba Ndikwe	FR	Juniata	48.69
19 Jake Egizio	JR	PSU-Behrend	48.69
21 Michael Puglisi	SR	Nazareth	48.74
21 Damian Simmonds	FR	Ithaca	48.74
23 Ryan Senf	SR	RIT	48.80
24 Michael Durski	SR	Brockport St	48.88
25 Tanner Warren	JR	Utica	48.94
26 Daniel Kahler	FR	Cortland St.	49.03
27 Nicholas Garman	JR	Rowan	49.07
28 Jeremiah Knowles	SO	Grove City	49.09
29 Richard Fuller	SO	SUNY Delhi	49.10
30 Asaias Johnson	FR	Rowan	49.27
31 Collin Fitzgerald	JR	St. Mary's (49.42
32 Joseph Brallier	FR	Grove City	49.63
33 Pharell Fowler	FR	Medgar Evers	49.68
34 Ibrahim Fofana	FR	SUNY Delhi	50.22
35 Peter Fragomeni	SR	TCNJ	50.68
36 Patrick Conteh	SR	Hartwick	52.20

Event 16 Men 800 Meter Run

Name	Yr	School	Seed Time
1 Blaik Slavinski	JR	Rowan	1:50.25
2 Will Inglis	JR	Elizabethtow	1:50.82
3 Thomas Blach	SR	TCNJ	1:51.73
4 Owen Arbocus	JR	Brockport St	1:52.20
5 Ben Buffone	JR	Ithaca	1:52.33
6 John Elliot	SO	RIT	1:52.60
7 Chris Sappe	SR	Hood	1:52.67
8 Zach Houff	SO	Franklin & M	1:52.72
9 Bryan Friedel	SR	SUNY Geneseo	1:53.22
10 Daniel Jutras	SR	Stevens	1:53.40
11 Liam Fitzgibbon	SO	Union (N.Y.)	1:53.68
11 Andrew Donner	SO	SUNY Geneseo	1:53.68
13 Christian Wescott	SO	Alfred State	1:53.92
14 Eddy Corporan	JR	Utica	1:54.20
15 Sidney Morris	JR	Buffalo Stat	1:54.41
16 Carter Naginey	SO	Cortland St.	1:54.57
17 Luke Ferriolo	FR	Hamilton	1:54.67
18 Jack Bisbee	SO	Cortland St.	1:54.72
19 Owen Bernstein	FR	Rochester	1:54.78
20 Finnegan Dean	SR	Alfred	1:54.95
21 Raam Ravishankar	JR	Muhlenberg	1:55.15
22 Lincoln Neiswender	SO	Vassar	1:55.21
23 Forest Martin	JR	Utica	1:55.64
24 Griffin Lupes	FR	Ithaca	1:56.02
25 Jeffrey Simmons	SR	Oswego State	1:56.05
26 Cyrus Goetze	SO	St. Lawrence	1:56.38
27 Matthew Rintoul	JR	Farmingdale	1:57.48

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Event 16 ... (Men 800 Meter Run)

Name	Yr	School	Seed Time
28 Robert Casey	SR	Scranton	2:00.78
29 Goncalo Carvalho	SO	New Jersey C	2:01.10

Event 8 Men 1500 Meter Run

Name	Yr	School	Seed Time
1 Nicholas Lyndaker	SR	St. Lawrence	3:45.58
2 Kevin Matthews	SR	TCNJ	3:50.48
3 Jozef Callano	JR	DeSales	3:53.65
4 Bennett Melita	JR	Utica	3:54.76
5 Austin Skeete	FR	Rochester	3:55.47
6 Bryan Kerchner	SR	Moravian	3:56.01
7 Jace Stuart	JR	St. John Fis	3:56.81
8 Preston Klem	SO	King's (Pa.)	3:57.89
9 Brandon Chen	SR	TCNJ	3:58.40
10 Sebastian Herrera	FR	Ramapo	3:58.56
11 Matt Califf	SO	RIT	3:58.59
12 Jacob Bernd	SO	Rochester	3:58.76
13 Brayden Clarke	SO	Scranton	3:59.21
14 Colin Patterson	JR	Rowan	3:59.46
15 Howie Vargas	JR	Brockport St	3:59.54
16 Christopher Whalen	FR	Sage	4:00.17

Event 22 Men 5000 Meter Run

Name	Yr	School	Seed Time
1 Bennett Melita	JR	Utica	14:40.47
2 Liam Sakakeeny	SO	Rochester	14:48.43
3 Phil Pace	SO	TCNJ	14:54.26
4 Josh Santiago	FR	TCNJ	14:55.43
5 Sebastian Montalvo	JR	RIT	14:56.36
6 Amos Bixler	SR	Houghton	14:57.81
7 Max Frazee	JR	Vassar	14:59.14
8 Cam Almy	SR	Nazareth	15:03.88
9 Derick Blair	FR	Susquehanna	15:06.16
10 Derick Koen	SR	RIT	15:06.76
11 Killian Bauer	FR	Utica	15:07.80
12 Aidan Brad	JR	Rowan	15:09.59

Event 2 Men 10000 Meter Run

Name	Yr	School	Seed Time
1 Jared Smith	SR	Brockport St	30:14.48
2 Derek Kendig	JR	Elizabethtow	30:50.29
3 Ricky Curiel	FR	Buffalo Stat	31:24.81
4 Joseph Cardillo	SR	Marywood	31:33.00
5 Drew Cox	SR	SUNY Geneseo	31:34.18
6 Joe Berry	SO	Rochester	31:38.87
7 Ryan Weber	JR	Misericordia	31:52.96
8 Ben Allen	SR	Houghton	32:04.93
9 Evan Melito	SR	TCNJ	32:10.75
10 Jack Hicks	SR	SUNY Geneseo	32:12.24
11 Henry Ebben	JR	Hamilton	32:12.34
12 JJ Montemaro	SR	Brockport St	32:13.87
13 Sean Haggerty	JR	TCNJ	32:15.29
14 Alex Haskins	JR	PSU-Behrend	32:16.61

15 Luke Roberts	SR	Grove City	32:17.58
16 Carson Strauss	FR	Brockport St	32:18.54
17 Mick Barbi	SR	Stevens	32:21.13
18 Noah Melita	SO	Oswego State	32:22.63
19 Alexander Badami	SR	Hamilton	32:24.48
20 Connor Jackson	SR	Nazareth	32:26.74
21 Nathan Moore	JR	Moravian	32:27.61
22 Brady Ruediger	SO	Brockport St	32:30.75
23 Martin Ratchford	SR	Elizabethtow	32:31.39
24 Riley Trigo	SO	Moravian	32:31.73
25 Elliott Painting	JR	Ithaca	32:31.94
26 Calvin Barrett	FR	RIT	32:34.68
27 Ben Williamson	SR	Arcadia	32:40.59
28 Luke Ellis	JR	Houghton	32:41.58
29 William Eskenas	JR	Rochester	32:42.95
30 Jay Borland	FR	Vassar	32:43.06
31 Chris Cammisa	SR	Brockport St	33:11.41

Event 10 Men 110 Meter Hurdles Prelims

Name	Yr	School	Seed Time
1 Jason Agyemang	SR	Rowan	13.72
2 Valentin Augustin	SR	Rowan	14.09
3 Eric Foster Jr.	SO	Rowan	14.15
4 Michael Anderson	JR	Springfield	14.18
5 Anaiais Hughes	SR	Rowan	14.22
6 Tariq Earl	SR	Oneonta	14.23
7 Calder Diakite	SO	Susquehanna	14.34
8 Carter Smink	SR	Susquehanna	14.39
9 Michael Lawrence	SR	Rowan	14.60
9 Naashon Calliens	FR	RIT	14.60
11 Christopher Jean Simon	FR	SUNY Delhi	14.66
11 Joseph Kurak	FR	Rowan	14.66
13 Ryan Sanchez	FR	Rowan	14.74
13 Erik Marelli	SO	St. Lawrence	14.74
15 Jalil Coppedge	SO	Buffalo Stat	14.76
16 Patrick Kuprewicz	SO	Colby	14.87
17 Thomas Clark	SO	Plattsburgh	14.99
18 Joshua Leidich	JR	Lebanon Vall	15.00
19 Matt Lokshin	SR	Ithaca	15.05
20 Elijah VanHoover	JR	Rochester	15.06
21 Trystan Biller	SO	St. John Fis	15.07
22 Julius Arias	SO	Buffalo Stat	15.15
23 Michael Solomon	FR	Houghton	15.18
23 Mael Tshiyonga	JR	Moravian	15.18
25 Nikolai Lulewich	SO	Susquehanna	15.19
26 Jackson Gloskey	SR	SUNY Geneseo	15.25
27 Dominic Marino	JR	PSU-Behrend	15.26
28 Jason Bois	SR	Union (N.Y.)	15.31
28 Peair Industrious	SO	SUNY Delhi	15.31
28 Max Page	FR	Plattsburgh	15.31
31 David Winchenbach	FR	Alfred	15.40
32 Isaiah Hannah	JR	Springfield	15.44
33 Elliott Kish	FR	SUNY Delhi	15.49
34 Jamar Matthew	JR	Oneonta	15.56
35 Leonardo Thomas	FR	St. Vincent	15.66

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Event 18 Men 400 Meter Hurdles

Name	Yr	School	Seed Time
1 Levi Biery	SR	Colby	51.80
2 Nathaniel Adams	JR	TCNJ	52.39
3 Kyler Alston	JR	Cortland St.	52.40
3 Sam Belmont	JR	SUNY Geneseo	52.40
5 Matthew Suero	SR	Ramapo	52.44
6 Tim Smith	SO	Brockport St	52.85
7 Ayden Grinion	SR	Brockport St	52.89
8 Shaun Apsley	JR	York (Pa.)	53.05
9 Ashraf Maklache	FR	Rowan	53.07
10 Jordan Lawton	SO	Rowan	53.16
11 Ian Fisher	FR	Hamilton	53.43
12 Mason Winslow	JR	Susquehanna	54.05
13 Elijah VanHoover	JR	Rochester	54.18
14 Mark Graubart	JR	Colby	54.28
15 Lebron Rose	SO	TCNJ	54.62
16 Luke Damalas	FR	Rowan	54.68
17 Kadon Harris	FR	Muhlenberg	54.73
18 Jeremy Chen	SR	Brockport St	54.80
19 Robert Cassavell	FR	Ramapo	55.10
20 Emerson Gatesman	SO	RIT	55.18
21 Owen Smith	SO	Moravian	55.24
22 Adam Johnson	SO	SUNY Geneseo	55.49
22 Nikolai Lulewich	SO	Susquehanna	55.49
24 Benjamin Cachiguango	FR	Springfield	55.64
25 Eddie Kennedy	FR	Ithaca	55.81
26 Owen Hatungimana	SO	Rochester	55.99
27 Colin Unis	SR	Ramapo	56.10
28 Connor Robinson	SR	Stevens	56.70

Event 4 Men 3000 Meter Steeplechase

Name	Yr	School	Seed Time
1 Emerson Comer	JR	SUNY Geneseo	9:01.76
2 Bennett Melita	JR	Utica	9:03.22
3 John Quinn	JR	Hamilton	9:06.11
4 James Tette	SO	SUNY Geneseo	9:19.42
5 Patrick Russell	SR	St. Lawrence	9:23.29
6 Nate Kidwell	SR	TCNJ	9:31.48
7 Ryan Segalla	SR	TCNJ	9:33.75
8 Peyton Brewer	JR	PSU-Behrend	9:33.76
9 Gavin Hefferan	JR	Moravian	9:35.16
10 Tyler Biss	FR	Allegheny	9:35.80
11 Luca Strangis	FR	RIT	9:38.48
12 Tobias Jerals	SR	Utica	9:42.25
13 Aidan Mayer	JR	Brockport St	9:42.60
14 Spencer Buff	SO	RIT	9:43.70
15 Ryan Paradine	JR	Stevens	9:43.85
16 Jacob Covage	SO	Arcadia	9:44.13
17 Aidan Reinsel	SR	PSU-Behrend	9:47.42
18 Branden McColm	JR	RIT	9:49.15
19 Garrett Walters	FR	Rowan	9:49.20
20 Connor Couperus	JR	Brockport St	9:49.35
21 Seth Stevens	FR	Alfred	9:50.32

Event 6 Men 4x100 Meter Relay Prelims

Team	Relay	Seed Time
1 Rowan		40.17
1) Madaijoudou Diawara SO	2) Eli Hendricks JR	
3) Eric Foster Jr. SO	4) Evan Corcoran SR	
2 Ramapo		41.02
1) Wander Dilone FR	2) Kevin Ortiz SO	
3) Darnelsen Romain FR	4) Samuel Thomas SO	
3 PSU-Behrend		41.23
1) Dominic Marino JR	2) Carter Tobin SO	
3) Jake Egizio JR	4) Brandon Konieczki SO	
5) Logan Brewer JR	6) Shlok Chavda SO	
7) Marshall Nock SR	8) Cole Cunningham SO	
4 Ursinus		41.26
1) Andy Zigbuo SO	2) James Long-Stratton JR	
3) Noah Tapler FR	4) Aiden Tobin SR	
5 Misericordia		41.48
1) Jacob Hunter JR	2) Dylan Blackwell SR	
3) Robert Seidel FR	4) Logan Richard FR	
5 Lebanon Vall		41.48
1) Donovan Goundie SR	2) Leo Tirado SO	
3) Caleb Auzenne JR	4) Colin Winters JR	
7 Susquehanna		41.52
1) Dominic Santos JR	2) Owen Nugent FR	
3) Mason Winslow JR	4) Calder Diakite SO	
5) Austin Hurrell SR		
8 Brockport St		41.57
1) Alex Peske FR	2) Derek Grimshaw JR	
3) Michael Durski SR	4) Gabe Giannini SR	
9 SUNY Delhi		41.70
1) Jabez Primus SO	2) Cristhian Cuevas SR	
3) Deron Davis SR	4) Chamar Gordon FR	
5) Peair Industrious SO	6) Richard Fuller SO	
7) Elliott Kish FR	8) Christopher Jean Simon FR	
10 Medgar Evers		41.82
1) Leshawn Miller FR	2) Reco Griffith SO	
3) Omari Hinds JR	4) Pharell Fowler FR	
5) Jahiem Johnson JR		
11 Moravian		41.85
1) Jacob Fenstermaker SR	2) Owen Smith SO	
3) Kyle Weiss SR	4) Chris Moore SO	
12 Oneonta		41.93
1) Isaiah Slater JR	2) Kejhaune Lester JR	
3) Cameron Spears SR	4) Amir Mceachin FR	
13 Rochester		42.12
1) Aadit Jain SR	2) Barack Abdallah FR	
3) Evan Bryant JR	4) Will Stiska SO	
14 Ithaca		42.19
1) Jacob Antilety FR	2) Matt Lokshin SR	
3) Alex Boreland JR	4) Max Boreland JR	
15 Plattsburgh		42.36
1) Milo Pearsall FR	2) Ethan Cypress SO	
3) Brian Shannon SO	4) Jack Scauri SO	

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Event 6 ... (Men 4x100 Meter Relay Prelims)

Team	Relay	Seed Time
16 Elizabethtow		42.38
1) Matthew Lamb SR	2) Khaliq Poles FR	
3) Gabe Sczesniak JR	4) Cameron Michaels SO	
17 Muhlenberg		42.44
1) Caleb Pasols FR	2) Chris Short SR	
3) James Williams SO	4) Isaac Schaffer-Neitz JR	
18 Grove City		42.53
1) Jeremiah Knowles SO	2) Joseph Brallier FR	
3) Brandon Kendrew SO	4) Alexander Mitchell SR	
5) EJ Divito FR	6) Caleb Haley SO	
19 St. Mary's (42.71
1) Jaedon Aso SR	2) Nick Haylock SR	
3) Mason Layne JR	4) Collin Fitzgerald JR	
20 RIT		42.76
1) Tucker Haluszczak JR	2) Cameron Krein FR	
3) Nicholas Lusardi JR	4) Jonathan Jacobs SR	
21 FDU-Florham		42.81
1) Alexander Coles SO	2) Anthony Collier FR	
3) Nathaniel Evely JR	4) Nashawn Presley JR	
5) Ty Wagner SO	6) Nathaniel Perrelli JR	
22 Colby		43.18
1) Samuel Gerrie FR	2) Patrick Kuprewicz SO	
3) Milan Joshi SO	4) Logan Sullivan FR	

Event 24 Men 4x400 Meter Relay

Team	Relay	Seed Time
1 SUNY Geneseo		3:09.63
1) Arjun Ojha SO	2) Andrew Kent SR	
3) Gian Carlo Di Fava JR	4) Sam Belmont JR	
2 TCNJ		3:11.49
1) Noah Traverso SO	2) Lebron Rose SO	
3) Nathaniel Adams JR	4) Maxim Rychkov SO	
5) Victor Akinboboye FR		
3 Colby		3:11.62
1) Sam Graubart JR	2) Mark Graubart JR	
3) Jackson Coelho SR	4) Levi Biery SR	
5) Logan Sullivan FR		
4 Cortland St.		3:13.25
1) Daniel Kahler FR	2) Zion Cheatham JR	
3) Daaron Harrell FR	4) Kyler Alston JR	
5) Williams		3:14.05
1) Bryce Cooper SR	2) Yanni Kakouris JR	
3) Juan Talisayon FR	4) Colin Stone JR	
6 RIT		3:14.61
1) Trenton Goyette SR	2) John Elliot SO	
3) Ryan Senf SR	4) Jack Defeo JR	
5) Trevor Krukin SO		
7 Ramapo		3:15.00
1) Logan Natale JR	2) Christian Iriaka FR	
3) Jaycen Peterson FR	4) Jordan Hart SR	
5) Mark Shinkorenko SO	6) John Swaney FR	
7) Robert Cassavell FR		

8 Moravian		3:19.10
1) Ramses Valera SO	2) Owen Smith SO	
3) Delferson Contreras SO	4) Kyle Weiss SR	
9 Oneonta		3:19.33
1) Jacob Prentice FR	2) Justin Berkowitz SO	
3) Jamar Matthew JR	4) Cameron Spears SR	
10 Nazareth		3:19.80
1) Jack Healy JR	2) Nick Driver FR	
3) Griffin Killian JR	4) Michael Puglisi SR	
5) Gavin McAllister SR		
11 Buffalo Stat		3:20.30
1) Terrell Price SO	2) Sidney Morris JR	
3) Pablo Ortiz FR	4) Shiloh Cornel SO	
5) Jalil Coppedge SO	6) Julius Arias SO	
12 Elizabethtow		3:20.40
1) Khaliq Poles FR	2) Gabe Sczesniak JR	
3) Andrew Reice SR	4) Cameron Michaels SO	
5) Matthew Lamb SR		
13 Grove City		3:20.97
1) Jeremiah Knowles SO	2) Isaac Busler SR	
3) Eli Miller JR	4) Joseph Brallier FR	
5) Alexander Mitchell SR	6) James Yoho JR	
7) Josh Haley SO		
14 Susquehanna		3:21.04
1) Aidan Diglio SO	2) Henry Notarfrancesco SO	
3) Nikolai Lulewich SO	4) Mason Winslow JR	
15 Alfred		3:21.36
1) JJ Hodges SO	2) Riley Ciamarra JR	
3) Zachary Schultz FR	4) Finnegan Dean SR	
5) Zion Baitey SO	6) Sekou Camara SO	
7) David Winchenbach FR		
16 Ithaca		3:21.73
1) Damian Simmonds FR	2) George Nilson JR	
3) Eddie Kennedy FR	4) Matt Lokshin SR	
17 St. Mary's (3:22.15
1) Mason Layne JR	2) Collin Fitzgerald JR	
3) Moses McRae SO	4) Nick Haylock SR	
5) Henry Wilcox SO		
18 Ursinus		3:22.58
1) Brayden Davis FR	2) Dylan Baer JR	
3) Bryson Sacher FR	4) Patrick Ryan SR	
5) Kyle Cummings SO		
19 Houghton		3:26.88
1) Kealon Knight SO	2) Henry Sardina SO	
3) Evan Geer FR	4) Tim Gordon SO	

Event 26 Men 4x800 Meter Relay

Team	Relay	Seed Time
1 TCNJ		7:37.00
1) Thomas Blach SR	2) Kevin Matthews SR	
3) Will Evarts SO	4) David Keefe JR	
2 RIT		7:37.35
1) John Elliot SO	2) Jack Defeo JR	
3) Matt Califf SO	4) Benicio Benzan SO	
5) Luca Strangis FR	6) Trenton Goyette SR	

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Event 26 ... (Men 4x800 Meter Relay)

Team	Relay	Seed Time
3 Cortland St.		7:46.20
1) Jack Bisbee SO	2) Kyle Friedel SO	
3) Jordan Wingert SO	4) Carter Naginey SO	
4 Union (N.Y.)		7:46.45
1) Liam Fitzgibbon SO	2) Will Bonnette JR	
3) Bretton Garrick JR	4) Michael Fitzmaurice JR	
5 Ramapo		7:46.83
1) Ryan Pena SR	2) John Swaney FR	
3) Sebastian Herrera FR	4) Jorge Gomez Garza FR	
5) Julian Mignone JR	6) Andrew Bermudez FR	
6 Utica		7:47.99
1) Eddy Corporan JR	2) Forest Martin JR	
3) Bennett Melita JR	4) Tobias Jeralds SR	
7 Ursinus		7:48.17
1) Troy Hedrick JR	2) Ryan Martin SR	
3) Ramon Martinez FR	4) Liam Johnston SR	
8 Moravian		7:49.90
1) Bryan Kerchner SR	2) Jordan Gagner JR	
3) Joseph Allegro SR	4) Logan Betyeman JR	
9 Brockport St		7:54.11
1) Frank Calhoun SO	2) Brayden Mahoney FR	
3) Eduardo Salinas FR	4) Owen Arbocus JR	
5) Tim Smith SO	6) Howie Vargas JR	
10 St. Vincent		7:55.16
1) Noah Channel FR	2) Will Stickman SO	
3) Liam Wilson FR	4) Jordan Raynor SR	
11 Houghton		7:55.50
1) Amos Bixler SR	2) Evan Geer FR	
3) Connor Little SO	4) Henry Sardina SO	
12 Vassar		7:56.17
1) Nick MacDonald SO	2) Max Frazee JR	
3) Ethan Spritzer FR	4) Lincoln Neiswender SO	
5) Grey Fearon FR		
13 PSU-Behrend		7:57.39
1) Nicolin Pierce JR	2) Ethan Hunt FR	
3) Aidan Reinsel SR	4) Jack Betler SO	
5) Drew Knight SO	6) Peyton Brewer JR	
7) Shlok Chavda SO	8) Alex Haskins JR	
14 Alfred State		7:57.64
1) Christian Wescott SO	2) Carson Hulka FR	
3) Max Knight SO	4) Mamadou Barry JR	
15 Stevens		8:00.01
1) Joseph Ruben SO	2) Mick Barbi SR	
3) Caleb Stephen SR	4) Daniel Jutras SR	
16 Grove City		8:00.13
1) Eli Miller JR	2) James Yoho JR	
3) Isaac Busler SR	4) Josh Haley SO	
17 St. John Fis		8:03.18
1) Connor Stanton SO	2) Connor Levy FR	
3) Nathan Canale JR	4) Landon Wertz SO	
5) Jace Stuart JR		

18 Farmingdale	8:09.93
1) Matthew Rintoul JR	2) Aaron Rivera SO
3) Gabriel Aguilar JR	4) Gianni Nino JR
19 Drew	NT
1) Tommy Edwards JR	2) Matthew Ellis SO
3) Dylan Crain SR	4) Christopher Tocci FR

Event 34 Men High Jump

Progression: 1.82 + 5cm to 2.07, 2.10 +3cm

Name	Yr	School	Seed Mark
1 Noah Wampole	SO	Rowan	2.14m
2 Jamile Gantt	JR	Rowan	2.10m
3 Isaiah Davenport	JR	Rowan	2.02m
4 Anthony Collier	FR	FDU-Florham	2.01m
5 JJ Howard	FR	Alfred State	2.00m
5 Kaiden McCaskill	SR	Utica	2.00m
7 Aadit Jain	SR	Rochester	1.96m
7 Andrew Farnsworth	SR	Cortland St.	1.96m
7 EJ Divito	FR	Grove City	1.96m
7 Sekou Camara	SO	Alfred	1.96m
7 William Ladd	SO	Stevens	1.96m
12 Korey Blair	FR	St. Mary's (1.95m
12 Derek Hillhouse	SR	PSU-Behrend	1.95m
12 Omari Hinds	JR	Medgar Evers	1.95m
15 John Juste	SO	Farmingdale	1.94m
15 Erich Brown	JR	RIT	1.94m
17 Marquis Jones-Mckinney	SR	Hartwick	1.93m
17 Logan Sullivan	FR	Colby	1.93m
17 Louis Pinto	JR	Utica	1.93m
17 Aaron Matos	SO	Farmingdale	1.93m
17 Graison Michajluk	JR	Lebanon Vall	1.93m
22 Jaxon Geddio	JR	Ursinus	1.90m
22 Shilo Bivins	SR	Marywood	1.90m
24 Alexander Coles	SO	FDU-Florham	1.88m

Event 32 Men Pole Vault

Progression: 4.26 +15cm to 4.86, 5.01 +5cm

Name	Yr	School	Seed Mark
1 Mitchell Davis	SO	Ursinus	5.28m
2 Hayden Penna	JR	St. John Fis	5.10m
3 Lexington Lehnert	SO	Colby	4.95m
4 Zachary Kralec	SR	St. Mary's (4.75m
5 Oren Welch	SO	St. John Fis	4.71m
6 Ben VanVranken	SO	Alfred State	4.70m
7 Brody Weachter	SO	York (Pa.)	4.68m
8 Brant Nicholls	FR	Rochester	4.62m
9 Wyatt Patterson	SO	Colby	4.60m
9 Logan Lehnert	SR	Colby	4.60m
11 Raf Campanile	FR	Ithaca	4.55m
12 Trey Feirman	JR	SUNY Geneseo	4.54m
13 Ethan Plut	FR	Rowan	4.50m
13 Sean Bowers	SR	Ursinus	4.50m
13 Dylan Buckingham	FR	Nazareth	4.50m
16 Will D'Agata	SO	Nazareth	4.46m
17 Hayden Durst	FR	Susquehanna	4.45m

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Event 32 ... (Men Pole Vault)

Name	Yr	School	Seed	Mark
17 Tyler Kadezabek	JR	TCNJ		4.45m
17 Ryan Swenson	JR	RIT		4.45m
17 Tyler Raimondi	SR	Rowan		4.45m
17 Michael Dao	SO	Stevens		4.45m
22 Evan Laurenzo	FR	Nazareth		4.39m
23 Aidan Wilson	SR	Widener		4.20m

Event 28 Men Long Jump

Name	Yr	School	Seed	Mark
1 Lee Qualk	FR	PSU-Behrend		7.41m
2 Christopher Ross	FR	Rowan		7.35m
3 Damarion Potts	SO	Rowan		7.31m
4 Bright John	FR	Rowan		7.30m
4 Anthony Parker	FR	Rowan		7.30m
6 Wayne Spencer	FR	Utica		7.29m
7 Jeremiah Smith	SR	Plattsburgh		7.24m
8 Gabe Giannini	SR	Brockport St		7.22m
9 Brandon Konieczki	SO	PSU-Behrend		7.17m
10 Isaiah Ritter	JR	Plattsburgh		7.12m
11 Isaiah Slater	JR	Oneonta		7.06m
11 Cody Bazemore	SO	Hartwick		7.06m
13 LeBron Richardson	SO	Cortland St.		7.04m
14 Tyler Baker	JR	Plattsburgh		7.01m
15 Josiah Williams	FR	Rowan		7.00m
16 John Juste	SO	Farmingdale		6.98m
17 Elias Hanley	SO	Montclair St		6.94m
18 David Lang	SO	SUNY Geneseo		6.92m
18 Chace Pearson	JR	Rowan		6.92m
20 Zion Baitey	SO	Alfred		6.91m
20 Cole Cunningham	SO	PSU-Behrend		6.91m
22 Sheldon Agyemang	JR	Montclair St		6.89m
23 Jonathan Mordi	FR	Stevens		6.87m
24 Aadit Jain	SR	Rochester		6.85m
24 EJ Divito	FR	Grove City		6.85m
26 Noah Tapler	FR	Ursinus		6.84m
27 Jordan Jones	SO	King's (Pa.)		6.83m
27 Kevin Ortiz	SO	Ramapo		6.83m
29 Reward Mulauzi	JR	Rochester		6.82m
30 Austin Hurrell	SR	Susquehanna		6.68m
31 Jayden Walls	FR	Moravian		6.59m

Event 30 Men Triple Jump

Name	Yr	School	Seed	Mark
1 Joshua Justin	JR	Rowan		14.97m
2 Quinten Lewis	FR	Ithaca		14.57m
3 Zion Baitey	SO	Alfred		14.51m
4 Manuel Sepulveda	JR	Cortland St.		14.46m
5 Solomon David	FR	St. Mary's (14.42m
6 Cory Morton	SO	Oswego State		14.41m
7 Dennis Bobbitt	SO	Brockport St		14.38m
8 Daniel McGlashan	SR	Springfield		14.27m
9 Wayne Spencer	FR	Utica		14.26m
10 Collin Pringle	FR	Plattsburgh		14.23m

11 Jonathan Mordi	FR	Stevens		14.19m
12 Justin Nunes	FR	Moravian		14.16m
13 Weston Simak	JR	DeSales		14.13m
13 Kivaleon Clarke	SO	King's (Pa.)		14.13m
15 Mitch Krasco	FR	Springfield		14.12m
16 Daniel Bamfo	SR	Farmingdale		14.10m
17 Josiah Williams	FR	Rowan		14.09m
18 Justin Couture	SO	Utica		14.00m
19 Chris Desiderio	SO	SUNY Geneseo		13.87m
19 Joshua Jerome	SR	Oneonta		13.87m
21 Christian Chance	SO	Buffalo Stat		13.84m
22 Caleb Haley	SO	Grove City		13.76m
23 Gabriel Schoonmaker	SO	Oneonta		13.72m
24 Christian Destine	FR	Farmingdale		13.70m
25 Aden Alexander	SR	Alfred State		13.69m
26 Austin Lansey	SO	Rochester		13.68m
27 Judson Delany	SR	Brockport St		13.61m
27 Michael Bugler	FR	Muhlenberg		13.61m
29 Cory Jarvis	JR	SUNY Geneseo		13.59m

Event 36 Men Shot Put

Name	Yr	School	Seed	Mark
1 Isaiah Brunache	SR	Cortland St.		17.50m
2 Graeden Heichberger	SO	Nazareth		16.91m
3 Alex Cotton	SR	PSU-Behrend		16.67m
4 Nick Bordovsky	SR	York (Pa.)		15.97m
5 Ethan Mitrano	FR	Buffalo Stat		15.96m
5 Elliott Supley	FR	Cortland St.		15.96m
7 Adonias Mercado	JR	Farmingdale		15.75m
8 Spencer Siegel	SO	Juniata		15.66m
9 Luke Chamberlain	JR	Cortland St.		15.59m
10 Braden Paulmenn	FR	TCNJ		15.52m
11 Christian Medina	FR	Alvernia		15.45m
12 Brayden Brown	JR	Misericordia		15.44m
13 Ethan Beer	JR	Rochester		15.00m
14 Carter Kensil	JR	Ursinus		14.93m
15 Antonio Faraone	JR	PSU-Behrend		14.83m
16 Bryan Alvarez	JR	Montclair St		14.79m
17 William Mann	FR	SUNY Coblesk		14.77m
18 Matthew Thompson	FR	Buffalo Stat		14.56m
19 Ryan Viosky	JR	PSU-Behrend		14.55m
20 Andrew Chase	FR	Misericordia		14.22m
21 Mason Lang	SR	Union (N.Y.)		13.89m

Event 42 Men Discus Throw

Name	Yr	School	Seed	Mark
1 Zach Mogambi	JR	Drew		50.19m
2 Adonias Mercado	JR	Farmingdale		50.15m
3 Isaiah Brunache	SR	Cortland St.		48.32m
4 Xavier Myers	SO	Farmingdale		48.20m
5 Elliott Walter	JR	RIT		47.69m
6 Jack Crider	JR	Westminster		46.99m
7 G. Aonghas Evanick	SR	Lebanon Vall		46.81m
8 Javion Payne	SO	Rowan		46.73m
9 Austin Hadley	JR	Franklin & M		46.47m

All-Atlantic Region
Outdoor Track & Field Championships
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Performance List

Event 42 ... (Men Discus Throw)

	Name	Yr	School	Seed Mark
10	Nathan Webber	FR	Plattsburgh	45.99m
11	Alex Hermann	FR	Rochester	45.70m
12	Elliott Supley	FR	Cortland St.	45.26m
13	Julius Reyes	SO	Moravian	45.24m
14	Daniel Davis	SO	St. John Fis	45.06m
15	Sawyer Eckberg	SR	Oneonta	45.04m
16	Luke Chamberlain	JR	Cortland St.	44.76m
17	Brandon Russell	JR	Alfred State	44.60m
18	Calvin Kulik	FR	Hamilton	44.30m
19	Paris Hamlin	SO	Rowan	44.12m
20	Ben Ostroski	SO	Franklin & M	43.60m
21	William Mann	FR	SUNY Coblesk	40.47m

Event 40 Men Hammer Throw

	Name	Yr	School	Seed Mark
1	Brandon Kaplan	SR	St. John Fis	60.07m
2	Bryan Honan	SO	Buffalo Stat	58.74m
3	Erik Stephany	SR	RIT	57.26m
4	Isaiah Brunache	SR	Cortland St.	56.82m
5	Graeden Heichberger	SO	Nazareth	56.72m
6	Spencer Borghardt	SR	Utica	56.41m
7	Noah Sanders	SO	Ursinus	55.92m
8	David Dobrowolski	JR	Nazareth	55.58m
9	Stephen Gihir	SR	Misericordia	55.21m
10	Cabe Hogue	JR	Cortland St.	54.99m
11	Greg Raymond	JR	Alfred State	54.98m
12	Armaan Butler	JR	Rochester	54.00m
13	Josh Caudill	SR	Rowan	53.96m
14	Christian Farhat	JR	TCNJ	53.77m
15	Ethan Mitrano	FR	Buffalo Stat	53.26m
16	Alex Hermann	FR	Rochester	53.15m
17	Luke Chamberlain	JR	Cortland St.	52.86m
18	John Kodack	JR	Widener	51.65m
19	Ethan Kaufman	FR	Rochester	51.38m
20	Braden Paulmenn	FR	TCNJ	51.11m
21	Aidan Rollinson	SR	York (Pa.)	51.10m
22	Elijah Cruz	JR	Oneonta	50.62m
23	Hunter Richards	SO	Brockport St	50.39m
24	Sawyer Eckberg	SR	Oneonta	50.17m
25	Joseph Walko	JR	Elizabethtow	49.91m
26	Gavin Grinnell	SR	St. John Fis	49.68m
27	G. Aonghas Evanick	SR	Lebanon Vall	49.49m
28	Eddie Bedient	SR	RIT	49.39m

Event 38 Men Javelin Throw

	Name	Yr	School	Seed Mark
1	Jacob Bono	JR	York (Pa.)	64.65m
2	Ernest Freitag	FR	Alvernia	61.70m
3	Drue Chauhan	FR	Rowan	60.04m
4	Dylan Fitzpatrick	FR	Rowan	59.48m
5	Charlie Motter	SO	PSU-Behrend	57.32m
6	Braden Balaski	SO	PSU-Behrend	56.66m
7	Ethan Wiley	SR	Grove City	56.45m

8	Marcus Morales	SO	Moravian	55.98m
9	Jonathan Hughes	FR	Susquehanna	54.96m
10	Riley Ford	JR	Ursinus	54.90m
11	Jeremiah Peguero	FR	Moravian	54.89m
12	David Lang	SO	SUNY Geneseo	54.81m
13	Nicholas Entner	SR	Union (N.Y.)	54.57m
14	Zachary Kralec	SR	St. Mary's (54.41m
15	Erik Schneider	SR	St. Lawrence	54.22m
16	Dustin Stoetzel	SR	Franklin & M	54.12m
17	Ryan Mohr	SO	TCNJ	53.87m
18	Alex Stempin	SR	Widener	53.74m
19	Jeremiah Wilson	SO	TCNJ	53.62m
20	Alexander Jimenez	FR	Ramapo	53.31m
21	Gabe Dayon	JR	Montclair St	53.12m
22	Jonah Wells	SR	Allegheny	52.86m
23	Benjamin Ford	SO	Franklin & M	52.65m
24	Darron Woo	JR	Arcadia	52.60m
25	Braden Paulmenn	FR	TCNJ	52.48m
26	Christopher Clark	FR	Springfield	52.29m
27	Thomas Martin	SR	Cortland St.	51.65m
28	Azor Chareyre	JR	Rutgers-Newa	45.25m

Event 44 Men Decathlon

	Name	Yr	School	Points
1	Emmett Hansen	SO	Rochester	6484
2	Brandon Kiefer	SR	Stevens	6212
3	Daniel Pagan	SO	SUNY Geneseo	6162
4	Jayvee Dumas	SR	TCNJ	6104
5	Ashton Tokarski	JR	Rochester	6069
6	Dominic Davis	FR	RIT	5972
7	Benjamin Zelasco	JR	Ramapo	5958
8	Aaron Lund	SR	Nazareth	5910
9	Jack Pomykaj	SR	Nazareth	5765
10	John Anderson	JR	Cortland St.	5698
11	Rowan Smith	SR	Susquehanna	5685
12	Dylan Lawless	SR	Sage	5654
13	Jack Maness	SR	Rochester	5551
14	Matthew Martin	SR	York (Pa.)	5473